

XXIII Torneio Taça Cidade de Alcobaça 2019
Alcobaça, 19/1/2019

1 - Jornada Única

19/01/2019 - 15:00

Prova 1 Femin., 50m Livres Absolutos Femininos
19/01/2019 Resultados

Rec. Torneio 26.78 Sara, Madeira Alcobaça 2008

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Giovanna Vaz, Vargas	00 Nautico Marinha Grande	27.82	559
2. Joana Francisca, Rodrigues	04 Uniao Coimbra	28.31	531
3. Sofia Alexandra, Nunes	00 Laranjeiro	28.37	528
4. Sofia Alexandra, Rolao	98 Benfica	28.45	523
5. Matilde Domingues, Gameiro	97 Clube Náutico Académico	28.49	521
6. Maria Crista, Jesus	03 Louletano / Loule Concelho	28.90	499
7. Ana Carolina, Neves	00 Académica de Coimbra	28.95	496
8. Camila Alexandra, Silva	03 Columbofila Cantanhedense	29.21	483
9. Beatriz Quintao, Amantes	03 União Piedense	29.30	479
10. Ana Claudia, Ferreira	90 Alcobaca	29.65	462
11. Rita Afonso, Belo	02 Benedita Sport Club	30.09	442
12. Marta Viola, Marques	03 Colégio Vasco da Gama	30.18	438
13. Maria Silva, Carvalho	05 Pimpoes/Cimai	30.56	422
14. Ana Rui, Gomes	03 Clube Naval da Nazaré	31.07	401
DNS Maria Martim, Coutinho	04 Ba-Leiria		
EXH Ines Mariana, Pinheiro	03 Académica de Coimbra	28.48	521

Prova 2 Masc., 50m Livres Absolutos Masculinos
19/01/2019 Resultados

Rec. Torneio 23.15 Mario, Pereira Alcobaça 2012

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Leonardo Andre, Schilling	93 Benfica	22.35	744
2. Viktor, Kot	98 Nautico Marinha Grande	23.64	629
3. Ricardo Saraiva, Pires	98 Laranjeiro	24.56	561
4. Afonso Filipe, Costa	03 Clube Naval da Nazaré	25.41	506
5. Rodrigo Miguel, Reis	04 Ba-Leiria	25.70	489
Joao Francisco, Machado	99 Uniao Coimbra	25.70	489
7. Lucas Pereira, Bastos	00 Clube Náutico Académico	25.83	482
8. Bernardo Geada, Brito	02 União Piedense	25.89	479
9. Alexandre Teixeira, Marcos	00 Louletano / Loule Concelho	26.03	471
10. Miguel Monteiro, Diogo	93 Alcobaca	26.23	460
11. Gabriel Jose, Julio	01 Académica de Coimbra	27.23	411
12. Alexandre Quiterio, Anastacio	01 Benedita Sport Club	28.10	374
13. David Valdagua, Coutinho	03 Columbofila Cantanhedense	28.28	367
DNS Joao Tomas, Madrugo	04 Pimpoes/Cimai		
DNS Guilherme Carmo, Manz	03 Colégio Vasco da Gama		

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Prova 3
19/01/2019

Femin., 200m Bruços

Infantil B Femininos
Resultados

Rec. Torneio 2:55.30 Raquel, Pereira SAD Alcobaça 2012

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Vanessa Liliana, Almeida		07	Ba-Leiria				3:24.00	287
	50m:	45.15 45.15	100m:	1:36.81	51.66	150m:	2:30.81 54.00	200m:	3:24.00 53.19
2.	Maria Leonor, Esteves		07	Nautico Marinha Grande				3:24.65	284
	50m:	46.99 46.99	100m:	1:39.72	52.73	150m:	2:32.55 52.83	200m:	3:24.65 52.10
3.	Luna Almeida, Rodrigues		07	Columbofila Cantanhedense				3:48.21	205
	50m:	54.23 54.23	100m:	1:51.52	57.29	150m:	2:50.70 59.18	200m:	3:48.21 57.51
4.	Marta Filipa, Cruz		07	Laranjeiro				3:49.58	201
	50m:	49.74 49.74	100m:	1:48.48	58.74	150m:	2:50.60 1:02.12	200m:	3:49.58 58.98
DNS	Ema Cardoso, Baptista		07	Uniao Coimbra					

Prova 3
19/01/2019

Femin., 200m Bruços

Infantil A Femininos
Resultados

Rec. Torneio 2:47.29 Clara, Pereira SAD Alcobaça 2015

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Rita Joao, Serra		06	Benfica				3:00.32	415
	50m:	41.46 41.46	100m:	1:26.76	45.30	150m:	2:12.92 46.16	200m:	3:00.32 47.40
2.	Anita Gouveia, Costa		06	Uniao Coimbra				3:15.46	326
	50m:	44.16 44.16	100m:	1:34.00	49.84	150m:	2:24.53 50.53	200m:	3:15.46 50.93
3.	Carolina Martins, Camacho		06	União Piedense				3:17.09	318
	50m:	46.03 46.03	100m:	1:36.06	50.03	150m:	2:27.90 51.84	200m:	3:17.09 49.19
4.	Beatriz Goncalves, Correia		06	Benedita Sport Club				3:25.89	279
	50m:	46.69 46.69	100m:	1:39.26	52.57	150m:	2:33.19 53.93	200m:	3:25.89 52.70
5.	Beatriz Luz, Martins		06	Pimpoes/Cimai				3:31.08	259
	50m:	48.82 48.82	100m:	1:41.11	52.29	150m:	2:36.48 55.37	200m:	3:31.08 54.60
DNS	Rebeca, Neves Antunes		06	Colégio Vasco da Gama					

Prova 3
19/01/2019

Femin., 200m Bruços

Juvenil B Femininos
Resultados

Rec. Torneio 2:40.66 Clara, Pereira SAD Alcobaça 2016

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Maria Ines, Marques		05	Alcobaca				3:00.90	411
	50m:	42.33 42.33	100m:	1:28.77	46.44	150m:	2:15.08 46.31	200m:	3:00.90 45.82
2.	Maria Raquel, Pires		05	Louletano / Loule Concelho				3:01.27	409
	50m:	40.77 40.77	100m:	1:26.42	45.65	150m:	2:14.12 47.70	200m:	3:01.27 47.15
3.	Barbara Almeida, Simoes		05	Uniao Coimbra				3:11.15	348
	50m:	42.09 42.09	100m:	1:29.67	47.58	150m:	2:19.58 49.91	200m:	3:11.15 51.57
4.	Rita Lima, Pires		05	Clube Náutico Académico				3:12.11	343
	50m:	44.79 44.79	100m:	1:34.27	49.48	150m:	2:23.50 49.23	200m:	3:12.11 48.61
5.	Soraia Carvalho, Ferreira		05	Nautico Marinha Grande				3:24.49	284
	50m:	44.59 44.59	100m:	1:36.96	52.37	150m:	2:31.53 54.57	200m:	3:24.49 52.96
DNS	Maria Fernandes, Lobo		05	Clube Náutico Académico					

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Prova 3, Femin., 200m Bruços

Prova 3 19/01/2019	Femin., 200m Bruços				Juvenil A Femininos Resultados
Rec. Torneio	2:35.69	Raquel, Pereira	SAD	Alcobaça	2015

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts FINA
1. Marta Pereira, Domingos	04	União Piedense	2:54.99	454	
50m: 40.01 40.01	100m: 1:24.85	44.84	150m: 2:10.43	45.58	200m: 2:54.99 44.56
2. Ana Correia, Sousa	04	Pimpoes/Cimai	2:55.35	451	
50m: 40.35 40.35	100m: 1:26.92	46.57	150m: 2:11.40	44.48	200m: 2:55.35 43.95
3. Alexandra Cordeiro, Silva	04	Alcobaca	2:55.88	447	
50m: 40.10 40.10	100m: 1:24.97	44.87	150m: 2:10.21	45.24	200m: 2:55.88 45.67
4. Marta Domingues, Gameiro	04	Clube Náutico Académico	3:00.77	412	
50m: 41.56 41.56	100m: 1:27.98	46.42	150m: 2:14.55	46.57	200m: 3:00.77 46.22
5. Diana Valadas, Horta	04	Laranjeiro	3:16.30	322	
50m: 44.42 44.42	100m: 1:33.55	49.13	150m: 2:25.37	51.82	200m: 3:16.30 50.93
DNS Maria Pedro, Ascenso	04	Clube Náutico Académico			

Prova 3 19/01/2019	Femin., 200m Bruços				Absolutos Femininos (JUN +SEN) Resultados
Rec. Torneio	2:28.89	Victoria, Kaminskaya		Alcobaça	2012

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts FINA
1. Luisa Maria, Machado	01	União Piedense	2:37.71	621	
50m: 36.07 36.07	100m: 1:15.59	39.52	150m: 1:56.02	40.43	200m: 2:37.71 41.69
2. Giovanna Vaz, Vargas	00	Nautico Marinha Grande	2:42.81	564	
50m: 38.19 38.19	100m: 1:19.70	41.51	150m: 2:01.68	41.98	200m: 2:42.81 41.13
3. Natacha Sofia, Silva	02	Benfica	2:44.36	548	
50m: 37.63 37.63	100m: 1:19.11	41.48	150m: 2:01.86	42.75	200m: 2:44.36 42.50
4. Catarina Vitorino, Santos	02	Louletano / Loule Concelho	2:52.90	471	
50m: 38.69 38.69	100m: 1:22.22	43.53	150m: 2:06.99	44.77	200m: 2:52.90 45.91
5. Ines Filipa, Jacinto	03	Ba-Leiria	2:59.12	424	
50m: 40.75 40.75	100m: 1:26.04	45.29	150m: 2:12.25	46.21	200m: 2:59.12 46.87
6. Constanca Filipa, Rodrigues	02	Pimpoes/Cimai	3:08.51	363	
50m: 42.63 42.63	100m: 1:29.73	47.10	150m: 2:18.77	49.04	200m: 3:08.51 49.74
EXH Rita Violante, Romao	07	Alcobaca	3:18.73	310	
50m: 44.95 44.95	100m: 1:35.65	50.70	150m: 2:27.61	51.96	200m: 3:18.73 51.12
EXH Constanca Arinto, Trindade	06	Alcobaca	3:19.24	308	
50m: 45.38 45.38	100m: 1:35.76	50.38	150m: 2:27.50	51.74	200m: 3:19.24 51.74
EXH Ana Ferraria, Pereira	03	Alcobaca	3:26.90	275	
50m: 46.17 46.17	100m: 1:37.68	51.51	150m: 2:31.82	54.14	200m: 3:26.90 55.08

