

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

1 - 1ª Jornada - Sessão da Manhã

01-07-2017 - 9:30

Prova 1	Masc., 1500m Livres				Infantil B MASC
01-07-2017 - 9:30					Resultados
Rec. Nacional Absoluto	15:15.12	Guilherme Filipe, PINA	SCP	Coimbra	30-03-2017
Rec. Nacional INF B	17:21.58	Pedro Fontoura, OLIVEIRA	CFB	Restelo	27-07-2003
TAC INF B MASC : 23:16.39					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Vitor Belo, CLARA	04	Bairro dos Anjos/Bomcar	18:54.41	+0,99
	50m: 33.30 33.30	450m: 5:36.15 38.70	850m: 10:44.00 38.86	1250m: 15:49.33 37.93	
	100m: 1:10.73 37.43	500m: 6:14.26 38.11	900m: 11:22.66 38.66	1300m: 16:27.41 38.08	
	150m: 1:48.62 37.89	550m: 6:52.48 38.22	950m: 12:00.10 37.44	1350m: 17:05.28 37.87	
	200m: 2:26.51 37.89	600m: 7:30.94 38.46	1000m: 12:38.59 38.49	1400m: 17:43.49 38.21	
	250m: 3:04.08 37.57	650m: 8:09.21 38.27	1050m: 13:16.80 38.21	1450m: 18:20.09 36.60	
	300m: 3:42.22 38.14	700m: 8:48.23 39.02	1100m: 13:55.04 38.24	1500m: 18:54.41 34.32	
	350m: 4:19.36 37.14	750m: 9:26.28 38.05	1150m: 14:33.16 38.12		
	400m: 4:57.45 38.09	800m: 10:05.14 38.86	1200m: 15:11.40 38.24		
2.	Gustavo Pires, MARQUES	04	Fundacao Beatriz Santos	19:10.64	+0,78
	50m: 33.21 33.21	450m: 5:36.88 38.86	850m: 10:46.76 38.72	1250m: 15:59.20 39.36	
	100m: 1:10.12 36.91	500m: 6:15.41 38.53	900m: 11:25.42 38.66	1300m: 16:38.09 38.89	
	150m: 1:48.59 38.47	550m: 6:54.52 39.11	950m: 12:04.31 38.89	1350m: 17:17.07 38.98	
	200m: 2:26.02 37.43	600m: 7:33.01 38.49	1000m: 12:43.13 38.82	1400m: 17:55.51 38.44	
	250m: 3:03.94 37.92	650m: 8:12.07 39.06	1050m: 13:22.60 39.47	1450m: 18:33.67 38.16	
	300m: 3:41.57 37.63	700m: 8:50.46 38.39	1100m: 14:01.87 39.27	1500m: 19:10.64 36.97	
	350m: 4:19.64 38.07	750m: 9:29.35 38.89	1150m: 14:41.12 39.25		
	400m: 4:58.02 38.38	800m: 10:08.04 38.69	1200m: 15:19.84 38.72		
3.	Pedro Duarte, JESUS	04	Galitos / Bresimar	19:51.55	+0,84
	50m: 33.79 33.79	450m: 5:55.21 40.79	850m: 11:18.85 39.86	1250m: 16:39.97 40.17	
	100m: 1:12.61 38.82	500m: 6:35.53 40.32	900m: 11:59.86 41.01	1300m: 17:19.07 39.10	
	150m: 1:51.74 39.13	550m: 7:16.36 40.83	950m: 12:39.79 39.93	1350m: 17:58.34 39.27	
	200m: 2:31.80 40.06	600m: 7:57.08 40.72	1000m: 13:20.97 41.18	1400m: 18:37.80 39.46	
	250m: 3:11.93 40.13	650m: 8:37.65 40.57	1050m: 14:00.77 39.80	1450m: 19:16.10 38.30	
	300m: 3:52.67 40.74	700m: 9:17.76 40.11	1100m: 14:40.13 39.36	1500m: 19:51.55 35.45	
	350m: 4:33.75 41.08	750m: 9:58.48 40.72	1150m: 15:19.89 39.76		
	400m: 5:14.42 40.67	800m: 10:38.99 40.51	1200m: 15:59.80 39.91		
4.	Dinis Miranda, DIOGO	04	Condeixa Clube	19:53.24	+0,42
	50m: 33.17 33.17	600m: 7:52.54 1:21.22	950m: 12:35.77 40.76	1300m: 17:18.44 39.50	
	100m: 1:11.67 38.50	650m: 8:33.51 40.97	1000m: 13:17.00 41.23	1400m: 18:37.82 1:19.38	
	200m: 2:30.19 1:18.52	700m: 9:13.49 39.98	1050m: 15:18.23 2:01.23	1500m: 19:53.24 1:15.42	
	300m: 3:49.63 1:19.44	750m: 9:53.60 40.11	1100m: 14:38.89		
	400m: 5:10.59 1:20.96	800m: 10:33.46 39.86	1200m: 15:59.43 1:20.54		
	500m: 6:31.32 1:20.73	900m: 11:55.01 1:21.55	1250m: 16:38.94 39.51		
5.	Francisco Almeida, SANTOS	04	Nautico /Urgicentro-Sanfil	19:54.05	
	50m: 33.96 33.96	450m: 5:49.93 40.53	850m: 11:12.77 40.72	1250m: 16:36.02 40.78	
	100m: 1:11.95 37.99	500m: 6:30.35 40.42	900m: 11:52.92 40.15	1300m: 17:16.07 40.05	
	150m: 1:51.32 39.37	550m: 7:10.77 40.42	950m: 12:33.84 40.92	1350m: 17:56.17 40.10	
	200m: 2:30.27 38.95	600m: 7:50.84 40.07	1000m: 13:13.85 40.01	1400m: 18:35.89 39.72	
	250m: 3:10.10 39.83	650m: 8:31.28 40.44	1050m: 13:54.80 40.95	1450m: 19:16.02 40.13	
	300m: 3:49.54 39.44	700m: 9:11.42 40.14	1100m: 14:34.59 39.79	1500m: 19:54.05 38.03	
	350m: 4:29.79 40.25	750m: 9:52.35 40.93	1150m: 15:15.41 40.82		
	400m: 5:09.40 39.61	800m: 10:32.05 39.70	1200m: 15:55.24 39.83		
6.	Daniel, TSYKAL	04	Alcobaca	20:14.26	
	50m: 36.16 36.16	450m: 6:03.11 41.63	850m: 11:30.77 41.40	1250m: 16:55.65 40.64	
	100m: 1:16.35 40.19	500m: 6:43.36 40.25	900m: 12:11.20 40.43	1300m: 17:35.96 40.31	
	150m: 1:57.34 40.99	550m: 7:24.28 40.92	950m: 12:52.41 41.21	1350m: 18:16.37 40.41	
	200m: 2:38.34 41.00	600m: 8:05.11 40.83	1000m: 13:32.92 40.51	1400m: 18:56.61 40.24	
	250m: 3:19.36 41.02	650m: 8:46.45 41.34	1050m: 14:13.83 40.91	1450m: 19:35.87 39.26	
	300m: 4:00.04 40.68	700m: 9:27.36 40.91	1100m: 14:54.28 40.45	1500m: 20:14.26 38.39	
	350m: 4:41.03 40.99	750m: 10:08.19 40.83	1150m: 15:34.96 40.68		
	400m: 5:21.48 40.45	800m: 10:49.37 41.18	1200m: 16:15.01 40.05		

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 1, Masc., 1500m Livres

Prova 1 Masc., 1500m Livres Infantil A MASC
01-07-2017 - 9:30 Resultados

Rec. Nacional Absoluto	15:15.12	Guilherme Filipe, PINA	SCP	Coimbra	30-03-2017
Rec. Nacional INF A	16:43.48	Pedro Fontoura, OLIVEIRA	CFB	Rio Maior	19-06-2004

TAC INF A MASC : 22:06.57

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Martim Miranda, MACHADO	03	Nautico /Urgicentro-Sanfil	17:49.88	+0,69
	50m: 32.11 32.11	450m: 5:17.43 35.92	850m: 10:03.90 35.75	1250m: 14:52.41 36.44	
	100m: 1:07.14 35.03	500m: 5:53.40 35.97	900m: 10:39.78 35.88	1300m: 15:28.67 36.26	
	150m: 1:42.86 35.72	550m: 6:28.95 35.55	950m: 11:15.63 35.85	1350m: 16:05.28 36.61	
	200m: 2:18.34 35.48	600m: 7:04.77 35.82	1000m: 11:51.64 36.01	1400m: 16:41.26 35.98	
	250m: 2:53.99 35.65	650m: 7:40.76 35.99	1050m: 12:27.21 35.57	1450m: 17:16.95 35.69	
	300m: 3:29.91 35.92	700m: 8:16.42 35.66	1100m: 13:03.49 36.28	1500m: 17:49.88 32.93	
	350m: 4:05.66 35.75	750m: 8:52.16 35.74	1150m: 13:39.87 36.38		
	400m: 4:41.51 35.85	800m: 9:28.15 35.99	1200m: 14:15.97 36.10		
2.	Vitor Teixeira, OLIVEIRA	03	Columbofila Cantanhedense	18:03.12	
	50m: 32.26 32.26	450m: 5:19.13 36.48	850m: 10:08.39 35.64	1250m: 15:00.68 36.75	
	100m: 1:07.62 35.36	500m: 5:55.47 36.34	900m: 10:44.38 35.99	1300m: 15:37.42 36.74	
	150m: 1:43.42 35.80	550m: 6:31.95 36.48	950m: 11:20.84 36.46	1350m: 16:14.18 36.76	
	200m: 2:18.82 35.40	600m: 7:08.13 36.18	1000m: 11:57.53 36.69	1400m: 16:50.91 36.73	
	250m: 2:54.66 35.84	650m: 7:44.48 36.35	1050m: 12:33.97 36.44	1450m: 17:27.39 36.48	
	300m: 3:30.45 35.79	700m: 8:20.63 36.15	1100m: 13:10.66 36.69	1500m: 18:03.12 35.73	
	350m: 4:06.76 36.31	750m: 8:56.79 36.16	1150m: 13:47.43 36.77		
	400m: 4:42.65 35.89	800m: 9:32.75 35.96	1200m: 14:23.93 36.50		
3.	Afonso Filipe, COSTA	03	Naval da Nazare	18:42.20	+0,79
	50m: 32.29 32.29	450m: 5:29.36 38.86	850m: 10:33.48 38.61	1250m: 15:35.71 38.19	
	100m: 1:07.70 35.41	500m: 6:07.43 38.07	900m: 11:11.07 37.59	1300m: 16:12.81 37.10	
	150m: 1:44.31 36.61	550m: 6:46.34 38.91	950m: 11:49.20 38.13	1350m: 16:51.49 38.68	
	200m: 2:20.24 35.93	600m: 7:23.57 37.23	1000m: 12:26.50 37.30	1400m: 17:29.06 37.57	
	250m: 2:57.94 37.70	650m: 8:00.96 37.39	1050m: 13:04.79 38.29	1450m: 18:06.93 37.87	
	300m: 3:35.08 37.14	700m: 8:38.88 37.92	1100m: 13:42.08 37.29	1500m: 18:42.20 35.27	
	350m: 4:12.82 37.74	750m: 9:17.31 38.43	1150m: 14:20.02 37.94		
	400m: 4:50.50 37.68	800m: 9:54.87 37.56	1200m: 14:57.52 37.50		
4.	Goncalo Andre, GOMES	03	Condeixa Clube	19:25.98	+0,73
	50m: 33.05 33.05	450m: 5:44.95 39.84	850m: 11:00.72 39.53	1250m: 16:15.17 39.53	
	100m: 1:11.33 38.28	500m: 6:24.42 39.47	900m: 11:40.46 39.74	1300m: 16:54.32 39.15	
	150m: 1:49.96 38.63	550m: 7:04.03 39.61	950m: 12:18.94 38.48	1350m: 17:33.23 38.91	
	200m: 2:28.74 38.78	600m: 7:43.55 39.52	1000m: 12:58.29 39.35	1400m: 18:12.73 39.50	
	250m: 3:07.57 38.83	650m: 8:23.29 39.74	1050m: 13:37.51 39.22	1450m: 18:50.48 37.75	
	300m: 3:46.60 39.03	700m: 9:02.87 39.58	1100m: 14:16.75 39.24	1500m: 19:25.98 35.50	
	350m: 4:25.59 38.99	750m: 9:42.50 39.63	1150m: 14:56.60 39.85		
	400m: 5:05.11 39.52	800m: 10:21.19 38.69	1200m: 15:35.64 39.04		
5.	David Valdagua, COUTINHO	03	Columbofila Cantanhedense	19:36.73	+0,74
	50m: 32.87 32.87	450m: 5:43.12 39.97	850m: 11:01.04 39.53	1250m: 16:18.06 39.95	
	100m: 1:10.26 37.39	500m: 6:23.20 40.08	900m: 11:40.29 39.25	1300m: 16:58.50 40.44	
	150m: 1:48.64 38.38	550m: 7:03.16 39.96	950m: 12:19.70 39.41	1350m: 17:38.91 40.41	
	200m: 2:27.31 38.67	600m: 7:43.20 40.04	1000m: 12:59.38 39.68	1400m: 18:18.74 39.83	
	250m: 3:05.64 38.33	650m: 8:23.28 40.08	1050m: 13:39.30 39.92	1450m: 18:58.23 39.49	
	300m: 3:44.36 38.72	700m: 9:02.28 39.00	1100m: 14:18.69 39.39	1500m: 19:36.73 38.50	
	350m: 4:23.92 39.56	750m: 9:42.08 39.80	1150m: 14:59.00 40.31		
	400m: 5:03.15 39.23	800m: 10:21.51 39.43	1200m: 15:38.11 39.11		
6.	Joao Salvador, COELHO	03	O Crasto	20:10.41	
	50m: 36.39 36.39	450m: 6:03.63 42.27	850m: 11:31.90 41.52	1250m: 16:55.88 40.50	
	100m: 1:15.43 39.04	500m: 6:44.02 40.39	900m: 12:11.92 40.02	1300m: 17:35.06 39.18	
	150m: 1:57.18 41.75	550m: 7:25.64 41.62	950m: 12:53.87 41.95	1350m: 18:16.17 41.11	
	200m: 2:38.39 41.21	600m: 8:06.42 40.78	1000m: 13:33.98 40.11	1400m: 18:55.18 39.01	
	250m: 3:19.71 41.32	650m: 8:47.87 41.45	1050m: 14:15.36 41.38	1450m: 19:34.92 39.74	
	300m: 4:00.08 40.37	700m: 9:28.15 40.28	1100m: 14:55.09 39.73	1500m: 20:10.41 35.49	
	350m: 4:41.36 41.28	750m: 10:09.76 41.61	1150m: 15:35.54 40.45		
	400m: 5:21.36 40.00	800m: 10:50.38 40.62	1200m: 16:15.38 39.84		

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 1, Masc., 1500m Livres, Infantil A MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac
7.	Micael Kovalchuk, SOLODYUK	03	Natacao de Vagos	20:32.46	
	50m: 33.42 33.42 250m: 3:13.41 41.69 450m: 5:59.39 41.60 1450m: 19:53.19 40.27				
	100m: 1:10.83 37.41 300m: 3:54.55 41.14 500m: 6:40.81 41.42 1500m: 20:32.46 39.27				
	150m: 1:50.90 40.07 350m: 4:35.82 41.27 800m: 10:50.55 4:09.74				
	200m: 2:31.72 40.82 400m: 5:17.79 41.97 1400m: 19:12.92 8:22.37				
8.	Goncalo Pires, LOURENCO	03	Fundacao Beatriz Santos	20:50.37	
	50m: 35.14 35.14 450m: 6:03.64 41.59 850m: 11:41.06 42.83 1250m: 17:22.33 42.54				
	100m: 1:14.28 39.14 500m: 6:45.03 41.39 900m: 12:23.42 42.36 1300m: 18:04.56 42.23				
	150m: 1:54.86 40.58 550m: 7:27.01 41.98 950m: 13:06.26 42.84 1350m: 18:47.39 42.83				
	200m: 2:35.14 40.28 600m: 8:09.06 42.05 1000m: 13:48.62 42.36 1400m: 19:29.79 42.40				
	250m: 3:16.47 41.33 650m: 8:51.59 42.53 1050m: 14:31.96 43.34 1450m: 20:11.44 41.65				
	300m: 3:58.64 42.17 700m: 9:33.34 41.75 1100m: 15:14.36 42.40 1500m: 20:50.37 38.93				
	350m: 4:40.35 41.71 750m: 10:15.74 42.40 1150m: 15:57.74 43.38				
	400m: 5:22.05 41.70 800m: 10:58.23 42.49 1200m: 16:39.79 42.05				
9.	Guilherme Tomas, SILVA	03	Campinho	22:34.02	
	<i>FTL</i>				
	50m: 38.20 38.20 450m: 6:35.85 45.88 850m: 12:46.23 46.63 1250m: 18:55.75 46.06				
	100m: 1:21.11 42.91 500m: 7:20.87 45.02 900m: 13:33.44 47.21 1300m: 19:40.06 44.31				
	150m: 2:05.11 44.00 550m: 8:08.73 47.86 950m: 14:19.80 46.36 1350m: 20:24.01 43.95				
	200m: 2:49.18 44.07 600m: 8:55.14 46.41 1000m: 15:06.47 46.67 1400m: 21:06.76 42.75				
	250m: 3:34.50 45.32 650m: 9:41.36 46.22 1050m: 15:53.19 46.72 1450m: 21:51.11 44.35				
	300m: 4:19.63 45.13 700m: 10:27.95 46.59 1100m: 16:38.46 45.27 1500m: 22:34.02 42.91				
	350m: 5:04.26 44.63 750m: 11:14.04 46.09 1150m: 17:23.94 45.48				
	400m: 5:49.97 45.71 800m: 11:59.60 45.56 1200m: 18:09.69 45.75				

Prova 2

Femin., 800m Livres

Infantil B FEM

01-07-2017 - 10:15

Resultados

Rec. Nacional Absoluto	8:36.21	Tamila Hryhorivna, HOLUB	SCB	Coimbra	28-05-2016
Rec. Nacional INF B	9:30.42	Filipa Vilas, RUIVO	DNMG	S. João da Madeira	25-07-2009
TAC INF B FEM :	12:33.81				

