

Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

1 - 1ª Jornada - Infantis

12/06/2021 - 14:15

Prova 1
12/06/2021 - 14:15

Femin., 200m Costas

Infantil A
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Iris Lucas, RIBEIRO	08 Alcobaca	2:52.78	
50m: 41.40 41.40 100m: 1:25.84 44.44 150m: 2:10.96 45.12 200m: 2:52.78 41.82			
2. Rita Alexandra, REBELO	08 Alcobaca	2:53.31	
50m: 41.72 41.72 100m: 1:25.75 44.03 150m: 2:10.09 44.34 200m: 2:53.31 43.22			
3. Camila Silva, CHAMUSCO	08 Pimpoes/Cimai	3:25.57	
50m: 48.07 48.07 100m: 1:40.58 52.51 150m: 2:35.35 54.77 200m: 3:25.57 50.22			
4. Francisca Silva, CHAMUSCO	08 Pimpoes/Cimai	3:29.87	
50m: 49.93 49.93 100m: 1:42.42 52.49 150m: 2:37.62 55.20 200m: 3:29.87 52.25			

DSQ Matilde Monteiro, NEVES 08 Nucleo de Pombal
Após a viragem dos 100 metros, no percurso subaquático, a atleta perdeu a posição dorsal.

Prova 1
12/06/2021 - 14:15

Femin., 200m Costas

Infantil B
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Francisca Ramos, NUNES	09 Naval de Peniche	3:01.21	
50m: 41.13 41.13 100m: 1:28.00 46.87 150m: 2:15.34 47.34 200m: 3:01.21 45.87			
2. Leonor Palma, JACOMO	09 Alcobaca	3:07.30	
50m: 44.55 44.55 100m: 1:32.99 48.44 200m: 3:07.30 1:34.31			
3. Teresa Maria, LOPES	09 Benedita	3:14.96	
50m: 46.06 46.06 100m: 1:35.65 49.59 150m: 2:27.07 51.42 200m: 3:14.96 47.89			
4. Barbara Gomes, MARQUES	09 Nautico Marinha Grande	3:41.51	
50m: 49.58 49.58 100m: 1:46.59 57.01 150m: 2:44.02 57.43 200m: 3:41.51 57.49			

DSQ Mariana Sousa, MARQUES 09 Alcobaca
A atleta chegou na posição ventral.

DNS Francisca Vieira, NUNES 09 Alcobaca

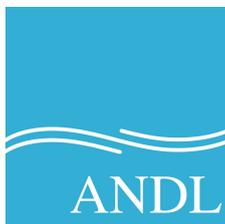
Prova 2
12/06/2021 - 14:23

Masc., 200m Costas

Infantil A
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Leonardo Jose, CRUZ	07 Alcobaca	2:19.46	
50m: 32.37 32.37 100m: 1:07.94 35.57 150m: 1:44.31 36.37 200m: 2:19.46 35.15			
2. Francisco Xavier, RITA	07 Vieiraense	2:36.34	
50m: 37.26 37.26 100m: 1:17.37 40.11 150m: 1:57.31 39.94 200m: 2:36.34 39.03			
3. Mateus Marques, MACHADO	07 Benedita	2:56.40	
50m: 39.98 39.98 100m: 1:24.40 44.42 150m: 2:11.18 46.78 200m: 2:56.40 45.22			
4. Diogo Miguel, FELIX	07 Naval de Peniche	3:00.90	
50m: 40.68 40.68 100m: 1:25.13 44.45 150m: 2:13.92 48.79 200m: 3:00.90 46.98			



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 2, Masc., 200m Costas, Infantil A

Lugar	Ano	Tempo final	Pts
5. David Jose, CARREIRA	07 Uniao Juncalense	3:13.34	
50m: 46.81 46.81 100m: 1:35.87 49.06 150m: 2:25.54 49.67 200m: 3:13.34		47.80	
6. Andre Filipe, FERNANDES	07 Alcobaca	3:18.39	
50m: 49.10 49.10 100m: 1:38.75 49.65 150m: 2:28.94 50.19 200m: 3:18.39		49.45	
7. Joao Miguel, COELHO	07 Uniao Juncalense	3:38.53	
50m: 50.58 50.58 100m: 1:46.54 55.96 150m: 2:42.68 56.14 200m: 3:38.53		55.85	

Prova 2 Masc., 200m Costas Infantil B
12/06/2021 - 14:23 Resultados

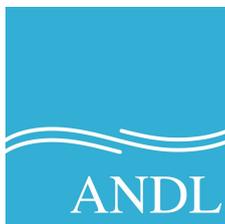
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Antonio Quiterio, ANASTACIO	08 Benedita	3:07.12	
50m: 44.54 44.54 100m: 1:31.35 46.81 150m: 2:19.74 48.39 200m: 3:07.12		47.38	
2. Diogo Coelho, JORDAO	08 Uniao Juncalense	3:10.78	
50m: 43.65 43.65 100m: 1:33.12 49.47 200m: 3:10.78 1:37.66			
3. Diogo Barata, ALVES	08 Nautico Marinha Grande	3:28.39	
50m: 49.25 49.25 100m: 1:42.17 52.92 150m: 2:37.00 54.83 200m: 3:28.39		51.39	
4. Leonardo Inacio, FERREIRA	08 Benedita	3:40.40	
50m: 51.52 51.52 100m: 1:47.99 56.47 200m: 3:40.40 1:52.41			

Prova 3 Femin., 200m Bruços Infantil A
12/06/2021 - 14:31 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Rita Rocha, SILVA	08 Alcobaca	3:09.24	
50m: 43.33 43.33 100m: 1:31.08 47.75 150m: 2:20.04 48.96 200m: 3:09.24		49.20	
2. Matilde Andre, LUIS	08 Alcobaca	3:23.45	
50m: 46.62 46.62 100m: 1:38.69 52.07 150m: 2:31.52 52.83 200m: 3:23.45		51.93	
3. Iris Lucas, RIBEIRO	08 Alcobaca	3:31.88	
50m: 48.92 48.92 100m: 1:43.42 54.50 200m: 3:31.88 1:48.46			
4. Leonor Ferreira, SANTOS	08 Nautico Marinha Grande	4:03.28	
50m: 54.96 54.96 100m: 1:57.56 1:02.60 150m: 3:00.37 1:02.81 200m: 4:03.28		1:02.91	
5. Ivanna Gomes, VINNIKOV	08 Uniao Juncalense	4:30.46	
50m: 59.82 59.82 100m: 2:08.62 1:08.80 150m: 3:19.15 1:10.53 200m: 4:30.46		1:11.31	



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 3, Femin., 200m Bruços

Prova 3
12/06/2021 - 14:31
Femin., 200m Bruços
Infantil B
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Zofie, PACHECO	09 Naval de Peniche	3:26.75	
50m: 45.17 45.17	100m: 1:39.03 53.86	150m: 2:33.98 54.95	200m: 3:26.75 52.77
2. Patricia Anjo, FERREIRA	09 Nautico Marinha Grande	3:26.83	
50m: 45.84 45.84	100m: 1:38.66 52.82	150m: 2:32.62 53.96	200m: 3:26.83 54.21
3. Leonor Palma, JACOMO	09 Alcobaca	3:35.04	
50m: 49.68 49.68	100m: 1:46.24 56.56	150m: 2:42.21 55.97	200m: 3:35.04 52.83
4. Constanca Baptista, TOMAS	09 Alcobaca	3:37.73	
50m: 48.89 48.89	100m: 1:44.40 55.51	150m: 2:41.21 56.81	200m: 3:37.73 56.52
5. Francisca Ramos, NUNES	09 Naval de Peniche	3:44.87	
50m: 50.83 50.83	100m: 1:49.37 58.54	200m: 3:44.87 1:55.50	
6. Anjali, RAICAR	09 Naval de Peniche	4:08.79	
50m: 52.72 52.72	100m: 1:58.05 1:05.33	150m: 3:02.40 1:04.35	200m: 4:08.79 1:06.39
7. Mafalda Adriano, SOUSA	09 Nautico Marinha Grande	4:28.83	
50m: 56.84 56.84	150m: 3:18.59 2:21.75	200m: 4:28.83 1:10.24	

Prova 4
12/06/2021 - 14:45
Masc., 200m Bruços
Infantil A
Resultados

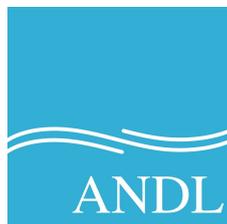
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Leonardo Jose, CRUZ	07 Alcobaca	2:43.13	
50m: 36.33 36.33	100m: 1:17.86 41.53	150m: 2:00.97 43.11	200m: 2:43.13 42.16
2. Jose Januario, MARQUES	07 Pimpoes/Cimai	3:12.12	
50m: 42.40 42.40	100m: 1:31.67 49.27	150m: 2:22.02 50.35	200m: 3:12.12 50.10
3. Francisco Jose, FRAGOSO	07 Vieiraense	3:13.51	
50m: 42.80 42.80	100m: 1:32.32 49.52	150m: 2:22.95 50.63	200m: 3:13.51 50.56

Prova 4
12/06/2021 - 14:45
Masc., 200m Bruços
Infantil B
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Gabriel Mota, PATRICIO	08 Vieiraense	3:11.84	
50m: 43.87 43.87	100m: 1:34.15 50.28	150m: 2:23.16 49.01	200m: 3:11.84 48.68
2. Santiago Boica, SOUSA	08 Vieiraense	3:16.77	
50m: 44.18 44.18	100m: 1:34.50 50.32	150m: 2:26.11 51.61	200m: 3:16.77 50.66
3. Tiago Santos, POMBO	08 Alcobaca	3:31.03	
50m: 49.08 49.08	100m: 1:43.43 54.35	150m: 2:38.43 55.00	200m: 3:31.03 52.60
4. Andre Batista, TEIXEIRA	08 Nucleo de Pombal	3:39.65	
50m: 49.20 49.20	100m: 1:43.71 54.51	200m: 3:39.65 1:55.94	
5. Martim Luis, GASPAS	08 Nautico Marinha Grande	3:41.96	
50m: 48.78 48.78	100m: 1:45.56 56.78	150m: 2:43.46 57.90	200m: 3:41.96 58.50



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 5
12/06/2021 - 14:53

Femin., 200m Livres

Infantil A
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Rita Rocha, SILVA	08 Alcobaca	2:36.08	
50m: 35.59 35.59 100m: 1:15.21 39.62 150m: 1:56.09 40.88 200m: 2:36.08 39.99			
2. Rita Alexandra, REBELO	08 Alcobaca	2:38.16	
50m: 36.72 36.72 100m: 1:17.02 40.30 150m: 1:57.66 40.64 200m: 2:38.16 40.50			
3. Matilde Andre, LUIS	08 Alcobaca	2:39.43	
50m: 35.62 35.62 100m: 1:16.65 41.03 150m: 1:59.15 42.50 200m: 2:39.43 40.28			
4. Matilde Monteiro, NEVES	08 Nucleo de Pombal	2:55.18	
50m: 40.15 40.15 100m: 1:24.84 44.69 150m: 2:10.93 46.09 200m: 2:55.18 44.25			