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Prova 4
19/01/2019

Masc., 200m Bruços

Infantil B Masculinos
Resultados

Rec. Torneio 2:44.00 Diogo, Silva CNAI Alcobaça 2006

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts FINA	
1. David Miguel, Morais	06	Benfica	2:57.83	310		
50m: 41.40 41.40	100m: 1:26.56 45.16	150m: 2:12.07 45.51	200m: 2:57.83 45.76			
2. Miguel Valerio, Silva	06	Nautico Marinha Grande	3:07.19	266		
50m: 41.79 41.79	100m: 1:29.29 47.50	150m: 2:18.60 49.31	200m: 3:07.19 48.59			
3. Henrique Lucas, Quiterio	06	Benedita Sport Club	3:19.45	220		
50m: 44.75 44.75	100m: 1:34.64 49.89	150m: 2:26.42 51.78	200m: 3:19.45 53.03			
4. Miguel Andre, Ponte	06	Louletano / Loule Concelho	3:40.59	162		
50m: 48.20 48.20	100m: 1:45.19 56.99	150m: 2:43.33 58.14	200m: 3:40.59 57.26			
5. Gabriel Lourenco, Custodio	06	Clube Naval da Nazaré	4:05.45	118		
50m: 57.07 57.07	100m: 1:59.74 1:02.67	150m: 3:03.12 1:03.38	200m: 4:05.45 1:02.33			

Prova 4
19/01/2019

Masc., 200m Bruços

Infantil A Masculinos
Resultados

Rec. Torneio 2:33.59 Antonio, Carriço PIMP Alcobaça 2012

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts FINA	
1. Lucas Filipe, Moreira	05	Ba-Leiria	2:47.16	374		
50m: 37.09 37.09	100m: 1:19.54 42.45	150m: 2:03.23 43.69	200m: 2:47.16 43.93			
2. Dylan Marques, Felix	05	Pimpoes/Cimai	2:51.85	344		
50m: 38.04 38.04	100m: 1:21.52 43.48	150m: 2:06.60 45.08	200m: 2:51.85 45.25			
3. Pedro Pinheiro, Ribeiro	05	Benedita Sport Club	2:56.14	319		
50m: 39.62 39.62	100m: 1:25.12 45.50	150m: 2:11.85 46.73	200m: 2:56.14 44.29			

Prova 4
19/01/2019

Masc., 200m Bruços

Juvenil B masculinos
Resultados

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts FINA	
1. Vasco Peixoto, Oliveira	04	Alcobaca	2:39.50	430		
50m: 36.32 36.32	100m: 1:16.98 40.66	150m: 1:58.80 41.82	200m: 2:39.50 40.70			
2. Goncalo Gomes, Augusto	04	Laranjeiro	2:55.09	325		
50m: 39.02 39.02	100m: 1:23.83 44.81	150m: 2:10.06 46.23	200m: 2:55.09 45.03			
3. Goncalo Romao, Guerreiro	04	Louletano / Loule Concelho	3:06.75	268		
50m: 40.92 40.92	100m: 1:28.07 47.15	150m: 2:17.29 49.22	200m: 3:06.75 49.46			

DSQ Duarte Gil, Salvador 04 Nautico Marinha Grande
Múltiplas pernadas verticais, no percurso subaquático após a viragem aos 150 metros.

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Prova 4, Masc., 200m Bruços

Prova 4 Masc., 200m Bruços Juvenil A Masculinos
19/01/2019 Resultados

Rec. Torneio 2:23.46 Carlos, Almeida CNA Alcobaça 2004

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	David Ferreira, Relvas		03	Nautico Marinha Grande				2:36.38	456
	50m: 34.77 34.77	100m: 1:13.97		39.20	150m: 1:55.82	41.85	200m: 2:36.38	40.56	
2.	David Van, Ossenbruggen		03	União Piedense				2:37.09	450
	50m: 35.35 35.35	100m: 1:15.17		39.82	150m: 1:56.24	41.07	200m: 2:37.09	40.85	

Prova 4 Masc., 200m Bruços Absolutos Masculinos (JUN +SEN)
19/01/2019 Resultados

Rec. Torneio 2:12.60 Nuno, Quintanilha Alcobaça 2015

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Daniel Nogueira, Catalao		00	Benfica				2:25.96	561
	50m: 33.62 33.62	100m: 1:10.48		36.86	150m: 1:47.99	37.51	200m: 2:25.96	37.97	
2.	Miguel Caridade, Gaspar		99	Académica de Coimbra				2:27.15	548
	50m: 34.53 34.53	100m: 1:11.94		37.41	150m: 1:49.47	37.53	200m: 2:27.15	37.68	
3.	Pedro Simoes, Rodrigues		01	Uniao Coimbra				2:32.05	496
	50m: 34.33 34.33	100m: 1:12.91		38.58	150m: 1:52.54	39.63	200m: 2:32.05	39.51	
4.	Emanuel Falacho, Gerardo		97	Clube Naval da Nazaré				2:33.05	487
	50m: 35.10 35.10	100m: 1:14.18		39.08	150m: 1:53.89	39.71	200m: 2:33.05	39.16	
5.	Alexandre Quiterio, Anastacio		01	Benedita Sport Club				2:37.49	447
	50m: 35.31 35.31	100m: 1:14.09		38.78	150m: 1:54.82	40.73	200m: 2:37.49	42.67	
EXH	Nuno Miguel, Feliciano		95	Alcobaca				2:38.18	441
	50m: 34.85 34.85	100m: 1:14.39		39.54	150m: 1:55.50	41.11	200m: 2:38.18	42.68	
EXH	Daniel, Tsykal		04	Alcobaca				2:41.54	414
	50m: 36.39 36.39	100m: 1:17.25		40.86	150m: 1:59.94	42.69	200m: 2:41.54	41.60	
EXH	Duarte Miguel, Bento		05	Clube Náutico Académico				3:46.70	149
	50m: 50.96 50.96	100m: 1:46.68		55.72	150m: 2:47.02	1:00.34	200m: 3:46.70	59.68	

Prova 5 Femin., 200m Livres Infantil B Femininos
19/01/2019 Resultados

Rec. Torneio 2:21.41 Ana, Reis SCC Alcobaça 2012

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Laura Roque, Simao		07	Nautico Marinha Grande				2:40.07	328
	50m: 37.59 37.59	100m: 1:18.56		40.97	150m: 2:00.25	41.69	200m: 2:40.07	39.82	
2.	Juliana Soromenho, Santos		07	Benfica				2:41.56	319
	50m: 37.28 37.28	100m: 1:19.23		41.95	150m: 2:01.22	41.99	200m: 2:41.56	40.34	
3.	Luisa Ponte, Jorge		07	União Piedense				2:43.57	307
	50m: 39.66 39.66	100m: 1:23.25		43.59	150m: 2:04.28	41.03	200m: 2:43.57	39.29	
4.	Maria do Rosário, Matela		07	Colégio Vasco da Gama				2:47.05	288
	50m: 39.57 39.57	100m: 1:23.91		44.34	150m: 2:07.14	43.23	200m: 2:47.05	39.91	
5.	Julia Norte, Drentje		07	Louletano / Loule Concelho				2:53.02	259
	50m: 38.80 38.80	100m: 1:22.89		44.09	150m: 2:09.04	46.15	200m: 2:53.02	43.98	

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Prova 5, Femin., 200m Livres, Infantil B Femininos

Lugar	Ano	Tempo final	Pts FINA
6. Luna Almeida, Rodrigues 50m: 42.46 42.46	07 Columbofila Cantanhedense 100m: 1:29.94 47.48 150m: 2:16.71 46.77	3:01.83	224 45.12
7. Lara Carvalho, Santos 50m: 40.92 40.92	07 Clube Náutico Académico 100m: 1:28.67 47.75 150m: 2:17.57 48.90	3:02.49	221 44.92
8. Matilde Santos, Coutinho 50m: 42.37 42.37	07 Clube Naval da Nazaré 100m: 1:32.12 49.75 150m: 2:23.30 51.18	3:14.43	183 51.13

Prova 5 19/01/2019 Femin., 200m Livres Infantil A Femininos Resultados

Rec. Torneio	2:14.47	Catia, Martinheira	LDC	Alcobaça	2008
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Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Ariana Bento, Carapinha 50m: 31.66 31.66	06 Nautico Marinha Grande 100m: 1:06.22 34.56 150m: 1:41.82 35.60	2:16.25	532 34.43
2. Rita Joao, Serra 50m: 32.18 32.18	06 Benfica 100m: 1:07.96 35.78 150m: 1:44.93 36.97	2:21.07	479 36.14
3. Maria Francisca, Frois 50m: 32.86 32.86	06 Ba-Leiria 100m: 1:10.15 37.29 150m: 1:48.31 38.16	2:23.98	451 35.67
4. Sofia Simao, Cunha 50m: 33.67 33.67	06 Pimpoes/Cimai 100m: 1:10.22 36.55 200m: 2:24.10 1:13.88	2:24.10	450
5. Diana Silva, Tinoco 50m: 33.50 33.50	06 Columbofila Cantanhedense 100m: 1:10.12 36.62 150m: 1:47.81 37.69	2:24.61	445 36.80
6. Maria Beatriz, Viegas 50m: 35.73 35.73	06 Louletano / Loule Concelho 100m: 1:16.03 40.30 200m: 2:40.89 1:24.86	2:40.89	323
7. Maria Inês, Esteves 50m: 39.26 39.26	06 Clube Naval da Nazaré 100m: 1:24.38 45.12 150m: 2:10.19 45.81	2:53.89	256 43.70

Prova 5 19/01/2019 Femin., 200m Livres Juvenil B Femininos Resultados

Rec. Torneio	2:09.25	Susana, Miguel	SFUAP	Alcobaça	2004
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Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Marisa Isabel, Nobre 50m: 31.30 31.30	05 Columbofila Cantanhedense 100m: 1:04.33 33.03 150m: 1:38.43 34.10	2:11.78	588 33.35
2. Isadora Maia, Andre 50m: 31.13 31.13	05 Benfica 100m: 1:04.93 33.80 150m: 1:41.24 36.31	2:17.31	520 36.07
3. Joana Silva, Alves 50m: 32.19 32.19	05 Benedita Sport Club 100m: 1:07.67 35.48 150m: 1:43.99 36.32	2:18.87	502 34.88
4. Iris Pereira, Carrao 50m: 32.68 32.68	05 Laranjeiro 100m: 1:08.52 35.84 150m: 1:45.61 37.09	2:23.61	454 38.00
5. Zoe, Engelen 50m: 33.92 33.92	05 Louletano / Loule Concelho 100m: 1:10.76 36.84 150m: 1:48.71 37.95	2:25.72	435 37.01
6. Maria Silva, Carvalho 50m: 35.73 35.73	05 Pimpoes/Cimai 100m: 1:13.41 37.68 200m: 2:29.46 1:16.05	2:29.46	403
7. Sara Nunes, Conceicao 50m: 35.73 35.73	05 União Piedense 100m: 1:13.41 37.68 200m: 2:29.90 1:16.49	2:29.90	399
8. Maria Fernandes, Lobo 50m: 34.78 34.78	05 Clube Náutico Académico 100m: 1:19.25 44.47 200m: 2:34.04 1:14.79	2:34.04	368

