



CDC - Taça ANDL João da Silva Abreu - CIMAI
Caldas da Rainha, 14- - 15-4-2018

1 - 1ª Jornada - Sessão da manhã

14-04-2018 - 10:00

Prova 1	Femin., 50m Livres				Absolutos (JUV+JUN+SEN)	
14-04-2018 - 10:00					Resultados	
Recorde Distrital Absoluto	26.79	Sara Francisco, CRUZ	ADBA	Leiria	01-06-2011	
Recorde Distrital SEN	26.79	Sara Francisco, CRUZ	ADBA	Leiria	01-06-2011	
Recorde Distrital JUN	26.95	Sara Francisco, CRUZ	ADBA	Nazaré	01-05-2009	
Recorde Distrital JUV A	27.75	Sara Francisco, CRUZ	ASAL	Caldas da Rainha	01-05-2008	
Recorde Distrital JUV B	28.38	Sara Francisco, CRUZ	ASAL	Leiria	01-05-2007	

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Sofia Ribeiro, JUNQUEIRA	02	Ba/Bomcar	27.98	573	12,00
2. Ines Filipa, JACINTO	03	Ba/Bomcar	28.74	528	-
3. Bruna Silva, MOITEIRO	04	Nautico Marinha Grande	29.19	504	10,00
4. Sara Santos, LOPES	03	Ba/Bomcar	29.20	504	-
5. Ana Monica, ELOI	96	Nautico Marinha Grande	29.39	494	-
6. Barbara Coimbra, TEODOSIO	99	Nautico Marinha Grande	29.57	485	-
7. Ines Apolinario, SOARES	03	Pimpoes/Cimai	30.01	464	9,00
8. Maria Campos, CAIADO	03	Pimpoes/Cimai	30.04	463	-
9. Ana Claudia, FERREIRA	90	Alcobaça	30.28	452	8,00
10. Camila Germano, ROMANO	03	Vieirense	31.25	411	7,00
11. Mafalda Sofia, MOREIRA	79	Benedita Sport Club	31.87	387	6,00
12. Diana Gomes, SILVA	01	Nucleo Desportivo de Ansião	32.10	379	5,00
13. Lara Margarida, DUARTE	02	Nucleo Desportivo de Ansião	34.78	298	-
14. Ana Ferraria, PEREIRA	03	Portomosense	34.83	297	4,00
15. Joana Almeida, VICENTE	04	Portomosense	45.21	135	-
DNS Maria Jose, ZACARIAS	04	Naval da Nazaré			-

Prova 2	Masc., 50m Livres				Absolutos (Inf a Sen)	
14-04-2018 - 10:02					Resultados	
Recorde Distrital Absoluto	22.92	César Fernando, FARIA	ADBA	Leiria	04-12-2009	
Recorde Distrital SEN	22.92	César Fernando, FARIA	ADBA	Leiria	04-12-2009	
Recorde Distrital JUN	23.74	Bernardo Santos, CLEMENTE	ADBA	Porto	19-12-2014	
Recorde Distrital JUV A	24.47	Sebastião, GOMES	SIRP	Caldas da Rainha	28-11-2015	
Recorde Distrital JUV B	24.66	Daniel Ribeiro, SOUSA	DNMG	Caldas da Rainha	17-10-2009	
Recorde Distrital INF A	25.53	Ricardo Lopes, SILVA	DNMG	Caldas da Rainha	10-06-2017	
Recorde Distrital INF B	26.77	Ricardo Morais, FARIA	ADBA	Caldas da Rainha	10-06-2017	

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Viktor, KOT	98	Nautico Marinha Grande	23.65	628	12,00
2. Bruno Pinto, DOMINGUES	00	Ba/Bomcar	24.60	558	10,00
3. Jose Diogo, FONSECA	98	Nautico Marinha Grande	26.15	465	-
4. Manuel Maria, FERAZ	00	Pimpoes/Cimai	26.22	461	9,00
5. Daniel Marques, FILIPE	02	Alcobaça	26.26	459	8,00
6. Manuel Maria, FROIS	02	Ba/Bomcar	27.90	382	-
7. Daniel, REZNICHENKO	03	Nautico Marinha Grande	29.45	325	-
8. Rui Afonso, RODRIGUES	02	Alcobaça	29.55	322	-
9. Arsenio, ZEMLIANKO	03	Nucleo de Pombal	31.16	274	7,00
DNS Jonatas Fonseca, GASPAR	88	Pimpoes/Cimai			-
DNS Joao Pedro, VIDAL	03	Vieirense			-



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Prova 3 Femin., 50m Livres Infantis (A+B)
14-04-2018 - 10:04 Resultados

Recorde Distrital Absoluto	26.79	Sara Francisco, CRUZ	ADBA	Leiria	01-06-2011
Recorde Distrital INF A	28.54	Maria Lopes, AMADO	ADBA	Caldas da Rainha	01-06-2017
Recorde Distrital INF B	29.80	Rita Afonso, BELO	BSCN	Nazaré	01-05-2014

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Maria Silva, CARVALHO	05	Pimpoes/Cimai	30.83	428 12,00
2. Maria Francisca, FROIS	06	Ba/Bomcar	31.26	410 10,00
3. Rita Margarida, RODRIGUES	05	Alcobaça	32.09	379 9,00
4. Matilde Fernandes, BARQUINHA	06	Nautico Marinha Grande	33.02	348 8,00
5. Beatriz Silva, CONCEICAO	05	Portomosense	35.79	273 7,00
6. Tatiana Antunes, JESUS	05	Nucleo Desportivo de Ansião	36.15	265 6,00
7. Cristiana Reis, OLIVEIRA	05	Portomosense	37.46	238 -
8. Constanca Lemos, MONTEIRO	05	Nucleo de Pombal	38.51	219 5,00
9. Rafaela Barros, SILVA	05	Naval da Nazaré	41.40	176 4,00
10. Mafalda Violante, VIANA	06	Ba/Bomcar	41.65	173 -
11. Oksana, KHROBATHYN	06	Portomosense	49.67	102 -
DNS Maria Madalena, ALVES	06	Ba/Bomcar		-

Prova 4 Masc., 50m Livres Infantis (A+B)
14-04-2018 - 10:06 Resultados

Recorde Distrital Absoluto	22.92	César Fernando, FARIA	ADBA	Leiria	04-12-2009
Recorde Distrital INF A	25.53	Ricardo Lopes, SILVA	DNMG	Caldas da Rainha	10-06-2017
Recorde Distrital INF B	26.77	Ricardo Morais, FARIA	ADBA	Caldas da Rainha	10-06-2017

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Rodrigo Miguel, REIS	04	Ba/Bomcar	26.62	440 12,00
2. Afonso Manuel, ASCENSO	05	Nautico Marinha Grande	29.29	330 10,00
3. Jorge, GRABOVSKI	04	Nautico Marinha Grande	31.62	263 -
4. Sergiu, CERLAT	05	Pimpoes/Cimai	32.37	245 9,00
5. Antonio Iuri, LADYKA	05	Alcobaça	32.99	231 8,00
6. Loic Lancelot, LAURENSEN	04	Naval da Nazaré	34.71	198 7,00
7. Ruben Lavos, COSTA	05	Nautico Marinha Grande	36.69	168 -



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Prova 5	Femin., 800m Livres				Absolutos (JUV+JUN+SEN)	
14-04-2018 - 10:08					Resultados	
Recorde Distrital Absoluto	8:49.88	Inês Jacinto, HENRIQUES	SIRP	Felgueiras	01-04-2017	
Recorde Distrital SEN	8:50.18	Filipa Vilas, RUIVO	ADBA	Caldas da Rainha	01-11-2014	
Recorde Distrital JUN	8:49.88	Inês Jacinto, HENRIQUES	SIRP	Felgueiras	01-04-2017	
Recorde Distrital JUV A	9:03.22	Filipa Vilas, RUIVO	DNMG	Silves	01-12-2011	
Recorde Distrital JUV B	9:11.83	Filipa Vilas, RUIVO	DNMG	Óbidos	01-12-2010	

Pontos: FINA 2017

Lugar	Ano			Clube			Tempo final		PIPos Taça		
1. Giovanna Vaz, VARGAS	00			Nautico Marinha Grande			9:09.71		663	12,00	
50m:	31.39	31.39	250m:	2:49.33	34.70	450m:	5:08.08	34.60	650m:	7:27.09	34.70
100m:	1:05.47	34.08	300m:	3:23.68	34.35	500m:	5:43.06	34.98	700m:	8:01.75	34.66
150m:	1:39.88	34.41	350m:	3:58.64	34.96	550m:	6:17.90	34.84	750m:	8:36.37	34.62
200m:	2:14.63	34.75	400m:	4:33.48	34.84	600m:	6:52.39	34.49	800m:	9:09.71	33.34
2. Margarida Violante, VIANA	04			Ba/Bomcar			9:47.31		543	10,00	
50m:	33.33	33.33	250m:	2:59.76	37.25	450m:	5:28.09	37.10	650m:	7:57.05	37.02
100m:	1:09.33	36.00	300m:	3:36.73	36.97	500m:	6:05.24	37.15	700m:	8:34.01	36.96
150m:	1:45.69	36.36	350m:	4:13.81	37.08	550m:	6:42.89	37.65	750m:	9:11.13	37.12
200m:	2:22.51	36.82	400m:	4:50.99	37.18	600m:	7:20.03	37.14	800m:	9:47.31	36.18
3. Cintia Cristina, CRUZ	02			Alcobaça			10:13.91		476	9,00	
50m:	34.53	34.53	250m:	3:08.15	38.78	450m:	5:43.55	38.77	650m:	8:18.65	38.91
100m:	1:12.71	38.18	300m:	3:46.88	38.73	500m:	6:22.10	38.55	700m:	8:57.56	38.91
150m:	1:50.70	37.99	350m:	4:25.79	38.91	550m:	7:00.93	38.83	750m:	9:36.19	38.63
200m:	2:29.37	38.67	400m:	5:04.78	38.99	600m:	7:39.74	38.81	800m:	10:13.91	37.72
4. Constanca Mendes, GOMES	03			Pimpoes/Cimai			10:44.73		410	8,00	
50m:	34.79	34.79	250m:	3:15.64	40.82	450m:	6:00.08	41.48	650m:	8:44.47	41.65
100m:	1:13.43	38.64	300m:	3:56.35	40.71	500m:	6:40.97	40.89	700m:	9:24.97	40.50
150m:	1:53.91	40.48	350m:	4:37.50	41.15	550m:	7:21.76	40.79	750m:	10:05.13	40.16
200m:	2:34.82	40.91	400m:	5:18.60	41.10	600m:	8:02.82	41.06	800m:	10:44.73	39.60
5. Adriana Martins, NOIVO	03			Naval de Peniche			11:20.13		350	7,00	
50m:	35.58	35.58	250m:	3:23.48	42.88	450m:	6:17.22	43.40	650m:	9:12.03	43.81
100m:	1:16.00	40.42	300m:	4:06.66	43.18	500m:	7:00.90	43.68	700m:	9:55.70	43.67
150m:	1:57.53	41.53	350m:	4:50.47	43.81	550m:	7:44.39	43.49	750m:	10:39.78	44.08
200m:	2:40.60	43.07	400m:	5:33.82	43.35	600m:	8:28.22	43.83	800m:	11:20.13	40.35
6. Tatiana Evangelista, REBELO	00			Naval da Nazaré			12:03.66		290	6,00	
50m:	38.73	38.73	250m:	3:38.02	45.72	450m:	6:41.80	46.45	650m:	9:47.10	46.49
100m:	1:22.37	43.64	300m:	4:23.64	45.62	500m:	7:27.98	46.18	700m:	10:33.16	46.06
150m:	2:07.00	44.63	350m:	5:09.49	45.85	550m:	8:14.19	46.21	750m:	11:19.75	46.59
200m:	2:52.30	45.30	400m:	5:55.35	45.86	600m:	9:00.61	46.42	800m:	12:03.66	43.91
7. Ana Ferraria, PEREIRA	03			Portomosense			13:21.69		213	5,00	
50m:	39.24	39.24	250m:	3:56.70	51.01	450m:	7:21.68	52.88	650m:	10:52.53	54.33
100m:	1:25.27	46.03	300m:	4:47.59	50.89	500m:	8:14.44	52.76	700m:	11:43.97	51.44
150m:	2:15.30	50.03	350m:	5:38.15	50.56	550m:	9:05.99	51.55	750m:	12:34.46	50.49
200m:	3:05.69	50.39	400m:	6:28.80	50.65	600m:	9:58.20	52.21	800m:	13:21.69	47.23



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Caldas da Rainha, 14- - 15-4-2018

Prova 6	Masc., 1500m Livres				Absolutos (JUV+JUN+SEN)
14-04-2018 - 10:23					Resultados
Recorde Distrital Absoluto	15:11.25	Guilherme Filipe, PINA	BSCN	Porto	13-12-2015
Recorde Distrital SEN	16:07.71	Viktor, KOT	DNMG	Leiria	25-06-2017
Recorde Distrital JUN	15:11.25	Guilherme Filipe, PINA	BSCN	Porto	13-12-2015
Recorde Distrital JUV A	16:01.00	Miguel Monteiro, DIOGO	CNAL	Nazaré	16-05-2009
Recorde Distrital JUV B	16:17.27	André Vilas, RUIVO	ADBA	Leiria	14-12-2014

Pontos: FINA 2017

Lugar			Ano	Clube			Tempo final	PiPtos Taça	
1. Sebastiao Mendes, GOMES			00	Pimpoes/Cimai			16:39.37	611	12,00
50m:	29.63	29.63	450m:	4:52.53	32.71	850m:	9:21.38	33.47	1250m: 13:51.85 34.09
100m:	1:01.69	32.06	500m:	5:25.83	33.30	900m:	9:55.20	33.82	1300m: 14:26.04 34.19
150m:	1:34.65	32.96	550m:	5:59.69	33.86	950m:	10:29.19	33.99	1350m: 14:59.99 33.95
200m:	2:07.19	32.54	600m:	6:34.49	34.80	1000m:	11:02.76	33.57	1400m: 15:33.90 33.91
250m:	2:40.98	33.79	650m:	7:08.53	34.04	1050m:	11:36.29	33.53	1450m: 16:07.21 33.31
300m:	3:14.04	33.06	700m:	7:41.32	32.79	1100m:	12:10.01	33.72	1500m: 16:39.37 32.16
350m:	3:46.68	32.64	750m:	8:14.97	33.65	1150m:	12:43.27	33.26	
400m:	4:19.82	33.14	800m:	8:47.91	32.94	1200m:	13:17.76	34.49	
2. Francisco Sousa, SILVA			01	Alcobaça			16:43.12	604	10,00
50m:	29.80	29.80	450m:	4:56.05	33.71	850m:	9:25.30	33.87	1250m: 13:56.36 33.80
100m:	1:02.33	32.53	500m:	5:30.00	33.95	900m:	9:59.17	33.87	1300m: 14:30.37 34.01
150m:	1:35.43	33.10	550m:	6:03.91	33.91	950m:	10:32.90	33.73	1350m: 15:04.10 33.73
200m:	2:08.23	32.80	600m:	6:37.80	33.89	1000m:	11:06.63	33.73	1400m: 15:37.79 33.69
250m:	2:41.90	33.67	650m:	7:11.35	33.55	1050m:	11:40.50	33.87	1450m: 16:11.60 33.81
300m:	3:15.21	33.31	700m:	7:44.34	32.99	1100m:	12:14.66	34.16	1500m: 16:43.12 31.52
350m:	3:48.62	33.41	750m:	8:17.78	33.44	1150m:	12:48.63	33.97	
400m:	4:22.34	33.72	800m:	8:51.43	33.65	1200m:	13:22.56	33.93	
3. Andre Lopes, SILVA			99	Nautico Marinha Grande			16:52.73	587	9,00
50m:	30.23	30.23	450m:	4:56.45	33.53	850m:	9:28.45	34.27	1250m: 14:01.43 34.14
100m:	1:02.88	32.65	500m:	5:30.40	33.95	900m:	10:02.69	34.24	1300m: 14:35.76 34.33
150m:	1:35.84	32.96	550m:	6:04.20	33.80	950m:	10:36.67	33.98	1350m: 15:09.28 33.52
200m:	2:08.96	33.12	600m:	6:38.22	34.02	1000m:	11:11.10	34.43	1400m: 15:43.98 34.70
250m:	2:42.26	33.30	650m:	7:12.05	33.83	1050m:	11:45.90	34.80	1450m: 16:18.67 34.69
300m:	3:15.38	33.12	700m:	7:45.90	33.85	1100m:	12:20.38	34.48	1500m: 16:52.73 34.06
350m:	3:48.97	33.59	750m:	8:20.00	34.10	1150m:	12:53.26	32.88	
400m:	4:22.92	33.95	800m:	8:54.18	34.18	1200m:	13:27.29	34.03	
4. Tiago Andre, JORGE			00	Ba/Bomcar			17:23.55	536	8,00
50m:	29.50	29.50	450m:	4:59.16	34.17	850m:	9:38.95	35.32	1250m: 14:25.63 36.09
100m:	1:02.30	32.80	500m:	5:33.46	34.30	900m:	10:14.44	35.49	1300m: 15:01.80 36.17
150m:	1:35.90	33.60	550m:	6:08.33	34.87	950m:	10:50.18	35.74	1350m: 15:37.58 35.78
200m:	2:09.57	33.67	600m:	6:43.01	34.68	1000m:	11:25.91	35.73	1400m: 16:13.14 35.56
250m:	2:43.17	33.60	650m:	7:17.77	34.76	1050m:	12:01.80	35.89	1450m: 16:48.73 35.59
300m:	3:17.17	34.00	700m:	7:52.88	35.11	1100m:	12:37.58	35.78	1500m: 17:23.55 34.82
350m:	3:50.98	33.81	750m:	8:28.29	35.41	1150m:	13:13.33	35.75	
400m:	4:24.99	34.01	800m:	9:03.63	35.34	1200m:	13:49.54	36.21	
5. Afonso Filipe, COSTA			03	Naval da Nazaré			18:29.41	446	7,00
50m:	32.76	32.76	450m:	5:24.80	37.25	850m:	10:25.13	37.48	1250m: 15:24.94 38.07
100m:	1:08.84	36.08	500m:	6:02.74	37.94	900m:	11:01.89	36.76	1300m: 16:01.13 36.19
150m:	1:45.27	36.43	550m:	6:40.19	37.45	950m:	11:37.82	35.93	1350m: 16:37.54 36.41
200m:	2:22.32	37.05	600m:	7:16.67	36.48	1000m:	12:15.43	37.61	1400m: 17:14.98 37.44
250m:	2:58.83	36.51	650m:	7:54.83	38.16	1050m:	12:52.97	37.54	1450m: 17:52.66 37.68
300m:	3:34.83	36.00	700m:	8:32.47	37.64	1100m:	13:31.02	38.05	1500m: 18:29.41 36.75
350m:	4:10.91	36.08	750m:	9:10.23	37.76	1150m:	14:08.52	37.50	
400m:	4:47.55	36.64	800m:	9:47.65	37.42	1200m:	14:46.87	38.35	



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Prova 6, Masc., 1500m Livres, Absolutos (JUV+JUN+SEN)

Lugar	Ano	Clube	Tempo final	PIPts Taça
6. Alexandre Quiterio, ANASTACIO	01	Benedita Sport Club	18:39.53	434 6,00
50m: 33.15 33.15	450m: 5:26.02 37.61	850m: 10:25.93 37.45	1250m: 15:29.26 38.52	
100m: 1:08.94 35.79	500m: 6:03.28 37.26	900m: 11:03.21 37.28	1300m: 16:06.97 37.71	
150m: 1:45.73 36.79	550m: 6:40.94 37.66	950m: 11:40.47 37.26	1350m: 16:45.08 38.11	
200m: 2:22.58 36.85	600m: 7:17.85 36.91	1000m: 12:18.01 37.54	1400m: 17:23.66 38.58	
250m: 2:59.77 37.19	650m: 7:55.48 37.63	1050m: 12:56.20 38.19	1450m: 18:02.09 38.43	
300m: 3:35.91 36.14	700m: 8:33.31 37.83	1100m: 13:34.86 38.66	1500m: 18:39.53 37.44	
350m: 4:11.93 36.02	750m: 9:10.89 37.58	1150m: 14:12.78 37.92		
400m: 4:48.41 36.48	800m: 9:48.48 37.59	1200m: 14:50.74 37.96		
7. Abel Duarte, AFONSO	02	Naval de Peniche	19:11.65	399 5,00
50m: 31.51 31.51	450m: 5:32.55 38.87	850m: 10:43.60 38.94	1250m: 15:59.60 39.33	
100m: 1:06.36 34.85	500m: 6:10.88 38.33	900m: 11:23.77 40.17	1300m: 16:39.02 39.42	
150m: 1:43.44 37.08	550m: 6:49.66 38.78	950m: 12:02.33 38.56	1350m: 17:17.45 38.43	
200m: 2:20.75 37.31	600m: 7:28.22 38.56	1000m: 12:42.20 39.87	1400m: 17:56.34 38.89	
250m: 2:58.91 38.16	650m: 8:07.43 39.21	1050m: 13:21.03 38.83	1450m: 18:34.51 38.17	
300m: 3:37.10 38.19	700m: 8:45.96 38.53	1100m: 14:00.44 39.41	1500m: 19:11.65 37.14	
350m: 4:14.87 37.77	750m: 9:24.50 38.54	1150m: 14:40.28 39.84		
400m: 4:53.68 38.81	800m: 10:04.66 40.16	1200m: 15:20.27 39.99		
8. Filipe Pedro, FERREIRA	00	Nucleo de Pombal	19:13.42	397 4,00
50m: 31.65 31.65	450m: 5:33.11 39.05	850m: 10:44.12 38.85	1250m: 16:00.66 39.75	
100m: 1:06.62 34.97	500m: 6:11.54 38.43	900m: 11:24.28 40.16	1300m: 16:40.25 39.59	
150m: 1:43.02 36.40	550m: 6:50.50 38.96	950m: 12:04.05 39.77	1350m: 17:19.42 39.17	
200m: 2:20.64 37.62	600m: 7:28.56 38.06	1000m: 12:42.77 38.72	1400m: 17:58.32 38.90	
250m: 2:58.45 37.81	650m: 8:08.03 39.47	1050m: 13:22.10 39.33	1450m: 18:36.00 37.68	
300m: 3:37.16 38.71	700m: 8:47.56 39.53	1100m: 14:01.50 39.40	1500m: 19:13.42 37.42	
350m: 4:15.08 37.92	750m: 9:26.13 38.57	1150m: 14:41.10 39.60		
400m: 4:54.06 38.98	800m: 10:05.27 39.14	1200m: 15:20.91 39.81		

Prova 7	Femin., 400m Livres	Infantis (A+B)
14-04-2018 - 10:43		Resultados
Recorde Distrital Absoluto	4:16.64 Filipa Vilas, RUIVO	ADBA Caldas da Rainha 01-11-2014
Recorde Distrital INF A	4:37.93 Filipa Vilas, RUIVO	DNMG Abrantes 01-04-2010
Recorde Distrital INF B	4:38.40 Filipa Vilas, RUIVO	DNMG Alcobça 01-06-2009

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Juliana Branco, REIS	05	Alcobça	4:55.26	501 12,00
50m: 31.65 31.65	150m: 1:45.46 37.74	250m: 3:02.27 38.52	350m: 4:18.87 38.29	
100m: 1:07.72 36.07	200m: 2:23.75 38.29	300m: 3:40.58 38.31	400m: 4:55.26 36.39	
2. Ariana Bento, CARAPINHA	06	Nautico Marinha Grande	4:55.39	500 10,00
50m: 31.90 31.90	150m: 1:45.30 37.35	250m: 3:01.36 38.30	350m: 4:18.71 38.09	
100m: 1:07.95 36.05	200m: 2:23.06 37.76	300m: 3:40.62 39.26	400m: 4:55.39 36.68	
3. Joana Silva, ALVES	05	Benedita Sport Club	5:03.71	460 9,00
50m: 34.86 34.86	150m: 1:52.63 39.37	250m: 3:10.46 38.89	350m: 4:27.42 38.16	
100m: 1:13.26 38.40	200m: 2:31.57 38.94	300m: 3:49.26 38.80	400m: 5:03.71 36.29	
4. Joana Rosa, FERREIRA	05	Naval de Peniche	5:05.49	452 8,00
50m: 32.68 32.68	150m: 1:48.95 38.99	250m: 3:07.81 39.70	350m: 4:27.78 39.90	
100m: 1:09.96 37.28	200m: 2:28.11 39.16	300m: 3:47.88 40.07	400m: 5:05.49 37.71	
5. Maria Madalena, ALVES	06	Ba/Bomcar	5:12.37	423 7,00
50m: 34.25 34.25	150m: 1:52.60 40.16	250m: 3:13.09 40.32	350m: 4:33.61 39.94	
100m: 1:12.44 38.19	200m: 2:32.77 40.17	300m: 3:53.67 40.58	400m: 5:12.37 38.76	