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Carolina Miranda, FERNANDES	05	Galitos / Bresimar	10:00.25	+0,66
	50m: 31.75 31.75 250m: 3:01.25 38.25 450m: 5:33.70 38.44 650m: 8:08.04 38.55				
	100m: 1:07.64 35.89 300m: 3:38.99 37.74 500m: 6:12.90 39.20 700m: 8:46.85 38.81				
	150m: 1:45.30 37.66 350m: 4:17.13 38.14 550m: 6:50.93 38.03 750m: 9:24.95 38.10				
	200m: 2:23.00 37.70 400m: 4:55.26 38.13 600m: 7:29.49 38.56 800m: 10:00.25 35.30				
2.	Manuela Paccola, JUNQUEIRA	05	Columbofila Cantanhedense	10:32.06	+0,91
	50m: 34.70 34.70 250m: 3:15.98 40.79 450m: 5:55.69 40.07 650m: 8:35.61 40.27				
	100m: 1:13.99 39.29 300m: 3:56.19 40.21 500m: 6:35.49 39.80 700m: 9:15.38 39.77				
	150m: 1:54.47 40.48 350m: 4:35.94 39.75 550m: 7:15.51 40.02 750m: 9:55.01 39.63				
	200m: 2:35.19 40.72 400m: 5:15.62 39.68 600m: 7:55.34 39.83 800m: 10:32.06 37.05				
3.	Ana Matos, CABRAL	05	Nautico /Urgicentro-Sanfil	10:39.37	+0,77
	50m: 34.43 34.43 250m: 3:13.48 40.41 450m: 5:57.06 41.19 650m: 8:40.85 41.15				
	100m: 1:12.97 38.54 300m: 3:54.01 40.53 500m: 6:37.53 40.47 700m: 9:21.42 40.57				
	150m: 1:53.21 40.24 350m: 4:34.92 40.91 550m: 7:18.93 41.40 750m: 10:01.45 40.03				
	200m: 2:33.07 39.86 400m: 5:15.87 40.95 600m: 7:59.70 40.77 800m: 10:39.37 37.92				
4.	Beatriz Pereira, MARQUES	05	Columbofila Cantanhedense	10:49.51	+0,99
	50m: 36.72 36.72 250m: 3:15.61 39.77 450m: 5:59.12 41.14 650m: 8:45.31 41.30				
	100m: 1:15.86 39.14 300m: 3:55.87 40.26 500m: 6:40.83 41.71 700m: 9:27.64 42.33				
	150m: 1:56.08 40.22 350m: 4:36.67 40.80 550m: 7:22.74 41.91 750m: 10:08.17 40.53				
	200m: 2:35.84 39.76 400m: 5:17.98 41.31 600m: 8:04.01 41.27 800m: 10:49.51 41.34				
5.	Mariana Carmo, ROSA	05	Louzan Natacao	11:02.79	
	50m: 37.03 37.03 250m: 3:23.18 41.36 450m: 6:12.81 42.21 650m: 9:00.05 41.08				
	100m: 1:18.56 41.53 300m: 4:06.00 42.82 500m: 6:55.43 42.62 700m: 9:40.69 40.64				
	150m: 2:00.01 41.45 350m: 4:47.93 41.93 550m: 7:36.67 41.24 750m: 10:22.24 41.55				
	200m: 2:41.82 41.81 400m: 5:30.60 42.67 600m: 8:18.97 42.30 800m: 11:02.79 40.55				

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 2, Femin., 800m Livres, Infantil B FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
6.	Beatriz Sa, GAMA	05	Nautico /Urgicentro-Sanfil	11:32.82	+0,83
	50m: 35.92 35.92	250m: 3:30.49 44.08	450m: 6:26.64 43.76	650m: 9:23.33 43.20	
	100m: 1:18.69 42.77	300m: 4:14.83 44.34	500m: 7:11.77 45.13	700m: 10:07.94 44.61	
	150m: 2:02.26 43.57	350m: 4:58.17 43.34	550m: 7:55.62 43.85	750m: 10:50.41 42.47	
	200m: 2:46.41 44.15	400m: 5:42.88 44.71	600m: 8:40.13 44.51	800m: 11:32.82 42.41	
7.	Juliana Branco, REIS	05	Alcobaca	11:39.26	+0,96
	50m: 38.53 38.53	250m: 3:38.20 44.88	450m: 6:37.56 45.59	650m: 9:40.59 45.98	
	100m: 1:23.02 44.49	300m: 4:23.24 45.04	500m: 7:23.57 46.01	700m: 10:24.98 44.39	
	150m: 2:09.30 46.28	350m: 5:07.77 44.53	550m: 8:09.56 45.99	750m: 11:08.98 44.00	
	200m: 2:53.32 44.02	400m: 5:51.48 43.71	600m: 8:54.61 45.05	800m: 11:51.91 42.93	
8.	Ana Roque, FIGUEIREDO	05	Columbofila Cantanhedense	11:50.76	+0,80
	50m: 37.83 37.83	250m: 3:34.12 45.24	450m: 6:35.04 45.96	650m: 9:36.78 45.80	
	100m: 1:20.69 42.86	300m: 4:18.37 44.25	500m: 7:20.36 45.32	700m: 10:22.56 45.78	
	150m: 2:05.44 44.75	350m: 5:04.16 45.79	550m: 8:05.94 45.58	750m: 11:07.73 45.17	
	200m: 2:48.88 43.44	400m: 5:49.08 44.92	600m: 8:50.98 45.04	800m: 11:50.76 43.03	
9.	Anita Barreto, DUQUE	05	Columbofila Cantanhedense	11:51.91	+0,50
	50m: 37.96 37.96	250m: 3:36.28 45.26	450m: 6:37.56 45.59	650m: 9:40.59 45.98	
	100m: 1:21.22 43.26	300m: 4:20.88 44.60	500m: 7:23.57 46.01	700m: 10:24.98 44.39	
	150m: 2:06.27 45.05	350m: 5:06.49 45.61	550m: 8:09.56 45.99	750m: 11:08.98 44.00	
	200m: 2:51.02 44.75	400m: 5:51.97 45.48	600m: 8:54.61 45.05	800m: 11:51.91 42.93	

Prova 2 Femin., 800m Livres Infantil A FEM
01-07-2017 - 10:15 Resultados

Rec. Nacional Absoluto	8:36.21	Tamila Hryhorivna, HOLUB	SCB	Coimbra	28-05-2016
Rec. Nacional INF A	9:14.85	Alexandra Maria, SILVA	POR	Skovde (SWE)	10-08-1980
TAC INF A FEM :	12:07.36				

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Maria Lopes, AMADO	04	Bairro dos Anjos/Bomcar	9:59.61	+0,80
	50m: 33.45 33.45	250m: 3:05.20 38.16	450m: 5:37.23 37.57	650m: 8:07.28 37.37	
	100m: 1:10.47 37.02	300m: 3:43.70 38.50	500m: 6:14.85 37.62	700m: 8:44.86 37.58	
	150m: 1:48.68 38.21	350m: 4:21.83 38.13	550m: 6:52.29 37.44	750m: 9:22.95 38.09	
	200m: 2:27.04 38.36	400m: 4:59.66 37.83	600m: 7:29.91 37.62	800m: 9:59.61 36.66	
2.	Beatriz Nunes, CARDEAL	04	Academico Viseu	10:03.24	
	50m: 33.42 33.42	250m: 3:05.54 38.57	450m: 5:38.24 38.30	650m: 8:11.29 38.43	
	100m: 1:10.25 36.83	300m: 3:43.63 38.09	500m: 6:16.19 37.95	700m: 8:49.46 38.17	
	150m: 1:48.88 38.63	350m: 4:22.31 38.68	550m: 6:54.48 38.29	750m: 9:27.14 37.68	
	200m: 2:26.97 38.09	400m: 4:59.94 37.63	600m: 7:32.86 38.38	800m: 10:03.24 36.10	
3.	Ana Carolina, MONTEIRO	04	Nautico /Urgicentro-Sanfil	10:15.88	+0,79
	50m: 33.01 33.01	250m: 3:06.81 38.81	450m: 5:43.59 38.67	650m: 8:20.28 39.07	
	100m: 1:10.17 37.16	300m: 3:46.92 40.11	500m: 6:22.87 39.28	700m: 8:59.84 39.56	
	150m: 1:48.80 38.63	350m: 4:25.79 38.87	550m: 7:01.93 39.06	750m: 9:37.80 37.96	
	200m: 2:28.00 39.20	400m: 5:04.92 39.13	600m: 7:41.21 39.28	800m: 10:15.88 38.08	
4.	Joana Francisca, RODRIGUES	04	Nautico /Urgicentro-Sanfil	10:20.79	
	50m: 34.07 34.07	250m: 3:11.40 39.55	450m: 5:46.06 39.84	650m: 8:26.69 39.41	
	100m: 1:13.04 38.97	300m: 3:50.53 39.13	500m: 6:27.62 39.05	700m: 9:06.31 39.62	
	150m: 1:52.91 39.87	350m: 4:25.98 39.88	550m: 7:06.76 40.19	750m: 9:46.02 39.71	
	200m: 2:31.85 38.94	400m: 5:09.05 1:18.52	600m: 7:46.58 38.96	800m: 10:20.79 1:54.81	
		450m: 5:48.57 39.52	650m: 8:25.98 39.40		
5.	Carolina Carreira, DIAS	04	Columbofila Cantanhedense	10:23.99	+0,84
	50m: 33.31 33.31	250m: 3:06.22 38.49	450m: 5:46.06 39.84	650m: 8:26.69 39.41	
	100m: 1:10.34 37.03	300m: 3:46.10 39.88	500m: 6:26.57 40.51	700m: 9:06.31 39.62	
	150m: 1:48.63 38.29	350m: 4:25.98 39.88	550m: 7:06.76 40.19	750m: 9:46.02 39.71	
	200m: 2:27.73 39.10	400m: 5:06.22 40.24	600m: 7:47.28 40.52	800m: 10:23.99 37.97	
6.	Maria Joao, REIS	04	Nautico Marinha Grande	10:33.72	+0,79
	50m: 34.69 34.69	250m: 3:14.85 40.45	450m: 5:55.75 40.78	650m: 8:36.87 40.95	
	100m: 1:13.50 38.81	300m: 3:54.07 39.22	500m: 6:35.80 40.05	700m: 9:16.37 39.50	
	150m: 1:54.01 40.51	350m: 4:34.98 40.91	550m: 7:16.04 40.24	750m: 9:55.50 39.13	
	200m: 2:34.40 40.39	400m: 5:14.97 39.99	600m: 7:55.92 39.88	800m: 10:33.72 38.22	

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 2, Femin., 800m Livres, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
7.	Alexandra Cordeiro, SILVA	04	Alcobaca	10:43.40	
	50m: 35.45 35.45	250m: 3:17.39	40.80	450m: 6:02.18	41.51
	100m: 1:15.09 39.64	300m: 3:58.41	41.02	500m: 6:43.00	40.82
	150m: 1:55.80 40.71	350m: 4:39.82	41.41	550m: 7:23.95	40.95
	200m: 2:36.59 40.79	400m: 5:20.67	40.85	600m: 8:03.88	39.93
				650m: 8:44.13	40.25
				700m: 9:24.85	40.72
				750m: 10:04.58	39.73
				800m: 10:43.40	38.82
8.	Marta Monteiro, PEREIRA	04	O Crasto	10:49.32	+0,87
	100m: 1:13.42 1:13.42	300m: 3:59.22	1:22.47	600m: 8:09.50	1:23.61
	150m: 1:55.46 42.04	400m: 5:22.31	1:23.09	700m: 9:31.85	1:22.35
	200m: 2:36.75 41.29	500m: 6:45.89	1:23.58	800m: 10:49.32	1:17.47
9.	Leonor Horta, COSTA	04	Nautico /Urgicentro-Sanfil	10:54.48	
	50m: 34.95 34.95	250m: 3:18.25	40.90	450m: 6:04.53	41.04
	100m: 1:14.95 40.00	300m: 4:00.07	41.82	500m: 6:46.74	42.21
	150m: 1:55.62 40.67	350m: 4:41.25	41.18	550m: 7:27.76	41.02
	200m: 2:37.35 41.73	400m: 5:23.49	42.24	600m: 8:10.63	42.87
				650m: 8:51.59	40.96
				700m: 9:33.22	41.63
				750m: 10:13.78	40.56
				800m: 10:54.48	40.70
10.	Maria Ines, SILVA	04	Alcobaca	10:57.39	+1,06
	50m: 36.21 36.21	250m: 3:22.43	41.45	450m: 6:10.85	42.04
	100m: 1:17.13 40.92	300m: 4:04.71	42.28	500m: 6:53.20	42.35
	150m: 1:58.92 41.79	350m: 4:47.08	42.37	550m: 7:35.88	42.68
	200m: 2:40.98 42.06	400m: 5:28.81	41.73	600m: 8:17.62	41.74
				650m: 8:58.55	40.93
				700m: 9:37.76	39.21
				750m: 10:17.86	40.10
				800m: 10:57.39	39.53
11.	Leonor Correia, CUNHA	04	Condeixa Clube	11:02.81	+0,80
	50m: 35.87 35.87	250m: 3:19.81	41.59	450m: 6:06.50	41.91
	100m: 1:15.78 39.91	300m: 4:01.11	41.30	500m: 6:48.73	42.23
	150m: 1:57.04 41.26	350m: 4:42.93	41.82	550m: 7:31.32	42.59
	200m: 2:38.22 41.18	400m: 5:24.59	41.66	600m: 8:15.01	43.69
				650m: 8:58.22	43.21
				700m: 9:39.92	41.70
				750m: 10:22.17	42.25
				800m: 11:02.81	40.64
12.	Carla Sandrina, FERREIRA	04	O Crasto	11:11.65	+1,15
	50m: 35.71 35.71	250m: 3:23.82	42.51	450m: 6:16.34	44.17
	100m: 1:16.50 40.79	300m: 4:07.28	43.46	500m: 6:59.72	43.38
	150m: 1:59.53 43.03	350m: 4:49.53	42.25	550m: 7:42.23	42.51
	200m: 2:41.31 41.78	400m: 5:32.17	42.64	600m: 8:24.73	42.50
				650m: 9:07.66	42.93
				700m: 9:50.13	42.47
				750m: 10:31.51	41.38
				800m: 11:11.65	40.14
13.	Beatriz Borges, LOURA	04	Campinho	11:24.80	+0,95
	50m: 36.73 36.73	250m: 3:28.39	43.21	450m: 6:22.45	43.64
	100m: 1:18.69 41.96	300m: 4:12.01	43.62	500m: 7:06.01	43.56
	150m: 2:01.91 43.22	350m: 4:55.29	43.28	550m: 7:49.22	43.21
	200m: 2:45.18 43.27	400m: 5:38.81	43.52	600m: 8:32.95	43.73
				650m: 9:16.38	43.43
				700m: 10:00.18	43.80
				750m: 10:43.53	43.35
				800m: 11:24.80	41.27
14.	Daniela Filipa, ABREU	04	Campinho	11:27.59	
	50m: 35.91 35.91	250m: 3:29.93	43.80	450m: 6:25.30	43.73
	100m: 1:19.23 43.32	300m: 4:13.41	43.48	500m: 7:09.06	43.76
	150m: 2:03.19 43.96	350m: 4:57.82	44.41	550m: 7:52.84	43.78
	200m: 2:46.13 42.94	400m: 5:41.57	43.75	600m: 8:36.70	43.86
				650m: 9:20.09	43.39
				700m: 10:04.14	44.05
				750m: 10:45.90	41.76
				800m: 11:27.59	41.69
15.	Mariana Goncalves, FONSECA	04	Nautico Marinha Grande	11:32.11	+0,93
	50m: 35.49 35.49	250m: 3:29.50	43.41	450m: 6:25.67	44.01
	100m: 1:17.66 42.17	300m: 4:12.97	43.47	500m: 7:09.35	43.68
	150m: 2:02.03 44.37	350m: 4:57.75	44.78	550m: 7:53.48	44.13
	200m: 2:46.09 44.06	400m: 5:41.66	43.91	600m: 8:37.77	44.29
				650m: 9:20.09	1:28.01
				700m: 10:05.78	43.23
				750m: 10:49.01	43.10
				800m: 11:32.11	43.10
16.	Catarina Rodrigues, SILVA	04	Naval de Peniche	11:41.02	
	50m: 36.77 36.77	250m: 3:33.14	45.23	450m: 7:17.36	1:29.28
	100m: 1:19.61 42.84	300m: 4:18.09	44.95	500m: 8:07.52	1:30.16
	150m: 2:03.18 43.57	350m: 5:03.90	45.81	600m: 8:47.52	1:30.16
	200m: 2:47.91 44.73	400m: 5:48.08	44.18	650m: 9:32.48	44.96
				700m: 10:17.41	44.93
				750m: 11:00.89	43.48
				800m: 11:41.02	40.13
DNS	Matilde Alves, FLORENCIO	04	Fundacao Beatriz Santos		
DNS	Joana Farto, PEDRO	04	Vieirense		

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 3 Masc., 400m Livres Infantil B MASC
01-07-2017 - 10:50 Resultados

Rec. Nacional Absoluto 3:52.29 Jorge Manuel, MAIA POR Málaga (ESP) 05-04-2009
Rec. Nacional INF B 4:28.42 Pedro Fontoura, OLIVEIRA CFB Restelo 26-07-2003