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Prova 5, Femin., 200m Livres, Juvenil B Femininos

Lugar	Ano	Tempo final	Pts FINA
9. Mariana Maiato, Paulino	05 Colégio Vasco da Gama	2:35.31	359
50m: 35.12 35.12	100m: 1:14.50 39.38	200m: 2:35.31 1:20.81	

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Rec. Torneio	2:10.01	Filipa, Rodrigues	AFUAP	Alcobaça	2016
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Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Joana Francisca, Rodrigues	04 Uniao Coimbra	2:13.15	570
50m: 30.94 30.94	100m: 1:05.22 34.28	150m: 1:39.62 34.40	200m: 2:13.15 33.53
2. Bruna Silva, Moiteiro	04 Nautico Marinha Grande	2:17.14	522
50m: 31.06 31.06	100m: 1:05.84 34.78	150m: 1:41.70 35.86	200m: 2:17.14 35.44
3. Maria Jardim, Fidalgo	04 Colégio Vasco da Gama	2:17.84	514
50m: 32.19 32.19	100m: 1:07.09 34.90	150m: 1:42.69 35.60	200m: 2:17.84 35.15
4. Carolina Carreira, Dias	04 Columbofila Cantanhedense	2:18.25	509
50m: 32.04 32.04	100m: 1:07.26 35.22	150m: 1:43.21 35.95	200m: 2:18.25 35.04
5. Joana Maia, Antunes	04 Benfica	2:25.70	435
50m: 32.08 32.08	100m: 1:07.61 35.53	150m: 1:45.70 38.09	200m: 2:25.70 40.00
6. Maria Beatriz, Fernandes	04 Louletano / Loule Concelho	2:26.24	430
50m: 33.44 33.44	100m: 1:09.80 36.36	150m: 1:47.97 38.17	200m: 2:26.24 38.27
DNS Margarida Violante, Viana	04 Ba-Leiria		

Prova 5 Femin., 200m Livres Absolutos Femininos (JUN +SEN)
19/01/2019 Resultados

Rec. Torneio	2:06.79	Sara, Loureiro	Alcobaça	2005
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Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Camila Alexandra, Silva	03 Columbofila Cantanhedense	2:14.99	547
50m: 32.56 32.56	100m: 1:05.81 33.25	150m: 1:40.11 34.30	200m: 2:14.99 34.88
2. Beatriz Almeida, Pires	03 Uniao Coimbra	2:16.52	529
50m: 31.97 31.97	100m: 1:06.65 34.68	150m: 1:41.67 35.02	200m: 2:16.52 34.85
3. Ines Mariana, Pinheiro	03 Académica de Coimbra	2:17.36	519
50m: 31.59 31.59	100m: 1:05.70 34.11	150m: 1:41.41 35.71	200m: 2:17.36 35.95
4. Maria Miguel, Gameiro	03 Clube Náutico Académico	2:18.66	505
50m: 32.71 32.71	100m: 1:07.91 35.20	150m: 1:44.31 36.40	200m: 2:18.66 34.35
5. Joana Filipa, Varandas	02 Laranjeiro	2:22.93	461
50m: 32.20 32.20	100m: 1:08.60 36.40	150m: 1:45.70 37.10	200m: 2:22.93 37.23
6. Marta Viola, Marques	03 Colégio Vasco da Gama	2:25.09	440
50m: 32.81 32.81	100m: 1:09.09 36.28	150m: 1:46.91 37.82	200m: 2:25.09 38.18
7. Ines Filipa, Jacinto	03 Ba-Leiria	2:26.43	428
50m: 32.29 32.29	100m: 1:08.97 36.68	150m: 1:47.57 38.60	200m: 2:26.43 38.86
8. Tatiana Evangelista, Rebelo	00 Clube Naval da Nazaré	2:46.14	293
50m: 37.87 37.87	100m: 1:19.64 41.77	150m: 2:02.89 43.25	200m: 2:46.14 43.25
EXH Ana Carolina, Neves	00 Académica de Coimbra	2:17.59	517
50m: 31.87 31.87	100m: 1:05.84 33.97	150m: 1:41.51 35.67	200m: 2:17.59 36.08
EXH Cintia Cristina, Cruz	02 Alcobaca	2:31.90	384
50m: 35.12 35.12	100m: 1:13.43 38.31	150m: 1:52.78 39.35	200m: 2:31.90 39.12

XXIII Torneio Taça Cidade de Alcobaça 2019
Alcobaça, 19/1/2019

Prova 5, Femin., 200m Livres

Lugar	Ano	Tempo final	Pts FINA
EXH Maria Vitoria, Grilo 50m: 34.01 34.01 100m: 1:13.13	06 Clube Náutico Académico	39.12 150m: 1:54.44 41.31 200m: 2:33.95	369 39.51
EXH Rita Lima, Pires 50m: 39.00 39.00 100m: 1:24.70	05 Clube Náutico Académico	45.70 150m: 2:08.50 43.80 200m: 2:48.69	280 40.19
EXH Joana Maria, Martins 50m: 38.25 38.25 100m: 1:24.33	07 Alcobaca	46.08 150m: 2:12.07 47.74 200m: 2:54.66	252 42.59
EXH Ana Ferraria, Pereira 50m: 39.50 39.50 100m: 1:24.39	03 Alcobaca	44.89 150m: 2:11.62 47.23 200m: 2:55.30	249 43.68
EXH Ines Sofia, Pimenta 50m: 41.73 41.73 100m: 1:27.71	07 Alcobaca	45.98 150m: 2:13.78 46.07 200m: 2:58.44	237 44.66

Prova 6 Masc., 200m Livres Infantil B Masculinos
19/01/2019 Resultados

Rec. Torneio	2:06.04	Nathan, Theodoris	LDC	Alcobaça	2008
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Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Micael Dmitrivich, Denisov 50m: 30.28 30.28 100m: 1:05.59	06 Ba-Leiria	35.31 150m: 1:41.87 36.28 200m: 2:16.25	387 34.38
2. Tomas Varanda, Oliveira 50m: 31.95 31.95 100m: 1:06.17	06 Columbofila Cantanhedense	34.22 150m: 1:42.23 36.06 200m: 2:16.50	385 34.27
3. Andre Correia, Alves 50m: 34.80 34.80 100m: 1:12.70	06 União Piedense	37.90 150m: 1:49.92 37.22 200m: 2:24.60	324 34.68
4. Miguel Andre, Ponte 50m: 38.28 38.28 100m: 1:21.97	06 Louletano / Loule Concelho	43.69 150m: 2:07.26 45.29 200m: 2:48.28	205 41.02
DSQ Henrique Tavares, Dias <i>Falsa partida.</i>	06 Clube Náutico Académico		
DSQ Diogo Valadas, Horta <i>Falsa partida.</i>	06 Laranjeiro		
DNS Gil Santos, Lemos	06 Pimpoes/Cimai		

Prova 6 Masc., 200m Livres Infantil A Masculinos
19/01/2019 Resultados

Rec. Torneio	1:59.63	Nathan, Theodoris	LDC	Alcobaça	2009
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Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Tomas Amor, Sarreira 50m: 28.11 28.11 100m: 1:00.74	05 Nautico Marinha Grande	32.63 150m: 1:34.45 33.71 200m: 2:07.46	473 33.01
2. Guilherme Maia, Cardoso 50m: 31.24 31.24 100m: 1:04.86	05 Columbofila Cantanhedense	33.62 150m: 1:39.10 34.24 200m: 2:11.73	429 32.63
3. Andre Henriques, Marques 50m: 29.30 29.30 100m: 1:02.27	05 Benfica	32.97 150m: 1:38.07 35.80 200m: 2:15.19	397 37.12
4. Antonio Iuri, Ladyka 50m: 31.45 31.45 100m: 1:06.23	05 Alcobaca	34.78 150m: 1:42.15 35.92 200m: 2:17.22	379 35.07

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Alcobaça, 19/1/2019

Prova 6, Masc., 200m Livres

Prova 6
19/01/2019

Masc., 200m Livres

Juvenil B masculinos
Resultados

Rec. Torneio 1:58.97 Nathan, Theodoris LDC Alcobaça 2010

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Diogo Matos, Ribeiro		04	Uniao Coimbra				1:58.32	592
	50m:	27.61 27.61	100m:	57.24	29.63	150m:	1:27.87 30.63	200m:	1:58.32 30.45
2.	Rafael Caceres, Lopes		04	União Piedense				2:10.33	443
	50m:	30.96 30.96	100m:	1:04.63	33.67	150m:	1:38.01 33.38	200m:	2:10.33 32.32
3.	Guilherme Silva, Castanheira		04	Ba-Leiria				2:11.33	433
	50m:	29.69 29.69	100m:	1:02.56	32.87	150m:	1:37.19 34.63	200m:	2:11.33 34.14
4.	Lucas Pipiraite, Cardoso		04	Clube Naval da Nazaré				2:23.63	331
	50m:	32.44 32.44	100m:	1:08.53	36.09	150m:	1:46.29 37.76	200m:	2:23.63 37.34

Prova 6
19/01/2019

Masc., 200m Livres

Juvenil A Masculinos
Resultados

Rec. Torneio 1:56.12 Nathan, Theodoris LDC Alcobaça 2011

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Martim Miranda, Machado		03	Uniao Coimbra				2:05.14	500
	50m:	29.48 29.48	100m:	1:01.33	31.85	150m:	1:33.67 32.34	200m:	2:05.14 31.47
2.	Joao Jose, Silva		03	Ba-Leiria				2:06.98	479
	50m:	27.64 27.64	100m:	58.44	30.80	150m:	1:32.06 33.62	200m:	2:06.98 34.92
3.	Vitor Teixeira, Oliveira		03	Columbofila Cantanhedense				2:08.37	463
	50m:	29.76 29.76	100m:	1:02.43	32.67	150m:	1:35.44 33.01	200m:	2:08.37 32.93
4.	Paulo Sergio, Ferreira		03	Clube Naval da Nazaré				2:08.96	457
	50m:	30.08 30.08	100m:	1:02.72	32.64	150m:	1:36.09 33.37	200m:	2:08.96 32.87
5.	Joao Matos, Fidalgo		03	Benfica				2:13.04	416
	50m:	29.96 29.96	100m:	1:04.14	34.18	150m:	1:39.10 34.96	200m:	2:13.04 33.94
6.	Alexandre Afonso, Costa		03	Louletano / Loule Concelho				2:17.24	379
	50m:	30.03 30.03	100m:	1:04.47	34.44	150m:	1:40.53 36.06	200m:	2:17.24 36.71
DNS	Guilherme Carmo, Manz		03	Colégio Vasco da Gama					