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Prova 7, Femin., 400m Livres, Infantis (A+B)

Lugar	Ano	Clube	Tempo final	PIPts Taça
6. Leonor Verissimo, FARIA	06	Nucleo de Pombal	5:12.79	421 6,00
50m: 36.28 36.28	150m: 1:55.46 40.08	250m: 3:15.30 39.79	350m: 4:34.88 39.49	
100m: 1:15.38 39.10	200m: 2:35.51 40.05	300m: 3:55.39 40.09	400m: 5:12.79 37.91	
7. Sofia Simao, CUNHA	06	Pimpoes/Cimai	5:27.18	368 5,00
50m: 35.74 35.74	150m: 1:57.46 41.80	250m: 3:22.07 42.31	350m: 4:46.64 41.93	
100m: 1:15.66 39.92	200m: 2:39.76 42.30	300m: 4:04.71 42.64	400m: 5:27.18 40.54	
8. Beatriz Silva, CONCEICAO	05	Portomosense	6:41.74	198 4,00
50m: 41.93 41.93	150m: 2:24.50 51.92	250m: 4:10.88 52.92	350m: 5:53.49 49.28	
100m: 1:32.58 50.65	200m: 3:17.96 53.46	300m: 5:04.21 53.33	400m: 6:41.74 48.25	

Prova 8

Masc., 400m Livres

Infantis (A+B)

14-04-2018 - 10:52

Resultados

Recorde Distrital Absoluto	3:50.00	César Fernando, FARIA	ADBA	Istambul	10-12-2009
Recorde Distrital INF A	4:12.35	André Vilas, RUIVO	DNMG	Campo Maior	29-03-2014
Recorde Distrital INF B	4:26.50	André Vilas, RUIVO	DNMG	Leiria	02-03-2013

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Ricardo Morais, FARIA	04	Ba/Bomcar	4:33.76	466 12,00
50m: 29.90 29.90	150m: 1:39.83 35.70	250m: 2:51.19 35.37	350m: 4:01.20 34.27	
100m: 1:04.13 34.23	200m: 2:15.82 35.99	300m: 3:26.93 35.74	400m: 4:33.76 32.56	
2. Tomas Amor, SARREIRA	05	Nautico Marinha Grande	4:43.58	419 10,00
50m: 30.71 30.71	150m: 1:42.02 36.36	250m: 2:56.09 36.80	350m: 4:08.98 36.41	
100m: 1:05.66 34.95	200m: 2:19.29 37.27	300m: 3:32.57 36.48	400m: 4:43.58 34.60	
3. Lucas Pipiraite, CARDOSO	04	Naval da Nazaré	4:44.38	415 9,00
50m: 30.99 30.99	150m: 1:42.16 36.13	250m: 2:56.18 37.22	350m: 4:10.46 36.71	
100m: 1:06.03 35.04	200m: 2:18.96 36.80	300m: 3:33.75 37.57	400m: 4:44.38 33.92	
4. Dylan Marques, FELIX	05	Pimpoes/Cimai	5:09.59	322 8,00
50m: 34.32 34.32	150m: 1:50.90 38.80	250m: 3:10.32 40.15	350m: 4:31.03 40.29	
100m: 1:12.10 37.78	200m: 2:30.17 39.27	300m: 3:50.74 40.42	400m: 5:09.59 38.56	
5. Antonio Iuri, LADYKA	05	Alcobaça	5:16.20	302 7,00
50m: 35.19 35.19	150m: 1:54.99 40.52	250m: 3:15.83 40.40	350m: 4:37.66 41.26	
100m: 1:14.47 39.28	200m: 2:35.43 40.44	300m: 3:56.40 40.57	400m: 5:16.20 38.54	
6. Joao Gerardo, BOITA	05	Benedita Sport Club	5:40.07	243 6,00
50m: 37.26 37.26	150m: 2:02.41 43.45	250m: 3:31.30 44.79	350m: 4:58.17 43.69	
100m: 1:18.96 41.70	200m: 2:46.51 44.10	300m: 4:14.48 43.18	400m: 5:40.07 41.90	



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Prova 9	Femin., 100m Costas			Absolutos (JUV+JUN+SEN)	
14-04-2018 - 11:10				Resultados	
Recorde Distrital Absoluto	1:03.11	Andreia Filipa, ANJOS	ADBA	Santo António dos Cavaleiros	01-12-2009
Recorde Distrital SEN	1:03.11	Andreia Filipa, ANJOS	ADBA	Santo António dos Cavaleiros	01-12-2009
Recorde Distrital JUN	1:04.68	Victoria, KAMINSKAYA	SIRP	Mealhada	01-12-2011
Recorde Distrital JUV A	1:07.28	Mara Lisboa e, SILVA	ASAL	Óbidos	01-12-2007
Recorde Distrital JUV B	1:04.49	Maria Lopes, AMADO	SANDL	Abrantes	27-01-2018

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIptos	Taça
1. Maria Lopes, AMADO	04	Ba/Bomcar	1:06.45	567	12,00
50m: 32.05 32.05	100m: 1:06.45	34.40			
2. Diana Violante, ROMAO	02	Alcobaça	1:09.52	495	10,00
50m: 32.97 32.97	100m: 1:09.52	36.55			
3. Constanca Alexandra, SILVA	04	Pimpoes/Cimai	1:10.82	469	9,00
50m: 34.49 34.49	100m: 1:10.82	36.33			
4. Monica Seara, DOMINGUES	00	Nautico Marinha Grande	1:11.41	457	8,00
50m: 35.11 35.11	100m: 1:11.41	36.30			
5. Francisca Santos, CLEMENTE	03	Ba/Bomcar	1:11.63	453	-
50m: 34.97 34.97	100m: 1:11.63	36.66			
6. Ana Monica, ELOI	96	Nautico Marinha Grande	1:12.26	441	-
50m: 34.75 34.75	100m: 1:12.26	37.51			
7. Maria Martim, COUTINHO	04	Ba/Bomcar	1:13.72	415	-
50m: 35.97 35.97	100m: 1:13.72	37.75			
8. Alexandra Cordeiro, SILVA	04	Alcobaça	1:13.75	415	-
50m: 36.52 36.52	100m: 1:13.75	37.23			
9. Catarina Rodrigues, SILVA	04	Naval de Peniche	1:14.70	399	7,00
50m: 36.15 36.15	100m: 1:14.70	38.55			
10. Beatriz Sofia, AMARO	04	Nautico Marinha Grande	1:16.02	379	-
50m: 36.88 36.88	100m: 1:16.02	39.14			
11. Ines Beatriz, NEVES	04	Nucleo de Pombal	1:17.54	357	6,00
50m: 37.48 37.48	100m: 1:17.54	40.06			
12. Diana Penas, EZEQUIEL	01	Benedita Sport Club	1:20.58	318	5,00
50m: 39.11 39.11	100m: 1:20.58	41.47			
13. Ana Rita, TOMAS	04	Nucleo Desportivo de Ansião	1:21.80	304	4,00
50m: 39.62 39.62	100m: 1:21.80	42.18			
14. Josefa Carlota, MARTINS	03	Alcobaça	1:21.95	302	-
50m: 39.85 39.85	100m: 1:21.95	42.10			
15. Tatiana Evangelista, REBELO	00	Naval da Nazaré	1:23.29	288	3,00
50m: 40.24 40.24	100m: 1:23.29	43.05			
16. Camila Neves, SIMOES	01	Nucleo Desportivo de Ansião	1:24.91	272	-
50m: 40.66 40.66	100m: 1:24.91	44.25			
17. Lara Margarida, DUARTE	02	Nucleo Desportivo de Ansião	1:26.33	259	-
50m: 42.05 42.05	100m: 1:26.33	44.28			
DNS Leonor Silva, CRISTINO	02	Pimpoes/Cimai			-
EXH Francisca Bonifacio, ALVES	04	Ba/Bomcar	1:19.50	331	-
50m: 39.79 39.79	100m: 1:19.50	39.71			



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Prova 10	Masc., 100m Costas			Absolutos (JUV+JUN+SEN)	
14-04-2018 - 11:20	Resultados				
Recorde Distrital Absoluto	56.14	Viktor, KOT	DNMG	Porto	08-12-2017
Recorde Distrital SEN	56.14	Viktor, KOT	DNMG	Porto	08-12-2017
Recorde Distrital JUN	56.54	Francisco Rogério, SANTOS	BSCN	Porto	12-12-2015
Recorde Distrital JUV A	58.48	Viktor, KOT	DNMG	Caldas da Rainha	10-05-2014
Recorde Distrital JUV B	59.43	Ricardo Lopes, SILVA	DNMG	Leiria	02-12-2017

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Ricardo Lopes, SILVA	03	Nautico Marinha Grande	59.19	564	12,00
50m: 28.92 28.92	100m: 59.19	30.27			
2. Bruno Filipe, TABORDA	95	Ba/Bomcar	1:01.09	513	10,00
50m: 29.62 29.62	100m: 1:01.09	31.47			
3. Francisco Xavier, TOMAS	00	Alcobaça	1:01.64	499	9,00
50m: 30.19 30.19	100m: 1:01.64	31.45			
4. Joao Miguel, SANTANA	00	Pimpoes/Cimai	1:01.91	493	8,00
50m: 29.27 29.27	100m: 1:01.91	32.64			
5. Afonso Varelas, SILVA	01	Nautico Marinha Grande	1:03.71	452	-
50m: 31.67 31.67	100m: 1:03.71	32.04			
6. Miguel Vicente, SILVA	02	Nautico Marinha Grande	1:04.18	442	-
50m: 31.10 31.10	100m: 1:04.18	33.08			
7. Joaquim Sardinha, DUARTE	01	Ba/Bomcar	1:04.22	442	-
50m: 31.37 31.37	100m: 1:04.22	32.85			
8. Valentino Garvasyuk, PLESHKAN	03	Ba/Bomcar	1:04.44	437	-
50m: 30.97 30.97	100m: 1:04.44	33.47			
9. Rui Miguel, FREIRE	03	Nucleo Desportivo de Ansião	1:06.88	391	7,00
50m: 32.08 32.08	100m: 1:06.88	34.80			
10. David Almeida, GAMEIRO	03	Nucleo de Pombal	1:15.75	269	6,00
50m: 36.31 36.31	100m: 1:15.75	39.44			
DNS Pedro Alexandre, CORREIA	00	Pimpoes/Cimai			-
DNS Joao Pedro, VIDAL	03	Vieirense			-

Prova 11	Femin., 100m Costas			Infantis (A+B)	
14-04-2018 - 11:26	Resultados				
Recorde Distrital Absoluto	1:03.11	Andreia Filipa, ANJOS	ADBA	Santo António dos Cavaleiros	01-12-2009
Recorde Distrital INF A	1:07.26	Maria Lopes, AMADO	ADBA	Sines	01-04-2017
Recorde Distrital INF B	1:10.71	Diana Violante, ROMÃO	CNAL	Campo Maior	01-03-2014

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Filipa Paiva, DINIS	06	Ba/Bomcar	1:15.15	392	12,00
50m: 36.80 36.80	100m: 1:15.15	38.35			
2. Jessica Mendes, SANTOS	06	Nautico Marinha Grande	1:16.87	366	10,00
50m: 37.37 37.37	100m: 1:16.87	39.50			
3. Beatriz Santos, CRESPO	05	Vieirense	1:20.80	315	9,00
50m: 38.59 38.59	100m: 1:20.80	42.21			
4. Mariana Magalhaes, FERNANDES	06	Vieirense	1:23.64	284	-
50m: 40.47 40.47	100m: 1:23.64	43.17			



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Prova 11, Femin., 100m Costas, Infantis (A+B)

Lugar	Ano	Clube	Tempo final	PIPts Taça
5. Filipa Roma, BRIZIDA 50m: 41.30 41.30 100m: 1:24.67 43.37	06	Ba/Bomcar	1:24.67	274 -
6. Sara Andreia, SERRAO 50m: 42.04 42.04 100m: 1:25.63 43.59	05	Naval de Peniche	1:25.63	265 8,00
7. Beatriz Luz, MARTINS 50m: 40.76 40.76 100m: 1:25.77 45.01	06	Pimpoes/Cimai	1:25.77	264 7,00
8. Margarida Marques, ARROJA 50m: 41.73 41.73 100m: 1:26.18 44.45	06	Pimpoes/Cimai	1:26.18	260 -
9. Constanca Arinto, TRINDADE 50m: 42.24 42.24 100m: 1:27.61 45.37	06	Alcobaça	1:27.61	247 6,00
10. Maria Ines, ESTEVES 50m: 46.62 46.62 100m: 1:32.68 46.06	06	Naval da Nazaré	1:32.68	209 5,00
11. Barbara Isabel, CARVALHO 50m: 44.85 44.85 100m: 1:34.19 49.34	05	Nucleo Desportivo de Ansião	1:34.19	199 4,00
12. Rafaela Santos, PALHAIS 50m: 46.37 46.37 100m: 1:34.55 48.18	06	Nucleo de Pombal	1:34.55	197 3,00
13. Beatriz Goncalves, CORREIA 50m: 46.94 46.94 100m: 1:37.51 50.57	06	Benedita Sport Club	1:37.51	179 2,00

Prova 12 Masc., 100m Costas Infantis (A+B)
14-04-2018 - 11:32 Resultados

Recorde Distrital Absoluto	56.14	Viktor, KOT	DNMG	Porto	08-12-2017
Recorde Distrital INF A	59.50	Ricardo Lopes, SILVA	DNMG	Caldas da Rainha	10-06-2017
Recorde Distrital INF B	1:05.01	André Vilas, RUIVO	DNMG	Leiria	03-03-2013

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Vítor Belo, CLARA 50m: 33.06 33.06 100m: 1:08.40 35.34	04	Ba/Bomcar	1:08.40	365 12,00
2. Vasco Silva, SOUSA 50m: 34.79 34.79 100m: 1:10.98 36.19	04	Ba/Bomcar	1:10.98	327 -
3. Duarte Gil, SALVADOR 50m: 34.24 34.24 100m: 1:11.99 37.75	04	Nautico Marinha Grande	1:11.99	313 10,00
4. Ricardo Pedrosa, SOARES 50m: 34.84 34.84 100m: 1:13.24 38.40	04	Vieirense	1:13.24	297 9,00
5. Lucas Filipe, MOREIRA 50m: 37.01 37.01 100m: 1:16.54 39.53	05	Ba/Bomcar	1:16.54	261 -
6. Henrique Joao, CRUZ 50m: 37.11 37.11 100m: 1:16.84 39.73	05	Alcobaça	1:16.84	258 8,00
7. Timur Antonovich, MORITS 50m: 39.36 39.36 100m: 1:21.33 41.97	04	Nautico Marinha Grande	1:21.33	217 -
8. Tiago Serradas, FRANCISCO 50m: 39.26 39.26 100m: 1:21.40 42.14	05	Nautico Marinha Grande	1:21.40	217 -
9. Leonardo Martins, GONCALVES 50m: 40.23 40.23 100m: 1:22.24 42.01	04	Pimpoes/Cimai	1:22.24	210 7,00



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Prova 12, Masc., 100m Costas, Infantis (A+B)

Lugar	Ano	Clube	Tempo final	PIPts Taça
10. Pedro Pinheiro, RIBEIRO 50m: 39.48 39.48 100m: 1:22.79 43.31	05	Benedita Sport Club	1:22.79	206 6,00
11. Loic Lancelot, LAURENSON 50m: 42.90 42.90 100m: 1:31.78 48.88	04	Naval da Nazaré	1:31.78	151 5,00
12. Eduardo Firmino, MIRANDA 50m: 45.38 45.38 100m: 1:31.86 46.48	05	Pimpoes/Cimai	1:31.86	151 -
EXH Jose Francisco, OLIVEIRA 50m: 42.57 42.57 100m: 1:24.82 42.25	05	Ba/Bomcar	1:24.82	191 -

Prova 13

Femin., 200m Mariposa

Absolutos (JUV+JUN+SEN)

14-04-2018 - 11:38

Resultados

Recorde Distrital Absoluto	2:10.12	Sara Francisco, CRUZ	ADBA	Leiria	01-12-2009
Recorde Distrital SEN	2:12.25	Victoria, KAMINSKAYA	SIRP	Vila Real de Santo António	01-11-2014
Recorde Distrital JUN	2:10.12	Sara Francisco, CRUZ	ADBA	Leiria	01-12-2009
Recorde Distrital JUV A	2:20.70	Giovanna Vaz, VARGAS	DNMG	Nazaré	01-05-2015
Recorde Distrital JUV B	2:21.00	Giovanna Vaz, VARGAS	DNMG	Nazaré	01-05-2014

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Ines Jacinto, HENRIQUES 50m: 30.74 30.74 100m: 1:05.56 34.82 150m: 1:41.47 35.91 200m: 2:17.91 36.44	00	Pimpoes/Cimai	2:17.91	652 12,00
2. Rita Afonso, BELO 50m: 32.71 32.71 100m: 1:09.96 37.25 150m: 1:47.07 37.11 200m: 2:25.67 38.60	02	Benedita Sport Club	2:25.67	553 10,00
3. Bruna Andreia, SIMOES 50m: 31.65 31.65 100m: 1:08.41 36.76 150m: 1:46.73 38.32 200m: 2:25.80 39.07	01	Nautico Marinha Grande	2:25.80	552 9,00
4. Maria Leitao, CARVALHO 50m: 34.42 34.42 100m: 1:13.14 38.72 150m: 1:53.85 40.71 200m: 2:34.75 40.90	02	Ba/Bomcar	2:34.75	461 8,00
5. Maria Ines, SILVA 50m: 34.46 34.46 100m: 1:14.06 39.60 150m: 1:55.09 41.03 200m: 2:36.69 41.60	04	Alcobaça	2:36.69	444 7,00
6. Constanca Filipa, RODRIGUES 50m: 34.25 34.25 100m: 1:14.26 40.01 150m: 1:55.46 41.20 200m: 2:37.78 42.32	02	Pimpoes/Cimai	2:37.78	435 -
7. Maria Joao, REIS 50m: 35.28 35.28 100m: 1:16.78 41.50 150m: 2:00.26 43.48 200m: 2:44.30 44.04	04	Nautico Marinha Grande	2:44.30	385 -
8. Renata Simoes, RATO 50m: 36.03 36.03 100m: 1:16.50 40.47 150m: 2:00.30 43.80 200m: 2:45.37 45.07	03	Nautico Marinha Grande	2:45.37	378 -
9. Sofia Morais, FARIA 50m: 35.47 35.47 100m: 1:17.00 41.53 150m: 2:01.58 44.58 200m: 2:46.67 45.09	04	Ba/Bomcar	2:46.67	369 -
10. Ana Rui, GOMES 50m: 34.42 34.42 100m: 1:17.32 42.90 150m: 2:03.93 46.61 200m: 2:51.15 47.22	03	Naval da Nazaré	2:51.15	341 6,00
11. Andreia Clara, GOMES 50m: 38.59 38.59 100m: 1:23.19 44.60 150m: 2:08.42 45.23 200m: 2:53.79 45.37	04	Ba/Bomcar	2:53.79	326 -
12. Lara Roque, COTRIM 50m: 36.09 36.09 100m: 1:19.63 43.54 150m: 2:07.44 47.81 200m: 2:57.31 49.87	03	Pimpoes/Cimai	2:57.31	306 -



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Prova 14	Masc., 200m Mariposa				Absolutos (JUV+JUN+SEN)	
14-04-2018 - 11:46					Resultados	
Recorde Distrital Absoluto	2:02.02	Miguel Monteiro, DIOGO	CNAL	Leiria	18-06-2011	
Recorde Distrital SEN	2:04.37	Miguel Monteiro, DIOGO	CNAL	Mealhada	16-12-2012	
Recorde Distrital JUN	2:02.02	Miguel Monteiro, DIOGO	CNAL	Leiria	18-06-2011	
Recorde Distrital JUV A	2:03.38	Diogo Parrilha, SILVA	CNAL	Alcobaça	13-06-2009	
Recorde Distrital JUV B	2:11.50	André Vilas, RUIVO	ADBA	Leiria	01-02-2015	

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Nuno Goncalo, SANTOS	96	Ba/Bomcar	2:09.51	588	12,00
50m: 28.06 28.06	100m: 1:00.50 32.44	150m: 1:34.40 33.90	200m: 2:09.51 35.11		
2. Miguel Monteiro, DIOGO	93	Alcobaça	2:10.26	578	10,00
50m: 28.16 28.16	100m: 59.74 31.58	150m: 1:33.43 33.69	200m: 2:10.26 36.83		
3. Rui Miguel, PIRES	01	Nautico Marinha Grande	2:11.44	563	9,00
50m: 28.98 28.98	100m: 1:02.50 33.52	150m: 1:37.21 34.71	200m: 2:11.44 34.23		
4. David, MARTYN	03	Benedita Sport Club	2:14.65	524	8,00
50m: 30.25 30.25	100m: 1:04.38 34.13	150m: 1:39.64 35.26	200m: 2:14.65 35.01		
5. Edgar Casimiro, RIBEIRO	01	Alcobaça	2:16.65	501	-
50m: 29.88 29.88	100m: 1:03.91 34.03	150m: 1:39.59 35.68	200m: 2:16.65 37.06		
6. David Ferreira, RELVAS	03	Nautico Marinha Grande	2:17.85	488	-
50m: 29.96 29.96	100m: 1:04.05 34.09	150m: 1:40.23 36.18	200m: 2:17.85 37.62		
7. Joao Jose, SILVA	03	Ba/Bomcar	2:18.75	478	-
50m: 31.20 31.20	100m: 1:06.82 35.62	150m: 1:42.38 35.56	200m: 2:18.75 36.37		
8. Bernardo Sousa, PEREIRA	01	Pimpoes/Cimai	2:19.21	474	7,00
50m: 30.52 30.52	100m: 1:05.00 34.48	150m: 1:41.46 36.46	200m: 2:19.21 37.75		
9. Francisco Lourenco, CARVALHO	02	Nucleo Desportivo de Ansião	2:31.48	368	6,00
50m: 32.95 32.95	100m: 1:09.74 36.79	150m: 1:50.13 40.39	200m: 2:31.48 41.35		
10. Guilherme Mendes, SOUSA	03	Nautico Marinha Grande	2:33.95	350	-
50m: 32.11 32.11	100m: 1:10.76 38.65	150m: 1:52.24 41.48	200m: 2:33.95 41.71		
11. Miguel Goncalves, JARDIM	00	Nucleo de Pombal	2:35.55	339	5,00
50m: 33.31 33.31	100m: 1:11.65 38.34	150m: 1:53.41 41.76	200m: 2:35.55 42.14		
12. Jose Antonio, LAMANDE	96	Vieirense	2:49.67	261	4,00
50m: 31.79 31.79	100m: 1:10.85 39.06	150m: 1:58.72 47.87	200m: 2:49.67 50.95		
13. Alexandre Pinto, CRUZ	00	Pimpoes/Cimai	2:58.71	224	-
50m: 35.15 35.15	100m: 1:17.12 41.97	150m: 2:06.79 49.67	200m: 2:58.71 51.92		
14. Diogo Barros, SILVA	03	Pimpoes/Cimai	3:24.06	150	-
50m: 44.56 44.56	100m: 1:36.91 52.35	150m: 2:31.61 54.70	200m: 3:24.06 52.45		



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Prova 15 Femin., 200m Mariposa Infantis (A+B)
14-04-2018 - 11:54 Resultados

Recorde Distrital Absoluto	2:10.12	Sara Francisco, CRUZ	ADBA	Leiria	01-12-2009
Recorde Distrital INF A	2:27.22	Giovanna vaz, VARGAS	DNMG	Nazaré	01-06-2013
Recorde Distrital INF B	2:35.67	Filipa Vilas, RUIVO	DNMG	Alcoçaba	01-06-2009

