

Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

1 - 1ª Jornada - 1ª Sessão (manhã)

14/06/2025 - 9:00

Prova 1

Femin., 50m Livres

ABSOLUTOS

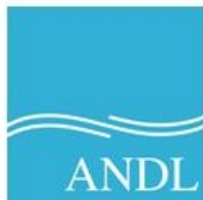
14/06/2025 - 9:00

Resultados

Rec. Nac. Open	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009
Rec. Nac. 19 +	24.94	Patricia Vilas, CONCEICAO	CNA	S. António Cavaleiros	20/12/2009
Rec. Nac. 18	26.05	Ana Margarida, GUEDES	GCVR	Felgueiras	22/12/2018
Rec. Nac. 17	25.42	Carolina Miranda, FERNANDES	CGA	Albufeira	14/11/2021
Rec. Nac. 16	26.07	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	18/07/2021
Rec. Nac. JUV A	26.37	Carolina Miranda, FERNANDES	CGA	Albufeira	09/11/2019
Rec. Nac. JUV B	26.85	Ana Margarida, GUEDES	GCVR	Bragança	05/07/2015
Rec. Nac. INF A	27.43	Marta Lopes, BRITES	CNPDL	Ponta Delgada	12/07/2019
Rec. Nac. INF B	27.89	Carolina Miranda, FERNANDES	CGA	Espinho	13/05/2017

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts	Ptos
1. Sara Francisco, CRUZ	93	Ba-Leiria	26.44	652	13,00
2. Leonor Vendima, COELHO	07	CNLeiria - VOID	27.66	569	11,00
3. Ines Mira, PINO	06	Pimpoes/Cimai	27.70	567	10,00
4. Giovanna Vaz, VARGAS	00	Nautico Marinha Grande	28.70	509	9,00
5. Carolina Lourenco, MATOS	98	Benedita	28.76	506	8,00
6. Francisca Ramos, NUNES	09	Naval de Peniche	29.15	486	7,00
7. Ana Claudia, FERREIRA	90	Alcobaca	29.32	478	6,00
8. Elisa Henriques, SOUTO	10	Óbidos	30.25	435	5,00
9. Diana Rita, FONSECA	08	Vieirense	30.72	415	4,00
10. Dalila Leal, BERNARDINO	06	Nucleo de Pombal	32.12	363	3,00
11. Isabela Maria, CARREIRA	11	Uniao Juncalense	32.60	347	2,00
12. Ariana Filipa, TEIXEIRA	13	Naval da Nazaré	47.20	114	1,00
DNS Beatriz Silva, CONCEICAO	05	Benedita			-
DNS Zofie, PACHECO	09	Naval de Peniche			-
EXH Anjali, RAICAR	09	Naval de Peniche	29.83	454	-
EXH Debora Silva, INACIO	10	Pimpoes/Cimai	29.97	447	-
EXH Leonor Silva, MARTINS	10	Óbidos	30.12	441	-
EXH Matilde Andre, LUIS	08	Alcobaca	30.81	412	-
EXH Leonor Pereira, SILVA	10	Óbidos	30.94	407	-
EXH Carolina Silva, CASTANHEIRA	11	CNLeiria - VOID	31.01	404	-
EXH Marta Cabete, GOMES	08	CNLeiria - VOID	31.38	390	-
EXH Margarida Soares, MAIA	11	Nautico Marinha Grande	32.09	364	-
EXH Margarida Lopes, RODRIGUES	11	Uniao Juncalense	32.63	347	-
EXH Carlota Maria, CATARINO	11	Benedita	34.85	284	-
EXH Maria Ines, GOMES	12	Nucleo de Pombal	34.99	281	-
EXH Francisca Vieira, SILVA	13	Nucleo de Pombal	36.36	250	-
EXH Maria Antonia, VAZAO	12	Uniao Juncalense	37.63	226	-



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Prova 2

Masc., 50m Livres

ABSOLUTOS

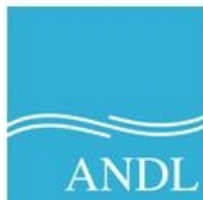
14/06/2025 - 9:05

Resultados

Rec. Nac. Open	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	09/12/2022
Rec. Nac. SEN	21.22	Miguel Duarte, NASCIMENTO	SLB	Leiria	09/12/2022
Rec. Nac. 18	22.24	Miguel Duarte, NASCIMENTO	PORTIN	Porto	08/12/2012
Rec. Nac. 17	23.12	Tiago Andrade, MACHADO	SCA	Felgueiras	22/12/2018
Rec. Nac. JUV B	23.64	Rodolfo Junior, ALECRIM	CNL	Leiria	16/03/2025
Rec. Nac. INF A	25.17	Rodolfo Junior, ALECRIM	CNL-VOID	Óbidos	15/06/2024
Rec. Nac. INF B	26.65	Gabriel Jose, LOPES	CDL	Lousã	19/06/2010

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts	Ptos
1. Miguel Vicente, SILVA	02	Nautico Marinha Grande	22.74	696	13,00
2. Henrique Martins, JOAQUIM	09	CNLeiria - VOID	23.66	618	11,00
<i>Recorde Nacional Juv A</i>					
3. Nuno Goncalo, SANTOS	96	Vieirense	24.56	553	10,00
4. Gil Santos, LEMOS	06	Pimpoes/Cimai	24.66	546	9,00
5. David Xavier, ALMEIDA	10	Ba-Leiria	24.83	535	8,00
6. Samuel Jorge, BELO	98	Uniao Juncalense	24.93	528	7,00
7. Antonio Antunes, JORGE	10	Alcobaca	26.02	465	6,00
8. Brock Ammon, MERRELL	10	Naval de Peniche	26.22	454	5,00
9. Afonso Nunes, MARCELINO	08	Nucleo de Pombal	29.97	304	4,00
10. Eduardo Martim, CARMO	11	Óbidos	31.78	255	3,00
EXH Ivan Alonso, CRUZ	04	CNLeiria - VOID	24.30	571	-
EXH Rodrigo Alvarez, BELKASEN	06	CNLeiria - VOID	25.05	521	-
EXH Lucas Silva, SANTOS	07	Pimpoes/Cimai	25.35	502	-
EXH Guilherme Costa, REBELO	10	Pimpoes/Cimai	25.87	473	-
EXH Afonso Ferreira, REIS	10	Nautico Marinha Grande	27.16	408	-
EXH Tomas Manuel, PALMEIRO	10	Nautico Marinha Grande	27.29	403	-
EXH Tiago Daniel, POVOA	08	Uniao Juncalense	29.19	329	-
EXH Andre Guilherme, CORDEIRO	09	Naval de Peniche	29.64	314	-
EXH Andre Filipe, FERNANDES	07	Alcobaca	30.81	280	-
EXH Rafael Teixeira, MARTINS	11	Naval de Peniche	30.81	280	-
EXH Rodrigo Duarte, CARREIRA	11	Alcobaca	32.50	238	-
EXH Joao Santos, DURAO	10	Uniao Juncalense	40.82	120	-
EXH Kaua Schuquel, BOFF	10	Vieirense	53.19	54	-

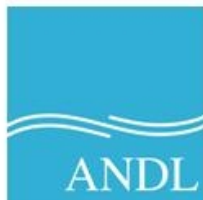


Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 3		Femin., 800m Livres			ABSOLUTOS
14/06/2025 - 9:10					Resultados
Rec. Nac. Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec. Nac. 19 +	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec. Nac. 18	8:30.86	Tamila Hryhorivna, HOLUB	SCB	Moscovo (RUS)	03/08/2017
Rec. Nac. 17	8:32.83	Tamila Hryhorivna, HOLUB	SCB	Porto	13/12/2015
Rec. Nac. 16	8:45.41	Tamila Hryhorivna, HOLUB	SCB	Porto	21/12/2014
Rec. Nac. JUV A	8:46.74	Ana Claudia, SANTOS	SFUAP	Cantanhede	19/12/2004
Rec. Nac. JUV B	9:00.27	Alexandra Maria, SILVA	FCP	Antibbes (FRA)	20/12/1980
Rec. Nac. INF A	9:03.90	Alexandra Maria, SILVA	FCP	Porto	13/07/1980
Rec. Nac. INF B	9:33.95	Filipa Vilas, RUIVO	DNMG	Nazaré	16/05/2009

Pontos: AQUA 2024

Lugar	Ano			Tempo final		Pts	Ptos
1. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande			9:15.69	634	13,00
50m: 30.55 30.55	250m: 2:48.20 35.42	450m: 5:07.94 33.96	650m: 7:30.56 35.61				
100m: 1:03.60 33.05	300m: 3:23.26 35.06	500m: 5:43.22 35.28	700m: 8:06.21 35.65				
150m: 1:38.02 34.42	350m: 3:58.76 35.50	550m: 6:18.92 35.70	750m: 8:41.31 35.10				
200m: 2:12.78 34.76	400m: 4:33.98 35.22	600m: 6:54.95 36.03	800m: 9:15.69 34.38				
2. Matilde Violante, VIANA	07	CNLeiria - VOID			9:21.93	613	11,00
50m: 30.83 30.83	250m: 2:49.25 35.35	450m: 5:11.28 35.36	650m: 7:34.89 36.16				
100m: 1:04.40 33.57	300m: 3:24.81 35.56	500m: 5:47.10 35.82	700m: 8:11.00 36.11				
150m: 1:39.00 34.60	350m: 4:00.57 35.76	550m: 6:22.87 35.77	750m: 8:47.25 36.25				
200m: 2:13.90 34.90	400m: 4:35.92 35.35	600m: 6:58.73 35.86	800m: 9:21.93 34.68				
3. Constanca Baptista, TOMAS	09	Alcobaca			9:35.89	569	10,00
50m: 31.05 31.05	250m: 2:53.85 36.41	450m: 5:20.05 36.13	650m: 7:48.11 37.30				
100m: 1:05.19 34.14	300m: 3:30.76 36.91	500m: 5:56.77 36.72	700m: 8:24.89 36.78				
150m: 1:40.94 35.75	350m: 4:07.35 36.59	550m: 6:33.79 37.02	750m: 9:01.07 36.18				
200m: 2:17.44 36.50	400m: 4:43.92 36.57	600m: 7:10.81 37.02	800m: 9:35.89 34.82				
4. Diana Isabel, ALVES	10	Pimpoes/Cimai			9:45.59	541	9,00
50m: 31.40 31.40	250m: 2:54.44 36.79	450m: 5:23.11 37.65	650m: 7:54.17 37.37				
100m: 1:05.71 34.31	300m: 3:30.99 36.55	500m: 6:00.94 37.83	700m: 8:32.05 37.88				
150m: 1:41.34 35.63	350m: 4:08.45 37.46	550m: 6:38.57 37.63	750m: 9:09.38 37.33				
200m: 2:17.65 36.31	400m: 4:45.46 37.01	600m: 7:16.80 38.23	800m: 9:45.59 36.21				
5. Vida Sofia, VELEZ	10	Ba-Leiria			10:04.87	491	8,00
50m: 33.01 33.01	250m: 3:05.65 37.68	450m: 5:39.93 39.42	650m: 8:11.66 37.02				
100m: 1:10.29 37.28	300m: 3:44.01 38.36	500m: 6:17.98 38.05	700m: 8:50.06 38.40				
150m: 1:48.71 38.42	350m: 4:21.75 37.74	550m: 6:56.70 38.72	750m: 9:28.33 38.27				
200m: 2:27.97 39.26	400m: 5:00.51 38.76	600m: 7:34.64 37.94	800m: 10:04.87 36.54				
6. Carlota Sa, SANTOS	11	Nucleo de Pombal			10:11.62	475	7,00
50m: 35.86 35.86	250m: 3:09.01 38.58	450m: 5:43.15 38.54	650m: 8:17.83 38.91				
100m: 1:13.40 37.54	300m: 3:47.50 38.49	500m: 6:21.55 38.40	700m: 8:56.72 38.89				
150m: 1:51.69 38.29	350m: 4:26.15 38.65	550m: 7:00.18 38.63	750m: 9:35.00 38.28				
200m: 2:30.43 38.74	400m: 5:04.61 38.46	600m: 7:38.92 38.74	800m: 10:11.62 36.62				
7. Leonor Caetano, MOREIRA	06	Vieirense			11:13.08	356	6,00
50m: 35.33 35.33	250m: 3:20.06 42.32	450m: 6:10.41 42.86	650m: 9:03.40 43.01				
100m: 1:14.83 39.50	300m: 4:02.17 42.11	500m: 6:53.71 43.30	700m: 9:47.32 43.92				
150m: 1:55.77 40.94	350m: 4:44.97 42.80	550m: 7:37.76 44.05	750m: 10:31.31 43.99				
200m: 2:37.74 41.97	400m: 5:27.55 42.58	600m: 8:20.39 42.63	800m: 11:13.08 41.77				



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Leiria, 14 - 15/6/2025

Prova 3, Femin., 800m Livres, ABSOLUTOS

Lugar	Ano								Tempo final		Pts	Ptos
8. Catarina Tagarroso, LOBO	07 Uniao Juncalense								11:58.09		293	5,00
50m:	37.66	37.66	250m:	3:37.11	46.38	450m:	6:42.22	45.01	650m:	9:45.32	45.07	
100m:	1:20.13	42.47	300m:	4:23.86	46.75	500m:	7:27.75	45.53	700m:	10:30.33	45.01	
150m:	2:04.76	44.63	350m:	5:10.41	46.55	550m:	8:14.03	46.28	750m:	11:15.31	44.98	
200m:	2:50.73	45.97	400m:	5:57.21	46.80	600m:	9:00.25	46.22	800m:	11:58.09	42.78	
9. Constanca Santos, COUTINHO	12 Naval da Nazaré								12:01.28		289	4,00
50m:	37.69	37.69	250m:	3:35.81	45.81	450m:	6:40.39	45.64	650m:	9:46.94	45.83	
100m:	1:19.88	42.19	300m:	4:21.89	46.08	500m:	7:27.65	47.26	700m:	10:34.00	47.06	
150m:	2:04.32	44.44	350m:	5:08.24	46.35	550m:	8:14.79	47.14	750m:	11:16.83	42.83	
200m:	2:50.00	45.68	400m:	5:54.75	46.51	600m:	9:01.11	46.32	800m:	12:01.28	44.45	
10. Kelly Simao, COSTA	11 Óbidos								12:16.04		272	3,00
50m:	38.92	38.92	250m:	3:42.09	46.75	450m:	6:48.14	46.39	650m:	9:58.26	47.66	
100m:	1:22.21	43.29	300m:	4:28.50	46.41	500m:	7:35.60	47.46	700m:	10:45.70	47.44	
150m:	2:09.05	46.84	350m:	5:14.85	46.35	550m:	8:22.82	47.22	750m:	11:32.92	47.22	
200m:	2:55.34	46.29	400m:	6:01.75	46.90	600m:	9:10.60	47.78	800m:	12:16.04	43.12	
11. Elisa Rodrigues, SIMOES	13 Benedita								12:20.93		267	2,00
50m:	40.08	40.08	250m:	3:43.41	46.53	450m:	6:50.23	46.80	650m:	10:00.07	47.06	
100m:	1:24.08	44.00	300m:	4:30.55	47.14	500m:	7:37.28	47.05	700m:	10:47.99	47.92	
150m:	2:10.28	46.20	350m:	5:16.94	46.39	550m:	8:24.70	47.42	750m:	11:35.73	47.74	
200m:	2:56.88	46.60	400m:	6:03.43	46.49	600m:	9:13.01	48.31	800m:	12:20.93	45.20	

Prova 4 Masc., 1500m Livres ABSOLUTOS
14/06/2025 - 9:35 Resultados

Rec. Nac. Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec. Nac. SEN	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec. Nac. 18	15:06.77	Filipe Miguel, SANTO	SLB	Funchal	26/03/2018
Rec. Nac. 17	15:05.57	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009
Rec. Nac. JUV A	15:36.31	Rui Filipe, COSTA	VSC	Braga	04/03/2007
Rec. Nac. JUV B	15:55.78	Rui Silva, PEREIRA	POR	Tomar	14/01/2023
Rec. Nac. INF A	16:13.14	Andre Vilas, RUIVO	DNMG	Campo Maior	30/03/2014
Rec. Nac. INF B	17:11.29	Andre Vilas, RUIVO	DNMG	Leiria	03/03/2013

Pontos: AQUA 2024

Lugar	Ano								Tempo final	Pts	Ptos
1. Tomas Pascoal, FERREIRA	09 Ba-Leiria								16:16.67	651	13,00
50m: 29.11 29.11	450m: 4:51.60 33.01	850m: 9:13.64 32.73	1250m: 13:34.44 32.97								
100m: 1:01.48 32.37	500m: 5:24.88 33.28	900m: 9:46.01 32.37	1300m: 14:07.19 32.75								
150m: 1:34.00 32.52	550m: 5:58.17 33.29	950m: 10:18.56 32.55	1350m: 14:39.98 32.79								
200m: 2:06.92 32.92	600m: 6:30.64 32.47	1000m: 10:51.01 32.45	1400m: 15:13.17 33.19								
250m: 2:39.29 32.37	650m: 7:03.29 32.65	1050m: 11:23.72 32.71	1450m: 15:46.46 33.29								
300m: 3:12.46 33.17	700m: 7:35.84 32.55	1100m: 11:56.39 32.67	1500m: 16:16.67 30.21								
350m: 3:45.63 33.17	750m: 8:08.40 32.56	1150m: 12:28.78 32.39									
400m: 4:18.59 32.96	800m: 8:40.91 32.51	1200m: 13:01.47 32.69									

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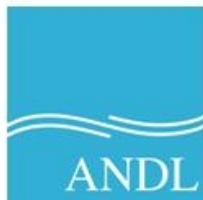
Prova 4, Masc., 1500m Livres, ABSOLUTOS

Lugar				Ano				Tempo final	Pts	Ptos	
2. Paulo, KOT				09	Nautico Marinha Grande			16:28.71	628	11,00	
50m:	29.06	29.06	450m:	4:51.31	33.00	850m:	9:15.11	33.08	1250m:	13:40.52	33.92
100m:	1:01.05	31.99	500m:	5:24.75	33.44	900m:	9:47.77	32.66	1300m:	14:14.43	33.91
150m:	1:33.81	32.76	550m:	5:58.14	33.39	950m:	10:20.43	32.66	1350m:	14:48.22	33.79
200m:	2:06.56	32.75	600m:	6:31.22	33.08	1000m:	10:53.25	32.82	1400m:	15:22.43	34.21
250m:	2:39.26	32.70	650m:	7:03.96	32.74	1050m:	11:26.42	33.17	1450m:	15:56.16	33.73
300m:	3:12.48	33.22	700m:	7:36.53	32.57	1100m:	11:59.40	32.98	1500m:	16:28.71	32.55
350m:	3:45.43	32.95	750m:	8:09.42	32.89	1150m:	12:33.08	33.68			
400m:	4:18.31	32.88	800m:	8:42.03	32.61	1200m:	13:06.60	33.52			
3. Santiago Agostinho, PARREIRA				09	Pimpoes/Cimai			16:45.56	597	10,00	
50m:	30.14	30.14	450m:	4:58.74	33.80	850m:	9:27.89	33.41	1250m:	13:54.76	33.69
100m:	1:03.86	33.72	500m:	5:31.89	33.15	900m:	10:01.06	33.17	1300m:	14:28.67	33.91
150m:	1:37.57	33.71	550m:	6:06.24	34.35	950m:	10:34.01	32.95	1350m:	15:03.41	34.74
200m:	2:11.11	33.54	600m:	6:40.14	33.90	1000m:	11:07.18	33.17	1400m:	15:37.87	34.46
250m:	2:44.92	33.81	650m:	7:12.86	32.72	1050m:	11:40.94	33.76	1450m:	16:12.08	34.21
300m:	3:17.95	33.03	700m:	7:46.86	34.00	1100m:	12:12.85	31.91	1500m:	16:45.56	33.48
350m:	3:51.45	33.50	750m:	8:20.64	33.78	1150m:	12:46.67	33.82			
400m:	4:24.94	33.49	800m:	8:54.48	33.84	1200m:	13:21.07	34.40			
4. Francisco Xavier, RITA				07	Vieirense			16:50.57	588	9,00	
50m:	29.09	29.09	450m:	4:52.72	33.26	850m:	9:23.67	34.66	1250m:	13:59.98	35.12
100m:	1:01.30	32.21	500m:	5:25.93	33.21	900m:	9:58.43	34.76	1300m:	14:35.49	35.51
150m:	1:34.06	32.76	550m:	5:59.54	33.61	950m:	10:32.52	34.09	1350m:	15:09.90	34.41
200m:	2:07.01	32.95	600m:	6:33.49	33.95	1000m:	11:07.18	34.66	1400m:	15:44.20	34.30
250m:	2:39.58	32.57	650m:	7:07.43	33.94	1050m:	11:40.89	33.71	1450m:	16:17.49	33.29
300m:	3:12.97	33.39	700m:	7:41.05	33.62	1100m:	12:14.89	34.00	1500m:	16:50.57	33.08
350m:	3:46.40	33.43	750m:	8:14.93	33.88	1150m:	12:49.49	34.60			
400m:	4:19.46	33.06	800m:	8:49.01	34.08	1200m:	13:24.86	35.37			
5. Francisco Marques, SIMOES				07	CNLeiria - VOID			17:01.47	569	8,00	
50m:	29.07	29.07	450m:	4:52.00	32.98	850m:	9:26.13	35.01	1250m:	14:07.44	35.30
100m:	1:01.54	32.47	500m:	5:25.45	33.45	900m:	10:00.70	34.57	1300m:	14:43.67	36.23
150m:	1:34.20	32.66	550m:	5:59.09	33.64	950m:	10:35.68	34.98	1350m:	15:19.05	35.38
200m:	2:07.03	32.83	600m:	6:32.68	33.59	1000m:	11:10.80	35.12	1400m:	15:54.13	35.08
250m:	2:39.57	32.54	650m:	7:06.82	34.14	1050m:	11:46.54	35.74	1450m:	16:28.73	34.60
300m:	3:12.71	33.14	700m:	7:41.10	34.28	1100m:	12:21.28	34.74	1500m:	17:01.47	32.74
350m:	3:45.90	33.19	750m:	8:16.22	35.12	1150m:	12:56.66	35.38			
400m:	4:19.02	33.12	800m:	8:51.12	34.90	1200m:	13:32.14	35.48			
6. Rodrigo Cardoso, TOMAS				10	Alcobaca			17:26.94	529	7,00	
50m:	29.81	29.81	450m:	5:05.69	35.14	850m:	9:49.35	34.92	1250m:	14:31.11	34.96
100m:	1:03.58	33.77	500m:	5:41.67	35.98	900m:	10:24.88	35.53	1300m:	15:06.75	35.64
150m:	1:37.87	34.29	550m:	6:17.00	35.33	950m:	11:00.25	35.37	1350m:	15:42.73	35.98
200m:	2:11.89	34.02	600m:	6:52.52	35.52	1000m:	11:35.80	35.55	1400m:	16:18.30	35.57
250m:	2:45.81	33.92	650m:	7:27.87	35.35	1050m:	12:10.87	35.07	1450m:	16:52.95	34.65
300m:	3:20.66	34.85	700m:	8:03.39	35.52	1100m:	12:46.30	35.43	1500m:	17:26.94	33.99
350m:	3:55.45	34.79	750m:	8:38.96	35.57	1150m:	13:21.48	35.18			
400m:	4:30.55	35.10	800m:	9:14.43	35.47	1200m:	13:56.15	34.67			