Prova 6
19/01/2019

Masc., 200m Livres

Absolutos Masculinos (JUN +SEN)
Resultados

Rec. Torneio 1:51.86 Mário, Pereira Alcobaça 2017

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Viktor, Kot		98	Nautico Marinha Grande				1:54.42	655
	50m:	26.61 26.61	100m:	56.08	29.47	150m:	1:25.50 29.42	200m:	1:54.42 28.92
2.	Joao Mota, Correia		97	Benfica				1:56.54	619
	50m:	27.23 27.23	100m:	56.52	29.29	150m:	1:26.60 30.08	200m:	1:56.54 29.94
3.	Bernardo Geada, Brito		02	União Piedense				2:01.87	542
	50m:	28.34 28.34	100m:	59.51	31.17	150m:	1:31.29 31.78	200m:	2:01.87 30.58
4.	Joao Nogueira, Mendes		02	Laranjeiro				2:04.23	511
	50m:	29.27 29.27	100m:	1:00.96	31.69	150m:	1:32.90 31.94	200m:	2:04.23 31.33
5.	Tiago Andre, Jorge		00	Ba-Leiria				2:05.30	498
	50m:	29.08 29.08	100m:	1:01.40	32.32	150m:	1:34.08 32.68	200m:	2:05.30 31.22

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Prova 6, Masc., 200m Livres, Absolutos Masculinos (JUN +SEN)

Lugar	Ano	Tempo final	Pts FINA
6. Joao Carvalho, Diz 50m: 28.69 28.69 100m: 59.88 31.19 150m: 1:32.83 32.95 200m: 2:06.26 33.43	01 Columbofila Cantanhedense	2:06.26	487
7. Emanuel Falacho, Gerardo 50m: 28.58 28.58 100m: 1:00.34 31.76 150m: 1:33.73 33.39 200m: 2:06.52 32.79	97 Clube Naval da Nazaré	2:06.52	484
8. Rodrigo Melo, Pinto 50m: 29.25 29.25 100m: 1:01.62 32.37 150m: 1:34.65 33.03 200m: 2:07.77 33.12	01 Colégio Vasco da Gama	2:07.77	470
DNS Vasco Pereira, Bastos	02 Clube Náutico Académico		
EXH Edgar Casimiro, Ribeiro 50m: 28.92 28.92 100m: 1:00.94 32.02 150m: 1:33.90 32.96 200m: 2:06.57 32.67	01 Alcobaca	2:06.57	483
EXH Vasco Peixoto, Oliveira 50m: 30.96 30.96 100m: 1:04.95 33.99 150m: 1:40.26 35.31 200m: 2:14.58 34.32	04 Alcobaca	2:14.58	402
EXH Henrique Joao, Cruz 50m: 32.85 32.85 100m: 1:11.34 38.49 150m: 1:51.51 40.17 200m: 2:29.62 38.11	05 Alcobaca	2:29.62	292
EXH Tomas Portugal, Silveira 50m: 34.77 34.77 100m: 1:14.01 39.24 150m: 1:54.44 40.43 200m: 2:33.86 39.42	05 Alcobaca	2:33.86	269

Prova 7 19/01/2019 Femin., 200m Mariposa Infantil B Femininos Resultados

Rec. Torneio	2:41.00	Giovanna, Vargas	DNMG	Alcobaça	2012
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Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Rita Violante, Romao 50m: 40.79 40.79 100m: 1:31.66 50.87 150m: 2:25.24 53.58 200m: 3:16.68 51.44	07 Alcobaca	3:16.68	224

Prova 7 19/01/2019 Femin., 200m Mariposa Infantil A Femininos Resultados

Rec. Torneio	2:28.72	Rita, Gomes	CNAI	Alcobaça	2004
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Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Diana Silva, Tinoco 50m: 36.20 36.20 100m: 1:16.61 40.41 150m: 1:57.45 40.84 200m: 2:37.23 39.78	06 Columbofila Cantanhedense	2:37.23	440
2. Ana Francisca, Silva 50m: 35.63 35.63 100m: 1:16.65 41.02 150m: 1:59.05 42.40 200m: 2:44.86 45.81	06 Alcobaca	2:44.86	381
3. Anita Gouveia, Costa 50m: 37.73 37.73 100m: 1:21.06 43.33 150m: 2:08.39 47.33 200m: 2:55.71 47.32	06 Uniao Coimbra	2:55.71	315
4. Catarina Machado, Belo 50m: 37.01 37.01 100m: 1:22.62 45.61 150m: 2:10.05 47.43 200m: 2:56.13 46.08	06 Benedita Sport Club	2:56.13	313
5. Beatriz Andre, Gaspar 50m: 42.19 42.19 100m: 1:30.29 48.10 150m: 2:21.02 50.73 200m: 3:10.51 49.49	06 Clube Náutico Académico	3:10.51	247
DNS Rebeca, Neves Antunes	06 Colégio Vasco da Gama		

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Alcobaça, 19/1/2019

Prova 7, Femin., 200m Mariposa

Prova 7 19/01/2019	Femin., 200m Mariposa				Juvenil B Femininos Resultados
Rec. Torneio	2:24.70	Mariana, Guerra	SCC	Alcobaça	2012

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts FINA
1. Isadora Maia, Andre	05	Benfica	2:35.36		456
50m: 33.79 33.79	100m: 1:12.01	38.22	150m: 1:53.81	41.80	200m: 2:35.36 41.55
2. Carlota Macedo, Lagoa	05	Ba-Leiria	2:36.32		447
50m: 34.72 34.72	100m: 1:13.90	39.18	150m: 1:54.66	40.76	200m: 2:36.32 41.66
3. Rosa Branca, Lopes	05	Pimpoes/Cimai	2:48.37		358
50m: 37.13 37.13	100m: 1:19.69	42.56	150m: 2:03.03	43.34	200m: 2:48.37 45.34
4. Barbara Almeida, Simoes	05	Uniao Coimbra	3:12.92		238
50m: 38.13 38.13	100m: 1:25.41	47.28	150m: 2:18.41	53.00	200m: 3:12.92 54.51

Prova 7 19/01/2019	Femin., 200m Mariposa				Juvenil A Femininos Resultados
Rec. Torneio	2:20.84	Giovanna, Vargas	DNMG	Alcobaça	2015

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts FINA
1. Ana Carolina, Monteiro	04	Uniao Coimbra	2:30.03		506
50m: 33.39 33.39	100m: 1:11.66	38.27	150m: 1:50.61	38.95	200m: 2:30.03 39.42
2. Maria Jardim, Fidalgo	04	Colégio Vasco da Gama	2:40.85		411
50m: 35.12 35.12	100m: 1:15.68	40.56	150m: 1:57.61	41.93	200m: 2:40.85 43.24
3. Maria Ines, Silva	04	Alcobaca	2:42.68		397
50m: 35.75 35.75	100m: 1:16.11	40.36	150m: 1:58.85	42.74	200m: 2:42.68 43.83
4. Mariana Ponte, Martins	04	Louletano / Loule Concelho	3:06.04		265
50m: 38.46 38.46	100m: 1:24.94	46.48	150m: 2:15.48	50.54	200m: 3:06.04 50.56

Prova 7 19/01/2019	Femin., 200m Mariposa				Absolutos Femininos (JUN +SEN) Resultados
Rec. Torneio	2:16.09	Raquel, Felgueiras		Alcobaça	2001

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts FINA
1. Sara Sofia, Alves	01	Columbófila Cantanhedense	2:25.36		557
50m: 33.93 33.93	100m: 1:10.60	36.67	150m: 1:47.74	37.14	200m: 2:25.36 37.62
2. Bruna Andreia, Simoes	01	Nautico Marinha Grande	2:26.12		548
50m: 31.77 31.77	100m: 1:08.40	36.63	150m: 1:46.75	38.35	200m: 2:26.12 39.37
3. Ana Claudia, Ferreira	90	Alcobaca	2:31.97		487
50m: 33.77 33.77	100m: 1:12.13	38.36	150m: 1:51.57	39.44	200m: 2:31.97 40.40
4. Ines Matos, Sousa	03	Uniao Coimbra	2:35.96		451
50m: 35.49 35.49	100m: 1:15.17	39.68	150m: 1:55.31	40.14	200m: 2:35.96 40.65
5. Margarida Cunha, Barros	02	União Piedense	2:39.22		423
50m: 34.55 34.55	100m: 1:14.43	39.88	150m: 1:56.88	42.45	200m: 2:39.22 42.34
6. Constanca Filipa, Rodrigues	02	Pimpoes/Cimai	2:47.58		363
50m: 36.59 36.59	100m: 1:18.96	42.37	150m: 2:03.48	44.52	200m: 2:47.58 44.10
7. Maria Miguel, Gameiro	03	Clube Náutico Académico	2:54.77		320
50m: 36.49 36.49	100m: 1:19.62	43.13	150m: 2:06.03	46.41	200m: 2:54.77 48.74
DNS Beatriz Costa, Tejo	02	Académica de Coimbra			

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Alcobaca, 19/1/2019

Prova 7, Femin., 200m Mariposa

Lugar	Ano	Tempo final	Pts FINA
EXH Constanca Arinto, Trindade	06 Alcobaca	3:01.80	284
50m: 39.87 39.87 100m: 1:26.14 46.27 150m: 2:13.51 47.37 200m: 3:01.80 48.29			
EXH Joana Filipa, Varela	06 Clube Náutico Académico	3:20.64	211
50m: 40.60 40.60 100m: 1:32.50 51.90 150m: 2:26.62 54.12 200m: 3:20.64 54.02			

Prova 8 Masc., 200m Mariposa Infantil B Masculinos
19/01/2019 Resultados

Rec. Torneio	2:32.60	Tomas, Veloso	CNAc	Alcobaca	2009
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Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Tomas Varanda, Oliveira	06 Columbofila Cantanhedense	2:35.83	338
50m: 34.37 34.37 100m: 1:13.64 39.27 150m: 1:54.08 40.44 200m: 2:35.83 41.75			
2. David Miguel, Morais	06 Benfica	2:46.09	279
50m: 35.51 35.51 100m: 1:17.84 42.33 150m: 2:01.08 43.24 200m: 2:46.09 45.01			
3. Luca Valentino, Tona	06 Pimpoes/Cimai	3:04.13	204
50m: 39.71 39.71 100m: 1:28.13 48.42 150m: 2:17.04 48.91 200m: 3:04.13 47.09			
4. Diogo Valadas, Horta	06 Laranjeiro	3:41.02	118
50m: 47.55 47.55 100m: 1:43.88 56.33 150m: 2:43.22 59.34 200m: 3:41.02 57.80			

DSQ Daniel, Starynsky 06 Benedita Sport Club
Nas viragens aos 100 e 150 metros, o atleta tocou na parede com as mãos alternadas.

Prova 8 Masc., 200m Mariposa Infantil A Masculinos
19/01/2019 Resultados

Rec. Torneio	2:16.17	Fábio, Silva	CNAI	Alcobaca	2001
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Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Tomas Portugal, Silveira	05 Alcobaca	3:01.78	212
50m: 38.96 38.96 100m: 1:25.29 46.33 150m: 2:14.31 49.02 200m: 3:01.78 47.47			

DSQ Joao Gerardo, Boita 05 Benedita Sport Club
Na viragem aos 50 metros, o atleta tocou na parede com as mãos alternadas.