TAC INF B MASC : 5:46.02

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Jose Diogo, DIAS	04	Fundacao Beatriz Santos	4:38.96	+0,87
	50m: 31.42 31.42	150m: 1:40.11 34.39	250m: 2:51.44 36.03	350m: 4:03.80 36.21	
	100m: 1:05.72 34.30	200m: 2:15.41 35.30	300m: 3:27.59 36.15	400m: 4:38.96 35.16	
2.	Diogo Matos, RIBEIRO	04	Nautico /Urgicentro-Sanfil	4:43.62	+0,69
	50m: 31.64 31.64	150m: 1:44.56 37.43	250m: 2:58.79 37.61	350m: 4:11.23 35.01	
	100m: 1:07.13 35.49	200m: 2:21.18 36.62	300m: 3:36.22 37.43	400m: 4:43.62 32.39	
3.	Rodrigo Miguel, REIS	04	Bairro dos Anjos/Bomcar	4:47.85	
	50m: 32.48 32.48	150m: 1:46.89 37.88	250m: 3:00.91 36.87	350m: 4:14.49 36.44	
	100m: 1:09.01 36.53	200m: 2:24.04 37.15	300m: 3:38.05 37.14	400m: 4:47.85 33.36	
4.	Ricardo Morais, FARIA	04	Bairro dos Anjos/Bomcar	4:48.98	+0,84
	50m: 32.85 32.85	150m: 1:47.34 37.98	250m: 3:01.83 36.98	350m: 4:15.31 36.15	
	100m: 1:09.36 36.51	200m: 2:24.85 37.51	300m: 3:39.16 37.33	400m: 4:48.98 33.67	
5.	Joao Afonso, ANTUNES	04	Galitos / Bresimar	4:49.03	
	50m: 30.66 30.66	150m: 1:42.48 36.18	250m: 2:57.84 37.28	350m: 4:12.91 36.89	
	100m: 1:06.30 35.64	200m: 2:20.56 38.08	300m: 3:36.02 38.18	400m: 4:49.03 36.12	
6.	Goncalo Brites, MOITA	04	Nautico /Urgicentro-Sanfil	4:49.10	+0,71
	50m: 32.61 32.61	150m: 1:47.71 38.33	250m: 3:02.35 36.97	350m: 4:15.76 36.10	
	100m: 1:09.38 36.77	200m: 2:25.38 37.67	300m: 3:39.66 37.31	400m: 4:49.10 33.34	
7.	Nuno Marques, SILVA	04	Bairro dos Anjos/Bomcar	4:51.55	+0,87
	50m: 32.96 32.96	150m: 1:47.64 37.93	250m: 3:02.20 37.19	350m: 4:16.44 37.01	
	100m: 1:09.71 36.75	200m: 2:25.01 37.37	300m: 3:39.43 37.23	400m: 4:51.55 35.11	
8.	Luis Pedro, PINTO	04	Sporting de Aveiro	4:59.44	+0,76
	50m: 32.76 32.76	150m: 1:48.80 38.44	250m: 3:07.42 38.86	350m: 4:25.01 38.42	
	100m: 1:10.36 37.60	200m: 2:28.56 39.76	300m: 3:46.59 39.17	400m: 4:59.44 34.43	
9.	Tiago Maia, PEREIRA	04	Sporting de Aveiro	5:03.11	
	50m: 33.71 33.71	150m: 1:50.57 39.04	250m: 3:08.84 39.23	350m: 4:26.81 38.82	
	100m: 1:11.53 37.82	200m: 2:29.61 39.04	300m: 3:47.99 39.15	400m: 5:03.11 36.30	
10.	Tiberius Sebastian, NEAGU	04	Academico Viseu	5:05.69	
	50m: 34.31 34.31	200m: 2:31.07 1:19.28	400m: 5:05.69 1:15.31		
	100m: 1:11.79 37.48	300m: 3:50.38 1:19.31			
11.	Vasco Silva, SOUSA	04	Bairro dos Anjos/Bomcar	5:05.78	+0,92
	50m: 33.98 33.98	150m: 1:52.74 39.86	250m: 3:09.46 37.35	350m: 4:27.39 38.89	
	100m: 1:12.88 38.90	200m: 2:32.11 39.37	300m: 3:48.50 39.04	400m: 5:05.78 38.39	
12.	Guilherme Silva, CASTANHEIRA	04	Bairro dos Anjos/Bomcar	5:07.98	+0,93
	50m: 33.91 33.91	150m: 1:52.06 39.82	250m: 3:12.12 40.03	350m: 4:31.11 38.61	
	100m: 1:12.24 38.33	200m: 2:32.09 40.03	300m: 3:52.50 40.38	400m: 5:07.98 36.87	
13.	Alexandre Viegas, MARTINS	04	Nautico /Urgicentro-Sanfil	5:10.35	
	50m: 32.29 32.29	150m: 1:48.24 38.73	250m: 3:08.68 39.75	350m: 4:30.34 39.72	
	100m: 1:09.51 37.22	200m: 2:28.93 40.69	300m: 3:50.62 41.94	400m: 5:10.35 40.01	
14.	Filipe Santos, CARDOSO	04	Gafanha da Encarnacao	5:12.27	+0,69
	50m: 34.97 34.97	150m: 1:55.06 39.97	250m: 3:16.87 40.49	350m: 4:37.24 38.92	
	100m: 1:15.09 40.12	200m: 2:36.38 41.32	300m: 3:58.32 41.45	400m: 5:12.27 35.03	
15.	Joao Gabriel, ANICETO	04	Bairro dos Anjos/Bomcar	5:13.21	
	50m: 35.71 35.71	150m: 1:56.69 40.78	250m: 3:16.47 39.24	350m: 4:36.36 39.02	
	100m: 1:15.91 40.20	200m: 2:37.23 40.54	300m: 3:57.34 40.87	400m: 5:13.21 36.85	
16.	Goncalo Daniel, OLIVEIRA	04	Fundacao Beatriz Santos	5:14.24	+0,84
	50m: 35.65 35.65	150m: 1:55.98 40.22	250m: 3:16.12 40.20	350m: 4:36.86 40.83	
	100m: 1:15.76 40.11	200m: 2:35.92 39.94	300m: 3:56.03 39.91	400m: 5:14.24 37.38	

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 3, Masc., 400m Livres, Infantil B MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac
17.	Tiago Andre, POIARES	04	Fundacao Beatriz Santos	5:16.27	+0,60
	100m: 1:14.68 1:14.68	200m: 2:35.67 1:20.99	300m: 3:57.31 1:21.64	400m: 5:16.27 1:18.96	
18.	Rafael Alves, CAMPOS	04	S. Pedro Alva	5:17.49	+0,77
	50m: 34.74 34.74	150m: 1:55.22 40.49	250m: 3:18.56 41.39	350m: 4:39.90 38.74	
	100m: 1:14.73 39.99	200m: 2:37.17 41.95	300m: 4:01.16 42.60	400m: 5:17.49 37.59	
19.	Rui Tomas, CABRAL	04	Academico Viseu	5:19.91	+0,82
	50m: 34.51 34.51	150m: 1:55.70 41.19	250m: 3:19.38 41.88	350m: 4:42.41 41.19	
	100m: 1:14.51 40.00	200m: 2:37.50 41.80	300m: 4:01.22 41.84	400m: 5:19.91 37.50	
20.	Pedro Miguel, FLORIDO	04	Fundacao Beatriz Santos	5:19.94	
	50m: 34.70 34.70	150m: 1:55.66 40.76	250m: 3:18.63 41.80	350m: 4:40.71 40.16	
	100m: 1:14.90 40.20	200m: 2:36.83 41.17	300m: 4:00.55 41.92	400m: 5:19.94 39.23	
21.	Francisco Ferreira, ALMEIDA	04	Sporting de Espinho	5:20.52	+1,16
	50m: 35.87 35.87	150m: 1:58.93 42.68	250m: 3:21.90 41.61	350m: 4:43.77 40.74	
	100m: 1:16.25 40.38	200m: 2:40.29 41.36	300m: 4:03.03 41.13	400m: 5:20.52 36.75	
22.	Guilherme Pinho, DOMINGOS	04	Louzan Natacao	5:21.09	+0,50
	50m: 33.88 33.88	150m: 1:54.22 41.82	250m: 3:18.04 42.59	350m: 4:42.15 41.31	
	100m: 1:12.40 38.52	200m: 2:35.45 41.23	300m: 4:00.84 42.80	400m: 5:21.09 38.94	
23.	Alexandre Piteira, GAIOLAS	04	Nautico Marinha Grande	5:23.82	+0,51
	50m: 34.90 34.90	150m: 1:56.58 41.67	250m: 3:20.77 41.63	350m: 4:44.43 41.44	
	100m: 1:14.91 40.01	200m: 2:39.14 42.56	300m: 4:02.99 42.22	400m: 5:23.82 39.39	
24.	Tiago Diniz, LIMA	04	Estarreja	5:25.92	
	50m: 36.33 36.33	150m: 1:59.32 42.12	250m: 3:22.95 41.69	350m: 4:47.09 41.51	
	100m: 1:17.20 40.87	200m: 2:41.26 41.94	300m: 4:05.58 42.63	400m: 5:25.92 38.83	
25.	Duarte Gil, SALVADOR	04	Nautico Marinha Grande	5:29.58	
	50m: 35.73 35.73	150m: 1:58.81 41.93	250m: 3:24.20 42.84	350m: 4:49.70 42.27	
	100m: 1:16.88 41.15	200m: 2:41.36 42.55	300m: 4:07.43 43.23	400m: 5:29.58 39.88	
26.	Joao Tomas, MADRUGO	04	Pimpoes/Cimai	5:30.79	+0,77
	50m: 33.06 33.06	150m: 1:54.28 42.18	250m: 3:21.15 43.88	350m: 4:50.52 44.63	
	100m: 1:12.10 39.04	200m: 2:37.27 42.99	300m: 4:05.89 44.74	400m: 5:30.79 40.27	
27.	Jose Pedro, CAROLA	04	Gafanha da Encarnacao	5:33.83	
	50m: 38.61 38.61	150m: 2:04.21 43.19	250m: 3:29.53 41.73	350m: 4:54.67 42.45	
	100m: 1:21.02 42.41	200m: 2:47.80 43.59	300m: 4:12.22 42.69	400m: 5:33.83 39.16	
28.	Bernardo Rodrigues, TAVARES	04	Galitos / Bresimar	5:34.97	+0,90
	50m: 36.09 36.09	150m: 1:59.32 42.18	250m: 3:24.98 42.45	350m: 4:51.90 43.53	
	100m: 1:17.14 41.05	200m: 2:42.53 43.21	300m: 4:08.37 43.39	400m: 5:34.97 43.07	
29.	Ricardo Gabriel, OLIVEIRA	04	Estarreja	5:41.67	
	50m: 38.39 38.39	150m: 2:04.22 43.96	250m: 3:31.49 43.80	350m: 4:59.49 43.80	
	100m: 1:20.26 41.87	200m: 2:47.69 43.47	300m: 4:15.69 44.20	400m: 5:41.67 42.18	
30.	Ricardo Pedrosa, SOARES	04	Vieirense	5:45.01	+0,74
	50m: 38.59 38.59	150m: 2:05.02 43.59	250m: 3:33.35 43.70	350m: 5:01.63 43.82	
	100m: 1:21.43 42.84	200m: 2:49.65 44.63	300m: 4:17.81 44.46	400m: 5:45.01 43.38	
31.	Daniel Jose, FERNANDES	04	Alcobaca	5:45.65	+0,72
	50m: 38.33 38.33	150m: 2:07.29 45.32	250m: 3:36.44 44.23	350m: 5:05.74 44.05	
	100m: 1:21.97 43.64	200m: 2:52.21 44.92	300m: 4:21.69 45.25	400m: 5:45.65 39.91	
32.	Joao Filipe, ROCHA	04	Sporting de Espinho	5:45.72	+0,71
	50m: 35.64 35.64	150m: 2:05.21 45.44	250m: 3:35.57 44.96	350m: 5:04.57 44.01	
	100m: 1:19.77 44.13	200m: 2:50.61 45.40	300m: 4:20.56 44.99	400m: 5:45.72 41.15	
33.	Diogo Alves, ARCANJO FTL	04	Nautico /Urgicentro-Sanfil	5:54.16	+0,73
	50m: 37.30 37.30	150m: 2:08.68 47.41	250m: 3:40.46 47.92	350m: 5:11.08 43.08	
	100m: 1:21.27 43.97	200m: 2:52.54 43.86	300m: 4:28.00 47.54	400m: 5:54.16 43.08	

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 3, Masc., 400m Livres, Infantil B MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac
34.	Afonso Corte-Real, GRILO <i>FTL</i>	04	Condeixa Clube	6:05.75	
	50m: 39.65 39.65	200m: 2:57.01 1:33.01	300m: 4:32.90 49.09	400m: 6:05.75	46.03
	100m: 1:24.00 44.35	250m: 3:43.81 46.80	350m: 5:19.72 46.82		

Prova 3 Masc., 400m Livres Infantil A MASC
01-07-2017 - 10:50 Resultados

Rec. Nacional Absoluto	3:52.29	Jorge Manuel, MAIA	POR	Málaga (ESP)	05-04-2009
Rec. Nacional INF A	4:15.99	Pedro Fontoura, OLIVEIRA	CFB	Badajoz (ESP)	11-07-2004

TAC INF A MASC : 5:28.72

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Ricardo Lopes, SILVA	03	Nautico Marinha Grande	4:34.17	+0,87
	50m: 29.32 29.32	150m: 1:37.37 34.92	250m: 2:48.41 35.49	350m: 3:59.53 35.61	
	100m: 1:02.45 33.13	200m: 2:12.92 35.55	300m: 3:23.92 35.51	400m: 4:34.17 34.64	
2.	David, MARTYN	03	Benedita	4:38.62	+0,62
	50m: 30.46 30.46	150m: 1:41.51 36.10	300m: 3:30.20 1:12.66	400m: 4:38.62 32.67	
	100m: 1:05.41 34.95	200m: 2:17.54 36.03	350m: 4:05.95 35.75		
3.	Manuel Cruz, FARDILHA	03	Galitos / Bresimar	4:40.46	+0,84
	50m: 31.73 31.73	150m: 1:42.74 36.28	250m: 2:54.51 35.84	350m: 4:06.75 35.91	
	100m: 1:06.46 34.73	200m: 2:18.67 35.93	300m: 3:30.84 36.33	400m: 4:40.46 33.71	
4.	Guilherme Mendes, SOUSA	03	Nautico Marinha Grande	4:41.33	+0,80
	50m: 31.50 31.50	150m: 1:43.03 36.43	250m: 2:56.66 36.89	350m: 4:07.96 35.57	
	100m: 1:06.60 35.10	200m: 2:19.77 36.74	300m: 3:32.39 35.73	400m: 4:41.33 33.37	
5.	Ricardo Ferreira, MENDES	03	Estamos Juntos	4:43.67	+0,93
	50m: 31.21 31.21	150m: 1:42.71 36.73	250m: 2:56.79 37.11	350m: 4:11.17 36.98	
	100m: 1:05.98 34.77	200m: 2:19.68 36.97	300m: 3:34.19 37.40	400m: 4:43.67 32.50	
6.	Tomas Soares, FERREIRA	03	Estarreja	4:43.79	+0,67
	50m: 31.79 31.79	150m: 1:43.40 35.99	250m: 2:56.64 36.61	350m: 4:09.49 36.09	
	100m: 1:07.41 35.62	200m: 2:20.03 36.63	300m: 3:33.40 36.76	400m: 4:43.79 34.30	
7.	Joao Antonio, OLIVEIRA	03	Estarreja	4:44.22	
	100m: 1:07.42 1:07.42	200m: 2:20.34 36.97	350m: 4:10.50 36.64		
	150m: 1:43.37 35.95	300m: 3:33.86 1:13.52	400m: 4:44.22 33.72		
8.	Goncalo Seixas, FERREIRA	03	Academico Viseu	4:45.70	+0,84
	50m: 32.02 32.02	150m: 1:43.82 36.84	250m: 2:57.45 37.30	350m: 4:10.87 36.61	
	100m: 1:06.98 34.96	200m: 2:20.15 36.33	300m: 3:34.26 36.81	400m: 4:45.70 34.83	
9.	Joao Jose, SILVA	03	Bairro dos Anjos/Bomcar	4:46.18	+0,86
	50m: 31.80 31.80	150m: 1:43.11 36.14	250m: 2:57.12 37.39	350m: 4:10.46 36.61	
	100m: 1:06.97 35.17	200m: 2:19.73 36.62	300m: 3:33.85 36.73	400m: 4:46.18 35.72	
10.	David Ferreira, RELVAS	03	Nautico Marinha Grande	4:46.61	+0,70
	50m: 30.96 30.96	150m: 1:42.99 36.99	250m: 2:57.11 36.50	350m: 4:11.39 37.29	
	100m: 1:06.00 35.04	200m: 2:20.61 37.62	300m: 3:34.10 36.99	400m: 4:46.61 35.22	
11.	Renato Miguel, CARVALHO	03	Galitos / Bresimar	4:50.36	+0,74
	50m: 32.71 32.71	150m: 1:44.87 36.55	250m: 2:59.41 37.25	350m: 4:14.29 37.78	
	100m: 1:08.32 35.61	200m: 2:22.16 37.29	300m: 3:36.51 37.10	400m: 4:50.36 36.07	
12.	Joao Francisco, CARDOSO	03	Galitos / Bresimar	4:50.38	+0,73
	50m: 31.65 31.65	150m: 1:43.55 36.37	250m: 2:58.28 37.24	350m: 4:14.27 38.25	
	100m: 1:07.18 35.53	200m: 2:21.04 37.49	300m: 3:36.02 37.74	400m: 4:50.38 36.11	
13.	Manuel Baptista, SIMOES	03	Nautico /Urgicentro-Sanfil	4:52.77	
	50m: 31.52 31.52	150m: 1:44.32 37.14	250m: 2:59.65 37.49	350m: 4:16.27 38.58	
	100m: 1:07.18 35.66	200m: 2:22.16 37.84	300m: 3:37.69 38.04	400m: 4:52.77 36.50	
14.	Filipe Apostolo, GASPAS	03	Freguesia de Paiao	4:55.63	
	50m: 33.52 33.52	150m: 1:46.23 37.09	250m: 3:02.64 38.17	350m: 4:18.83 37.65	
	100m: 1:09.14 35.62	200m: 2:24.47 38.24	300m: 3:41.18 38.54	400m: 4:55.63 36.80	