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Prova 4, Masc., 1500m Livres, ABSOLUTOS

Lugar	Ano								Tempo final		Pts	Ptos
7. Francisco Costa, VALENTIM	11 Óbidos								20:21.06		333	6,00
50m:	35.12	35.12	450m:	6:04.51	41.26	850m:	11:32.03	41.01	1250m:	17:00.32	41.01	
100m:	1:15.36	40.24	500m:	6:45.68	41.17	900m:	12:13.05	41.02	1300m:	17:41.17	40.85	
150m:	1:56.54	41.18	550m:	7:26.02	40.34	950m:	12:53.40	40.35	1350m:	18:21.92	40.75	
200m:	2:37.59	41.05	600m:	8:06.90	40.88	1000m:	13:35.08	41.68	1400m:	19:02.47	40.55	
250m:	3:19.23	41.64	650m:	8:47.70	40.80	1050m:	14:16.08	41.00	1450m:	19:43.34	40.87	
300m:	4:00.52	41.29	700m:	9:28.73	41.03	1100m:	14:57.32	41.24	1500m:	20:21.06	37.72	
350m:	4:41.85	41.33	750m:	10:11.00	42.27	1150m:	15:38.62	41.30				
400m:	5:23.25	41.40	800m:	10:51.02	40.02	1200m:	16:19.31	40.69				
8. Eduardo Manuel, FERREIRA	12 Nucleo de Pombal								22:03.46		262	5,00
50m:	38.76	38.76	450m:	6:24.51	44.51	850m:	12:19.04	45.46	1250m:	18:19.96	43.33	
100m:	1:21.12	42.36	500m:	7:08.34	43.83	900m:	13:03.66	44.62	1300m:	19:05.04	45.08	
150m:	2:04.17	43.05	550m:	7:53.09	44.75	950m:	13:49.05	45.39	1350m:	19:49.12	44.08	
200m:	2:47.64	43.47	600m:	8:37.60	44.51	1000m:	14:33.79	44.74	1400m:	20:33.63	44.51	
250m:	3:30.12	42.48	650m:	9:22.35	44.75	1050m:	15:19.21	45.42	1450m:	21:18.99	45.36	
300m:	4:13.41	43.29	700m:	10:05.98	43.63	1100m:	16:04.70	45.49	1500m:	22:03.46	44.47	
350m:	4:56.53	43.12	750m:	10:49.79	43.81	1150m:	16:50.40	45.70				
400m:	5:40.00	43.47	800m:	11:33.58	43.79	1200m:	17:36.63	46.23				
9. Alexandre Afonso, SANTOS	09 Uniao Juncalense								22:44.89		238	4,00
50m:	37.12	37.12	450m:	6:31.08	46.31	850m:	12:45.47	46.82	1250m:	18:56.30	45.80	
100m:	1:19.10	41.98	500m:	7:17.92	46.84	900m:	13:32.93	47.46	1300m:	19:42.04	45.74	
150m:	2:02.99	43.89	550m:	8:04.81	46.89	950m:	14:18.88	45.95	1350m:	20:28.25	46.21	
200m:	2:46.97	43.98	600m:	8:51.14	46.33	1000m:	15:05.55	46.67	1400m:	21:13.58	45.33	
250m:	3:30.26	43.29	650m:	9:37.96	46.82	1050m:	15:51.77	46.22	1450m:	21:59.36	45.78	
300m:	4:14.16	43.90	700m:	10:25.10	47.14	1100m:	16:38.24	46.47	1500m:	22:44.89	45.53	
350m:	4:58.86	44.70	750m:	11:11.73	46.63	1150m:	17:24.40	46.16				
400m:	5:44.77	45.91	800m:	11:58.65	46.92	1200m:	18:10.50	46.10				



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Prova 5

Femin., 100m Costas

ABSOLUTOS

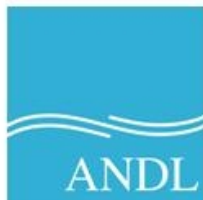
14/06/2025 - 10:14

Resultados

Rec. Nac. Open	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	08/12/2023
Rec. Nac. 19 +	58.14	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	08/12/2023
Rec. Nac. 18	58.65	Rafaela Gomes, AZEVEDO	SAD	Felgueiras	22/12/2019
Rec. Nac. 17	59.61	Rafaela Gomes, AZEVEDO	SAD	Algés	29/06/2019
Rec. Nac. 16	1:01.55	Ines Camacho, FERNANDES	SCP	Porto	08/12/2013
Rec. Nac. JUV A	1:01.43	Ines Camacho, FERNANDES	SCP	Mealhada	17/12/2011
Rec. Nac. JUV B	1:02.96	Ines Camacho, FERNANDES	SCP	Alapraia	12/02/2011
Rec. Nac. INF A	1:04.85	Filipa Ramos, PEIXEIRA	SCP	Tomar	18/03/2016
Rec. Nac. INF B	1:06.85	Carolina Miranda, FERNANDES	CGA	Mealhada	07/04/2017

Pontos: AQUA 2024

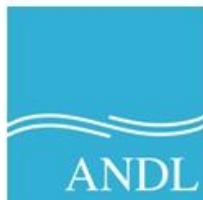
Lugar	Ano	Tempo final	Pts	Ptos
1. Beatriz Belo, CLARA	09 CNLeiria - VOID	1:05.98	575	13,00
50m: 31.17 31.17	100m: 1:05.98 34.81			
2. Lara Roque, COTRIM	03 Pimpoes/Cimai	1:08.53	513	11,00
50m: 33.53 33.53	100m: 1:08.53 35.00			
3. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	1:09.79	486	10,00
50m: 33.63 33.63	100m: 1:09.79 36.16			
4. Ana Francisca, SILVA	06 Alcobaca	1:12.68	430	9,00
50m: 35.17 35.17	100m: 1:12.68 37.51			
5. Maria Saraiva, RUIVACO	00 Viegrense	1:14.31	403	8,00
50m: 35.90 35.90	100m: 1:14.31 38.41			
6. Luna Francisco, PEREIRA	12 Nucleo de Pombal	1:15.82	379	7,00
50m: 36.45 36.45	100m: 1:15.82 39.37			
7. Maria Carolina, ALVES	10 Ba-Leiria	1:16.76	365	6,00
50m: 36.81 36.81	100m: 1:16.76 39.95			
8. Matilde Pinto, ANTUNES	11 Naval de Peniche	1:22.92	290	5,00
50m: 40.25 40.25	100m: 1:22.92 42.67			
9. Diana Filipa, MACAS	92 Uniao Juncalense	1:23.44	284	4,00
50m: 38.52 38.52	100m: 1:23.44 44.92			
10. Emma Henriques, SOUTO	13 Óbidos	1:25.02	269	3,00
50m: 41.59 41.59	100m: 1:25.02 43.43			
11. Beatriz Morgado, SILVA	11 Benedita	1:27.31	248	2,00
50m: 43.30 43.30	100m: 1:27.31 44.01			
12. Iris Santos, CANECO	09 Naval da Nazaré	1:40.33	163	1,00
50m: 47.59 47.59	100m: 1:40.33 52.74			
DNS Maria Leonor, OLIVEIRA	11 CNLeiria - VOID			-
EXH Mafalda Varela, BERNARDINO	12 Alcobaca	1:18.72	339	-
50m: 38.00 38.00	100m: 1:18.72 40.72			



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Prova 5, Femin., 100m Costas

Lugar	Ano	Tempo final	Pts	Ptos
EXH Maria Leal, ALVES 50m: 39.29 39.29 100m: 1:20.64 41.35	13 Alcobaca	1:20.64	315	-
EXH Beatriz Marques, GASPAR 50m: 38.73 38.73 100m: 1:20.65 41.92	11 Nautico Marinha Grande	1:20.65	315	-
EXH Maria Santos, FONSECA 50m: 40.40 40.40 100m: 1:22.62 42.22	11 CNLeiria - VOID	1:22.62	293	-
EXH Matilde Vitorino, FERREIRA 50m: 44.08 44.08 100m: 1:29.99 45.91	11 Naval de Peniche	1:29.99	226	-
EXH Sofia Guilherme, CABREIRA 50m: 44.67 44.67 100m: 1:31.79 47.12	13 Óbidos	1:31.79	213	-
EXH Francisca Vieira, SILVA 50m: 45.47 45.47 100m: 1:34.70 49.23	13 Nucleo de Pombal	1:34.70	194	-
EXH Catarina Franco, RODRIGUES 50m: 47.29 47.29 100m: 1:36.54 49.25	13 Naval de Peniche	1:36.54	183	-
EXH Maria Leonor, FERREIRA 50m: 46.82 46.82 100m: 1:36.77 49.95	12 Óbidos	1:36.77	182	-
EXH Maria Lopes, ESPERANCA 50m: 49.25 49.25 100m: 1:38.05 48.80	11 Uniao Juncalense	1:38.05	175	-
EXH Eva Vieira, SILVA 50m: 48.41 48.41 100m: 1:40.67 52.26	13 Nucleo de Pombal	1:40.67	162	-
EXH Luiza Fernandes, SILVA 50m: 50.08 50.08 100m: 1:45.84 55.76	13 Uniao Juncalense	1:45.84	139	-
EXH Nair Esperanca, SANTOS 50m: 55.49 55.49 100m: 2:00.37 1:04.88	13 Naval da Nazaré	2:00.37	94	-

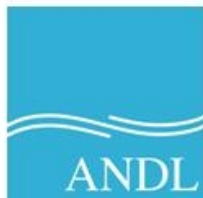


Taça ANDL "João da Silva Abreu" - CDClubes 2025
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Prova 6		Masc., 100m Costas				ABSOLUTOS
14/06/2025 - 10:26						Resultados
Rec. Nac. Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022	
Rec. Nac. SEN	50.82	Gabriel Jose, LOPES	ALN	Leiria	11/12/2022	
Rec. Nac. 18	53.88	Alexis Manacas, SANTOS	SCP	Leiria	05/12/2009	
Rec. Nac. 17	54.97	Gabriel Jose, LOPES	CDL	Coimbra	11/05/2014	
Rec. Nac. JUV A	55.99	Miguel Reis, OLIVEIRA	VSC	Albufeira	21/12/2024	
Rec. Nac. JUV B	57.20	Miguel Reis, OLIVEIRA	VSC	Felgueiras	20/07/2019	
Rec. Nac. INF A	59.50	Ricardo Lopes, SILVA	DNMG	Caldas da Rainha	10/06/2017	
Rec. Nac. INF B	1:04.13	Miguel Reis, OLIVEIRA	SCB	Braga	22/05/2022	

Pontos: AQUA 2024

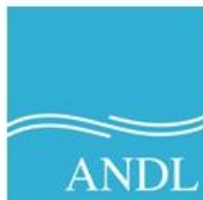
Lugar	Ano		Tempo final	Pts	Ptos
1. Francisco Ribeiro, VIEIRA	04	CNLeiria - VOID	56.03	641	13,00
50m: 26.31 26.31	100m: 56.03 29.72				
2. Mikhael, ONUTSKYY	08	Pimpoes/Cimai	57.00	609	11,00
50m: 27.47 27.47	100m: 57.00 29.53				
3. Leonardo Jose, CRUZ	07	Alcobaca	1:00.10	520	10,00
50m: 29.28 29.28	100m: 1:00.10 30.82				
4. Guilherme Meireles, MARRAZES	09	Nautico Marinha Grande	1:03.50	440	9,00
50m: 31.07 31.07	100m: 1:03.50 32.43				
5. Samuel Jorge, BELO	98	Uniao Juncalense	1:03.69	436	8,00
50m: 30.85 30.85	100m: 1:03.69 32.84				
6. Lucas Ferreira, GASPAR	10	Vieirense	1:05.33	404	7,00
50m: 31.74 31.74	100m: 1:05.33 33.59				
7. Dinis Lamas, SANTOS	10	Ba-Leiria	1:05.95	393	6,00
50m: 31.57 31.57	100m: 1:05.95 34.38				
8. Brock Ammon, MERRELL	10	Naval de Peniche	1:11.53	308	5,00
50m: 33.97 33.97	100m: 1:11.53 37.56				
9. Gabriel Cadete, RODRIGUES	11	Nucleo de Pombal	1:37.38	122	4,00
50m: 46.82 46.82	100m: 1:37.38 50.56				
DSQ Bruno Garcia, MILITAO	11	Óbidos			-
<i>Falsa partida (SW 4.4)</i>					
DNS Alexandre Afonso, SANTOS	09	Uniao Juncalense			-
EXH David Ferrador, PEREIRA	09	CNLeiria - VOID	1:06.02	392	-
50m: 31.52 31.52	100m: 1:06.02 34.50				
EXH Pedro Fonseca, OLIVEIRA	09	Nautico Marinha Grande	1:06.41	385	-
50m: 32.25 32.25	100m: 1:06.41 34.16				
EXH Pedro Souza, SILVA	10	Pimpoes/Cimai	1:07.53	366	-
50m: 32.20 32.20	100m: 1:07.53 35.33				



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Prova 6, Masc., 100m Costas

Lugar	Ano	Tempo final	Pts	Ptos
EXH Lucas Costa, JESUS 50m: 33.56 33.56 100m: 1:10.29 36.73	10 Nautico Marinha Grande	1:10.29	325	-
EXH Martim Duarte, ROQUE 50m: 35.70 35.70 100m: 1:11.97 36.27	11 CNLeiria - VOID	1:11.97	302	-
EXH Sebastian, PACHECO 50m: 37.77 37.77 100m: 1:17.42 39.65	12 Naval de Peniche	1:17.42	243	-
EXH Francisco Antonio, SIMOES 50m: 38.66 38.66 100m: 1:18.06 39.40	10 Ba-Leiria	1:18.06	237	-
EXH Duarte Costa, MADEIRA 50m: 37.93 37.93 100m: 1:19.78 41.85	12 Alcobaca	1:19.78	222	-
EXH Francisco Enes, ALVES 50m: 39.99 39.99 100m: 1:24.93 44.94	10 Ba-Leiria	1:24.93	184	-
EXH Joao Pedro, CRUZ 50m: 43.30 43.30 100m: 1:26.32 43.02	11 Naval de Peniche	1:26.32	175	-
EXH Gabriel Marques, CARREIRA 50m: 42.38 42.38 100m: 1:26.89 44.51	11 Uniao Juncalense	1:26.89	172	-
EXH Rodrigo Duarte, CARREIRA 50m: 43.62 43.62 100m: 1:27.97 44.35	11 Alcobaca	1:27.97	165	-
EXH Rodrigo Jose, NEVES 50m: 46.94 46.94 100m: 1:36.12 49.18	12 Nucleo de Pombal	1:36.12	127	-

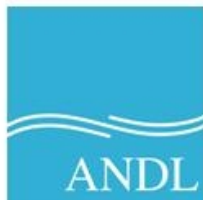


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Prova 7		Femin., 200m Mariposa			ABSOLUTOS
14/06/2025 - 10:38					Resultados
Rec. Nac. Open	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	12/12/2018
Rec. Nac. 19 +	2:05.74	Ana Catarina, MONTEIRO	POR	Hangzhou (CHN)	12/12/2018
Rec. Nac. 18	2:11.46	Mariana Pacheco, CUNHA	CNCE	Leiria	08/05/2022
Rec. Nac. 17	2:10.12	Sara Francisco, CRUZ	ADBA	Leiria	04/12/2009
Rec. Nac. 16	2:13.60	Ana Rita, FRANCISCO	POR	Gelsenkirchen (GER)	11/02/1996
Rec. Nac. JUV A	2:17.51	Raquel Maria, FELGUEIRAS	SCB	Algés	05/03/1995
Rec. Nac. JUV B	2:18.29	Mariana Pacheco, CUNHA	CFP	Felgueiras	15/04/2018
Rec. Nac. INF A	2:20.28	Carolina Miranda, FERNANDES	CGA	Condeixa	12/05/2018
Rec. Nac. INF B	2:31.64	Raquel Maria, FELGUEIRAS	SCB	Algés	09/05/1992

Pontos: AQUA 2024

Lugar	Ano				Tempo final	Pts	Ptos
1. Francisca Moreira, FELICIANO	11	Alcobaca			2:25.99	549	13,00
50m: 31.68 31.68	100m: 1:08.93 37.25	150m: 1:47.42 38.49	200m: 2:25.99 38.57				
2. Joana Silva, ALVES	05	Pimpoes/Cimai			2:34.85	460	11,00
50m: 33.99 33.99	100m: 1:12.91 38.92	150m: 1:53.13 40.22	200m: 2:34.85 41.72				
3. Leonor Mota, ALVES	11	Nautico Marinha Grande			2:39.41	422	10,00
50m: 34.99 34.99	100m: 1:16.00 41.01	150m: 1:58.63 42.63	200m: 2:39.41 40.78				
4. Laura Samora, GONCALVES	10	CNLeiria - VOID			2:41.68	404	9,00
50m: 36.67 36.67	100m: 1:18.54 41.87	150m: 2:00.87 42.33	200m: 2:41.68 40.81				
5. Isabela Lourenco, COSTA	11	Benedita			2:49.01	354	8,00
50m: 36.33 36.33	100m: 1:18.02 41.69	150m: 2:02.84 44.82	200m: 2:49.01 46.17				
6. Ana Margarida, MARQUES	09	Ba-Leiria			2:51.91	336	7,00
50m: 35.60 35.60	100m: 1:19.12 43.52	150m: 2:05.38 46.26	200m: 2:51.91 46.53				
7. Dalila Leal, BERNARDINO	06	Nucleo de Pombal			2:59.03	298	6,00
50m: 35.17 35.17	100m: 1:18.57 43.40	150m: 2:07.87 49.30	200m: 2:59.03 51.16				
8. Emiliana Arruda, SARAIVA	12	Vieirense			3:15.32	229	5,00
50m: 41.98 41.98	100m: 1:31.96 49.98	150m: 2:24.93 52.97	200m: 3:15.32 50.39				
9. Bruna Matos, FIALHO	08	Uniao Juncalense			3:28.01	190	4,00
50m: 40.16 40.16	100m: 1:33.41 53.25	150m: 2:29.56 56.15	200m: 3:28.01 58.45				
10. Jessica Garcia, FERREIRA	12	Óbidos			3:41.17	158	3,00
50m: 47.96 47.96	100m: 1:45.86 57.90	150m: 2:44.47 58.61	200m: 3:41.17 56.70				
DNS Carminho Traquina, ANDRE	12	Alcobaca					-
EXH Matilde Andre, LUIS	08	Alcobaca			2:51.68	338	-
50m: 37.68 37.68	100m: 1:20.78 43.10	150m: 2:05.71 44.93	200m: 2:51.68 45.97				
EXH Rita Alexandra, JORDAO	12	Uniao Juncalense			3:40.89	158	-
50m: 44.60 44.60	100m: 1:42.02 57.42	150m: 2:41.63 59.61	200m: 3:40.89 59.26				



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Prova 8		Masc., 200m Mariposa			ABSOLUTOS
14/06/2025 - 10:50					Resultados
Rec. Nac. Open	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	12/12/2009
Rec. Nac. SEN	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	12/12/2009
Rec. Nac. 18	1:58.64	Diogo Filipe, CARVALHO	CGA	Tomar	09/12/2005
Rec. Nac. 17	1:59.93	Diogo Filipe, CARVALHO	CGA	Mealhada	05/03/2005
Rec. Nac. JUV A	2:03.38	Diogo Parrilha da, SILVA	CNAL	Alcobaça	13/06/2009
Rec. Nac. JUV B	2:06.17	Diogo Matos, RIBEIRO	CUC	Felgueiras	27/04/2019
Rec. Nac. INF A	2:12.42	Tomas Miguel, FREITAS	CDN	Funchal	11/07/2004
Rec. Nac. INF B	2:19.18	Andre Vilas, RUIVO	DNMG	Nazaré	01/06/2013

Pontos: AQUA 2024

Lugar	Ano								Tempo final		Pts	Ptos
1. Joao Moura, FRANCISCO	07	CNLeiria - VOID							2:07.39	590	13,00	
50m: 27.95 27.95	100m: 1:00.02 32.07	150m: 1:32.92 32.90	200m: 2:07.39 34.47									
2. David Ferreira, RELVAS	03	Nautico Marinha Grande							2:07.83	584	11,00	
50m: 28.63 28.63	100m: 1:00.73 32.10	150m: 1:33.54 32.81	200m: 2:07.83 34.29									
3. Luca Valentino, TONA	06	Pimpoes/Cimai							2:10.95	543	10,00	
50m: 28.83 28.83	100m: 1:01.51 32.68	150m: 1:35.97 34.46	200m: 2:10.95 34.98									
4. Tiago Santos, POMBO	08	Alcobaca							2:15.96	485	9,00	
50m: 29.37 29.37	100m: 1:04.06 34.69	150m: 1:40.71 36.65	200m: 2:15.96 35.25									
5. Nuno Goncalo, SANTOS	96	Vieirense							2:19.55	448	8,00	
50m: 31.46 31.46	100m: 1:07.19 35.73	150m: 1:43.80 36.61	200m: 2:19.55 35.75									
6. Santiago Marques, GOMES	09	Ba-Leiria							2:22.84	418	7,00	
50m: 30.61 30.61	100m: 1:06.04 35.43	150m: 1:44.15 38.11	200m: 2:22.84 38.69									
7. Francisco Lourenco, CUSTODIO	09	Naval da Nazaré							2:53.62	233	6,00	
50m: 35.43 35.43	100m: 1:19.04 43.61	150m: 2:06.78 47.74	200m: 2:53.62 46.84									
8. Gabriel Sousa, GOMES	12	Óbidos							3:09.03	180	5,00	
50m: 41.71 41.71	100m: 1:30.48 48.77	150m: 2:19.46 48.98	200m: 3:09.03 49.57									
9. Simao Pedro, MARQUES	11	Uniao Juncalense							3:17.34	158	4,00	
50m: 39.63 39.63	100m: 1:30.15 50.52	150m: 2:22.60 52.45	200m: 3:17.34 54.74									
DSQ Afonso Nunes, MARCELINO	08	Nucleo de Pombal									-	
O atleta tocou com uma mão na parede nas viragens aos 25, 75, 125 e 175 metros. Realizou pernas alternadas durante o percurso.												
DNS Francisco Lourenco, PEDROSA	10	Nautico Marinha Grande									-	
EXH Rodrigo Santos, COUTINHO	08	Pimpoes/Cimai							2:17.24	471	-	
50m: 29.27 29.27	100m: 1:04.35 35.08	150m: 1:40.94 36.59	200m: 2:17.24 36.30									
EXH Tomas Marques, FRANCISCO	10	CNLeiria - VOID							2:25.76	393	-	
50m: 31.92 31.92	100m: 1:08.78 36.86	150m: 1:47.05 38.27	200m: 2:25.76 38.71									
EXH Joao Piteira, GAIOLAS	10	Nautico Marinha Grande							2:28.58	371	-	
50m: 32.86 32.86	100m: 1:10.23 37.37	150m: 1:49.37 39.14	200m: 2:28.58 39.21									