Prova 8 Masc., 200m Mariposa Juvenil B masculinos
19/01/2019 Resultados

Rec. Torneio	2:10.23	Fábio, Silva	CNAL	Alcobaca	2002
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Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Bernardo Jorge, Simoes	04 Colégio Vasco da Gama	2:12.29	552
50m: 29.57 29.57 100m: 1:03.47 33.90 150m: 1:37.55 34.08 200m: 2:12.29 34.74			
2. Rodrigo Miguel, Reis	04 Ba-Leiria	2:25.97	411
50m: 30.50 30.50 100m: 1:07.27 36.77 150m: 1:46.03 38.76 200m: 2:25.97 39.94			
3. Daniel Jose, Fernandes	04 Alcobaca	2:40.84	307
50m: 34.31 34.31 100m: 1:14.67 40.36 150m: 1:57.37 42.70 200m: 2:40.84 43.47			
4. Iuri Lucas, Borisov	04 Louletano / Loule Concelho	2:54.17	242
50m: 34.00 34.00 100m: 1:16.63 42.63 150m: 2:03.63 47.00 200m: 2:54.17 50.54			

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Alcobaça, 19/1/2019

Prova 8, Masc., 200m Mariposa

Prova 8
19/01/2019

Masc., 200m Mariposa

Juvenil A Masculinos
Resultados

Rec. Torneio 2:05.05 Diogo, Silva CNAI Alcobaça 2009

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	David Ferreira, Relvas		03	Nautico Marinha Grande				2:17.07	496
	50m: 30.12 30.12	100m: 1:04.48		34.36	150m: 1:40.65	36.17	200m: 2:17.07	36.42	
2.	Henrique Pinheiro, Valente		03	Colégio Vasco da Gama				2:19.43	471
	50m: 31.66 31.66	100m: 1:07.39		35.73	150m: 1:43.35	35.96	200m: 2:19.43	36.08	
3.	Manuel Baptista, Simoes		03	Uniao Coimbra				2:21.13	455
	50m: 30.67 30.67	100m: 1:06.49		35.82	150m: 1:43.35	36.86	200m: 2:21.13	37.78	
4.	Joao Matos, Fidalgo		03	Benfica				2:24.43	424
	50m: 32.26 32.26	100m: 1:09.00		36.74	150m: 1:46.20	37.20	200m: 2:24.43	38.23	
5.	Goncalo Vieira, Almeida		03	União Piedense				2:27.01	402
	50m: 32.73 32.73	100m: 1:09.91		37.18	150m: 1:48.50	38.59	200m: 2:27.01	38.51	
6.	Joao Jose, Silva		03	Ba-Leiria				2:30.24	377
	50m: 32.38 32.38	100m: 1:10.11		37.73	150m: 1:50.06	39.95	200m: 2:30.24	40.18	

Prova 8
19/01/2019

Masc., 200m Mariposa

Absolutos Masculinos (JUN +SEN)
Resultados

Rec. Torneio 1:59.50 Nuno, Quintanilha Alcobaça 2014

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	David Matias, Cristino		01	União Piedense				2:10.16	580
	50m: 29.62 29.62	100m: 1:03.55		33.93	150m: 1:37.39	33.84	200m: 2:10.16	32.77	
2.	Ricardo Saraiva, Pires		98	Laranjeiro				2:17.98	487
	50m: 31.06 31.06	100m: 1:06.03		34.97	150m: 1:41.89	35.86	200m: 2:17.98	36.09	
3.	Edgar Casimiro, Ribeiro		01	Alcobaca				2:19.46	471
	50m: 30.99 30.99	100m: 1:06.08		35.09	150m: 1:42.86	36.78	200m: 2:19.46	36.60	
4.	Gabriel Jose, Figueira		01	Académica de Coimbra				2:19.76	468
	50m: 31.15 31.15	100m: 1:06.45		35.30	150m: 1:43.04	36.59	200m: 2:19.76	36.72	
DNS	Miguel Freitas, Oviedo		02	Académica de Coimbra					
DNS	Vasco Pereira, Bastos		02	Clube Náutico Académico					
EXH	Francisco Sousa, Silva		01	Alcobaca				2:22.31	443
	50m: 31.33 31.33	100m: 1:07.43		36.10	150m: 1:44.32	36.89	200m: 2:22.31	37.99	
EXH	Vitor Teixeira, Oliveira		03	Columbofila Cantanhedense				2:34.14	349
	50m: 33.17 33.17	100m: 1:12.71		39.54	150m: 1:52.91	40.20	200m: 2:34.14	41.23	

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Alcobaça, 19/1/2019

Prova 9
19/01/2019

Femin., 200m Costas

Infantil B Femininos
Resultados

Rec. Torneio 2:32.76 Diana, Romao CNAL Alcobaça 2014

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Juliana Soromenho, Santos		07	Benfica				2:57.47	303
	50m:	42.34 42.34	100m:	1:26.87	44.53	150m:	2:13.22 46.35	200m:	2:57.47 44.25
2.	Luisa Ponte, Jorge		07	União Piedense				2:58.12	299
	50m:	40.67 40.67	100m:	1:25.58	44.91	150m:	2:12.76 47.18	200m:	2:58.12 45.36
3.	Maria do Rosário, Matela		07	Colégio Vasco da Gama				3:06.35	261
	50m:	44.26 44.26	100m:	1:33.08	48.82	150m:	2:21.53 48.45	200m:	3:06.35 44.82
4.	Joana Maria, Martins		07	Alcobaca				3:11.90	239
	50m:	44.68 44.68	100m:	1:33.41	48.73	150m:	2:24.23 50.82	200m:	3:11.90 47.67
5.	Marta Filipa, Cruz		07	Laranjeiro				3:18.14	217
	50m:	43.69 43.69	100m:	1:35.19	51.50	150m:	2:28.70 53.51	200m:	3:18.14 49.44
6.	Lara Carvalho, Santos		07	Clube Náutico Académico				3:22.56	203
	50m:	46.51 46.51	100m:	1:37.39	50.88	150m:	2:31.18 53.79	200m:	3:22.56 51.38
7.	Maria Teresa, Tabanez		07	Uniao Coimbra				4:02.01	119
	50m:	55.53 55.53	100m:	1:57.55	1:02.02	150m:	2:59.75 1:02.20	200m:	4:02.01 1:02.26
DSQ	Vanessa Liliana, Almeida		07	Ba-Leiria				<i>A atleta não efetuou o movimento contínuo, após o início da viragem.</i>	
DSQ	Matilde Santos, Coutinho		07	Clube Naval da Nazaré				<i>A atleta perdeu a posição dorsal aos 45 metros.</i>	
DSQ	Rebeca Sousa, Martins		07	Louletano / Loule Concelho				<i>Na chegada, a atleta perdeu a posição dorsal.</i>	

Prova 9
19/01/2019

Femin., 200m Costas

Infantil A Femininos
Resultados

Rec. Torneio 2:24.28 Catia, Martinheira LDC Alcobaça 2008

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Ariana Bento, Carapinha		06	Nautico Marinha Grande				2:36.08	445
	50m:	36.98 36.98	100m:	1:17.55	40.57	150m:	1:58.23 40.68	200m:	2:36.08 37.85
2.	Maria Francisca, Frois		06	Ba-Leiria				2:42.23	396
	50m:	39.04 39.04	100m:	1:21.69	42.65	150m:	2:03.40 41.71	200m:	2:42.23 38.83
3.	Ana Francisca, Silva		06	Alcobaca				2:43.72	386
	50m:	40.25 40.25	100m:	1:21.96	41.71	150m:	2:03.89 41.93	200m:	2:43.72 39.83
4.	Carolina Martins, Camacho		06	União Piedense				2:45.18	376
	50m:	40.12 40.12	100m:	1:22.22	42.10	150m:	2:05.23 43.01	200m:	2:45.18 39.95
5.	Violeta Faria, Bolotinha		06	Louletano / Loule Concelho				2:51.94	333
	50m:	39.86 39.86	100m:	1:23.98	44.12	150m:	2:09.23 45.25	200m:	2:51.94 42.71
6.	Joana Filipa, Varela		06	Clube Náutico Académico				2:55.72	312
	50m:	41.89 41.89	100m:	1:26.67	44.78	150m:	2:11.99 45.32	200m:	2:55.72 43.73
7.	Maria Inês, Esteves		06	Clube Naval da Nazaré				3:16.04	224
	50m:	45.57 45.57	100m:	1:35.70	50.13	150m:	2:27.46 51.76	200m:	3:16.04 48.58

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Prova 9, Femin., 200m Costas

Prova 9
19/01/2019

Femin., 200m Costas

Juvenil B Femininos
Resultados

Rec. Torneio 2:21.05 Susana, Miguel SFUAP Alcobaça 2004

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Marisa Isabel, Nobre		05	Columbofila Cantanhedense				2:31.41	488
	50m: 36.17 36.17	100m: 1:14.95		38.78	150m: 1:53.99	39.04	200m: 2:31.41	37.42	
2.	Iris Pereira, Carrao		05	Laranjeiro				2:42.52	394
	50m: 36.89 36.89	100m: 1:17.42		40.53	150m: 1:59.51	42.09	200m: 2:42.52	43.01	
3.	Maria Ines, Marques		05	Alcobaca				2:46.72	365
	50m: 41.37 41.37	100m: 1:23.41		42.04	150m: 2:05.53	42.12	200m: 2:46.72	41.19	
4.	Sara Nunes, Conceicao		05	União Piedense				2:49.80	346
	50m: 40.77 40.77	100m: 1:24.02		43.25	150m: 2:07.40	43.38	200m: 2:49.80	42.40	
5.	Mariana Maiato, Paulino		05	Colégio Vasco da Gama				2:52.45	330
	50m: 40.53 40.53	100m: 1:24.12		43.59	150m: 2:08.94	44.82	200m: 2:52.45	43.51	
6.	Soraia Carvalho, Ferreira		05	Nautico Marinha Grande				2:54.32	319
	50m: 40.95 40.95	100m: 1:25.82		44.87	150m: 2:11.31	45.49	200m: 2:54.32	43.01	
DNF	Carlota Macedo, Lagoa		05	Ba-Leiria					
	<i>A atleta não completou o percurso.</i>								