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Carlota Macedo, LAGOA	05	Ba/Bomcar	2:42.00	402	12,00
50m: 36.80 36.80	100m: 1:16.88 40.08	150m: 1:58.47 41.59	200m: 2:42.00 43.53		
2. Ana Francisca, SILVA	06	Alcoçaba	2:50.76	343	10,00
50m: 36.50 36.50	100m: 1:19.59 43.09	150m: 2:05.21 45.62	200m: 2:50.76 45.55		
3. Rosa Branca, LOPES	05	Pimpoes/Cimai	2:56.28	312	9,00
50m: 36.23 36.23	100m: 1:20.59 44.36	150m: 2:08.30 47.71	200m: 2:56.28 47.98		
4. Catarina Machado, BELO	06	Benedita Sport Club	3:03.36	277	8,00
50m: 40.06 40.06	100m: 1:27.13 47.07	150m: 2:15.65 48.52	200m: 3:03.36 47.71		
5. Maria Joao, ASCENSO	06	Nautico Marinha Grande	3:08.12	257	7,00
50m: 38.97 38.97	100m: 1:25.25 46.28	150m: 2:16.35 51.10	200m: 3:08.12 51.77		
6. Soraia Carvalho, FERREIRA	05	Nautico Marinha Grande	3:12.57	239	-
50m: 38.89 38.89	100m: 1:26.85 47.96	150m: 2:19.35 52.50	200m: 3:12.57 53.22		
7. Dalila Leal, BERNARDINO	06	Nucleo de Pombal	3:14.33	233	6,00
50m: 40.53 40.53	100m: 1:29.73 49.20	150m: 2:21.60 51.87	200m: 3:14.33 52.73		
8. Leonor Caetano, MOREIRA	06	Vieirense	3:18.40	219	5,00
50m: 41.28 41.28	100m: 1:30.44 49.16	150m: 2:25.94 55.50	200m: 3:18.40 52.46		
9. Diana Carvalho, PINEU	05	Ba/Bomcar	3:23.46	203	-
50m: 42.06 42.06	100m: 1:34.32 52.26	150m: 2:29.34 55.02	200m: 3:23.46 54.12		

Prova 16 Masc., 200m Mariposa Infantis (A+B)
14-04-2018 - 12:02 Resultados

Recorde Distrital Absoluto	2:02.02	Miguel Monteiro, DIOGO	CNAL	Leiria	18-06-2011
Recorde Distrital INF A	2:15.46	André Vilas, RUIVO	DNMG	Campo Maior	30-03-2014
Recorde Distrital INF B	2:19.18	André Vilas, RUIVO	DNMG	Nazaré	01-06-2013

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Nuno Marques, SILVA	04	Ba/Bomcar	2:29.52	382	12,00
50m: 32.37 32.37	100m: 1:10.69 38.32	150m: 1:49.83 39.14	200m: 2:29.52 39.69		
2. Miguel Fernandes, OLIVEIRA	05	Nautico Marinha Grande	2:34.27	348	10,00
50m: 32.88 32.88	100m: 1:12.10 39.22	150m: 1:53.27 41.17	200m: 2:34.27 41.00		
3. Joao Gabriel, ANICETO	04	Ba/Bomcar	2:42.94	295	-
50m: 34.47 34.47	100m: 1:16.27 41.80	150m: 1:58.82 42.55	200m: 2:42.94 44.12		
4. Joao Tomas, MADRUGO	04	Pimpoes/Cimai	2:48.75	266	9,00
50m: 32.40 32.40	100m: 1:12.64 40.24	150m: 1:59.37 46.73	200m: 2:48.75 49.38		
5. Daniel Jose, FERNANDES	04	Alcoçaba	2:50.32	258	8,00
50m: 34.84 34.84	100m: 1:18.48 43.64	150m: 2:04.64 46.16	200m: 2:50.32 45.68		
6. Diogo Miguel, ROSETE	05	Nautico Marinha Grande	3:25.70	146	-
50m: 39.69 39.69	100m: 1:32.63 52.94	150m: 2:28.10 55.47	200m: 3:25.70 57.60		



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Prova 16, Masc., 200m Mariposa, Infantis (A+B)

Lugar	Ano	Clube	Tempo final	PIPts Taça
7. Samuel Filipe, AMORIM	05	Nautico Marinha Grande	3:30.21	137 -
50m: 43.90 43.90	100m: 1:37.84 53.94	150m: 2:36.46 58.62	200m: 3:30.21	53.75

Prova 17
14-04-2018 - 12:16
Femin., 4 x 100m Estilos
Absolutos (JUV+JUN+SEN)
Resultados

Recorde Distrital SEN	4:57.18	SIRP	POR	Porto de Mós	01-10-2010
Recorde Distrital JUN	4:33.46	DNMG	POR	Porto	01-12-2015
Recorde Distrital JUV A	4:41.26	CNAL	POR	Leiria	01-12-2014
Recorde Distrital JUV B	4:46.57	SANDL	POR	Pombal	01-11-2010
Recorde Distrital ABS	4:19.92	ADBA	POR	Santo António dos Cavaleiros	01-12-2009

Pontos: FINA 2017

Lugar	Clube	Tempo final	PIPts Taça
1. Ba/ Bomcar Absoluto	Ba/Bomcar	4:28.38	590 24,00
Maria Lopes, AMADO +0,60 32.78	1:07.09 Sofia Ribeiro, JUNQUEIRA	31.09	1:07.33
Luana Pinto, DOMINGUES 34.35	1:12.92 Ines Filipa, JACINTO	28.39	1:01.04
2. Náutico Marinha Absoluto	Nautico Marinha Grande	4:28.49	590 20,00
Monica Seara, DOMINGUES +1,50 33.70	1:09.58 Giovanna Vaz, VARGAS	29.30	1:02.68
Ana Ferreira, COSTA 34.79	1:14.28 Barbara Coimbra, TEODOSIO	30.06	1:01.95
3. Alcobaça Absoluto	Alcobaça	4:37.00	537 18,00
Diana Violante, ROMAO +0,63 33.37	1:09.49 Ana Claudia, FERREIRA	32.38	1:08.86
Ines Rocha, SILVA 35.17	1:14.12 Alexandra Cordeiro, SILVA	30.82	1:04.53
4. Pimpões/ Cimai Absoluto	Pimpoes/Cimai	4:38.55	528 16,00
Constanca Alexandra, SILVA +0,68 35.19	1:11.86 Ines Jacinto, HENRIQUES	29.61	1:03.55
Ana Correia, SOUSA 36.32	1:19.60 Ines Apolinario, SOARES	30.73	1:03.54
5. Naval da Nazaré Absoluto	Naval da Nazaré	5:28.31	322 14,00
Ana Rui, GOMES 03 36.16	1:15.79 Tatiana Evangelista, REBELO	00 39.53	1:27.42
Safira Santos, DUARTE 04 41.66	1:30.76 Camila Gracio, SANTO	02 35.37	1:14.34

Prova 18
14-04-2018 - 12:21
Masc., 4 x 100m Estilos
Absolutos (JUV+JUN+SEN)
Resultados

Recorde Distrital SEN	3:50.19	ADBA	POR	Porto	01-12-2010
Recorde Distrital JUN	4:02.61	SIRP	POR	Porto de Mós	01-10-2010
Recorde Distrital JUV A	4:08.92	SANDL	POR	Abrantes	01-03-2016
Recorde Distrital JUV B	4:13.58	SANDL	POR	Abrantes	01-04-2008
Recorde Distrital ABS	3:50.19	ADBA	POR	Porto	01-12-2010

Pontos: FINA 2017

Lugar	Clube	Tempo final	PIPts Taça
1. Náutico Marinha Absoluto	Nautico Marinha Grande	3:56.76	595 24,00
Viktor, KOT +0,69 27.60	56.28 Rui Miguel, PIRES	27.95	1:00.58
Pedro Domingues, DUARTE 30.16	1:06.03 Ricardo Lopes, SILVA	25.71	53.87
2. Ba/ Bomcar Absoluto	Ba/Bomcar	4:00.23	569 20,00
Bruno Filipe, TABORDA +1,54 29.68	1:00.62 Nuno Goncalo, SANTOS	26.23	57.42
Bruno Pinto, DOMINGUES 31.11	1:07.01 Joao Jose, SILVA	26.07	55.18
3. Pimpões/ Cimai Absoluto	Pimpoes/Cimai	4:05.78	532 18,00
Joao Miguel, SANTANA +0,67 29.92	1:01.05 Manuel Maria, FERRAZ	29.17	1:04.72
Bernardo Sousa, PEREIRA 31.66	1:08.21 Sebastiao Mendes, GOMES	24.47	51.80



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Prova 18, Masc., 4 x 100m Estilos, Absolutos (JUV+JUN+SEN)

Lugar	Clube	Tempo final	PIPts Taça
4. Alcobaça Absoluto	Alcobaça	4:07.71	519 16,00
Francisco Xavier, TOMAS +0,65 30.42	1:02.32 Miguel Monteiro, DIOGO	27.60	58.71
Nuno Miguel, FELICIANO 31.84	1:09.41 Edgar Casimiro, RIBEIRO	27.45	57.27
5. Núcleo de Pombal Absoluto	Nucleo de Pombal	4:43.61	346 14,00
David Almeida, GAMEIRO 03 36.91	1:15.93 Miguel Goncalves, JARDIM	00	31.09 1:07.74
Paulo, LITVINOV 02 36.96	1:20.28 Filipe Pedro, FERREIRA	00	27.93 59.66
6. Benedita Absoluto	Benedita Sport Club	4:46.05	337 12,00
David, MARTYN +0,64 30.58	1:02.88 Alexandre Quiterio, ANASTACIO	31.25	1:08.53
Marco Belo, MACHADO 43.54	1:33.17 Pedro Vitorino, CARVALHO	29.24	1:01.47

Prova 19 Femin., 4 x 50m Estilos Infantis (A+B)
14-04-2018 - 12:26 Resultados

Recorde Distrital INF A	2:15.99	ADBA	POR	Caldas da Rainha	01-06-2017
Recorde Distrital INF B	2:44.12	CAL	POR	Leiria	01-02-2000
Recorde Distrital ABS	1:58.50	ADBA	POR	Leiria	01-12-2009

Pontos: FINA 2017

Lugar	Clube	Tempo final	PIPts Taça
1. Ba/Bomcar Infantil	Ba/Bomcar	2:19.50	405 24,00
Filipa Paiva, DINIS 06 +1,54 35.19	Carlota Macedo, LAGOA 05 32.59		
Ines Mestre, SA 06 40.67	Maria Madalena, ALVES 06 31.05		
2. Alcobaça Infantil	Alcobaça	2:21.70	387 20,00
Juliana Branco, REIS 05 +0,64 35.24	Ana Francisca, SILVA 06 34.26		
Maria Ines, MARQUES 05 40.44	Rita Margarida, RODRIGUES 05 31.76		
3. Náutico Marinha Infantil	Nautico Marinha Grande	2:24.30	366 18,00
Jessica Mendes, SANTOS 06 +0,65 35.20	Maria Joao, ASCENSO 06 36.83		
Soraia Carvalho, FERREIRA 05 42.89	Ariana Bento, CARAPINHA 06 29.38		
4. Pimpões/ Cimai Infantil	Pimpoes/Cimai	2:26.71	348 16,00
Rosa Branca, LOPES 05 +0,77 34.80	Maria Silva, CARVALHO 05 33.43		
Margarida Marques, ARROJA 06 45.57	Sofia Simao, CUNHA 06 32.91		
5. Núcleo de Pombal Infantil	Nucleo de Pombal	2:53.29	211 14,00
Rafaela Santos, PALHAIS 06 +1,53 44.94	Dalila Leal, BERNARDINO 06 40.55		
Leonor Verissimo, FARIA 06 48.95	Constanca Lemos, MONTEIRO 05 38.85		
DSQ Viorense Infantil	Viorense		-
<i>Falsa prestação da 3ª atleta.</i>			
Mafalda Caetano, LOURENCO 06 +0,85 41.96	Margarida Correia, MADEIRA 06		
Leonor Caetano, MOREIRA 06 45.56	Mariana Magalhaes, FERNANDES 06		



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Prova 20	Masc., 4 x 50m Estilos				Infantis (A+B)
14-04-2018 - 12:31					Resultados
Recorde Distrital INF A	2:02.51	DNMG	POR	Caldas da Rainha	01-06-2017
Recorde Distrital INF B	2:10.80	ADBA	POR	Leiria	01-06-2017
Recorde Distrital ABS	1:49.06	ADBA	POR	Guarda	01-12-2010

Pontos: FINA 2017

Lugar	Clube				Tempo final	PIPts Taça
1. Ba/Bomcar Infantil	Ba/Bomcar				2:00.95	419 24,00
Ricardo Morais, FARIA	04	+1,52	30.11	Rodrigo Miguel, REIS	04	28.71
Joao Gabriel, ANICETO	04		34.56	Vitor Belo, CLARA	04	27.57
2. Náutico Marinha Infantil	Nautico Marinha Grande				2:12.62	317 20,00
Duarte Gil, SALVADOR	04	+0,60	33.01	Tomas Amor, SARREIRA	05	32.39
Miguel Fernandes, OLIVEIRA	05		37.78	Afonso Manuel, ASCENSO	05	29.44
3. Alcobaça Infantil	Alcobaça				2:16.17	293 18,00
Henrique Joao, CRUZ	05	+0,82	36.57	Daniel Jose, FERNANDES	04	33.66
Vasco Peixoto, OLIVEIRA	04		36.30	Daniel, TSYKAL	04	29.64
4. Pimpões/ Cimai Infantil	Pimpoes/Cimai				2:18.89	276 16,00
Sergiu, CERLAT	05	+0,80	38.70	Joao Tomas, MADRUGO	04	30.49
Dylan Marques, FELIX	05		37.39	Leonardo Martins, GONCALVES	04	32.31

2 - 1ª Jornada - Sessão da tarde

14-04-2018 - 16:30

Prova 21	Femin., 200m Livres				Absolutos (JUV+JUN+SEN)
14-04-2018 - 16:30					Resultados
Recorde Distrital Absoluto	2:03.00	Inês Jacinto, HENRIQUES	SIRP	Leiria	02-12-2017
Recorde Distrital SEN	2:03.00	Inês Jacinto, HENRIQUES	SIRP	Leiria	02-12-2017
Recorde Distrital JUN	2:04.38	Inês Jacinto, HENRIQUES	SIRP	Felgueiras	01-04-2017
Recorde Distrital JUV A	2:07.06	Filipa Vilas, RUIVO	DNMG	Mealhada	01-12-2011
Recorde Distrital JUV B	2:10.57	Filipa Vilas, RUIVO	DNMG	Leiria	01-06-2011

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final				PIPts Taça
1. Ines Jacinto, HENRIQUES	00	Pimpoes/Cimai	2:07.73				652 12,00
50m: 29.75 29.75	100m: 1:01.95 32.20	150m: 1:34.74 32.79	200m: 2:07.73 32.99				
2. Maria Lopes, AMADO	04	Ba/Bomcar	2:12.06				590 10,00
50m: 30.07 30.07	100m: 1:02.80 32.73	150m: 1:37.18 34.38	200m: 2:12.06 34.88				
3. Bruna Silva, MOITEIRO	04	Nautico Marinha Grande	2:14.56				558 9,00
50m: 30.71 30.71	100m: 1:04.74 34.03	150m: 1:39.88 35.14	200m: 2:14.56 34.68				
4. Barbara Coimbra, TEODOSIO	99	Nautico Marinha Grande	2:14.76				555 -
50m: 31.97 31.97	100m: 1:06.08 34.11	150m: 1:41.53 35.45	200m: 2:14.76 33.23				
5. Rita Mendes, SIMOES	04	Ba/Bomcar	2:17.89				518 -
50m: 32.46 32.46	100m: 1:07.44 34.98	150m: 1:42.98 35.54	200m: 2:17.89 34.91				
6. Alexandra Cordeiro, SILVA	04	Alcobaça	2:19.48				501 8,00
50m: 32.38 32.38	100m: 1:08.11 35.73	150m: 1:44.57 36.46	200m: 2:19.48 34.91				
7. Maria Francisca, ALVES	04	Ba/Bomcar	2:19.65				499 -
50m: 31.86 31.86	100m: 1:06.91 35.05	150m: 1:43.61 36.70	200m: 2:19.65 36.04				
8. Ines Miguel, SILVA	04	Nautico Marinha Grande	2:26.86				429 -
50m: 34.06 34.06	100m: 1:10.95 36.89	150m: 1:48.86 37.91	200m: 2:26.86 38.00				



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Prova 21, Femin., 200m Livres, Absolutos (JUV+JUN+SEN)

Lugar	Ano	Clube	Tempo final	PIPts Taça
9. Ines Beatriz, NEVES	04	Nucleo de Pombal	2:33.23	377 7,00
50m: 35.56 35.56	100m: 1:14.32 38.76	150m: 1:54.41 40.09	200m: 2:33.23 38.82	
10. Diana Penas, EZEQUIEL	01	Benedita Sport Club	2:33.97	372 6,00
50m: 34.91 34.91	100m: 1:13.57 38.66	150m: 1:53.83 40.26	200m: 2:33.97 40.14	
11. Catarina Rodrigues, SILVA	04	Naval de Peniche	2:34.57	368 5,00
50m: 35.04 35.04	100m: 1:15.09 40.05	150m: 1:55.71 40.62	200m: 2:34.57 38.86	
12. Diana Gomes, SILVA	01	Nucleo Desportivo de Ansião	2:34.76	366 4,00
50m: 35.44 35.44	100m: 1:14.71 39.27	150m: 1:55.28 40.57	200m: 2:34.76 39.48	
13. Camila Gracio, SANTO	02	Naval da Nazaré	2:41.92	320 3,00
50m: 36.77 36.77	100m: 1:17.77 41.00	150m: 2:00.29 42.52	200m: 2:41.92 41.63	

Prova 22 Masc., 200m Livres Absolutos (JUV+JUN+SEN)
14-04-2018 - 16:38 Resultados

Recorde Distrital Absoluto	1:46.89	César Fernando, FARIA	ADBA	Santo António dos Cavaleiros	19-12-2009
Recorde Distrital SEN	1:46.89	César Fernando, FARIA	ADBA	Santo António dos cavaleiros	19-12-2009
Recorde Distrital JUN	1:51.89	Miguel Monteiro, DIOGO	CNAL	Leiria	18-06-2011
Recorde Distrital JUV A	1:56.03	André Vilas, RUIVO	ADBA	Leiria	09-07-2016
Recorde Distrital JUV B	1:57.32	Ricardo Lopes, SILVA	DNMG	Albufeira	16-12-2017

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Nuno Goncalo, SANTOS	96	Ba/Bomcar	1:57.88	599 12,00
50m: 26.77 26.77	100m: 56.20 29.43	150m: 1:26.64 30.44	200m: 1:57.88 31.24	
2. Andre Lopes, SILVA	99	Nautico Marinha Grande	2:00.21	564 10,00
50m: 27.25 27.25	100m: 57.49 30.24	150m: 1:29.20 31.71	200m: 2:00.21 31.01	
3. Afonso Filipe, COSTA	03	Naval da Nazaré	2:01.79	543 9,00
50m: 29.11 29.11	100m: 1:01.54 32.43	150m: 1:32.00 30.46	200m: 2:01.79 29.79	
4. Joao Jose, SILVA	03	Ba/Bomcar	2:03.63	519 -
50m: 28.90 28.90	100m: 1:00.38 31.48	150m: 1:32.24 31.86	200m: 2:03.63 31.39	
5. Francisco Sousa, SILVA	01	Alcobaça	2:05.14	500 8,00
50m: 29.10 29.10	100m: 1:00.84 31.74	150m: 1:33.38 32.54	200m: 2:05.14 31.76	
6. Afonso Varelas, SILVA	01	Nautico Marinha Grande	2:06.01	490 -
50m: 28.55 28.55	100m: 59.99 31.44	150m: 1:33.10 33.11	200m: 2:06.01 32.91	
7. Daniel Marques, FILIPE	02	Alcobaça	2:08.49	462 -
50m: 29.97 29.97	100m: 1:02.58 32.61	150m: 1:35.94 33.36	200m: 2:08.49 32.55	
8. Jose Antonio, LAMANDE	96	Vieirense	2:10.33	443 7,00
50m: 29.75 29.75	100m: 1:02.56 32.81	150m: 1:36.75 34.19	200m: 2:10.33 33.58	
9. Filipe Pedro, FERREIRA	00	Nucleo de Pombal	2:11.01	436 6,00
50m: 29.73 29.73	100m: 1:03.25 33.52	150m: 1:38.51 35.26	200m: 2:11.01 32.50	
10. Francisco Maldonado, FREITAS	91	Pimpoes/Cimai	2:11.06	435 5,00
50m: 30.65 30.65	100m: 1:03.49 32.84	150m: 1:36.94 33.45	200m: 2:11.06 34.12	
11. Guilherme Mendes, SOUSA	03	Nautico Marinha Grande	2:15.88	391 -
50m: 30.63 30.63	100m: 1:04.47 33.84	150m: 1:40.35 35.88	200m: 2:15.88 35.53	
12. Pedro Vitorino, CARVALHO	02	Benedita Sport Club	2:24.45	325 4,00
50m: 34.67 34.67	100m: 1:11.69 37.02	150m: 1:49.05 37.36	200m: 2:24.45 35.40	



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Prova 22, Masc., 200m Livres, Absolutos (JUV+JUN+SEN)

Lugar	Ano	Clube	Tempo final	PIPts Taça
13. Rui Afonso, RODRIGUES	02	Alcobaça	2:24.46	325 -
50m: 34.01 34.01	100m: 1:10.95 36.94	150m: 1:48.66 37.71	200m: 2:24.46 35.80	
14. Arsenio, ZEMLIANKO	03	Nucleo de Pombal	2:30.70	286 -
50m: 32.96 32.96	100m: 1:10.12 37.16	150m: 1:51.28 41.16	200m: 2:30.70 39.42	
15. Diogo Barros, SILVA	03	Pimpoes/Cimai	2:44.16	221 -
50m: 37.62 37.62	100m: 1:18.69 41.07	150m: 2:01.69 43.00	200m: 2:44.16 42.47	
DNS Manuel Maria, FROIS	02	Ba/Bomcar		-
DNS Joao Pedro, VIDAL	03	Vieirense		-

Prova 23
14-04-2018 - 16:48

Femin., 200m Livres

Infantis (A+B)
Resultados

Recorde Distrital Absoluto	2:03.00	Inês Jacinto, HENRIQUES	SIRP	Leiria	02-12-2017
Recorde Distrital INF A	2:11.44	Maria Lopes, AMADO	ADBA	Caldas da Rainha	01-06-2017
Recorde Distrital INF B	2:17.56	Filipa Vilas, RUIVO	DNMG	Mealhada	01-02-2009

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Juliana Branco, REIS	05	Alcobaça	2:21.19	483 12,00
50m: 32.12 32.12	100m: 1:08.42 36.30	150m: 1:45.25 36.83	200m: 2:21.19 35.94	
2. Joana Silva, ALVES	05	Benedita Sport Club	2:25.02	445 10,00
50m: 33.46 33.46	100m: 1:10.34 36.88	150m: 1:48.53 38.19	200m: 2:25.02 36.49	
3. Maria Madalena, ALVES	06	Ba/Bomcar	2:26.92	428 9,00
50m: 33.36 33.36	100m: 1:11.37 38.01	150m: 1:50.36 38.99	200m: 2:26.92 36.56	
4. Sofia Simao, CUNHA	06	Pimpoes/Cimai	2:34.12	371 8,00
50m: 35.12 35.12	100m: 1:14.43 39.31	150m: 1:54.90 40.47	200m: 2:34.12 39.22	
5. Sara Andreia, SERRAO	05	Naval de Peniche	2:40.24	330 7,00
50m: 36.58 36.58	100m: 1:17.95 41.37	150m: 2:00.43 42.48	200m: 2:40.24 39.81	
6. Margarida Correia, MADEIRA	06	Vieirense	2:42.83	314 6,00
50m: 37.80 37.80	100m: 1:19.99 42.19	150m: 2:03.12 43.13	200m: 2:42.83 39.71	
7. Matilde Fernandes, BARQUINHA	06	Nautico Marinha Grande	2:43.16	312 5,00
50m: 35.11 35.11	100m: 1:15.74 40.63	150m: 2:00.27 44.53	200m: 2:43.16 42.89	
8. Ines Mestre, SA	06	Ba/Bomcar	2:45.07	302 -
50m: 37.38 37.38	100m: 1:19.84 42.46	150m: 2:03.41 43.57	200m: 2:45.07 41.66	
9. Mariana Magalhaes, FERNANDES	06	Vieirense	2:49.48	279 -
50m: 37.19 37.19	100m: 1:20.42 43.23	150m: 2:05.77 45.35	200m: 2:49.48 43.71	
10. Leonor Caetano, MOREIRA	06	Vieirense	2:52.39	265 -
50m: 38.55 38.55	100m: 1:22.74 44.19	150m: 2:08.00 45.26	200m: 2:52.39 44.39	
11. Barbara Isabel, CARVALHO	05	Nucleo Desportivo de Ansião	3:01.48	227 4,00
50m: 40.01 40.01	100m: 1:27.43 47.42	150m: 2:14.99 47.56	200m: 3:01.48 46.49	
12. Maria Ines, ESTEVES	06	Naval da Nazaré	3:08.74	202 3,00
50m: 43.60 43.60	100m: 1:33.07 49.47	150m: 2:22.01 48.94	200m: 3:08.74 46.73	
13. Constanca Lemos, MONTEIRO	05	Nucleo de Pombal	3:12.38	190 2,00
50m: 43.50 43.50	100m: 1:33.07 49.57	150m: 2:23.40 50.33	200m: 3:12.38 48.98	
14. Mafalda Violante, VIANA	06	Ba/Bomcar	3:12.59	190 -
50m: 44.55 44.55	100m: 1:34.20 49.65	150m: 2:24.77 50.57	200m: 3:12.59 47.82	