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 3, Masc., 400m Livres, Infantil A MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac
15.	Silvio Miguel, BULHOSA	03	Estamos Juntos	4:58.22	+0,97
	50m: 32.48 32.48	150m: 1:47.74 38.31	250m: 3:04.94 38.53	350m: 4:21.94 38.60	
	100m: 1:09.43 36.95	200m: 2:26.41 38.67	300m: 3:43.34 38.40	400m: 4:58.22 36.28	
16.	Jorge Miguel, GONCALVES	03	Sporting de Aveiro	4:58.66	+0,73
	50m: 33.03 33.03	150m: 1:48.42 38.18	250m: 3:05.41 38.57	350m: 4:22.16 38.01	
	100m: 1:10.24 37.21	200m: 2:26.84 38.42	300m: 3:44.15 38.74	400m: 4:58.66 36.50	
17.	Artur, YURCHUK	03	Hoquei Mealhada/ CA	4:59.37	+0,78
	50m: 32.29 32.29	150m: 1:45.69 37.16	250m: 3:03.29 38.95	350m: 4:22.01 39.19	
	100m: 1:08.53 36.24	200m: 2:24.34 38.65	300m: 3:42.82 39.53	400m: 4:59.37 37.36	
18.	Gabriel Alexandre, PINHO	03	Feirense	5:00.09	+0,70
	100m: 1:09.37 1:09.37	250m: 3:05.96 38.99	400m: 5:00.09 1:16.67		
	200m: 2:26.97 1:17.60	300m: 3:43.42 37.46			
19.	Joao Octavio, TEIXEIRA	03	Galitos / Bresimar	5:00.38	+0,71
	50m: 32.74 32.74	150m: 1:49.26 38.89	250m: 3:08.29 39.20	350m: 4:24.74 38.26	
	100m: 1:10.37 37.63	200m: 2:29.09 39.83	300m: 3:46.48 38.19	400m: 5:00.38 35.64	
20.	Rafael Pinto, SANTOS	03	Feirense	5:03.88	+0,82
	50m: 32.92 32.92	150m: 1:48.42 38.92	250m: 3:06.07 38.80	350m: 4:25.37 39.89	
	100m: 1:09.50 36.58	200m: 2:27.27 38.85	300m: 3:45.48 39.41	400m: 5:03.88 38.51	
21.	Valentino Garvasyuk, PLESHKAN	03	Nautico Marinha Grande	5:04.51	
	50m: 33.26 33.26	150m: 1:50.95 39.84	250m: 3:09.24 39.10	350m: 4:26.86 39.03	
	100m: 1:11.11 37.85	200m: 2:30.14 39.19	300m: 3:47.83 38.59	400m: 5:04.51 37.65	
22.	Rafael Domingues, SA	03	Natacao de Vagos	5:04.97	+0,42
	50m: 33.55 33.55	150m: 1:51.05 39.62	250m: 3:10.35 39.65	350m: 4:28.23 38.05	
	100m: 1:11.43 37.88	200m: 2:30.70 39.65	300m: 3:50.18 39.83	400m: 5:04.97 36.74	
23.	Alexandre Miguel, BRAS	03	S. Pedro Alva	5:05.75	+0,78
	50m: 31.58 31.58	150m: 1:47.10 38.67	250m: 3:07.47 40.63	350m: 4:28.35 40.23	
	100m: 1:08.43 36.85	200m: 2:26.84 39.74	300m: 3:48.12 40.65	400m: 5:05.75 37.40	
24.	Bruno Francisco, GONCALVES	03	Nautico Marinha Grande	5:08.68	
	50m: 35.14 35.14	150m: 1:54.89 40.91	250m: 3:13.86 38.74	350m: 4:31.85 39.11	
	100m: 1:13.98 38.84	200m: 2:35.12 40.23	300m: 3:52.74 38.88	400m: 5:08.68 36.83	
25.	Diogo Dio, NORBERTO	03	O Crasto	5:08.76	+0,82
	50m: 32.50 32.50	150m: 1:48.79 38.82	250m: 3:09.31 40.16	350m: 4:30.39 40.25	
	100m: 1:09.97 37.47	200m: 2:29.15 40.36	300m: 3:50.14 40.83	400m: 5:08.76 38.37	
26.	Roberto Pinho, SANTOS	03	Estamos Juntos	5:09.79	+0,87
	50m: 32.70 32.70	150m: 1:51.55 40.12	250m: 3:11.56 40.31	350m: 4:30.96 40.37	
	100m: 1:11.43 38.73	200m: 2:31.25 39.70	300m: 3:50.59 39.03	400m: 5:09.79 38.83	
27.	Bernardo Jorge, VENTURA	03	Infante de Montemor	5:11.09	+0,53
	50m: 34.52 34.52	200m: 2:30.77 1:18.63	400m: 5:11.09 1:18.76		
	100m: 1:12.14 37.62	300m: 3:52.33 1:21.56			
28.	Joao Pedro, VIDAL	03	Vieirense	5:12.01	
	50m: 33.41 33.41	150m: 1:54.93 40.57	250m: 3:15.37 39.91	350m: 4:35.35 38.75	
	100m: 1:14.36 40.95	200m: 2:35.46 40.53	300m: 3:56.60 41.23	400m: 5:12.01 36.66	
29.	Jose Antonio, PARADELA	03	Bairro dos Anjos/Bomcar	5:16.57	
	50m: 33.25 33.25	150m: 1:50.26 39.20	250m: 3:11.86 40.57	350m: 4:36.38 41.92	
	100m: 1:11.06 37.81	200m: 2:31.29 41.03	300m: 3:54.46 42.60	400m: 5:16.57 40.19	
30.	Joao Tiago, JESUS	03	Estarreja	5:16.68	+0,68
	50m: 32.51 32.51	150m: 1:50.49 40.26	250m: 3:12.76 41.41	350m: 4:36.16 41.83	
	100m: 1:10.23 37.72	200m: 2:31.35 40.86	300m: 3:54.33 41.57	400m: 5:16.68 40.52	
31.	Hugo Neves, SUCENA	03	Alges e Agueda XXI	5:17.50	+0,70
	50m: 33.49 33.49	150m: 1:53.24 41.11	250m: 3:13.35 39.86	350m: 4:37.35 42.68	
	100m: 1:12.13 38.64	200m: 2:33.49 40.25	300m: 3:54.67 41.32	400m: 5:17.50 40.15	
32.	David Almeida, GAMEIRO	03	Nucleo de Pombal	5:19.77	+0,78
	50m: 34.69 34.69	150m: 1:53.33 40.40	250m: 3:16.99 41.64	350m: 4:40.07 41.01	
	100m: 1:12.93 38.24	200m: 2:35.35 42.02	300m: 3:59.06 42.07	400m: 5:19.77 39.70	

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 3, Masc., 400m Livres, Infantil A MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac		
33.	Joao Pedro, FERREIRA	03	Academico Viseu	5:21.04	+0,76		
	50m: 38.23 38.23	150m: 1:59.93	41.56	250m: 3:21.91	41.49	350m: 4:43.80	41.00
	100m: 1:18.37 40.14	200m: 2:40.42	40.49	300m: 4:02.80	40.89	400m: 5:21.04	37.24
34.	Gustavo Oliveira, MARQUES	03	Sporting de Espinho	5:25.35	+0,83		
	50m: 34.64 34.64	150m: 1:55.45	41.24	250m: 3:19.27	42.18	350m: 4:43.93	42.27
	100m: 1:14.21 39.57	200m: 2:37.09	41.64	300m: 4:01.66	42.39	400m: 5:25.35	41.42
DNS	David Emanuel, TOME	03	Hoquei Mealhada/ CA				

Prova 4

Femin., 400m Livres

Infantil B FEM

01-07-2017 - 11:40

Resultados

Rec. Nacional Absoluto	4:13.34	Diana Margarida, DURAES	FCP	Oeiras	12-03-2016
Rec. Nacional INF B	4:43.70	Alexandra Maria, SILVA	FCP	Funchal	27-07-1979
TAC INF B FEM : 6:07.77					

Lugar	Nome	Ano	Clube	Tempo Final	TReac		
1.	Marisa Isabel, NOBRE	05	Columbofila Cantanhedense	4:58.96	+0,84		
	50m: 33.34 33.34	150m: 1:49.01	38.13	250m: 3:06.04	38.77	350m: 4:22.48	37.88
	100m: 1:10.88 37.54	200m: 2:27.27	38.26	300m: 3:44.60	38.56	400m: 4:58.96	36.48
2.	Carlota Macedo, LAGOA	05	Bairro dos Anjos/Bomcar	5:08.43	+0,89		
	50m: 35.59 35.59	150m: 1:52.86	39.17	250m: 3:12.20	39.59	350m: 4:30.17	38.74
	100m: 1:13.69 38.10	200m: 2:32.61	39.75	300m: 3:51.43	39.23	400m: 5:08.43	38.26
3.	Beatriz Ferreira, LOISAS	05	Columbofila Cantanhedense	5:12.00	+0,87		
	50m: 34.80 34.80	150m: 1:52.79	39.59	250m: 3:13.22	40.49	350m: 4:33.79	40.15
	100m: 1:13.20 38.40	200m: 2:32.73	39.94	300m: 3:53.64	40.42	400m: 5:12.00	38.21
4.	Lara Rodrigues, VASCONCELOS	05	Galitos / Bresimar	5:12.51	+0,54		
	50m: 34.73 34.73	150m: 1:53.01	39.08	250m: 3:12.19	40.17	350m: 4:33.07	40.43
	100m: 1:13.93 39.20	200m: 2:32.02	39.01	300m: 3:52.64	40.45	400m: 5:12.51	39.44
5.	Maria Carolina, ALMEIDA	05	Galitos / Bresimar	5:17.81			
	50m: 35.84 35.84	150m: 1:55.06	40.61	250m: 3:16.65	40.87	350m: 4:37.63	40.22
	100m: 1:14.45 38.61	200m: 2:35.78	40.72	300m: 3:57.41	40.76	400m: 5:17.81	40.18
6.	Carolina Rei, PEREIRA	05	Natacao de Vagos	5:23.51	+1,00		
	50m: 35.15 35.15	150m: 1:56.57	41.43	250m: 3:21.59	43.07	350m: 4:44.75	40.92
	100m: 1:15.14 39.99	200m: 2:38.52	41.95	300m: 4:03.83	42.24	400m: 5:23.51	38.76
7.	Ines Silva, DIAS	05	Estarreja	5:30.33	+1,14		
	50m: 37.42 37.42	150m: 2:00.88	43.00	250m: 3:25.95	42.68	350m: 4:49.52	40.74
	100m: 1:17.88 40.46	200m: 2:43.27	42.39	300m: 4:08.78	42.83	400m: 5:30.33	40.81
8.	Ana Luisa, CARDOSO	05	Estarreja	5:31.77			
	50m: 35.95 35.95	150m: 1:59.77	42.32	250m: 3:25.51	42.44	350m: 4:51.21	42.35
	100m: 1:17.45 41.50	200m: 2:43.07	43.30	300m: 4:08.86	43.35	400m: 5:31.77	40.56
9.	Iara Filipa, DIAS	05	Naval de Peniche	5:35.49	+0,81		
	50m: 36.03 36.03	150m: 2:02.00	43.90	250m: 3:29.12	43.30	350m: 4:55.14	42.74
	100m: 1:18.10 42.07	200m: 2:45.82	43.82	300m: 4:12.40	43.28	400m: 5:35.49	40.35
10.	Maria Beatriz, DIAS	05	Sporting de Aveiro	5:36.51	+0,94		
	50m: 36.17 36.17	150m: 2:01.36	43.17	250m: 3:28.79	43.32	350m: 4:55.56	42.81
	100m: 1:18.19 42.02	200m: 2:45.47	44.11	300m: 4:12.75	43.96	400m: 5:36.51	40.95
11.	Rosa Branca, LOPES	05	Pimpoes/Cimai	5:36.86	+0,81		
	50m: 35.61 35.61	150m: 2:02.69	44.82	250m: 3:29.40	42.84	350m: 4:56.40	44.00
	100m: 1:17.87 42.26	200m: 2:46.56	43.87	300m: 4:12.40	43.00	400m: 5:36.86	40.46
12.	Beatriz Leal, ASCENSAO	05	Infante de Montemor	5:38.25	+0,82		
	50m: 38.67 38.67	150m: 2:05.02	43.91	250m: 3:31.93	44.02	350m: 4:58.67	43.73
	100m: 1:21.11 42.44	200m: 2:47.91	42.89	300m: 4:14.94	43.01	400m: 5:38.25	39.58

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 4, Femin., 400m Livres, Infantil B FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
13.	Joana Rosa, FERREIRA	05	Naval de Peniche	5:38.59	+0,90
	50m: 36.28 36.28	150m: 2:01.35 43.44	250m: 3:28.04 43.20	350m: 4:55.64 43.08	
	100m: 1:17.91 41.63	200m: 2:44.84 43.49	300m: 4:12.56 44.52	400m: 5:38.59 42.95	
14.	Leonor Ferreira, SEQUEIRA	05	Galitos / Bresimar	5:40.83	+0,83
	50m: 37.51 37.51	150m: 2:03.85 43.73	250m: 3:30.39 43.52	350m: 4:58.23 43.17	
	100m: 1:20.12 42.61	200m: 2:46.87 43.02	300m: 4:15.06 44.67	400m: 5:40.83 42.60	
15.	Carlota Wartburg, CASTRO	05	Academico Viseu	5:41.92	
	50m: 37.32 37.32	150m: 2:02.74 44.01	250m: 3:31.42 45.01	350m: 5:00.14 44.54	
	100m: 1:18.73 41.41	200m: 2:46.41 43.67	300m: 4:15.60 44.18	400m: 5:41.92 41.78	
16.	Maria Lucas, SANTOS	05	Condeixa Clube	5:42.98	+0,76
	50m: 37.15 37.15	150m: 2:07.38 46.28	250m: 3:36.62 43.76	350m: 5:03.97 43.70	
	100m: 1:21.10 43.95	200m: 2:52.86 45.48	300m: 4:20.27 43.65	400m: 5:42.98 39.01	
17.	Diana Carvalho, PINEU	05	Bairro dos Anjos/Bomcar	5:43.98	+0,99
	50m: 37.27 37.27	150m: 2:04.86 44.65	250m: 3:35.77 45.71	350m: 5:04.75 43.77	
	100m: 1:20.21 42.94	200m: 2:50.06 45.20	300m: 4:20.98 45.21	400m: 5:43.98 39.23	
18.	Lara Vicente, RIBEIRO	05	Louzan Natacao	5:48.30	+0,77
	50m: 38.86 38.86	150m: 2:07.07 44.25	250m: 3:36.42 44.78	350m: 5:06.50 44.27	
	100m: 1:22.82 43.96	200m: 2:51.64 44.57	300m: 4:22.23 45.81	400m: 5:48.30 41.80	
19.	Maria Ines, MARQUES	05	Alcobaca	5:50.50	
	100m: 1:23.07 1:23.07	200m: 2:54.03 45.77	400m: 5:50.50 1:25.71		
	150m: 2:08.26 45.19	300m: 4:24.79 1:30.76			
20.	Maria Fernandes, LOBO	05	Nautico /Urgicentro-Sanfil	5:54.86	
	50m: 39.81 39.81	150m: 2:10.35 45.50	250m: 3:41.65 45.77	350m: 5:12.88 46.53	
	100m: 1:24.85 45.04	200m: 2:55.88 45.53	300m: 4:26.35 44.70	400m: 5:54.86 41.98	
21.	Matilde Santos, CARDOSO	05	Fundacao Beatriz Santos	5:55.86	
	50m: 38.46 38.46	150m: 2:08.51 45.75	300m: 4:26.10 1:32.19	400m: 5:55.86 43.79	
	100m: 1:22.76 44.30	200m: 2:53.91 45.40	350m: 5:12.07 45.97		
22.	Camila Cavaleiro, SILVA	05	Columbofila Cantanhedense	5:56.97	+0,65
	50m: 37.11 37.11	150m: 2:06.82 45.74	250m: 3:38.19 45.47	350m: 5:11.30 47.01	
	100m: 1:21.08 43.97	200m: 2:52.72 45.90	300m: 4:24.29 46.10	400m: 5:56.97 45.67	
23.	Sara Andreia, SERRAO	05	Naval de Peniche	5:57.37	
	50m: 38.41 38.41	150m: 2:10.34 46.35	250m: 3:43.00 46.50	350m: 5:14.98 45.35	
	100m: 1:23.99 45.58	200m: 2:56.50 46.16	300m: 4:29.63 46.63	400m: 5:57.37 42.39	
24.	Maria Silva, CARVALHO	05	Pimpoes/Cimai	6:04.84	+0,92
	50m: 39.46 39.46	150m: 2:10.49 46.17	250m: 3:44.23 47.01	350m: 5:18.91 46.31	
	100m: 1:24.32 44.86	200m: 2:57.22 46.73	300m: 4:32.60 48.37	400m: 6:04.84 45.93	
25.	Catarina Carmo, BELEM FTL	05	Naval de Peniche	6:10.70	+0,89
	50m: 39.77 39.77	150m: 2:15.67 48.99	250m: 3:51.80 48.45	350m: 5:27.15 47.70	
	100m: 1:26.68 46.91	200m: 3:03.35 47.68	300m: 4:39.45 47.65	400m: 6:10.70 43.55	
26.	Rita Margarida, RODRIGUES FTL	05	Alcobaca	6:10.72	+0,86
	50m: 40.32 40.32	150m: 2:14.62 48.12	250m: 3:49.65 47.26		
	100m: 1:26.50 46.18	200m: 3:02.39 47.77	400m: 6:10.72 2:21.07		
27.	Rita Lima, PIRES FTL	05	Nautico /Urgicentro-Sanfil	6:12.86	
	50m: 39.18 39.18	150m: 2:13.83 47.77	250m: 3:50.52 48.30	350m: 5:28.17 48.72	
	100m: 1:26.06 46.88	200m: 3:02.22 48.39	300m: 4:39.45 48.93	400m: 6:12.86 44.69	