Prova 9
19/01/2019

Femin., 200m Costas

Juvenil A Femininos
Resultados

Rec. Torneio 2:19.55 Joana Ribeiro, Martins SLB Alcobaça 2018

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Joana Maia, Antunes		04	Benfica				2:30.21	500
	50m: 35.40 35.40	100m: 1:12.69		37.29	150m: 1:51.38	38.69	200m: 2:30.21	38.83	
2.	Constanca Alexandra, Silva		04	Pimpoes/Cimai				2:30.58	496
	50m: 35.66 35.66	100m: 1:13.87		38.21	150m: 1:52.43	38.56	200m: 2:30.58	38.15	
3.	Carolina Carreira, Dias		04	Columbofila Cantanhedense				2:34.61	458
	50m: 36.42 36.42	100m: 1:15.65		39.23	150m: 1:55.75	40.10	200m: 2:34.61	38.86	
4.	Maria Martins, Camacho		04	União Piedense				2:40.73	408
	50m: 37.40 37.40	100m: 1:18.03		40.63	150m: 1:59.59	41.56	200m: 2:40.73	41.14	
5.	Bruna Silva, Moiteiro		04	Nautico Marinha Grande				2:43.15	390
	50m: 39.03 39.03	100m: 1:20.04		41.01	150m: 2:01.76	41.72	200m: 2:43.15	41.39	
6.	Diana Valadas, Horta		04	Laranjeiro				2:48.12	356
	50m: 41.59 41.59	100m: 1:24.54		42.95	150m: 2:07.01	42.47	200m: 2:48.12	41.11	
DSQ	Maria Pedro, Ascenso		04	Clube Náutico Académico					
	<i>A atleta não completou o percurso.</i>								
DNS	Maria Martim, Coutinho		04	Ba-Leiria					

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Prova 9, Femin., 200m Costas

Prova 9 19/01/2019	Femin., 200m Costas				Absolutos Femininos (JUN +SEN)		Resultados
Rec. Torneio	2:15.40	Francisca, Azevedo			Alcobaça		2015

Pontos: FINA 2018

Lugar	Ano				Tempo final		Pts FINA
1. Filipa Serrano, Rodrigues	01	Benfica			2:24.94	556	
50m: 34.98 34.98	100m: 1:11.43	36.45	150m: 1:48.42	36.99	200m: 2:24.94	36.52	
2. Sofia Alexandra, Nunes	00	Laranjeiro			2:30.60	496	
50m: 36.30 36.30	100m: 1:15.63	39.33	150m: 1:53.48	37.85	200m: 2:30.60	37.12	
3. Mariana Martins, Alvarez	01	Colégio Vasco da Gama			2:36.06	445	
50m: 36.91 36.91	100m: 1:15.84	38.93	150m: 1:55.59	39.75	200m: 2:36.06	40.47	
4. Maria Crista, Jesus	03	Louletano / Loule Concelho			2:36.59	441	
50m: 35.20 35.20	100m: 1:14.02	38.82	150m: 1:55.06	41.04	200m: 2:36.59	41.53	
5. Rita Afonso, Belo	02	Benedita Sport Club			2:39.24	419	
50m: 36.15 36.15	100m: 1:15.31	39.16	150m: 1:56.69	41.38	200m: 2:39.24	42.55	
6. Jacinta Correia, Vieira	01	Alcobaca			2:40.64	408	
50m: 37.80 37.80	100m: 1:18.33	40.53	150m: 1:59.21	40.88	200m: 2:40.64	41.43	
7. Ana Rui, Gomes	03	Clube Naval da Nazaré			2:43.73	386	
50m: 37.62 37.62	100m: 1:19.73	42.11	150m: 2:02.32	42.59	200m: 2:43.73	41.41	
EXH Alexandra Cordeiro, Silva	04	Alcobaca			2:38.32	427	
50m: 37.44 37.44	100m: 1:17.76	40.32	150m: 1:58.24	40.48	200m: 2:38.32	40.08	
EXH Marta Domingues, Gameiro	04	Clube Náutico Académico			2:49.86	345	
50m: 41.00 41.00	100m: 1:24.22	43.22	150m: 2:06.68	42.46	200m: 2:49.86	43.18	
EXH Maria Ines, Silva	04	Alcobaca			2:50.82	340	
50m: 40.06 40.06	100m: 1:22.35	42.29	150m: 2:06.51	44.16	200m: 2:50.82	44.31	
EXH Beatriz Andre, Gaspar	06	Clube Náutico Académico			3:03.49	274	
50m: 43.35 43.35	100m: 1:30.07	46.72	150m: 2:16.88	46.81	200m: 3:03.49	46.61	
EXH Maria Vitoria, Grilo	06	Clube Náutico Académico			3:13.39	234	
50m: 44.14 44.14	100m: 1:32.63	48.49	150m: 2:21.74	49.11	200m: 3:13.39	51.65	
EXH Ines Sofia, Pimenta	07	Alcobaca			3:37.37	165	
50m: 52.72 52.72	100m: 1:48.12	55.40	150m: 2:43.69	55.57	200m: 3:37.37	53.68	

Prova 10 19/01/2019	Masc., 200m Costas				Infantil B Masculinos		Resultados
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Rec. Torneio	2:17.85	André Vilas, Ruivo			DNMG	Alcobaça	2013
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Pontos: FINA 2018

Lugar	Ano				Tempo final		Pts FINA
1. Micael Dmitrivich, Denisov	06	Ba-Leiria			2:33.93	323	
50m: 36.22 36.22	100m: 1:16.43	40.21	150m: 1:56.65	40.22	200m: 2:33.93	37.28	
2. Andre Correia, Alves	06	União Piedense			2:38.73	294	
50m: 38.45 38.45	100m: 1:19.13	40.68	150m: 1:56.62	37.49	200m: 2:38.73	42.11	
3. Miguel Valerio, Silva	06	Nautico Marinha Grande			2:49.94	240	
50m: 38.65 38.65	100m: 1:21.48	42.83	150m: 2:06.12	44.64	200m: 2:49.94	43.82	
4. Henrique Tavares, Dias	06	Clube Náutico Académico			2:58.59	206	
50m: 42.53 42.53	100m: 1:27.87	45.34	150m: 2:13.68	45.81	200m: 2:58.59	44.91	

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Prova 10, Masc., 200m Costas

Prova 10 Masc., 200m Costas Infantil A Masculinos
19/01/2019 Resultados

Rec. Torneio 2:13.56 Ricardo, Silva DNMG Alcobaça 2017

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Miguel Fernandes, Oliveira 50m: 33.00 33.00 100m: 1:09.12	05 Nautico Marinha Grande	2:21.64	414
2. Andre Henriques, Marques 50m: 34.28 34.28 100m: 1:11.61	05 Benfica	2:28.29	361
3. Guilherme Maia, Cardoso 50m: 38.34 38.34 100m: 1:18.65	05 Columbofila Cantanhedense	2:37.49	301
4. Lucas Filipe, Moreira 50m: 38.79 38.79 100m: 1:19.42	05 Ba-Leiria	2:41.30	280
5. Sergiu, Cerlat 50m: 40.93 40.93 100m: 1:25.12	05 Pimpoes/Cimai	2:55.53	217

Prova 10 Masc., 200m Costas Juvenil B masculinos
19/01/2019 Resultados

Rec. Torneio 2:07.52 Pedro, Oliveira CNRM Alcobaça 2003

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Diogo Matos, Ribeiro 50m: 30.64 30.64 100m: 1:04.05	04 Uniao Coimbra	2:10.76	527
2. Bernardo Jorge, Simoes 50m: 31.28 31.28 100m: 1:05.04	04 Colégio Vasco da Gama	2:13.40	496
3. Guilherme Machado, Santos 50m: 32.84 32.84 100m: 1:08.61	04 União Piedense	2:24.30	392
4. Duarte Gil, Salvador 50m: 35.43 35.43 100m: 1:12.25	04 Nautico Marinha Grande	2:26.17	377
5. Goncalo Gomes, Augusto 50m: 34.32 34.32 100m: 1:12.55	04 Laranjeiro	2:31.53	338
6. Lucas Pipiraite, Cardoso 50m: 35.62 35.62 100m: 1:15.16	04 Clube Naval da Nazaré	2:34.42	320
DNS Joao Tomas, Madrugo	04 Pimpoes/Cimai		

Prova 10 Masc., 200m Costas Juvenil A Masculinos
19/01/2019 Resultados

Rec. Torneio 2:05.54 Pedro, Oliveira CNRM Alcobaça 2004

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts FINA
1. Paulo Sergio, Ferreira 50m: 34.59 34.59 100m: 1:11.32	03 Clube Naval da Nazaré	2:26.76	372
2. David Valdagua, Coutinho 50m: 35.17 35.17 100m: 1:13.53	03 Columbofila Cantanhedense	2:29.94	349
3. Alexandre Afonso, Costa 50m: 34.55 34.55 100m: 1:12.48	03 Louletano / Loule Concelho	2:32.01	335

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Prova 10, Masc., 200m Costas

Prova 10 19/01/2019	Masc., 200m Costas				Absolutos Masculinos (JUN +SEN)				
Rec. Torneio	2:01.97	Pedro, Oliveira		Alcobaça				Resultados	2008

Pontos: FINA 2018

Lugar	Ano		Tempo final				Pts FINA
1. Francisco Xavier, Tomas	00	Alcobaca	2:10.37				531
50m: 31.33 31.33	100m: 1:04.28	32.95	150m: 1:37.41	33.13	200m: 2:10.37	32.96	
2. Bernardo Vinagre, Arzileiro	01	Uniao Coimbra	2:11.71				515
50m: 30.71 30.71	100m: 1:04.40	33.69	150m: 1:38.31	33.91	200m: 2:11.71	33.40	
3. Rodrigo Melo, Pinto	01	Colégio Vasco da Gama	2:11.98				512
50m: 31.37 31.37	100m: 1:05.10	33.73	150m: 1:38.56	33.46	200m: 2:11.98	33.42	
4. Afonso Varelas, Silva	01	Nautico Marinha Grande	2:15.72				471
50m: 32.67 32.67	100m: 1:07.14	34.47	150m: 1:41.41	34.27	200m: 2:15.72	34.31	
5. Tiago Andre, Jorge	00	Ba-Leiria	2:27.25				369
50m: 33.86 33.86	100m: 1:11.38	37.52	150m: 1:49.96	38.58	200m: 2:27.25	37.29	
EXH Henrique Joao, Cruz	05	Alcobaca	2:35.83				311
50m: 36.33 36.33	100m: 1:16.38	40.05	150m: 1:57.50	41.12	200m: 2:35.83	38.33	
EXH Antonio Iuri, Ladyka	05	Alcobaca	2:39.43				290
50m: 39.11 39.11	100m: 1:20.33	41.22	150m: 2:01.12	40.79	200m: 2:39.43	38.31	
EXH Daniel Jose, Fernandes	04	Alcobaca	2:40.19				286
50m: 37.17 37.17	100m: 1:18.35	41.18	150m: 2:00.80	42.45	200m: 2:40.19	39.39	

Prova 11 19/01/2019	Femin., 400m Livres				Absolutos Femininos				
Rec. Torneio	4:21.75	Filipa Vilas, Ruivo		Alcobaça				Resultados	2012