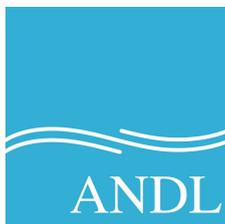
Prova 5
12/06/2021 - 14:53

Femin., 200m Livres

Infantil B
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Mariana Santos, INACIO	09 Alcobaca	2:42.19	
50m: 35.52 35.52 100m: 1:16.07 40.55 150m: 1:59.54 43.47 200m: 2:42.19 42.65			
2. Constanca Baptista, TOMAS	09 Alcobaca	2:45.76	
50m: 37.42 37.42 100m: 1:19.93 42.51 200m: 2:45.76 1:25.83			
3. Teresa Maria, LOPES	09 Benedita	2:48.29	
50m: 38.92 38.92 100m: 1:22.46 43.54 150m: 2:06.31 43.85 200m: 2:48.29 41.98			
4. Mariana Sousa, MARQUES	09 Alcobaca	2:50.03	
50m: 36.90 36.90 100m: 1:21.12 44.22 150m: 2:07.88 46.76 200m: 2:50.03 42.15			
5. Zofie, PACHECO	09 Naval de Peniche	2:50.10	
50m: 36.40 36.40 100m: 1:20.41 44.01 150m: 2:07.18 46.77 200m: 2:50.10 42.92			
6. Anjali, RAICAR	09 Naval de Peniche	3:01.20	
50m: 38.77 38.77 100m: 1:24.64 45.87 150m: 2:14.95 50.31 200m: 3:01.20 46.25			
7. Julia Margarida, BARBOSA	09 Pimpoes/Cimai	3:15.50	
50m: 40.39 40.39 100m: 1:32.16 51.77 150m: 2:26.06 53.90 200m: 3:15.50 49.44			
8. Ana Carolina, RODRIGUES	09 Núcleo de Ansião	3:32.23	
50m: 47.63 47.63 100m: 1:40.50 52.87 150m: 2:37.12 56.62 200m: 3:32.23 55.11			
9. Carolina Minez, PRONTO	09 Pimpoes/Cimai	3:37.09	
50m: 51.61 51.61 100m: 1:49.23 57.62 150m: 2:45.12 55.89 200m: 3:37.09 51.97			



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 6 Masc., 200m Livres Infantil A
12/06/2021 - 15:03 Resultados

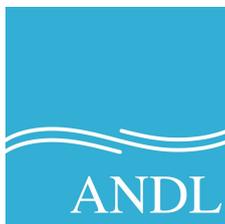
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Mateus Marques, MACHADO 50m: 35.44 35.44 100m: 1:15.92	07	Benedita 40.48 150m: 1:57.62 41.70 200m: 2:37.91	2:37.91 40.29
2. Henrique Miguel, SERRANO 50m: 38.84 38.84 100m: 1:20.60	07	Pimpoes/Cimai 41.76 150m: 2:01.88 41.28 200m: 2:41.68	2:41.68 39.80
3. Andre Filipe, FERNANDES 50m: 36.70 36.70 100m: 1:21.06	07	Alcobaca 44.36 150m: 2:06.78 45.72 200m: 2:47.93	2:47.93 41.15
4. David Jose, CARREIRA 50m: 38.68 38.68 100m: 1:23.04	07	Uniao Juncalense 44.36 150m: 2:07.84 44.80 200m: 2:47.98	2:47.98 40.14
5. Rodrigo Diniz, FIGUEIRA 50m: 37.70 37.70 100m: 1:20.84	07	Naval da Nazaré 43.14 150m: 2:06.79 45.95 200m: 2:52.12	2:52.12 45.33
6. Joao Miguel, COELHO 50m: 45.71 45.71 100m: 1:37.71	07	Uniao Juncalense 52.00 150m: 2:29.47 51.76 200m: 3:20.40	3:20.40 50.93
DSQ Diogo Miguel, FELIX <i>Falsa partida.</i>	07	Naval de Peniche	

Prova 6 Masc., 200m Livres Infantil B
12/06/2021 - 15:03 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Antonio Quiterio, ANASTACIO 50m: 36.35 36.35 100m: 1:17.39	08	Benedita 41.04 150m: 1:58.46 41.07 200m: 2:38.41	2:38.41 39.95
2. Diogo Coelho, JORDAO 50m: 35.93 35.93 100m: 1:17.43	08	Uniao Juncalense 41.50 150m: 1:59.73 42.30 200m: 2:39.18	2:39.18 39.45
3. Mikhael, ONUTSKYY 50m: 36.21 36.21 100m: 1:17.14	08	Pimpoes/Cimai 40.93 200m: 2:40.98 1:23.84	2:40.98
4. Leonardo Inacio, FERREIRA 50m: 41.59 41.59 100m: 1:30.46	08	Benedita 48.87 200m: 3:11.15 1:40.69	3:11.15
5. Rodrigo Santos, COUTINHO 50m: 43.71 43.71 100m: 1:34.21	08	Pimpoes/Cimai 50.50 150m: 2:24.53 50.32 200m: 3:12.15	3:12.15 47.62



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 7, Femin., 200m Costas

2 - 1ª Jornada - Juvenis, Juniores e Seniores

12/06/2021 - 16:30

Prova 7
12/06/2021 - 16:30
Femin., 200m Costas
Junior Resultados

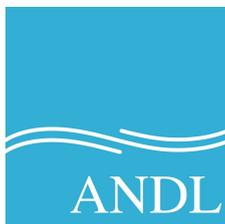
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Maria Lopes, AMADO	04 Nautico Marinha Grande	2:30.20	
50m: 34.79 34.79 100m: 1:12.25 37.46 150m: 1:51.55 39.30 200m: 2:30.20 38.65			
2. Iara Filipa, DIAS	05 Naval de Peniche	2:42.40	
50m: 35.59 35.59 100m: 1:16.11 40.52 150m: 1:59.61 43.50 200m: 2:42.40 42.79			
3. Maria Silva, CARVALHO	05 Pimpoes/Cimai	2:51.54	
50m: 40.82 40.82 100m: 1:23.65 42.83 150m: 2:07.03 43.38 200m: 2:51.54 44.51			
DNS Beatriz Sofia, AMARO	04 Nautico Marinha Grande		

Prova 7
12/06/2021 - 16:30
Femin., 200m Costas
Juvenil A Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Leonor Verissimo, FARIA	06 Nucleo de Pombal	2:30.51	
50m: 36.07 36.07 100m: 1:14.34 38.27 150m: 1:53.32 38.98 200m: 2:30.51 37.19			
2. Catarina Machado, BELO	06 Benedita	2:39.57	
50m: 37.35 37.35 100m: 1:17.91 40.56 150m: 1:59.62 41.71 200m: 2:39.57 39.95			
3. Jessica Mendes, SANTOS	06 Nautico Marinha Grande	2:40.11	
50m: 38.61 38.61 100m: 1:18.49 39.88 150m: 1:59.29 40.80 200m: 2:40.11 40.82			
4. Margarida Correia, MADEIRA	06 Nautico Marinha Grande	2:42.01	
50m: 38.64 38.64 100m: 1:19.65 41.01 150m: 2:00.78 41.13 200m: 2:42.01 41.23			
5. Ines Mira, PINO	06 Pimpoes/Cimai	2:42.38	
50m: 39.06 39.06 100m: 1:19.88 40.82 150m: 2:01.26 41.38 200m: 2:42.38 41.12			
6. Leonor Caetano, MOREIRA	06 Vieiraense	2:45.12	
50m: 38.16 38.16 100m: 1:18.78 40.62 150m: 2:02.06 43.28 200m: 2:45.12 43.06			
7. Margarida Marques, ARROJA	06 Pimpoes/Cimai	2:45.26	
50m: 38.68 38.68 100m: 1:20.12 41.44 150m: 2:02.93 42.81 200m: 2:45.26 42.33			
8. Mafalda Caetano, LOURENCO	06 Vieiraense	2:45.40	
50m: 38.82 38.82 100m: 1:20.97 42.15 150m: 2:03.34 42.37 200m: 2:45.40 42.06			
9. Constanca Arinto, TRINDADE	06 Alcobaca	2:48.73	
50m: 40.42 40.42 100m: 1:22.81 42.39 150m: 2:06.16 43.35 200m: 2:48.73 42.57			
10. Dalila Leal, BERNARDINO	06 Nucleo de Pombal	2:50.88	
50m: 39.45 39.45 100m: 1:23.59 44.14 150m: 2:08.16 44.57 200m: 2:50.88 42.72			
11. Flavia Mendes, DOMINGUES	06 Nucleo de Pombal	2:51.73	
50m: 39.74 39.74 100m: 1:22.26 42.52 150m: 2:07.13 44.87 200m: 2:51.73 44.60			
12. Matilde Fernandes, BARQUINHA	06 Nautico Marinha Grande	2:56.21	
50m: 39.09 39.09 100m: 1:23.03 43.94 150m: 2:09.50 46.47 200m: 2:56.21 46.71			
13. Maria Inês, ESTEVES	06 Naval da Nazaré	2:59.40	
50m: 41.16 41.16 100m: 1:24.98 43.82 150m: 2:11.83 46.85 200m: 2:59.40 47.57			



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 7, Femin., 200m Costas

Prova 7
12/06/2021 - 16:30
Femin., 200m Costas
Juvenil B
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Beatriz Anjo, FERREIRA 50m: 38.41 38.41	07 Nautico Marinha Grande	2:42.39	41.42
2. Maria Leonor, ESTEVES 50m: 41.16 41.16	07 Nautico Marinha Grande	2:50.30	42.63
3. Laura Roque, SIMAO 50m: 39.66 39.66	07 Nautico Marinha Grande	2:51.98	43.14
4. Rita Violante, ROMAO 50m: 42.42 42.42	07 Alcobaca	2:57.23	43.94
5. Leonor Vendima, COELHO 50m: 41.71 41.71	07 Uniao Juncalense	3:00.90	46.69
6. Ines Sofia, PIMENTA 50m: 47.78 47.78	07 Alcobaca	3:17.21	49.44

Prova 8
12/06/2021 - 16:45
Masc., 200m Costas
Senior
Resultados

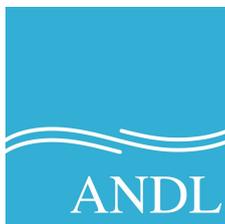
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Francisco Xavier, TOMAS 50m: 30.78 30.78	00 Alcobaca	2:14.94	35.13

