

## RECORDES DISTRITAIS PISCINA 25 METROS

## FEMININOS

| D/ T         | 12 ANOS    | 13 ANOS  | 14 ANOS  | 15 ANOS  | 16 ANOS  | 17 ANOS    | 18 ANOS    | 19 ANOS + | ABSOLUTOS  |
|--------------|------------|----------|----------|----------|----------|------------|------------|-----------|------------|
| 50 LIVRES    | 00:29.74   | 00:29.33 | 00:28.06 | 00:27.60 | 00:26.95 | 00:27.33   | 00:26.79   | 00:26.44  | 00:26.44   |
| 100 LIVRES   | 01:03.75   | 01:00.73 | 00:59.95 | 00:59.41 | 00:59.13 | 00:59.33   | 00:57.32   | 00:58.73  | 00:57.32   |
| 200 LIVRES   | 02:17.56   | 02:11.44 | 02:10.36 | 02:07.06 | 02:05.53 | 02:04.38   | 02:03.00   | 02:06.69  | 02:03.00   |
| 400 LIVRES   | 04:38.40RN | 04:37.93 | 04:31.03 | 04:21.69 | 04:23.15 | 04:16.74   | 04:16.64   | 04:18.70  | 04:16.64   |
| 800 LIVRES   | 09:33.95RN | 09:34.11 | 09:11.83 | 09:03.22 | 08:52.94 | 08:49.88   | 08:50.18   | 09:06.42  | 08:49.88   |
| 1500 LIVRES  | 19:26.05   | 19:34.86 | 17:55.87 | 17:34.04 | 17:20.50 | 16:59.74   | 16:54.59   | 17:46.04  | 16:54.59   |
| 50 COSTAS    | 00:33.98   | 00:32.20 | 00:31.00 | 00:29.98 | 00:29.91 | 00:29.92   | 00:29.58   | 00:31.05  | 00:29.58   |
| 100 COSTAS   | 01:10.71   | 01:07.26 | 01:04.49 | 01:04.55 | 01:04.17 | 01:04.60   | 01:03.11   | 01:04.72  | 01:03.11   |
| 200 COSTAS   | 02:30.25   | 02:26.18 | 02:20.56 | 02:20.28 | 02:18.30 | 02:17.91   | 02:18.33   | 02:21.89  | 02:17.91   |
| 50 BRUÇOS    | 00:39.55   | 00:36.43 | 00:35.46 | 00:34.65 | 00:32.84 | 00:33.72   | 00:32.94   | 00:33.01  | 00:32.84   |
| 100 BRUÇOS   | 01:18.50   | 01:15.72 | 01:15.12 | 01:13.62 | 01:12.26 | 01:11.39   | 01:09.70   | 01:09.83  | 01:09.70   |
| 200 BRUÇOS   | 02:50.63   | 02:42.50 | 02:38.10 | 02:39.22 | 02:32.77 | 02:26.77   | 02:26.74   | 02:27.28  | 02:26.74   |
| 50 MARIPOSA  | 00:33.96   | 00:31.59 | 00:30.96 | 00:28.79 | 00:28.87 | 00:27.32   | 00:27.94   | 00:27.98  | 00:27.32   |
| 100 MARIPOSA | 01:11.62   | 01:07.64 | 01:06.98 | 01:03.60 | 01:02.42 | 00:59.65   | 01:02.48   | 01:02.02  | 00:59.65   |
| 200 MARIPOSA | 02:35.67   | 02:27.22 | 02:21.00 | 02:20.70 | 02:18.56 | 02:10.12RN | 02:15.41   | 02:12.25  | 02:10.12RN |
| 100 ESTILOS  | 01:16.48   | 01:12.91 | 01:09.80 | 01:07.56 | 01:06.17 | 01:05.04   | 01:03.28   | 01:02.09  | 01:02.09   |
| 200 ESTILOS  | 02:30.96   | 02:25.94 | 02:23.81 | 02:22.96 | 02:19.78 | 02:16.62   | 02:14.28   | 02:12.75  | 02:12.75   |
| 400 ESTILOS  | 05:20.68   | 05:05.68 | 05:02.87 | 04:58.17 | 04:53.26 | 04:48.80   | 04:41.02RN | 04:39.03  | 04:39.03   |