Pontos: FINA 2018

Lugar	Ano		Tempo final				Pts FINA
1. Filipa Serrano, Rodrigues	01	Benfica	4:26.34				682
50m: 31.20 31.20	150m: 1:36.87	33.04	250m: 2:44.34	33.80	350m: 3:52.32	34.00	
100m: 1:03.83 32.63	200m: 2:10.54	33.67	300m: 3:18.32	33.98	400m: 4:26.34	34.02	
2. Sara Sofia, Alves	01	Columbifila Cantanhedense	4:28.66				665
50m: 31.99 31.99	150m: 1:38.54	33.60	250m: 2:46.16	33.93	350m: 3:54.93	34.69	
100m: 1:04.94 32.95	200m: 2:12.23	33.69	300m: 3:20.24	34.08	400m: 4:28.66	33.73	
3. Luisa Maria, Machado	01	União Piedense	4:30.86				649
50m: 31.17 31.17	150m: 1:38.53	34.20	250m: 2:46.91	34.00	350m: 3:56.39	34.85	
100m: 1:04.33 33.16	200m: 2:12.91	34.38	300m: 3:21.54	34.63	400m: 4:30.86	34.47	
4. Giovanna Vaz, Vargas	00	Nautico Marinha Grande	4:31.73				642
50m: 31.37 31.37	150m: 1:39.62	34.46	250m: 2:49.20	34.67	350m: 3:58.17	34.37	
100m: 1:05.16 33.79	200m: 2:14.53	34.91	300m: 3:23.80	34.60	400m: 4:31.73	33.56	
5. Ana Carolina, Monteiro	04	Uniao Coimbra	4:45.89				552
50m: 32.77 32.77	150m: 1:44.21	35.95	250m: 2:56.85	36.84	350m: 4:10.09	36.86	
100m: 1:08.26 35.49	200m: 2:20.01	35.80	300m: 3:33.23	36.38	400m: 4:45.89	35.80	
6. Joana Silva, Alves	05	Benedita Sport Club	4:46.80				546
50m: 32.75 32.75	150m: 1:46.04	37.43	250m: 3:00.04	36.93	350m: 4:13.52	36.48	
100m: 1:08.61 35.86	200m: 2:23.11	37.07	300m: 3:37.04	37.00	400m: 4:46.80	33.28	
7. Anna, Fomina	02	Louletano / Loule Concelho	4:46.89				546
50m: 32.62 32.62	150m: 1:45.95	37.56	250m: 3:00.03	37.27	350m: 4:13.51	36.44	
100m: 1:08.39 35.77	200m: 2:22.76	36.81	300m: 3:37.07	37.04	400m: 4:46.89	33.38	

XXIII Torneio Taça Cidade de Alcobaça 2019
Alcobaça, 19/1/2019

Prova 11, Femin., 400m Livres, Absolutos Femininos

Lugar			Ano					Tempo final	Pts FINA
8.	Joana Filipa, Varandas		02	Laranjeiro			4:58.07	487	
	50m: 33.08 33.08	150m: 1:48.02		37.64	250m: 3:04.44	38.35	350m: 4:20.95	37.99	
	100m: 1:10.38 37.30	200m: 2:26.09		38.07	300m: 3:42.96	38.52	400m: 4:58.07	37.12	
9.	Maria Beatriz, Jorge		00	Clube Náutico Académico			5:01.26	471	
	50m: 33.54 33.54	150m: 1:49.36		38.17	250m: 3:06.52	38.46	350m: 4:23.56	38.36	
	100m: 1:11.19 37.65	200m: 2:28.06		38.70	300m: 3:45.20	38.68	400m: 5:01.26	37.70	
10.	Susana Pereira, Veiga		00	Colégio Vasco da Gama			5:06.13	449	
	50m: 35.70 35.70	150m: 1:51.39		38.39	250m: 3:08.60	38.51	350m: 4:27.49	39.79	
	100m: 1:13.00 37.30	200m: 2:30.09		38.70	300m: 3:47.70	39.10	400m: 5:06.13	38.64	
11.	Cintia Cristina, Cruz		02	Alcobaca			5:07.13	445	
	50m: 35.36 35.36	150m: 1:53.20		39.47	250m: 3:11.67	39.10	350m: 4:29.81	38.91	
	100m: 1:13.73 38.37	200m: 2:32.57		39.37	300m: 3:50.90	39.23	400m: 5:07.13	37.32	
12.	Sofia Simao, Cunha		06	Pimpoes/Cimai			5:07.44	443	
	50m: 35.42 35.42	150m: 1:53.09		39.45	250m: 3:11.87	39.55	350m: 4:30.10	39.20	
	100m: 1:13.64 38.22	200m: 2:32.32		39.23	300m: 3:50.90	39.03	400m: 5:07.44	37.34	
DNS	Margarida Violante, Viana		04	Ba-Leiria					
DNS	Beatriz Costa, Tejo		02	Académica de Coimbra					

Prova 12
19/01/2019 Masc., 400m Livres Absolutos Masculinos
Resultados

Rec. Torneio	3:55.86	João, Gil	Alcobaça	2017
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Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts FINA
1.	Viktor, Kot		98	Nautico Marinha Grande			4:05.10	649	
	50m: 29.45 29.45	150m: 1:33.52		32.12	250m: 2:35.29	29.87	350m: 3:35.41	30.22	
	100m: 1:01.40 31.95	200m: 2:05.42		31.90	300m: 3:05.19	29.90	400m: 4:05.10	29.69	
2.	David Matias, Cristino		01	União Piedense			4:10.99	604	
	50m: 30.05 30.05	150m: 1:35.00		32.35	250m: 2:38.42	31.14	350m: 3:41.17	31.48	
	100m: 1:02.65 32.60	200m: 2:07.28		32.28	300m: 3:09.69	31.27	400m: 4:10.99	29.82	
3.	Pedro Barata, Neves		00	Laranjeiro			4:16.50	566	
	50m: 29.67 29.67	150m: 1:33.23		31.93	250m: 2:38.22	32.51	350m: 3:43.94	33.04	
	100m: 1:01.30 31.63	200m: 2:05.71		32.48	300m: 3:10.90	32.68	400m: 4:16.50	32.56	
4.	Martim Miranda, Machado		03	Uniao Coimbra			4:19.65	546	
	50m: 30.43 30.43	150m: 1:36.72		33.57	250m: 2:43.13	32.98	350m: 3:48.97	32.67	
	100m: 1:03.15 32.72	200m: 2:10.15		33.43	300m: 3:16.30	33.17	400m: 4:19.65	30.68	
5.	Daniel Nogueira, Catalao		00	Benfica			4:20.04	543	
	50m: 31.91 31.91	150m: 1:38.18		32.66	250m: 2:43.95	33.32	350m: 3:49.47	31.53	
	100m: 1:05.52 33.61	200m: 2:10.63		32.45	300m: 3:17.94	33.99	400m: 4:20.04	30.57	
6.	Alexandre Teixeira, Marcos		00	Louletano / Loule Concelho			4:21.79	532	
	50m: 29.70 29.70	150m: 1:35.02		32.99	250m: 2:41.78	33.34	350m: 3:49.62	34.03	
	100m: 1:02.03 32.33	200m: 2:08.44		33.42	300m: 3:15.59	33.81	400m: 4:21.79	32.17	
7.	Francisco Sousa, Silva		01	Alcobaca			4:22.41	529	
	50m: 30.04 30.04	150m: 1:36.59		33.76	250m: 2:43.14	32.87	350m: 3:49.47	33.21	
	100m: 1:02.83 32.79	200m: 2:10.27		33.68	300m: 3:16.26	33.12	400m: 4:22.41	32.94	
8.	Joao Carvalho, Diz		01	Columbifila Cantanhedense			4:22.44	528	
	50m: 30.09 30.09	150m: 1:34.81		32.67	250m: 2:42.06	33.50	350m: 3:49.54	33.51	
	100m: 1:02.14 32.05	200m: 2:08.56		33.75	300m: 3:16.03	33.97	400m: 4:22.44	32.90	
9.	Rui Joao, Marques		02	Clube Náutico Académico			4:23.48	522	
	50m: 30.70 30.70	150m: 1:36.27		33.03	250m: 2:42.89	33.12	350m: 3:50.76	34.06	
	100m: 1:03.24 32.54	200m: 2:09.77		33.50	300m: 3:16.70	33.81	400m: 4:23.48	32.72	

XXIII Torneio Taça Cidade de Alcobaça 2019
Alcobaça, 19/1/2019

Prova 12, Masc., 400m Livres, Absolutos Masculinos

Lugar	Ano		Tempo final		Pts FINA	
10. Afonso Filipe, Costa	03	Clube Naval da Nazaré	4:29.66	487		
50m: 29.31 29.31	150m: 1:34.76	33.30 250m: 2:43.13	33.75	350m: 3:53.89	35.90	
100m: 1:01.46 32.15	200m: 2:09.38	34.62 300m: 3:17.99	34.86	400m: 4:29.66	35.77	
11. Henrique Pinheiro, Valente	03	Colégio Vasco da Gama	4:38.78	441		
50m: 31.84 31.84	150m: 1:43.80	36.43 250m: 2:54.73	34.47	350m: 4:05.44	35.47	
100m: 1:07.37 35.53	200m: 2:20.26	36.46 300m: 3:29.97	35.24	400m: 4:38.78	33.34	
12. Alexandre Quiterio, Anastacio	01	Benedita Sport Club	4:45.35	411		
50m: 32.35 32.35	150m: 1:42.75	35.46 250m: 2:54.84	35.85	350m: 4:07.96	36.76	
100m: 1:07.29 34.94	200m: 2:18.99	36.24 300m: 3:31.20	36.36	400m: 4:45.35	37.39	
13. Guilherme Silva, Castanheira	04	Ba-Leiria	4:46.92	404		
50m: 31.75 31.75	150m: 1:42.82	36.26 250m: 2:57.05	37.51	350m: 4:13.50	37.97	
100m: 1:06.56 34.81	200m: 2:19.54	36.72 300m: 3:35.53	38.48	400m: 4:46.92	33.42	
14. Dylan Marques, Felix	05	Pimpoes/Cimai	5:07.15	329		
50m: 33.19 33.19	150m: 1:48.87	38.45 250m: 3:08.83	41.41	350m: 4:30.03	41.37	
100m: 1:10.42 37.23	200m: 2:27.42	38.55 300m: 3:48.66	39.83	400m: 5:07.15	37.12	
DNS Miguel Freitas, Oviedo	02	Académica de Coimbra				
EXH Daniel, Tsykal	04	Alcobaca	4:42.09	425		
50m: 31.66 31.66	150m: 1:43.06	36.18 250m: 2:54.76	35.63	350m: 4:06.93	36.21	
100m: 1:06.88 35.22	200m: 2:19.13	36.07 300m: 3:30.72	35.96	400m: 4:42.09	35.16	