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Prova 8, Masc., 200m Mariposa

Lugar	Ano	Tempo final	Pts	Ptos
EXH Jose Januario, MARQUES	07 Pimpoes/Cimai	2:29.05	368	-
50m: 31.90 31.90	100m: 1:08.84 36.94	150m: 1:49.06 40.22	200m: 2:29.05 39.99	
EXH Luis Pedro, VALERIO	09 Ba-Leiria	2:29.57	364	-
50m: 32.80 32.80	100m: 1:10.88 38.08	150m: 1:50.05 39.17	200m: 2:29.57 39.52	
EXH Tomas Vieira, FIGUEIREDO	12 Alcobaca	2:54.41	229	-
50m: 39.18 39.18	100m: 1:23.45 44.27	150m: 2:09.25 45.80	200m: 2:54.41 45.16	
EXH Thomas Torres, O'BYRNE	11 Uniao Juncalense	3:19.79	152	-
50m: 41.51 41.51	100m: 1:32.97 51.46	150m: 2:26.99 54.02	200m: 3:19.79 52.80	

Prova 9

Femin., 4 x 100m Estilos

ABSOLUTOS

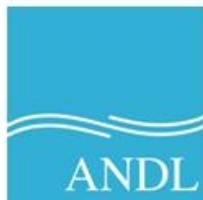
14/06/2025 - 11:15

Resultados

Rec. Nac. Open	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19/12/2009
Rec. Nac. 19 +	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19/12/2009
Rec. Nac. 16 - 18	4:15.24	Sport Alges e Dafundo	SAD	Felgueiras	21/12/2018
Rec. Nac. JUV A	4:29.46	Sporting Clube de Portugal	SCP	Algés	14/07/2019
Rec. Nac. JUV	4:29.46	Sporting Clube de Portugal	SCP	Algés	14/07/2019
Rec. Nac. JUV B	4:33.40	Sport Lisboa e Benfica	SLB	Reboleira	15/06/2006
Rec. Nac. INF A	4:40.29	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Viseu	12/03/2011
Rec. Nac. 12 - 13	4:40.29	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Viseu	12/03/2011
Rec. Nac. INF B	4:57.35	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Ponte da Barca	06/03/2010

Pontos: AQUA 2024

Lugar	Tempo final	Pts	Ptos
1. CNLeiria - VOID 1	4:30.55	570	13,00
Beatriz Belo, CLARA	30.77	1:08.28	
Sofia Roma, BRIZIDA	27.97	58.54	
2. Nautico Marinha Grande 1	4:32.63	557	11,00
Madalena Gracio, PEDROSO	00 30.30	1:04.58	
Margarida Correia, MADEIRA	09 28.30	1:00.00	
3. Pimpoes/Cimai 1	4:32.96	555	10,00
Diana Isabel, ALVES	30.25	1:05.26	
Camila Silva, CHAMUSCO	28.21	59.89	
4. Alcobaca 1	4:38.34	523	9,00
Ana Francisca, SILVA	31.27	1:06.30	
Rita Rocha, SILVA	29.57	1:03.09	
5. Ba-Leiria 1	4:56.77	432	8,00
Vida Sofia, VELEZ	33.37	1:13.65	
Constanca Rolim, PEDRO	29.85	1:04.55	
6. Benedita 1	5:01.46	412	7,00
Cristiana Henriques, ALMEIDA	35.43	1:16.58	
Carolina Lourenco, MATOS	30.66	1:04.34	



Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 9, Femin., 4 x 100m Estilos, ABSOLUTOS

Lugar					Tempo final	Pts	Ptos
7.	Vieirense 1		Vieirense		5:04.66	399	6,00
	Diana Rita, FONSECA	+0,75	38.44	1:19.66	Leonor Caetano, MOREIRA	33.32	1:13.35
	Maria Saraiva, RUIVACO		38.11	1:22.77	Emiliana Arruda, SARAIVA	32.17	1:08.88
8.	Nucleo de Pombal 1		Nucleo de Pombal		5:10.00	379	5,00
	Luna Francisco, PEREIRA	+0,66	36.80	1:16.63	Dalila Leal, BERNARDINO	35.06	1:18.27
	Anastasiya, PRYMACHENKO		41.96	1:28.77	Carlota Sa, SANTOS	31.40	1:06.33
9.	Uniao Juncalense 1		Uniao Juncalense		5:28.87	317	4,00
	Margarida Lopes, RODRIGUES	+0,75	40.66	1:23.08	Erica Felix, RODRIGUES	37.46	1:23.50
	Isabela Maria, CARREIRA		42.41	1:29.12	Catarina Tagarroso, LOBO	33.57	1:13.17
10.	Óbidos 1		Óbidos		5:32.98	305	3,00
	Elisa Henriques, SOUTO	10	38.91	1:18.35	Leonor Pereira, SILVA	10	34.42
	Sofia Guilherme, CABREIRA	13	47.31	1:39.43	Emma Henriques, SOUTO	13	36.84
11.	Naval da Nazaré 1		Naval da Nazaré		5:50.28	262	2,00
	Constanca Santos, COUTINHO	+0,75	39.44	1:21.75	Matilde Santos, COUTINHO	35.93	1:22.22
	Joana Margarida, LOUREIRO		45.07	1:40.41	Iris Santos, CANECO	40.97	1:25.90

Prova 10

Masc., 4 x 100m Estilos

ABSOLUTOS

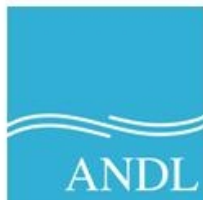
14/06/2025 - 11:28

Resultados

Rec. Nac. Open	3:33.03	Sporting Clube de Portugal	SCP	Leiria	09/12/2022
Rec. Nac. SEN	3:33.03	Sporting Clube de Portugal	SCP	Leiria	09/12/2022
Rec. Nac. JUN	3:46.26	Sport Lisboa e Benfica	SLB	Leiria	08/12/2023
Rec. Nac. JUV A	3:59.39	Clube Futebol Os Belenenses	CFB	Algés	14/07/2019
Rec. Nac. JUV	3:59.39	Clube Futebol Os Belenenses	CFB	Algés	14/07/2019
Rec. Nac. JUV B	4:04.46	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Estarreja	14/12/2014
Rec. Nac. INF A	4:12.48	Sporting Clube de Portugal	SCP	Tomar	20/03/2016
Rec. Nac. 13 - 14	4:12.48	Sporting Clube de Portugal	SCP	Tomar	20/03/2016
Rec. Nac. INF B	4:35.54	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Porto	17/03/2013

Pontos: AQUA 2024

Lugar					Tempo final	Pts	Ptos
1.	CNLeiria - VOID 1		CNLeiria - VOID		3:51.52	634	13,00
	Francisco Ribeiro, VIEIRA	+0,56	27.01	57.31	Joao Moura, FRANCISCO	26.43	57.42
	Filipe Miguel, GOMES		30.03	1:04.09	Rodolfo Junior, ALECRIM	24.84	52.70
2.	Pimpoes/Cimai 1		Pimpoes/Cimai		3:56.73	593	11,00
	Mikhael, ONUTSKYY	+0,58	27.79	57.55	Gil Santos, LEMOS	26.38	58.67
	Joao Guilherme, VIEIRA		31.43	1:09.28	Santiago Agostinho, PARREIRA	24.70	51.23
3.	Ba-Leiria 2		Ba-Leiria		4:04.02	542	10,00
	Dinis Lamas, SANTOS	+0,95	31.53	1:05.82	Tomas Pascoal, FERREIRA	25.92	56.36
	David Xavier, ALMEIDA		30.71	1:05.36	Santiago Marques, GOMES	26.81	56.48
4.	Nautico Marinha Grande 1		Nautico Marinha Grande		4:05.74	530	9,00
	Paulo, KOT	+0,67	30.64	1:03.05	Guilherme Meireles, MARRAZES	27.82	59.59
	David Ferreira, RELVAS		33.72	1:11.93	Miguel Vicente, SILVA	23.83	51.17



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Prova 10, Masc., 4 x 100m Estilos, ABSOLUTOS

Lugar					Tempo final	Pts	Ptos
5. Alcobaca 1			Alcobaca		4:06.24	527	8,00
Leonardo Jose, CRUZ	+0,62	29.44	59.91	Rodrigo Cardoso, TOMAS	29.29	1:02.71	
Antonio Antunes, JORGE		31.93	1:07.67	Tiago Santos, POMBO	26.53	55.95	
6. Viegrense 1			Viegrense		4:25.38	421	7,00
Lucas Ferreira, GASPAR	+0,63	31.80	1:05.61	Francisco Xavier, RITA	27.31	59.35	
Phelipe Mello, MARTINS		39.67	1:24.42	Santiago Boica, SOUSA	26.55	56.00	
7. Uniao Juncalense 1			Uniao Juncalense		4:40.48	357	6,00
Alexandre Afonso, SANTOS	+0,62	35.18	1:13.16	Tiago Daniel, POVOA	31.71	1:19.75	
Diogo Coelho, JORDAO		32.93	1:10.75	Samuel Jorge, BELO	26.70	56.82	
8. Nucleo de Pombal 1			Nucleo de Pombal		4:58.95	294	5,00
Eduardo Manuel, FERREIRA	+0,89	40.87	1:22.61	Afonso Nunes, MARCELINO	33.93	1:14.91	
Santiago Neves, SILVA		36.37	1:20.38	Afonso Matos, CORREIA	28.09	1:01.05	
9. Óbidos 1			Óbidos		5:25.18	229	4,00
Francisco Costa, VALENTIM	11	35.81	1:13.00	Gabriel Sousa, GOMES	12	42.80	1:30.67
Bruno Garcia, MILITAO	11	41.96	1:30.87	Eduardo Martim, CARMO	11	32.91	1:10.64

2 - 1ª Jornada - 2ª Sessão (Tarde)

14/06/2025 - 15:00

Prova 11
14/06/2025 - 15:00

Femin., 200m Livres

ABSOLUTOS
Resultados

Rec. Nac. Open	1:55.91	Francisca Soares, MARTINS	FOCA	Felgueiras	12/04/2025
Rec. Nac. 19 +	1:55.91	Francisca Soares, MARTINS	FOCA	Felgueiras	12/04/2025
Rec. Nac. 18	1:59.25	Francisca Soares, MARTINS	FOCA	Felgueiras	17/07/2021
Rec. Nac. 17	1:59.62	Leticia Maia, ANDRE	SLB	Felgueiras	23/12/2018
Rec. Nac. 16	2:01.12	Francisca Soares, MARTINS	FOCA	Felgueiras	27/04/2019
Rec. Nac. JUV A	2:03.90	Maria Ferreira, MOURA	SCP	Algés	29/06/2019
Rec. Nac. JUV B	2:04.38	Camila Rodrigues, REBELO	SANC	Coimbra	25/06/2017
Rec. Nac. INF A	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	09/03/2018
Rec. Nac. INF B	2:11.27	Carolina Miranda, FERNANDES	CGA	Mealhada	25/03/2017

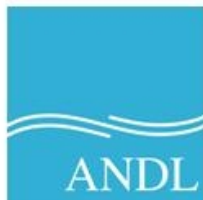
Pontos: AQUA 2024

Lugar		Ano			Tempo final	Pts	Ptos
1. Leonor Vendima, COELHO		07	CNLeiria - VOID		2:10.73	600	13,00
50m: 29.51 29.51	100m: 1:02.42 32.91	150m: 1:36.91 34.49	200m: 2:10.73 33.82				
2. Constanca Baptista, TOMAS		09	Alcobaca		2:13.32	566	11,00
50m: 30.41 30.41	100m: 1:04.19 33.78	150m: 1:39.23 35.04	200m: 2:13.32 34.09				
3. Joana Silva, ALVES		05	Pimpoes/Cimai		2:15.51	539	10,00
50m: 31.60 31.60	100m: 1:05.81 34.21	150m: 1:40.88 35.07	200m: 2:15.51 34.63				
4. Leonor Mota, ALVES		11	Nautico Marinha Grande		2:20.58	483	9,00
50m: 33.23 33.23	100m: 1:08.86 35.63	150m: 1:45.39 36.53	200m: 2:20.58 35.19				

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Prova 11, Femin., 200m Livres, ABSOLUTOS

Lugar	Ano	Tempo final	Pts	Ptos
5. Teresa Maria, LOPES	09 Benedita	2:21.39	474	8,00
50m: 33.35 33.35	100m: 1:09.31 35.96	150m: 1:45.87 36.56	200m: 2:21.39 35.52	
6. Anastasiya, PRYMACHENKO	11 Nucleo de Pombal	2:21.91	469	7,00
50m: 32.50 32.50	100m: 1:08.32 35.82	150m: 1:45.37 37.05	200m: 2:21.91 36.54	
7. Constanca Rolim, PEDRO	10 Ba-Leiria	2:22.50	463	6,00
50m: 33.66 33.66	100m: 1:10.16 36.50	150m: 1:47.05 36.89	200m: 2:22.50 35.45	
8. Diana Rita, FONSECA	08 Viegrense	2:27.60	417	5,00
50m: 33.09 33.09	100m: 1:10.49 37.40	150m: 1:49.07 38.58	200m: 2:27.60 38.53	
9. Anjali, RAICAR	09 Naval de Peniche	2:31.54	385	4,00
50m: 32.81 32.81	100m: 1:11.10 38.29	150m: 1:51.30 40.20	200m: 2:31.54 40.24	
10. Emma Henriques, SOUTO	13 Óbidos	2:48.49	280	3,00
50m: 38.76 38.76	100m: 1:22.29 43.53	150m: 2:06.73 44.44	200m: 2:48.49 41.76	
11. Bruna Matos, FIALHO	08 Uniao Juncalense	2:49.57	275	2,00
50m: 38.44 38.44	100m: 1:23.18 44.74	150m: 2:07.89 44.71	200m: 2:49.57 41.68	
12. Nair Esperanca, SANTOS	13 Naval da Nazaré	3:49.30	111	1,00
50m: 48.58 48.58	100m: 1:47.64 59.06	150m: 2:50.84 1:03.20	200m: 3:49.30 58.46	
EXH Carolina Silva, CASTANHEIRA	11 CNLeiria - VOID	2:25.34	437	-
50m: 32.96 32.96	100m: 1:09.86 36.90	150m: 1:47.81 37.95	200m: 2:25.34 37.53	
EXH Mafalda Varela, BERNARDINO	12 Alcobaca	2:27.72	416	-
50m: 33.65 33.65	100m: 1:10.99 37.34	150m: 1:49.70 38.71	200m: 2:27.72 38.02	
EXH Cristiana Henriques, ALMEIDA	11 Benedita	2:29.18	404	-
50m: 35.94 35.94	100m: 1:12.97 37.03	150m: 1:51.52 38.55	200m: 2:29.18 37.66	
EXH Margarida Soares, MAIA	11 Nautico Marinha Grande	2:29.28	403	-
50m: 34.41 34.41	100m: 1:12.45 38.04	150m: 1:51.63 39.18	200m: 2:29.28 37.65	
EXH Yaroslava, TABUNSKYK	12 CNLeiria - VOID	2:38.68	335	-
50m: 36.78 36.78	100m: 1:17.60 40.82	150m: 1:58.12 40.52	200m: 2:38.68 40.56	
EXH Maria Joao, OLIVEIRA	13 Alcobaca	2:45.59	295	-
50m: 37.80 37.80	100m: 1:19.50 41.70	150m: 2:03.06 43.56	200m: 2:45.59 42.53	
EXH Elisa Rodrigues, SIMOES	13 Benedita	2:54.30	253	-
50m: 41.79 41.79	100m: 1:26.97 45.18	150m: 2:10.47 43.50	200m: 2:54.30 43.83	
EXH Violeta Neves, SILVA	13 Nucleo de Pombal	2:54.86	251	-
50m: 40.29 40.29	100m: 1:25.93 45.64	150m: 2:11.80 45.87	200m: 2:54.86 43.06	
EXH Daniela Carvalho, FERREIRA	12 Nucleo de Pombal	2:56.01	246	-
50m: 40.18 40.18	100m: 1:24.57 44.39	150m: 2:10.68 46.11	200m: 2:56.01 45.33	
EXH Matilde Mamede, CECILIO	13 Naval de Peniche	2:58.45	236	-
50m: 40.57 40.57	100m: 1:26.28 45.71	150m: 2:13.79 47.51	200m: 2:58.45 44.66	



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Prova 11, Femin., 200m Livres

Lugar	Ano	Tempo final	Pts	Ptos
EXH Maria Lopes, ESPERANCA	11 Uniao Juncalense	3:08.19	201	-
50m: 43.34 43.34	100m: 1:32.67 49.33	150m: 2:23.05 50.38	200m: 3:08.19 45.14	
EXH Ana Sofia, SILVA	13 Naval de Peniche	3:09.44	197	-
50m: 41.30 41.30	100m: 1:28.67 47.37	150m: 2:18.88 50.21	200m: 3:09.44 50.56	
EXH Luiza Fernandes, SILVA	13 Uniao Juncalense	3:21.76	163	-
50m: 43.52 43.52	100m: 1:33.48 49.96	150m: 2:29.57 56.09	200m: 3:21.76 52.19	
EXH Leonor Ramalho, NOVO	13 Naval da Nazaré	3:54.10	104	-
50m: 47.42 47.42	100m: 1:45.54 58.12	150m: 2:51.46 1:05.92	200m: 3:54.10 1:02.64	

Prova 12

Masc., 200m Livres

ABSOLUTOS

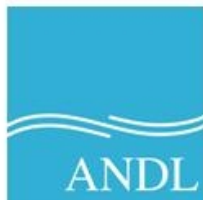
14/06/2025 - 15:15

Resultados

Rec. Nac. Open	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	14/12/2018
Rec. Nac. SEN	1:43.16	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	14/12/2018
Rec. Nac. 18	1:47.73	Tiago Andre, VENANCIO	POR	Viena (AUT)	12/12/2004
Rec. Nac. 17	1:47.65	Diogo Matos, RIBEIRO	CUC	Felqueiras	11/04/2021
Rec. Nac. JUV A	1:49.83	Diogo Matos, RIBEIRO	CUC	Mealhada	07/12/2019
Rec. Nac. JUV B	1:53.76	Diogo Matos, RIBEIRO	CUC	Coimbra	16/06/2019
Rec. Nac. INF A	1:58.99	Pedro Fontoura, OLIVEIRA	CFB	Cova da Piedade	10/06/2004
Rec. Nac. INF B	2:04.75	Joao Magalhaes, NUNES	CNA	Algés	30/06/2012

Pontos: AQUA 2024

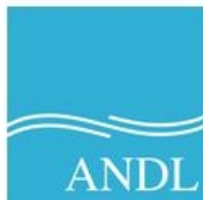
Lugar	Ano	Tempo final	Pts	Ptos
1. Rodolfo Junior, ALECRIM	10 CNLeiria - VOID	1:54.62	651	13,00
50m: 25.62 25.62	100m: 54.08 28.46	150m: 1:24.42 30.34	200m: 1:54.62 30.20	
2. Gil Santos, LEMOS	06 Pimpoes/Cimai	1:55.85	631	11,00
50m: 27.27 27.27	100m: 56.78 29.51	150m: 1:25.53 28.75	200m: 1:55.85 30.32	
3. Guilherme Meireles, MARRAZES	09 Nautico Marinha Grande	1:57.40	606	10,00
50m: 27.66 27.66	100m: 57.80 30.14	150m: 1:27.87 30.07	200m: 1:57.40 29.53	
4. David Xavier, ALMEIDA	10 Ba-Leiria	2:02.38	535	9,00
50m: 27.88 27.88	100m: 59.79 31.91	150m: 1:32.30 32.51	200m: 2:02.38 30.08	
5. Santiago Boica, SOUSA	08 Vieiraense	2:03.78	517	8,00
50m: 28.63 28.63	100m: 1:00.50 31.87	150m: 1:32.62 32.12	200m: 2:03.78 31.16	
6. Rodrigo Cardoso, TOMAS	10 Alcobaca	2:04.12	513	7,00
50m: 28.80 28.80	100m: 1:00.87 32.07	150m: 1:33.31 32.44	200m: 2:04.12 30.81	
7. Francisco Lourenco, CUSTODIO	09 Naval da Nazaré	2:12.86	418	6,00
50m: 29.96 29.96	100m: 1:03.21 33.25	150m: 1:38.24 35.03	200m: 2:12.86 34.62	
8. Andre Guilherme, CORDEIRO	09 Naval de Peniche	2:21.02	349	5,00
50m: 30.97 30.97	100m: 1:06.52 35.55	150m: 1:44.07 37.55	200m: 2:21.02 36.95	



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Prova 12, Masc., 200m Livres, ABSOLUTOS