## MASCULINOS

| D/ T         | 12 ANOS | 13 ANOS    | 14 ANOS    | 15 ANOS    | 16 ANOS    | 17 ANOS    | 18 ANOS    | 19 ANOS + | ABSOLUTOS  |
|--------------|---------|------------|------------|------------|------------|------------|------------|-----------|------------|
| 50 LIVRES    |         | 00:26.82   | 00:25.17RN | 00:23.41RN | 00:23.06   | 00:22.88RN | 00:23.75   | 00:22.45  | 00:22.45   |
| 100 LIVRES   |         | 00:56.82RN | 00:54.47   | 00:51.45RN | 00:50.55RN | 00:50.02   | 00:51.79   | 00:49.91  | 00:49.91   |
| 200 LIVRES   |         | 02:04.71RN | 02:01.90   | 01:54.56   | 01:54.77   | 01:48.89   | 01:51.89   | 01:46.84  | 01:46.84   |
| 400 LIVRES   |         | 04:26.50   | 04:12.35RN | 04:05.75   | 04:05.38   | 03:57.62   | 03:52.28   | 03:50.00  | 03:50.00   |
| 800 LIVRES   |         | 09:07.20RN | 08:36.36RN | 08:34.35   | 08:27.18   | 08:09.60   | 07:56.76RN | 08:29.84  | 07:56.76RN |
| 1500 LIVRES  |         | 17:11.29RN | 16:13.14RN | 16:17.27   | 16:01.00   | 15:34.77   | 15:11.25   | 16:07.71  | 15:11.25   |
| 50 COSTAS    |         | 00:29.25   | 00:28.66   | 00:27.68   | 00:26.72   | 00:26.18   | 00:25.57   | 00:24.76  | 00:24.76   |
| 100 COSTAS   |         | 01:04.99   | 00:59.50RN | 00:59.19   | 00:57.04   | 00:56.60   | 00:55.45   | 00:55.12  | 00:55.12   |
| 200 COSTAS   |         | 02:15.27RN | 02:11.86   | 02:07.85   | 02:05.54   | 02:03.13   | 02:03.78   | 01:59.47  | 01:59.47   |
| 50 BRUÇOS    |         | 00:35.25   | 00:33.62   | 00:30.36RN | 00:29.95   | 00:29.90   | 00:29.37   | 00:28.68  | 00:28.68   |
| 100 BRUÇOS   |         | 01:14.77   | 01:09.10   | 01:04.61   | 01:03.14   | 01:05.22   | 01:03.51   | 01:02.83  | 01:02.83   |
| 200 BRUÇOS   |         | 02:37.84   | 02:32.07   | 02:21.16   | 02:18.83   | 02:21.64   | 02:16.64   | 02:18.13  | 02:16.64   |
| 50 MARIPOSA  |         | 00:30.36   | 00:28.42   | 00:25.59RN | 00:25.35   | 00:24.87   | 00:25.20   | 00:23.75  | 00:23.75   |
| 100 MARIPOSA |         | 01:01.78RN | 00:59.56RN | 00:56.89   | 00:56.74   | 00:55.83   | 00:55.66   | 00:53.15  | 00:53.15   |
| 200 MARIPOSA |         | 02:19.18RN | 02:15.46   | 02:09.05   | 02:03.38RN | 02:02.88   | 02:02.02   | 02:04.37  | 02:02.02   |
| 100 ESTILOS  |         | 01:06.61   | 01:03.93   | 00:59.22RN | 00:59.72   | 00:57.75   | 00:57.19   | 00:56.24  | 00:56.24   |
| 200 ESTILOS  |         | 02:17.96RN | 02:16.10   | 02:09.99   | 02:07.91   | 02:04.53   | 02:04.99   | 02:02.81  | 02:02.81   |
| 400 ESTILOS  |         | 04:49.65RN | 04:43.08   | 04:37.10   | 04:34.60   | 04:29.76   | 04:30.20   | 04:25.60  | 04:25.60   |

Recordes estabelecidos na época atual