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Prova 24 Masc., 200m Livres Infantis (A+B)
14-04-2018 - 16:56 Resultados

Recorde Distrital Absoluto	1:46.89	César Fernando, FARIA	ADBA	Santo António dos Cavaleiros	19-12-2009
Recorde Distrital INF A	2:01.90	Ricardo Lopes, SILVA	DNMG	Sines	08-04-2017
Recorde Distrital INF B	2:05.81	André Vilas, RUIVO	DNMG	Santo António dos Cavaleiros	16-03-2013

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIptos	Taça
1. Nuno Marques, SILVA	04	Ba/Bomcar	2:09.52	451	12,00
50m: 30.43 30.43	100m: 1:03.73 33.30	150m: 1:36.90 33.17	200m: 2:09.52 32.62		
2. Guilherme Silva, CASTANHEIRA	04	Ba/Bomcar	2:12.22	424	-
50m: 30.15 30.15	100m: 1:03.58 33.43	150m: 1:37.86 34.28	200m: 2:12.22 34.36		
3. Tomas Amor, SARREIRA	05	Nautico Marinha Grande	2:14.94	399	10,00
50m: 30.74 30.74	100m: 1:05.93 35.19	150m: 1:41.28 35.35	200m: 2:14.94 33.66		
4. Dylan Marques, FELIX	05	Pimpoes/Cimai	2:26.32	313	9,00
50m: 33.57 33.57	100m: 1:11.10 37.53	150m: 1:49.34 38.24	200m: 2:26.32 36.98		
5. Antonio Iuri, LADYKA	05	Alcobaça	2:29.31	294	8,00
50m: 34.39 34.39	100m: 1:12.58 38.19	150m: 1:51.93 39.35	200m: 2:29.31 37.38		
6. Henrique Joao, CRUZ	05	Alcobaça	2:32.13	278	-
50m: 34.18 34.18	100m: 1:12.73 38.55	150m: 1:52.56 39.83	200m: 2:32.13 39.57		
7. Tiago Serradas, FRANCISCO	05	Nautico Marinha Grande	2:37.03	253	-
50m: 35.38 35.38	100m: 1:15.88 40.50	150m: 1:57.15 41.27	200m: 2:37.03 39.88		
8. Jose Francisco, OLIVEIRA	05	Ba/Bomcar	2:40.60	236	-
50m: 36.94 36.94	100m: 1:18.16 41.22	150m: 2:01.27 43.11	200m: 2:40.60 39.33		
9. Joao Daniel, MAIA	05	Nautico Marinha Grande	3:07.55	148	-
50m: 42.63 42.63	100m: 1:31.99 49.36	150m: 2:20.58 48.59	200m: 3:07.55 46.97		

Prova 25 Femin., 400m Estilos Absolutos (JUV+JUN+SEN)
14-04-2018 - 17:04 Resultados

Recorde Distrital Absoluto	4:39.03	Victoria, KAMINSKAYA	SIRP	Porto	01-12-2014
Recorde Distrital SEN	4:39.03	Victoria, KAMINSKAYA	SIRP	Porto	01-12-2014
Recorde Distrital JUN	4:48.80	Victoria, KAMINSKAYA	SIRP	Silves	01-12-2011
Recorde Distrital JUV A	4:58.17	Filipa Vilas, RUIVO	DNMG	Silves	01-12-2011
Recorde Distrital JUV B	5:02.87	Filipa Vilas, RUIVO	DNMG	Óbidos	01-12-2010

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIptos	Taça
1. Giovanna Vaz, VARGAS	00	Nautico Marinha Grande	4:55.09	679	12,00
50m: 31.13 31.13	150m: 1:45.25 38.47	250m: 3:05.05 42.81	350m: 4:21.89 34.36		
100m: 1:06.78 35.65	200m: 2:22.24 36.99	300m: 3:47.53 42.48	400m: 4:55.09 33.20		
2. Ines Rocha, SILVA	00	Alcobaça	4:56.39	670	10,00
50m: 32.92 32.92	150m: 1:48.76 38.65	250m: 3:06.41 40.96	350m: 4:23.06 34.76		
100m: 1:10.11 37.19	200m: 2:25.45 36.69	300m: 3:48.30 41.89	400m: 4:56.39 33.33		
3. Rita Afonso, BELO	02	Benedita Sport Club	5:18.21	542	9,00
50m: 33.44 33.44	150m: 1:51.51 39.79	250m: 3:16.72 46.12	350m: 4:40.95 38.11		
100m: 1:11.72 38.28	200m: 2:30.60 39.09	300m: 4:02.84 46.12	400m: 5:18.21 37.26		
4. Ines Filipa, JACINTO	03	Ba/Bomcar	5:25.75	505	8,00
50m: 33.54 33.54	150m: 1:57.30 44.35	250m: 3:24.43 44.63	350m: 4:48.64 38.06		
100m: 1:12.95 39.41	200m: 2:39.80 42.50	300m: 4:10.58 46.15	400m: 5:25.75 37.11		



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Prova 25, Femin., 400m Estilos, Absolutos (JUV+JUN+SEN)

Lugar			Ano	Clube					Tempo final	PiPtos Taça	
5.	Ines Apolinario, SOARES		03	Pimpoes/Cimai					5:33.28	471	7,00
	50m:	35.56 35.56	150m:	1:59.89 43.36	250m:	3:29.69 47.01	350m:	4:56.20 39.41			
	100m:	1:16.53 40.97	200m:	2:42.68 42.79	300m:	4:16.79 47.10	400m:	5:33.28 37.08			
6.	Carolina Pereira, PEDROSA		02	Vieirense					5:45.45	423	6,00
	50m:	37.17 37.17	150m:	2:03.85 43.36	250m:	3:37.92 50.52	350m:	5:07.12 38.81			
	100m:	1:20.49 43.32	200m:	2:47.40 43.55	300m:	4:28.31 50.39	400m:	5:45.45 38.33			
7.	Tatiana Evangelista, REBELO		00	Naval da Nazaré					6:23.24	310	5,00
	50m:	39.76 39.76	150m:	2:17.96 49.24	250m:	3:59.59 54.34	350m:	5:39.64 45.65			
	100m:	1:28.72 48.96	200m:	3:05.25 47.29	300m:	4:53.99 54.40	400m:	6:23.24 43.60			
EXH	Sofia Morais, FARIA		04	Ba/Bomcar					5:42.06	436	-
	50m:	35.36 35.36	150m:	2:01.29 43.55	250m:	3:35.39 50.09	350m:	5:05.15 39.06			
	100m:	1:17.74 42.38	200m:	2:45.30 44.01	300m:	4:26.09 50.70	400m:	5:42.06 36.91			

Prova 26 Masc., 400m Estilos Absolutos (JUV+JUN+SEN)
14-04-2018 - 17:12 Resultados

Recorde Distrital Absoluto	4:30.20	Diogo Parrilha, SILVA	CNAL	Santo António dos Cavaleiros	10-12-2010
Recorde Distrital SEN	4:34.04	Diogo Parrilha, SILVA	CNAL	Silves	02-12-2011
Recorde Distrital JUN	4:30.20	Diogo Parrilha, SILVA	CNAL	Santo António dos Cavaleiros	10-12-2010
Recorde Distrital JUV A	4:35.74	Diogo Parrilha, SILVA	CNAL	Nazaré	16-05-2009
Recorde Distrital JUV B	4:37.10	André Vilas, RUIVO	ADBA	Leiria	12-12-2014

Pontos: FINA 2017

Lugar			Ano	Clube					Tempo final	PiPtos Taça	
1.	Sebastiao Mendes, GOMES		00	Pimpoes/Cimai					4:41.35	586	12,00
	50m:	29.77 29.77	150m:	1:40.45 36.90	250m:	2:57.05 39.88	350m:	4:10.19 31.36			
	100m:	1:03.55 33.78	200m:	2:17.17 36.72	300m:	3:38.83 41.78	400m:	4:41.35 31.16			
2.	Rui Miguel, PIRES		01	Nautico Marinha Grande					4:46.93	552	10,00
	50m:	29.85 29.85	150m:	1:40.89 36.45	250m:	3:00.07 42.64	350m:	4:15.41 33.13			
	100m:	1:04.44 34.59	200m:	2:17.43 36.54	300m:	3:42.28 42.21	400m:	4:46.93 31.52			
3.	Edgar Casimiro, RIBEIRO		01	Alcobaça					4:48.59	543	9,00
	50m:	29.90 29.90	150m:	1:41.68 37.65	250m:	3:00.93 42.65	350m:	4:16.97 32.47			
	100m:	1:04.03 34.13	200m:	2:18.28 36.60	300m:	3:44.50 43.57	400m:	4:48.59 31.62			
4.	Valentino Garvasyuk, PLESHKAN		03	Ba/Bomcar					4:56.86	499	8,00
	50m:	31.50 31.50	150m:	1:44.18 37.08	250m:	3:05.34 44.60	350m:	4:22.50 33.91			
	100m:	1:07.10 35.60	200m:	2:20.74 36.56	300m:	3:48.59 43.25	400m:	4:56.86 34.36			
5.	David, MARTYN		03	Benedita Sport Club					4:57.32	496	7,00
	50m:	30.62 30.62	150m:	1:42.84 36.70	250m:	3:04.21 44.30	350m:	4:24.31 34.76			
	100m:	1:06.14 35.52	200m:	2:19.91 37.07	300m:	3:49.55 45.34	400m:	4:57.32 33.01			
6.	Miguel Goncalves, JARDIM		00	Nucleo de Pombal					5:31.48	358	6,00
	50m:	34.01 34.01	150m:	1:58.44 45.10	250m:	3:29.93 47.06	350m:	4:54.72 37.97			
	100m:	1:13.34 39.33	200m:	2:42.87 44.43	300m:	4:16.75 46.82	400m:	5:31.48 36.76			



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Prova 27 Femin., 400m Estilos Infantis (A+B)
14-04-2018 - 17:20 Resultados

Recorde Distrital Absoluto	4:39.03	Victoria, KAMINSKAYA	SIRP	Porto	01-12-2014
Recorde Distrital INF A	5:05.68	Filipa Vilas, RUIVO	DNMG	Leiria	01-06-2010
Recorde Distrital INF B	5:20.68	Filipa Vilas, RUIVO	DNMG	Nazaré	01-05-2009

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPos Taça
1. Rosa Branca, LOPES	05	Pimpoes/Cimai	5:39.97	444 12,00
50m: 36.41 36.41	150m: 2:02.12 43.07	250m: 3:31.87 47.11	350m: 5:01.20 40.35	
100m: 1:19.05 42.64	200m: 2:44.76 42.64	300m: 4:20.85 48.98	400m: 5:39.97 38.77	
2. Ariana Bento, CARAPINHA	06	Nautico Marinha Grande	5:45.17	424 10,00
50m: 35.80 35.80	150m: 2:02.30 43.52	250m: 3:36.15 50.00	350m: 5:07.50 40.79	
100m: 1:18.78 42.98	200m: 2:46.15 43.85	300m: 4:26.71 50.56	400m: 5:45.17 37.67	
3. Maria Ines, MARQUES	05	Alcobaça	5:46.68	419 9,00
50m: 36.93 36.93	150m: 2:06.07 43.98	250m: 3:37.58 47.45	350m: 5:07.14 40.50	
100m: 1:22.09 45.16	200m: 2:50.13 44.06	300m: 4:26.64 49.06	400m: 5:46.68 39.54	
4. Filipa Mendes, SIMOES	06	Ba/Bomcar	5:51.37	402 8,00
50m: 38.11 38.11	150m: 2:07.79 46.02	250m: 3:42.30 49.30	350m: 5:12.70 40.62	
100m: 1:21.77 43.66	200m: 2:53.00 45.21	300m: 4:32.08 49.78	400m: 5:51.37 38.67	
5. Catarina Machado, BELO	06	Benedita Sport Club	5:57.72	381 7,00
50m: 39.04 39.04	150m: 2:13.05 47.28	250m: 3:48.41 49.27	350m: 5:16.73 40.54	
100m: 1:25.77 46.73	200m: 2:59.14 46.09	300m: 4:36.19 47.78	400m: 5:57.72 40.99	
6. Leonor Verissimo, FARIA	06	Nucleo de Pombal	6:15.08	331 6,00
50m: 40.96 40.96	150m: 2:17.34 47.43	250m: 4:00.10 57.31	350m: 5:36.68 39.94	
100m: 1:29.91 48.95	200m: 3:02.79 45.45	300m: 4:56.74 56.64	400m: 6:15.08 38.40	

Prova 28 Masc., 400m Estilos Infantis (A+B)
14-04-2018 - 17:28 Resultados

Recorde Distrital Absoluto	4:30.20	Diogo Parrilha, SILVA	CNAL	Santo António dos Cavaleiros	10-12-2010
Recorde Distrital INF A	4:43.08	André Vilas, RUIVO	DNMG	Leiria	16-03-2014
Recorde Distrital INF B	4:49.65	André Vilas, RUIVO	DNMG	Santo António dos Cavaleiros	15-03-2013

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPos Taça
1. Vitor Belo, CLARA	04	Ba/Bomcar	5:07.50	449 12,00
50m: 32.36 32.36	150m: 1:50.28 39.46	250m: 3:12.89 44.35	350m: 4:33.67 34.72	
100m: 1:10.82 38.46	200m: 2:28.54 38.26	300m: 3:58.95 46.06	400m: 5:07.50 33.83	
2. Miguel Fernandes, OLIVEIRA	05	Nautico Marinha Grande	5:16.08	413 10,00
50m: 32.79 32.79	150m: 1:52.91 40.78	250m: 3:18.61 45.13	350m: 4:41.85 35.97	
100m: 1:12.13 39.34	200m: 2:33.48 40.57	300m: 4:05.88 47.27	400m: 5:16.08 34.23	
3. Daniel, TSYKAL	04	Alcobaça	5:22.80	388 9,00
50m: 35.25 35.25	150m: 1:59.10 42.52	250m: 3:24.13 44.80	350m: 4:47.41 37.17	
100m: 1:16.58 41.33	200m: 2:39.33 40.23	300m: 4:10.24 46.11	400m: 5:22.80 35.39	
4. Joao Tomas, MADRUGO	04	Pimpoes/Cimai	5:23.41	386 8,00
50m: 32.83 32.83	150m: 1:56.52 42.51	250m: 3:23.75 46.62	350m: 4:48.15 37.56	
100m: 1:14.01 41.18	200m: 2:37.13 40.61	300m: 4:10.59 46.84	400m: 5:23.41 35.26	



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Prova 29	Femin., 200m Costas				Absolutos (JUV+JUN+SEN)	
14-04-2018 - 17:46	Resultados					
Recorde Distrital Absoluto	2:17.91	Vitoria, KAMINSKAYA	SIRP	Silves	01-12-2011	
Recorde Distrital SEN	2:18.33	Andreia Filipa, ANJOS	ADBA	Santo António dos Cavaleiros	01-12-2009	
Recorde Distrital JUN	2:17.91	Victoria, KAMINSKAYA	SIRP	Silves	01-12-2011	
Recorde Distrital JUV A	2:21.55	Filipa Vicente, CUSTÓIAS	BSCN	Nazaré	01-05-2012	
Recorde Distrital JUV B	2:20.56	Maria Lopes, AMADO	ADBA	Leiria	25-02-2018	

Pontos: FINA 2017

Lugar	Ano			Clube			Tempo final		PIPos Taça	
1. Maria Lopes, AMADO	04	Ba/Bomcar		2:25.78	547	12,00				
50m: 34.66 34.66	100m: 1:11.76	37.10	150m: 1:48.78	37.02	200m: 2:25.78	37.00				
2. Monica Seara, DOMINGUES	00	Nautico Marinha Grande		2:28.18	520	10,00				
50m: 34.51 34.51	100m: 1:11.68	37.17	150m: 1:49.88	38.20	200m: 2:28.18	38.30				
3. Diana Violante, ROMAO	02	Alcobaça		2:31.14	490	9,00				
50m: 34.23 34.23	100m: 1:12.42	38.19	150m: 1:51.73	39.31	200m: 2:31.14	39.41				
4. Maria Joao, REIS	04	Nautico Marinha Grande		2:34.28	461	-				
50m: 36.36 36.36	100m: 1:15.69	39.33	150m: 1:55.28	39.59	200m: 2:34.28	39.00				
5. Constanca Alexandra, SILVA	04	Pimpoes/Cimai		2:35.14	453	8,00				
50m: 36.68 36.68	100m: 1:15.87	39.19	150m: 1:55.87	40.00	200m: 2:35.14	39.27				
6. Maria Martim, COUTINHO	04	Ba/Bomcar		2:36.94	438	-				
50m: 36.61 36.61	100m: 1:16.28	39.67	150m: 1:56.66	40.38	200m: 2:36.94	40.28				
7. Ana Rui, GOMES	03	Naval da Nazaré		2:40.75	408	7,00				
50m: 37.12 37.12	100m: 1:18.67	41.55	150m: 2:00.14	41.47	200m: 2:40.75	40.61				
8. Laura Macedo, LAGOA	04	Ba/Bomcar		2:43.43	388	-				
50m: 37.61 37.61	100m: 1:18.45	40.84	150m: 2:00.80	42.35	200m: 2:43.43	42.63				
9. Adriana Martins, NOIVO	03	Naval de Peniche		2:46.18	369	6,00				
50m: 39.24 39.24	100m: 1:20.61	41.37	150m: 2:03.95	43.34	200m: 2:46.18	42.23				
10. Josefa Carlota, MARTINS	03	Alcobaça		2:49.68	346	-				
50m: 40.57 40.57	100m: 1:24.01	43.44	150m: 2:07.54	43.53	200m: 2:49.68	42.14				
11. Ines Miguel, SILVA	04	Nautico Marinha Grande		2:50.90	339	-				
50m: 41.58 41.58	100m: 1:24.63	43.05	150m: 2:08.03	43.40	200m: 2:50.90	42.87				
12. Camila Neves, SIMOES	01	Nucleo Desportivo de Ansião		3:00.21	289	5,00				
50m: 42.14 42.14	100m: 1:27.36	45.22	150m: 2:14.15	46.79	200m: 3:00.21	46.06				



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Prova 30	Masc., 200m Costas				Absolutos (JUV+JUN+SEN)	
14-04-2018 - 17:54					Resultados	
Recorde Distrital Absoluto	2:00.25	Viktor, KOT	DNMG	Porto	08-12-2017	
Recorde Distrital SEN	2:00.25	Viktor, KOT	DNMG	Porto	08-12-2017	
Recorde Distrital JUN	2:03.78	Francisco Rogério, SANTOS	BSCN	Porto	13-12-2015	
Recorde Distrital JUV A	2:08.27	Viktor, KOT	DNMG	Nazaré	24-05-2014	
Recorde Distrital JUV B	2:07.85	Ricardo Lopes, SILVA	DNMG	Leiria	03-12-2017	

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Ricardo Lopes, SILVA	03	Nautico Marinha Grande	2:08.23	558	12,00
50m: 30.63 30.63	100m: 1:03.64 33.01	150m: 1:36.36 32.72	200m: 2:08.23 31.87		
2. Francisco Xavier, TOMAS	00	Alcobaça	2:09.36	544	10,00
50m: 31.03 31.03	100m: 1:03.81 32.78	150m: 1:36.64 32.83	200m: 2:09.36 32.72		
3. Afonso Varelas, SILVA	01	Nautico Marinha Grande	2:14.58	483	-
50m: 32.16 32.16	100m: 1:06.32 34.16	150m: 1:40.83 34.51	200m: 2:14.58 33.75		
4. Valentino Garvasyuk, PLESHKAN	03	Ba/Bomcar	2:18.71	441	9,00
50m: 33.53 33.53	100m: 1:08.46 34.93	150m: 1:44.08 35.62	200m: 2:18.71 34.63		
5. Joaquim Sardinha, DUARTE	01	Ba/Bomcar	2:20.11	428	-
50m: 32.94 32.94	100m: 1:08.46 35.52	150m: 1:44.56 36.10	200m: 2:20.11 35.55		
6. Paulo Sergio, FERREIRA	03	Naval da Nazaré	2:21.50	415	8,00
50m: 33.80 33.80	100m: 1:08.57 34.77	150m: 1:45.92 37.35	200m: 2:21.50 35.58		
7. Francisco Lourenco, CARVALHO	02	Nucleo Desportivo de Ansião	2:30.02	349	7,00
50m: 34.52 34.52	100m: 1:11.73 37.21	150m: 1:51.36 39.63	200m: 2:30.02 38.66		
8. Francisco Maldonado, FREITAS	91	Pimpoes/Cimai	2:30.52	345	6,00
50m: 35.52 35.52	100m: 1:13.38 37.86	150m: 1:52.46 39.08	200m: 2:30.52 38.06		
9. David Almeida, GAMEIRO	03	Nucleo de Pombal	2:45.88	258	5,00
50m: 37.73 37.73	100m: 1:19.70 41.97	150m: 2:03.86 44.16	200m: 2:45.88 42.02		
10. Marco Belo, MACHADO	03	Benedita Sport Club	2:57.82	209	4,00
50m: 40.68 40.68	100m: 1:27.87 47.19	150m: 2:13.69 45.82	200m: 2:57.82 44.13		
DNS Pedro Piteira, GAIOLAS	02	Nautico Marinha Grande			-

Prova 31	Femin., 200m Costas				Infantis (A+B)	
14-04-2018 - 18:04					Resultados	
Recorde Distrital Absoluto	2:17.91	Vitoria, KAMINSKAYA	SIRP	Silves	01-12-2011	
Recorde Distrital INF A	2:26.18	Maria Lopes, AMADO	ADBA	Sines	01-04-2017	
Recorde Distrital INF B	2:30.25	Maria Lopes, AMADO	ADBA	Alcobaça	01-06-2016	

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Filipa Paiva, DINIS	06	Ba/Bomcar	2:38.37	426	12,00
50m: 37.72 37.72	100m: 1:18.86 41.14	150m: 2:00.43 41.57	200m: 2:38.37 37.94		
2. Iara Filipa, DIAS	05	Naval de Peniche	2:39.17	420	10,00
50m: 38.31 38.31	100m: 1:18.75 40.44	150m: 1:59.89 41.14	200m: 2:39.17 39.28		
3. Jessica Mendes, SANTOS	06	Nautico Marinha Grande	2:45.13	376	9,00
50m: 38.18 38.18	100m: 1:20.61 42.43	150m: 2:03.64 43.03	200m: 2:45.13 41.49		
4. Ana Francisca, SILVA	06	Alcobaça	2:47.04	363	8,00
50m: 39.85 39.85	100m: 1:23.36 43.51	150m: 2:05.82 42.46	200m: 2:47.04 41.22		



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Prova 31, Femin., 200m Costas, Infantis (A+B)

Lugar	Ano	Clube	Tempo final	PIptos Taça
5. Beatriz Luz, MARTINS	06	Pimpoes/Cimai	3:03.73	273 7,00
50m: 43.51 43.51	100m: 1:30.02 46.51	150m: 2:18.19 48.17	200m: 3:03.73 45.54	
6. Rafaela Santos, PALHAIS	06	Nucleo de Pombal	3:16.27	224 6,00
50m: 47.52 47.52	100m: 1:37.23 49.71	150m: 2:28.31 51.08	200m: 3:16.27 47.96	
7. Diana Carvalho, PINEU	05	Ba/Bomcar	3:19.19	214 -
50m: 44.73 44.73	100m: 1:35.22 50.49	150m: 2:26.76 51.54	200m: 3:19.19 52.43	
8. Beatriz Goncalves, CORREIA	06	Benedita Sport Club	3:26.94	191 5,00
50m: 48.85 48.85	100m: 1:42.26 53.41	150m: 2:35.61 53.35	200m: 3:26.94 51.33	