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 4, Femin., 400m Livres

Prova 4 Femin., 400m Livres Infantil A FEM
01-07-2017 - 11:40 Resultados

Rec. Nacional Absoluto	4:13.34	Diana Margarida, DURAES	FCP	Oeiras	12-03-2016
Rec. Nacional INF A	4:31.53	Alexandra Maria, SILVA	POR	Skovde (SWE)	08-08-1980
TAC INF A FEM : 5:54.87					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Beatriz Ferreira, GASPAR	04	Individual ANCNP	4:47.63	+0,81
	50m: 32.32 32.32	150m: 1:45.21	36.98	250m: 2:58.40	36.57
	100m: 1:08.23 35.91	200m: 2:21.83	36.62	300m: 3:35.50	37.10
				350m: 4:12.22	36.72
				400m: 4:47.63	35.41
2.	Juliana Tavares, MAIA	04	Alges e Agueda XXI	5:03.44	+0,91
	50m: 33.65 33.65	150m: 1:50.09	38.22	250m: 3:09.48	39.72
	100m: 1:11.87 38.22	200m: 2:29.76	39.67	300m: 3:48.85	39.37
				350m: 4:27.13	38.28
				400m: 5:03.44	36.31
3.	Margarida Violante, VIANA	04	Bairro dos Anjos/Bomcar	5:05.57	
	50m: 35.35 35.35	150m: 1:52.35	38.29	250m: 3:10.03	38.58
	100m: 1:14.06 38.71	200m: 2:31.45	39.10	300m: 3:49.41	39.38
				350m: 4:27.90	38.49
				400m: 5:05.57	37.67
4.	Sofia Morais, FARIA	04	Bairro dos Anjos/Bomcar	5:05.96	+0,79
	100m: 1:12.42 1:12.42	200m: 2:31.79	1:19.37	300m: 3:50.91	1:19.12
				400m: 5:05.96	1:15.05
5.	Maria Francisca, ALVES	04	Bairro dos Anjos/Bomcar	5:06.17	+0,86
	50m: 34.55 34.55	150m: 1:51.19	39.31	250m: 3:10.82	40.32
	100m: 1:11.88 37.33	200m: 2:30.50	39.31	300m: 3:49.83	39.01
				400m: 5:06.17	37.13
6.	Bruna Silva, MOITEIRO	04	Nautico Marinha Grande	5:06.59	+0,90
	50m: 34.57 34.57	150m: 1:53.20	39.93	250m: 3:12.76	39.51
	100m: 1:13.27 38.70	200m: 2:33.25	40.05	300m: 3:52.22	39.46
				350m: 4:31.35	39.13
				400m: 5:06.59	35.24
7.	Maria Vieira, MARQUES	04	Natacao de Vagos	5:07.08	
	50m: 32.19 32.19	150m: 1:46.36	38.23	250m: 3:07.54	40.99
	100m: 1:08.13 35.94	200m: 2:26.55	40.19	300m: 3:47.96	40.42
				350m: 4:28.37	40.41
				400m: 5:07.08	38.71
8.	Constanca Alexandra, SILVA	04	Pimpoes/Cimai	5:07.21	+0,96
	50m: 34.23 34.23	150m: 1:52.63	39.75	250m: 3:12.52	39.76
	100m: 1:12.88 38.65	200m: 2:32.76	40.13	300m: 3:51.99	39.47
				350m: 4:30.73	38.74
				400m: 5:07.21	36.48
9.	Laura Macedo, LAGOA	04	Bairro dos Anjos/Bomcar	5:07.93	
	50m: 34.51 34.51	150m: 1:50.82	38.12	250m: 3:10.58	39.55
	100m: 1:12.70 38.19	200m: 2:31.03	40.21	300m: 3:50.81	40.23
				350m: 4:30.00	39.19
				400m: 5:07.93	37.93
10.	Sofia Viola, ABREU	04	Naval de Peniche	5:08.28	
	50m: 33.79 33.79	150m: 1:51.20	39.66	250m: 3:11.92	40.82
	100m: 1:11.54 37.75	200m: 2:31.10	39.90	300m: 3:51.86	39.94
				350m: 4:31.16	39.30
				400m: 5:08.28	37.12
11.	Jacinta Martins, VIANA	04	Natacao de Vagos	5:08.29	+0,45
	50m: 33.27 33.27	150m: 1:51.38	39.13	250m: 3:11.32	40.87
	100m: 1:12.25 38.98	200m: 2:30.45	39.07	300m: 3:51.80	40.48
				350m: 4:31.18	39.38
				400m: 5:08.29	37.11
12.	Rita Mendes, SIMOES	04	Bairro dos Anjos/Bomcar	5:09.85	+0,92
	50m: 35.06 35.06	150m: 1:53.58	39.50	250m: 3:13.17	39.60
	100m: 1:14.08 39.02	200m: 2:33.57	39.99	300m: 3:52.87	39.70
				350m: 4:31.50	38.63
				400m: 5:09.85	38.35
13.	Margarida Santos, LOPES	04	Estarreja	5:11.23	+0,57
	50m: 34.66 34.66	150m: 1:52.47	39.16	250m: 3:12.43	40.04
	100m: 1:13.31 38.65	200m: 2:32.39	39.92	300m: 3:52.78	40.35
				350m: 4:32.79	40.01
				400m: 5:11.23	38.44
14.	Sofia Neto, OLIVEIRA	04	Galitos / Bresimar	5:13.13	+0,72
	50m: 34.91 34.91	150m: 1:52.92	39.12	250m: 3:13.39	39.83
	100m: 1:13.80 38.89	200m: 2:33.56	40.64	300m: 3:54.16	40.77
				350m: 4:34.21	40.05
				400m: 5:13.13	38.92
15.	Mariana Silva, TAVARES	04	Estarreja	5:14.58	+0,86
	50m: 35.30 35.30	150m: 1:56.00	41.30	250m: 3:16.54	40.46
	100m: 1:14.70 39.40	200m: 2:36.08	40.08	300m: 3:57.20	40.66
				350m: 4:37.59	40.39
				400m: 5:14.58	36.99
16.	Ana Catarina, SILVA	04	Fundacao Beatriz Santos	5:15.53	+0,90
	50m: 35.27 35.27	150m: 1:55.40	40.27	250m: 3:15.68	39.91
	100m: 1:15.13 39.86	200m: 2:35.77	40.37	300m: 3:56.44	40.76
				350m: 4:36.61	40.17
				400m: 5:15.53	38.92

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 4, Femin., 400m Livres, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
17.	Eva Pinho, RESENDE	04	Estarreja	5:15.87	+0,83
	50m: 35.92 35.92	150m: 1:57.22 41.35	250m: 3:18.60 41.26	350m: 4:38.88 39.72	
	100m: 1:15.87 39.95	200m: 2:37.34 40.12	300m: 3:59.16 40.56	400m: 5:15.87 36.99	
18.	Renata Bandeira, SIMAO	04	Estarreja	5:16.05	+0,95
	50m: 35.28 35.28	150m: 1:55.42 40.44	250m: 3:16.81 40.76	350m: 4:38.27 40.78	
	100m: 1:14.98 39.70	200m: 2:36.05 40.63	300m: 3:57.49 40.68	400m: 5:16.05 37.78	
19.	Beatriz Santos, CORREIA	04	Academico Viseu	5:16.44	
	50m: 34.14 34.14	150m: 1:54.79 40.81	250m: 3:17.40 40.55	350m: 4:38.10 39.55	
	100m: 1:13.98 39.84	200m: 2:36.85 42.06	300m: 3:58.55 41.15	400m: 5:16.44 38.34	
20.	Joana Santos, COSTA	04	Galitos / Bresimar	5:17.73	+0,73
	50m: 34.89 34.89	150m: 1:54.88 40.50	250m: 3:16.91 41.10	350m: 4:38.60 40.91	
	100m: 1:14.38 39.49	200m: 2:35.81 40.93	300m: 3:57.69 40.78	400m: 5:17.73 39.13	
21.	Ana Correia, SOUSA	04	Pimpoes/Cimai	5:19.07	
	50m: 35.53 35.53	150m: 1:55.43 40.55	250m: 3:17.74 41.53	350m: 4:40.27 41.44	
	100m: 1:14.88 39.35	200m: 2:36.21 40.78	300m: 3:58.83 41.09	400m: 5:19.07 38.80	
22.	Maria Joao, CASTRO	04	Sporting de Aveiro	5:20.51	+0,89
	50m: 35.56 35.56	150m: 1:57.27 41.87	250m: 3:20.83 42.31	350m: 4:43.18 41.46	
	100m: 1:15.40 39.84	200m: 2:38.52 41.25	300m: 4:01.72 40.89	400m: 5:20.51 37.33	
23.	Ines Duarte, PAREDES	04	Clube de Vouzela	5:20.76	+0,86
	50m: 33.34 33.34	150m: 1:55.09 42.23	250m: 3:19.43 42.14	350m: 4:42.40 41.30	
	100m: 1:12.86 39.52	200m: 2:37.29 42.20	300m: 4:01.10 41.67	400m: 5:20.76 38.36	
24.	Marta Domingues, GAMEIRO	04	Nautico /Urgicentro-Sanfil	5:20.99	+0,72
	100m: 1:13.41 1:13.41	250m: 3:15.49 41.44	350m: 4:40.10 42.70		
	200m: 2:34.05 1:20.64	300m: 3:57.40 41.91	400m: 5:20.99 40.89		
25.	Beatriz Nogueira, PEREIRA	04	Infante de Montemor	5:23.39	+0,76
	50m: 35.63 35.63	150m: 1:56.25 41.05	250m: 3:19.27 41.63	350m: 4:43.91 42.27	
	100m: 1:15.20 39.57	200m: 2:37.64 41.39	300m: 4:01.64 42.37	400m: 5:23.39 39.48	
26.	Ines Beatriz, NEVES	04	Nucleo de Pombal	5:23.95	+0,81
	50m: 36.17 36.17	150m: 1:58.03 41.08	250m: 3:21.82 41.57	350m: 4:45.28 42.59	
	100m: 1:16.95 40.78	200m: 2:40.25 42.22	300m: 4:02.69 40.87	400m: 5:23.95 38.67	
27.	Daniela Portela, MENDES	04	Condeixa Clube	5:25.21	+0,44
	50m: 35.09 35.09	150m: 1:55.73 41.42	250m: 3:19.59 42.37	350m: 4:45.61 43.86	
	100m: 1:14.31 39.22	200m: 2:37.22 41.49	300m: 4:01.75 42.16	400m: 5:25.21 39.60	
28.	Ines Miguel, SILVA	04	Nautico Marinha Grande	5:25.93	
	50m: 35.83 35.83	150m: 1:58.89 42.40	250m: 3:22.86 42.24	350m: 4:46.35 42.59	
	100m: 1:16.49 40.66	200m: 2:40.62 41.73	300m: 4:03.76 40.90	400m: 5:25.93 39.58	
29.	Bruna Alexandra, GOMES	04	Bairro dos Anjos/Bomcar	5:27.16	+0,97
	50m: 36.67 36.67	150m: 2:00.16 42.77	250m: 3:23.21 41.40	350m: 4:46.72 41.50	
	100m: 1:17.39 40.72	200m: 2:41.81 41.65	300m: 4:05.22 42.01	400m: 5:27.16 40.44	
30.	Mafalda Vestia, FIDALGO	04	Nautico /Urgicentro-Sanfil	5:28.11	
	50m: 35.61 35.61	150m: 1:58.90 42.20	250m: 3:22.30 41.93	350m: 4:46.48 42.06	
	100m: 1:16.70 41.09	200m: 2:40.37 41.47	300m: 4:04.42 42.12	400m: 5:28.11 41.63	
31.	Andreia Clara, GOMES	04	Bairro dos Anjos/Bomcar	5:30.91	+0,81
	50m: 37.64 37.64	150m: 2:01.96 42.57	250m: 3:26.54 41.38	350m: 4:49.85 41.43	
	100m: 1:19.39 41.75	200m: 2:45.16 43.20	300m: 4:08.42 41.88	400m: 5:30.91 41.06	
32.	Ines Silva, MONTEIRO	04	Nautico Marinha Grande	5:31.35	+0,86
	50m: 36.97 36.97	150m: 2:00.17 42.26	250m: 3:25.08 42.03	350m: 4:50.13 41.31	
	100m: 1:17.91 40.94	200m: 2:43.05 42.88	300m: 4:08.82 43.74	400m: 5:31.35 41.22	
33.	Cintia Silva, VIEIRA	04	Freguesia de Paiao	5:32.52	+0,76
	100m: 1:17.60 1:17.60	200m: 2:43.46 42.84	400m: 5:32.52 1:22.87		
	150m: 2:00.62 43.02	300m: 4:09.65 1:26.19			
34.	Ines Dias, CRUZ	04	Fundacao Beatriz Santos	5:33.26	
	50m: 36.90 36.90	200m: 2:45.13 1:25.73	300m: 4:10.17 42.85	400m: 5:33.26 41.18	
	100m: 1:19.40 42.50	250m: 3:27.32 42.19	350m: 4:52.08 41.91		

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 4, Femin., 400m Livres, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac			
35.	Maria Eduarda, TRINDADE	04	Estamos Juntos	5:33.94	+0,86			
	50m: 35.45 35.45	150m: 1:58.76	42.60	250m: 3:25.15	43.93	350m: 4:52.26	43.62	
	100m: 1:16.16	40.71	200m: 2:41.22	42.46	300m: 4:08.64	43.49	400m: 5:33.94	41.68
36.	Rita Santos, MACHADO	04	Estamos Juntos	5:34.14				
	50m: 37.58 37.58	150m: 2:01.07	42.88	250m: 3:27.08	42.96	350m: 4:53.68	42.99	
	100m: 1:18.19	40.61	200m: 2:44.12	43.05	300m: 4:10.69	43.61	400m: 5:34.14	40.46
37.	Marta Cecilia, SANTOS	04	Estarreja	5:35.10	+0,94			
	50m: 36.67 36.67	150m: 2:01.55	43.86	250m: 3:30.10	44.10	350m: 4:55.39	43.04	
	100m: 1:17.69	41.02	200m: 2:46.00	44.45	300m: 4:12.35	42.25	400m: 5:35.10	39.71
38.	Ines Silva, FELIX	04	Sporting de Aveiro	5:35.79	+0,82			
	50m: 37.49 37.49	150m: 2:01.58	42.73	250m: 3:28.21	43.35	350m: 4:55.60	43.53	
	100m: 1:18.85	41.36	200m: 2:44.86	43.28	300m: 4:12.07	43.86	400m: 5:35.79	40.19
39.	Ana Filipa, SILVA	04	Infante de Montemor	5:37.73	+0,81			
	100m: 1:21.10	1:21.10	200m: 2:48.09	43.14	350m: 4:58.18	43.27		
	150m: 2:04.95	43.85	300m: 4:14.91	1:26.82	400m: 5:37.73	39.55		
40.	Francisca Bonifacio, ALVES	04	Bairro dos Anjos/Bomcar	5:46.92	+0,88			
	50m: 36.73 36.73	150m: 2:04.97	45.04	250m: 3:35.64	44.76	350m: 5:04.57	43.98	
	100m: 1:19.93	43.20	200m: 2:50.88	45.91	300m: 4:20.59	44.95	400m: 5:46.92	42.35
41.	Joana Carla, MARQUES	04	Fundacao Beatriz Santos	5:50.28	+0,86			
	50m: 38.96 38.96	150m: 2:06.71	44.74	250m: 3:36.31	45.16	350m: 5:06.34	45.54	
	100m: 1:21.97	43.01	200m: 2:51.15	44.44	300m: 4:20.80	44.49	400m: 5:50.28	43.94
42.	Mariana Soares, DUARTE FTL	04	Bairro dos Anjos/Bomcar	6:00.03	+0,85			
	50m: 39.58 39.58	150m: 2:10.32	46.46	250m: 3:43.37	46.51	350m: 5:15.54	45.79	
	100m: 1:23.86	44.28	200m: 2:56.86	46.54	300m: 4:29.75	46.38	400m: 6:00.03	44.49
DSQ	Diana Sofia, ABREU <i>Falsa partida</i>	04	Campinho		+0,66			
DSQ	Maria Martim, COUTINHO <i>a atleta rompeu a superfície da água após os 15 m</i>	04	Bairro dos Anjos/Bomcar		+0,84			
EXH	Catarina Nunes, ALMEIDA	04	Galitos / Bresimar	5:07.84	+0,82			
	50m: 34.32 34.32	150m: 1:52.10	39.89	250m: 3:11.23	40.12	350m: 4:30.34	39.15	
	100m: 1:12.21	37.89	200m: 2:31.11	39.01	300m: 3:51.19	39.96	400m: 5:07.84	37.50
EXH	Leonor Correia, PAIVA	04	Louzan Natacao	5:35.02	+0,76			
	50m: 37.04 37.04	150m: 2:01.69	43.06	250m: 3:29.43	43.95	350m: 4:55.13	41.94	
	100m: 1:18.63	41.59	200m: 2:45.48	43.79	300m: 4:13.19	43.76	400m: 5:35.02	39.89
EXH	Beatriz Gomes, MIGUEL	04	Pimpoes/Cimai	5:46.77	+0,74			
	50m: 37.63 37.63	150m: 2:06.22	44.65	250m: 3:35.49	44.05	350m: 5:04.93	44.43	
	100m: 1:21.57	43.94	200m: 2:51.44	45.22	300m: 4:20.50	45.01	400m: 5:46.77	41.84

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

2 - 1ª Jornada - Sessão da Tarde

01-07-2017 - 16:00

Prova 5	Femin., 100m Mariposa				Infantil B FEM
01-07-2017 - 16:00					Resultados
Rec. Nacional Absoluto	58.76	Sara Freitas, OLIVEIRA	POR	Budapeste (HUN)	12-08-2010
Rec. Nacional INF B	1:08.02	Ines Camacho, FERNANDES	SCP	S. João da Madeira	26-07-2009
TAC INF B FEM : 1:36.08					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Ana Matos, CABRAL	05	Nautico /Urgicentro-Sanfil	1:15.47	
	50m: 34.96 34.96	100m: 1:15.47	40.51		
2.	Beatriz Ferreira, LOISAS	05	Columbofila Cantanhedense	1:16.51	
	50m: 35.56 35.56	100m: 1:16.51	40.95		
3.	Maria Carolina, ALMEIDA	05	Galitos / Bresimar	1:19.05	
	50m: 36.64 36.64	100m: 1:19.05	42.41		
4.	Carolina Rei, PEREIRA	05	Natacao de Vagos	1:20.56	
	50m: 37.73 37.73	100m: 1:20.56	42.83		
5.	Ana Luisa, CARDOSO	05	Estarreja	1:20.64	
	50m: 38.37 38.37	100m: 1:20.64	42.27		
6.	Beatriz Pereira, MARQUES	05	Columbofila Cantanhedense	1:24.45	
	50m: 39.56 39.56	100m: 1:24.45	44.89		
7.	Ines Silva, DIAS	05	Estarreja	1:25.91	
	50m: 38.92 38.92	100m: 1:25.91	46.99		
8.	Carlota Wartburg, CASTRO	05	Academico Viseu	1:26.93	
	50m: 39.08 39.08	100m: 1:26.93	47.85		
9.	Soraia Carvalho, FERREIRA	05	Nautico Marinha Grande	1:30.50	
10.	Joana Rosa, FERREIRA	05	Naval de Peniche	1:31.30	
	50m: 41.72 41.72	100m: 1:31.30	49.58		
11.	Rita Margarida, RODRIGUES	05	Alcobaca	1:31.63	
	50m: 42.42 42.42	100m: 1:31.63	49.21		
12.	Helena Carolina, DINIS	05	Academica de Coimbra	1:42.02	
	<i>FTL</i>				
	50m: 43.67 43.67	100m: 1:42.02	58.35		

Prova 5	Femin., 100m Mariposa				Infantil A FEM
01-07-2017 - 16:00					Resultados
Rec. Nacional Absoluto	58.76	Sara Freitas, OLIVEIRA	POR	Budapeste (HUN)	12-08-2010
Rec. Nacional INF A	1:04.70	Ana Margarida, GUEDES	GCVR	Loulé	20-07-2014
TAC INF A FEM : 1:31.18					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Maria Vieira, MARQUES	04	Natacao de Vagos	1:09.39	
	50m: 31.83 31.83	100m: 1:09.39	37.56		
2.	Beatriz Ferreira, GASPAR	04	Individual ANCNP	1:11.80	
	50m: 33.45 33.45	100m: 1:11.80	38.35		
3.	Juliana Tavares, MAIA	04	Alges e Agueda XXI	1:14.65	
	50m: 35.44 35.44	100m: 1:14.65	39.21		
4.	Sofia Viola, ABREU	04	Naval de Peniche	1:15.42	
	50m: 35.00 35.00	100m: 1:15.42	40.42		
5.	Daniela Portela, MENDES	04	Condeixa Clube	1:18.09	
	50m: 35.53 35.53	100m: 1:18.09	42.56		