Lugar	Ano	Tempo final	Pts	Ptos
9. Santiago Neves, SILVA	10 Nucleo de Pombal	2:27.33	306	4,00
50m: 33.86 33.86	100m: 1:12.56 38.70	150m: 1:52.43 39.87	200m: 2:27.33 34.90	
10. Alexandre Afonso, SANTOS	09 Uniao Juncalense	2:27.47	305	3,00
50m: 34.78 34.78	100m: 1:13.35 38.57	150m: 1:51.71 38.36	200m: 2:27.47 35.76	
11. Eduardo Martim, CARMO	11 Óbidos	2:40.09	239	2,00
50m: 34.41 34.41	100m: 1:14.88 40.47	150m: 1:57.36 42.48	200m: 2:40.09 42.73	
DNS Diogo Barata, ALVES	08 Nautico Marinha Grande			-
EXH Rodrigo Alvarez, BELKASEN	06 CNLeiria - VOID	2:03.99	514	-
50m: 28.47 28.47	100m: 59.89 31.42	150m: 1:32.83 32.94	200m: 2:03.99 31.16	
EXH Rodrigo Santos, COUTINHO	08 Pimpoes/Cimai	2:04.22	511	-
50m: 28.15 28.15	100m: 1:00.75 32.60	150m: 1:33.68 32.93	200m: 2:04.22 30.54	
EXH Joao Daniel, SANTOS	12 Alcobaca	2:04.86	504	-
50m: 28.17 28.17	100m: 1:00.53 32.36	150m: 1:33.10 32.57	200m: 2:04.86 31.76	
EXH Santiago Jose, PACHECO	09 Alcobaca	2:08.25	465	-
50m: 29.20 29.20	100m: 1:01.85 32.65	150m: 1:35.59 33.74	200m: 2:08.25 32.66	
EXH Jose Januario, MARQUES	07 Pimpoes/Cimai	2:08.95	457	-
50m: 28.73 28.73	100m: 1:01.00 32.27	150m: 1:35.24 34.24	200m: 2:08.95 33.71	
EXH Martim Cruz, MOURA	11 CNLeiria - VOID	2:14.42	403	-
50m: 29.30 29.30	100m: 1:02.64 33.34	150m: 1:38.33 35.69	200m: 2:14.42 36.09	
EXH Vladyslav, BABUSHKIN	09 Nautico Marinha Grande	2:16.50	385	-
50m: 30.70 30.70	100m: 1:05.26 34.56	150m: 1:41.09 35.83	200m: 2:16.50 35.41	
EXH Sebastian, PACHECO	12 Naval de Peniche	2:25.58	318	-
50m: 32.99 32.99	100m: 1:09.96 36.97	150m: 1:48.66 38.70	200m: 2:25.58 36.92	
EXH Thomas Torres, O'BYRNE	11 Uniao Juncalense	2:50.09	199	-
50m: 38.08 38.08	100m: 1:22.22 44.14	150m: 2:07.77 45.55	200m: 2:50.09 42.32	
EXH Gabriel Cadete, RODRIGUES	11 Nucleo de Pombal	3:10.23	142	-
50m: 43.00 43.00	100m: 1:32.33 49.33	150m: 2:23.53 51.20	200m: 3:10.23 46.70	
EXH Rodrigo Jose, NEVES	12 Nucleo de Pombal	3:13.95	134	-
50m: 45.19 45.19	100m: 1:35.88 50.69	150m: 2:28.90 53.02	200m: 3:13.95 45.05	
EXH Lucas Santos, SILVA	10 Uniao Juncalense	3:33.14	101	-
50m: 46.85 46.85	100m: 1:44.26 57.41	150m: 2:41.19 56.93	200m: 3:33.14 51.95	



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Prova 13	Femin., 400m Estilos				ABSOLUTOS
14/06/2025 - 15:29					Resultados
Rec. Nac. Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec. Nac. 19 +	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec. Nac. 18	4:41.02	Victoria, KAMINSKAYA	PIMP	Porto	07/12/2012
Rec. Nac. 17	4:46.89	Ines Neto, ROCHA	CAP	Felgueiras	15/04/2018
Rec. Nac. 16	4:50.85	Diana Margarida, DURAES	FOCA	Silves	02/12/2011
Rec. Nac. JUV A	4:51.85	Ana Claudia, SANTOS	SFUAP	Setubal	21/11/2004
Rec. Nac. JUV B	4:56.53	Mariana Pacheco, CUNHA	CFP	Porto	05/05/2018
Rec. Nac. INF A	5:03.94	Carolina Miranda, FERNANDES	CGA	Condeixa	12/05/2018
Rec. Nac. INF B	5:15.68	Susana Patricia, MIGUEL	SFUAP	Rio Maior	06/07/2002

Pontos: AQUA 2024

Lugar	Ano			Tempo final	Pts	Ptos
1. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande		5:06.46	603	13,00
50m: 33.09 33.09	150m: 1:52.60 40.79	250m: 3:15.00 42.12	350m: 4:32.10 34.41			
100m: 1:11.81 38.72	200m: 2:32.88 40.28	300m: 3:57.69 42.69	400m: 5:06.46 34.36			
2. Francisca Moreira, FELICIANO	11	Alcobaca		5:06.77	601	11,00
50m: 32.02 32.02	150m: 1:48.39 39.42	250m: 3:11.59 44.62	350m: 4:32.43 36.36			
100m: 1:08.97 36.95	200m: 2:26.97 38.58	300m: 3:56.07 44.48	400m: 5:06.77 34.34			
3. Joana Rosa, FERREIRA	05	CNLeiria - VOID		5:19.07	534	10,00
50m: 31.92 31.92	150m: 1:52.70 42.42	250m: 3:19.08 44.87	350m: 4:42.48 37.73			
100m: 1:10.28 38.36	200m: 2:34.21 41.51	300m: 4:04.75 45.67	400m: 5:19.07 36.59			
4. Maria Joao, VALA	11	Pimpoes/Cimai		5:26.11	500	9,00
50m: 34.54 34.54	150m: 1:54.23 39.43	250m: 3:22.37 47.04	350m: 4:49.21 38.87			
100m: 1:14.80 40.26	200m: 2:35.33 41.10	300m: 4:10.34 47.97	400m: 5:26.11 36.90			
5. Vida Sofia, VELEZ	10	Ba-Leiria		5:27.62	493	8,00
50m: 36.48 36.48	150m: 2:03.24 41.54	250m: 3:28.96 46.24	350m: 4:54.30 37.70			
100m: 1:21.70 45.22	200m: 2:42.72 39.48	300m: 4:16.60 47.64	400m: 5:27.62 33.32			
6. Carlota Sa, SANTOS	11	Nucleo de Pombal		5:43.42	428	7,00
50m: 35.05 35.05	150m: 2:00.54 57.32	250m: 3:32.75 51.02	350m: 5:04.83 40.06			
100m: 1:03.22 28.17	200m: 2:41.73 41.19	300m: 4:24.77 52.02	400m: 5:43.42 38.59			
7. Leonor Caetano, MOREIRA	06	Vieirense		5:56.08	384	6,00
50m: 34.59 34.59	150m: 2:02.26 45.62	250m: 3:38.80 50.41	350m: 5:14.48 43.39			
100m: 1:16.64 42.05	200m: 2:48.39 46.13	300m: 4:31.09 52.29	400m: 5:56.08 41.60			
8. Matilde Santos, COUTINHO	07	Naval da Nazaré		6:18.88	319	5,00
50m: 37.23 37.23	150m: 2:14.44 50.86	250m: 3:56.03 53.73	350m: 5:35.65 44.56			
100m: 1:23.58 46.35	200m: 3:02.30 47.86	300m: 4:51.09 55.06	400m: 6:18.88 43.23			
9. Kelly Simao, COSTA	11	Óbidos		6:26.72	300	4,00
50m: 41.11 41.11	150m: 2:22.07 48.88	250m: 4:03.20 52.61	350m: 5:42.06 44.74			
100m: 1:33.19 52.08	200m: 3:10.59 48.52	300m: 4:57.32 54.12	400m: 6:26.72 44.66			
10. Catarina Tagarroso, LOBO	07	Uniao Juncalense		6:27.38	298	3,00
50m: 40.26 40.26	150m: 2:23.05 49.81	250m: 4:05.63 53.58	350m: 5:44.70 44.74			
100m: 1:33.24 52.98	200m: 3:12.05 49.00	300m: 4:59.96 54.33	400m: 6:27.38 42.68			

Taça ANDL "João da Silva Abreu" - CDClubes 2025
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Prova 13, Femin., 400m Estilos, ABSOLUTOS

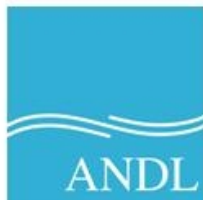
Lugar	Ano								Tempo final	Pts	Ptos
11. Carminho Jose, LOPES	13 Benedita								6:42.35	266	2,00
50m:	41.36	41.36	150m:	2:25.54	50.72	250m:	4:09.13	54.22	350m:	5:55.11	49.04
100m:	1:34.82	53.46	200m:	3:14.91	49.37	300m:	5:06.07	56.94	400m:	6:42.35	47.24
EXH Rita Alexandra, JORDAO	12 Uniao Juncalense								6:49.67	252	-
50m:	43.95	43.95	150m:	2:34.66	52.97	250m:	4:22.93	57.37	350m:	6:05.37	45.10
100m:	1:41.69	57.74	200m:	3:25.56	50.90	300m:	5:20.27	57.34	400m:	6:49.67	44.30

Prova 14 Masc., 400m Estilos ABSOLUTOS
14/06/2025 - 15:51 Resultados

Rec. Nac. Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	09/12/2022
Rec. Nac. SEN	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	09/12/2022
Rec. Nac. 18	4:11.20	Joao Alexandre, VITAL	SCP	Porto	11/12/2015
Rec. Nac. 17	4:21.93	Joao Alexandre, VITAL	ADRCIMM	Porto	19/12/2014
Rec. Nac. JUV A	4:25.04	Joao Alexandre, VITAL	ADRCIMM	Tomar	13/12/2013
Rec. Nac. JUV B	4:35.02	Diogo Filipe, CARVALHO	CGA	Braga	21/03/2003
Rec. Nac. INF A	4:40.32	Tomas Miguel, FREITAS	CDN	Funchal	09/07/2004
Rec. Nac. INF B	4:49.65	Andre Vilas, RUIVO	DNMG	S. António Cavaleiros	15/03/2013

Pontos: AQUA 2024

Lugar	Ano								Tempo final		Pts	Ptos
1. Francisco Marques, SIMOES	07 CNLeiria - VOID								4:35.78		617	13,00
50m: 29.17 29.17	150m: 1:38.19 35.97	250m: 2:54.18 40.35						350m: 4:06.16 32.14				
100m: 1:02.22 33.05	200m: 2:13.83 35.64	300m: 3:34.02 39.84						400m: 4:35.78 29.62				
2. Leonardo Jose, CRUZ	07 Alcobaca								4:36.47		612	11,00
50m: 29.38 29.38	150m: 1:38.28 35.34	250m: 2:52.11 38.71						350m: 4:05.34 33.38				
100m: 1:02.94 33.56	200m: 2:13.40 35.12	300m: 3:31.96 39.85						400m: 4:36.47 31.13				
3. David Ferreira, RELVAS	03 Nautico Marinha Grande								4:40.81		584	10,00
50m: 28.79 28.79	150m: 1:38.54 36.87	250m: 2:55.70 40.66						350m: 4:09.09 32.07				
100m: 1:01.67 32.88	200m: 2:15.04 36.50	300m: 3:37.02 41.32						400m: 4:40.81 31.72				
4. Tomas Pascoal, FERREIRA	09 Ba-Leiria								4:45.73		554	9,00
50m: 29.00 29.00	150m: 1:39.43 37.16	250m: 2:58.76 43.71						350m: 4:14.42 31.40				
100m: 1:02.27 33.27	200m: 2:15.05 35.62	300m: 3:43.02 44.26						400m: 4:45.73 31.31				
5. Santiago Agostinho, PARREIRA	09 Pimpoes/Cimai								4:47.15		546	8,00
50m: 29.97 29.97	150m: 1:42.64 38.30	250m: 3:02.74 42.39						350m: 4:16.95 30.85				
100m: 1:04.34 34.37	200m: 2:20.35 37.71	300m: 3:46.10 43.36						400m: 4:47.15 30.20				
6. Francisco Xavier, RITA	07 Vieiraense								4:52.11		519	7,00
50m: 29.61 29.61	150m: 1:42.47 38.23	250m: 3:04.14 43.77						350m: 4:20.28 33.11				
100m: 1:04.24 34.63	200m: 2:20.37 37.90	300m: 3:47.17 43.03						400m: 4:52.11 31.83				
7. Diogo Coelho, JORDAO	08 Uniao Juncalense								5:09.35		437	6,00
50m: 32.47 32.47	150m: 1:51.65 39.96	250m: 3:13.24 42.10						350m: 4:34.35 37.77				
100m: 1:11.69 39.22	200m: 2:31.14 39.49	300m: 3:56.58 43.34						400m: 5:09.35 35.00				



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Prova 14, Masc., 400m Estilos, ABSOLUTOS

Lugar	Ano	Tempo final	Pts	Ptos
8. Eduardo Manuel, FERREIRA	12 Nucleo de Pombal	6:12.04	251	5,00
50m: 36.09 36.09	150m: 2:11.44 50.78	250m: 3:52.26 52.96	350m: 5:29.95 43.62	
100m: 1:20.66 44.57	200m: 2:59.30 47.86	300m: 4:46.33 54.07	400m: 6:12.04 42.09	
DNS Francisco Lourenco, PEDROSA	10 Nautico Marinha Grande			-
EXH Guilherme Rodrigues, CABRAL	10 Pimpoes/Cimai	4:58.41	487	-
50m: 31.61 31.61	150m: 1:47.31 39.24	250m: 3:07.45 41.99	350m: 4:24.75 34.20	
100m: 1:08.07 36.46	200m: 2:25.46 38.15	300m: 3:50.55 43.10	400m: 4:58.41 33.66	

Prova 15 Femin., 200m Costas ABSOLUTOS
14/06/2025 - 16:03 Resultados

Rec. Nac. Open	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	07/12/2023
Rec. Nac. 19 +	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	07/12/2023
Rec. Nac. 18	2:10.31	Camila Rodrigues, REBELO	ALN	Gafanha da Nazare	18/07/2021
Rec. Nac. 17	2:11.13	Camila Rodrigues, REBELO	ALN	Felgueiras	20/12/2019
Rec. Nac. 16	2:11.74	Camila Rodrigues, REBELO	ALN	Felgueiras	21/12/2018
Rec. Nac. JUV A	2:14.11	Camila Rodrigues, REBELO	ALN	Condeixa	12/05/2018
Rec. Nac. JUV B	2:17.86	Catia Raquel, MARTINHEIRA	LDC	Sines	21/12/2008
Rec. Nac. INF A	2:21.33	Rafaela Gomes, AZEVEDO	SAD	Algés	06/06/2015
Rec. Nac. INF B	2:27.90	Carolina Miranda, FERNANDES	CGA	Mealhada	26/03/2017

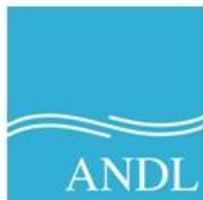
Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts	Ptos
1. Beatriz Belo, CLARA	09 CNLeiria - VOID	2:25.16	550	13,00
50m: 33.98 33.98	100m: 1:11.13 37.15	150m: 1:48.59 37.46	200m: 2:25.16 36.57	
2. Diana Isabel, ALVES	10 Pimpoes/Cimai	2:29.02	508	11,00
50m: 34.69 34.69	100m: 1:12.45 37.76	150m: 1:51.18 38.73	200m: 2:29.02 37.84	
3. Madalena Gracio, PEDROSO	10 Nautico Marinha Grande	2:30.11	497	10,00
50m: 35.34 35.34	100m: 1:13.42 38.08	150m: 1:52.57 39.15	200m: 2:30.11 37.54	
4. Ana Francisca, SILVA	06 Alcobaca	2:30.46	493	9,00
50m: 35.42 35.42	100m: 1:14.01 38.59	150m: 1:52.35 38.34	200m: 2:30.46 38.11	
5. Maria Saraiva, RUIVACO	00 Viegrense	2:41.43	399	8,00
50m: 37.72 37.72	100m: 1:18.05 40.33	150m: 1:59.45 41.40	200m: 2:41.43 41.98	
6. Luna Francisco, PEREIRA	12 Nucleo de Pombal	2:41.66	398	7,00
50m: 37.67 37.67	100m: 1:19.00 41.33	150m: 2:00.92 41.92	200m: 2:41.66 40.74	
7. Ana Margarida, MARQUES	09 Ba-Leiria	2:43.69	383	6,00
50m: 38.43 38.43	100m: 1:20.07 41.64	150m: 2:02.41 42.34	200m: 2:43.69 41.28	
8. Elisa Henriques, SOUTO	10 Óbidos	2:45.83	368	5,00
50m: 39.58 39.58	100m: 1:21.37 41.79	150m: 2:04.37 43.00	200m: 2:45.83 41.46	

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Prova 15, Femin., 200m Costas, ABSOLUTOS

Lugar	Ano	Tempo final	Pts	Ptos
9. Matilde Pinto, ANTUNES	11 Naval de Peniche	2:55.13	313	4,00
50m: 42.42 42.42 100m: 1:27.30 44.88 150m: 2:12.63 45.33 200m: 2:55.13 42.50				
10. Margarida Lopes, RODRIGUES	11 Uniao Juncalense	2:56.93	303	3,00
50m: 40.09 40.09 100m: 1:24.92 44.83 150m: 2:11.57 46.65 200m: 2:56.93 45.36				
11. Beatriz Morgado, SILVA	11 Benedita	3:02.50	276	2,00
50m: 44.50 44.50 100m: 1:30.58 46.08 150m: 2:17.46 46.88 200m: 3:02.50 45.04				
12. Constanca Santos, COUTINHO	12 Naval da Nazaré	3:02.62	276	1,00
50m: 41.89 41.89 100m: 1:28.50 46.61 150m: 2:17.24 48.74 200m: 3:02.62 45.38				
DSQ Matilde Vitorino, FERREIRA	11 Naval de Peniche			-
A atleta não efetuou imediatamente a viragem após a quebra do movimento contínuo da braçada.				
DNS Matilde Santos, VIEIRA	10 Nautico Marinha Grande			-
DNS Carolina Matos, CORREIA	12 Nucleo de Pombal			-
EXH Debora Silva, INACIO	10 Pimpoes/Cimai	2:39.12	417	-
50m: 37.97 37.97 100m: 1:19.41 41.44 150m: 1:59.96 40.55 200m: 2:39.12 39.16				
EXH Beatriz Julio, CORREIA	12 CNLeiria - VOID	2:48.44	352	-
50m: 39.29 39.29 100m: 1:22.62 43.33 150m: 2:06.30 43.68 200m: 2:48.44 42.14				
EXH Mariana Sousa, OLIVEIRA	10 Alcobaca	2:51.52	333	-
50m: 39.68 39.68 100m: 1:23.27 43.59 150m: 2:07.79 44.52 200m: 2:51.52 43.73				
EXH Maria Leal, ALVES	13 Alcobaca	2:53.42	322	-
50m: 40.92 40.92 100m: 1:26.24 45.32 150m: 2:10.34 44.10 200m: 2:53.42 43.08				
EXH Maria Santos, FONSECA	11 CNLeiria - VOID	2:53.49	322	-
50m: 41.15 41.15 100m: 1:24.97 43.82 150m: 2:10.30 45.33 200m: 2:53.49 43.19				
EXH Jessica Garcia, FERREIRA	12 Óbidos	3:00.13	287	-
50m: 42.93 42.93 100m: 1:29.23 46.30 150m: 2:15.94 46.71 200m: 3:00.13 44.19				
EXH Maria Antonia, VAZAO	12 Uniao Juncalense	3:18.40	215	-
50m: 48.29 48.29 100m: 1:38.32 50.03 150m: 2:29.82 51.50 200m: 3:18.40 48.58				
EXH Catarina Franco, RODRIGUES	13 Naval de Peniche	3:20.36	209	-
50m: 48.25 48.25 100m: 1:39.40 51.15 150m: 2:30.84 51.44 200m: 3:20.36 49.52				

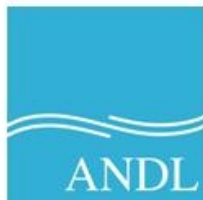


Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 16		Masc., 200m Costas			ABSOLUTOS
14/06/2025 - 16:21					Resultados
Rec. Nac. Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	16/12/2018
Rec. Nac. SEN	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (FRA)	16/12/2018
Rec. Nac. 18	1:57.90	Tomas Maia, JANUARIO	SLB	Leiria	09/12/2023
Rec. Nac. 17	1:59.34	Adriano Miguel, NIZ	CFV	Alges	16/05/2003
Rec. Nac. JUV A	2:01.43	Diogo Gomes, SOUSA	CNCVG	Algés	04/06/2011
Rec. Nac. JUV B	2:04.99	Joao Alexandre, VITAL	ADRCIMM	Alapraia	09/03/2013
Rec. Nac. INF A	2:09.17	Joao Alexandre, VITAL	ADRCIMM	Algés	29/06/2012
Rec. Nac. INF B	2:15.27	Andre Vilas, RUIVO	DNMG	S. António Cavaleiros	16/03/2013

Pontos: AQUA 2024

Lugar	Ano					Tempo final		Pts	Ptos
1. Mikhael, ONUTSKYY	08	Pimpoes/Cimai				2:09.09	547	13,00	
50m: 29.71 29.71	100m: 1:02.45 32.74	150m: 1:35.98 33.53	200m: 2:09.09 33.11						
2. Rodolfo Junior, ALECRIM	10	CNLeiria - VOID				2:16.72	461	11,00	
50m: 31.86 31.86	100m: 1:06.46 34.60	150m: 1:42.04 35.58	200m: 2:16.72 34.68						
3. Tomas Manuel, PALMEIRO	10	Nautico Marinha Grande				2:19.31	435	10,00	
50m: 31.70 31.70	100m: 1:07.29 35.59	150m: 1:43.72 36.43	200m: 2:19.31 35.59						
4. Joao Daniel, SANTOS	12	Alcobaca				2:20.66	423	9,00	
50m: 32.67 32.67	100m: 1:08.93 36.26	150m: 1:45.14 36.21	200m: 2:20.66 35.52						
5. Lucas Ferreira, GASPAR	10	Vieirense				2:21.16	419	8,00	
50m: 33.25 33.25	100m: 1:09.89 36.64	150m: 1:46.23 36.34	200m: 2:21.16 34.93						
6. Dinis Lamas, SANTOS	10	Ba-Leiria				2:21.57	415	7,00	
50m: 32.92 32.92	100m: 1:08.92 36.00	150m: 1:45.69 36.77	200m: 2:21.57 35.88						
7. Francisco Costa, VALENTIM	11	Óbidos				2:31.58	338	6,00	
50m: 36.33 36.33	100m: 1:14.85 38.52	150m: 1:53.99 39.14	200m: 2:31.58 37.59						
8. Afonso Matos, CORREIA	09	Nucleo de Pombal				2:38.95	293	5,00	
50m: 37.53 37.53	100m: 1:18.67 41.14	150m: 2:00.22 41.55	200m: 2:38.95 38.73						
9. Alexandre Afonso, SANTOS	09	Uniao Juncalense				2:40.53	284	4,00	
50m: 36.97 36.97	100m: 1:17.04 40.07	150m: 1:59.69 42.65	200m: 2:40.53 40.84						
DNS Xinyang, CHENG	09	Nautico Marinha Grande						-	
EXH David Ferrador, PEREIRA	09	CNLeiria - VOID				2:22.81	404	-	
50m: 32.66 32.66	100m: 1:08.83 36.17	150m: 1:46.17 37.34	200m: 2:22.81 36.64						
EXH Tomas Marques, FRANCISCO	10	CNLeiria - VOID				2:27.21	369	-	
50m: 35.66 35.66	100m: 1:13.42 37.76	150m: 1:49.75 36.33	200m: 2:27.21 37.46						
EXH Pedro Souza, SILVA	10	Pimpoes/Cimai				2:28.71	358	-	
50m: 34.43 34.43	100m: 1:12.27 37.84	150m: 1:50.60 38.33	200m: 2:28.71 38.11						
EXH Lucas Costa, JESUS	10	Nautico Marinha Grande				2:31.25	340	-	
50m: 35.22 35.22	100m: 1:14.24 39.02	150m: 1:53.29 39.05	200m: 2:31.25 37.96						