Prova 8
12/06/2021 - 16:45
Masc., 200m Costas
Junior
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. David Ferreira, RELVAS 50m: 31.13 31.13	03 Nautico Marinha Grande	2:11.68	33.24
2. Daniel, TSYKAL 50m: 33.34 33.34	04 Alcobaca	2:22.13	35.84
3. Afonso Filipe, COSTA 50m: 32.94 32.94	03 Naval da Nazaré	2:25.31	38.15
4. Paulo Sergio, FERREIRA 50m: 34.21 34.21	03 Naval da Nazaré	2:28.15	38.62
5. David Almeida, GAMEIRO 50m: 35.10 35.10	03 Nucleo de Pombal	2:29.09	37.47
6. Arsenio, ZEMLIANKO 50m: 40.34 40.34	03 Nucleo de Pombal	2:53.19	43.15



Torneio Meio Fundo - Absolutos
Nazar , 12 - 13/6/2021

Prova 8, Masc., 200m Costas

Prova 8 Masc., 200m Costas Juvenil A
12/06/2021 - 16:45 Resultados

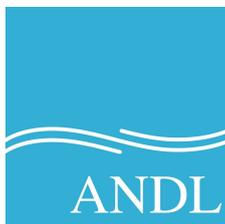
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Miguel Fernandes, OLIVEIRA	05 Nautico Marinha Grande	2:11.65	
50m: 30.87 30.87 100m: 1:03.65 32.78 150m: 1:37.09 33.44 200m: 2:11.65 34.56			
2. Tomas Amor, SARREIRA	05 Nautico Marinha Grande	2:20.19	
50m: 33.26 33.26 100m: 1:09.03 35.77 150m: 1:45.51 36.48 200m: 2:20.19 34.68			
3. Samuel Filipe, AMORIM	05 Nautico Marinha Grande	2:24.34	
50m: 33.91 33.91 100m: 1:10.70 36.79 150m: 1:48.18 37.48 200m: 2:24.34 36.16			
4. Pedro Pinheiro, RIBEIRO	05 Pimpoes/Cimai	2:28.96	
50m: 33.68 33.68 100m: 1:12.74 39.06 150m: 1:51.11 38.37 200m: 2:28.96 37.85			
5. Renato Gomes, MARQUES	05 Nautico Marinha Grande	2:38.64	
50m: 36.64 36.64 100m: 1:17.48 40.84 150m: 1:58.99 41.51 200m: 2:38.64 39.65			
6. Tomas Portugal, SILVEIRA	05 Alcobaca	2:39.02	
50m: 36.66 36.66 100m: 1:16.07 39.41 150m: 1:57.15 41.08 200m: 2:39.02 41.87			

Prova 8 Masc., 200m Costas Juvenil B
12/06/2021 - 16:45 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Cristiano Nogueira, FERREIRA	06 Nucleo de Pombal	2:28.37	
50m: 35.22 35.22 100m: 1:11.88 36.66 150m: 1:49.96 38.08 200m: 2:28.37 38.41			
2. Daniel, STARYNSKYY	06 Benedita	2:31.82	
50m: 35.45 35.45 100m: 1:13.90 38.45 150m: 1:54.74 40.84 200m: 2:31.82 37.08			
3. Manuel Faveiro, JESUS	06 N�cleo de Ansi�o	2:33.22	
50m: 35.13 35.13 100m: 1:13.55 38.42 150m: 1:54.04 40.49 200m: 2:33.22 39.18			
4. Vasco Pedro, BRANCO	06 Naval da Nazar�	2:35.85	
50m: 37.62 37.62 100m: 1:18.40 40.78 150m: 1:57.53 39.13 200m: 2:35.85 38.32			
5. Miguel Valerio, SILVA	06 Nautico Marinha Grande	2:38.51	
50m: 37.41 37.41 100m: 1:18.04 40.63 150m: 1:59.47 41.43 200m: 2:38.51 39.04			
6. Edgar Francisco, SIMOES	06 Vieirense	2:40.02	
50m: 36.68 36.68 100m: 1:17.71 41.03 150m: 1:59.46 41.75 200m: 2:40.02 40.56			
7. Andre Pedro, FERREIRA	06 Nucleo de Pombal	2:42.38	
50m: 37.13 37.13 100m: 1:18.52 41.39 150m: 2:00.66 42.14 200m: 2:42.38 41.72			
8. Goncalo Rodrigues, VINTEM	06 N�cleo de Ansi�o	2:42.87	
50m: 36.10 36.10 100m: 1:16.77 40.67 150m: 2:00.21 43.44 200m: 2:42.87 42.66			
9. Rafael, SANTOS	06 Uniao Juncalense	2:59.21	
50m: 43.15 43.15 100m: 1:29.05 45.90 150m: 2:16.18 47.13 200m: 2:59.21 43.03			
10. Gabriel Lourenco, CUSTODIO	06 Naval da Nazar�	3:03.37	
50m: 43.29 43.29 100m: 1:30.63 47.34 150m: 2:18.64 48.01 200m: 3:03.37 44.73			



Torneio Meio Fundo - Absolutos
Nazar , 12 - 13/6/2021

Prova 9
12/06/2021 - 17:00

Femin., 200m Bruços

Senior Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Ines Apolinario, SOARES	03 Pimpoes/Cimai	2:56.03	
50m: 40.86 40.86 100m: 1:25.46 44.60 150m: 2:10.26 44.80 200m: 2:56.03 45.77			
DNS Lara Roque, COTRIM	03 Pimpoes/Cimai		

Prova 9
12/06/2021 - 17:00

Femin., 200m Bruços

Junior Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Beatriz Silva, CONCEICAO	05 Benedita	3:05.50	
50m: 41.81 41.81 100m: 1:28.82 47.01 150m: 2:17.12 48.30 200m: 3:05.50 48.38			
2. Laura Fino, PERES	05 Uniao Juncalense	3:38.81	
50m: 50.16 50.16 100m: 1:44.95 54.79 150m: 2:42.21 57.26 200m: 3:38.81 56.60			

Prova 9
12/06/2021 - 17:00

Femin., 200m Bruços

Juvenil A Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Ariana Bento, CARAPINHA	06 Nautico Marinha Grande	2:45.60	
50m: 37.63 37.63 100m: 1:19.76 42.13 150m: 2:02.12 42.36 200m: 2:45.60 43.48			
2. Catarina Machado, BELO	06 Benedita	2:47.81	
50m: 38.56 38.56 100m: 1:20.78 42.22 150m: 2:04.26 43.48 200m: 2:47.81 43.55			
3. Ana Francisca, SILVA	06 Alcobaca	3:04.65	
50m: 42.71 42.71 100m: 1:29.84 47.13 150m: 2:17.21 47.37 200m: 3:04.65 47.44			
4. Ana Luisa, RENDEIRO	06 Nucleo de Pombal	3:14.12	
50m: 44.22 44.22 100m: 1:33.55 49.33 150m: 2:23.74 50.19 200m: 3:14.12 50.38			
5. Leonor Verissimo, FARIA	06 Nucleo de Pombal	3:14.77	
50m: 45.18 45.18 100m: 1:35.46 50.28 150m: 2:25.81 50.35 200m: 3:14.77 48.96			
6. Flavia Mendes, DOMINGUES	06 Nucleo de Pombal	3:24.11	
50m: 47.56 47.56 100m: 1:39.58 52.02 150m: 2:33.15 53.57 200m: 3:24.11 50.96			
DNS Sofia Simao, CUNHA	06 Pimpoes/Cimai		
DNS Beatriz Luz, MARTINS	06 Pimpoes/Cimai		

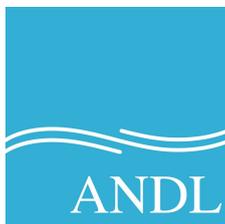
Prova 9
12/06/2021 - 17:00

Femin., 200m Bruços

Juvenil B Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Rafaela Valente, RODRIGUES	07 N�cleo de Ansi�o	3:29.66	
50m: 48.42 48.42 100m: 1:41.69 53.27 150m: 2:35.89 54.20 200m: 3:29.66 53.77			
2. Matilde Santos, COUTINHO	07 Naval da Nazar�	3:30.42	
50m: 46.66 46.66 100m: 1:39.79 53.13 150m: 2:35.10 55.31 200m: 3:30.42 55.32			
3. Luana Goncalves, RODRIGUES	07 N�cleo de Ansi�o	3:30.91	
50m: 47.36 47.36 100m: 1:40.62 53.26 150m: 2:35.75 55.13 200m: 3:30.91 55.16			



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 9, Femin., 200m Bruços, Juvenil B

Lugar	Ano	Tempo final	Pts
4. Catarina Tagaroso, LOBO	07 Uniao Juncalense	3:36.09	
50m: 48.90 48.90	100m: 1:43.38 54.48	150m: 2:40.17 56.79	200m: 3:36.09 55.92

Prova 10
12/06/2021 - 17:12
Masc., 200m Bruços
Senior Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Miguel Vicente, SILVA	02 Nautico Marinha Grande	2:39.62	
50m: 35.93 35.93	100m: 1:16.93 41.00	150m: 1:59.19 42.26	200m: 2:39.62 40.43

Prova 10
12/06/2021 - 17:12
Masc., 200m Bruços
Junior Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Daniel, TSYKAL	04 Alcobaca	2:33.25	
50m: 35.06 35.06	100m: 1:14.48 39.42	150m: 1:54.35 39.87	200m: 2:33.25 38.90
2. David Ferreira, RELVAS	03 Nautico Marinha Grande	2:33.72	
50m: 35.44 35.44	100m: 1:15.42 39.98	150m: 1:54.99 39.57	200m: 2:33.72 38.73
3. Daniel Jose, FERNANDES	04 Alcobaca	3:07.10	
50m: 41.18 41.18	100m: 1:29.81 48.63	150m: 2:18.62 48.81	200m: 3:07.10 48.48

Prova 10
12/06/2021 - 17:12
Masc., 200m Bruços
Juvenil A Resultados

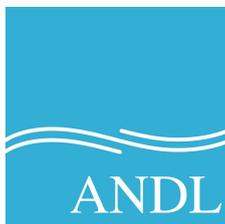
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Miguel Fernandes, OLIVEIRA	05 Nautico Marinha Grande	2:37.43	
50m: 36.18 36.18	100m: 1:16.30 40.12	150m: 1:56.84 40.54	200m: 2:37.43 40.59
2. Afonso Manuel, ASCENSO	05 Nautico Marinha Grande	2:41.74	
50m: 37.12 37.12	100m: 1:19.11 41.99	150m: 2:01.87 42.76	200m: 2:41.74 39.87
3. Tomas Portugal, SILVEIRA	05 Alcobaca	3:02.74	
50m: 40.59 40.59	100m: 1:26.65 46.06	150m: 2:14.27 47.62	200m: 3:02.74 48.47

Prova 10
12/06/2021 - 17:12
Masc., 200m Bruços
Juvenil B Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Rafael Costa, JESUS	06 Nautico Marinha Grande	3:00.43	
50m: 40.03 40.03	100m: 1:25.84 45.81	150m: 2:14.08 48.24	200m: 3:00.43 46.35
2. Luca Valentino, TONA	06 Pimpoes/Cimai	3:00.56	
50m: 41.95 41.95	100m: 1:28.04 46.09	150m: 2:15.37 47.33	200m: 3:00.56 45.19