Prova 32

Masc., 200m Costas

Infantis (A+B)

14-04-2018 - 18:04

Resultados

Recorde Distrital Absoluto	2:00.25	Viktor, KOT	DNMG	Porto	08-12-2017
Recorde Distrital INF A	2:11.86	Ricardo Lopes, SILVA	DNMG	Sines	07-04-2017
Recorde Distrital INF B	2:15.27	André Vilas, RUIVO	DNMG	Santo António dos Cavaleiros	16-03-2013

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIptos Taça
1. Ricardo Morais, FARIA	04	Ba/Bomcar	2:20.37	426 12,00
50m: 32.57 32.57	100m: 1:07.61 35.04	150m: 1:43.74 36.13	200m: 2:20.37 36.63	
2. Lucas Pipiraite, CARDOSO	04	Naval da Nazaré	2:24.25	392 10,00
50m: 34.18 34.18	100m: 1:10.92 36.74	150m: 1:47.57 36.65	200m: 2:24.25 36.68	
3. Duarte Gil, SALVADOR	04	Nautico Marinha Grande	2:30.22	347 9,00
50m: 35.21 35.21	100m: 1:13.35 38.14	150m: 1:52.14 38.79	200m: 2:30.22 38.08	
4. Vasco Silva, SOUSA	04	Ba/Bomcar	2:33.19	327 -
50m: 35.90 35.90	100m: 1:14.16 38.26	150m: 1:54.13 39.97	200m: 2:33.19 39.06	
5. Daniel Jose, FERNANDES	04	Alcobaça	2:39.61	289 8,00
50m: 37.49 37.49	100m: 1:17.91 40.42	150m: 1:59.39 41.48	200m: 2:39.61 40.22	
6. Ricardo Pedrosa, SOARES	04	Vieirense	2:41.00	282 7,00
50m: 36.53 36.53	100m: 1:18.15 41.62	150m: 2:00.03 41.88	200m: 2:41.00 40.97	
7. Jorge, GRABOVSKI	04	Nautico Marinha Grande	2:45.49	260 -
50m: 37.90 37.90	100m: 1:20.05 42.15	150m: 2:03.55 43.50	200m: 2:45.49 41.94	
8. Ruben Lavos, COSTA	05	Nautico Marinha Grande	3:10.47	170 -
50m: 45.02 45.02	100m: 1:34.02 49.00	150m: 2:22.19 48.17	200m: 3:10.47 48.28	
9. Eduardo Firmino, MIRANDA	05	Pimpoes/Cimai	3:17.24	153 6,00
50m: 47.44 47.44	100m: 1:39.00 51.56	150m: 2:30.58 51.58	200m: 3:17.24 46.66	



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Prova 33	Femin., 200m Bruços				Absolutos (JUV+JUN+SEN)	
14-04-2018 - 18:14					Resultados	
Recorde Distrital Absoluto	2:26.74	Victoria, KAMINSKAYA	FPN	Uster	01-01-2013	
Recorde Distrital SEN	2:26.74	Victoria, KAMINSKAYA	FPN	USTER	01-01-2013	
Recorde Distrital JUN	2:26.77	Victoria, KAMINSKAYA	FPN	USTER	01-01-2012	
Recorde Distrital JUV A	2:39.22	Filipa Vilas, RUIVO	DNMG	Silves	01-12-2011	
Recorde Distrital JUV B	2:38.10	Inês Rocha, SILVA	CNAL	Nazaré	01-05-2014	

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Ines Rocha, SILVA	00	Alcobaça	2:35.73	645	12,00
50m: 35.44 35.44	100m: 1:14.95 39.51	150m: 1:55.75 40.80	200m: 2:35.73 39.98		
2. Ana Ferreira, COSTA	02	Nautico Marinha Grande	2:38.88	607	10,00
50m: 37.23 37.23	100m: 1:17.97 40.74	150m: 1:58.29 40.32	200m: 2:38.88 40.59		
3. Luana Pinto, DOMINGUES	03	Ba/Bomcar	2:42.06	572	9,00
50m: 36.33 36.33	100m: 1:17.44 41.11	150m: 1:59.39 41.95	200m: 2:42.06 42.67		
4. Ana Correia, SOUSA	04	Pimpoes/Cimai	2:51.07	486	8,00
50m: 38.58 38.58	100m: 1:22.61 44.03	150m: 2:07.22 44.61	200m: 2:51.07 43.85		
5. Renata Simoes, RATO	03	Nautico Marinha Grande	2:56.60	442	-
50m: 40.83 40.83	100m: 1:25.34 44.51	150m: 2:10.83 45.49	200m: 2:56.60 45.77		
6. Safira Santos, DUARTE	04	Naval da Nazaré	3:10.66	351	7,00
50m: 42.66 42.66	100m: 1:31.40 48.74	150m: 2:20.90 49.50	200m: 3:10.66 49.76		
7. Francisca Bonifacio, ALVES	04	Ba/Bomcar	3:12.78	340	-
50m: 44.40 44.40	100m: 1:33.40 49.00	150m: 2:23.71 50.31	200m: 3:12.78 49.07		
8. Beatriz Sofia, AMARO	04	Nautico Marinha Grande	3:14.13	333	-
50m: 44.02 44.02	100m: 1:33.47 49.45	150m: 2:23.67 50.20	200m: 3:14.13 50.46		
9. Mariana Soares, DUARTE	04	Ba/Bomcar	3:27.79	271	-
50m: 46.33 46.33	100m: 1:39.22 52.89	150m: 2:33.38 54.16	200m: 3:27.79 54.41		
10. Diana Gomes, SILVA	01	Nucleo Desportivo de Ansião	3:31.88	256	6,00
50m: 45.54 45.54	100m: 1:38.22 52.68	150m: 2:34.15 55.93	200m: 3:31.88 57.73		

Prova 34	Masc., 200m Bruços				Absolutos (JUV+JUN+SEN)	
14-04-2018 - 18:22					Resultados	
Recorde Distrital Absoluto	2:16.64	António Fernandes, CARRIÇO	SIRP	Vila Real de Santo António	08-11-2015	
Recorde Distrital SEN	2:21.44	Diogo Parrilha, SILVA	CNAL	Mealhada	16-12-2012	
Recorde Distrital JUN	2:16.64	António Fernandes, CARRIÇO	SIRP	Vila Real de Santo António	08-11-2015	
Recorde Distrital JUV A	2:24.89	António Fernandes, CARRIÇO	SIRP	Alcobaça	25-01-2014	
Recorde Distrital JUV B	2:26.47	Pedro Domingues, DUARTE	DNMG	Caldas da Rainha	09-04-2016	

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Pedro Domingues, DUARTE	01	Nautico Marinha Grande	2:24.27	581	12,00
50m: 32.74 32.74	100m: 1:10.14 37.40	150m: 1:47.45 37.31	200m: 2:24.27 36.82		
2. Bernardo Sousa, PEREIRA	01	Pimpoes/Cimai	2:27.64	542	10,00
50m: 33.77 33.77	100m: 1:10.97 37.20	150m: 1:49.13 38.16	200m: 2:27.64 38.51		
3. Nuno Miguel, FELICIANO	95	Alcobaça	2:34.93	469	9,00
50m: 33.69 33.69	100m: 1:12.27 38.58	150m: 1:53.32 41.05	200m: 2:34.93 41.61		
4. Pedro Fernandes, CARRICO	00	Pimpoes/Cimai	2:35.53	464	-
50m: 35.92 35.92	100m: 1:16.04 40.12	150m: 1:56.43 40.39	200m: 2:35.53 39.10		



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Prova 34, Masc., 200m Bruços, Absolutos (JUV+JUN+SEN)

Lugar	Ano	Clube	Tempo final	PIptos Taça
5. Manuel Sardinha, DUARTE	00	Ba/Bomcar	2:36.27	457 8,00
50m: 35.54 35.54	100m: 1:15.14 39.60	150m: 1:55.49 40.35	200m: 2:36.27 40.78	
6. Diogo Vicente, SILVA	98	Nautico Marinha Grande	2:37.24	449 -
50m: 35.44 35.44	100m: 1:15.08 39.64	150m: 1:56.01 40.93	200m: 2:37.24 41.23	
7. Alexandre Quiterio, ANASTACIO	01	Benedita Sport Club	2:40.57	422 7,00
50m: 34.83 34.83	100m: 1:15.30 40.47	150m: 1:57.25 41.95	200m: 2:40.57 43.32	
8. Miguel Vicente, SILVA	02	Nautico Marinha Grande	2:46.51	378 -
50m: 36.89 36.89	100m: 1:19.06 42.17	150m: 2:03.02 43.96	200m: 2:46.51 43.49	
9. Paulo, LITVINOV	02	Nucleo de Pombal	2:52.16	342 6,00
50m: 37.97 37.97	100m: 1:22.04 44.07	150m: 2:07.42 45.38	200m: 2:52.16 44.74	
10. Alexandre Pinto, CRUZ	00	Pimpoes/Cimai	3:09.16	258 -
50m: 41.81 41.81	100m: 1:29.96 48.15	150m: 2:20.18 50.22	200m: 3:09.16 48.98	
DNS Bruno Pinto, DOMINGUES	00	Ba/Bomcar		-

Prova 35 Femin., 200m Bruços Infantis (A+B)
14-04-2018 - 18:30 Resultados

Recorde Distrital Absoluto	2:26.74	Victoria, KAMINSKAYA	FPN	Uster	01-01-2013
Recorde Distrital INF A	2:42.50	Filipa Vilas, RUIVO	DNMG	Nazaré	01-05-2010
Recorde Distrital INF B	2:50.63	Ana Ferreira, COSTA	DNMG	Nazaré	01-05-2014

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIptos Taça
1. Maria Ines, MARQUES	05	Alcobaça	2:59.03	424 12,00
50m: 41.23 41.23	100m: 1:26.98 45.75	150m: 2:13.07 46.09	200m: 2:59.03 45.96	
2. Joana Rosa, FERREIRA	05	Naval de Peniche	3:00.92	411 10,00
50m: 40.56 40.56	100m: 1:27.27 46.71	150m: 2:14.19 46.92	200m: 3:00.92 46.73	
3. Margarida Correia, MADEIRA	06	Vieirense	3:11.82	345 9,00
50m: 44.86 44.86	100m: 1:34.17 49.31	150m: 2:24.51 50.34	200m: 3:11.82 47.31	
4. Maria Francisca, FROIS	06	Ba/Bomcar	3:13.73	335 8,00
50m: 43.58 43.58	100m: 1:33.58 50.00	150m: 2:24.39 50.81	200m: 3:13.73 49.34	
5. Filipa Roma, BRIZIDA	06	Ba/Bomcar	3:18.63	310 -
50m: 45.17 45.17	100m: 1:36.28 51.11	150m: 2:28.17 51.89	200m: 3:18.63 50.46	
6. Soraia Carvalho, FERREIRA	05	Nautico Marinha Grande	3:26.30	277 7,00
50m: 46.36 46.36	100m: 1:39.47 53.11	150m: 2:34.23 54.76	200m: 3:26.30 52.07	
7. Mariana Magalhaes, FERNANDES	06	Vieirense	3:26.95	274 -
50m: 46.16 46.16	100m: 1:39.22 53.06	150m: 2:34.82 55.60	200m: 3:26.95 52.13	
8. Margarida Marques, ARROJA	06	Pimpoes/Cimai	3:31.00	259 6,00
50m: 49.16 49.16	100m: 1:44.24 55.08	150m: 2:38.73 54.49	200m: 3:31.00 52.27	
9. Beatriz Maria, GONCALVES	05	Vieirense	3:34.79	245 -
50m: 50.17 50.17	100m: 1:44.81 54.64	150m: 2:40.98 56.17	200m: 3:34.79 53.81	
10. Maria Cordeiro, RODRIGUES	06	Nucleo de Pombal	4:10.86	154 5,00
50m: 54.75 54.75	100m: 1:57.84 1:03.09	150m: 3:03.95 1:06.11	200m: 4:10.86 1:06.91	
DSQ Ines Mestre, SA	06	Ba/Bomcar		-
<i>A atleta desistiu aos 25 metros.</i>				



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Prova 36 Masc., 200m Bruços Infantis (A+B)
14-04-2018 - 18:40 Resultados

Recorde Distrital Absoluto	2:16.64	António Fernandes, CARRIÇO	SIRP	Vila Real de Santo António	08-11-2015
Recorde Distrital INF A	2:33.59	António Fernandes, CARRIÇO	SIRP	Alcobaça	21-01-2012
Recorde Distrital INF B	2:42.46	António Fernandes, CARRIÇO	SIRP	Leiria	18-06-2011

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Nuno Marques, SILVA	04	Ba/Bomcar	2:34.91	469 12,00
50m: 35.49 35.49	100m: 1:14.87 39.38	150m: 1:55.00 40.13	200m: 2:34.91 39.91	
2. Vasco Peixoto, OLIVEIRA	04	Alcobaça	2:50.04	355 10,00
50m: 37.82 37.82	100m: 1:21.24 43.42	150m: 2:06.17 44.93	200m: 2:50.04 43.87	
3. Lucas Filipe, MOREIRA	05	Ba/Bomcar	3:02.67	286 -
50m: 42.42 42.42	100m: 1:29.14 46.72	150m: 2:15.86 46.72	200m: 3:02.67 46.81	
4. Guilherme Silva, CASTANHEIRA	04	Ba/Bomcar	3:04.47	278 -
50m: 41.14 41.14	100m: 1:28.02 46.88	150m: 2:15.63 47.61	200m: 3:04.47 48.84	
5. Samuel Filipe, AMORIM	05	Nautico Marinha Grande	3:05.34	274 9,00
50m: 42.50 42.50	100m: 1:29.98 47.48	150m: 2:18.51 48.53	200m: 3:05.34 46.83	
6. Timur Antonovich, MORITS	04	Nautico Marinha Grande	3:20.38	217 -
50m: 44.42 44.42	100m: 1:35.95 51.53	150m: 2:29.17 53.22	200m: 3:20.38 51.21	
7. Joao Gerardo, BOITA	05	Benedita Sport Club	3:30.29	187 8,00
50m: 47.07 47.07	100m: 1:40.60 53.53	150m: 2:35.50 54.90	200m: 3:30.29 54.79	
8. Leonardo Martins, GONCALVES	04	Pimpoes/Cimai	3:36.82	171 7,00
50m: 46.94 46.94	100m: 1:41.23 54.29	150m: 2:39.87 58.64	200m: 3:36.82 56.95	

Prova 37 Femin., 100m Mariposa Absolutos (JUV+JUN+SEN)
14-04-2018 - 18:45 Resultados

Recorde Distrital Absoluto	59.65	Sara Francisco, CRUZ	ADBA	Leiria	01-12-2009
Recorde Distrital SEN	1:02.02	Victoria, KAMINSKAYA	SIRP	Porto	01-12-2012
Recorde Distrital JUN	59.65	Sara Francisco, CRUZ	ADBA	Leiria	01-12-2009
Recorde Distrital JUV A	1:03.60	Sara Francisco, CRUZ	ASAL	Caldas da Rainha	01-07-2008
Recorde Distrital JUV B	1:06.98	Sara Francisco, CRUZ	ASAL	Estoril	01-06-2007

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Bruna Andreia, SIMOES	01	Nautico Marinha Grande	1:07.26	535 12,00
50m: 30.78 30.78	100m: 1:07.26 36.48			
2. Sofia Ribeiro, JUNQUEIRA	02	Ba/Bomcar	1:08.26	512 10,00
50m: 32.16 32.16	100m: 1:08.26 36.10			
3. Ana Claudia, FERREIRA	90	Alcobaça	1:09.00	495 9,00
50m: 32.65 32.65	100m: 1:09.00 36.35			
4. Ana Monica, ELOI	96	Nautico Marinha Grande	1:10.32	468 -
50m: 32.44 32.44	100m: 1:10.32 37.88			
5. Sara Santos, LOPES	03	Ba/Bomcar	1:10.65	461 -
50m: 32.61 32.61	100m: 1:10.65 38.04			
6. Maria Campos, CAIADO	03	Pimpoes/Cimai	1:11.42	447 8,00
50m: 33.50 33.50	100m: 1:11.42 37.92			
7. Sofia Viola, ABREU	04	Naval de Peniche	1:12.30	430 7,00
50m: 33.35 33.35	100m: 1:12.30 38.95			



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Prova 37, Femin., 100m Mariposa, Absolutos (JUV+JUN+SEN)

Lugar	Ano	Clube	Tempo final	PIPts Taça
8. Francisca Santos, CLEMENTE	03	Ba/Bomcar	1:12.94	419 -
50m: 33.50 33.50	100m: 1:12.94	39.44		
9. Maria Ines, SILVA	04	Alcobaça	1:13.06	417 -
50m: 34.05 34.05	100m: 1:13.06	39.01		
10. Ana Rui, GOMES	03	Naval da Nazaré	1:15.78	374 6,00
50m: 34.27 34.27	100m: 1:15.78	41.51		
11. Carolina Pereira, PEDROSA	02	Vieirense	1:16.87	358 5,00
50m: 35.84 35.84	100m: 1:16.87	41.03		
12. Maria Joao, REIS	04	Nautico Marinha Grande	1:17.52	349 -
50m: 35.97 35.97	100m: 1:17.52	41.55		
13. Ines Beatriz, NEVES	04	Nucleo de Pombal	1:18.08	342 4,00
50m: 35.80 35.80	100m: 1:18.08	42.28		
14. Camila Germano, ROMANO	03	Vieirense	1:18.29	339 -
50m: 36.29 36.29	100m: 1:18.29	42.00		
15. Lara Roque, COTRIM	03	Pimpoes/Cimai	1:19.35	325 -
50m: 36.07 36.07	100m: 1:19.35	43.28		
16. Mafalda Sofia, MOREIRA	79	Benedita Sport Club	1:20.89	307 3,00
50m: 36.69 36.69	100m: 1:20.89	44.20		
17. Ana Rita, TOMAS	04	Nucleo Desportivo de Ansião	1:21.74	298 2,00
50m: 36.00 36.00	100m: 1:21.74	45.74		
18. Constanca Mendes, GOMES	03	Pimpoes/Cimai	1:21.75	298 -
50m: 36.47 36.47	100m: 1:21.75	45.28		
EXH Rita Mendes, SIMOES	04	Ba/Bomcar	1:11.17	451 -
50m: 33.64 33.64	100m: 1:11.17	37.53		
EXH Maria Leitao, CARVALHO	02	Ba/Bomcar	1:11.76	440 -
50m: 33.42 33.42	100m: 1:11.76	38.34		
EXH Andreia Clara, GOMES	04	Ba/Bomcar	1:18.30	339 -
50m: 36.77 36.77	100m: 1:18.30	41.53		
EXH Francisca Bonifacio, ALVES	04	Ba/Bomcar	1:18.63	335 -
50m: 37.09 37.09	100m: 1:18.63	41.54		



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Prova 38	Masc., 100m Mariposa			Absolutos (JUV+JUN+SEN)	
14-04-2018 - 18:51	Resultados				
Recorde Distrital Absoluto	55.83	Diogo Parrilha, SILVA	CNAL	Ponte de Sôr	12-12-2009
Recorde Distrital SEN	56.05	Viktor, KOT	DNMG	Leiria	02-12-2017
Recorde Distrital JUN	55.83	Diogo parrilha, SILVA	CNAL	Ponte de Sôr	12-12-2009
Recorde Distrital JUV A	56.87	Diogo Parrilha, SILVA	CNAL	Tomar	13-12-2008
Recorde Distrital JUV B	59.54	Afonso Lopes, SANTOS	AHBVCR	Leiria	12-06-2010

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIptos	Taça
1. Viktor, KOT	98	Nautico Marinha Grande	56.60	612	12,00
50m: 26.74 26.74	100m: 56.60 29.86				
2. Nuno Goncalo, SANTOS	96	Ba/Bomcar	57.36	588	10,00
50m: 26.87 26.87	100m: 57.36 30.49				
3. Miguel Monteiro, DIOGO	93	Alcobaça	58.40	558	9,00
50m: 27.60 27.60	100m: 58.40 30.80				
4. Joao Miguel, SANTANA	00	Pimpoes/Cimai	59.29	533	8,00
50m: 27.84 27.84	100m: 59.29 31.45				
5. David Ferreira, RELVAS	03	Nautico Marinha Grande	1:02.18	462	-
50m: 29.05 29.05	100m: 1:02.18 33.13				
6. Abel Duarte, AFONSO	02	Naval de Peniche	1:05.18	401	7,00
50m: 30.43 30.43	100m: 1:05.18 34.75				
7. Afonso Filipe, COSTA	03	Naval da Nazaré	1:06.18	383	6,00
50m: 30.61 30.61	100m: 1:06.18 35.57				
8. Tiago Andre, JORGE	00	Ba/Bomcar	1:06.22	382	-
50m: 30.66 30.66	100m: 1:06.22 35.56				
9. Bruno Francisco, GONCALVES	03	Nautico Marinha Grande	1:07.93	354	-
50m: 30.78 30.78	100m: 1:07.93 37.15				
10. Miguel Goncalves, JARDIM	00	Nucleo de Pombal	1:09.25	334	5,00
50m: 32.56 32.56	100m: 1:09.25 36.69				
11. Marco Belo, MACHADO	03	Benedita Sport Club	1:32.24	141	4,00
50m: 41.03 41.03	100m: 1:32.24 51.21				
DSQ Manuel Maria, FROIS	02	Ba/Bomcar			-
<i>Falsa partida.</i>					
DNS Daniel, REZNICHENKO	03	Nautico Marinha Grande			-



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Prova 39 Femin., 100m Mariposa Infantis (A+B)
14-04-2018 - 18:56 Resultados

Recorde Distrital Absoluto	59.65	Sara Francisco, CRUZ	ADBA	Leiria	01-12-2009
Recorde Distrital INF A	1:07.64	Bruna Andreia, SIMÕES	IDV	Campo Maior	01-03-2014
Recorde Distrital INF B	1:11.87	Rita Margarida, GOMES	CNAL	Tomar	01-05-2003

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIptos	Taça
1. Carlota Macedo, LAGOA	05	Ba/Bomcar	1:10.68	461	12,00
50m: 32.83 32.83	100m: 1:10.68	37.85			
2. Iara Filipa, DIAS	05	Naval de Peniche	1:18.49	336	10,00
50m: 35.88 35.88	100m: 1:18.49	42.61			
3. Maria Silva, CARVALHO	05	Pimpoes/Cimai	1:20.79	308	9,00
50m: 36.37 36.37	100m: 1:20.79	44.42			
4. Maria Joao, ASCENSO	06	Nautico Marinha Grande	1:24.06	274	8,00
50m: 37.84 37.84	100m: 1:24.06	46.22			
5. Constanca Arinto, TRINDADE	06	Alcobaça	1:26.75	249	7,00
50m: 40.33 40.33	100m: 1:26.75	46.42			
6. Dalila Leal, BERNARDINO	06	Nucleo de Pombal	1:27.94	239	6,00
50m: 39.86 39.86	100m: 1:27.94	48.08			
7. Leonor Caetano, MOREIRA	06	Vieirense	1:29.19	229	5,00
50m: 40.71 40.71	100m: 1:29.19	48.48			
8. Beatriz Santos, CRESPO	05	Vieirense	1:33.34	200	-
50m: 41.06 41.06	100m: 1:33.34	52.28			
9. Tatiana Antunes, JESUS	05	Nucleo Desportivo de Ansião	1:39.65	164	4,00
50m: 44.65 44.65	100m: 1:39.65	55.00			
DSQ Mafalda Caetano, LOURENCO	06	Vieirense			-
<i>A atleta não finalizou a prova.</i>					

Prova 40 Masc., 100m Mariposa Infantis (A+B)
14-04-2018 - 19:01 Resultados

Recorde Distrital Absoluto	55.83	Diogo Parrilha, SILVA	CNAL	Ponte de Sôr	12-12-2009
Recorde Distrital INF A	59.56	Fábio Parrilha, SILVA	CNAL	Leiria	07-04-2001
Recorde Distrital INF B	1:01.78	Fábio Parrilha, SILVA	CNAL	Penafiel	01-04-2000