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Prova 16, Masc., 200m Costas

Lugar	Ano	Tempo final	Pts	Ptos
EXH Duarte Costa, MADEIRA	12 Alcobaca	2:54.04	223	-
50m: 39.74 39.74	100m: 1:23.83 44.09	150m: 2:09.72 45.89	200m: 2:54.04 44.32	
EXH Luis Gustavo, PINTO	12 Uniao Juncalense	3:40.75	109	-
50m: 49.30 49.30	100m: 1:46.88 57.58	150m: 2:44.15 57.27	200m: 3:40.75 56.60	

Prova 17

Femin., 200m Bruços

ABSOLUTOS

14/06/2025 - 16:33

Resultados

Rec. Nac. Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
Rec. Nac. 19 +	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29/06/2019
Rec. Nac. 18	2:23.46	Raquel Gomes, PEREIRA	SAD	Porto	09/12/2017
Rec. Nac. 17	2:26.47	Raquel Gomes, PEREIRA	SAD	Funchal	10/12/2016
Rec. Nac. 16	2:26.87	Raquel Gomes, PEREIRA	SAD	Porto	11/12/2015
Rec. Nac. JUV A	2:32.36	Diana Duarte, GOMES	ABVE	Alcobaca	07/02/2004
Rec. Nac. JUV B	2:34.51	Diana Duarte, GOMES	ABVE	Reboleira	28/06/2003
Rec. Nac. INF A	2:36.86	Clara Gomes, PEREIRA	SAD	Algés	06/06/2015
Rec. Nac. INF B	2:45.30	Clara Gomes, PEREIRA	SAD	Algés	14/06/2014

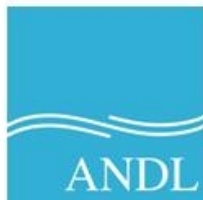
Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts	Ptos
1. Rita Rocha, SILVA	08 Alcobaca	2:44.76	544	13,00
50m: 37.71 37.71	100m: 1:19.58 41.87	150m: 2:02.34 42.76	200m: 2:44.76 42.42	
2. Sofia Roma, BRIZIDA	10 CNLeiria - VOID	2:44.80	544	11,00
50m: 37.13 37.13	100m: 1:18.66 41.53	150m: 2:01.93 43.27	200m: 2:44.80 42.87	
3. Margarida Correia, MADEIRA	06 Nautico Marinha Grande	2:47.84	515	10,00
50m: 38.35 38.35	100m: 1:21.15 42.80	150m: 2:04.42 43.27	200m: 2:47.84 43.42	
4. Leonor Pereira, SILVA	10 Óbidos	2:52.20	477	9,00
50m: 38.74 38.74	100m: 1:22.69 43.95	150m: 2:07.99 45.30	200m: 2:52.20 44.21	
5. Rafaela Santos, AFONSO	10 Naval de Peniche	2:53.94	463	8,00
50m: 39.10 39.10	100m: 1:23.20 44.10	150m: 2:08.88 45.68	200m: 2:53.94 45.06	
6. Camila Silva, CHAMUSCO	08 Pimpoes/Cimai	2:59.77	419	7,00
50m: 39.89 39.89	100m: 1:25.73 45.84	150m: 2:12.75 47.02	200m: 2:59.77 47.02	
7. Maria Carolina, ALVES	10 Ba-Leiria	3:04.91	385	6,00
50m: 42.46 42.46	100m: 1:29.64 47.18	150m: 2:17.10 47.46	200m: 3:04.91 47.81	
8. Cristiana Henriques, ALMEIDA	11 Benedita	3:10.86	350	5,00
50m: 41.71 41.71	100m: 1:29.54 47.83	150m: 2:19.89 50.35	200m: 3:10.86 50.97	
9. Anastasiya, PRYMACHENKO	11 Nucleo de Pombal	3:11.96	344	4,00
50m: 42.97 42.97	100m: 1:32.75 49.78	150m: 2:22.35 49.60	200m: 3:11.96 49.61	
10. Carolina Ferreira, FONSECA	07 Viegrense	3:14.24	332	3,00
50m: 41.02 41.02	100m: 1:29.98 48.96	150m: 2:21.68 51.70	200m: 3:14.24 52.56	

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Prova 17, Femin., 200m Bruços, ABSOLUTOS

Lugar	Ano	Tempo final	Pts	Ptos
11. Isabela Maria, CARREIRA	11 Uniao Juncalense	3:14.33	332	2,00
50m: 44.03 44.03 100m: 1:33.03 49.00 150m: 2:23.49 50.46 200m: 3:14.33 50.84				
12. Iris Santos, CANECO	09 Naval da Nazaré	3:52.06	195	1,00
50m: 51.94 51.94 100m: 1:51.02 59.08 150m: 2:51.59 1:00.57 200m: 3:52.06 1:00.47				
DSQ Ana Sofia, SILVA	13 Naval de Peniche			-
A nadadora tocou com uma mão na parede na viragem dos 175 metros.				
DNS Anastasia, STURZA	10 Uniao Juncalense			-
EXH Beatriz Marques, GASPAR	11 Nautico Marinha Grande	2:56.70	441	-
50m: 40.03 40.03 100m: 1:26.10 46.07 150m: 2:13.35 47.25 200m: 2:56.70 43.35				
EXH Luana Filipe, REIS	10 Alcobaca	3:00.44	414	-
50m: 40.33 40.33 100m: 1:26.55 46.22 150m: 2:13.67 47.12 200m: 3:00.44 46.77				
EXH Maria Leonor, FERREIRA	12 Óbidos	3:19.87	305	-
50m: 45.91 45.91 100m: 1:38.51 52.60 150m: 2:30.57 52.06 200m: 3:19.87 49.30				
EXH Sofia Guilherme, CABREIRA	13 Óbidos	3:26.63	276	-
50m: 48.23 48.23 100m: 1:41.01 52.78 150m: 2:34.54 53.53 200m: 3:26.63 52.09				
EXH Bruna Matos, FIALHO	08 Uniao Juncalense	3:28.93	267	-
50m: 45.40 45.40 100m: 1:39.93 54.53 150m: 2:34.54 54.61 200m: 3:28.93 54.39				
EXH Carminho Jose, LOPES	13 Benedita	3:30.27	262	-
50m: 48.65 48.65 100m: 1:42.24 53.59 150m: 2:35.78 53.54 200m: 3:30.27 54.49				
EXH Matilde Mamede, CECILIO	13 Naval de Peniche	3:39.88	229	-
50m: 49.82 49.82 100m: 1:45.93 56.11 150m: 2:43.78 57.85 200m: 3:39.88 56.10				
EXH Constanca Teopisto, CARVALHO	13 Alcobaca	3:39.94	229	-
50m: 50.42 50.42 100m: 1:46.96 56.54 150m: 2:43.72 56.76 200m: 3:39.94 56.22				
EXH Violeta Neves, SILVA	13 Nucleo de Pombal	3:40.89	226	-
50m: 50.52 50.52 100m: 1:47.15 56.63 150m: 2:44.38 57.23 200m: 3:40.89 56.51				
EXH Daniela Carvalho, FERREIRA	12 Nucleo de Pombal	3:45.26	213	-
50m: 51.36 51.36 100m: 1:49.09 57.73 150m: 2:48.44 59.35 200m: 3:45.26 56.82				

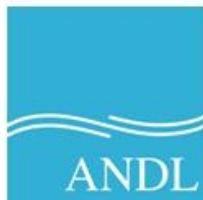


Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 18	Masc., 200m Bruços				ABSOLUTOS
14/06/2025 - 16:49					Resultados
Rec. Nac. Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec. Nac. SEN	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec. Nac. 18	2:08.01	Rafael Miguel, MIMOSO	SLB	Tomar	14/12/2024
Rec. Nac. 17	2:11.78	Rafael Miguel, MIMOSO	SLB	Leiria	09/12/2023
Rec. Nac. JUV A	2:15.14	Rafael Miguel, MIMOSO	SLB	Albufeira	12/11/2022
Rec. Nac. JUV B	2:18.99	Rafael Miguel, MIMOSO	SLB	Felgueiras	08/05/2022
Rec. Nac. INF A	2:29.20	Paulo Rodrigues, ALVES	CDN	Funchal	01/08/2018
Rec. Nac. INF B	2:37.57	Tomas Miguel, FREITAS	CDN	Funchal	13/07/2003

Pontos: AQUA 2024

Lugar	Ano								Tempo final		Pts	Ptos
1. Filipe Miguel, GOMES	97	CNLeiria - VOID							2:23.17	591	13,00	
50m: 32.33 32.33	100m: 1:08.49 36.16	150m: 1:45.13 36.64	200m: 2:23.17 38.04									
2. Antonio Antunes, JORGE	10	Alcobaca							2:24.48	575	11,00	
50m: 33.10 33.10	100m: 1:10.33 37.23	150m: 1:47.60 37.27	200m: 2:24.48 36.88									
3. Hugo Miguel, SANTOS	09	Pimpoes/Cimai							2:32.60	488	10,00	
50m: 34.20 34.20	100m: 1:12.27 38.07	150m: 1:51.61 39.34	200m: 2:32.60 40.99									
4. Afonso Ferreira, REIS	10	Nautico Marinha Grande							2:36.25	454	9,00	
50m: 33.86 33.86	100m: 1:13.62 39.76	150m: 1:54.88 41.26	200m: 2:36.25 41.37									
5. Diogo Coelho, JORDAO	08	Uniao Juncalense							2:37.17	446	8,00	
50m: 35.60 35.60	100m: 1:15.60 40.00	150m: 1:56.28 40.68	200m: 2:37.17 40.89									
6. Francisco Antonio, SIMOES	10	Ba-Leiria							2:47.23	370	7,00	
50m: 37.65 37.65	100m: 1:21.08 43.43	150m: 2:03.78 42.70	200m: 2:47.23 43.45									
7. Santiago Neves, SILVA	10	Nucleo de Pombal							2:55.93	318	6,00	
50m: 37.91 37.91	100m: 1:22.90 44.99	150m: 2:09.43 46.53	200m: 2:55.93 46.50									
8. Phelipe Mello, MARTINS	09	Vieirense							3:07.01	265	5,00	
50m: 41.54 41.54	100m: 1:29.17 47.63	150m: 2:19.25 50.08	200m: 3:07.01 47.76									
9. Bruno Garcia, MILITAO	11	Óbidos							3:15.74	231	4,00	
50m: 43.08 43.08	100m: 1:33.08 50.00	150m: 2:25.06 51.98	200m: 3:15.74 50.68									
DSQ Rafael Costa, ANTUNES	10	Naval de Peniche									-	
O atleta tocou com as mãos alternadas na parede, nas viragens dos 75, 125 e 175 metros.												
EXH Martim Duarte, ROQUE	11	CNLeiria - VOID							2:47.96	366	-	
50m: 38.72 38.72	100m: 1:21.61 42.89	150m: 2:04.75 43.14	200m: 2:47.96 43.21									
EXH Simao Sousa, JESUS	10	Nautico Marinha Grande							2:49.67	355	-	
50m: 37.63 37.63	100m: 1:21.19 43.56	150m: 2:05.69 44.50	200m: 2:49.67 43.98									
EXH Vladyslav, BABUSHKIN	09	Nautico Marinha Grande							2:56.56	315	-	
50m: 40.62 40.62	100m: 1:26.16 45.54	150m: 2:12.23 46.07	200m: 2:56.56 44.33									
EXH Rodrigo Oliveira, SANTOS	09	Alcobaca							2:56.97	313	-	
50m: 38.29 38.29	100m: 1:24.47 46.18	150m: 2:10.47 46.00	200m: 2:56.97 46.50									



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Prova 18, Masc., 200m Bruços

Lugar	Ano	Tempo final	Pts	Ptos
EXH Luis Pedro, VALERIO	09 Ba-Leiria	2:59.56	299	-
50m: 39.88 39.88	100m: 1:26.57 46.69	150m: 2:12.66 46.09	200m: 2:59.56 46.90	
EXH Tiago Daniel, POVOA	08 Uniao Juncalense	3:00.68	294	-
50m: 38.71 38.71	100m: 1:26.35 47.64	150m: 2:14.15 47.80	200m: 3:00.68 46.53	
EXH Tomas Vieira, FIGUEIREDO	12 Alcobaca	3:02.24	286	-
50m: 42.14 42.14	100m: 1:28.96 46.82	150m: 2:15.61 46.65	200m: 3:02.24 46.63	
EXH Francisco Enes, ALVES	10 Ba-Leiria	3:08.45	259	-
50m: 42.23 42.23	100m: 1:31.06 48.83	150m: 2:20.46 49.40	200m: 3:08.45 47.99	

Prova 19

Femin., 100m Mariposa

ABSOLUTOS

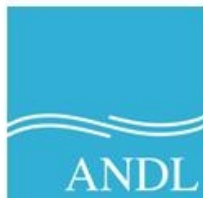
14/06/2025 - 17:00

Resultados

Rec. Nac. Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023
Rec. Nac. 19 +	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22/04/2023
Rec. Nac. 18	58.51	Mariana Pacheco, CUNHA	CNCE	Felgueiras	07/05/2022
Rec. Nac. 17	59.36	Mariana Pacheco, CUNHA	CNCE	Felgueiras	10/04/2021
Rec. Nac. 16	1:00.66	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	25/04/2021
Rec. Nac. JUV A	1:00.43	Carolina Miranda, FERNANDES	CGA	Mealhada	08/12/2019
Rec. Nac. JUV B	1:02.36	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018
Rec. Nac. INF A	1:02.30	Carolina Miranda, FERNANDES	CGA	Felgueiras	11/03/2018
Rec. Nac. INF B	1:05.51	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	06/05/2017

Pontos: AQUA 2024

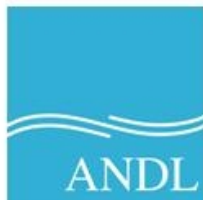
Lugar	Ano	Tempo final	Pts	Ptos
1. Giovanna Vaz, VARGAS	00 Nautico Marinha Grande	1:04.76	581	13,00
50m: 30.68 30.68	100m: 1:04.76 34.08			
2. Ines Mira, PINO	06 Pimpoes/Cimai	1:05.69	557	11,00
50m: 30.81 30.81	100m: 1:05.69 34.88			
3. Ana Claudia, FERREIRA	90 Alcobaca	1:06.14	545	10,00
50m: 31.16 31.16	100m: 1:06.14 34.98			
4. Beatriz Belo, CLARA	09 CNLeiria - VOID	1:06.98	525	9,00
50m: 31.22 31.22	100m: 1:06.98 35.76			
5. Francisca Ramos, NUNES	09 Naval de Peniche	1:12.45	415	8,00
50m: 32.89 32.89	100m: 1:12.45 39.56			
6. Isabela Lourenco, COSTA	11 Benedita	1:16.17	357	7,00
50m: 35.79 35.79	100m: 1:16.17 40.38			
7. Leonor Silva, MARTINS	10 Óbidos	1:16.20	356	6,00
50m: 35.08 35.08	100m: 1:16.20 41.12			
8. Constanca Rolim, PEDRO	10 Ba-Leiria	1:17.26	342	5,00
50m: 36.35 36.35	100m: 1:17.26 40.91			



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Prova 19, Femin., 100m Mariposa, ABSOLUTOS

Lugar	Ano	Tempo final	Pts	Ptos
9. Emiliana Arruda, SARAIVA 50m: 36.09 36.09	12 Vieirense 100m: 1:18.50 42.41	1:18.50	326	4,00
10. Dalila Leal, BERNARDINO 50m: 36.23 36.23	06 Nucleo de Pombal 100m: 1:21.60 45.37	1:21.60	290	3,00
11. Matilde Santos, COUTINHO 50m: 37.14 37.14	07 Naval da Nazaré 100m: 1:23.33 46.19	1:23.33	272	2,00
12. Erica Felix, RODRIGUES 50m: 38.55 38.55	11 Uniao Juncalense 100m: 1:24.70 46.15	1:24.70	259	1,00
DNS Zofie, PACHECO	09 Naval de Peniche			-
DNS Alice Lucas, COSTA	10 Uniao Juncalense			-
EXH Marta Cabete, GOMES 50m: 34.15 34.15	08 CNLeiria - VOID 100m: 1:14.87 40.72	1:14.87	376	-
EXH Carminho Traquina, ANDRE 50m: 36.59 36.59	12 Alcobaca 100m: 1:20.30 43.71	1:20.30	304	-
EXH Anjali, RAICAR 50m: 35.20 35.20	09 Naval de Peniche 100m: 1:21.63 46.43	1:21.63	290	-
EXH Maria Ines, GOMES 50m: 40.29 40.29	12 Nucleo de Pombal 100m: 1:29.72 49.43	1:29.72	218	-
EXH Yara Nunes, MARCELINO 50m: 41.85 41.85	11 Nucleo de Pombal 100m: 1:32.86 51.01	1:32.86	197	-
EXH Sara Machado, JANUARIO 50m: 43.36 43.36	13 Alcobaca 100m: 1:35.42 52.06	1:35.42	181	-
EXH Carlota Maria, CATARINO 50m: 41.75 41.75	11 Benedita 100m: 1:37.53 55.78	1:37.53	170	-

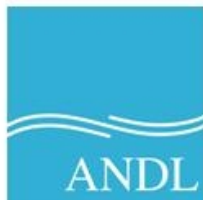


Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 20	Masc., 100m Mariposa					ABSOLUTOS
14/06/2025 - 17:08						Resultados
Rec. Nac. Open	50.12	Diogo Matos, RIBEIRO	SLB	Tomar		14/12/2024
Rec. Nac. SEN	50.12	Diogo Matos, RIBEIRO	SLB	Tomar		24/12/2024
Rec. Nac. 18	52.87	Diogo Matos, RIBEIRO	SLB	Leiria		27/11/2021
Rec. Nac. 17	53.97	Tiago Andre, VENANCIO	CNS	Alapraia		15/02/2004
Rec. Nac. JUV A	55.48	Duarte Santos, FERREIRA	FCP	Porto		21/07/2024
Rec. Nac. JUV B	56.68	Diogo Matos, RIBEIRO	CUC	Lousã		23/06/2019
Rec. Nac. INF A	59.56	Fabio Parrilha da, SILVA	CNAL	Leiria		07/04/2001
Rec. Nac. INF B	1:01.78	Fabio Parrilha da, SILVA	CNAL	Penafiel		01/04/2000

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts	Ptos
1. Francisco Ribeiro, VIEIRA	04	CNLeiria - VOID	53.15	726	13,00
50m: 24.11 24.11	100m: 53.15 29.04				
2. Miguel Vicente, SILVA	02	Nautico Marinha Grande	56.87	593	11,00
50m: 25.94 25.94	100m: 56.87 30.93				
3. Luca Valentino, TONA	06	Pimpoes/Cimai	57.63	569	10,00
50m: 26.58 26.58	100m: 57.63 31.05				
4. Francisco Xavier, RITA	07	Vieirense	59.77	510	9,00
50m: 27.78 27.78	100m: 59.77 31.99				
5. Tiago Santos, POMBO	08	Alcobaca	1:01.21	475	8,00
50m: 28.76 28.76	100m: 1:01.21 32.45				
6. Santiago Marques, GOMES	09	Ba-Leiria	1:01.24	474	7,00
50m: 28.20 28.20	100m: 1:01.24 33.04				
7. Afonso Matos, CORREIA	09	Nucleo de Pombal	1:08.95	332	6,00
50m: 30.65 30.65	100m: 1:08.95 38.30				
8. Brock Ammon, MERRELL	10	Naval de Peniche	1:11.48	298	5,00
50m: 31.97 31.97	100m: 1:11.48 39.51				
9. Simao Pedro, MARQUES	11	Uniao Juncalense	1:18.81	222	4,00
50m: 35.00 35.00	100m: 1:18.81 43.81				
10. Gabriel Sousa, GOMES	12	Óbidos	1:28.14	159	3,00
50m: 42.37 42.37	100m: 1:28.14 45.77				
EXH Sebastian Fabricio, VILLACIS	01	CNLeiria - VOID	59.05	529	-
50m: 27.92 27.92	100m: 59.05 31.13				
EXH Henrique Martins, JOAQUIM	09	CNLeiria - VOID	59.50	517	-
50m: 27.79 27.79	100m: 59.50 31.71				
EXH Martim Alexandre, MESQUITA	09	Nautico Marinha Grande	1:02.37	449	-
50m: 28.67 28.67	100m: 1:02.37 33.70				
EXH Lucas Silva, SANTOS	07	Pimpoes/Cimai	1:03.61	423	-
50m: 28.74 28.74	100m: 1:03.61 34.87				



Taça ANDL "João da Silva Abreu" - CDClubes 2025
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Prova 20, Masc., 100m Mariposa

Lugar	Ano	Tempo final	Pts	Ptos
EXH Guilherme Rodrigues, CABRAL 50m: 29.61 29.61 100m: 1:04.12 34.51	10 Pimpoes/Cimai	1:04.12	413	-
EXH Joao Piteira, GAIOLAS 50m: 30.84 30.84 100m: 1:06.05 35.21	10 Nautico Marinha Grande	1:06.05	378	-
EXH Andre Guilherme, CORDEIRO 50m: 35.08 35.08 100m: 1:17.74 42.66	09 Naval de Peniche	1:17.74	232	-
EXH Joao Pedro, CRUZ 50m: 41.27 41.27 100m: 1:30.23 48.96	11 Naval de Peniche	1:30.23	148	-
EXH Gabriel Marques, CARREIRA 50m: 46.96 46.96 100m: 1:41.07 54.11	11 Uniao Juncalense	1:41.07	105	-

Prova 21

Femin., 4 x 100m Livres

ABSOLUTOS

14/06/2025 - 17:26

Resultados

Rec. Nac. Open	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04/12/2010
Rec. Nac. 19 +	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04/12/2010
Rec. Nac. 16 - 18	3:52.24	Clube dos Galitos / Bresimar	CGA	Leiria	28/11/2021
Rec. Nac. JUV A	4:00.53	Clube dos Galitos / Bresimar	CGA	Mealhada	08/12/2019
Rec. Nac. JUV	4:00.53	Clube dos Galitos / Bresimar	CGA	Mealhada	08/12/2019
Rec. Nac. JUV B	4:05.21	Clube dos Galitos / Bresimar	CGA	Estarreja	10/06/2019
Rec. Nac. INF A	4:13.11	Clube dos Galitos / Bresimar	CGA	Felgueiras	11/03/2018
Rec. Nac. 12 - 13	4:13.11	Clube dos Galitos / Bresimar	CGA	Felgueiras	11/03/2018
Rec. Nac. INF B	4:23.50	Clube Galitos de Aveiro	CGA	Mealhada	21/05/2017