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 11 Femin., 200m Livres Senior
12/06/2021 - 17:20 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Ana Rui, GOMES	03 Naval da Nazaré	2:27.26	
50m: 33.01 33.01	100m: 1:10.08 37.07	150m: 1:48.71 38.63	200m: 2:27.26 38.55

Prova 11 Femin., 200m Livres Junior
12/06/2021 - 17:20 Resultados

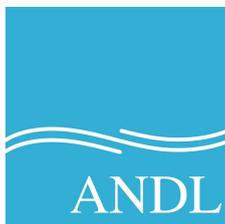
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Maria Lopes, AMADO	04 Nautico Marinha Grande	2:14.72	
50m: 31.56 31.56	100m: 1:05.39 33.83	150m: 1:40.59 35.20	200m: 2:14.72 34.13
2. Iara Filipa, DIAS	05 Naval de Peniche	2:34.43	
50m: 34.81 34.81	100m: 1:14.34 39.53	150m: 1:55.31 40.97	200m: 2:34.43 39.12
3. Beatriz Silva, CONCEICAO	05 Benedita	2:34.75	
50m: 34.28 34.28	100m: 1:13.71 39.43	150m: 1:55.15 41.44	200m: 2:34.75 39.60
DNS Beatriz Sofia, AMARO	04 Nautico Marinha Grande		

Prova 11 Femin., 200m Livres Juvenil A
12/06/2021 - 17:20 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Ariana Bento, CARAPINHA	06 Nautico Marinha Grande	2:14.59	
50m: 31.57 31.57	100m: 1:05.37 33.80	150m: 1:40.47 35.10	200m: 2:14.59 34.12
2. Ana Francisca, SILVA	06 Alcobaca	2:19.16	
50m: 32.62 32.62	100m: 1:08.22 35.60	150m: 1:44.12 35.90	200m: 2:19.16 35.04
3. Margarida Correia, MADEIRA	06 Nautico Marinha Grande	2:21.04	
50m: 32.95 32.95	100m: 1:08.67 35.72	150m: 1:44.37 35.70	200m: 2:21.04 36.67
4. Dalila Leal, BERNARDINO	06 Nucleo de Pombal	2:22.44	
50m: 32.66 32.66	100m: 1:08.87 36.21	150m: 1:45.62 36.75	200m: 2:22.44 36.82
5. Ines Mira, PINO	06 Pimpoes/Cimai	2:24.90	
50m: 34.93 34.93	100m: 1:11.75 36.82	150m: 1:49.11 37.36	200m: 2:24.90 35.79
6. Constanca Arinto, TRINDADE	06 Alcobaca	2:27.83	
50m: 35.06 35.06	100m: 1:12.31 37.25	150m: 1:50.18 37.87	200m: 2:27.83 37.65
7. Jessica Mendes, SANTOS	06 Nautico Marinha Grande	2:30.43	
50m: 35.44 35.44	100m: 1:13.53 38.09	150m: 1:52.34 38.81	200m: 2:30.43 38.09
8. Ana Luisa, RENDEIRO	06 Nucleo de Pombal	2:32.81	
50m: 35.46 35.46	100m: 1:14.37 38.91	150m: 1:54.04 39.67	200m: 2:32.81 38.77
9. Mariana Magalhaes, FERNANDES	06 Vieirense	2:35.49	
50m: 34.90 34.90	100m: 1:14.17 39.27	150m: 1:55.20 41.03	200m: 2:35.49 40.29
10. Margarida Marques, ARROJA	06 Pimpoes/Cimai	2:37.55	
50m: 36.21 36.21	100m: 1:16.80 40.59	150m: 1:58.29 41.49	200m: 2:37.55 39.26
11. Matilde Fernandes, BARQUINHA	06 Nautico Marinha Grande	2:42.18	
50m: 37.67 37.67	100m: 1:18.38 40.71	150m: 2:00.79 42.41	200m: 2:42.18 41.39



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

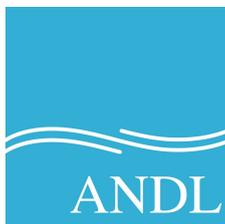
Prova 11, Femin., 200m Livres, Juvenil A

Lugar	Ano	Tempo final	Pts
12. Maria Inês, ESTEVES	06 Naval da Nazaré	2:51.43	
50m: 37.67 37.67 100m: 1:21.53 43.86 150m: 2:06.72 45.19 200m: 2:51.43 44.71			
13. Leticia Patricio, RIBEIRO	06 Uniao Juncalense	3:50.68	
50m: 49.41 49.41 100m: 1:51.54 1:02.13 150m: 2:53.67 1:02.13 200m: 3:50.68 57.01			

Prova 11 Femin., 200m Livres Juvenil B
12/06/2021 - 17:20 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Laura Roque, SIMAO	07 Nautico Marinha Grande	2:26.27	
50m: 34.24 34.24 100m: 1:11.44 37.20 150m: 1:49.19 37.75 200m: 2:26.27 37.08			
2. Maria Leonor, ESTEVES	07 Nautico Marinha Grande	2:26.47	
50m: 34.37 34.37 100m: 1:10.77 36.40 150m: 1:48.66 37.89 200m: 2:26.47 37.81			
3. Beatriz Anjo, FERREIRA	07 Nautico Marinha Grande	2:28.01	
50m: 34.76 34.76 100m: 1:12.27 37.51 150m: 1:50.62 38.35 200m: 2:28.01 37.39			
4. Leonor Vendima, COELHO	07 Uniao Juncalense	2:34.94	
50m: 35.18 35.18 100m: 1:14.19 39.01 150m: 1:55.43 41.24 200m: 2:34.94 39.51			
5. Carolina Ferreira, FONSECA	07 Vieirense	2:36.65	
50m: 34.93 34.93 100m: 1:14.24 39.31 150m: 1:55.43 41.19 200m: 2:36.65 41.22			
6. Rita Violante, ROMAO	07 Alcobaca	2:42.50	
50m: 37.14 37.14 100m: 1:19.53 42.39 150m: 2:01.66 42.13 200m: 2:42.50 40.84			
7. Ana Margarida, MOTA	07 Núcleo de Ansião	2:53.41	
50m: 37.28 37.28 100m: 1:19.55 42.27 150m: 2:05.84 46.29 200m: 2:53.41 47.57			
8. Matilde Santos, COUTINHO	07 Naval da Nazaré	2:54.25	
50m: 38.56 38.56 100m: 1:23.30 44.74 150m: 2:09.40 46.10 200m: 2:54.25 44.85			
9. Ines Sofia, PIMENTA	07 Alcobaca	2:55.24	
50m: 41.70 41.70 100m: 1:26.74 45.04 150m: 2:11.84 45.10 200m: 2:55.24 43.40			
10. Diana Filipa, SANTOS	07 Núcleo de Ansião	3:00.59	
50m: 39.71 39.71 100m: 1:25.87 46.16 150m: 2:12.74 46.87 200m: 3:00.59 47.85			
11. Catarina Tagaroso, LOBO	07 Uniao Juncalense	3:02.18	
50m: 42.43 42.43 100m: 1:29.30 46.87 150m: 2:17.56 48.26 200m: 3:02.18 44.62			
12. Beatriz Simoes, MACHADO	07 Núcleo de Ansião	3:08.80	
50m: 41.56 41.56 100m: 1:28.80 47.24 150m: 2:18.81 50.01 200m: 3:08.80 49.99			



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 12 Senior
12/06/2021 - 17:35 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Francisco Xavier, TOMAS	00 Alcobaca	2:06.03	
50m: 28.91 28.91	100m: 1:00.59 31.68	150m: 1:33.13 32.54	200m: 2:06.03 32.90
2. Miguel Vicente, SILVA	02 Nautico Marinha Grande	2:13.21	
50m: 23.68 23.68	100m: 1:01.30 37.62	150m: 1:36.90 35.60	200m: 2:13.21 36.31
3. José Antonio, LAMANDE	96 Vieiraense	2:14.41	
50m: 29.31 29.31	100m: 1:02.04 32.73	150m: 1:37.83 35.79	200m: 2:14.41 36.58

Prova 12 Junior
12/06/2021 - 17:35 Resultados

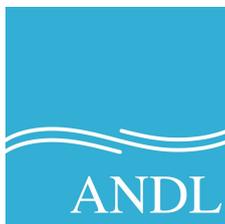
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Afonso Filipe, COSTA	03 Naval da Nazaré	2:00.12	
50m: 27.58 27.58	100m: 58.09 30.51	150m: 1:27.96 29.87	200m: 2:00.12 32.16
2. David Almeida, GAMEIRO	03 Nucleo de Pombal	2:10.81	
50m: 30.68 30.68	100m: 1:03.57 32.89	150m: 1:37.62 34.05	200m: 2:10.81 33.19
3. Paulo Sergio, FERREIRA	03 Naval da Nazaré	2:15.89	
50m: 29.07 29.07	100m: 1:02.00 32.93	150m: 1:38.63 36.63	200m: 2:15.89 37.26
4. Daniel Jose, FERNANDES	04 Alcobaca	2:22.56	
50m: 32.22 32.22	100m: 1:09.43 37.21	150m: 1:47.53 38.10	200m: 2:22.56 35.03
5. Arsenio, ZEMLIANKO	03 Nucleo de Pombal	2:22.79	
50m: 33.26 33.26	100m: 1:10.23 36.97	150m: 1:47.93 37.70	200m: 2:22.79 34.86
6. Rafael Ferreira, DIAS	04 Uniao Juncalense	3:14.37	
50m: 40.27 40.27	100m: 1:30.12 49.85	150m: 2:23.49 53.37	200m: 3:14.37 50.88

Prova 12 Juvenil A
12/06/2021 - 17:35 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Tomas Amor, SARREIRA	05 Nautico Marinha Grande	2:02.09	
50m: 27.73 27.73	100m: 58.37 30.64	150m: 1:30.08 31.71	200m: 2:02.09 32.01
2. Afonso Manuel, ASCENSO	05 Nautico Marinha Grande	2:09.09	
50m: 29.55 29.55	100m: 1:01.77 32.22	150m: 1:35.47 33.70	200m: 2:09.09 33.62
3. Samuel Filipe, AMORIM	05 Nautico Marinha Grande	2:18.47	
50m: 30.93 30.93	100m: 1:06.52 35.59	150m: 1:42.86 36.34	200m: 2:18.47 35.61
4. Pedro Pinheiro, RIBEIRO	05 Pimpoes/Cimai	2:20.09	
50m: 32.18 32.18	100m: 1:08.12 35.94	150m: 1:44.34 36.22	200m: 2:20.09 35.75
5. Renato Gomes, MARQUES	05 Nautico Marinha Grande	2:32.44	
50m: 33.30 33.30	100m: 1:11.62 38.32	150m: 1:52.23 40.61	200m: 2:32.44 40.21
6. Marco Ferreira, SILVA	05 Vieiraense	2:40.13	
50m: 33.17 33.17	100m: 1:13.37 40.20	150m: 1:58.18 44.81	200m: 2:40.13 41.95