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 5, Femin., 100m Mariposa, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
6.	Ines Dias, CRUZ 50m: 37.60 37.60	04	Fundacao Beatriz Santos	1:18.26 100m: 1:18.26 40.66	
7.	Maria Joao, REIS 50m: 36.08 36.08	04	Nautico Marinha Grande	1:18.42 100m: 1:18.42 42.34	
8.	Bruna Silva, MOITEIRO 50m: 36.25 36.25	04	Nautico Marinha Grande	1:18.67 100m: 1:18.67 42.42	
9.	Francisca Bonifacio, ALVES 50m: 37.09 37.09	04	Bairro dos Anjos/Bomcar	1:20.21 100m: 1:20.21 43.12	
10.	Ines Beatriz, NEVES 50m: 38.04 38.04	04	Nucleo de Pombal	1:20.23 100m: 1:20.23 42.19	
11.	Daniela Filipa, ABREU 50m: 36.88 36.88	04	Campinho	1:20.57 100m: 1:20.57 43.69	
12.	Cintia Silva, VIEIRA 50m: 37.35 37.35	04	Freguesia de Paiao	1:20.91 100m: 1:20.91 43.56	
13.	Joana Francisca, RODRIGUES 50m: 36.53 36.53	04	Nautico /Urgicentro-Sanfil	1:21.81 100m: 1:21.81 45.28	
14.	Andreia Clara, GOMES 50m: 40.16 40.16	04	Bairro dos Anjos/Bomcar	1:24.08 100m: 1:24.08 43.92	
15.	Catarina Rodrigues, SILVA 50m: 38.60 38.60	04	Naval de Peniche	1:24.58 100m: 1:24.58 45.98	
16.	Beatriz Borges, LOURA 50m: 38.56 38.56	04	Campinho	1:26.89 100m: 1:26.89 48.33	
DNS	Matilde Alves, FLORENCIO	04	Fundacao Beatriz Santos		
EXH	Ines Miguel, SILVA 50m: 39.36 39.36	04	Nautico Marinha Grande	1:22.14 100m: 1:22.14 42.78	
EXH	Mariana Goncalves, FONSECA 50m: 40.27 40.27	04	Nautico Marinha Grande	1:27.87 100m: 1:27.87 47.60	

Prova 6

Masc., 200m Mariposa

Infantil B MASC

01-07-2017 - 16:10

Resultados

Rec. Nacional Absoluto	1:56.17	Pedro Diogo, OLIVEIRA	POR	Roma (ITA)	28-07-2009
Rec. Nacional INF B	2:21.67	Fabio Parrilha da, SILVA	CNAL	S. João da Madeira	23-07-2000

TAC INF B MASC : 3:14.68

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Vitor Belo, CLARA 50m: 36.64 36.64	04	Bairro dos Anjos/Bomcar	2:42.18 42.90 200m: 2:42.18 41.77	
2.	Tiberius Sebastian, NEAGU 50m: 35.69 35.69	04	Academico Viseu	2:47.86 45.69 200m: 2:47.86 44.30	
3.	Rafael Alves, CAMPOS 50m: 36.15 36.15	04	S. Pedro Alva	2:51.42 45.03 200m: 2:51.42 46.22	
4.	Francisco Ferreira, ALMEIDA 50m: 36.07 36.07	04	Sporting de Espinho	2:53.27 48.25 200m: 2:53.27 46.39	
5.	Bernardo Rodrigues, TAVARES 50m: 39.43 39.43	04	Galitos / Bresimar	2:55.80 46.82 200m: 2:55.80 43.94	
6.	Pedro Miguel, FLORIDO 50m: 37.43 37.43	04	Fundacao Beatriz Santos	2:59.08 47.88 200m: 2:59.08 48.15	

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 6, Masc., 200m Mariposa, Infantil B MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac
7.	Tiago Diniz, LIMA	04	Estarreja	3:06.95	
	50m: 40.79 40.79	100m: 1:28.62 47.83	150m: 2:19.09 50.47	200m: 3:06.95 47.86	

Prova 6 Masc., 200m Mariposa Infantil A MASC
01-07-2017 - 16:10 Resultados

Rec. Nacional Absoluto	1:56.17	Pedro Diogo, OLIVEIRA	POR	Roma (ITA)	28-07-2009
Rec. Nacional INF A	2:14.50	Fabio Parrilha da, SILVA	CNAL	Campanhã	29-07-2001

TAC INF A MASC : 3:05.17

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Valentino Garvasyuk, PLESHKAN	03	Nautico Marinha Grande	2:31.69	
	50m: 34.10 34.10	100m: 1:12.49 38.39	150m: 1:52.28 39.79	200m: 2:31.69 39.41	
2.	David Ferreira, RELVAS	03	Nautico Marinha Grande	2:37.10	
	50m: 32.37 32.37	100m: 1:12.62 40.25	150m: 1:55.46 42.84	200m: 2:37.10 41.64	
3.	Joao Salvador, COELHO	03	O Crasto	2:54.31	
	50m: 36.39 36.39	100m: 1:24.69 48.30	150m: 2:15.10 50.41	200m: 2:54.31 39.21	
4.	Diogo Dio, NORBERTO	03	O Crasto	2:57.73	
	50m: 36.68 36.68	100m: 1:23.13 46.45	150m: 2:11.72 48.59	200m: 2:57.73 46.01	
DSQ	Joao Reis, COELHO	03	Desporto de Tondela		
	<i>na chegada o atleta não tocou com as duas mãos</i>				
DSQ	Tomas Soares, FERREIRA	03	Estarreja		
	<i>o atleta não rompeu a superfície da água antes dos 15 m</i>				
EXH	Daniel, REZNICHENKO	03	Nautico Marinha Grande	2:59.17	
	50m: 36.91 36.91	100m: 1:22.98 46.07	150m: 2:12.45 49.47	200m: 2:59.17 46.72	

Prova 7 Femin., 100m Costas Infantil B FEM
01-07-2017 - 16:20 Resultados

Rec. Nacional Absoluto	1:03.42	Ana Sofia, LEITE	GCVR	Coimbra	03-04-2015
Rec. Nacional INF B	1:10.04	Keissy Joselin, SOUSA	POR	Toulouse (FRA)	27-04-1997

TAC INF B FEM : 1:35.24

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Carolina Miranda, FERNANDES	05	Galitos / Bresimar	1:08.97	
	<i>Rec Nacional</i>				
	50m: 33.65 33.65	100m: 1:08.97 35.32			
2.	Carlota Macedo, LAGOA	05	Bairro dos Anjos/Bomcar	1:16.15	
	50m: 37.21 37.21	100m: 1:16.15 38.94			
3.	Leonor Ferreira, SEQUEIRA	05	Galitos / Bresimar	1:20.62	
	50m: 37.85 37.85	100m: 1:20.62 42.77			
4.	Manuela Paccola, JUNQUEIRA	05	Columbofila Cantanhedense	1:21.20	
	50m: 40.40 40.40	100m: 1:21.20 40.80			
5.	Lara Rodrigues, VASCONCELOS	05	Galitos / Bresimar	1:21.91	
	50m: 38.88 38.88	100m: 1:21.91 43.03			
6.	Joana Ferreira, COSTA	05	Feirense	1:25.61	
	50m: 40.76 40.76	100m: 1:25.61 44.85			
7.	Beatriz Leal, ASCENSAO	05	Infante de Montemor	1:25.99	
	50m: 42.16 42.16	100m: 1:25.99 43.83			
8.	Rita Lima, PIRES	05	Nautico /Urgicentro-Sanfil	1:27.76	
	50m: 42.80 42.80	100m: 1:27.76 44.96			

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 7, Femin., 100m Costas, Infantil B FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
9.	Catarina Iourtaeva, MESQUITA 50m: 44.19 44.19	05	Natacao de Vagos	1:31.07 46.88	
10.	Maria Fernandes, LOBO 50m: 45.07 45.07	05	Nautico /Urgicentro-Sanfil	1:31.22 46.15	
11.	Maria Silva, CARVALHO 50m: 44.83 44.83	05	Pimpoes/Cimai	1:31.27 46.44	
12.	Diana Carvalho, PINEU 50m: 44.29 44.29	05	Bairro dos Anjos/Bomcar	1:31.43 47.14	
13.	Catarina Carmo, BELEM 50m: 45.49 45.49	05	Naval de Peniche	1:32.59 47.10	
14.	Sara Andreia, SERRAO 50m: 46.41 46.41	05	Naval de Peniche	1:33.06 46.65	
15.	Ana Catarina, FERNANDES 50m: 45.95 45.95	05	Campinho	1:34.82 48.87	
16.	Gabriela Silva, ANTUNES FTL 50m: 46.99 46.99	05	CASP AE	1:36.77 49.78	
17.	Barbara Almeida, SIMOES FTL 50m: 46.44 46.44	05	CASP AE	1:37.08 50.64	

Prova 7

Femin., 100m Costas

Infantil A FEM

01-07-2017 - 16:20

Resultados

Rec. Nacional Absoluto	1:03.42	Ana Sofia, LEITE	GCVR	Coimbra	03-04-2015
Rec. Nacional INF A	1:06.78	Ines Camacho, FERNANDES	POR	Catania (ITA)	20-06-2010
TAC INF A FEM : 1:31.91					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Maria Lopes, AMADO 50m: 33.46 33.46	04	Bairro dos Anjos/Bomcar	1:09.61 36.15	
2.	Joana Santos, COSTA 50m: 34.70 34.70	04	Galitos / Bresimar	1:10.90 36.20	
3.	Constanca Alexandra, SILVA 50m: 34.47 34.47	04	Pimpoes/Cimai	1:13.12 38.65	
4.	Ana Carolina, MONTEIRO 50m: 36.87 36.87	04	Nautico /Urgicentro-Sanfil	1:16.59 39.72	
5.	Maria Martim, COUTINHO 50m: 37.39 37.39	04	Bairro dos Anjos/Bomcar	1:16.90 39.51	
6.	Catarina Nunes, ALMEIDA 50m: 39.70 39.70	04	Galitos / Bresimar	1:18.89 39.19	
7.	Laura Macedo, LAGOA 50m: 38.91 38.91	04	Bairro dos Anjos/Bomcar	1:19.23 40.32	
8.	Renata Bandeira, SIMAO 50m: 39.08 39.08	04	Estarreja	1:19.36 40.28	
9.	Sofia Neto, OLIVEIRA 50m: 39.87 39.87	04	Galitos / Bresimar	1:19.89 40.02	
10.	Margarida Violante, VIANA 50m: 39.86 39.86	04	Bairro dos Anjos/Bomcar	1:20.03 40.17	

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 7, Femin., 100m Costas, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
11.	Margarida Santos, LOPES 50m: 39.43 39.43	04	Estarreja	1:20.37	
12.	Eva Pinho, RESENDE 50m: 39.96 39.96	04	Estarreja	1:21.04	41.08
13.	Ines Silva, FELIX 50m: 39.26 39.26	04	Sporting de Aveiro	1:21.09	41.83
14.	Mariana Silva, TAVARES 50m: 40.31 40.31	04	Estarreja	1:21.11	40.80
15.	Ana Filipa, SILVA 50m: 39.67 39.67	04	Infante de Montemor	1:21.62	41.95
16.	Sofia Morais, FARIA 50m: 40.12 40.12	04	Bairro dos Anjos/Bomcar	1:21.77	41.65
17.	Diana Sofia, ABREU 50m: 40.18 40.18	04	Campinho	1:24.05	43.87
18.	Marta Monteiro, PEREIRA 50m: 41.49 41.49	04	O Crasto	1:24.69	43.20
19.	Beatriz Nogueira, PEREIRA 50m: 42.17 42.17	04	Infante de Montemor	1:26.33	44.16
20.	Raquel Soares, MOREIRA 50m: 42.66 42.66	04	O Crasto	1:29.94	47.28
21.	Ines Silva, MONTEIRO 50m: 44.19 44.19	04	Nautico Marinha Grande	1:30.53	46.34
22.	Petra Lopes, COELHO <i>FTL</i> 50m: 45.33 45.33	04	Academica de Coimbra	1:32.32	46.99
DSQ	Laura Rodrigues, MARGATO <i>Falsa partida</i>	04	CASPAE		
EXH	Beatriz Gomes, MIGUEL 50m: 40.80 40.80	04	Pimpoes/Cimai	1:21.90	41.10
EXH	Beatriz Sofia, AMARO 50m: 40.90 40.90	04	Nautico Marinha Grande	1:25.12	44.22
EXH	Marta Carolina, FERREIRA 50m: 42.03 42.03	05	Academico Viseu	1:25.68	43.65
EXH	Joana Maria, MACAS <i>FTL</i> 50m: 44.95 44.95	05	Academica de Coimbra	1:36.15	51.20
EXH	Sara Joao, ASSIS <i>FTL</i> 50m: 47.70 47.70	05	Campinho	1:36.20	48.50

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 8 Masc., 200m Costas Infantil B MASC
01-07-2017 - 16:30 Resultados

Rec. Nacional Absoluto 1:58.83 Pedro Diogo, OLIVEIRA POR Londres (GBR) 01-08-2012
Rec. Nacional INF B 2:20.07 Andre Vilas, RUIVO DNMG S. Joao da Madeira 13-07-2013

TAC INF B MASC : 3:11.83

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Jose Diogo, DIAS	04	Fundacao Beatriz Santos	2:25.05	
	50m: 33.76 33.76	100m: 1:10.28 36.52	150m: 1:48.14	37.86	200m: 2:25.05 36.91
2.	Joao Afonso, ANTUNES	04	Galitos / Bresimar	2:34.89	
	50m: 36.05 36.05	100m: 1:15.62 39.57	150m: 1:55.52	39.90	200m: 2:34.89 39.37
3.	Dinis Miranda, DIOGO	04	Condeixa Clube	2:35.48	
	50m: 36.58 36.58	100m: 1:16.65 40.07	150m: 1:57.12	40.47	200m: 2:35.48 38.36
4.	Daniel, TSYKAL	04	Alcobaca	2:41.96	
	50m: 38.31 38.31	100m: 1:20.61 42.30	150m: 2:01.85	41.24	200m: 2:41.96 40.11
5.	Francisco Almeida, SANTOS	04	Nautico /Urgicentro-Sanfil	2:44.91	
	50m: 38.16 38.16	100m: 1:20.95 42.79	150m: 2:03.93	42.98	200m: 2:44.91 40.98
6.	Joao Tomas, MADRUGO	04	Pimpoes/Cimai	2:46.05	
	50m: 37.75 37.75	100m: 1:20.44 42.69	150m: 2:04.66	44.22	200m: 2:46.05 41.39
7.	Rui Tomas, CABRAL	04	Academico Viseu	2:48.26	
	50m: 39.87 39.87	100m: 1:23.35 43.48	150m: 2:06.83	43.48	200m: 2:48.26 41.43
8.	Luis Pedro, PINTO	04	Sporting de Aveiro	2:48.47	
	50m: 39.25 39.25	100m: 1:22.44 43.19	150m: 2:07.00	44.56	200m: 2:48.47 41.47
9.	Filipe Santos, CARDOSO	04	Gafanha da Encarnacao	2:49.31	
	50m: 40.47 40.47	100m: 1:24.10 43.63	150m: 2:08.62	44.52	200m: 2:49.31 40.69
10.	Rodrigo Figueiredo, BRANCO	04	Galitos / Bresimar	2:49.87	
	50m: 40.09 40.09	100m: 1:23.90 43.81	150m: 2:07.38	43.48	200m: 2:49.87 42.49
11.	Diogo Alves, ARCANJO	04	Nautico /Urgicentro-Sanfil	2:49.90	
	50m: 39.92 39.92	100m: 1:22.38 42.46	150m: 2:07.46	45.08	200m: 2:49.90 42.44
12.	Ricardo Pedrosa, SOARES	04	Vieirense	2:51.45	
	50m: 39.56 39.56	100m: 1:23.57 44.01	150m: 2:08.23	44.66	200m: 2:51.45 43.22
13.	Daniel Jose, FERNANDES	04	Alcobaca	2:56.67	
	100m: 1:26.63 1:26.63	200m: 2:56.67 1:30.04			
14.	Goncalo Daniel, OLIVEIRA	04	Fundacao Beatriz Santos	2:59.71	
	50m: 42.70 42.70	100m: 1:28.82 46.12	150m: 2:15.52	46.70	200m: 2:59.71 44.19
15.	Ricardo Gabriel, OLIVEIRA	04	Estarreja	3:08.60	
	50m: 45.48 45.48	100m: 1:33.79 48.31	150m: 2:22.28	48.49	200m: 3:08.60 46.32
16.	Rui Mamede, SANTOS	04	CASPAE	3:11.31	
	50m: 43.93 43.93	100m: 1:32.56 48.63	150m: 2:22.52	49.96	200m: 3:11.31 48.79

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Prova 8, Masc., 200m Costas

Prova 8 Masc., 200m Costas Infantil A MASC
01-07-2017 - 16:30 Resultados

Rec. Nacional Absoluto	1:58.83	Pedro Diogo, OLIVEIRA	POR	Londres (GBR)	01-08-2012
Rec. Nacional INF A	2:14.56	Alexandre Lages, RIBAS	EDV	Lisboa	23-07-2011
TAC INF A MASC : 3:02.23					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Ricardo Lopes, SILVA	03	Nautico Marinha Grande	2:18.56	
	50m: 31.70 31.70	100m: 1:06.61 34.91	150m: 1:43.10	36.49	200m: 2:18.56 35.46
2.	Rafael Pinto, SANTOS	03	Feirense	2:31.85	
	50m: 35.81 35.81	100m: 1:15.37 39.56	150m: 1:54.36	38.99	200m: 2:31.85 37.49
3.	Paulo Sergio, FERREIRA	03	Naval da Nazare	2:33.56	
	50m: 36.89 36.89	100m: 1:15.32 38.43	150m: 1:55.76	40.44	200m: 2:33.56 37.80
4.	Roberto Pinho, SANTOS	03	Estamos Juntos	2:34.03	
	50m: 36.08 36.08	100m: 1:15.45 39.37	150m: 1:56.07	40.62	200m: 2:34.03 37.96
5.	David Valdagua, COUTINHO	03	Columbofila Cantanhedense	2:34.49	
	50m: 36.44 36.44	100m: 1:15.43 38.99	150m: 1:55.70	40.27	200m: 2:34.49 38.79
6.	Joao Antonio, OLIVEIRA	03	Estarreja	2:34.58	
	50m: 37.34 37.34	100m: 1:16.53 39.19	150m: 1:56.58	40.05	200m: 2:34.58 38.00
7.	Gustavo Oliveira, MARQUES	03	Sporting de Espinho	2:37.87	
	50m: 35.78 35.78	100m: 1:15.59 39.81	150m: 1:57.39	41.80	200m: 2:37.87 40.48
8.	Goncalo Andre, GOMES	03	Condeixa Clube	2:38.80	
	50m: 37.44 37.44	100m: 1:18.27 40.83	150m: 1:59.38	41.11	200m: 2:38.80 39.42
9.	Joao Tiago, JESUS	03	Estarreja	2:42.00	
	50m: 37.28 37.28	100m: 1:17.88 40.60	150m: 2:00.23	42.35	200m: 2:42.00 41.77
10.	Daniel Valente, OLIVEIRA	03	Sporting de Aveiro	2:42.05	
	50m: 37.98 37.98	100m: 1:19.62 41.64	150m: 2:02.62	43.00	200m: 2:42.05 39.43
11.	Joao Pedro, VIDAL	03	Vieirense	2:47.39	
	50m: 38.36 38.36	100m: 1:21.62 43.26	150m: 2:06.17	44.55	200m: 2:47.39 41.22
12.	David Almeida, GAMEIRO	03	Nucleo de Pombal	2:47.90	
	50m: 39.51 39.51	100m: 1:22.01 42.50	150m: 2:06.03	44.02	200m: 2:47.90 41.87
13.	Micael Kovalchuk, SOLODYUK	03	Natacao de Vagos	2:50.97	
	50m: 39.77 39.77	100m: 1:23.59 43.82	150m: 2:07.89	44.30	200m: 2:50.97 43.08
EXH	Gustavo Pires, MARQUES	04	Fundacao Beatriz Santos	2:38.37	
	50m: 37.02 37.02	100m: 1:17.66 40.64	150m: 1:58.28	40.62	200m: 2:38.37 40.09
EXH	Joao Brandao, ALVES	03	Salesiano de Arouca	2:40.88	
	50m: 36.85 36.85	100m: 1:18.06 41.21	150m: 2:00.22	42.16	200m: 2:40.88 40.66
EXH	Lucas Pipiraite, CARDOSO	04	Naval da Nazare	2:42.34	
	50m: 37.50 37.50	100m: 1:18.84 41.34	150m: 2:01.54	42.70	200m: 2:42.34 40.80
EXH	Alexandre Viegas, MARTINS	04	Nautico /Urgicentro-Sanfil	2:45.53	
	50m: 36.70 36.70	100m: 1:18.76 42.06	150m: 2:02.80	44.04	200m: 2:45.53 42.73