Prova 13
19/01/2019

Femin., 4 x 100m Estilos

Absolutos Femininos
Resultados

Rec. Torneio	4:24.01	CNCVG	Alcobaça	2006
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Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts FINA	
1. Benfica 1		Benfica	4:36.50	540		
Sofia Alexandra, Rolao	98	33.04 1:09.00	Isadora Maia, Andre	05	1:09.09	
Natacha Sofia, Silva	02	1:18.06	Filipa Serrano, Rodrigues	01	1:00.35	
2. Nautico Marinha Grande 1		Nautico Marinha Grande	4:37.28	535		
Ariana Bento, Carapinha	06	35.19 1:12.80	Bruna Andreia, Simoes	01	1:07.66	
Giovanna Vaz, Vargas	00	1:15.53	Bruna Silva, Moiteiro	04	1:01.29	
3. Uniao Coimbra 1		Uniao Coimbra	4:47.33	481		
Joana Francisca, Rodrigues	04	34.67 1:11.30	Ines Matos, Sousa	03	1:12.67	
Ana Carolina, Monteiro	04	1:20.53	Beatriz Almeida, Pires	03	1:02.83	
4. União Piedense 1		União Piedense	4:47.87	478		
Luisa Maria, Machado	01	34.23 1:10.83	Margarida Cunha, Barros	02	1:13.32	
Marta Pereira, Domingos	04	1:20.55	Beatriz Quintao, Amantes	03	1:03.17	
5. Cantanhedense		Columbófila Cantanhedense	4:50.75	464		
Marisa Isabel, Nobre	05	35.23 1:16.61	Diana Silva, Tinoco	06	1:11.63	
Sara Sofia, Alves	01	1:18.99	Camila Alexandra, Silva	03	1:03.52	
6. Louletano		Louletano / Loule Concelho	4:54.91	445		
Anna, Fomina	02	35.62 1:12.67	Mariana Ponte, Martins	04	1:21.02	
Catarina Vitorino, Santos	02	1:19.81	Maria Crista, Jesus	03	1:01.41	
7. Pimpoes/Cimai 1		Pimpoes/Cimai	4:57.19	435		
Constanca Alexandra, Silva	04	35.01 1:11.87	Constanca Filipa, Rodrigues	02	1:15.73	
Ana Correia, Sousa	04	1:23.29	Maria Silva, Carvalho	05	1:06.30	
8. Alcobaca 1		Alcobaca	4:58.15	430		
Jacinta Correia, Vieira	01	36.87 1:15.76	Ana Claudia, Ferreira	90	1:09.68	
Maria Ines, Marques	05	1:26.28	Alexandra Cordeiro, Silva	04	1:06.43	

XXIII Torneio Taça Cidade de Alcobaça 2019
Alcobaça, 19/1/2019

Prova 13, Femin., 4 x 100m Estilos, Absolutos Femininos

Lugar						Tempo final	Pts FINA
9.	Clube Náutico Académico 5			Clube Náutico Académico		5:03.70	407
	Maria Miguel, Gameiro	03	38.15	1:18.05	Matilde Domingues, Gameiro	97	1:14.39
	Marta Domingues, Gameiro	04		1:26.39	Maria Beatriz, Jorge	00	1:04.87
10.	Laranjeiro 1			Laranjeiro		5:04.60	404
	Sofia Alexandra, Nunes	00	34.10	1:10.59	Iris Pereira, Carrao	05	1:20.09
	Joana Filipa, Varandas	02		1:27.16	Diana Valadas, Horta	04	1:06.76
11.	Colégio Vasco da Gama 1			Colégio Vasco da Gama		5:06.96	394
	Mariana Martins, Alvarez	01	37.11	1:15.10	Maria Jardim, Fidalgo	04	1:12.60
	Marta Viola, Marques	03		1:31.42	Susana Pereira, Veiga	00	1:07.84
12.	Ba-Leiria 1			Ba-Leiria		5:08.89	387
	Carlota Macedo, Lagoa	05	34.67	1:11.87	Ines Filipa, Jacinto	03	1:12.46
	Maria Francisca, Frois	06		1:26.51	Vanessa Liliana, Almeida	07	1:18.05
13.	Benedita Sport Club 1			Benedita Sport Club		5:17.89	355
	Rita Afonso, Belo	02	36.34	1:15.36	Joana Silva, Alves	05	1:18.46
	Catarina Machado, Belo	06		1:24.62	Beatriz Goncalves, Correia	06	1:19.45
DNS	Académica de Coimbra 1			Académica de Coimbra			
EXH	Alcobaça EXTRA			Alcobaca		5:42.24	284
	Cintia Cristina, Cruz	02	40.21	1:21.89	Maria Ines, Silva	04	1:13.68
	Ana Ferraria, Pereira	03		1:38.57	Ines Sofia, Pimenta	07	1:28.10
EXH	Alcobaça EXTRA			Alcobaca		5:46.34	274
	Joana Maria, Martins	07	43.92	1:30.60	Ana Francisca, Silva	06	1:18.21
	Constanca Arinto, Trindade	06		1:36.10	Rita Violante, Romao	07	1:21.43

Prova 14
19/01/2019

Masc., 4 x 100m Estilos

Absolutos Masculinos
Resultados

Rec. Torneio 3:52.86 CNCVG Alcobaça 2014

Pontos: FINA 2018

Lugar						Tempo final	Pts FINA
1.	Benfica 1			Benfica		3:54.36	613
	Joao Mota, Correia	97	28.78	58.83	Leonardo Andre, Schilling	93	54.16
	Daniel Nogueira, Catalao	00		1:07.80	Miguel Henriques, Marques	00	53.57
2.	Uniao Coimbra 1			Uniao Coimbra		4:02.60	553
	Bernardo Vinagre, Arzileiro	01	29.59	1:00.12	Manuel Baptista, Simoes	03	1:00.44
	Pedro Simoes, Rodrigues	01		1:09.31	Diogo Matos, Ribeiro	04	52.73
3.	União Piedense 1			União Piedense		4:05.00	537
	David Matias, Cristino	01	30.06	1:01.18	Carlos Filipe, Lopes	01	57.90
	David Van, Ossenbruggen	03		1:11.80	Bernardo Geadá, Brito	02	54.12
4.	Nautico Marinha Grande 1			Nautico Marinha Grande		4:08.71	513
	Viktor, Kot	98	28.65	58.07	David Ferreira, Relvas	03	1:01.30
	Afonso Varelas, Silva	01		1:12.48	Miguel Fernandes, Oliveira	05	56.86
5.	Alcobaca 1			Alcobaca		4:13.15	486
	Francisco Xavier, Tomas	00	30.76	1:03.04	Miguel Monteiro, Diogo	93	1:01.01
	Nuno Miguel, Feliciano	95		1:12.54	Diogo Gomes, Fonseca	90	56.56
6.	Laranjeiro 1			Laranjeiro		4:16.84	466
	Ricardo Saraiva, Pires	98	29.27	59.54	Pedro Barata, Neves	00	1:00.97
	Goncalo Gomes, Augusto	04		1:20.10	Joao Nogueira, Mendes	02	56.23
7.	Colégio Vasco da Gama 1			Colégio Vasco da Gama		4:17.58	462
	Rodrigo Melo, Pinto	01	29.16	1:00.76	Henrique Pinheiro, Valente	03	1:04.52
	Bernardo Jorge, Simoes	04		1:11.82	Guilherme Carmo, Manz	03	1:00.48

XXIII Torneio Taça Cidade de Alcobaça 2019
Alcobaça, 19/1/2019

Prova 14, Masc., 4 x 100m Estilos, Absolutos Masculinos

Lugar						Tempo final	Pts FINA
8.	Clube Naval da Nazaré 1			Clube Naval da Nazaré		4:21.11	443
	Lucas Pipiraite, Cardoso	04	32.58	1:09.37	Paulo Sergio, Ferreira	03	1:06.55
	Emanuel Falacho, Gerardo	97		1:09.66	Afonso Filipe, Costa	03	55.53
9.	Ba-Leiria 1			Ba-Leiria		4:30.11	400
	Guilherme Silva, Castanheira	04	34.16	1:10.12	Joao Jose, Silva	03	1:04.99
	Rodrigo Miguel, Reis	04		1:16.48	Tiago Andre, Jorge	00	58.52
10.	Cantanhedense			Columbofila Cantanhedense		4:35.33	378
	David Valdagua, Coutinho	03	32.63	1:08.69	Diogo Coelho, Jose	01	1:08.44
	Joao Carvalho, Diz	01		1:18.46	Vitor Teixeira, Oliveira	03	59.74
11.	Louletano			Louletano / Loule Concelho		4:46.35	336
	Goncalo Romao, Guerreiro	04	38.46	1:17.64	Alexandre Afonso, Costa	03	1:12.31
	Iuri Lucas, Borisov	04		1:19.71	Alexandre Teixeira, Marcos	00	56.69
12.	Benedita Sport Club 1			Benedita Sport Club		5:06.32	274
	Pedro Pinheiro, Ribeiro	05	39.63	1:20.38	Joao Gerardo, Boita	05	1:20.42
	Alexandre Quiterio, Anastacio	01		1:13.62	Henrique Lucas, Quiterio	06	1:11.90
DNS	Clube Náutico Académico 4			Clube Náutico Académico			
DNS	Pimpoes/Cimai 1			Pimpoes/Cimai			
DNS	Académica de Coimbra 2			Académica de Coimbra			
EXH	Alcobaça EXTRA			Alcobaca		4:41.36	354
	Daniel, Tsykal	04	34.29	1:09.75	Daniel Jose, Fernandes	04	1:11.66
	Vasco Peixoto, Oliveira	04		1:13.50	Antonio Iuri, Ladyka	05	1:06.45
EXH	Luisa Maria, Machado	01		União Piedense		2:23.66	
EXH	Filipa Serrano, Rodrigues	01		Benfica		2:25.67	
EXH	Natacha Sofia, Silva	02		Benfica		2:29.81	
EXH	Ana Carolina, Monteiro	04		Uniao Coimbra		2:31.57	
EXH	Joana Francisca, Rodrigues	04		Uniao Coimbra		2:31.92	
EXH	Rita Afonso, Belo	02		Benedita Sport Club		2:38.99	
EXH	Maria Jardim, Fidalgo	04		Colégio Vasco da Gama		2:41.29	
EXH	Joao Mota, Correia	97		Benfica		2:10.31	
EXH	David Matias, Cristino	01		União Piedense		2:10.43	
EXH	Lucas Pereira, Bastos	00		Clube Náutico Académico		2:10.70	
EXH	Bernardo Jorge, Simoes	04		Colégio Vasco da Gama		2:12.39	
EXH	Diogo Matos, Ribeiro	04		Uniao Coimbra		2:15.44	
EXH	Francisco Xavier, Tomas	00		Alcobaca		2:17.61	
EXH	Miguel Caridade, Gaspar	99		Académica de Coimbra		2:18.09	
EXH	Bernardo Geada, Brito	02		União Piedense		2:21.48	