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 12, Masc., 200m Livres

Prova 12
12/06/2021 - 17:35
Masc., 200m Livres
Juvenil B
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Daniel, STARYNSKY	06	2:09.95	
50m: 30.93 30.93	100m: 1:03.89 32.96	150m: 1:37.34 33.45	200m: 2:09.95 32.61
2. Vasco Pedro, BRANCO	06	2:21.42	
50m: 32.74 32.74	100m: 1:08.46 35.72	150m: 1:45.19 36.73	200m: 2:21.42 36.23
3. Rafael Costa, JESUS	06	2:22.65	
50m: 33.24 33.24	100m: 1:10.29 37.05	150m: 1:47.67 37.38	200m: 2:22.65 34.98
4. Miguel Valerio, SILVA	06	2:23.07	
50m: 31.77 31.77	100m: 1:06.76 34.99	150m: 1:44.90 38.14	200m: 2:23.07 38.17
5. Manuel Faveiro, JESUS	06	2:24.36	
50m: 32.32 32.32	100m: 1:09.13 36.81	150m: 1:47.31 38.18	200m: 2:24.36 37.05
6. Cristiano Nogueira, FERREIRA	06	2:26.53	
50m: 34.06 34.06	100m: 1:11.51 37.45	150m: 1:49.71 38.20	200m: 2:26.53 36.82
7. Goncalo Rodrigues, VINTEM	06	2:27.46	
50m: 32.63 32.63	100m: 1:09.26 36.63	150m: 1:48.03 38.77	200m: 2:27.46 39.43
8. Gabriel Lourenco, CUSTODIO	06	2:40.93	
50m: 36.46 36.46	100m: 1:18.37 41.91	150m: 2:02.09 43.72	200m: 2:40.93 38.84
DSQ Andre Pedro, FERREIRA	06		
<i>O atleta não concluiu a prova. Parou aos 150 metros.</i>			

3 - 2ª Jornada - Infantis, Juvenis, Juniores e Seniores

13/06/2021 - 9:30

Prova 13
13/06/2021 - 9:30
Masc., 400m Livres
Senior
Resultados

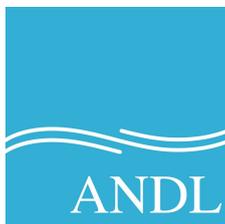
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Miguel Vicente, SILVA	02	4:16.49	
50m: 29.28 29.28	200m: 2:09.04 1:06.76	400m: 4:16.49 1:03.73	
100m: 1:02.28 33.00	300m: 3:12.76 1:03.72		

Prova 13
13/06/2021 - 9:30
Masc., 400m Livres
Junior
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Afonso Filipe, COSTA	03	4:24.07	
50m: 29.17 29.17	150m: 1:35.45 33.49	250m: 2:42.66 33.40	350m: 3:49.07 33.42
100m: 1:01.96 32.79	200m: 2:09.26 33.81	300m: 3:15.65 32.99	400m: 4:24.07 35.00
2. David Almeida, GAMEIRO	03	4:40.95	
50m: 31.33 31.33	150m: 1:40.18 35.08	250m: 2:51.05 35.81	350m: 4:04.53 37.19
100m: 1:05.10 33.77	200m: 2:15.24 35.06	300m: 3:27.34 36.29	400m: 4:40.95 36.42



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021



Prova 13, Masc., 400m Livres

Prova 13 Masc., 400m Livres Juvenil A
13/06/2021 - 9:30 Resultados

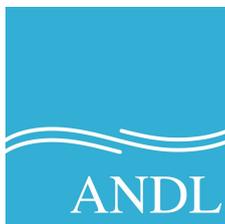
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Miguel Fernandes, OLIVEIRA	05 Nautico Marinha Grande	4:22.93	
50m: 30.42 30.42 150m: 1:37.94 34.13 250m: 2:46.31 34.19 350m: 3:52.24 32.20			
100m: 1:03.81 33.39 200m: 2:12.12 34.18 300m: 3:20.04 33.73 400m: 4:22.93 30.69			
2. Afonso Manuel, ASCENSO	05 Nautico Marinha Grande	4:24.65	
50m: 30.46 30.46 150m: 1:37.95 33.90 250m: 2:45.93 33.84 350m: 3:52.71 32.81			
100m: 1:04.05 33.59 200m: 2:12.09 34.14 300m: 3:19.90 33.97 400m: 4:24.65 31.94			
3. Samuel Filipe, AMORIM	05 Nautico Marinha Grande	4:54.33	
50m: 32.22 32.22 150m: 1:45.97 37.39 250m: 3:02.42 38.35 350m: 4:18.43 38.57			
100m: 1:08.58 36.36 200m: 2:24.07 38.10 300m: 3:39.86 37.44 400m: 4:54.33 35.90			
4. Renato Gomes, MARQUES	05 Nautico Marinha Grande	5:14.93	
50m: 33.34 33.34 150m: 1:52.55 40.71 250m: 3:15.21 41.58 350m: 4:37.15 41.02			
100m: 1:11.84 38.50 200m: 2:33.63 41.08 300m: 3:56.13 40.92 400m: 5:14.93 37.78			

Prova 13 Masc., 400m Livres Juvenil B
13/06/2021 - 9:30 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Gil Santos, LEMOS	06 Pimpoes/Cimai	4:33.28	
50m: 31.15 31.15 150m: 1:40.10 34.92 250m: 2:49.19 34.76 350m: 3:58.48 34.95			
100m: 1:05.18 34.03 200m: 2:14.43 34.33 300m: 3:23.53 34.34 400m: 4:33.28 34.80			
2. Edgar Francisco, SIMOES	06 Vieiraense	4:56.31	
50m: 31.37 31.37 200m: 2:23.77 1:16.73 400m: 4:56.31 1:15.66			
100m: 1:07.04 35.67 300m: 3:40.65 1:16.88			
3. Cristiano Nogueira, FERREIRA	06 Nucleo de Pombal	4:56.82	
50m: 34.12 34.12 150m: 1:50.44 38.82 250m: 3:06.31 37.68 350m: 4:21.06 37.13			
100m: 1:11.62 37.50 200m: 2:28.63 38.19 300m: 3:43.93 37.62 400m: 4:56.82 35.76			
4. Rafael Costa, JESUS	06 Nautico Marinha Grande	5:03.07	
50m: 33.37 33.37 150m: 1:49.40 38.94 250m: 3:06.89 38.43 350m: 4:24.65 38.21			
100m: 1:10.46 37.09 200m: 2:28.46 39.06 300m: 3:46.44 39.55 400m: 5:03.07 38.42			
5. Vasco Pedro, BRANCO	06 Naval da Nazaré	5:13.68	
50m: 36.10 36.10 150m: 1:59.64 42.29 250m: 3:21.29 39.18 350m: 4:38.18 38.37			
100m: 1:17.35 41.25 200m: 2:42.11 42.47 300m: 3:59.81 38.52 400m: 5:13.68 35.50			
6. Rafael, SANTOS	06 Uniao Juncalense	5:35.90	
50m: 40.27 40.27 150m: 2:07.32 43.79 250m: 3:30.67 40.59 350m: 4:55.90 41.83			
100m: 1:23.53 43.26 200m: 2:50.08 42.76 300m: 4:14.07 43.40 400m: 5:35.90 40.00			
7. Gabriel Lourenco, CUSTODIO	06 Naval da Nazaré	5:49.91	
50m: 38.90 38.90 150m: 2:06.75 44.37 250m: 3:34.90 44.26 350m: 5:04.94 44.50			
100m: 1:22.38 43.48 200m: 2:50.64 43.89 300m: 4:20.44 45.54 400m: 5:49.91 44.97			



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021



Prova 13, Masc., 400m Livres

Prova 13 Masc., 400m Livres Infantil A
13/06/2021 - 9:30 Resultados

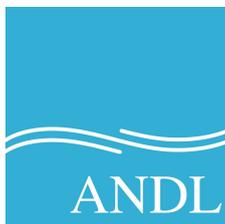
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Mateus Marques, MACHADO	07 Benedita	5:35.90	
50m: 36.42 36.42 200m: 2:44.59 1:26.89 400m: 5:35.90 1:25.17			
100m: 1:17.70 41.28 300m: 4:10.73 1:26.14			
2. Diogo Miguel, FELIX	07 Naval de Peniche	5:57.47	
50m: 38.82 38.82 150m: 2:10.25 46.81 250m: 3:43.37 46.36 350m: 5:16.05 46.40			
100m: 1:23.44 44.62 200m: 2:57.01 46.76 300m: 4:29.65 46.28 400m: 5:57.47 41.42			
3. David Jose, CARREIRA	07 Uniao Juncalense	5:59.02	
50m: 39.78 39.78 150m: 2:11.52 46.16 250m: 3:45.32 45.87 350m: 5:15.43 44.47			
100m: 1:25.36 45.58 200m: 2:59.45 47.93 300m: 4:30.96 45.64 400m: 5:59.02 43.59			
4. Andre Filipe, FERNANDES	07 Alcobaca	6:04.11	
50m: 40.64 40.64 150m: 2:13.52 46.35 250m: 3:45.56 45.80 350m: 5:17.56 45.53			
100m: 1:27.17 46.53 200m: 2:59.76 46.24 300m: 4:32.03 46.47 400m: 6:04.11 46.55			
5. Rodrigo Diniz, FIGUEIRA	07 Naval da Nazaré	6:16.61	
50m: 42.01 42.01 150m: 2:17.02 47.27 250m: 3:53.84 48.57 350m: 5:29.60 47.64			
100m: 1:29.75 47.74 200m: 3:05.27 48.25 300m: 4:41.96 48.12 400m: 6:16.61 47.01			
6. Joao Miguel, COELHO	07 Uniao Juncalense	6:57.41	
50m: 45.87 45.87 200m: 3:23.62 1:45.74 400m: 6:57.41 1:47.41			
100m: 1:37.88 52.01 300m: 5:10.00 1:46.38			