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 9 Femin., 100m Bruços Infantil B FEM
01-07-2017 - 16:50 Resultados

Rec. Nacional Absoluto	1:08.82	Ana Pinho, RODRIGUES	AEJ	Coimbra	31-05-2015
Rec. Nacional INF B	1:18.66	Clara Gomes, PEREIRA	SAD	Loulé	20-07-2014

TAC INF B FEM : 1:49.06

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Marisa Isabel, NOBRE 50m: 44.10 44.10	05	Columbofila Cantanhedense	1:32.19	
2.	Maria Beatriz, DIAS 50m: 43.78 43.78	05	Sporting de Aveiro	1:32.85	
3.	Iara Filipa, DIAS 50m: 44.98 44.98	05	Naval de Peniche	1:35.65	
4.	Maria Ines, PINTO 50m: 44.99 44.99	05	Academico Viseu	1:36.40	
5.	Juliana Branco, REIS 50m: 46.29 46.29	05	Alcobaca	1:36.81	
6.	Maria Joao, RIBEIRO 50m: 48.58 48.58	05	Feirense	1:42.21	
7.	Camila Cavaleiro, SILVA 50m: 49.95 49.95	05	Columbofila Cantanhedense	1:43.42	
8.	Ines Filipa, DUARTE 50m: 50.85 50.85	05	Alges e Agueda XXI	1:45.26	
9.	Sara Joao, ASSIS <i>FTL</i> 50m: 52.84 52.84	05	Campinho	1:49.53	

Prova 9 Femin., 100m Bruços Infantil A FEM
01-07-2017 - 16:50 Resultados

Rec. Nacional Absoluto	1:08.82	Ana Pinho, RODRIGUES	AEJ	Coimbra	31-05-2015
Rec. Nacional INF A	1:15.49	Ana Pinho, RODRIGUES	AEJ	Coimbra	08-07-2007

TAC INF A FEM : 1:44.35

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Ana Correia, SOUSA 50m: 39.62 39.62	04	Pimpoes/Cimai	1:23.79	
2.	Carolina Magalhaes, FERREIRA 50m: 40.33 40.33	04	Salesiano de Arouca	1:25.19	
3.	Beatriz Nunes, CARDEAL 50m: 41.79 41.79	04	Academico Viseu	1:28.10	
4.	Maria Francisca, ALVES 50m: 42.22 42.22	04	Bairro dos Anjos/Bomcar	1:30.21	
5.	Rita Mendes, SIMOES 50m: 43.66 43.66	04	Bairro dos Anjos/Bomcar	1:32.00	
6.	Safira Santos, DUARTE 50m: 43.71 43.71	04	Naval da Nazare	1:32.63	
7.	Ana Isabel, COSTA 50m: 44.92 44.92	04	Alges e Agueda XXI	1:34.95	
8.	Maria Francisca, GASPARG 50m: 44.50 44.50	04	Freguesia de Paiao	1:37.06	
9.	Filipa Victor, VIEIRA 50m: 47.35 47.35	04	Academica de Coimbra	1:40.38	

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 9, Femin., 100m Bruços, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
10.	Beatriz Beja, AFONSO 50m: 48.26 48.26	04	CASPAE	1:40.97 52.71	1:40.97
11.	Ines Monteiro, PINTO 50m: 49.01 49.01	04	Feirense	1:42.87 53.86	1:42.87
12.	Mariana Soares, DUARTE 50m: 49.22 49.22	04	Bairro dos Anjos/Bomcar	1:43.95 54.73	1:43.95
EXH	Daniela Filipa, ABREU 50m: 43.57 43.57	04	Campinho	1:32.83 49.26	1:32.83
EXH	Petra Lopes, COELHO 50m: 44.41 44.41	04	Academica de Coimbra	1:34.16 49.75	1:34.16
EXH	Maria Ines, ALVES 50m: 44.74 44.74	05	Infante de Montemor	1:34.31 49.57	1:34.31
EXH	Maria Joao, REIS 50m: 46.27 46.27	04	Nautico Marinha Grande	1:37.63 51.36	1:37.63
EXH	Filipa Moniz, PISSARRO 50m: 49.44 49.44	05	Academica de Coimbra	1:43.65 54.21	1:43.65
EXH	Maria Vieira, MALHEIRO 50m: 49.05 49.05	05	Campinho	1:48.15 59.10	1:48.15

Prova 10

Masc., 200m Bruços

Infantil B MASC

01-07-2017 - 16:55

Resultados

Rec. Nacional Absoluto	2:13.21	Carlos Esteves, ALMEIDA	POR	Barcelona (ESP)	01-08-2013
Rec. Nacional INF B	2:38.94	Duarte Anastacio, SOUSA	CAC	Oeiras	19-07-2015
TAC INF B MASC : 3:38.57					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Goncalo Brites, MOITA 50m: 38.61 38.61	04	Nautico /Urgicentro-Sanfil	2:49.85	43.32
2.	Nuno Marques, SILVA 50m: 39.78 39.78	04	Bairro dos Anjos/Bomcar	2:54.12	43.75
3.	Tiago Maia, PEREIRA 50m: 41.30 41.30	04	Sporting de Aveiro	3:02.23	46.34
4.	Duarte Gil, SALVADOR 50m: 42.28 42.28	04	Nautico Marinha Grande	3:05.99	47.87
5.	Tiago Andre, POIARES 50m: 42.18 42.18	04	Fundacao Beatriz Santos	3:09.94	49.10
6.	Alexandre Piteira, GAIOLAS 50m: 44.20 44.20	04	Nautico Marinha Grande	3:12.40	48.18
7.	Nuno Bernardo, PIMENTEL 50m: 45.40 45.40	04	Vigor da Mocidade	3:21.01	50.82
8.	Jorge, GRABOVSKI 50m: 47.02 47.02	04	Nautico Marinha Grande	3:25.62	51.45
9.	Antonio Pedro, NIFO 50m: 46.90 46.90	04	Sporting de Aveiro	3:27.34	54.34

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 10, Masc., 200m Bruços

Prova 10 Masc., 200m Bruços Infantil A MASC
01-07-2017 - 16:55 Resultados

Rec. Nacional Absoluto	2:13.21	Carlos Esteves, ALMEIDA	POR	Barcelona (ESP)	01-08-2013
Rec. Nacional INF A	2:32.84	Gustavo Andre, REIS	SCP	Olivais	10-08-1991

TAC INF A MASC : 3:27.79

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Ricardo Ferreira, MENDES	03	Estamos Juntos	2:50.86	
	50m: 36.63 36.63	100m: 1:19.68 43.05	150m: 2:05.82	46.14	200m: 2:50.86 45.04
2.	Gabriel Alexandre, PINHO	03	Feirense	2:54.88	
	50m: 39.70 39.70	100m: 1:25.63 45.93	150m: 2:10.21	44.58	200m: 2:54.88 44.67
3.	Alexandre Miguel, BRAS	03	S. Pedro Alva	2:56.30	
	50m: 39.03 39.03	100m: 1:23.57 44.54	150m: 2:10.91	47.34	200m: 2:56.30 45.39
4.	Joao Octavio, TEIXEIRA	03	Galitos / Bresimar	2:59.55	
	50m: 40.84 40.84	100m: 1:26.73 45.89	150m: 2:13.56	46.83	200m: 2:59.55 45.99
5.	Goncalo Seixas, FERREIRA	03	Academico Viseu	3:01.77	
	50m: 41.80 41.80	100m: 1:27.85 46.05	150m: 2:14.46	46.61	200m: 3:01.77 47.31
6.	Henrique Rocha, RODRIGUES	03	Sporting de Aveiro	3:04.95	
	50m: 41.31 41.31	100m: 1:29.56 48.25	150m: 2:17.25	47.69	200m: 3:04.95 47.70
7.	Andre Ferreira, PAIVA	03	Feirense	3:05.61	
	50m: 42.01 42.01	100m: 1:29.45 47.44	150m: 2:17.65	48.20	200m: 3:05.61 47.96
8.	Jose Antonio, PARADELA	03	Bairro dos Anjos/Bomcar	3:08.76	
	50m: 42.65 42.65	100m: 1:30.41 47.76	150m: 2:19.65	49.24	200m: 3:08.76 49.11
9.	Guilherme Tomas, SILVA	03	Campinho	3:08.78	
	50m: 43.27 43.27	100m: 1:31.04 47.77	150m: 2:20.53	49.49	200m: 3:08.78 48.25
10.	Luis Vicente, VAZ	03	Sporting de Espinho	3:21.70	
	50m: 47.95 47.95	100m: 1:38.07 50.12	150m: 2:30.50	52.43	200m: 3:21.70 51.20
EXH	Valentino Garvasyuk, PLESHKAN	03	Nautico Marinha Grande	3:03.62	
	50m: 43.45 43.45	100m: 1:30.56 47.11	150m: 2:17.79	47.23	200m: 3:03.62 45.83

Prova 11 Femin., 100m Livres Infantil B FEM
01-07-2017 - 17:10 Resultados

Rec. Nacional Absoluto	56.41	Ana Sofia, LEITE	GCVR	Coimbra	04-04-2015
Rec. Nacional INF B	1:02.16	Ines Camacho, FERNANDES	SCP	S. João da Madeira	25-07-2009

TAC INF B FEM : 1:24.01

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Mariana Carmo, ROSA	05	Louzan Natacao	1:09.02	
	50m: 33.04 33.04	100m: 1:09.02 35.98			
2.	Rosa Branca, LOPES	05	Pimpoes/Cimai	1:10.84	
	50m: 34.00 34.00	100m: 1:10.84 36.84			
3.	Beatriz Sa, GAMA	05	Nautico /Urgicentro-Sanfil	1:14.57	
	50m: 35.12 35.12	100m: 1:14.57 39.45			
4.	Maria Lucas, SANTOS	05	Condeixa Clube	1:15.17	
	50m: 35.88 35.88	100m: 1:15.17 39.29			
5.	Lara Vicente, RIBEIRO	05	Louzan Natacao	1:15.43	
	50m: 36.03 36.03	100m: 1:15.43 39.40			
6.	Marta Carolina, FERREIRA	05	Academico Viseu	1:15.56	
	50m: 36.80 36.80	100m: 1:15.56 38.76			

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 11, Femin., 100m Livres, Infantil B FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
7.	Sara Calisto, PIMENTEL 50m: 35.99 35.99	05	Galitos / Bresimar	1:15.65	
8.	Maria Ines, MARQUES 50m: 36.65 36.65	05	Alcobaca	1:15.99	
9.	Vanessa Sofia, OLIVEIRA 50m: 36.43 36.43	05	Galitos / Bresimar	1:16.76	
10.	Catarina Cruz, STELMASHCHUK 50m: 36.84 36.84	05	Natacao de Vagos	1:16.95	
11.	Matilde Abreu, SILVA 50m: 37.18 37.18	05	Natacao de Vagos	1:17.87	
12.	Matilde Santos, CARDOSO 50m: 37.85 37.85	05	Fundacao Beatriz Santos	1:18.46	
13.	Ana Roque, FIGUEIREDO 50m: 38.21 38.21	05	Columbofila Cantanhedense	1:18.81	
14.	Anita Barreto, DUQUE 50m: 38.14 38.14	05	Columbofila Cantanhedense	1:18.89	
15.	Tatiana Antunes, JESUS 50m: 38.81 38.81	05	Nucleo Ansiao	1:20.02	
16.	Joana Maria, MACAS 50m: 37.50 37.50	05	Academica de Coimbra	1:21.92	
17.	Barbara Gomes, MOTA 50m: 38.41 38.41	05	Feirense	1:22.04	
18.	Ines Costa, SANTOS 50m: 40.25 40.25	05	Galitos / Bresimar	1:23.12	
19.	Maria Ines, ALVES FTL 50m: 40.14 40.14	05	Infante de Montemor	1:25.34	
20.	Eva Sa, FERREIRA FTL 50m: 39.65 39.65	05	Estarreja	1:26.26	
21.	Barbara Almeida, SIMOES FTL 50m: 40.84 40.84	05	CASPAE	1:30.02	

Prova 11	Femin., 100m Livres				Infantil A FEM
01-07-2017 - 17:10					Resultados
Rec. Nacional Absoluto	56.41	Ana Sofia, LEITE	GCVR	Coimbra	04-04-2015
Rec. Nacional INF A	59.73	Ines Camacho, FERNANDES	POR	Catania (ITA)	20-06-2010
TAC INF A FEM : 1:21.07					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Carolina Carreira, DIAS 50m: 32.05 32.05	04	Columbofila Cantanhedense	1:06.30	
2.	Maria Eduarda, TRINDADE 50m: 32.49 32.49	04	Estamos Juntos	1:07.14	
3.	Alexandra Cordeiro, SILVA 50m: 32.98 32.98	04	Alcobaca	1:07.82	
4.	Beatriz Santos, CORREIA 50m: 32.93 32.93	04	Academico Viseu	1:07.88	

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 11, Femin., 100m Livres, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
5.	Ines Duarte, PAREDES 50m: 32.37 32.37	04	Clube de Vouzela	1:08.12 35.75	1:08.12
6.	Jacinta Martins, VIANA 50m: 32.96 32.96	04	Natacao de Vagos	1:08.35 35.39	1:08.35
7.	Ana Catarina, SILVA 50m: 34.10 34.10	04	Fundacao Beatriz Santos	1:09.82 35.72	1:09.82
8.	Marta Domingues, GAMEIRO 50m: 34.34 34.34	04	Nautico /Urgicentro-Sanfil	1:10.02 35.68	1:10.02
9.	Maria Joao, CASTRO 50m: 33.67 33.67	04	Sporting de Aveiro	1:10.28 36.61	1:10.28
10.	Maria Ines, SILVA 50m: 33.72 33.72	04	Alcobaca	1:11.17 37.45	1:11.17
11.	Mafalda Vestia, FIDALGO 50m: 34.24 34.24	04	Nautico /Urgicentro-Sanfil	1:11.33 37.09	1:11.33
12.	Leonor Horta, COSTA 50m: 34.34 34.34	04	Nautico /Urgicentro-Sanfil	1:11.57 37.23	1:11.57
13.	Leonor Correia, CUNHA 50m: 34.06 34.06	04	Condeixa Clube	1:11.59 37.53	1:11.59
14.	Rita Santos, MACHADO 50m: 34.49 34.49	04	Estamos Juntos	1:11.67 37.18	1:11.67
15.	Marta Cecilia, SANTOS 50m: 34.89 34.89	04	Estarreja	1:11.84 36.95	1:11.84
16.	Carla Sandrina, FERREIRA 50m: 34.76 34.76	04	O Crasto	1:12.31 37.55	1:12.31
17.	Ines Miguel, SILVA 50m: 34.98 34.98	04	Nautico Marinha Grande	1:12.84 37.86	1:12.84
18.	Beatriz Gomes, MIGUEL 50m: 35.74 35.74	04	Pimpoes/Cimai	1:12.90 37.16	1:12.90
19.	Mariana Goncalves, FONSECA 50m: 35.97 35.97	04	Nautico Marinha Grande	1:14.01 38.04	1:14.01
20.	Bruna Alexandra, GOMES 50m: 36.03 36.03	04	Bairro dos Anjos/Bomcar	1:15.67 39.64	1:15.67
21.	Beatriz Sofia, AMARO 50m: 37.29 37.29	04	Nautico Marinha Grande	1:17.14 39.85	1:17.14
22.	Joana Carla, MARQUES 50m: 38.39 38.39	04	Fundacao Beatriz Santos	1:19.78 41.39	1:19.78
23.	Laura Rodrigues, MARGATO 50m: 38.70 38.70	04	CASPAE	1:20.56 41.86	1:20.56
24.	Joana Beatriz, RODRIGUES FTL 50m: 40.67 40.67	04	CASPAE	1:22.48 41.81	1:22.48
DNS	Joana Farto, PEDRO	04	Vieirense		
EXH	Joana Ferreira, COSTA 50m: 35.67 35.67	05	Feirense	1:14.23 38.56	1:14.23
EXH	Ines Monteiro, PINTO 50m: 36.73 36.73	04	Feirense	1:14.24 37.51	1:14.24
EXH	Ana Rita, TOMAS 50m: 37.42 37.42	04	Nucleo Ansiao	1:16.65 39.23	1:16.65