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIptos	Taça
1. Rodrigo Miguel, REIS	04	Ba/Bomcar	1:05.83	389	12,00
50m: 29.54 29.54	100m: 1:05.83	36.29			
2. Afonso Manuel, ASCENSO	05	Nautico Marinha Grande	1:17.93	234	10,00
50m: 35.10 35.10	100m: 1:17.93	42.83			
3. Daniel Jose, FERNANDES	04	Alcobaça	1:18.95	225	9,00
50m: 36.20 36.20	100m: 1:18.95	42.75			
4. Diogo Miguel, ROSETE	05	Nautico Marinha Grande	1:28.25	161	-
50m: 40.21 40.21	100m: 1:28.25	48.04			
5. Pedro Pinheiro, RIBEIRO	05	Benedita Sport Club	1:32.60	139	8,00
50m: 39.37 39.37	100m: 1:32.60	53.23			



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Prova 40, Masc., 100m Mariposa, Infantis (A+B)

Lugar	Ano	Clube	Tempo final	PIPts Taça
6. Sergiu, CERLAT	05	Pimpoes/Cimai	1:33.26	137 7,00
50m: 38.57 38.57	100m: 1:33.26	54.69		
DSQ Joao Daniel, MAIA	05	Nautico Marinha Grande		-
<i>O atleta efetuou pernadas alternadas, no percurso subaquático após a viragem aos 50 metros.</i>				
DNS Tomas Portugal, SILVEIRA	05	Alcobaça		-

Prova 41
14-04-2018 - 19:15

Femin., 4 x 100m Livres

Absolutos (JUV+JUN+SEN)

Resultados

Recorde Distrital SEN	4:22.85	SIRP	POR	Leiria	01-11-2010
Recorde Distrital JUN	4:18.44	DNMG	POR	Leiria	01-11-2015
Recorde Distrital JUV A	4:18.01	DNMG	POR	Leiria	01-12-2014
Recorde Distrital JUV B	4:28.70	BSCN	POR	Setúbal	01-12-2015
Recorde Distrital ABS	3:53.11	ADBA	POR	Leiria	01-12-2009

Pontos: FINA 2017

Lugar	Clube	Tempo final	PIPts Taça
1. Ba/ Bomcar Absoluto	Ba/Bomcar	4:07.09	583 24,00
Maria Lopes, AMADO	04 29.26 1:01.29 Ines Filipa, JACINTO	03 29.21 1:01.98	
Luana Pinto, DOMINGUES	03 29.35 1:02.22 Sofia Ribeiro, JUNQUEIRA	02 28.85 1:01.60	
2. Náutico Marinha Absoluto	Nautico Marinha Grande	4:09.37	568 20,00
Giovanna Vaz, VARGAS	00 29.04 1:00.87 Bruna Silva, MOITEIRO	04 29.67 1:01.84	
Monica Seara, DOMINGUES	00 30.45 1:03.93 Barbara Coimbra, TEODOSIO	99 30.38 1:02.73	
3. Pimpões/ Cimai Absoluto	Pimpoes/Cimai	4:12.40	547 18,00
Ines Jacinto, HENRIQUES	00 28.81 59.59 Constanca Alexandra, SILVA	04 30.41 1:04.38	
Maria Campos, CAIADO	03 31.03 1:05.08 Ines Apolinario, SOARES	03 30.56 1:03.35	
4. Alcobaça Absoluto	Alcobaça	4:14.59	533 16,00
Ines Rocha, SILVA	00 29.63 1:00.53 Ana Claudia, FERREIRA	90 31.44 1:06.25	
Diana Violante, ROMAO	02 30.29 1:03.23 Alexandra Cordeiro, SILVA	04 30.78 1:04.58	
5. Naval da Nazaré Absoluto	Naval da Nazaré	4:55.11	342 14,00
Ana Rui, GOMES	03 32.81 1:08.65 Camila Gracio, SANTO	02 35.85 1:15.78	
Safira Santos, DUARTE	04 36.26 1:17.05 Tatiana Evangelista, REBELO	00 35.39 1:13.63	

Prova 42
14-04-2018 - 19:20

Masc., 4 x 100m Livres

Absolutos (JUV+JUN+SEN)

Resultados

Recorde Distrital SEN	3:30.66	ADBA	POR	Porto	01-12-2010
Recorde Distrital JUN	3:36.72	CNAL	POR	Porto	01-12-2010
Recorde Distrital JUV A	3:45.67	SIRP	POR	Setúbal	01-12-2015
Recorde Distrital JUV B	3:53.70	ADBA	POR	Alcobaça	01-05-2006
Recorde Distrital ABS	3:30.32	ADBA	POR	Mealhada	01-12-2011

Pontos: FINA 2017

Lugar	Clube	Tempo final	PIPts Taça
1. Náutico Marinha Absoluto	Nautico Marinha Grande	3:34.79	621 24,00
Andre Lopes, SILVA	99 26.26 54.76 Ricardo Lopes, SILVA	03 25.36 53.40	
Rui Miguel, PIRES	01 26.04 54.94 Viktor, KOT	98 24.65 51.69	
2. Ba/ Bomcar Absoluto	Ba/Bomcar	3:38.34	591 20,00
Bruno Pinto, DOMINGUES	00 25.61 53.79 Bruno Filipe, TABORDA	95 25.91 54.83	
Joao Jose, SILVA	03 26.70 56.15 Nuno Goncalo, SANTOS	96 24.84 53.57	



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Prova 42, Masc., 4 x 100m Livres, Absolutos (JUV+JUN+SEN)

Lugar	Clube	Tempo final	PIptos Taça
3. Pimpões/ Cimai Absoluto	Pimpoes/Cimai	3:42.07	562 18,00
Sebastiao Mendes, GOMES 00	25.84 53.25 Joao Miguel, SANTANA	00	26.21 55.46
Bernardo Sousa, PEREIRA 01	27.37 56.34 Manuel Maria, FERRAZ	00	26.53 57.02
4. Alcobaça Absoluto	Alcobaça	3:43.88	548 16,00
Diogo Gomes, FONSECA 90	26.91 56.61 Edgar Casimiro, RIBEIRO	01	27.51 57.44
Miguel Monteiro, DIOGO 93	25.48 53.42 Francisco Xavier, TOMAS	00	26.90 56.41
5. Benedita Absoluto	Benedita Sport Club	4:14.76	372 14,00
David, MARTYN 03	27.19 56.58 Pedro Vitorino, CARVALHO	02	29.62 1:02.95
Alexandre Quiterio, ANASTACIO 01	29.64 1:03.30 Marco Belo, MACHADO	03	34.55 1:11.93
6. Núcleo de Pombal Absoluto	Nucleo de Pombal	4:14.78	372 12,00
Miguel Goncalves, JARDIM 00	30.93 1:04.62 David Almeida, GAMEIRO	03	30.34 1:04.29
Paulo, LITVINOV 02	31.33 1:06.22 Filipe Pedro, FERREIRA	00	27.84 59.65

Prova 43 Femin., 4 x 50m Livres Infantis (A+B)
14-04-2018 - 19:25 Resultados

Recorde Distrital INF A	2:03.73	DNMG	POR	Nazaré	01-06-2013
Recorde Distrital INF B	2:17.88	ADBA	POR	Leiria	01-10-2014
Recorde Distrital ABS	1:46.15	ADBA	POR	Leiria	01-12-2009

Pontos: FINA 2017

Lugar	Clube	Tempo final	PIptos Taça
1. Ba/Bomcar Infantil	Ba/Bomcar	2:04.69	431 24,00
Maria Madalena, ALVES 06	31.88 Filipa Paiva, DINIS	06	30.50
Carlota Macedo, LAGOA 05	29.90 Diana Carvalho, PINEU	05	32.41
2. Náutico Marinha Infantil	Nautico Marinha Grande	2:08.04	398 20,00
<i>Recorde Distrital Infantil B.</i>			
Ariana Bento, CARAPINHA 06	29.74 Maria Joao, ASCENSO	06	33.59
Jessica Mendes, SANTOS 06	32.09 Matilde Fernandes, BARQUINHA	06	32.62
3. Pimpões/ Cimai Infantil	Pimpoes/Cimai	2:10.95	372 18,00
Rosa Branca, LOPES 05	31.61 Sofia Simao, CUNHA	06	32.86
Maria Silva, CARVALHO 05	31.04 Beatriz Luz, MARTINS	06	35.44
4. Alcobaça Infantil	Alcobaça	2:12.05	363 16,00
Ana Francisca, SILVA 06	32.85 Constanca Arinto, TRINDADE	06	35.28
Maria Ines, MARQUES 05	33.50 Juliana Branco, REIS	05	30.42
5. Vieirense Infantil	Vieirense	2:19.04	311 14,00
Beatriz Maria, GONCALVES 05	35.74 Mariana Magalhaes, FERNANDES	06	34.89
Beatriz Santos, CRESPO 05	34.43 Margarida Correia, MADEIRA	06	33.98
6. Núcleo de Pombal Infantil	Nucleo de Pombal	2:29.10	252 12,00
Leonor Verissimo, FARIA 06	34.41 Rafaela Santos, PALHAIS	06	38.98
Dalila Leal, BERNARDINO 06	36.24 Constanca Lemos, MONTEIRO	05	39.47



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Prova 44	Masc., 4 x 50m Livres				Infantis (A+B)
14-04-2018 - 19:30					Resultados
Recorde Distrital INF A	1:50.36	DNMG	POR	Caldas da Rainha	01-06-2017
Recorde Distrital INF B	2:08.84	CNAL	POR	Caldas da Rainha	01-10-2009
Recorde Distrital ABS	1:35.83	ADBA	POR	Leiria	01-12-2009

Pontos: FINA 2017

Lugar	Clube		Tempo final	PiPtos Taça	
1. Ba/Bomcar Infantil	Ba/Bomcar		1:50.25	420	24,00
<i>Recorde Distrital Infantil A.</i>					
Ricardo Morais, FARIA	04	27.04	Guilherme Silva, CASTANHEIRA	04	29.10
Vitor Belo, CLARA	04	27.32	Rodrigo Miguel, REIS	04	26.79
2. Náutico Marinha Infantil	Nautico Marinha Grande		1:55.20	368	20,00
Miguel Fernandes, OLIVEIRA	05	27.92	Duarte Gil, SALVADOR	04	29.32
Tomas Amor, SARREIRA	05	28.28	Afonso Manuel, ASCENSO	05	29.68
3. Alcobça Infantil	Alcobça		2:03.34	300	18,00
Vasco Peixoto, OLIVEIRA	04	30.25	Daniel Jose, FERNANDES	04	31.59
Henrique Joao, CRUZ	05	31.90	Daniel, TSYKAL	04	29.60
4. Pimpões/ Cimai Infantil	Pimpoes/Cimai		2:11.92	245	16,00
Joao Tomas, MADRUGO	04	27.88	Leonardo Martins, GONCALVES	04	34.30
Sergiu, CERLAT	05	33.59	Eduardo Firmino, MIRANDA	05	36.15

3 - 2º Jornada - Sessão da manhã

15-04-2018 - 10:30

Prova 45	Femin., 400m Livres				Absolutos (JUV+JUN+SEN)
15-04-2018 - 10:30					Resultados
Recorde Distrital Absoluto	4:16.64	Filipa Vilas, RUIVO	ADBA	Caldas da Rainha	01-11-2014
Recorde Distrital SEN	4:16.64	Filipa Vilas, RUIVO	ADBA	Caldas da Rainha	01-11-2014
Recorde Distrital JUN	4:16.74	Inês Jacinto, HENRIQUES	SIRP	Felgueiras	01-04-2017
Recorde Distrital JUV A	4:21.69	Filipa Vilas, RUIVO	DNMG	Silves	01-12-2011
Recorde Distrital JUV B	4:31.03	Filipa Vilas, RUIVO	DNMG	Leiria	01-11-2010

Pontos: FINA 2017

Lugar	Ano	Clube		Tempo final	PiPtos Taça	
1. Ines Jacinto, HENRIQUES	00	Pimpoes/Cimai		4:29.64	657	12,00
50m: 31.02 31.02	150m: 1:39.33	34.43	250m: 2:47.92	34.04	350m: 3:56.13	33.98
100m: 1:04.90 33.88	200m: 2:13.88	34.55	300m: 3:22.15	34.23	400m: 4:29.64	33.51
2. Monica Seara, DOMINGUES	00	Nautico Marinha Grande		4:38.64	596	10,00
50m: 31.70 31.70	150m: 1:40.91	34.99	250m: 2:51.86	35.61	350m: 4:03.72	35.77
100m: 1:05.92 34.22	200m: 2:16.25	35.34	300m: 3:27.95	36.09	400m: 4:38.64	34.92
3. Margarida Violante, VIANA	04	Ba/Bomcar		4:44.21	561	9,00
50m: 32.94 32.94	150m: 1:44.13	35.99	250m: 2:56.64	36.25	350m: 4:09.13	36.10
100m: 1:08.14 35.20	200m: 2:20.39	36.26	300m: 3:33.03	36.39	400m: 4:44.21	35.08
4. Sofia Viola, ABREU	04	Naval de Peniche		4:59.24	481	8,00
50m: 32.13 32.13	150m: 1:44.43	37.18	250m: 3:02.00	39.04	350m: 4:21.21	39.34
100m: 1:07.25 35.12	200m: 2:22.96	38.53	300m: 3:41.87	39.87	400m: 4:59.24	38.03
5. Cintia Cristina, CRUZ	02	Alcobça		5:01.19	472	7,00
50m: 34.31 34.31	150m: 1:49.03	37.99	250m: 3:06.62	38.68	350m: 4:23.35	38.13
100m: 1:11.04 36.73	200m: 2:27.94	38.91	300m: 3:45.22	38.60	400m: 5:01.19	37.84
6. Camila Gracio, SANTO	02	Naval da Nazaré		5:40.55	326	6,00
50m: 37.77 37.77	150m: 2:03.76	43.49	250m: 3:31.09	43.80	350m: 4:59.44	44.06
100m: 1:20.27 42.50	200m: 2:47.29	43.53	300m: 4:15.38	44.29	400m: 5:40.55	41.11



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Prova 45, Femin., 400m Livres

Lugar	Ano	Clube	Tempo final	PIPts Taça
EXH Maria Leitao, CARVALHO	02	Ba/Bomcar	4:55.81	498 -
50m: 32.98 32.98	150m: 1:45.90 37.12	250m: 3:01.49 38.28	350m: 4:19.18 38.61	
100m: 1:08.78 35.80	200m: 2:23.21 37.31	300m: 3:40.57 39.08	400m: 4:55.81 36.63	

Prova 46 Masc., 400m Livres Absolutos (JUV+JUN+SEN) Resultados

Recordes	Ano	Clube	Tempo final	Local	Data
Recorde Distrital Absoluto	3:50.00	César Fernando, FARIA	ADBA	Istambul	10-12-2009
Recorde Distrital SEN	3:50.00	César Fernando, FARIA	ADBA	Istambul	10-12-2009
Recorde Distrital JUN	3:52.28	Guilherme Filipe, PINA	BSCN	Porto	12-12-2015
Recorde Distrital JUV A	4:05.38	Tomás Gomes, OLIVEIRA	DNMG	Leiria	13-12-2014
Recorde Distrital JUV B	4:05.75	Tomás Gomes, OLIVEIRA	DNMG	Nazaré	25-05-2014

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Sebastiao Mendes, GOMES	00	Pimpoes/Cimai	4:09.61	614 12,00
50m: 28.63 28.63	150m: 1:31.76 32.01	250m: 2:34.86 31.72	350m: 3:38.37 31.76	
100m: 59.75 31.12	200m: 2:03.14 31.38	300m: 3:06.61 31.75	400m: 4:09.61 31.24	
2. Francisco Xavier, TOMAS	00	Alcobaça	4:12.08	596 10,00
50m: 28.63 28.63	150m: 1:31.40 31.62	250m: 2:34.66 31.71	350m: 3:39.69 32.85	
100m: 59.78 31.15	200m: 2:02.95 31.55	300m: 3:06.84 32.18	400m: 4:12.08 32.39	
3. Andre Lopes, SILVA	99	Nautico Marinha Grande	4:14.32	581 9,00
50m: 29.38 29.38	150m: 1:32.90 32.02	250m: 2:37.33 32.19	350m: 3:42.46 32.69	
100m: 1:00.88 31.50	200m: 2:05.14 32.24	300m: 3:09.77 32.44	400m: 4:14.32 31.86	
4. Tiago Andre, JORGE	00	Ba/Bomcar	4:20.99	537 8,00
50m: 28.70 28.70	150m: 1:32.97 32.65	250m: 2:39.64 33.53	350m: 3:47.17 33.80	
100m: 1:00.32 31.62	200m: 2:06.11 33.14	300m: 3:13.37 33.73	400m: 4:20.99 33.82	
5. Rui Miguel, FREIRE	03	Nucleo Desportivo de Ansião	4:40.49	433 7,00
50m: 29.28 29.28	150m: 1:37.53 35.35	250m: 2:49.74 36.44	350m: 4:04.27 37.32	
100m: 1:02.18 32.90	200m: 2:13.30 35.77	300m: 3:26.95 37.21	400m: 4:40.49 36.22	
6. Pedro Vitorino, CARVALHO	02	Benedita Sport Club	4:57.27	363 6,00
50m: 32.53 32.53	150m: 1:45.85 37.88	250m: 3:02.12 38.09	350m: 4:19.68 38.95	
100m: 1:07.97 35.44	200m: 2:24.03 38.18	300m: 3:40.73 38.61	400m: 4:57.27 37.59	
7. David Almeida, GAMEIRO	03	Nucleo de Pombal	4:58.22	360 5,00
50m: 31.89 31.89	150m: 1:44.87 37.36	250m: 3:03.69 40.23	350m: 4:20.85 38.35	
100m: 1:07.51 35.62	200m: 2:23.46 38.59	300m: 3:42.50 38.81	400m: 4:58.22 37.37	



CDC - Taça ANDL João da Silva Abreu - CIMAI
Caldas da Rainha, 14- - 15-4-2018

Prova 47 Femin., 800m Livres Infantis (A+B)
15-04-2018 - 10:42 Resultados

Recorde Distrital Absoluto	8:49.88	Inês Jacinto, HENRIQUES	SIRP	Felgueiras	01-04-2017
Recorde Distrital INF A	9:34.11	Filipa Vilas, RUIVO	DNMG	Ponte de Sôr	01-12-2009
Recorde Distrital INF B	9:33.95	Filipa Vilas, RUIVO	DNMG	Nazaré	01-05-2009

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Juliana Branco, REIS	05	Alcobaça	10:07.06	492 12,00
50m: 33.19 33.19	250m: 3:06.39 38.49	450m: 5:42.15 39.13	650m: 8:18.06 38.90	
100m: 1:10.28 37.09	300m: 3:45.23 38.84	500m: 6:21.19 39.04	700m: 8:56.78 38.72	
150m: 1:48.64 38.36	350m: 4:24.05 38.82	550m: 7:00.21 39.02	750m: 9:32.88 36.10	
200m: 2:27.90 39.26	400m: 5:03.02 38.97	600m: 7:39.16 38.95	800m: 10:07.06 34.18	
2. Carlota Macedo, LAGOA	05	Ba/Bomcar	10:07.87	490 10,00
50m: 32.73 32.73	250m: 3:02.89 38.39	450m: 5:37.05 38.96	650m: 8:13.22 38.96	
100m: 1:09.25 36.52	300m: 3:41.64 38.75	500m: 6:16.07 39.02	700m: 8:52.77 39.55	
150m: 1:46.60 37.35	350m: 4:20.20 38.56	550m: 6:55.13 39.06	750m: 9:31.69 38.92	
200m: 2:24.50 37.90	400m: 4:58.09 37.89	600m: 7:34.26 39.13	800m: 10:07.87 36.18	
3. Joana Silva, ALVES	05	Benedita Sport Club	10:36.14	427 9,00
50m: 35.13 35.13	250m: 3:15.61 40.44	450m: 5:58.14 40.82	650m: 8:38.80 39.61	
100m: 1:14.74 39.61	300m: 3:56.57 40.96	500m: 6:38.20 40.06	700m: 9:19.13 40.33	
150m: 1:55.03 40.29	350m: 4:36.71 40.14	550m: 7:18.71 40.51	750m: 9:58.73 39.60	
200m: 2:35.17 40.14	400m: 5:17.32 40.61	600m: 7:59.19 40.48	800m: 10:36.14 37.41	
4. Leonor Verissimo, FARIA	06	Nucleo de Pombal	10:44.13	412 8,00
50m: 36.77 36.77	250m: 3:20.30 41.22	450m: 6:04.56 41.44	650m: 8:46.79 39.94	
100m: 1:17.14 40.37	300m: 4:01.44 41.14	500m: 6:45.92 41.36	700m: 9:26.68 39.89	
150m: 1:57.87 40.73	350m: 4:42.23 40.79	550m: 7:26.71 40.79	750m: 10:05.98 39.30	
200m: 2:39.08 41.21	400m: 5:23.12 40.89	600m: 8:06.85 40.14	800m: 10:44.13 38.15	
5. Jessica Mendes, SANTOS	06	Nautico Marinha Grande	10:54.64	392 7,00
50m: 35.99 35.99	250m: 3:19.33 41.86	450m: 6:06.28 41.12	650m: 8:52.53 41.69	
100m: 1:16.30 40.31	300m: 4:01.37 42.04	500m: 6:47.83 41.55	700m: 9:34.64 42.11	
150m: 1:56.55 40.25	350m: 4:43.77 42.40	550m: 7:29.35 41.52	750m: 10:15.51 40.87	
200m: 2:37.47 40.92	400m: 5:25.16 41.39	600m: 8:10.84 41.49	800m: 10:54.64 39.13	
6. Sofia Simao, CUNHA	06	Pimpoes/Cimai	11:17.52	354 6,00
50m: 37.61 37.61	250m: 3:28.50 42.82	450m: 6:21.23 43.01	650m: 9:13.03 42.66	
100m: 1:19.71 42.10	300m: 4:11.52 43.02	500m: 7:04.66 43.43	700m: 9:55.62 42.59	
150m: 2:02.81 43.10	350m: 4:54.49 42.97	550m: 7:47.73 43.07	750m: 10:37.48 41.86	
200m: 2:45.68 42.87	400m: 5:38.22 43.73	600m: 8:30.37 42.64	800m: 11:17.52 40.04	

Prova 48 Masc., 800m Livres Infantis (A+B)
15-04-2018 - 10:56 Resultados

Recorde Distrital Absoluto	7:56.76	Guilherme Filipe, PINA	BSCN	Porto	11-12-2015
Recorde Distrital INF A	8:36.36	André Vilas, RUIVO	DNMG	Nazaré	25-05-2014
Recorde Distrital INF B	9:07.20	André Vilas, RUIVO	DNMG	Leiria	03-03-2013

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Vitor Belo, CLARA	04	Ba/Bomcar	9:17.67	502 12,00
50m: 31.10 31.10	250m: 2:50.24 35.20	450m: 5:12.13 35.62	650m: 7:33.41 35.37	
100m: 1:04.93 33.83	300m: 3:25.55 35.31	500m: 5:47.07 34.94	700m: 8:08.55 35.14	
150m: 1:39.99 35.06	350m: 4:00.93 35.38	550m: 6:22.51 35.44	750m: 8:43.84 35.29	
200m: 2:15.04 35.05	400m: 4:36.51 35.58	600m: 6:58.04 35.53	800m: 9:17.67 33.83	



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Prova 48, Masc., 800m Livres, Infantis (A+B)

Lugar	Ano	Clube	Tempo final	PIPos Taça
2. Tomas Amor, SARREIRA	05	Nautico Marinha Grande	9:38.23	450 10,00
50m: 31.13 31.13	250m: 2:58.10 36.43	450m: 5:25.21 36.62	650m: 7:51.51 36.57	
100m: 1:07.14 36.01	300m: 3:35.33 37.23	500m: 6:02.38 37.17	700m: 8:28.29 36.78	
150m: 1:44.73 37.59	350m: 4:12.03 36.70	550m: 6:38.15 35.77	750m: 9:03.94 35.65	
200m: 2:21.67 36.94	400m: 4:48.59 36.56	600m: 7:14.94 36.79	800m: 9:38.23 34.29	
3. Daniel, TSYKAL	04	Alcobaça	10:05.47	392 9,00
50m: 33.86 33.86	250m: 3:06.32 38.56	450m: 5:40.05 38.10	650m: 8:13.34 38.32	
100m: 1:10.87 37.01	300m: 3:44.78 38.46	500m: 6:18.78 38.73	700m: 8:51.51 38.17	
150m: 1:49.09 38.22	350m: 4:23.38 38.60	550m: 6:57.30 38.52	750m: 9:29.64 38.13	
200m: 2:27.76 38.67	400m: 5:01.95 38.57	600m: 7:35.02 37.72	800m: 10:05.47 35.83	
4. Dylan Marques, FELIX	05	Pimpoes/Cimai	10:45.37	324 8,00
50m: 35.75 35.75	250m: 3:15.43 40.16	450m: 6:00.85 42.01	650m: 8:46.05 41.28	
100m: 1:14.91 39.16	300m: 3:56.60 41.17	500m: 6:41.71 40.86	700m: 9:26.88 40.83	
150m: 1:55.28 40.37	350m: 4:37.21 40.61	550m: 7:22.93 41.22	750m: 10:07.17 40.29	
200m: 2:35.27 39.99	400m: 5:18.84 41.63	600m: 8:04.77 41.84	800m: 10:45.37 38.20	