Prova 13 Masc., 400m Livres Infantil B
13/06/2021 - 9:30 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Antonio Quiterio, ANASTACIO	08 Benedita	5:39.21	
50m: 37.91 37.91 150m: 2:03.12 43.41 250m: 3:30.71 43.75 350m: 4:57.65 43.53			
100m: 1:19.71 41.80 200m: 2:46.96 43.84 300m: 4:14.12 43.41 400m: 5:39.21 41.56			
2. Diogo Coelho, JORDAO	08 Uniao Juncalense	5:43.05	
50m: 37.87 37.87 150m: 2:04.13 43.79 250m: 3:32.84 44.20 350m: 5:01.06 43.94			
100m: 1:20.34 42.47 200m: 2:48.64 44.51 300m: 4:17.12 44.28 400m: 5:43.05 41.99			
3. Tiago Santos, POMBO	08 Alcobaca	5:58.06	
50m: 40.81 40.81 150m: 2:11.68 45.32 250m: 3:43.41 45.87 350m: 5:15.34 46.14			
100m: 1:26.36 45.55 200m: 2:57.54 45.86 300m: 4:29.20 45.79 400m: 5:58.06 42.72			
4. Diogo Barata, ALVES	08 Nautico Marinha Grande	6:18.22	
50m: 43.50 43.50 150m: 2:19.78 48.99 250m: 3:55.60 47.48 400m: 6:18.22 1:33.04			
100m: 1:30.79 47.29 200m: 3:08.12 48.34 300m: 4:45.18 49.58			
5. Leonardo Inacio, FERREIRA	08 Benedita	6:38.66	
50m: 43.56 43.56 150m: 2:22.15 49.94 250m: 4:06.09 52.10 350m: 5:50.90 51.76			
100m: 1:32.21 48.65 200m: 3:13.99 51.84 300m: 4:59.14 53.05 400m: 6:38.66 47.76			
6. Justin Daniel, BORGES	08 Óbidos	6:56.09	
50m: 40.33 40.33 200m: 3:22.03 1:52.13 400m: 6:56.09 1:44.47			
100m: 1:29.90 49.57 300m: 5:11.62 1:49.59			



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 14 Femin., 400m Livres Senior
13/06/2021 - 10:05 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Ines Apolinario, SOARES	03 Pimpoes/Cimai	4:55.18	
50m: 32.99 32.99	150m: 1:46.28 37.13	250m: 3:01.90 37.84	350m: 4:17.85 38.10
100m: 1:09.15 36.16	200m: 2:24.06 37.78	300m: 3:39.75 37.85	400m: 4:55.18 37.33

Prova 14 Femin., 400m Livres Junior
13/06/2021 - 10:05 Resultados

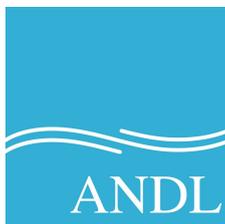
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Maria Lopes, AMADO	04 Nautico Marinha Grande	4:40.75	
50m: 31.56 31.56	150m: 1:40.79 35.20	250m: 2:52.48 36.14	350m: 4:04.61 36.21
100m: 1:05.59 34.03	200m: 2:16.34 35.55	300m: 3:28.40 35.92	400m: 4:40.75 36.14
2. Maria Silva, CARVALHO	05 Pimpoes/Cimai	5:12.52	
50m: 35.07 35.07	150m: 1:51.94 38.81	250m: 3:11.62 40.06	350m: 4:32.61 40.90
100m: 1:13.13 38.06	200m: 2:31.56 39.62	300m: 3:51.71 40.09	400m: 5:12.52 39.91

Prova 14 Femin., 400m Livres Juvenil A
13/06/2021 - 10:05 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Ariana Bento, CARAPINHA	06 Nautico Marinha Grande	4:40.45	
50m: 31.62 31.62	200m: 2:16.90 1:11.04	400m: 4:40.45 1:12.46	
100m: 1:05.86 34.24	300m: 3:27.99 1:11.09		
2. Margarida Correia, MADEIRA	06 Nautico Marinha Grande	4:50.19	
50m: 33.47 33.47	150m: 1:46.70 36.82	250m: 3:00.17 36.47	350m: 4:14.09 36.52
100m: 1:09.88 36.41	200m: 2:23.70 37.00	300m: 3:37.57 37.40	400m: 4:50.19 36.10
3. Catarina Machado, BELO	06 Benedita	5:00.00	
50m: 34.52 34.52	150m: 1:49.15 37.50	250m: 3:05.04 37.75	350m: 4:21.94 38.46
100m: 1:11.65 37.13	200m: 2:27.29 38.14	300m: 3:43.48 38.44	400m: 5:00.00 38.06
4. Ines Mira, PINO	06 Pimpoes/Cimai	5:12.20	
50m: 34.88 34.88	150m: 1:51.88 39.00	250m: 3:11.16 39.73	350m: 4:32.28 40.57
100m: 1:12.88 38.00	200m: 2:31.43 39.55	300m: 3:51.71 40.55	400m: 5:12.20 39.92
5. Ana Luisa, RENDEIRO	06 Nucleo de Pombal	5:15.35	
50m: 35.15 35.15	200m: 2:33.77 1:20.07	400m: 5:15.35 1:20.82	
100m: 1:13.70 38.55	300m: 3:54.53 1:20.76		
6. Flavia Mendes, DOMINGUES	06 Nucleo de Pombal	5:42.93	
50m: 38.50 38.50	150m: 2:05.06 43.60	250m: 3:33.01 44.89	350m: 4:59.97 43.84
100m: 1:21.46 42.96	200m: 2:48.12 43.06	300m: 4:16.13 43.12	400m: 5:42.93 42.96



Torneio Meio Fundo - Absolutos
Nazar , 12 - 13/6/2021



Prova 14, Femin., 400m Livres

Prova 14 Femin., 400m Livres Juvenil B
13/06/2021 - 10:05 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Laura Roque, SIMAO	07 Nautico Marinha Grande	5:04.09	
50m: 35.17 35.17	150m: 1:50.78 38.21	250m: 3:08.54 39.45	350m: 4:26.59 38.75
100m: 1:12.57 37.40	200m: 2:29.09 38.31	300m: 3:47.84 39.30	400m: 5:04.09 37.50
2. Maria Leonor, ESTEVES	07 Nautico Marinha Grande	5:06.39	
50m: 34.45 34.45	150m: 1:50.06 38.76	250m: 3:08.96 39.18	350m: 4:28.11 39.44
100m: 1:11.30 36.85	200m: 2:29.78 39.72	300m: 3:48.67 39.71	400m: 5:06.39 38.28
3. Beatriz Anjo, FERREIRA	07 Nautico Marinha Grande	5:09.22	
50m: 35.65 35.65	150m: 1:54.40 40.10	250m: 3:13.56 39.41	350m: 4:31.77 38.87
100m: 1:14.30 38.65	200m: 2:34.15 39.75	300m: 3:52.90 39.34	400m: 5:09.22 37.45
4. Leonor Vendima, COELHO	07 Uniao Juncalense	5:43.47	
50m: 39.21 39.21	150m: 2:05.65 44.22	250m: 3:34.68 44.37	350m: 5:02.40 43.75
100m: 1:21.43 42.22	200m: 2:50.31 44.66	300m: 4:18.65 43.97	400m: 5:43.47 41.07
5. Catarina Tagarrosso, LOBO	07 Uniao Juncalense	6:11.42	
50m: 40.42 40.42	150m: 2:13.56 47.31	250m: 3:49.71 47.66	350m: 5:25.91 47.21
100m: 1:26.25 45.83	200m: 3:02.05 48.49	300m: 4:38.70 48.99	400m: 6:11.42 45.51

Prova 14 Femin., 400m Livres Infantil A
13/06/2021 - 10:05 Resultados

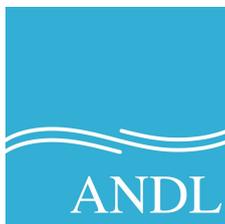
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Rita Rocha, SILVA	08 Alcobaca	5:25.40	
50m: 36.30 36.30	150m: 1:57.05 41.23	250m: 3:20.65 41.55	350m: 4:45.11 42.75
100m: 1:15.82 39.52	200m: 2:39.10 42.05	300m: 4:02.36 41.71	400m: 5:25.40 40.29
2. Iris Lucas, RIBEIRO	08 Alcobaca	5:39.98	
50m: 37.75 37.75	200m: 2:47.52 1:27.37	400m: 5:39.98 1:25.35	
100m: 1:20.15 42.40	300m: 4:14.63 1:27.11		
3. Matilde Monteiro, NEVES	08 Nucleo de Pombal	6:05.85	
50m: 40.43 40.43	150m: 2:11.59 46.47	250m: 3:46.10 46.73	350m: 5:20.70 47.42
100m: 1:25.12 44.69	200m: 2:59.37 47.78	300m: 4:33.28 47.18	400m: 6:05.85 45.15
4. Leonor Ferreira, SANTOS	08 Nautico Marinha Grande	6:26.03	
50m: 40.87 40.87	150m: 2:16.08 48.86	250m: 3:55.58 50.29	350m: 5:35.76 50.83
100m: 1:27.22 46.35	200m: 3:05.29 49.21	300m: 4:44.93 49.35	400m: 6:26.03 50.27

Prova 14 Femin., 400m Livres Infantil B
13/06/2021 - 10:05 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Zofie, PACHECO	09 Naval de Peniche	5:50.81	
50m: 37.37 37.37	150m: 2:06.54 44.99	250m: 3:37.09 45.35	350m: 5:09.52 45.93
100m: 1:21.55 44.18	200m: 2:51.74 45.20	300m: 4:23.59 46.50	400m: 5:50.81 41.29
2. Teresa Maria, LOPES	09 Benedita	5:51.59	
50m: 39.66 39.66	150m: 2:08.09 44.78	250m: 3:38.30 45.18	350m: 5:09.18 45.35
100m: 1:23.31 43.65	200m: 2:53.12 45.03	300m: 4:23.83 45.53	400m: 5:51.59 42.41



Torneio Meio Fundo - Absolutos
Nazar , 12 - 13/6/2021

Prova 14, Femin., 400m Livres, Infantil B

Lugar	Ano	Tempo final	Pts
3. Francisca Ramos, NUNES	09 Naval de Peniche	6:02.86	
50m: 39.78 39.78 150m: 2:12.19 46.82 250m: 3:46.23 47.27 350m: 5:18.36 44.19			
100m: 1:25.37 45.59 200m: 2:58.96 46.77 300m: 4:34.17 47.94 400m: 6:02.86 44.50			
4. Anjali, RAICAR	09 Naval de Peniche	6:30.06	
50m: 38.51 38.51 200m: 3:04.71 1:40.35 400m: 6:30.06 1:41.38			
100m: 1:24.36 45.85 300m: 4:48.68 1:43.97			
5. Barbara Gomes, MARQUES	09 Nautico Marinha Grande	7:09.78	
50m: 42.03 42.03 150m: 2:28.43 54.10 250m: 4:20.59 55.89 350m: 6:14.54 57.94			
100m: 1:34.33 52.30 200m: 3:24.70 56.27 300m: 5:16.60 56.01 400m: 7:09.78 55.24			
DNS Francisca Vieira, NUNES	09 Alcobaca		

Prova 15
13/06/2021 - 10:40

Masc., 200m Mariposa

Junior
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. David Ferreira, RELVAS	03 Nautico Marinha Grande	2:12.12	
50m: 28.80 28.80 100m: 1:01.64 32.84 150m: 1:36.31 34.67 200m: 2:12.12 35.81			

Prova 15
13/06/2021 - 10:40

Masc., 200m Mariposa

Juvenil A
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Pedro Pinheiro, RIBEIRO	05 Pimpoes/Cimai	2:26.86	
50m: 32.85 32.85 100m: 1:11.63 38.78 150m: 1:49.57 37.94 200m: 2:26.86 37.29			