Pontos: AQUA 2024

Lugar	Tempo final	Pts	Ptos
1. CNLeiria - VOID 1 Leonor Vendima, COELHO Beatriz Belo, CLARA	4:05.59 10 30.73 05 27.94	585 1:05.11 59.23	13,00
2. Pimpoes/Cimai 1 Joana Silva, ALVES Diana Isabel, ALVES	4:06.63 11 29.44 06 28.41	577 1:01.38 59.81	11,00
3. Nautico Marinha Grande 1 Luana Ferreira, CRAVEIRO Leonor Mota, ALVES	4:11.90 10 31.16 00 29.89	542 1:04.63 1:02.42	10,00
4. Alcobaca 1 Constanca Baptista, TOMAS Ana Francisca, SILVA	4:16.23 11 30.18 90 30.15	515 1:03.83 1:03.00	9,00
5. Ba-Leiria 1 Vida Sofia, VELEZ Ana Margarida, MARQUES	4:27.50 10 32.05 10 30.03	452 1:07.11 1:04.37	8,00

Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 21, Femin., 4 x 100m Livres, ABSOLUTOS

Lugar					Tempo final	Pts	Ptos
6.	Vieirense 1		Vieirense		4:28.98	445	7,00
	Diana Rita, FONSECA	08	31.84	1:07.68	00	30.37	1:04.84
	Leonor Caetano, MOREIRA	06	31.44	1:08.41	07	32.24	1:08.05
7.	Benedita 1		Benedita		4:30.37	438	6,00
	Cristiana Henriques, ALMEIDA	11	34.00	1:10.85	09	31.60	1:05.44
	Isabela Lourenco, COSTA	11	33.69	1:09.98	98	30.16	1:04.10
8.	Nucleo de Pombal 1		Nucleo de Pombal		4:37.43	406	5,00
	Luna Francisco, PEREIRA	12	33.98	1:10.98	11	32.91	1:08.50
	Dalila Leal, BERNARDINO	06	33.59	1:11.76	11	31.31	1:06.19
9.	Óbidos 1		Óbidos		4:43.78	379	4,00
	Elisa Henriques, SOUTO	10	33.78	1:09.16	12	37.08	1:19.83
	Leonor Pereira, SILVA	10	31.60	1:06.16	10	32.91	1:08.63
10.	Uniao Juncalense 1		Uniao Juncalense		4:50.44	353	3,00
	Margarida Lopes, RODRIGUES	11	33.83	1:10.63	11	34.06	1:11.09
	Bruna Matos, FIALHO	08	35.93	1:16.52	07	32.78	1:12.20
11.	Naval da Nazaré 1		Naval da Nazaré		5:18.58	268	2,00
	Constancia Santos, COUTINHO	12	34.01	1:13.80	09	40.78	1:29.50
	Joana Margarida, LOUREIRO	86	38.61	1:23.88	07	31.44	1:11.40

Prova 22

Masc., 4 x 100m Livres

ABSOLUTOS

14/06/2025 - 17:38

Resultados

Rec. Nac. Open	3:12.55	Sport Lisboa e Benfica	SLB	Tomar	15/12/2024
Rec. Nac. SEN	3:12.55	Sport Lisboa e Benfica	SLB	Tomar	15/12/2024
Rec. Nac. JUN	3:27.52	Sport Lisboa e Benfica	SLB	Leiria	10/12/2023
Rec. Nac. JUV A	3:34.94	Clube Naval do Funchal	CNF	Funchal	11/07/2014
Rec. Nac. JUV	3:34.94	Clube Naval do Funchal	CNF	Funchal	11/07/2014
Rec. Nac. JUV B	3:42.17	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Leiria	22/06/2019
Rec. Nac. INF A	3:48.35	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Cantanhede	29/03/2014
Rec. Nac. 13 - 14	3:48.35	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Cantanhede	29/03/2014
Rec. Nac. INF B	4:05.06	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Vila Praia Ancora	28/06/2013

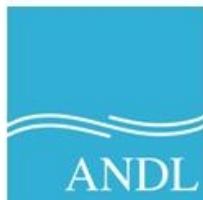
Pontos: AQUA 2024

Lugar					Tempo final	Pts	Ptos
1.	CNLeiria - VOID 1		CNLeiria - VOID		3:27.48	683	13,00
	Rodolfo Junior, ALECRIM	10	24.87	51.55	09	24.66	52.40
	Ivan Alonso, CRUZ	04	25.16	52.99	04	24.03	50.54
2.	Pimpoes/Cimai 1		Pimpoes/Cimai		3:31.92	641	11,00
	Santiago Agostinho, PARREIRA	09	24.52	51.48	08	24.93	52.25
	Guilherme Costa, REBELO	10	26.14	55.20	06	25.04	52.99
3.	Nautico Marinha Grande 1		Nautico Marinha Grande		3:37.88	590	10,00
	Guilherme Meireles, MARRAZES	09	26.60	54.78	09	25.71	54.42
	David Ferreira, RELVAS	03	25.96	54.76	02	24.58	53.92

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Prova 22, Masc., 4 x 100m Livres, ABSOLUTOS

Lugar						Tempo final	Pts	Ptos
4. Viegrense 1			Viegrense			3:44.17	541	9,00
	Santiago Boica, SOUSA	08	27.73	57.61	Nuno Goncalo, SANTOS	96	25.94	54.83
	Lucas Ferreira, GASPAR	10	27.23	57.76	Francisco Xavier, RITA	07	25.69	53.97
5. Alcobaca 1			Alcobaca			3:44.38	540	8,00
	Antonio Antunes, JORGE	10	27.75	57.35	Tiago Santos, POMBO	08	26.79	56.42
	Rodrigo Cardoso, TOMAS	10	27.81	57.26	Leonardo Jose, CRUZ	07	25.33	53.35
6. Ba-Leiria 2			Ba-Leiria			3:45.11	535	7,00
	Tomas Pascoal, FERREIRA	09	26.01	54.21	Santiago Marques, GOMES	09	27.24	57.32
	Dinis Lamas, SANTOS	10	27.99	59.20	David Xavier, ALMEIDA	10	25.73	54.38
7. Uniao Juncalense 1			Uniao Juncalense			4:01.12	435	6,00
	Samuel Jorge, BELO	98	27.46	57.32	Gabriel Santiago, FERREIRA	09	29.06	1:01.02
	Tiago Daniel, POVOA	08	30.00	1:05.50	Diogo Coelho, JORDAO	08	27.18	57.28
8. Nucleo de Pombal 1			Nucleo de Pombal			4:30.26	309	5,00
	Eduardo Manuel, FERREIRA	12	35.71	1:13.89	Santiago Neves, SILVA	10	31.55	1:08.70
	Afonso Nunes, MARCELINO	08	32.46	1:07.06	Afonso Matos, CORREIA	09	29.02	1:00.61
9. Óbidos 1			Óbidos			4:49.86	250	4,00
	Francisco Costa, VALENTIM	11	31.21	1:05.70	Bruno Garcia, MILITAO	11	33.31	1:11.14
	Gabriel Sousa, GOMES	12	39.84	1:21.15	Eduardo Martim, CARMO	11	33.69	1:11.87



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3 - 2ª Jornada - Sessão única (manhã)

15/06/2025 - 9:00

Prova 23	Femin., 400m Livres					ABSOLUTOS
15/06/2025 - 9:00						Resultados
Rec. Nac. Open	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)		10/12/2023
Rec. Nac. 19 +	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)		10/12/2023
Rec. Nac. 18	4:11.18	Francisca Soares, MARTINS	FOCA	Mealhada		14/11/2020
Rec. Nac. 17	4:10.52	Tamila Hryhorivna, HOLUB	SCB	Porto		12/12/2015
Rec. Nac. 16	4:13.53	Ana Reis, SOUSA	CNLA	Porto		09/12/2017
Rec. Nac. JUV A	4:18.39	Ana Cláudia, SANTOS	SFUAP	Cantanhede		20/12/2004
Rec. Nac. JUV B	4:23.08	Susana Patrícia, MIGUEL	SFUAP	Alhandra		15/05/2004
Rec. Nac. INF A	4:25.30	Alexandra Maria, SILVA	FCP	Porto		19/07/1980
Rec. Nac. INF B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça		13/06/2009

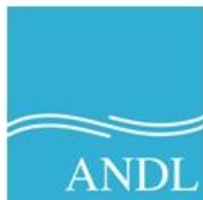
Pontos: AQUA 2024

Lugar	Ano			Tempo final		Pts	Ptos
1. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande		4:32.36	612		13,00
50m: 30.37 30.37	150m: 1:38.61 34.97	250m: 2:49.37 34.98	350m: 3:59.08 34.62				
100m: 1:03.64 33.27	200m: 2:14.39 35.78	300m: 3:24.46 35.09	400m: 4:32.36 33.28				
2. Matilde Violante, VIANA	07	CNLeiria - VOID		4:32.42	612		11,00
50m: 30.82 30.82	150m: 1:38.61 34.44	250m: 2:48.75 35.36	350m: 3:59.16 35.17				
100m: 1:04.17 33.35	200m: 2:13.39 34.78	300m: 3:23.99 35.24	400m: 4:32.42 33.26				
3. Constanca Baptista, TOMAS	09	Alcobaca		4:40.79	558		10,00
50m: 30.87 30.87	150m: 1:41.12 35.73	250m: 2:53.73 36.44	350m: 4:06.04 36.13				
100m: 1:05.39 34.52	200m: 2:17.29 36.17	300m: 3:29.91 36.18	400m: 4:40.79 34.75				
4. Joana Silva, ALVES	05	Pimpoes/Cimai		4:49.06	512		9,00
50m: 32.81 32.81	150m: 1:44.91 36.49	250m: 2:58.56 36.83	350m: 4:12.21 36.57				
100m: 1:08.42 35.61	200m: 2:21.73 36.82	300m: 3:35.64 37.08	400m: 4:49.06 36.85				
5. Carlota Sa, SANTOS	11	Nucleo de Pombal		4:59.63	460		8,00
50m: 34.37 34.37	150m: 1:48.06 37.29	250m: 3:04.43 38.22	350m: 4:22.16 38.74				
100m: 1:10.77 36.40	200m: 2:26.21 38.15	300m: 3:43.42 38.99	400m: 4:59.63 37.47				
6. Maria Carolina, ALVES	10	Ba-Leiria		5:02.43	447		7,00
50m: 33.08 33.08	150m: 1:46.98 37.40	250m: 3:04.05 38.36	350m: 4:23.52 39.98				
100m: 1:09.58 36.50	200m: 2:25.69 38.71	300m: 3:43.54 39.49	400m: 5:02.43 38.91				
7. Teresa Maria, LOPES	09	Benedita		5:02.84	445		6,00
50m: 33.45 33.45	150m: 1:46.44 37.15	250m: 3:04.11 39.00	350m: 4:23.80 39.99				
100m: 1:09.29 35.84	200m: 2:25.11 38.67	300m: 3:43.81 39.70	400m: 5:02.84 39.04				
8. Leonor Caetano, MOREIRA	06	Vieirense		5:25.27	359		5,00
50m: 34.18 34.18	150m: 1:54.76 41.29	250m: 3:17.78 41.49	350m: 4:43.13 42.91				
100m: 1:13.47 39.29	200m: 2:36.29 41.53	300m: 4:00.22 42.44	400m: 5:25.27 42.14				
9. Margarida Lopes, RODRIGUES	11	Uniao Juncalense		5:32.88	335		4,00
50m: 36.65 36.65	150m: 2:00.06 42.17	250m: 3:25.13 42.02	350m: 4:50.42 42.09				
100m: 1:17.89 41.24	200m: 2:43.11 43.05	300m: 4:08.33 43.20	400m: 5:32.88 42.46				

Taça ANDL "João da Silva Abreu" - CDClubes 2025
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Prova 23, Femin., 400m Livres, ABSOLUTOS

Lugar	Ano	Tempo final	Pts	Ptos
10. Kelly Simao, COSTA	11 Óbidos	5:57.06	271	3,00
50m: 37.45 37.45	150m: 2:07.54 45.46	250m: 3:39.82 46.72	350m: 5:12.79 45.97	
100m: 1:22.08 44.63	200m: 2:53.10 45.56	300m: 4:26.82 47.00	400m: 5:57.06 44.27	
11. Iris Santos, CANECO	09 Naval da Nazaré	6:54.27	174	2,00
50m: 46.17 46.17	150m: 2:32.92 53.94	250m: 4:20.13 54.11	350m: 6:06.13 52.62	
100m: 1:38.98 52.81	200m: 3:26.02 53.10	300m: 5:13.51 53.38	400m: 6:54.27 48.14	
DNS Bianca Balbino, MENDES	10 Naval de Peniche			-
EXH Laura Samora, GONCALVES	10 CNLeiria - VOID	5:03.31	443	-
50m: 35.36 35.36	150m: 1:53.06 38.89	250m: 3:10.84 38.86	350m: 4:27.98 38.37	
100m: 1:14.17 38.81	200m: 2:31.98 38.92	300m: 3:49.61 38.77	400m: 5:03.31 35.33	
EXH Carolina Silva, CASTANHEIRA	11 CNLeiria - VOID	5:03.96	440	-
50m: 34.31 34.31	150m: 1:50.58 38.75	250m: 3:08.91 38.97	350m: 4:27.08 38.88	
100m: 1:11.83 37.52	200m: 2:29.94 39.36	300m: 3:48.20 39.29	400m: 5:03.96 36.88	
EXH Margarida Soares, MAIA	11 Nautico Marinha Grande	5:10.88	411	-
50m: 35.11 35.11	150m: 1:54.30 40.22	250m: 3:14.46 40.43	350m: 4:33.66 39.58	
100m: 1:14.08 38.97	200m: 2:34.03 39.73	300m: 3:54.08 39.62	400m: 5:10.88 37.22	
EXH Erica Felix, RODRIGUES	11 Uniao Juncalense	5:31.51	339	-
50m: 35.61 35.61	150m: 1:58.46 42.70	250m: 3:24.49 43.24	350m: 4:50.47 43.03	
100m: 1:15.76 40.15	200m: 2:41.25 42.79	300m: 4:07.44 42.95	400m: 5:31.51 41.04	
EXH Mariana Sousa, OLIVEIRA	10 Alcobaca	5:33.44	333	-
50m: 36.43 36.43	150m: 2:00.86 42.93	250m: 3:28.32 43.76	350m: 4:54.42 43.07	
100m: 1:17.93 41.50	200m: 2:44.56 43.70	300m: 4:11.35 43.03	400m: 5:33.44 39.02	
EXH Maria Joao, OLIVEIRA	13 Alcobaca	5:45.15	300	-
50m: 38.19 38.19	150m: 2:05.37 44.25	250m: 3:33.89 44.51	350m: 5:03.13 44.28	
100m: 1:21.12 42.93	200m: 2:49.38 44.01	300m: 4:18.85 44.96	400m: 5:45.15 42.02	
EXH Beatriz Morgado, SILVA	11 Benedita	5:50.87	286	-
50m: 39.97 39.97	150m: 2:08.64 44.96	250m: 3:38.83 44.87	350m: 5:08.83 44.66	
100m: 1:23.68 43.71	200m: 2:53.96 45.32	300m: 4:24.17 45.34	400m: 5:50.87 42.04	
EXH Elisa Rodrigues, SIMOES	13 Benedita	5:55.77	274	-
50m: 39.35 39.35	150m: 2:07.86 45.27	250m: 3:39.03 45.24	350m: 5:11.67 46.26	
100m: 1:22.59 43.24	200m: 2:53.79 45.93	300m: 4:25.41 46.38	400m: 5:55.77 44.10	
EXH Rita Alexandra, JORDAO	12 Uniao Juncalense	5:57.00	271	-
50m: 39.98 39.98	150m: 2:09.73 46.08	250m: 3:41.57 46.44	350m: 5:13.96 45.81	
100m: 1:23.65 43.67	200m: 2:55.13 45.40	300m: 4:28.15 46.58	400m: 5:57.00 43.04	



Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 24

Masc., 400m Livres

ABSOLUTOS

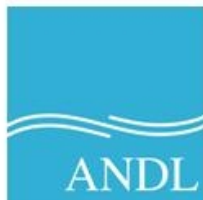
15/06/2025 - 9:25

Resultados

Rec. Nac. Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec. Nac. SEN	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec. Nac. 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26/06/2004
Rec. Nac. 17	3:52.60	Rui Silva, PEREIRA	ADRCIMM	Tomar	14/12/2024
Rec. Nac. JUV A	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	17/12/2023
Rec. Nac. JUV B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15/01/2023
Rec. Nac. INF A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014
Rec. Nac. INF B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04/04/2003

Pontos: AQUA 2024

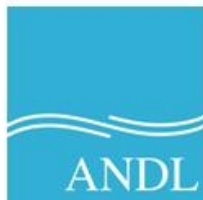
Lugar	Ano	Tempo final	Pts	Ptos
1. Santiago Agostinho, PARREIRA	09 Pimpoes/Cimai	4:06.57	637	13,00
50m: 28.68 28.68	150m: 1:31.70 31.22	250m: 2:35.26 31.40	350m: 3:36.35 30.05	
100m: 1:00.48 31.80	200m: 2:03.86 32.16	300m: 3:06.30 31.04	400m: 4:06.57 30.22	
2. Paulo, KOT	09 Nautico Marinha Grande	4:10.24	610	11,00
50m: 27.48 27.48	150m: 1:30.10 32.02	250m: 2:34.90 32.56	350m: 3:38.96 31.88	
100m: 58.08 30.60	200m: 2:02.34 32.24	300m: 3:07.08 32.18	400m: 4:10.24 31.28	
3. Rodolfo Junior, ALECRIM	10 CNLeiria - VOID	4:14.81	577	10,00
50m: 27.17 27.17	150m: 1:29.93 31.84	250m: 2:34.80 32.62	350m: 3:41.25 33.36	
100m: 58.09 30.92	200m: 2:02.18 32.25	300m: 3:07.89 33.09	400m: 4:14.81 33.56	
4. Tiago Santos, POMBO	08 Alcobaca	4:19.08	549	9,00
50m: 28.16 28.16	150m: 1:34.38 33.69	250m: 2:41.54 33.00	350m: 3:48.21 32.81	
100m: 1:00.69 32.53	200m: 2:08.54 34.16	300m: 3:15.40 33.86	400m: 4:19.08 30.87	
5. Santiago Boica, SOUSA	08 Viegrense	4:21.85	532	8,00
50m: 29.36 29.36	150m: 1:34.81 33.71	250m: 2:41.86 33.32	350m: 3:49.44 33.32	
100m: 1:01.10 31.74	200m: 2:08.54 33.73	300m: 3:16.12 34.26	400m: 4:21.85 32.41	
6. Dinis Lamas, SANTOS	10 Ba-Leiria	4:42.64	423	7,00
50m: 30.59 30.59	150m: 1:42.81 36.64	250m: 2:55.99 36.48	400m: 4:42.64 1:10.41	
100m: 1:06.17 35.58	200m: 2:19.51 36.70	300m: 3:32.23 36.24		
7. Gabriel Santiago, FERREIRA	09 Uniao Juncalense	5:01.13	350	6,00
50m: 31.54 31.54	150m: 1:44.55 37.23	250m: 3:02.33 39.39	350m: 4:22.32 40.01	
100m: 1:07.32 35.78	200m: 2:22.94 38.39	300m: 3:42.31 39.98	400m: 5:01.13 38.81	
8. Francisco Costa, VALENTIM	11 Óbidos	5:02.20	346	5,00
50m: 33.79 33.79	150m: 1:49.78 38.44	250m: 3:07.60 39.06	350m: 4:25.61 38.94	
100m: 1:11.34 37.55	200m: 2:28.54 38.76	300m: 3:46.67 39.07	400m: 5:02.20 36.59	
9. Sebastian, PACHECO	12 Naval de Peniche	5:05.64	334	4,00
50m: 33.77 33.77	150m: 1:49.48 38.58	250m: 3:08.29 39.29	350m: 4:28.27 39.67	
100m: 1:10.90 37.13	200m: 2:29.00 39.52	300m: 3:48.60 40.31	400m: 5:05.64 37.37	
10. Andre Pedro, FERREIRA	06 Nucleo de Pombal	5:16.01	302	3,00
50m: 34.82 34.82	150m: 1:51.30 38.94	250m: 3:12.11 40.96	350m: 4:36.17 42.35	
100m: 1:12.36 37.54	200m: 2:31.15 39.85	300m: 3:53.82 41.71	400m: 5:16.01 39.84	
DNS Francisco Lourenco, PEDROSA	10 Nautico Marinha Grande			-



Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 24, Masc., 400m Livres

Lugar				Ano					Tempo final	Pts	Ptos	
EXH	Ivan Alonso, CRUZ			04	CNLeiria - VOID				4:21.64	533	-	
	50m:	28.81	28.81	150m:	1:32.74	32.42	250m:	2:39.13	33.62	350m:	3:47.22	34.14
	100m:	1:00.32	31.51	200m:	2:05.51	32.77	300m:	3:13.08	33.95	400m:	4:21.64	34.42
EXH	Rodrigo Santos, COUTINHO			08	Pimpoes/Cimai				4:29.17	490	-	
	50m:	30.06	30.06	150m:	1:38.52	34.76	250m:	2:47.74	34.52	350m:	3:56.74	34.25
	100m:	1:03.76	33.70	200m:	2:13.22	34.70	300m:	3:22.49	34.75	400m:	4:29.17	32.43
EXH	Tomas Manuel, PALMEIRO			10	Nautico Marinha Grande				4:30.06	485	-	
	50m:	29.90	29.90	150m:	1:37.41	34.34	250m:	2:47.07	34.77	350m:	3:57.03	34.79
	100m:	1:03.07	33.17	200m:	2:12.30	34.89	300m:	3:22.24	35.17	400m:	4:30.06	33.03
EXH	Santiago Jose, PACHECO			09	Alcobaca				4:33.83	465	-	
	50m:	29.88	29.88	150m:	1:39.21	35.19	250m:	2:49.85	35.49	350m:	4:00.11	35.03
	100m:	1:04.02	34.14	200m:	2:14.36	35.15	300m:	3:25.08	35.23	400m:	4:33.83	33.72
EXH	Jose Januario, MARQUES			07	Pimpoes/Cimai				4:39.78	436	-	
	50m:	31.21	31.21	150m:	1:40.95	35.07	250m:	2:52.45	35.77	350m:	4:04.79	36.20
	100m:	1:05.88	34.67	200m:	2:16.68	35.73	300m:	3:28.59	36.14	400m:	4:39.78	34.99
EXH	Luis Pedro, VALERIO			09	Ba-Leiria				4:45.15	412	-	
	50m:	31.42	31.42	150m:	1:41.99	35.69	250m:	2:55.36	36.65	350m:	4:09.31	37.48
	100m:	1:06.30	34.88	200m:	2:18.71	36.72	300m:	3:31.83	36.47	400m:	4:45.15	35.84
EXH	Francisco Antonio, SIMOES			10	Ba-Leiria				5:04.72	337	-	
	50m:	34.39	34.39	150m:	1:49.90	38.29	250m:	3:07.80	38.78	350m:	4:24.57	37.88
	100m:	1:11.61	37.22	200m:	2:29.02	39.12	300m:	3:46.69	38.89	400m:	5:04.72	40.15
EXH	Andre Filipe, FERNANDES			07	Alcobaca				5:34.93	254	-	
	50m:	35.11	35.11	150m:	2:01.66	44.71	250m:	3:27.66	42.62	350m:	4:54.99	43.31
	100m:	1:16.95	41.84	200m:	2:45.04	43.38	300m:	4:11.68	44.02	400m:	5:34.93	39.94
EXH	Artem, STRIELKOV			11	Uniao Juncalense				8:02.24	85	-	
	50m:	46.68	46.68	150m:	2:39.06	58.12	250m:	4:41.72	1:02.35	350m:	6:42.19	56.39
	100m:	1:40.94	54.26	200m:	3:39.37	1:00.31	300m:	5:45.80	1:04.08	400m:	8:02.24	1:20.05
EXH	Valerii, STRIELKOV			12	Uniao Juncalense				8:57.57	61	-	
	50m:	51.22	51.22	150m:	3:02.81	1:09.08	250m:	5:25.91	1:11.73	350m:	7:49.09	1:11.17
	100m:	1:53.73	1:02.51	200m:	4:14.18	1:11.37	300m:	6:37.92	1:12.01	400m:	8:57.57	1:08.48