Prova 49

Femin., 100m Bruços

Absolutos (JUV+JUN+SEN)

15-04-2018 - 11:09

Resultados

Recorde Distrital Absoluto	1:09.70	Vitoria, KAMINSKAYA	SIRP	Mealhada	01-12-2012
Recorde Distrital SEN	1:09.70	Victoria, KAMINSKAYA	SIRP	Mealhada	01-12-2012
Recorde Distrital JUN	1:11.39	Victoria, KAMINSKAYA	FPN	Uster	01-01-2012
Recorde Distrital JUV A	1:13.62	Ana Ferreira, COSTA	SANDL	Abrantes	01-03-2017
Recorde Distrital JUV B	1:15.12	Inês Rocha, SILVA	CNAL	Nazaré	01-05-2014

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPos Taça
1. Ines Rocha, SILVA	00	Alcobaça	1:13.28	616 12,00
50m: 34.87 34.87	100m: 1:13.28 38.41			
2. Ana Ferreira, COSTA	02	Nautico Marinha Grande	1:14.13	595 10,00
50m: 35.18 35.18	100m: 1:14.13 38.95			
3. Luana Pinto, DOMINGUES	03	Ba/Bomcar	1:14.27	591 9,00
50m: 34.65 34.65	100m: 1:14.27 39.62			
4. Ana Correia, SOUSA	04	Pimpoes/Cimai	1:19.28	486 8,00
50m: 37.49 37.49	100m: 1:19.28 41.79			
5. Renata Simoes, RATO	03	Nautico Marinha Grande	1:22.10	438 -
50m: 39.13 39.13	100m: 1:22.10 42.97			
6. Sofia Viola, ABREU	04	Naval de Peniche	1:24.65	399 7,00
50m: 39.88 39.88	100m: 1:24.65 44.77			
7. Carolina Pereira, PEDROSA	02	Vieirense	1:25.86	383 6,00
50m: 40.30 40.30	100m: 1:25.86 45.56			
8. Lara Roque, COTRIM	03	Pimpoes/Cimai	1:28.84	345 -
50m: 41.91 41.91	100m: 1:28.84 46.93			
9. Safira Santos, DUARTE	04	Naval da Nazaré	1:28.88	345 5,00
50m: 41.78 41.78	100m: 1:28.88 47.10			
10. Laura Macedo, LAGOA	04	Ba/Bomcar	1:29.62	336 -
50m: 42.82 42.82	100m: 1:29.62 46.80			
11. Ines Miguel, SILVA	04	Nautico Marinha Grande	1:31.28	318 -
50m: 43.43 43.43	100m: 1:31.28 47.85			



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Prova 49, Femin., 100m Bruços, Absolutos (JUV+JUN+SEN)

Lugar	Ano	Clube	Tempo final	PIPts Taça
12. Mariana Soares, DUARTE 50m: 45.48 45.48	04	Ba/Bomcar	1:36.34	271 -
13. Mafalda Sofia, MOREIRA 50m: 46.34 46.34	79	Benedita Sport Club	1:36.57	269 4,00
14. Ana Ferraria, PEREIRA 50m: 45.38 45.38	03	Portomosense	1:36.78	267 3,00
15. Lara Margarida, DUARTE 50m: 45.68 45.68	02	Nucleo Desportivo de Ansião	1:37.65	260 2,00
16. Joana Almeida, VICENTE 50m: 54.22 54.22	04	Portomosense	1:51.25	176 -

Prova 50
15-04-2018 - 11:14

Masc., 100m Bruços

Absolutos (JUV+JUN+SEN)

Resultados

Recorde Distrital Absoluto	1:03.14	Diogo Parrilha, SILVA	CNAL	Mealhada	17-12-2011
Recorde Distrital SEN	1:03.14	Diogo Parrilha, SILVA	CNAL	Mealhada	17-12-2011
Recorde Distrital JUN	1:03.51	António Fernandes, CARRIÇO	SIRP	Porto	12-12-2015
Recorde Distrital JUV A	1:05.04	Diogo Parrilha, SILVA	CNAL	Alcobaça	13-06-2009
Recorde Distrital JUV B	1:07.50	Pedro Domingues, DUARTE	DNMG	Caldas da Rainha	09-04-2016

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Pedro Domingues, DUARTE 50m: 31.67 31.67	01	Nautico Marinha Grande	1:05.37	615 12,00
2. Bruno Pinto, DOMINGUES 50m: 31.29 31.29	00	Ba/Bomcar	1:06.51	584 10,00
3. Bernardo Sousa, PEREIRA 50m: 32.15 32.15	01	Pimpoes/Cimai	1:08.63	532 9,00
4. Nuno Miguel, FELICIANO 50m: 33.39 33.39	95	Alcobaça	1:11.39	472 8,00
5. Manuel Sardinha, DUARTE 50m: 33.95 33.95	00	Ba/Bomcar	1:11.75	465 -
6. Pedro Fernandes, CARRICO 50m: 34.25 34.25	00	Pimpoes/Cimai	1:12.23	456 -
7. David Ferreira, RELVAS 50m: 34.21 34.21	03	Nautico Marinha Grande	1:12.95	442 -
8. Diogo Vicente, SILVA 50m: 34.26 34.26	98	Nautico Marinha Grande	1:13.22	438 -
9. Paulo Sergio, FERREIRA 50m: 36.81 36.81	03	Naval da Nazaré	1:17.29	372 7,00
10. Paulo, LITVINOV 50m: 37.70 37.70	02	Nucleo de Pombal	1:19.49	342 6,00
11. Alexandre Pinto, CRUZ 50m: 38.50 38.50	00	Pimpoes/Cimai	1:23.14	299 -
12. Marco Belo, MACHADO 50m: 44.78 44.78	03	Benedita Sport Club	1:34.41	204 5,00



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Prova 50, Masc., 100m Bruços

Lugar	Ano	Clube	Tempo final	PIPts Taça
EXH Daniel, REZNICHENKO	03	Nautico Marinha Grande	1:25.17	278 -
50m: 39.31 39.31	100m: 1:25.17	45.86		

Prova 51

Femin., 100m Bruços

Infantis (A+B)

15-04-2018 - 11:19

Resultados

Recorde Distrital Absoluto	1:09.70	Vitoria, KAMINSKAYA	SIRP	Mealhada	01-12-2012
Recorde Distrital INF A	1:15.72	Filipa Vilas, RUIVO	DNMG	Caldas da Rainha	01-05-2010
Recorde Distrital INF B	1:18.50	Filipa Vilas, RUIVO	DNMG	Caldas da Rainha	01-05-2009

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Maria Ines, MARQUES	05	Alcobaça	1:23.81	411 12,00
50m: 40.33 40.33	100m: 1:23.81	43.48		
2. Joana Rosa, FERREIRA	05	Naval de Peniche	1:24.12	407 10,00
50m: 39.64 39.64	100m: 1:24.12	44.48		
3. Ariana Bento, CARAPINHA	06	Nautico Marinha Grande	1:26.24	378 9,00
50m: 40.95 40.95	100m: 1:26.24	45.29		
4. Margarida Correia, MADEIRA	06	Vieirense	1:29.46	338 8,00
50m: 42.29 42.29	100m: 1:29.46	47.17		
5. Filipa Mendes, SIMOES	06	Ba/Bomcar	1:30.91	322 7,00
50m: 42.67 42.67	100m: 1:30.91	48.24		
6. Beatriz Silva, CONCEICAO	05	Portomosense	1:37.51	261 6,00
50m: 45.56 45.56	100m: 1:37.51	51.95		
7. Margarida Marques, ARROJA	06	Pimpoes/Cimai	1:39.46	246 5,00
50m: 46.91 46.91	100m: 1:39.46	52.55		
8. Mafalda Caetano, LOURENCO	06	Vieirense	1:39.50	246 -
50m: 47.34 47.34	100m: 1:39.50	52.16		
9. Maria Joao, ASCENSO	06	Nautico Marinha Grande	1:41.03	235 -
50m: 47.83 47.83	100m: 1:41.03	53.20		
10. Beatriz Goncalves, CORREIA	06	Benedita Sport Club	1:41.29	233 4,00
50m: 48.17 48.17	100m: 1:41.29	53.12		
11. Beatriz Maria, GONCALVES	05	Vieirense	1:42.23	226 -
50m: 48.59 48.59	100m: 1:42.23	53.64		
12. Barbara Isabel, CARVALHO	05	Nucleo Desportivo de Ansião	1:44.14	214 3,00
50m: 48.15 48.15	100m: 1:44.14	55.99		
13. Cristiana Reis, OLIVEIRA	05	Portomosense	1:53.57	165 -
50m: 51.73 51.73	100m: 1:53.57	1:01.84		
14. Maria Ines, ESTEVES	06	Naval da Nazaré	1:57.75	148 2,00
50m: 56.37 56.37	100m: 1:57.75	1:01.38		
15. Maria Cordeiro, RODRIGUES	06	Nucleo de Pombal	1:57.78	148 1,00
50m: 55.31 55.31	100m: 1:57.78	1:02.47		
16. Mafalda Violante, VIANA	06	Ba/Bomcar	2:00.29	139 -
50m: 57.17 57.17	100m: 2:00.29	1:03.12		



CDC - Taça ANDL João da Silva Abreu - CIMAI
Caldas da Rainha, 14- - 15-4-2018

Prova 51, Femin., 100m Bruços, Infantis (A+B)

Lugar	Ano	Clube	Tempo final	PIptos Taça
DSQ Oksana, KHROBATHYN <i>Falsa partida.</i>	06	Portomosense		-

Prova 52 Masc., 100m Bruços Infantis (A+B)
15-04-2018 - 11:27 Resultados

Recorde Distrital Absoluto	1:03.14	Diogo Parrilha, SILVA	CNAL	Mealhada	17-12-2011
Recorde Distrital INF A	1:10.18	António Fernandes, CARRIÇO	SIRP	Santo António dos Cavaleiros	17-03-2012
Recorde Distrital INF B	1:15.76	Filipe Oliveira, MARQUES	ASAL	Nazaré	22-05-2010

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIptos Taça
1. Joao Gabriel, ANICETO 50m: 34.83 34.83 100m: 1:15.19 40.36	04	Ba/Bomcar	1:15.19	404 12,00
2. Vasco Peixoto, OLIVEIRA 50m: 37.06 37.06 100m: 1:18.56 41.50	04	Alcobaça	1:18.56	354 10,00
3. Duarte Gil, SALVADOR 50m: 38.32 38.32 100m: 1:21.41 43.09	04	Nautico Marinha Grande	1:21.41	318 9,00
4. Vasco Silva, SOUSA 50m: 39.17 39.17 100m: 1:24.96 45.79	04	Ba/Bomcar	1:24.96	280 -
5. Samuel Filipe, AMORIM 50m: 42.34 42.34 100m: 1:28.38 46.04	05	Nautico Marinha Grande	1:28.38	249 -
6. Diogo Miguel, ROSETE 50m: 42.84 42.84 100m: 1:30.73 47.89	05	Nautico Marinha Grande	1:30.73	230 -
7. Leonardo Martins, GONCALVES 50m: 44.41 44.41 100m: 1:35.49 51.08	04	Pimpoes/Cimai	1:35.49	197 8,00
8. Jose Francisco, OLIVEIRA 50m: 47.76 47.76 100m: 1:39.90 52.14	05	Ba/Bomcar	1:39.90	172 -
9. Loic Lancelot, LAURENSON 50m: 48.24 48.24 100m: 1:46.41 58.17	04	Naval da Nazaré	1:46.41	142 7,00

Prova 53 Femin., 100m Livres Absolutos (JUV+JUN+SEN)
15-04-2018 - 11:42 Resultados

Recorde Distrital Absoluto	57.32	Victoria, KAMINSKAYA	SIRP	Mealhada	01-12-2012
Recorde Distrital SEN	57.32	Victoria, KAMINSKAYA	SIRP	Mealhada	01-12-2012
Recorde Distrital JUN	59.16	Inês Jacinto, HENRIQUES	SIRP	Caldas da Rainha	01-05-2016
Recorde Distrital JUV A	59.46	Sara Francisco, CRUZ	ASAL	Caldas da Rainha	01-05-2008
Recorde Distrital JUV B	59.95	Inês Jacinto, HENRIQUES	SANDL	Abrantes	01-04-2014

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIptos Taça
1. Sofia Ribeiro, JUNQUEIRA 50m: 30.06 30.06 100m: 1:02.34 32.28	02	Ba/Bomcar	1:02.34	544 12,00
2. Bruna Silva, MOITEIRO 50m: 30.27 30.27 100m: 1:02.57 32.30	04	Nautico Marinha Grande	1:02.57	538 10,00
3. Barbara Coimbra, TEODOSIO 50m: 30.59 30.59 100m: 1:02.68 32.09	99	Nautico Marinha Grande	1:02.68	535 -



CDC - Taça ANDL João da Silva Abreu - CIMAI
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Prova 53, Femin., 100m Livres, Absolutos (JUV+JUN+SEN)

Lugar	Ano	Clube	Tempo final	PIPts Taça
4. Sara Santos, LOPES 50m: 30.21 30.21	03	Ba/Bomcar	1:03.11	524 -
5. Maria Francisca, ALVES 50m: 31.39 31.39	04	Ba/Bomcar	1:04.22	498 -
6. Ines Apolinario, SOARES 50m: 31.08 31.08	03	Pimpoes/Cimai	1:04.36	494 9,00
7. Diana Violante, ROMAO 50m: 30.54 30.54	02	Alcobaça	1:04.41	493 8,00
8. Ana Ferreira, COSTA 50m: 31.43 31.43	02	Nautico Marinha Grande	1:04.66	488 -
9. Constanca Mendes, GOMES 50m: 33.56 33.56	03	Pimpoes/Cimai	1:09.59	391 -
10. Adriana Martins, NOIVO 50m: 33.72 33.72	03	Naval de Peniche	1:10.10	383 7,00
11. Diana Penas, EZEQUIEL 50m: 34.66 34.66	01	Benedita Sport Club	1:11.98	353 6,00
12. Camila Gracio, SANTO 50m: 35.86 35.86	02	Naval da Nazaré	1:14.08	324 5,00
13. Camila Neves, SIMOES 50m: 36.03 36.03	01	Nucleo Desportivo de Ansião	1:15.36	308 4,00
14. Filipa Almeida, SANTIAGO 50m: 46.81 46.81	03	Portomosense	1:42.97	120 3,00
15. Joana Almeida, VICENTE 50m: 50.79 50.79	04	Portomosense	1:45.72	111 -
DNS Leonor Silva, CRISTINO	02	Pimpoes/Cimai		-

Prova 54 Masc., 100m Livres Absolutos (JUV+JUN+SEN)
15-04-2018 - 11:48 Resultados

Recorde Distrital Absoluto	49.51	César Fernando, FARIA	ADBA	Santo António dos Cavaleiros	19-12-2009
Recorde Distrital SEN	49.51	César Fernando, FARIA	ADBA	Santo António dos Cavaleiros	19-12-2009
Recorde Distrital JUN	50.79	Miguel Monteiro, DIOGO	CNAL	Leiria	18-06-2011
Recorde Distrital JUV A	52.80	Sebastião, GOMES	SIRP	Setúbal	06-12-2015
Recorde Distrital JUV B	54.07	Ricardo Lopes, SILVA	DNMG	Albufeira	16-12-2017

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Viktor, KOT 50m: 25.11 25.11	98	Nautico Marinha Grande	51.63	659 12,00
2. Miguel Monteiro, DIOGO 50m: 25.99 25.99	93	Alcobaça	53.75	584 10,00
3. Bruno Filipe, TABORDA 50m: 26.75 26.75	95	Ba/Bomcar	55.41	533 9,00
4. Joao Jose, SILVA 50m: 27.21 27.21	03	Ba/Bomcar	56.00	516 -



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Prova 54, Masc., 100m Livres, Absolutos (JUV+JUN+SEN)

Lugar	Ano	Clube	Tempo final	PIPts Taça
5. Jose Diogo, FONSECA 50m: 27.14 27.14 100m: 57.48 30.34	98	Nautico Marinha Grande	57.48	477 -
6. Manuel Maria, FERRAZ 50m: 27.41 27.41 100m: 58.04 30.63	00	Pimpoes/Cimai	58.04	464 8,00
7. Miguel Vicente, SILVA 50m: 27.52 27.52 100m: 58.17 30.65	02	Nautico Marinha Grande	58.17	461 -
8. Filipe Pedro, FERREIRA 50m: 28.39 28.39 100m: 58.63 30.24	00	Nucleo de Pombal	58.63	450 7,00
9. Pedro Vitorino, CARVALHO 50m: 29.69 29.69 100m: 1:01.74 32.05	02	Benedita Sport Club	1:01.74	385 6,00
10. Manuel Maria, FROIS 50m: 28.97 28.97 100m: 1:01.83 32.86	02	Ba/Bomcar	1:01.83	383 -
11. Francisco Lourenco, CARVALHO 50m: 30.19 30.19 100m: 1:02.37 32.18	02	Nucleo Desportivo de Ansião	1:02.37	374 5,00
12. Alexandre Quiterio, ANASTACIO 50m: 29.15 29.15 100m: 1:02.43 33.28	01	Benedita Sport Club	1:02.43	373 -
13. Arsenio, ZEMLIANKO 50m: 33.87 33.87 100m: 1:09.19 35.32	03	Nucleo de Pombal	1:09.19	274 -
14. Diogo Barros, SILVA 50m: 37.12 37.12 100m: 1:16.93 39.81	03	Pimpoes/Cimai	1:16.93	199 -
DNS Jonatas Fonseca, GASPAR	88	Pimpoes/Cimai		-

Prova 55
15-04-2018 - 11:53

Femin., 100m Livres

Infantis (A+B)
Resultados

Recorde Distrital Absoluto	57.32	Victoria, KAMINSKAYA	SIRP	Mealhada	01-12-2012
Recorde Distrital INF A	1:02.47	Giovanna Vaz, VARGAS	DNMG	Nazaré	01-06-2013
Recorde Distrital INF B	1:04.51	Irina, RODRIGUES	ASAL	Tomar	01-05-2003

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Maria Silva, CARVALHO 50m: 31.75 31.75 100m: 1:07.14 35.39	05	Pimpoes/Cimai	1:07.14	435 12,00
2. Maria Madalena, ALVES 50m: 33.20 33.20 100m: 1:08.94 35.74	06	Ba/Bomcar	1:08.94	402 10,00
3. Sara Andreia, SERRAO 50m: 35.31 35.31 100m: 1:13.20 37.89	05	Naval de Peniche	1:13.20	336 9,00
4. Matilde Fernandes, BARQUINHA 50m: 34.54 34.54 100m: 1:13.70 39.16	06	Nautico Marinha Grande	1:13.70	329 8,00
5. Diana Carvalho, PINEU 50m: 34.81 34.81 100m: 1:13.77 38.96	05	Ba/Bomcar	1:13.77	328 -
6. Beatriz Maria, GONCALVES 50m: 36.96 36.96 100m: 1:14.74 37.78	05	Vieirense	1:14.74	316 7,00
7. Rita Margarida, RODRIGUES 50m: 35.70 35.70 100m: 1:14.75 39.05	05	Alcobaça	1:14.75	315 6,00



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Prova 55, Femin., 100m Livres, Infantis (A+B)

Lugar	Ano	Clube	Tempo final	PIPts Taça
8. Constanca Arinto, TRINDADE 50m: 36.63 36.63 100m: 1:16.52 39.89	06	Alcobaça	1:16.52	294 -
9. Beatriz Luz, MARTINS 50m: 37.81 37.81 100m: 1:19.36 41.55	06	Pimpoes/Cimai	1:19.36	264 -
10. Rafaela Santos, PALHAIS 50m: 38.28 38.28 100m: 1:20.70 42.42	06	Nucleo de Pombal	1:20.70	251 5,00
11. Tatiana Antunes, JESUS 50m: 38.37 38.37 100m: 1:20.94 42.57	05	Nucleo Desportivo de Ansião	1:20.94	248 4,00
12. Mafalda Caetano, LOURENCO 50m: 41.43 41.43 100m: 1:25.90 44.47	06	Vieirense	1:25.90	208 -
13. Cristiana Reis, OLIVEIRA 50m: 40.73 40.73 100m: 1:28.84 48.11	05	Portomosense	1:28.84	188 3,00
14. Rafaela Barros, SILVA 50m: 43.38 43.38 100m: 1:33.73 50.35	05	Naval da Nazaré	1:33.73	160 2,00
DSQ Constanca Lemos, MONTEIRO <i>Falsa Partida.</i>	05	Nucleo de Pombal		-
DNS Maria Francisca, FROIS	06	Ba/Bomcar		-

Prova 56 Masc., 100m Livres Infantis (A+B)
15-04-2018 - 11:59 Resultados

Recorde Distrital Absoluto	49.51	César Fernando, FARIA	ADBA	Santo António dos Cavaleiros	19-12-2009
Recorde Distrital INF A	55.60	Afonso Lopes, SANTOS	AHBVCR	Tomar	13-12-2008
Recorde Distrital INF B	57.40	Tiago Pereira, PEREIRA	DNMG	Caldas da Rainha	11-07-2004

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Rodrigo Miguel, REIS 50m: 27.65 27.65 100m: 56.98 29.33	04	Ba/Bomcar	56.98	490 12,00
2. Lucas Pipiraite, CARDOSO 50m: 29.19 29.19 100m: 1:01.25 32.06	04	Naval da Nazaré	1:01.25	394 10,00
3. Afonso Manuel, ASCENSO 50m: 30.57 30.57 100m: 1:03.87 33.30	05	Nautico Marinha Grande	1:03.87	348 9,00
4. Timur Antonovich, MORITS 50m: 32.70 32.70 100m: 1:07.31 34.61	04	Nautico Marinha Grande	1:07.31	297 -
5. Lucas Filipe, MOREIRA 50m: 32.10 32.10 100m: 1:07.33 35.23	05	Ba/Bomcar	1:07.33	297 -
6. Jorge, GRABOVSKI 50m: 32.42 32.42 100m: 1:07.60 35.18	04	Nautico Marinha Grande	1:07.60	293 -
7. Henrique Joao, CRUZ 50m: 33.32 33.32 100m: 1:10.54 37.22	05	Alcobaça	1:10.54	258 8,00
8. Sergiu, CERLAT 50m: 33.82 33.82 100m: 1:13.10 39.28	05	Pimpoes/Cimai	1:13.10	232 7,00
9. Joao Gerardo, BOITA 50m: 34.84 34.84 100m: 1:13.61 38.77	05	Benedita Sport Club	1:13.61	227 6,00



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Prova 56, Masc., 100m Livres, Infantis (A+B)

Lugar	Ano	Clube	Tempo final	PIPts Taça
10. Eduardo Firmino, MIRANDA	05	Pimpoes/Cimai	1:22.41	162 -
50m: 39.02 39.02	100m: 1:22.41 43.39			

DSQ Antonio Iuri, LADYKA 05 Alcoaça -
O atleta não respeitou o ponto 7, alínea c) do regulamento da Taça ANDL.