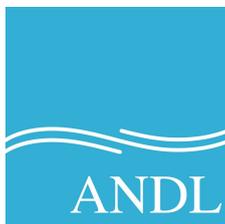
Prova 15
13/06/2021 - 10:40

Masc., 200m Mariposa

Juvenil B
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Daniel, STARYNSKYY	06 Benedita	2:27.56	
50m: 31.54 31.54 100m: 1:08.26 36.72 200m: 2:27.56 1:19.30			
2. Luca Valentino, TONA	06 Pimpoes/Cimai	2:29.86	
50m: 31.94 31.94 100m: 1:09.75 37.81 150m: 1:50.06 40.31 200m: 2:29.86 39.80			
3. Andre Pedro, FERREIRA	06 Nucleo de Pombal	2:42.55	
50m: 35.11 35.11 100m: 1:17.06 41.95 150m: 2:00.44 43.38 200m: 2:42.55 42.11			



Torneio Meio Fundo - Absolutos
Nazar , 12 - 13/6/2021

Prova 15, Masc., 200m Mariposa

Prova 15 Masc., 200m Mariposa Infantil A
13/06/2021 - 10:40 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Leonardo Jose, CRUZ	07 Alcobaca	2:30.46	
50m: 32.33 32.33 100m: 1:10.65 38.32 150m: 1:50.50 39.85 200m: 2:30.46 39.96			
2. Francisco Xavier, RITA	07 Vieirense	2:44.10	
50m: 34.12 34.12 100m: 1:14.76 40.64 150m: 1:58.34 43.58 200m: 2:44.10 45.76			
3. Francisco Jose, FRAGOSO	07 Vieirense	3:14.04	
50m: 38.76 38.76 100m: 1:25.80 47.04 150m: 2:18.44 52.64 200m: 3:14.04 55.60			

Prova 15 Masc., 200m Mariposa Infantil B
13/06/2021 - 10:40 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Gabriel Mota, PATRICIO	08 Vieirense	2:56.58	
50m: 38.54 38.54 100m: 1:25.62 47.08 200m: 2:56.58 1:30.96			
2. Tiago Santos, POMBO	08 Alcobaca	3:11.38	
50m: 43.46 43.46 100m: 1:34.33 50.87 150m: 2:23.39 49.06 200m: 3:11.38 47.99			
DSQ Martim Luis, GASPAR	08 Nautico Marinha Grande		
<i>O atleta realizou pernadas alternadas, durante os �ltimos 100 metros.</i>			

Prova 16 Femin., 200m Mariposa Senior
13/06/2021 - 10:48 Resultados

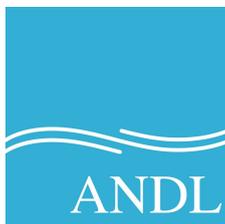
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
DNS Lara Roque, COTRIM	03 Pimpoes/Cimai		

Prova 16 Femin., 200m Mariposa Juvenil A
13/06/2021 - 10:48 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Catarina Machado, BELO	06 Benedita	2:37.42	
50m: 34.98 34.98 100m: 1:15.96 40.98 200m: 2:37.42 1:21.46			
2. Dalila Leal, BERNARDINO	06 Nucleo de Pombal	2:38.59	
50m: 35.23 35.23 100m: 1:15.71 40.48 150m: 1:56.98 41.27 200m: 2:38.59 41.61			
3. Leonor Verissimo, FARIA	06 Nucleo de Pombal	2:49.52	
50m: 37.03 37.03 100m: 1:20.76 43.73 150m: 2:05.63 44.87 200m: 2:49.52 43.89			
4. Margarida Marques, ARROJA	06 Pimpoes/Cimai	2:51.48	
50m: 36.36 36.36 100m: 1:19.20 42.84 150m: 2:04.69 45.49 200m: 2:51.48 46.79			



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021



Prova 16, Femin., 200m Mariposa

Prova 16
13/06/2021 - 10:48
Femin., 200m Mariposa
Infantil A
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Matilde Andre, LUIS	08 Alcobaca	2:58.97	
50m: 39.78 39.78	100m: 1:26.17 46.39	200m: 2:58.97 1:32.80	
2. Rita Alexandra, REBELO	08 Alcobaca	3:00.69	
50m: 40.06 40.06	100m: 1:25.59 45.53	150m: 2:14.12 48.53	200m: 3:00.69 46.57

Prova 16
13/06/2021 - 10:48
Femin., 200m Mariposa
Infantil B
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Patricia Anjo, FERREIRA	09 Nautico Marinha Grande	3:03.43	
50m: 38.18 38.18	100m: 1:24.22 46.04	150m: 2:13.49 49.27	200m: 3:03.43 49.94
2. Mariana Santos, INACIO	09 Alcobaca	3:09.56	
50m: 41.39 41.39	100m: 1:29.11 47.72	150m: 2:18.64 49.53	200m: 3:09.56 50.92
DSQ Constanca Baptista, TOMAS	09 Alcobaca		
<i>Falsa partida.</i>			

Prova 17
13/06/2021 - 10:56
Masc., 200m Estilos
Senior
Resultados

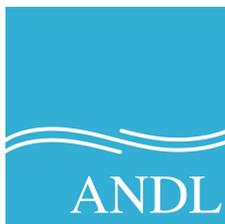
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Miguel Vicente, SILVA	02 Nautico Marinha Grande	2:17.72	
50m: 28.09 28.09	100m: 1:03.65 35.56	200m: 2:17.72 1:14.07	

Prova 17
13/06/2021 - 10:56
Masc., 200m Estilos
Junior
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. David Ferreira, RELVAS	03 Nautico Marinha Grande	2:12.95	
50m: 28.64 28.64	100m: 1:02.38 33.74	150m: 1:41.49 39.11	200m: 2:12.95 31.46
2. Paulo Sergio, FERREIRA	03 Naval da Nazaré	2:31.40	
50m: 30.43 30.43	150m: 1:55.27 1:24.84	200m: 2:31.40 36.13	
3. David Almeida, GAMEIRO	03 Nucleo de Pombal	2:32.48	
50m: 33.15 33.15	100m: 1:12.31 39.16	150m: 1:56.91 44.60	200m: 2:32.48 35.57
4. Rafael Ferreira, DIAS	04 Uniao Juncalense	3:29.07	
50m: 43.03 43.03	100m: 1:36.52 53.49	200m: 3:29.07 1:52.55	
DSQ Arsenio, ZEMLIANKO	03 Nucleo de Pombal		
<i>O atleta perdeu a posição dorsal, na viragem aos 100 metros.</i>			



Torneio Meio Fundo - Absolutos
Nazar , 12 - 13/6/2021

Prova 17, Masc., 200m Estilos

Prova 17
13/06/2021 - 10:56
Masc., 200m Estilos
Juvenil A
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Miguel Fernandes, OLIVEIRA 50m: 28.16 28.16 100m: 1:02.18 34.02 150m: 1:43.00 40.82 200m: 2:13.17	05 Nautico Marinha Grande	2:13.17	30.17
2. Afonso Manuel, ASCENSO 50m: 30.46 30.46 100m: 1:10.68 40.22 150m: 1:49.25 38.57 200m: 2:22.65	05 Nautico Marinha Grande	2:22.65	33.40
3. Samuel Filipe, AMORIM 50m: 34.63 34.63 100m: 1:13.17 38.54 150m: 1:58.34 45.17 200m: 2:32.65	05 Nautico Marinha Grande	2:32.65	34.31
4. Renato Gomes, MARQUES 50m: 34.02 34.02 100m: 1:16.80 42.78 200m: 2:49.22 1:32.42	05 Nautico Marinha Grande	2:49.22	
5. Marco Ferreira, SILVA 50m: 36.77 36.77 100m: 1:23.71 46.94 150m: 2:22.78 59.07 200m: 3:03.66	05 Vieirense	3:03.66	40.88

Prova 17
13/06/2021 - 10:56
Masc., 200m Estilos
Juvenil B
Resultados

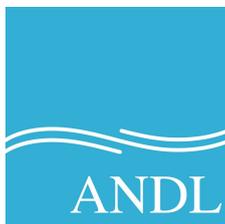
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Gil Santos, LEMOS 50m: 30.86 30.86 100m: 1:08.71 37.85 150m: 1:54.39 45.68 200m: 2:27.13	06 Pimpoes/Cimai	2:27.13	32.74
2. Luca Valentino, TONA 50m: 30.74 30.74 100m: 1:13.36 42.62 200m: 2:35.85 1:22.49	06 Pimpoes/Cimai	2:35.85	
3. Rafael Costa, JESUS 50m: 32.59 32.59 100m: 1:14.33 41.74 150m: 2:02.18 47.85 200m: 2:37.42	06 Nautico Marinha Grande	2:37.42	35.24
4. Vasco Pedro, BRANCO 50m: 31.56 31.56 100m: 1:10.45 38.89 150m: 2:01.08 50.63 200m: 2:38.81	06 Naval da Nazar�	2:38.81	37.73
5. Andre Pedro, FERREIRA 50m: 34.85 34.85 100m: 1:17.89 43.04 150m: 2:10.43 52.54 200m: 2:44.81	06 Nucleo de Pombal	2:44.81	34.38
6. Cristiano Nogueira, FERREIRA 50m: 38.40 38.40 100m: 1:18.88 40.48 150m: 2:13.03 54.15 200m: 2:49.83	06 Nucleo de Pombal	2:49.83	36.80
DSQ Rafael, SANTOS <i>Na viragem dos 100 metros, o atleta n�o tocou na parede, na posi�o dorsal.</i>	06 Uniao Juncalense		

Prova 17
13/06/2021 - 10:56
Masc., 200m Estilos
Infantil A
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Jose Januario, MARQUES 50m: 33.91 33.91 100m: 1:16.23 42.32 150m: 2:06.90 50.67 200m: 2:45.01	07 Pimpoes/Cimai	2:45.01	38.11
2. Henrique Miguel, SERRANO 50m: 39.71 39.71 100m: 1:27.80 48.09 150m: 2:17.53 49.73 200m: 2:58.71	07 Pimpoes/Cimai	2:58.71	41.18
3. Mateus Marques, MACHADO 50m: 38.31 38.31 100m: 1:23.46 45.15 200m: 3:03.19 1:39.73	07 Benedita	3:03.19	



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 17, Masc., 200m Estilos, Infantil A

Lugar	Ano	Tempo final	Pts
4. David Jose, CARREIRA	07 Uniao Juncalense	3:04.17	
50m: 41.55 41.55	100m: 1:31.69 50.14	150m: 2:22.98 51.29	200m: 3:04.17 41.19
5. Rodrigo Diniz, FIGUEIRA	07 Naval da Nazaré	3:24.98	
50m: 40.64 40.64	100m: 1:37.28 56.64	150m: 2:37.20 59.92	200m: 3:24.98 47.78
DSQ Joao Miguel, COELHO	07 Uniao Juncalense		
<i>O atleta realizou pernadas alternadas durante o percurso de mariposa.</i>			