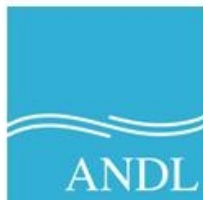


Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 25	Femin., 100m Bruços				ABSOLUTOS
15/06/2025 - 9:50					Resultados
Rec. Nac. Open	1:06.73	Ana Pinho, RODRIGUES	EDV	Felgueiras	14/04/2024
Rec. Nac. 19 +	1:06.73	Ana Pinho, RODRIGUES	EDV	Felgueiras	14/04/2024
Rec. Nac. 18	1:07.37	Raquel Gomes, PEREIRA	SAD	Porto	08/12/2017
Rec. Nac. 17	1:08.02	Raquel Gomes, PEREIRA	SAD	Funchal	09/12/2016
Rec. Nac. 16	1:08.85	Ana Pinho, RODRIGUES	AEJ	Ponte de Sôr	13/12/2009
Rec. Nac. JUV A	1:09.59	Diana Duarte, GOMES	ABVE	Tomar	13/03/2004
Rec. Nac. JUV B	1:11.76	Diana Duarte, GOMES	ABVE	Reboleira	28/06/2003
Rec. Nac. INF A	1:13.43	Raquel Gomes, PEREIRA	SANL	Abrantes	13/04/2013
Rec. Nac. INF B	1:17.79	Mariana Ferrinha, CUNHA	AAC	Coimbra	19/03/1995

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts	Ptos
1. Joana Rosa, FERREIRA	05	CNLeiria - VOID	1:15.15	571	13,00
50m: 34.92 34.92	100m: 1:15.15 40.23				
2. Rita Rocha, SILVA	08	Alcobaca	1:17.73	516	11,00
50m: 36.23 36.23	100m: 1:17.73 41.50				
3. Margarida Correia, MADEIRA	06	Nautico Marinha Grande	1:17.83	514	10,00
50m: 36.87 36.87	100m: 1:17.83 40.96				
4. Rafaela Santos, AFONSO	10	Naval de Peniche	1:19.78	477	9,00
50m: 36.56 36.56	100m: 1:19.78 43.22				
5. Carolina Lourenco, MATOS	98	Benedita	1:19.94	474	8,00
50m: 36.91 36.91	100m: 1:19.94 43.03				
6. Leonor Pereira, SILVA	10	Óbidos	1:20.19	470	7,00
50m: 37.55 37.55	100m: 1:20.19 42.64				
7. Camila Silva, CHAMUSCO	08	Pimpoes/Cimai	1:20.41	466	6,00
50m: 37.10 37.10	100m: 1:20.41 43.31				
8. Maria Saraiva, RUIVACO	00	Vieirense	1:21.82	442	5,00
50m: 37.78 37.78	100m: 1:21.82 44.04				
9. Vida Sofia, VELEZ	10	Ba-Leiria	1:24.65	399	4,00
50m: 39.52 39.52	100m: 1:24.65 45.13				
10. Anastasiya, PRYMACHENKO	11	Nucleo de Pombal	1:28.66	347	3,00
50m: 41.57 41.57	100m: 1:28.66 47.09				
11. Isabela Maria, CARREIRA	11	Uniao Juncalense	1:29.44	338	2,00
50m: 41.33 41.33	100m: 1:29.44 48.11				
12. Nair Esperanca, SANTOS	13	Naval da Nazaré	2:26.56	77	1,00
50m: 1:07.64 1:07.64	100m: 2:26.56 1:18.92				
DNS Mariana Santos, AFONSO	10	Naval de Peniche			-
DNS Carolina Matos, CORREIA	12	Nucleo de Pombal			-
EXH Beatriz Marques, GASPAS	11	Nautico Marinha Grande	1:20.89	458	-
50m: 37.68 37.68	100m: 1:20.89 43.21				



Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 25, Femin., 100m Bruços

Lugar	Ano	Tempo final	Pts	Ptos
EXH Maria Santos, FONSECA	11 CNLeiria - VOID	1:23.26	420	-
50m: 38.47 38.47	100m: 1:23.26 44.79			
EXH Luana Filipe, REIS	10 Alcobaca	1:25.92	382	-
50m: 40.57 40.57	100m: 1:25.92 45.35			
EXH Maria Leonor, FERREIRA	12 Óbidos	1:38.16	256	-
50m: 46.75 46.75	100m: 1:38.16 51.41			
EXH Alice Lucas, COSTA	10 Uniao Juncalense	1:38.99	250	-
50m: 46.76 46.76	100m: 1:38.99 52.23			
EXH Matilde Vitorino, FERREIRA	11 Naval de Peniche	1:43.71	217	-
50m: 47.79 47.79	100m: 1:43.71 55.92			
EXH Constanca Teopisto, CARVALHO	13 Alcobaca	1:45.49	206	-
50m: 51.08 51.08	100m: 1:45.49 54.41			
EXH Maria Lopes, ESPERANCA	11 Uniao Juncalense	1:50.60	179	-
50m: 51.59 51.59	100m: 1:50.60 59.01			

Prova 26

Masc., 100m Bruços

ABSOLUTOS

15/06/2025 - 9:58

Resultados

Rec. Nac. Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012
Rec. Nac. SEN	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22/11/2012
Rec. Nac. 18	1:00.28	Rafael Miguel, MIMOSO	SLB	Tomar	13/12/2024
Rec. Nac. 17	1:01.63	Rafael Miguel, MIMOSO	SLB	Leiria	08/12/2023
Rec. Nac. JUV A	1:03.25	Ricardo Samuel, PEREIRA	SLB	Algés	13/07/2019
Rec. Nac. JUV B	1:04.20	Rafael Miguel, MIMOSO	SLB	Algés	16/06/2022
Rec. Nac. INF A	1:07.92	Andre Goncalo, SANTOS	LSC	Viseu	12/03/2011
Rec. Nac. INF B	1:09.54	Andre Goncalo, SANTOS	LSC	Lousada	15/05/2010

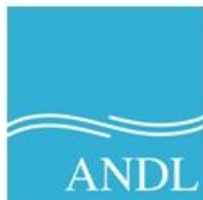
Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts	Ptos
1. Filipe Miguel, GOMES	97 CNLeiria - VOID	1:05.59	598	13,00
50m: 30.34 30.34	100m: 1:05.59 35.25			
2. Antonio Antunes, JORGE	10 Alcobaca	1:07.41	551	11,00
50m: 31.63 31.63	100m: 1:07.41 35.78			
3. Diogo Coelho, JORDAO	08 Uniao Juncalense	1:10.03	491	10,00
50m: 32.74 32.74	100m: 1:10.03 37.29			
4. Santiago Marques, GOMES	09 Ba-Leiria	1:10.08	490	9,00
50m: 32.99 32.99	100m: 1:10.08 37.09			
Guilherme Meireles, MARRAZES	09 Nautico Marinha Grande	1:10.08	490	9,00
50m: 33.17 33.17	100m: 1:10.08 36.91			

Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 26, Masc., 100m Bruços, ABSOLUTOS

Lugar	Ano	Tempo final	Pts	Ptos
6. Hugo Miguel, SANTOS	09 Pimpoes/Cimai	1:10.56	480	7,00
50m: 32.41 32.41	100m: 1:10.56 38.15			
7. Santiago Neves, SILVA	10 Nucleo de Pombal	1:21.49	312	6,00
50m: 37.36 37.36	100m: 1:21.49 44.13			
8. Phelipe Mello, MARTINS	09 Vieiraense	1:25.25	272	5,00
50m: 39.33 39.33	100m: 1:25.25 45.92			
9. Bruno Garcia, MILITAO	11 Óbidos	1:30.13	230	4,00
50m: 41.98 41.98	100m: 1:30.13 48.15			
10. Rafael Teixeira, MARTINS	11 Naval de Peniche	1:32.50	213	3,00
50m: 43.82 43.82	100m: 1:32.50 48.68			
DSQ Joao Santos, DURAO	10 Uniao Juncalense			-
<i>O atleta tocou na parede com as mãos alternadas, na viragem dos 50 metros.</i>				
EXH Joao Guilherme, VIEIRA	93 Pimpoes/Cimai	1:10.90	473	-
50m: 32.91 32.91	100m: 1:10.90 37.99			
EXH Simao Sousa, JESUS	10 Nautico Marinha Grande	1:18.64	347	-
50m: 36.69 36.69	100m: 1:18.64 41.95			
EXH Martim Duarte, ROQUE	11 CNLeiria - VOID	1:19.65	334	-
50m: 37.96 37.96	100m: 1:19.65 41.69			
EXH Vladyslav, BABUSHKIN	09 Nautico Marinha Grande	1:19.93	330	-
50m: 37.72 37.72	100m: 1:19.93 42.21			
EXH Tiago Daniel, POVOA	08 Uniao Juncalense	1:20.28	326	-
50m: 37.21 37.21	100m: 1:20.28 43.07			
EXH Rodrigo Oliveira, SANTOS	09 Alcobaca	1:20.84	319	-
50m: 37.27 37.27	100m: 1:20.84 43.57			
EXH Rafael Costa, ANTUNES	10 Naval de Peniche	1:39.68	170	-
50m: 45.27 45.27	100m: 1:39.68 54.41			



Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 27

Femin., 100m Livres

ABSOLUTOS

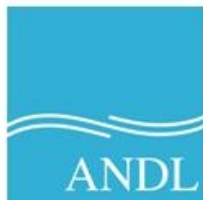
15/06/2025 - 10:04

Resultados

Rec. Nac. Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019
Rec. Nac. 19 +	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20/12/2019
Rec. Nac. 18	55.57	Mariana Pacheco, CUNHA	CNCE	Leiria	26/11/2021
Rec. Nac. 17	55.54	Carolina Miranda, FERNANDES	CGA	Leiria	28/11/2021
Rec. Nac. 16	56.72	Ana Reis, SOUSA	CNLA	Porto	08/12/2017
Rec. Nac. JUV A	56.18	Carolina Miranda, FERNANDES	CGA	Mealhada	08/12/2019
Rec. Nac. JUV B	57.65	Carolina Miranda, FERNANDES	CGA	Estarreja	10/06/2019
Rec. Nac. INF A	58.55	Carolina Miranda, FERNANDES	CGA	Felgueiras	11/03/2018
Rec. Nac. INF B	1:00.13	Carolina Miranda, FERNANDES	CGA	Mealhada	08/04/2017

Pontos: AQUA 2024

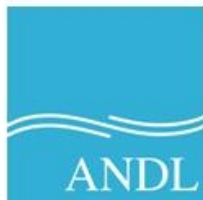
Lugar	Ano	Tempo final	Pts	Ptos
1. Sara Francisco, CRUZ	93 Ba-Leiria	58.73	626	13,00
50m: 28.64 28.64	100m: 58.73 30.09			
2. Leonor Vendima, COELHO	07 CNLeiria - VOID	59.87	591	11,00
50m: 29.01 29.01	100m: 59.87 30.86			
3. Ines Mira, PINO	06 Pimpoes/Cimai	1:00.60	570	10,00
50m: 28.75 28.75	100m: 1:00.60 31.85			
4. Ana Claudia, FERREIRA	90 Alcobaca	1:03.01	507	9,00
50m: 30.55 30.55	100m: 1:03.01 32.46			
5. Francisca Ramos, NUNES	09 Naval de Peniche	1:03.31	500	8,00
50m: 29.94 29.94	100m: 1:03.31 33.37			
6. Carolina Lourenco, MATOS	98 Benedita	1:04.21	479	7,00
50m: 30.59 30.59	100m: 1:04.21 33.62			
7. Leonor Mota, ALVES	11 Nautico Marinha Grande	1:05.71	447	6,00
50m: 31.27 31.27	100m: 1:05.71 34.44			
8. Mariana Jorge, DUARTE	97 Nucleo de Pombal	1:07.91	405	5,00
50m: 32.40 32.40	100m: 1:07.91 35.51			
9. Diana Rita, FONSECA	08 Viegrense	1:07.98	403	4,00
50m: 32.48 32.48	100m: 1:07.98 35.50			
10. Elisa Henriques, SOUTO	10 Óbidos	1:08.46	395	3,00
50m: 32.54 32.54	100m: 1:08.46 35.92			
11. Erica Felix, RODRIGUES	11 Uniao Juncalense	1:11.41	348	2,00
50m: 34.27 34.27	100m: 1:11.41 37.14			
12. Matilde Santos, COUTINHO	07 Naval da Nazaré	1:14.27	309	1,00
50m: 34.56 34.56	100m: 1:14.27 39.71			
DNS Mariana Santos, AFONSO	10 Naval de Peniche			-
EXH Matilde Andre, LUIS	08 Alcobaca	1:06.28	435	-
50m: 32.24 32.24	100m: 1:06.28 34.04			



Taça ANDL "João da Silva Abreu" - CDClubes 2025
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Prova 27, Femin., 100m Livres

Lugar	Ano	Tempo final	Pts	Ptos
EXH Debora Silva, INACIO 50m: 31.70 31.70 100m: 1:06.52 34.82	10 Pimpoes/Cimai	1:06.52	431	-
EXH Mafalda Varela, BERNARDINO 50m: 32.25 32.25 100m: 1:08.06 35.81	12 Alcobaca	1:08.06	402	-
EXH Rafaela Santos, AFONSO 50m: 32.62 32.62 100m: 1:09.27 36.65	10 Naval de Peniche	1:09.27	381	-
EXH Beatriz Julio, CORREIA 50m: 32.98 32.98 100m: 1:09.70 36.72	12 CNLeiria - VOID	1:09.70	374	-
EXH Isabela Lourenco, COSTA 50m: 33.83 33.83 100m: 1:09.77 35.94	11 Benedita	1:09.77	373	-
EXH Leonor Silva, MARTINS 50m: 33.26 33.26 100m: 1:09.80 36.54	10 Óbidos	1:09.80	373	-
EXH Sara Nunes, HORTA 50m: 35.05 35.05 100m: 1:14.76 39.71	11 CNLeiria - VOID	1:14.76	303	-
EXH Carlota Maria, CATARINO 50m: 36.02 36.02 100m: 1:17.70 41.68	11 Benedita	1:17.70	270	-
EXH Maria Antonia, VAZAO 50m: 38.47 38.47 100m: 1:18.97 40.50	12 Uniao Juncalense	1:18.97	257	-
EXH Eva Nunes, PEDROSA 50m: 40.17 40.17 100m: 1:27.26 47.09	09 Nucleo de Pombal	1:27.26	190	-
EXH Joana Andre, MAIA 50m: 43.42 43.42 100m: 1:39.17 55.75	13 Uniao Juncalense	1:39.17	130	-
EXH Leonor Ramalho, NOVO 50m: 49.91 49.91 100m: 1:49.48 59.57	13 Naval da Nazaré	1:49.48	96	-

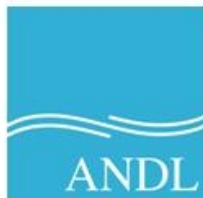


Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 28	Masc., 100m Livres					ABSOLUTOS
15/06/2025 - 10:14						Resultados
Rec. Nac. Open	46.55	Diogo Matos, RIBEIRO	SLB	Tomar		15/12/2024
Rec. Nac. SEN	46.55	Diogo Matos, RIBEIRO	SLB	Tomar		15/12/2024
Rec. Nac. 18	48.32	Diogo Matos, RIBEIRO	SLB	Leiria		26/11/2021
Rec. Nac. 17	49.56	Diogo Matos, RIBEIRO	CUC	Coimbra		22/12/2020
Rec. Nac. JUV A	50.82	Tiago Andre, VENANCIO	CNS	Braga		23/03/2003
Rec. Nac. JUV B	51.45	Rodolfo Junior, ALECRIM	CNL-VOID	Leiria		15/03/2025
Rec. Nac. INF A	54.35	Diogo Matos, RIBEIRO	CUC	S. António Cavaleiros		01/07/2018
Rec. Nac. INF B	56.82	Rodolfo Junior, ALECRIM	ADBA	Leiria		20/05/2023

Pontos: AQUA 2024

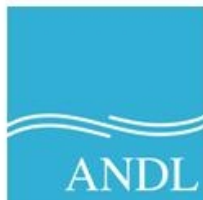
Lugar	Ano		Tempo final	Pts	Ptos
1. Francisco Ribeiro, VIEIRA	04	CNLeiria - VOID	49.91	725	13,00
50m: 23.43 23.43	100m: 49.91 26.48				
2. Miguel Vicente, SILVA	02	Nautico Marinha Grande	51.44	662	11,00
50m: 23.83 23.83	100m: 51.44 27.61				
3. Gil Santos, LEMOS	06	Pimpoes/Cimai	53.22	598	10,00
50m: 25.52 25.52	100m: 53.22 27.70				
4. Nuno Goncalo, SANTOS	96	Vieirense	55.54	526	9,00
50m: 26.22 26.22	100m: 55.54 29.32				
5. Samuel Jorge, BELO	98	Uniao Juncalense	55.94	515	8,00
50m: 26.93 26.93	100m: 55.94 29.01				
6. David Xavier, ALMEIDA	10	Ba-Leiria	56.01	513	7,00
50m: 27.29 27.29	100m: 56.01 28.72				
7. Rodrigo Cardoso, TOMAS	10	Alcobaca	56.95	488	6,00
50m: 27.51 27.51	100m: 56.95 29.44				
8. Francisco Lourenco, CUSTODIO	09	Naval da Nazaré	59.65	424	5,00
50m: 28.67 28.67	100m: 59.65 30.98				
9. Andre Pedro, FERREIRA	06	Nucleo de Pombal	1:03.92	345	4,00
50m: 29.80 29.80	100m: 1:03.92 34.12				
10. Rafael Teixeira, MARTINS	11	Naval de Peniche	1:09.16	272	3,00
50m: 34.68 34.68	100m: 1:09.16 34.48				
11. Eduardo Martim, CARMO	11	Óbidos	1:10.18	260	2,00
50m: 33.35 33.35	100m: 1:10.18 36.83				
EXH Rodrigo Alvarez, BELKASEN	06	CNLeiria - VOID	55.41	529	-
50m: 26.00 26.00	100m: 55.41 29.41				
EXH Lucas Silva, SANTOS	07	Pimpoes/Cimai	56.40	502	-
50m: 26.85 26.85	100m: 56.40 29.55				
EXH Martim Alexandre, MESQUITA	09	Nautico Marinha Grande	56.88	489	-
50m: 27.12 27.12	100m: 56.88 29.76				



Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 28, Masc., 100m Livres

Lugar	Ano	Tempo final	Pts	Ptos
EXH Daniel Gomes, SANTOS 50m: 27.56 27.56 100m: 57.84 30.28	08 Nautico Marinha Grande	57.84	465	-
EXH Joao Daniel, SANTOS 50m: 27.53 27.53 100m: 57.87 30.34	12 Alcobaca	57.87	465	-
EXH Martim Cruz, MOURA 50m: 28.72 28.72 100m: 1:00.78 32.06	11 CNLeiria - VOID	1:00.78	401	-
EXH Rodrigo Duarte, CARREIRA 50m: 33.94 33.94 100m: 1:13.87 39.93	11 Alcobaca	1:13.87	223	-
EXH Thomas Torres, O'BYRNE 50m: 37.11 37.11 100m: 1:15.10 37.99	11 Uniao Juncalense	1:15.10	212	-
EXH Joao Pedro, CRUZ 50m: 36.44 36.44 100m: 1:15.59 39.15	11 Naval de Peniche	1:15.59	208	-
EXH Rodrigo Jose, NEVES 50m: 43.23 43.23 100m: 1:26.28 43.05	12 Nucleo de Pombal	1:26.28	140	-
EXH Gabriel Cadete, RODRIGUES 50m: 41.79 41.79 100m: 1:28.67 46.88	11 Nucleo de Pombal	1:28.67	129	-
EXH Rafael Costa, ANTUNES 50m: 42.00 42.00 100m: 1:32.29 50.29	10 Naval de Peniche	1:32.29	114	-
EXH Lucas Santos, SILVA 50m: 46.59 46.59 100m: 1:40.67 54.08	10 Uniao Juncalense	1:40.67	88	-
EXH Kaua Schuquel, BOFF 50m: 55.93 55.93 100m: 1:56.07 1:00.14	10 Vieiraense	1:56.07	57	-

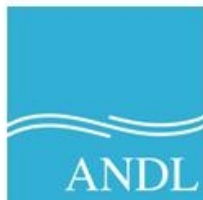


Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 29		Femin., 200m Estilos			ABSOLUTOS
15/06/2025 - 10:22					Resultados
Rec. Nac. Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Rec. Nac. 19 +	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	12/12/2024
Rec. Nac. 18	2:13.83	Mariana Pacheco, CUNHA	CNCE	Felgueiras	07/05/2022
Rec. Nac. 17	2:15.10	Mariana Pacheco, CUNHA	CNCE	Felgueiras	10/04/2021
Rec. Nac. 16	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	19/12/2009
Rec. Nac. JUV A	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	27/04/2019
Rec. Nac. JUV B	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018
Rec. Nac. INF A	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	10/03/2018
Rec. Nac. INF B	2:28.04	Carolina Miranda, FERNANDES	CGA	Mealhada	08/04/2017