Prova 57 Femin., 200m Estilos Absolutos (JUV+JUN+SEN) Resultados

15-04-2018 - 12:04

Recorde Distrital Absoluto	2:12.75	Victoria, KAMINSKAYA	SIRP	Porto	01-12-2014
Recorde Distrital SEN	2:12.75	Victoria, KAMINSKAYA	SIRP	Porto	01-12-2014
Recorde Distrital JUN	2:16.62	Victoria, KAMINSKAYA	FPN	USTER	01-01-2012
Recorde Distrital JUV A	2:22.96	Victoria, KAMINSKAYA	SIRP	Caldas da Rainha	01-05-2010
Recorde Distrital JUV B	2:23.81	Inês Rocha, SILVA	SANDL	Abrantes	01-04-2014

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts Taça
1. Giovanna Vaz, VARGAS	00	Nautico Marinha Grande	2:22.09	630 12,00
50m: 29.88 29.88	100m: 1:05.59 35.71	150m: 1:47.53 41.94	200m: 2:22.09 34.56	
2. Luana Pinto, DOMINGUES	03	Ba/Bomcar	2:26.82	571 10,00
50m: 32.26 32.26	100m: 1:11.57 39.31	150m: 1:52.43 40.86	200m: 2:26.82 34.39	
3. Rita Afonso, BELO	02	Benedita Sport Club	2:28.87	548 9,00
50m: 31.73 31.73	100m: 1:08.28 36.55	150m: 1:53.03 44.75	200m: 2:28.87 35.84	
4. Bruna Andreia, SIMOES	01	Nautico Marinha Grande	2:29.53	541 -
50m: 31.11 31.11	100m: 1:08.10 36.99	150m: 1:52.48 44.38	200m: 2:29.53 37.05	
5. Alexandra Cordeiro, SILVA	04	Alcoaça	2:36.07	476 8,00
50m: 34.55 34.55	100m: 1:13.71 39.16	150m: 1:59.33 45.62	200m: 2:36.07 36.74	
6. Constanca Filipa, RODRIGUES	02	Pimpoes/Cimai	2:40.39	438 7,00
50m: 34.22 34.22	100m: 1:15.72 41.50	150m: 2:02.64 46.92	200m: 2:40.39 37.75	
7. Sofia Morais, FARIA	04	Ba/Bomcar	2:41.07	433 -
50m: 34.86 34.86	100m: 1:16.02 41.16	150m: 2:05.37 49.35	200m: 2:41.07 35.70	
8. Maria Ines, SILVA	04	Alcoaça	2:41.73	427 -
50m: 34.34 34.34	100m: 1:16.09 41.75	150m: 2:05.52 49.43	200m: 2:41.73 36.21	
9. Laura Macedo, LAGOA	04	Ba/Bomcar	2:45.76	397 -
50m: 36.84 36.84	100m: 1:19.10 42.26	150m: 2:08.22 49.12	200m: 2:45.76 37.54	
10. Camila Germano, ROMANO	03	Vieirense	2:47.93	382 6,00
50m: 35.76 35.76	100m: 1:18.77 43.01	150m: 2:09.70 50.93	200m: 2:47.93 38.23	
11. Catarina Rodrigues, SILVA	04	Naval de Peniche	2:48.27	379 5,00
50m: 36.86 36.86	100m: 1:19.12 42.26	150m: 2:10.58 51.46	200m: 2:48.27 37.69	
12. Beatriz Sofia, AMARO	04	Nautico Marinha Grande	2:51.90	356 -
50m: 40.43 40.43	100m: 1:21.77 41.34	150m: 2:12.51 50.74	200m: 2:51.90 39.39	
13. Ana Rita, TOMAS	04	Nucleo Desportivo de Ansião	2:54.76	339 4,00
50m: 35.79 35.79	100m: 1:19.81 44.02	150m: 2:13.31 53.50	200m: 2:54.76 41.45	
14. Safira Santos, DUARTE	04	Naval da Nazaré	3:01.60	302 3,00
50m: 39.55 39.55	100m: 1:29.35 49.80	150m: 2:19.80 50.45	200m: 3:01.60 41.80	



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Prova 57, Femin., 200m Estilos

Lugar	Ano	Clube	Tempo final	PIptos Taça
EXH Maria Martim, COUTINHO	04	Ba/Bomcar	2:43.00	417 -
50m: 35.46 35.46	100m: 1:15.18 39.72	150m: 2:04.54 49.36	200m: 2:43.00 38.46	

Prova 58

Masc., 200m Estilos

Absolutos (JUV+JUN+SEN)

15-04-2018 - 12:12

Resultados

Recorde Distrital Absoluto	2:05.28	Diogo Parrilha, SILVA	CNAL	Porto	04-12-2010
Recorde Distrital SEN	2:05.68	Diogo Parrilha, SILVA	CNAL	Silves	03-12-2011
Recorde Distrital JUN	2:05.28	Diogo parrilha, SILVA	CNAL	Porto	04-12-2010
Recorde Distrital JUV A	2:08.27	Diogo Parrilha, SILVA	CNAL	Nazaré	17-05-2009
Recorde Distrital JUV B	2:10.67	André Vilas, RUIVO	ADBA	Caldas da Rainha	09-05-2015

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIptos Taça
1. Bruno Pinto, DOMINGUES	00	Ba/Bomcar	2:13.02	559 12,00
50m: 28.84 28.84	100m: 1:03.80 34.96	150m: 1:42.84 39.04	200m: 2:13.02 30.18	
2. Ricardo Lopes, SILVA	03	Nautico Marinha Grande	2:13.40	555 10,00
50m: 28.82 28.82	100m: 1:02.03 33.21	150m: 1:42.81 40.78	200m: 2:13.40 30.59	
3. Joao Miguel, SANTANA	00	Pimpoes/Cimai	2:16.16	521 9,00
50m: 28.80 28.80	100m: 1:03.34 34.54	150m: 1:44.36 41.02	200m: 2:16.16 31.80	
4. Rui Miguel, PIRES	01	Nautico Marinha Grande	2:16.55	517 -
50m: 28.79 28.79	100m: 1:04.22 35.43	150m: 1:45.46 41.24	200m: 2:16.55 31.09	
5. David, MARTYN	03	Benedita Sport Club	2:18.24	498 8,00
50m: 29.42 29.42	100m: 1:04.23 34.81	150m: 1:46.96 42.73	200m: 2:18.24 31.28	
6. Edgar Casimiro, RIBEIRO	01	Alcobaça	2:19.28	487 7,00
50m: 29.90 29.90	100m: 1:05.35 35.45	150m: 1:47.66 42.31	200m: 2:19.28 31.62	
7. Diogo Vicente, SILVA	98	Nautico Marinha Grande	2:21.25	467 -
50m: 29.45 29.45	100m: 1:04.42 34.97	150m: 1:45.33 40.91	200m: 2:21.25 35.92	
8. Paulo Sergio, FERREIRA	03	Naval da Nazaré	2:23.52	445 6,00
50m: 31.35 31.35	100m: 1:07.80 36.45	150m: 1:52.77 44.97	200m: 2:23.52 30.75	
9. Francisco Sousa, SILVA	01	Alcobaça	2:25.36	428 -
50m: 31.30 31.30	100m: 1:08.99 37.69	150m: 1:52.34 43.35	200m: 2:25.36 33.02	
10. Manuel Sardinha, DUARTE	00	Ba/Bomcar	2:25.62	426 -
50m: 32.21 32.21	100m: 1:10.57 38.36	150m: 1:52.10 41.53	200m: 2:25.62 33.52	
11. Abel Duarte, AFONSO	02	Naval de Peniche	2:27.86	407 5,00
50m: 31.54 31.54	100m: 1:09.77 38.23	150m: 1:53.94 44.17	200m: 2:27.86 33.92	
12. Jose Antonio, LAMANDE	96	Vieirense	2:30.23	388 4,00
50m: 30.25 30.25	100m: 1:08.16 37.91	150m: 1:54.31 46.15	200m: 2:30.23 35.92	
13. Paulo, LITVINOV	02	Nucleo de Pombal	2:42.60	306 3,00
50m: 34.87 34.87	100m: 1:17.24 42.37	150m: 2:04.26 47.02	200m: 2:42.60 38.34	
DSQ Rui Miguel, FREIRE	03	Nucleo Desportivo de Ansião		-
<i>Na viragem de Bruços para Livres o atleta tocou na parede só com uma mão.</i>				
DNS Tiago Andre, JORGE	00	Ba/Bomcar		-



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Prova 59 Femin., 200m Estilos Infantis (A+B)
15-04-2018 - 12:18 Resultados

Recorde Distrital Absoluto	2:12.75	Victoria, KAMINSKAYA	SIRP	Porto	01-12-2014
Recorde Distrital INF A	2:25.94	Filipa Vilas, RUIVO	DNMG	Abrantes	01-04-2010
Recorde Distrital INF B	2:30.96	Filipa Vilas, RUIVO	DNMG	Alcoçaba	01-06-2009

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Rosa Branca, LOPES	05	Pimpoes/Cimai	2:42.20	424	12,00
50m: 35.20 35.20	100m: 1:15.51 40.31	150m: 2:04.03 48.52	200m: 2:42.20 38.17		
2. Filipa Paiva, DINIS	06	Ba/Bomcar	2:42.87	418	10,00
50m: 33.96 33.96	100m: 1:15.21 41.25	150m: 2:07.06 51.85	200m: 2:42.87 35.81		
3. Iara Filipa, DIAS	05	Naval de Peniche	2:46.05	395	9,00
50m: 35.81 35.81	100m: 1:17.16 41.35	150m: 2:07.32 50.16	200m: 2:46.05 38.73		
4. Ana Francisca, SILVA	06	Alcoçaba	2:46.14	394	8,00
50m: 35.03 35.03	100m: 1:16.63 41.60	150m: 2:08.75 52.12	200m: 2:46.14 37.39		
5. Catarina Machado, BELO	06	Benedita Sport Club	2:54.08	343	7,00
50m: 37.47 37.47	100m: 1:24.02 46.55	150m: 2:15.02 51.00	200m: 2:54.08 39.06		
6. Soraia Carvalho, FERREIRA	05	Nautico Marinha Grande	2:58.80	316	6,00
50m: 38.09 38.09	100m: 1:25.53 47.44	150m: 2:17.32 51.79	200m: 2:58.80 41.48		
7. Ines Mestre, SA	06	Ba/Bomcar	2:59.67	312	-
50m: 38.53 38.53	100m: 1:24.90 46.37	150m: 2:16.66 51.76	200m: 2:59.67 43.01		
8. Beatriz Santos, CRESPO	05	Vieirense	3:03.18	294	5,00
50m: 42.06 42.06	100m: 1:25.57 43.51	150m: 2:21.89 56.32	200m: 3:03.18 41.29		
9. Filipa Roma, BRIZIDA	06	Ba/Bomcar	3:06.79	277	-
50m: 44.42 44.42	100m: 1:30.42 46.00	150m: 2:24.99 54.57	200m: 3:06.79 41.80		
10. Dalila Leal, BERNARDINO	06	Nucleo de Pombal	3:12.35	254	4,00
50m: 40.23 40.23	100m: 1:28.56 48.33	150m: 2:29.22 1:00.66	200m: 3:12.35 43.13		

Prova 60 Masc., 200m Estilos Infantis (A+B)
15-04-2018 - 12:25 Resultados

Recorde Distrital Absoluto	2:05.28	Diogo Parrilha, SILVA	CNAL	Porto	04-12-2010
Recorde Distrital INF A	2:16.10	André Vilas, RUIVO	DNMG	Leiria	08-12-2013
Recorde Distrital INF B	2:17.96	André Vilas, RUIVO	DNMG	Nazaré	02-06-2013

Pontos: FINA 2017

Lugar	Ano	Clube	Tempo final	PIPts	Taça
1. Ricardo Morais, FARIA	04	Ba/Bomcar	2:25.03	431	12,00
50m: 30.13 30.13	100m: 1:06.54 36.41	150m: 1:50.27 43.73	200m: 2:25.03 34.76		
2. Miguel Fernandes, OLIVEIRA	05	Nautico Marinha Grande	2:30.07	389	10,00
50m: 32.12 32.12	100m: 1:11.51 39.39	150m: 1:56.80 45.29	200m: 2:30.07 33.27		
3. Joao Gabriel, ANICETO	04	Ba/Bomcar	2:31.90	375	-
50m: 34.35 34.35	100m: 1:16.97 42.62	150m: 1:58.15 41.18	200m: 2:31.90 33.75		
4. Guilherme Silva, CASTANHEIRA	04	Ba/Bomcar	2:32.65	370	-
50m: 32.42 32.42	100m: 1:11.37 38.95	150m: 1:58.38 47.01	200m: 2:32.65 34.27		
5. Joao Tomas, MADRUGO	04	Pimpoes/Cimai	2:33.82	362	9,00
50m: 31.44 31.44	100m: 1:10.51 39.07	150m: 1:56.98 46.47	200m: 2:33.82 36.84		



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Prova 60, Masc., 200m Estilos, Infantis (A+B)

Lugar	Ano	Clube	Tempo final	PIPts Taça
6. Vasco Peixoto, OLIVEIRA	04	Alcobaça	2:37.16	339 8,00
50m: 34.79 34.79	100m: 1:15.65 40.86	150m: 2:00.52 44.87	200m: 2:37.16 36.64	
7. Ricardo Pedrosa, SOARES	04	Vieirense	2:52.98	254 7,00
50m: 37.26 37.26	100m: 1:18.59 41.33	150m: 2:12.75 54.16	200m: 2:52.98 40.23	
8. Pedro Pinheiro, RIBEIRO	05	Benedita Sport Club	3:02.65	216 6,00
50m: 39.02 39.02	100m: 1:26.01 46.99	150m: 2:18.64 52.63	200m: 3:02.65 44.01	
9. Tiago Serradas, FRANCISCO	05	Nautico Marinha Grande	3:03.50	213 -
50m: 38.97 38.97	100m: 1:25.31 46.34	150m: 2:23.36 58.05	200m: 3:03.50 40.14	
DSQ Ruben Lavos, COSTA	05	Nautico Marinha Grande		-
<i>Falsa Partida</i>				
DSQ Daniel, TSYKAL	04	Alcobaça		-
<i>Na viragem aos 50 metros o atleta saíu na posição ventral.</i>				
DNS Tomas Portugal, SILVEIRA	05	Alcobaça		-

Prova 61
15-04-2018 - 12:43

Femin., 4 x 200m Livres

Absolutos (JUV+JUN+SEN)

Resultados

Recorde Distrital SEN	4:39.81	SIRP	POR	Porto de Mós	01-10-2010
Recorde Distrital JUN	8:51.00	DNMG	POR	Porto	01-12-2015
Recorde Distrital JUV A	9:13.60	DNMG	POR	Leiria	01-10-2014
Recorde Distrital JUV B	9:34.81	BSCN	POR	Setúbal	01-12-2015
Recorde Distrital ABS	8:33.64	ADBA	POR	Leiria	01-12-2009

Pontos: FINA 2017

Lugar	Clube	Tempo final	PIPts Taça
1. Ba/ Bomcar Absoluto	Ba/Bomcar	8:57.11	599 24,00
Maria Lopes, AMADO	04	29.74 1:02.17 1:36.56 2:11.68	2:11.68
Rita Mendes, SIMOES	04	30.48 1:04.87 1:40.91 2:16.79	2:16.79
Luana Pinto, DOMINGUES	03	29.97 1:03.42 1:37.80 2:12.67	2:12.67
Ines Filipa, JACINTO	03	29.49 1:03.82 1:40.17 2:15.97	2:15.97
2. Náutico Marinha Absoluto	Nautico Marinha Grande	8:59.11	592 20,00
Barbara Coimbra, TEODOSIO	99	31.69 1:06.36 1:42.88 2:17.41	2:17.41
Monica Seara, DOMINGUES	00	30.55 1:04.61 1:39.98 2:14.71	2:14.71
Bruna Silva, MOITEIRO	04	31.19 1:05.50 1:41.53 2:17.48	2:17.48
Giovanna Vaz, VARGAS	00	29.45 1:02.35 1:35.96 2:09.51	2:09.51
3. Pimpões/ Cimai Absoluto	Pimpoes/Cimai	9:11.00	555 18,00
Ines Jacinto, HENRIQUES	00	29.49 1:01.53 1:34.54 2:07.64	2:07.64
Maria Campos, CAIADO	03	31.80 1:07.64 1:44.89 2:22.34	2:22.34
Constanca Alexandra, SILVA	04	31.48 1:07.56 1:44.94 2:22.18	2:22.18
Ines Apolinario, SOARES	03	31.96 1:07.11 1:43.37 2:18.84	2:18.84
4. Alcobaça Absoluto	Alcobaça	9:11.04	555 16,00
Ines Rocha, SILVA	00	30.79 1:03.46 1:37.29 2:09.93	2:09.93
Alexandra Cordeiro, SILVA	04	32.38 1:08.05 1:44.41 2:20.61	2:20.61
Ana Claudia, FERREIRA	90	31.62 1:07.19 1:44.72 2:22.44	2:22.44
Diana Violante, ROMAO	02	31.07 1:05.92 1:42.05 2:18.06	2:18.06
5. Naval da Nazaré Absoluto	Naval da Nazaré	10:50.32	337 14,00
Tatiana Evangelista, REBELO	00	37.34 1:20.56 2:05.99 2:50.36	2:50.36
Sáfira Santos, DUARTE	04	37.79 1:20.78 2:04.11 2:46.61	2:46.61
Camila Gracio, SANTO	02	37.65 1:20.48 2:03.79 2:45.24	2:45.24
Ana Rui, GOMES	03	31.93 1:09.75 1:49.19 2:28.11	2:28.11



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Prova 62	Masc., 4 x 200m Livres			Absolutos (JUV+JUN+SEN)	
15-04-2018 - 12:53	Resultados				
Recorde Distrital SEN	8:15.23	Desportivo Nautico da Marinha Grar	POR	Caldas da Rainha	18-11-2017
Recorde Distrital JUN	7:55.21	CNAL	POR	Porto	01-12-2010
Recorde Distrital JUV A	8:18.66	ADBA	POR	Setúbal	01-12-2015
Recorde Distrital JUV B	8:30.21	CNAL	POR	Caldas da Rainha	01-07-2008
Recorde Distrital ABS	7:38.95	ADBA	POR	Porto	01-12-2010

Pontos: FINA 2017

Lugar	Clube		Tempo final		PiPtos Taça	
1. Náutico Marinha Absoluto	Nautico Marinha Grande		7:53.86		643 24,00	
Viktor, KOT	98	26.39 55.50	1:25.22	1:54.41	1:54.41	
Ricardo Lopes, SILVA	03	27.43 57.32	1:28.23	1:58.49	1:58.49	
Andre Lopes, SILVA	99	26.81 57.22	1:29.05	2:00.20	2:00.20	
Rui Miguel, PIRES	01	27.39 58.20	1:29.80	2:00.76	2:00.76	
2. Ba/ Bomcar Absoluto	Ba/Bomcar		8:01.12		614 20,00	
Nuno Goncalo, SANTOS	96	26.78 55.89	1:25.92	1:56.67	1:56.67	
Joao Jose, SILVA	03	28.66 1:00.64	1:32.06	2:03.23	2:03.23	
Tiago Andre, JORGE	00	27.32 58.17	1:30.13	2:01.95	2:01.95	
Bruno Pinto, DOMINGUES	00	26.31 55.97	1:27.36	1:59.27	1:59.27	
3. Alcobaça Absoluto	Alcobaça		8:07.03		592 18,00	
Francisco Xavier, TOMAS	00	27.68 58.13	1:29.38	2:01.12	2:01.12	
Francisco Sousa, SILVA	01	29.28 1:00.34	1:32.69	2:04.90	2:04.90	
Edgar Casimiro, RIBEIRO	01	28.25 59.63	1:31.71	2:03.82	2:03.82	
Miguel Monteiro, DIOGO	93	26.45 56.42	1:26.84	1:57.19	1:57.19	
4. Pimpões/ Cimai Absoluto	Pimpoes/Cimai		8:15.64		562 16,00	
Bernardo Sousa, PEREIRA	01	28.50 1:00.22	1:33.03	2:05.38	2:05.38	
Sebastiao Mendes, GOMES	00	26.50 56.40	1:27.14	1:56.78	1:56.78	
Joao Miguel, SANTANA	00	27.53 59.81	1:33.09	2:06.03	2:06.03	
Manuel Maria, FERRAZ	00	28.39 1:00.50	1:33.30	2:07.45	2:07.45	
5. Núcleo de Pombal Absoluto	Nucleo de Pombal		9:23.29		382 14,00	
Miguel Goncalves, JARDIM	00	32.16 1:09.18	1:47.42	2:24.21	2:24.21	
David Almeida, GAMEIRO	03	30.75 1:05.88	1:42.40	2:19.89	2:19.89	
Paulo, LITVINOV	02	32.37 1:09.53	1:48.45	2:26.04	2:26.04	
Filipe Pedro, FERREIRA	00	29.18 1:02.60	1:37.92	2:13.15	2:13.15	

Prova 63	Femin., 4 x 100m Livres			Infantis (A+B)	
15-04-2018 - 13:03	Resultados				
Recorde Distrital INF A	4:22.81	DNMG	POR	Santo António dos Cavaleiros	01-03-2013
Recorde Distrital INF B	4:41.86	CNAL	POR	Leiria	01-03-2014
Recorde Distrital ABS	3:53.11	ADBA	POR	Leiria	01-12-2009

Pontos: FINA 2017

Lugar	Clube		Tempo final		PiPtos Taça	
1. Ba/Bomcar Infantil	Ba/Bomcar		4:31.22		441 24,00	
Maria Francisca, FROIS	06	33.45 1:10.47	Filipa Paiva, DINIS	06	31.95	1:07.74
Carlota Macedo, LAGOA	05	30.44 1:04.05	Maria Madalena, ALVES	06	32.60	1:08.96
2. Náutico Marinha Infantil	Nautico Marinha Grande		4:42.77		389 20,00	
Ariana Bento, CARAPINHA	06	30.79 1:04.81	Matilde Fernandes, BARQUINHA	06	35.31	1:13.73
Jessica Mendes, SANTOS	06	33.68 1:11.17	Maria Joao, ASCENSO	06	34.24	1:13.06
3. Alcobaça Infantil	Alcobaça		4:44.93		380 18,00	
Ana Francisca, SILVA	06	35.03 1:11.25	Rita Margarida, RODRIGUES	05	36.76	1:17.51
Maria Ines, MARQUES	05	34.11 1:10.46	Juliana Branco, REIS	05	31.05	1:05.71



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Prova 63, Femin., 4 x 100m Livres, Infantis (A+B)

Lugar	Clube	Tempo final	PIptos Taça
4.	Pimpões/ Cimai Infantil	4:53.16	349 16,00
	Margarida Marques, ARROJA 06 34.49 1:13.11 Sofia Simao, CUNHA 06 34.07 1:11.75		
	Beatriz Luz, MARTINS 06 37.97 1:19.46 Rosa Branca, LOPES 05 31.85 1:08.84		
5.	Núcleo de Pombal Infantil	5:20.72	267 14,00
	Leonor Verissimo, FARIA 06 34.91 1:12.18 Rafaela Santos, PALHAIS 06 38.16 1:20.95		
	Dalila Leal, BERNARDINO 06 37.76 1:18.95 Constanca Lemos, MONTEIRO 05 42.92 1:28.64		

Prova 64 Masc., 4 x 100m Livres Infantis (A+B)
15-04-2018 - 13:10 Resultados

Recorde Distrital INF A	3:53.56	SANDL	POR	Abrantes	01-03-2017
Recorde Distrital INF B	4:12.84	ADBA	POR	Mealhada	01-03-2017
Recorde Distrital ABS	3:30.32	ADBA	POR	Mealhada	01-12-2011

Pontos: FINA 2017

Lugar	Clube	Tempo final	PIptos Taça
1.	Ba/Bomcar Infantil	3:55.03	474 24,00
	Nuno Marques, SILVA 04 29.30 1:00.92 Rodrigo Miguel, REIS 04 27.24 57.65		
	Vitor Belo, CLARA 04 28.22 59.01 Ricardo Morais, FARIA 04 27.12 57.45		
2.	Náutico Marinha Infantil	4:11.73	386 20,00
	Miguel Fernandes, OLIVEIRA 05 29.26 1:00.27 Duarte Gil, SALVADOR 04 30.07 1:04.44		
	Tomas Amor, SARREIRA 05 29.34 1:02.81 Afonso Manuel, ASCENSO 05 30.97 1:04.21		
3.	Alcobaça Infantil	4:28.78	317 18,00
	Vasco Peixoto, OLIVEIRA 04 30.73 1:04.83 Antonio Iuri, LADYKA 05 32.98 1:09.56		
	Daniel Jose, FERNANDES 04 32.37 1:08.83 Daniel, TSYKAL 04 31.73 1:05.56		
4.	Pimpões/ Cimai Infantil	4:53.14	244 16,00
	Joao Tomas, MADRUGO 04 29.36 1:01.91 Leonardo Martins, GONCALVES 04 35.95 1:16.69		
	Eduardo Firmino, MIRANDA 05 37.56 1:20.34 Sergiu, CERLAT 05 35.14 1:14.20		