Prova 17 Masc., 200m Estilos Infantil B
13/06/2021 - 10:56 Resultados

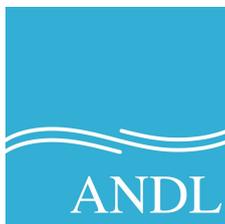
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Antonio Quiterio, ANASTACIO	08 Benedita	2:56.27	
50m: 38.10 38.10	100m: 1:25.23 47.13	150m: 2:16.16 50.93	200m: 2:56.27 40.11
2. Mikhael, ONUTSKYY	08 Pimpoes/Cimai	2:57.87	
50m: 36.68 36.68	100m: 1:21.47 44.79	150m: 2:15.82 54.35	200m: 2:57.87 42.05
3. Santiago Boica, SOUSA	08 Vieirense	3:02.96	
50m: 43.39 43.39	100m: 1:33.63 50.24	150m: 2:23.93 50.30	200m: 3:02.96 39.03
4. Diogo Barata, ALVES	08 Nautico Marinha Grande	3:10.33	
50m: 42.71 42.71	100m: 1:33.41 50.70	150m: 2:26.12 52.71	200m: 3:10.33 44.21
5. Justin Daniel, BORGES	08 Óbidos	3:33.24	
50m: 43.94 43.94	100m: 1:37.39 53.45	150m: 2:42.75 1:05.36	200m: 3:33.24 50.49
6. Rodrigo Santos, COUTINHO	08 Pimpoes/Cimai	3:33.37	
50m: 46.53 46.53	100m: 1:41.61 55.08	150m: 2:43.43 1:01.82	200m: 3:33.37 49.94
DSQ Leonardo Inacio, FERREIRA	08 Benedita		
<i>O atleta no percurso de mariposa, não tirou os cotovelos fora da água.</i>			
DSQ Diogo Coelho, JORDAO	08 Uniao Juncalense		
<i>Na viragem aos 125 metros, o atleta tocou na parede apenas com uma mão.</i>			

Prova 18 Femin., 200m Estilos Senior
13/06/2021 - 11:23 Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Ines Apolinario, SOARES	03 Pimpoes/Cimai	2:28.91	
50m: 33.74 33.74	100m: 1:11.96 38.22	150m: 1:54.58 42.62	200m: 2:28.91 34.33
2. Ana Rui, GOMES	03 Naval da Nazaré	2:49.98	
50m: 33.93 33.93	100m: 1:15.99 42.06	150m: 2:09.77 53.78	200m: 2:49.98 40.21



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 18, Femin., 200m Estilos

Prova 18
13/06/2021 - 11:23
Femin., 200m Estilos
Junior Resultados

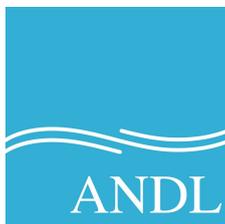
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Maria Lopes, AMADO 50m: 32.98 32.98 100m: 1:12.49 39.51 200m: 2:35.90 1:23.41	04 Nautico Marinha Grande	2:35.90	
2. Maria Silva, CARVALHO 50m: 32.09 32.09 100m: 1:17.38 45.29 150m: 2:10.96 53.58 200m: 2:50.37	05 Pimpoes/Cimai	2:50.37	39.41
DNS Beatriz Sofia, AMARO	04 Nautico Marinha Grande		

Prova 18
13/06/2021 - 11:23
Femin., 200m Estilos
Juvenil A Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Ariana Bento, CARAPINHA 50m: 31.08 31.08 100m: 1:07.78 36.70 150m: 1:51.93 44.15 200m: 2:27.38	06 Nautico Marinha Grande	2:27.38	35.45
2. Leonor Verissimo, FARIA 50m: 36.80 36.80 100m: 1:17.38 40.58 150m: 2:06.09 48.71 200m: 2:40.01	06 Nucleo de Pombal	2:40.01	33.92
3. Margarida Correia, MADEIRA 50m: 37.40 37.40 100m: 1:20.92 43.52 150m: 2:04.78 43.86 200m: 2:41.13	06 Nautico Marinha Grande	2:41.13	36.35
4. Dalila Leal, BERNARDINO 50m: 35.22 35.22 100m: 1:20.24 45.02 150m: 2:09.57 49.33 200m: 2:45.52	06 Nucleo de Pombal	2:45.52	35.95
5. Leonor Caetano, MOREIRA 50m: 34.13 34.13 100m: 1:16.71 42.58 150m: 2:07.89 51.18 200m: 2:48.14	06 Vieirense	2:48.14	40.25
6. Mafalda Caetano, LOURENCO 50m: 37.32 37.32 100m: 1:20.01 42.69 150m: 2:10.54 50.53 200m: 2:51.06	06 Vieirense	2:51.06	40.52
7. Ana Luisa, RENDEIRO 50m: 49.69 49.69 100m: 1:26.63 36.94 150m: 2:17.19 50.56 200m: 2:56.81	06 Nucleo de Pombal	2:56.81	39.62
8. Matilde Fernandes, BARQUINHA 50m: 36.18 36.18 100m: 1:21.82 45.64 200m: 3:00.03 1:38.21	06 Nautico Marinha Grande	3:00.03	
9. Flavia Mendes, DOMINGUES 50m: 42.44 42.44 100m: 1:28.51 46.07 200m: 3:05.81 1:37.30	06 Nucleo de Pombal	3:05.81	
10. Maria Inês, ESTEVES 50m: 37.38 37.38 100m: 1:23.68 46.30 150m: 2:28.04 1:04.36 200m: 3:12.95	06 Naval da Nazaré	3:12.95	44.91
DNS Beatriz Luz, MARTINS	06 Pimpoes/Cimai		
DNS Sofia Simao, CUNHA	06 Pimpoes/Cimai		
DNS Mariana Magalhaes, FERNANDES	06 Vieirense		



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021



Prova 18, Femin., 200m Estilos

Prova 18
13/06/2021 - 11:23
Femin., 200m Estilos
Juvenil B
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Beatriz Anjo, FERREIRA 50m: 35.27 35.27 100m: 1:17.69 42.42 200m: 2:43.12 1:25.43	07 Nautico Marinha Grande	2:43.12	
2. Maria Leonor, ESTEVES 50m: 36.63 36.63 100m: 1:20.96 44.33 150m: 2:06.21 45.25 200m: 2:43.34	07 Nautico Marinha Grande	2:43.34	37.13
3. Laura Roque, SIMAO 50m: 39.34 39.34 100m: 1:22.77 43.43 200m: 2:45.96 1:23.19	07 Nautico Marinha Grande	2:45.96	
4. Carolina Ferreira, FONSECA 50m: 39.26 39.26 100m: 1:25.86 46.60 150m: 2:18.61 52.75 200m: 2:59.79	07 Vieirense	2:59.79	41.18
5. Leonor Vendima, COELHO 50m: 39.90 39.90 100m: 1:26.49 46.59 150m: 2:19.67 53.18 200m: 2:59.91	07 Uniao Juncalense	2:59.91	40.24
6. Matilde Santos, COUTINHO 50m: 41.18 41.18 100m: 1:28.63 47.45 150m: 2:26.28 57.65 200m: 3:13.08	07 Naval da Nazaré	3:13.08	46.80
7. Catarina Tagaroso, LOBO 50m: 47.68 47.68 100m: 1:37.64 49.96 200m: 3:22.73 1:45.09	07 Uniao Juncalense	3:22.73	

Prova 18
13/06/2021 - 11:23
Femin., 200m Estilos
Infantil A
Resultados

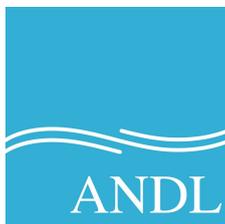
Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Matilde Monteiro, NEVES 50m: 48.28 48.28 100m: 1:38.42 50.14 150m: 2:34.15 55.73 200m: 3:19.04	08 Nucleo de Pombal	3:19.04	44.89
2. Camila Silva, CHAMUSCO 50m: 43.76 43.76 100m: 1:36.89 53.13 150m: 2:32.37 55.48 200m: 3:20.82	08 Pimpoes/Cimai	3:20.82	48.45
3. Leonor Ferreira, SANTOS 50m: 45.53 45.53 100m: 1:38.52 52.99 150m: 2:42.40 1:03.88 200m: 3:30.39	08 Nautico Marinha Grande	3:30.39	47.99

Prova 18
13/06/2021 - 11:23
Femin., 200m Estilos
Infantil B
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
1. Mariana Santos, INACIO 50m: 38.71 38.71 100m: 1:24.77 46.06 150m: 2:21.19 56.42 200m: 3:04.93	09 Alcobaca	3:04.93	43.74
2. Leonor Palma, JACOMO 50m: 44.18 44.18 100m: 1:30.57 46.39 150m: 2:24.93 54.36 200m: 3:06.65	09 Alcobaca	3:06.65	41.72
3. Mariana Sousa, MARQUES 50m: 43.68 43.68 100m: 1:35.21 51.53 150m: 2:32.46 57.25 200m: 3:13.93	09 Alcobaca	3:13.93	41.47
4. Zofie, PACHECO 50m: 44.28 44.28 100m: 1:35.29 51.01 150m: 2:31.46 56.17 200m: 3:15.23	09 Naval de Peniche	3:15.23	43.77
5. Francisca Ramos, NUNES 50m: 47.38 47.38 100m: 1:35.96 48.58 150m: 2:34.31 58.35 200m: 3:19.18	09 Naval de Peniche	3:19.18	44.87



Torneio Meio Fundo - Absolutos
Nazaré, 12 - 13/6/2021

Prova 18, Femin., 200m Estilos, Infantil B

Lugar	Ano	Tempo final	Pts
6. Anjali, RAICAR	09 Naval de Peniche	3:31.95	
50m: 45.86 45.86 100m: 1:37.25 51.39 150m: 2:44.54 1:07.29 200m: 3:31.95 47.41			
7. Julia Margarida, BARBOSA	09 Pimpoes/Cimai	3:38.99	
50m: 48.33 48.33 100m: 1:42.88 54.55 200m: 3:38.99 1:56.11			
8. Carolina Minez, PRONTO	09 Pimpoes/Cimai	3:45.12	
50m: 47.51 47.51 100m: 1:46.27 58.76 150m: 2:50.70 1:04.43 200m: 3:45.12 54.42			
9. Mafalda Adriano, SOUSA	09 Nautico Marinha Grande	4:03.90	
50m: 56.82 56.82 100m: 1:56.82 1:00.00 150m: 3:09.17 1:12.35 200m: 4:03.90 54.73			
DSQ Teresa Maria, LOPES	09 Benedita		
<i>Na viragem aos 125 metros, o atleta só tocou com um mão na parede.</i>			
DSQ Barbara Gomes, MARQUES	09 Nautico Marinha Grande		
<i>Nas viragens aos 25 e 125 metros, a atleta só tocou com uma mão na parede.</i>			
DNS Francisca Vieira, NUNES	09 Alcobaca		