Pontos: AQUA 2024

Lugar	Ano			Tempo final		Pts	Ptos
1. Giovanna Vaz, VARGAS	00	Nautico Marinha Grande		2:26.94	570		13,00
50m: 31.32 31.32	100m: 1:08.76 37.44	150m: 1:51.85 43.09	200m: 2:26.94 35.09				
2. Francisca Moreira, FELICIANO	11	Alcobaca		2:29.30	543		11,00
50m: 32.39 32.39	100m: 1:10.62 38.23	150m: 1:54.64 44.02	200m: 2:29.30 34.66				
3. Joana Rosa, FERREIRA	05	CNLeiria - VOID		2:32.38	511		10,00
50m: 32.01 32.01	100m: 1:12.39 40.38	150m: 1:56.67 44.28	200m: 2:32.38 35.71				
4. Maria Joao, VALA	11	Pimpoes/Cimai		2:32.79	507		9,00
50m: 32.22 32.22	100m: 1:11.22 39.00	150m: 1:57.44 46.22	200m: 2:32.79 35.35				
5. Ana Margarida, MARQUES	09	Ba-Leiria		2:44.54	406		8,00
50m: 33.67 33.67	100m: 1:16.39 42.72	150m: 2:06.75 50.36	200m: 2:44.54 37.79				
6. Cristiana Henriques, ALMEIDA	11	Benedita		2:48.40	378		7,00
50m: 37.19 37.19	100m: 1:20.91 43.72	150m: 2:08.91 48.00	200m: 2:48.40 39.49				
7. Luna Francisco, PEREIRA	12	Nucleo de Pombal		2:50.11	367		6,00
50m: 38.66 38.66	100m: 1:20.55 41.89	150m: 2:11.91 51.36	200m: 2:50.11 38.20				
8. Emiliana Arruda, SARAIVA	12	Vieirense		2:53.96	343		5,00
50m: 38.12 38.12	100m: 1:23.63 45.51	150m: 2:16.79 53.16	200m: 2:53.96 37.17				
9. Catarina Tagaroso, LOBO	07	Uniao Juncalense		2:58.82	316		4,00
50m: 39.27 39.27	100m: 1:25.84 46.57	150m: 2:17.71 51.87	200m: 2:58.82 41.11				
10. Constanca Santos, COUTINHO	12	Naval da Nazaré		2:58.87	316		3,00
50m: 38.78 38.78	100m: 1:23.67 44.89	150m: 2:18.93 55.26	200m: 2:58.87 39.94				
11. Emma Henriques, SOUTO	13	Óbidos		3:10.53	261		2,00
50m: 43.44 43.44	100m: 1:29.93 46.49	150m: 2:27.40 57.47	200m: 3:10.53 43.13				
DSQ Yara Nunes, MARCELINO	11	Nucleo de Pombal					-
A atleta tocou na parede com as mãos alternadas na viragem dos 125 metros.							
DNS Rafaela Santos, AFONSO	10	Naval de Peniche					-
DNS Barbara Balbino, MENDES	10	Naval de Peniche					-
DNS Bianca Balbino, MENDES	10	Naval de Peniche					-
DNS Anastasia, STURZA	10	Uniao Juncalense					-



Taça ANDL "João da Silva Abreu" - CDClubes 2025
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Prova 29, Femin., 200m Estilos

Lugar	Ano	Tempo final	Pts	Ptos
EXH Constanca Rolim, PEDRO	10 Ba-Leiria	2:45.17	401	-
50m: 35.83 35.83	100m: 1:17.75 41.92	150m: 2:07.49 49.74	200m: 2:45.17 37.68	
EXH Beatriz Julio, CORREIA	12 CNLeiria - VOID	2:54.49	340	-
50m: 39.00 39.00	100m: 1:23.20 44.20	150m: 2:14.42 51.22	200m: 2:54.49 40.07	
EXH Carminho Traquina, ANDRE	12 Alcobaca	2:55.80	333	-
50m: 36.21 36.21	100m: 1:21.62 45.41	150m: 2:15.15 53.53	200m: 2:55.80 40.65	
EXH Yaroslava, TABUNSKYK	12 CNLeiria - VOID	3:05.16	285	-
50m: 40.79 40.79	100m: 1:28.29 47.50	150m: 2:21.95 53.66	200m: 3:05.16 43.21	
EXH Carminho Jose, LOPES	13 Benedita	3:10.04	263	-
50m: 43.20 43.20	100m: 1:31.11 47.91	150m: 2:23.56 52.45	200m: 3:10.04 46.48	
EXH Alice Lucas, COSTA	10 Uniao Juncalense	3:12.09	255	-
50m: 40.70 40.70	100m: 1:28.12 47.42	150m: 2:26.16 58.04	200m: 3:12.09 45.93	
EXH Sofia Guilherme, CABREIRA	13 Óbidos	3:13.25	250	-
50m: 45.51 45.51	100m: 1:34.67 49.16	150m: 2:28.19 53.52	200m: 3:13.25 45.06	
EXH Daniela Carvalho, FERREIRA	12 Nucleo de Pombal	3:20.13	225	-
50m: 47.19 47.19	100m: 1:38.10 50.91	150m: 2:35.87 57.77	200m: 3:20.13 44.26	
EXH Sara Machado, JANUARIO	13 Alcobaca	3:21.18	222	-
50m: 42.76 42.76	100m: 1:32.35 49.59	150m: 2:34.32 1:01.97	200m: 3:21.18 46.86	

Prova 30

Masc., 200m Estilos

ABSOLUTOS

15/06/2025 - 10:37

Resultados

Rec. Nac. Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec. Nac. SEN	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04/12/2015
Rec. Nac. 18	2:00.59	Gabriel Jose, LOPES	ALN	Coimbra	10/05/2015
Rec. Nac. 17	2:02.96	Diogo Filipe, CARVALHO	CGA	Mealhada	06/03/2005
Rec. Nac. JUV A	2:05.34	Diogo Filipe, CARVALHO	CGA	Aveiro	15/05/2004
Rec. Nac. JUV B	2:08.27	Diogo Filipe, CARVALHO	CGA	Fafe	10/05/2003
Rec. Nac. INF A	2:13.38	Tomas Miguel, FREITAS	CDN	Funchal	17/07/2004
Rec. Nac. INF B	2:17.96	Andre Vilas, RUIVO	DNMG	Nazaré	02/06/2013

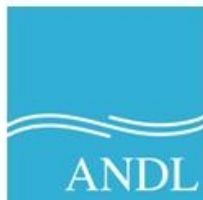
Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts	Ptos
1. Leonardo Jose, CRUZ	07 Alcobaca	2:06.80	646	13,00
50m: 27.94 27.94	100m: 1:00.07 32.13	150m: 1:36.36 36.29	200m: 2:06.80 30.44	
2. Mikhael, ONUTSKYY	08 Pimpoes/Cimai	2:07.62	633	11,00
50m: 26.77 26.77	100m: 58.80 32.03	150m: 1:37.46 38.66	200m: 2:07.62 30.16	
3. Francisco Marques, SIMOES	07 CNLeiria - VOID	2:10.13	597	10,00
50m: 27.42 27.42	100m: 1:00.49 33.07	150m: 1:38.75 38.26	200m: 2:10.13 31.38	

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Prova 30, Masc., 200m Estilos, ABSOLUTOS

Lugar	Ano	Tempo final	Pts	Ptos
4. Tomas Pascoal, FERREIRA	09 Ba-Leiria	2:12.16	570	9,00
50m: 27.40 27.40	100m: 1:00.14 32.74	150m: 1:40.89 40.75	200m: 2:12.16 31.27	
5. David Ferreira, RELVAS	03 Nautico Marinha Grande	2:12.98	560	8,00
50m: 27.79 27.79	100m: 1:01.40 33.61	150m: 1:41.52 40.12	200m: 2:12.98 31.46	
6. Lucas Ferreira, GASPAR	10 Viegense	2:25.34	429	7,00
50m: 30.71 30.71	100m: 1:07.95 37.24	150m: 1:51.56 43.61	200m: 2:25.34 33.78	
7. Afonso Matos, CORREIA	09 Nucleo de Pombal	2:31.40	379	6,00
50m: 30.07 30.07	100m: 1:10.07 40.00	150m: 1:55.03 44.96	200m: 2:31.40 36.37	
8. Simao Pedro, MARQUES	11 Uniao Juncalense	2:48.04	277	5,00
50m: 35.70 35.70	100m: 1:19.52 43.82	150m: 2:06.78 47.26	200m: 2:48.04 41.26	
9. Gabriel Sousa, GOMES	12 Óbidos	3:03.56	213	4,00
50m: 40.86 40.86	100m: 1:28.36 47.50	150m: 2:22.43 54.07	200m: 3:03.56 41.13	
DNS Tomas Vieira, FIGUEIREDO	12 Alcobaca			-
DNS Rodrigo Freire, JOAQUIM	11 CNLeiria - VOID			-
EXH Pedro Souza, SILVA	10 Pimpoes/Cimai	2:22.64	454	-
50m: 30.64 30.64	100m: 1:07.42 36.78	150m: 1:50.73 43.31	200m: 2:22.64 31.91	
EXH Guilherme Rodrigues, CABRAL	10 Pimpoes/Cimai	2:23.68	444	-
50m: 30.20 30.20	100m: 1:08.30 38.10	150m: 1:50.20 41.90	200m: 2:23.68 33.48	
EXH Afonso Ferreira, REIS	10 Nautico Marinha Grande	2:25.18	430	-
50m: 31.26 31.26	100m: 1:08.73 37.47	150m: 1:50.72 41.99	200m: 2:25.18 34.46	
EXH Joao Piteira, GAIOLAS	10 Nautico Marinha Grande	2:25.57	427	-
50m: 30.79 30.79	100m: 1:07.97 37.18	150m: 1:52.80 44.83	200m: 2:25.57 32.77	
EXH Tomas Marques, FRANCISCO	10 CNLeiria - VOID	2:29.81	391	-
50m: 31.19 31.19	100m: 1:08.10 36.91	150m: 1:56.51 48.41	200m: 2:29.81 33.30	
EXH Santiago Jose, PACHECO	09 Alcobaca	2:38.99	327	-
50m: 33.75 33.75	100m: 1:14.26 40.51	150m: 2:04.48 50.22	200m: 2:38.99 34.51	
EXH Francisco Enes, ALVES	10 Ba-Leiria	2:48.55	275	-
50m: 34.85 34.85	100m: 1:20.70 45.85	150m: 2:09.78 49.08	200m: 2:48.55 38.77	
EXH Gabriel Marques, CARREIRA	11 Uniao Juncalense	3:18.49	168	-
50m: 44.33 44.33	100m: 1:33.04 48.71	150m: 2:37.17 1:04.13	200m: 3:18.49 41.32	
EXH Luis Gustavo, PINTO	12 Uniao Juncalense	3:55.52	100	-
50m: 54.38 54.38	100m: 1:47.78 53.40	150m: 3:01.58 1:13.80	200m: 3:55.52 53.94	



Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 31	Femin., 4 x 200m Livres					ABSOLUTOS
15/06/2025 - 11:02						Resultados
Rec. Nac. Open	8:03.35	Sport Lisboa e Benfica	SLB	Felgueiras		22/12/2023
Rec. Nac. 19 +	8:09.37	Sport Lisboa e Benfica	SLB	Leiria		09/12/2023
Rec. Nac. 16 - 18	8:24.59	Futebol Clube do Porto	FCP	Felgueiras		22/12/2018
Rec. Nac. JUV A	8:48.75	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Tomar		14/12/2018
Rec. Nac. JUV	8:48.75	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Tomar		14/12/2018
Rec. Nac. JUV B	8:52.76	Sport Alges e Dafundo	SAD	Algés		04/06/2011
Rec. Nac. INF A	9:05.75	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Viseu		11/03/2011
Rec. Nac. 12 - 13	9:05.75	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Viseu		11/03/2011
Rec. Nac. INF B	9:32.41	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Ponte da Barca		05/03/2010

Pontos: AQUA 2024

Lugar						Tempo final	Pts	Ptos
1. CNLeiria - VOID 1	CNLeiria - VOID					8:55.08	598	13,00
Leonor Vendima, COELHO	07	30.69	1:04.62	1:39.56	2:13.92	2:13.92		
Matilde Violante, VIANA	07	30.16	1:03.69	1:38.84	2:12.82	2:12.82		
Beatriz Belo, CLARA	09	29.21	1:03.28	1:39.49	2:14.49	2:14.49		
Joana Rosa, FERREIRA	05	29.36	1:02.45	1:37.75	2:13.85	2:13.85		
2. Pimpoes/Cimai 1	Pimpoes/Cimai					9:01.26	578	11,00
Ines Mira, PINO	06	31.17	1:05.03	1:39.59	2:13.77	2:13.77		
Diana Isabel, ALVES	10	30.29	1:04.63	1:39.71	2:14.08	2:14.08		
Joana Silva, ALVES	05	31.28	1:06.20	1:42.15	2:18.10	2:18.10		
Maria Joao, VALA	11	30.24	1:04.63	1:40.61	2:15.31	2:15.31		
3. Nautico Marinha Grande 1	Nautico Marinha Grande					9:09.63	552	10,00
Luana Ferreira, CRAVEIRO	09	30.17	1:03.33	1:37.39	2:11.92	2:11.92		
Madalena Gracio, PEDROSO	10	31.06	1:06.81	1:43.95	2:20.29	2:20.29		
Leonor Mota, ALVES	11	32.14	1:08.01	1:45.57	2:22.47	2:22.47		
Giovanna Vaz, VARGAS	00	30.95	1:04.79	1:39.97	2:14.95	2:14.95		
4. Alcobaca 1	Alcobaca					9:12.24	544	9,00
Ana Claudia, FERREIRA	90	32.26	1:07.16	1:42.86	2:19.19	2:19.19		
Ana Francisca, SILVA	06	31.47	1:07.48	1:43.74	2:19.13	2:19.13		
Rita Rocha, SILVA	08	45.14	1:06.87	1:43.32	2:19.06	2:19.06		
Constanca Baptista, TOMAS	09	30.07	1:04.81	1:40.32	2:14.86	2:14.86		
5. Ba-Leiria 1	Ba-Leiria					9:45.80	455	8,00
Vida Sofia, VELEZ	10	32.69	1:10.03	1:48.46	2:26.62	2:26.62		
Ana Margarida, MARQUES	09	34.03	1:13.00	1:53.16	2:31.43	2:31.43		
Maria Carolina, ALVES	10	32.05	1:07.59	1:44.20	2:22.05	2:22.05		
Constanca Rolim, PEDRO	10	33.22	1:10.78	1:48.95	2:25.70	2:25.70		
6. Benedita 1	Benedita					9:56.37	432	7,00
Isabela Lourenco, COSTA	11	34.88	1:13.82	1:53.63	2:32.00	2:32.00		
Teresa Maria, LOPES	09	32.19	1:08.18	1:46.78	2:22.96	2:22.96		
Cristiana Henriques, ALMEIDA	11	34.54	1:12.76	1:52.60	2:32.03	2:32.03		
Carolina Lourenco, MATOS	98	31.62	1:08.27	1:47.50	2:29.38	2:29.38		
7. Viegrense 1	Viegrense					10:05.55	412	6,00
Leonor Caetano, MOREIRA	06	32.30	1:10.06	1:51.10	2:32.08	2:32.08		
Maria Saraiva, RUIVACO	00	31.78	1:07.98	1:47.73	2:28.02	2:28.02		
Diana Rita, FONSECA	08	32.77	1:10.59	1:50.45	2:30.02	2:30.02		
Emiliana Arruda, SARAIVA	12	35.17	1:16.04	1:57.14	2:35.43	2:35.43		

Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 31, Femin., 4 x 200m Livres, ABSOLUTOS

Lugar					Tempo final	Pts	Ptos
8. Nucleo de Pombal 1	Nucleo de Pombal				10:07.90	407	5,00
Maria Ines, GOMES	12	38.26	1:20.19	2:02.65	2:42.59	2:42.59	
Luna Francisco, PEREIRA	12	34.54	1:14.22	1:54.79	2:33.61	2:33.61	
Carlota Sa, SANTOS	11	33.51	1:10.00	1:48.52	2:26.44	2:26.44	
Anastasiya, PRYMACHENKO	11	32.63	1:09.42	1:48.07	2:25.26	2:25.26	
9. Uniao Juncalense 1	Uniao Juncalense				10:33.85	359	4,00
Margarida Lopes, RODRIGUES	11	35.07	1:15.13	1:57.23	2:37.34	2:37.34	
Erica Felix, RODRIGUES	11	35.45	1:15.04	1:56.74	2:35.34	2:35.34	
Isabela Maria, CARREIRA	11	36.61	1:17.71	2:00.21	2:38.96	2:38.96	
Catarina Tagarroso, LOBO	07	34.90	1:15.89	1:59.30	2:42.21	2:42.21	
10. Óbidos 1	Óbidos				10:46.61	339	3,00
Leonor Pereira, SILVA	10	32.41	1:08.72	1:48.24	2:24.55	2:24.55	
Kelly Simao, COSTA	11	37.07	1:20.47	2:05.72	2:48.78	2:48.78	
Jessica Garcia, FERREIRA	12	37.43	1:22.79	2:11.20	2:55.63	2:55.63	
Elisa Henriques, SOUTO	10	36.13	1:16.98	1:59.58	2:37.65	2:37.65	
11. Naval da Nazaré 1	Naval da Nazaré				12:30.03	217	2,00
Constanca Santos, COUTINHO	12	37.13	1:18.28	2:03.07	2:46.15	2:46.15	
Matilde Santos, COUTINHO	07	36.73	1:19.00	2:03.20	2:45.56	2:45.56	
Iris Santos, CANECO	09	42.14	1:30.72	2:21.49	3:10.31	3:10.31	
Nair Esperanca, SANTOS	13	49.06	1:47.97	2:50.39	3:48.01	3:48.01	

Prova 32 Masc., 4 x 200m Livres ABSOLUTOS
15/06/2025 - 11:25 Resultados

Rec. Nac. Open	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	22/12/2018
Rec. Nac. SEN	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	22/12/2018
Rec. Nac. JUN	7:35.04	Sport Lisboa e Benfica	SLB	Leiria	09/12/2023
Rec. Nac. JUV A	7:49.50	Associacao Naval Amorense		Algés	06/07/2012
Rec. Nac. JUV	7:49.50	Associacao Naval Amorense		Algés	06/07/2012
Rec. Nac. JUV B	8:01.08	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Caldas da Rainha	05/05/2019
Rec. Nac. INF A	8:18.74	Ass. Desp. Bairro dos Anjos /BOMCAR	ADBA	Caldas da Rainha	08/07/2018
Rec. Nac. 13 - 14	8:18.74	Ass. Desp. Bairro dos Anjos /BOMCAR	adba	Caldas da Rainha	08/07/2018
Rec. Nac. INF B	8:56.37	Ass. Desp. Bairro dos Anjos /BOMCAR	ADBA	Leiria	25/06/2017

Pontos: AQUA 2024

Lugar					Tempo final	Pts	Ptos
1. CNLeiria - VOID 1	CNLeiria - VOID				7:43.07	664	13,00
Francisco Ribeiro, VIEIRA	04	24.55	52.78	1:22.44	1:51.91	1:51.91	
Ivan Alonso, CRUZ	04	27.29	57.60	1:29.07	1:58.91	1:58.91	
Filipe Miguel, GOMES	97	25.62	54.37	1:24.16	1:54.91	1:54.91	
Rodolfo Junior, ALECRIM	10	25.37	54.53	1:25.63	1:57.34	1:57.34	
2. Pimpoes/Cimai 1	Pimpoes/Cimai				7:49.56	637	11,00
Santiago Agostinho, PARREIRA	09	26.82	55.46	1:26.35	1:56.33	1:56.33	
Gil Santos, LEMOS	06	27.48	57.11	1:27.25	1:57.44	1:57.44	
Guilherme Costa, REBELO	10	28.44	58.47	1:29.21	1:59.90	1:59.90	
Mikhael, ONUTSKYY	08	25.94	55.02	1:25.63	1:55.89	1:55.89	

Taça ANDL "João da Silva Abreu" - CDClubes 2025
Leiria, 14 - 15/6/2025

Prova 32, Masc., 4 x 200m Livres, ABSOLUTOS

Lugar					Tempo final	Pts	Ptos
3.	Nautico Marinha Grande 1	Nautico Marinha Grande			7:57.96	604	10,00
	Paulo, KOT	09	27.26	57.66	1:29.07	2:00.34	
	Guilherme Meireles, MARRAZES	09	27.28	57.37	1:28.67	1:59.10	
	Miguel Vicente, SILVA	02	25.87	55.95	1:26.69	1:57.60	
	David Ferreira, RELVAS	03	27.01	57.32	1:28.96	2:00.92	
4.	Vieirense 1	Vieirense			8:12.77	551	9,00
	Francisco Xavier, RITA	07	27.00	56.70	1:27.28	1:58.92	
	Nuno Goncalo, SANTOS	96	27.64	58.43	1:30.40	2:02.34	
	Santiago Boica, SOUSA	08	26.95	58.61	1:31.69	2:02.94	
	Lucas Ferreira, GASPAR	10	28.17	1:00.87	1:34.97	2:08.57	
5.	Ba-Leiria 2	Ba-Leiria			8:18.11	534	8,00
	David Xavier, ALMEIDA	10	27.89	59.10	1:31.65	2:02.01	
	Santiago Marques, GOMES	09	28.12	1:00.52	1:34.77	2:08.10	
	Dinis Lamas, SANTOS	10	29.50	1:02.42	1:37.77	2:11.39	
	Tomas Pascoal, FERREIRA	09	26.25	55.58	1:26.10	1:56.61	
6.	Uniao Juncalense 1	Uniao Juncalense			9:10.72	395	7,00
	Diogo Coelho, JORDAO	08	28.60	1:01.36	1:34.74	2:07.87	
	Samuel Jorge, BELO	98	29.79	1:04.02	1:39.72	2:15.47	
	Alexandre Afonso, SANTOS	09	33.02	1:10.72	1:49.92	2:28.74	
	Gabriel Santiago, FERREIRA	09	31.39	1:05.83	1:41.97	2:18.64	
7.	Nucleo de Pombal 1	Nucleo de Pombal			9:56.00	311	6,00
	Eduardo Manuel, FERREIRA	12	35.31	1:15.87	1:55.57	2:34.22	
	Afonso Nunes, MARCELINO	08	35.42	1:15.32	1:55.54	2:33.24	
	Santiago Neves, SILVA	10	33.26	1:12.48	1:52.62	2:32.16	
	Afonso Matos, CORREIA	09	30.47	1:06.52	1:42.96	2:16.38	
8.	Óbidos 1	Óbidos			10:39.44	252	5,00
	Francisco Costa, VALENTIM	11	32.72	1:09.88	1:48.29	2:25.81	
	Gabriel Sousa, GOMES	12	41.00	1:24.36	2:07.00	2:49.30	
	Bruno Garcia, MILITAO	11	34.38	1:16.81	2:00.75	2:43.25	
	Eduardo Martim, CARMO	11	35.27	1:16.24	1:59.48	2:41.08	
DSQ	Alcobaca 1	Alcobaca					-
	<i>Falsa rendição do 2º atleta.</i>						
	Joao Daniel, SANTOS	12	27.97	59.72	1:32.90	2:05.37	
	Antonio Antunes, JORGE	10					
	Tiago Santos, POMBO	08					
	Leonardo Jose, CRUZ	07					