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 11, Femin., 100m Livres

Lugar	Nome	Ano	Clube	Tempo Final	TReac
EXH	Maria Fernandes, LOBO 50m: 37.61 37.61	05	Nautico /Urgicentro-Sanfil	1:18.76 100m: 1:18.76 41.15	
EXH	Helena Carolina, DINIS 50m: 36.43 36.43	05	Academica de Coimbra	1:18.77 100m: 1:18.77 42.34	
EXH	Gabriela Silva, ANTUNES 50m: 38.11 38.11	05	CASPAE	1:18.87 100m: 1:18.87 40.76	
EXH	Ana Catarina, FERNANDES 50m: 37.87 37.87	05	Campinho	1:20.73 100m: 1:20.73 42.86	
EXH	Maria Joao, RIBEIRO 50m: 39.28 39.28	05	Feirense	1:21.26 100m: 1:21.26 41.98	
EXH	Soraia Carvalho, FERREIRA 50m: 39.96 39.96	05	Nautico Marinha Grande	1:21.95 100m: 1:21.95 41.99	
EXH	Filipa Victor, VIEIRA <i>FTL</i> 50m: 38.45 38.45	04	Academica de Coimbra	1:22.73 100m: 1:22.73 44.28	
EXH	Filipa Moniz, PISSARRO <i>FTL</i> 50m: 40.42 40.42	05	Academica de Coimbra	1:24.94 100m: 1:24.94 44.52	

Prova 12

Masc., 200m Livres

Infantil B MASC

01-07-2017 - 17:25

Resultados

Rec. Nacional Absoluto	1:48.39	Alexis Manacas, SANTOS	SCP	Coimbra	31-03-2017
Rec. Nacional INF B	2:06.18	Joao Magalhaes, NUNES	CNA	Rio Maior	21-07-2012
TAC INF B MASC : 2:49.50					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Diogo Matos, RIBEIRO 50m: 30.39 30.39	04	Nautico /Urgicentro-Sanfil	2:11.95 100m: 1:04.52 34.13 150m: 1:38.31	33.64 200m: 2:11.95 33.64
2.	Ricardo Morais, FARIA 50m: 30.55 30.55	04	Bairro dos Anjos/Bomcar	2:13.64 100m: 1:04.69 34.14 150m: 1:39.34	34.30 200m: 2:13.64 34.30
3.	Rodrigo Miguel, REIS 50m: 31.08 31.08	04	Bairro dos Anjos/Bomcar	2:14.33 100m: 1:05.39 34.31 150m: 1:40.59	33.74 200m: 2:14.33 33.74
4.	Gustavo Pires, MARQUES 50m: 31.42 31.42	04	Fundacao Beatriz Santos	2:18.77 100m: 1:06.88 35.46 150m: 1:43.34	35.43 200m: 2:18.77 35.43
5.	Pedro Duarte, JESUS 50m: 32.35 32.35	04	Galitos / Bresimar	2:21.26 100m: 1:08.44 36.09 150m: 1:45.27	35.99 200m: 2:21.26 35.99
6.	Alexandre Viegas, MARTINS 50m: 31.74 31.74	04	Nautico /Urgicentro-Sanfil	2:24.72 100m: 1:08.58 36.84 150m: 1:47.23	37.49 200m: 2:24.72 37.49
7.	Guilherme Silva, CASTANHEIRA 50m: 33.37 33.37	04	Bairro dos Anjos/Bomcar	2:26.43 100m: 1:11.12 37.75 150m: 1:49.38	37.05 200m: 2:26.43 37.05
8.	Vasco Silva, SOUSA 50m: 33.47 33.47	04	Bairro dos Anjos/Bomcar	2:27.59 100m: 1:10.49 37.02 150m: 1:50.03	37.56 200m: 2:27.59 37.56
9.	Joao Gabriel, ANICETO 50m: 35.12 35.12	04	Bairro dos Anjos/Bomcar	2:30.72 100m: 1:14.20 39.08 150m: 1:53.06	37.66 200m: 2:30.72 37.66
10.	Guilherme Pinho, DOMINGOS 50m: 33.98 33.98	04	Louzan Natacao	2:30.89 100m: 1:13.24 39.26 150m: 1:53.17	37.72 200m: 2:30.89 37.72
11.	Lucas Pipiraite, CARDOSO 50m: 33.42 33.42	04	Naval da Nazare	2:32.45 100m: 1:13.00 39.58 150m: 1:54.70	37.75 200m: 2:32.45 37.75

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 12, Masc., 200m Livres, Infantil B MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac
12.	Jose Pedro, CAROLA	04	Gafanha da Encarnacao	2:36.88	
	50m: 36.17 36.17	100m: 1:16.68 40.51	150m: 1:57.92 41.24	200m: 2:36.88 38.96	
13.	Timur Antonovich, MORITS	04	Nautico Marinha Grande	2:38.51	
	50m: 36.12 36.12	100m: 1:16.52 40.40	150m: 1:59.17 42.65	200m: 2:38.51 39.34	
14.	Joao Filipe, ROCHA	04	Sporting de Espinho	2:39.03	
	50m: 35.21 35.21	100m: 1:15.34 40.13	150m: 1:58.46 43.12	200m: 2:39.03 40.57	
15.	Tiago Oliveira, MARQUES	04	Feirense	2:42.91	
	50m: 35.71 35.71	100m: 1:16.64 40.93	150m: 2:00.13 43.49	200m: 2:42.91 42.78	
16.	Guilherme Frias, SANTOS	04	Fundacao Beatriz Santos	2:44.80	
	50m: 36.80 36.80	100m: 1:18.95 42.15	150m: 2:02.76 43.81	200m: 2:44.80 42.04	
17.	Afonso Corte-Real, GRILO FTL	04	Condeixa Clube	2:59.97	
	50m: 39.50 39.50	100m: 1:26.05 46.55	150m: 2:12.48 46.43	200m: 2:59.97 47.49	

Prova 12 Masc., 200m Livres Infantil A MASC
01-07-2017 - 17:25 Resultados

Rec. Nacional Absoluto	1:48.39	Alexis Manacas, SANTOS	SCP	Coimbra	31-03-2017
Rec. Nacional INF A	2:01.65	Joao Duarte, SANTOS	CNOL	S. João da Madeira	25-07-2009
TAC INF A MASC : 2:41.02					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	David, MARTYN	03	Benedita	2:06.10	
	50m: 29.09 29.09	100m: 1:01.08 31.99	150m: 1:33.57 32.49	200m: 2:06.10 32.53	
2.	Martim Miranda, MACHADO	03	Nautico /Urgicentro-Sanfil	2:11.22	
	50m: 30.42 30.42	100m: 1:04.41 33.99	150m: 1:39.18 34.77	200m: 2:11.22 32.04	
3.	David Emanuel, TOME	03	Hoquei Mealhada/ CA	2:11.33	
	50m: 29.46 29.46	100m: 1:02.10 32.64	150m: 1:37.21 35.11	200m: 2:11.33 34.12	
4.	Afonso Filipe, COSTA	03	Naval da Nazare	2:11.81	
	50m: 29.80 29.80	100m: 1:03.23 33.43	150m: 1:38.18 34.95	200m: 2:11.81 33.63	
5.	Vitor Teixeira, OLIVEIRA	03	Columbofila Cantanhedense	2:11.85	
	50m: 31.13 31.13	100m: 1:04.85 33.72	150m: 1:38.96 34.11	200m: 2:11.85 32.89	
6.	Manuel Cruz, FARDILHA	03	Galitos / Bresimar	2:14.35	
	50m: 31.19 31.19	100m: 1:05.25 34.06	150m: 1:40.41 35.16	200m: 2:14.35 33.94	
7.	Guilherme Mendes, SOUSA	03	Nautico Marinha Grande	2:14.54	
	50m: 31.02 31.02	100m: 1:05.99 34.97	150m: 1:40.91 34.92	200m: 2:14.54 33.63	
8.	Manuel Baptista, SIMOES	03	Nautico /Urgicentro-Sanfil	2:15.81	
	50m: 29.76 29.76	100m: 1:04.55 34.79	150m: 1:40.69 36.14	200m: 2:15.81 35.12	
9.	Joao Jose, SILVA	03	Bairro dos Anjos/Bomcar	2:15.90	
	50m: 31.33 31.33	100m: 1:06.67 35.34	150m: 1:41.66 34.99	200m: 2:15.90 34.24	
10.	Renato Miguel, CARVALHO	03	Galitos / Bresimar	2:16.37	
	50m: 31.57 31.57	100m: 1:05.37 33.80	150m: 1:41.11 35.74	200m: 2:16.37 35.26	
11.	Joao Francisco, CARDOSO	03	Galitos / Bresimar	2:18.59	
	50m: 30.75 30.75	100m: 1:05.53 34.78	150m: 1:42.09 36.56	200m: 2:18.59 36.50	
12.	Filipe Apostolo, GASPAS	03	Freguesia de Paiao	2:19.44	
	50m: 32.22 32.22	100m: 1:07.38 35.16	150m: 1:43.97 36.59	200m: 2:19.44 35.47	
13.	Artur, YURCHUK	03	Hoquei Mealhada/ CA	2:20.99	
	50m: 31.19 31.19	100m: 1:06.69 35.50	200m: 2:20.99 1:14.30		
14.	Jorge Miguel, GONCALVES	03	Sporting de Aveiro	2:21.31	
	50m: 31.94 31.94	100m: 1:08.36 36.42	150m: 1:45.69 37.33	200m: 2:21.31 35.62	

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 12, Masc., 200m Livres, Infantil A MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac
15.	Silvio Miguel, BULHOSA 50m: 32.35 32.35	03	Estamos Juntos	2:22.49 100m: 1:08.20 35.85 150m: 1:45.64 37.44	200m: 2:22.49 36.85
16.	Rui Miguel, FREIRE 50m: 32.19 32.19	03	Nucleo Ansiao	2:23.60 100m: 1:08.83 36.64 150m: 1:46.99 38.16	200m: 2:23.60 36.61
17.	Hugo Neves, SUCENA 50m: 32.95 32.95	03	Alges e Agueda XXI	2:24.55 100m: 1:10.22 37.27 150m: 1:48.27 38.05	200m: 2:24.55 36.28
18.	Bernardo Jorge, VENTURA 50m: 32.74 32.74	03	Infante de Montemor	2:25.21 100m: 1:09.09 36.35 150m: 1:48.31 39.22	200m: 2:25.21 36.90
19.	Bruno Francisco, GONCALVES 50m: 33.20 33.20	03	Nautico Marinha Grande	2:27.01 100m: 1:10.20 37.00 150m: 1:49.16 38.96	200m: 2:27.01 37.85
20.	Rafael Domingues, SA 50m: 35.02 35.02	03	Natacao de Vagos	2:28.16 100m: 1:12.54 37.52 150m: 1:51.46 38.92	200m: 2:28.16 36.70
21.	Rui Soares, PINHO 50m: 32.78 32.78	03	Feirense	2:28.61 100m: 1:10.29 37.51 200m: 2:28.61 1:18.32	
22.	Goncalo Pires, LOURENCO 50m: 35.16 35.16	03	Fundacao Beatriz Santos	2:31.13 100m: 1:13.02 37.86 150m: 1:52.81 39.79	200m: 2:31.13 38.32
23.	Ricardo Martins, CARVALHO 50m: 35.75 35.75	03	Fundacao Beatriz Santos	2:33.69 100m: 1:14.34 38.59 150m: 1:54.22 39.88	200m: 2:33.69 39.47
24.	Daniel, REZNICHENKO 50m: 34.22 34.22	03	Nautico Marinha Grande	2:37.75 100m: 1:15.80 41.58 150m: 1:58.79 42.99	200m: 2:37.75 38.96
25.	Joao Pedro, FERREIRA 50m: 37.15 37.15	03	Academico Viseu	2:39.71 100m: 1:17.95 40.80 150m: 1:59.77 41.82	200m: 2:39.71 39.94
26.	Miguel Alexandre, SIMAOZINHO FTL 50m: 37.87 37.87	03	Gafanha da Encarnacao	2:47.03 100m: 1:21.42 43.55 150m: 2:07.01 45.59	200m: 2:47.03 40.02
EXH	Jose Diogo, DIAS 50m: 31.22 31.22	04	Fundacao Beatriz Santos	2:12.49 100m: 1:04.50 33.28 150m: 1:38.65 34.15	200m: 2:12.49 33.84
EXH	David Ferreira, RELVAS 50m: 31.12 31.12	03	Nautico Marinha Grande	2:15.17 100m: 1:05.31 34.19 150m: 1:41.14 35.83	200m: 2:15.17 34.03
EXH	Paulo Sergio, FERREIRA 50m: 32.24 32.24	03	Naval da Nazare	2:21.23 100m: 1:09.22 36.98 150m: 1:45.99 36.77	200m: 2:21.23 35.24
EXH	Joao Pedro, VIDAL 50m: 33.10 33.10	03	Vieirense	2:26.38 100m: 1:11.73 38.63 150m: 1:50.89 39.16	200m: 2:26.38 35.49
EXH	Francisco Almeida, SANTOS 50m: 33.43 33.43	04	Nautico /Urgicentro-Sanfil	2:30.25 100m: 1:12.14 38.71 150m: 1:51.06 38.92	200m: 2:30.25 39.19
EXH	Joao Tomas, MADRUGO 50m: 32.53 32.53	04	Pimpoes/Cimai	2:31.07 100m: 1:11.00 38.47 150m: 1:53.16 42.16	200m: 2:31.07 37.91
EXH	Jorge, GRABOVSKI 50m: 34.94 34.94	04	Nautico Marinha Grande	2:32.18 100m: 1:14.23 39.29 150m: 1:53.37 39.14	200m: 2:32.18 38.81

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 13
01-07-2017 - 18:00

Misto, 4 x 200m Livres

Infantis B
Resultados

Lugar	Clube			Tempo Final	TReac
1.	Galitos / Bresimar Inf B	Galitos / Bresimar		9:27.91	
	Carolina Miranda, FERNANDES	05	31.79 1:06.12	1:42.09 2:17.38	2:17.38
	Joao Afonso, ANTUNES	04	30.43 1:06.00	1:42.11 2:17.56	2:17.56
	Pedro Duarte, JESUS	04	32.42 1:09.55	1:48.09 2:25.75	2:25.75
	Lara Rodrigues, VASCONCELOS	05	34.23 1:12.19	1:50.64 2:27.22	2:27.22
2.	Nautico /Urgicentro-Sanfil Inf B	Nautico /Urgicentro-Sanfil		9:47.29	
	Goncalo Brites, MOITA	04	31.58 1:07.56	1:43.66 2:17.19	2:17.19
	Ana Matos, CABRAL	05	34.29 1:13.17	1:52.55 2:31.34	2:31.34
	Diogo Matos, RIBEIRO	04	30.24 1:05.23	1:41.92 2:14.98	2:14.98
	Beatriz Sa, GAMA	05	35.98 1:18.57	2:02.66 2:43.78	2:43.78
3.	BA/ Bomcar INF B	Bairro dos Anjos/Bomcar		10:20.50	
	Guilherme Silva, CASTANHEIRA	04	34.58 1:14.70	1:55.17 2:30.75	2:30.75
	Carlota Macedo, LAGOA	05	33.92 1:11.46	1:50.17 2:28.06	2:28.06
	Diana Carvalho, PINEU	05	36.91 1:19.93	2:06.32 2:49.53	2:49.53
	Vasco Silva, SOUSA	04	36.33 1:17.18	1:55.60 2:32.16	2:32.16
4.	Estarreja Inf B	Estarreja		10:44.96	
	Tiago Diniz, LIMA	04	35.94 1:15.57	1:56.26 2:34.14	2:34.14
	Ines Silva, DIAS	05	36.68 1:17.27	1:59.85 2:39.93	2:39.93
	Ricardo Gabriel, OLIVEIRA	04		2:06.33 2:49.50	2:49.50
	Ana Luisa, CARDOSO	05	36.08 1:17.53	2:00.70 2:41.39	2:41.39
DSQ	Academico Viseu Inf B <i>rendição antecipada do 2º atleta</i>	Academico Viseu			
	Rui Tomas, CABRAL	04	33.74 1:11.47	1:50.88 2:29.34	2:29.34
	Maria Ines, PINTO	05			
	Carlota Wartburg, CASTRO	05			
	Tiberius Sebastian, NEAGU	04			

Prova 13
01-07-2017 - 18:00

Misto, 4 x 200m Livres

Infantis A
Resultados

Lugar	Clube			Tempo Final	TReac
1.	Nautico /Urgicentro-Sanfil Inf A	Nautico /Urgicentro-Sanfil		9:18.06	
	Martim Miranda, MACHADO	03	30.52 1:04.72	1:39.83 2:13.93	2:13.93
	Ana Carolina, MONTEIRO	04	32.24 1:08.10	1:45.82 2:22.62	2:22.62
	Joana Francisca, RODRIGUES	04	32.57 1:09.61	1:47.85 2:24.83	2:24.83
	Manuel Baptista, SIMOES	03	30.77 1:07.47	1:44.42 2:16.68	2:16.68
2.	Galitos / Bresimar Inf A	Galitos / Bresimar		9:30.55	
	Catarina Nunes, ALMEIDA	04	33.84 1:11.74	1:51.14 2:28.65	2:28.65
	Manuel Cruz, FARDILHA	03	30.67 1:04.52	1:39.85 2:13.89	2:13.89
	Joao Francisco, CARDOSO	03	31.00 1:06.99	1:43.13 2:18.49	2:18.49
	Joana Santos, COSTA	04	34.56 1:12.30	1:52.07 2:29.52	2:29.52
3.	Estarreja Inf A	Estarreja		9:37.58	
	Tomas Soares, FERREIRA	03	32.59 1:08.93	1:44.06 2:18.98	2:18.98
	Margarida Santos, LOPES	04	35.14 1:13.23	1:53.26 2:31.56	2:31.56
	Mariana Silva, TAVARES	04	35.17 1:14.89	1:55.15 2:32.88	2:32.88
	Joao Antonio, OLIVEIRA	03	30.15 1:03.91	1:39.28 2:14.16	2:14.16
4.	Natacao de Vagos Inf A	Natacao de Vagos		9:40.72	
	Maria Vieira, MARQUES	04	32.44 1:07.77	1:45.45 2:22.34	2:22.34
	Micael Kovalchuk, SOLODYUK	03	32.65 1:08.91	1:47.46 2:25.12	2:25.12
	Jacinta Martins, VIANA	04	33.44 1:12.07	1:51.33 2:27.89	2:27.89
	Rafael Domingues, SA	03	33.32 1:09.56	1:47.47 2:25.37	2:25.37
5.	BA/ Bomcar INF A	Bairro dos Anjos/Bomcar		9:49.45	
	Jose Antonio, PARADELA	03	33.52 1:11.80	1:51.51 2:30.77	2:30.77
	Margarida Violante, VIANA	04	34.59 1:12.28	1:51.35 2:28.51	2:28.51
	Sofia Morais, FARIA	04	34.06 1:13.27	1:52.83 2:30.61	2:30.61
	Joao Jose, SILVA	03	31.31 1:07.88	1:45.96 2:19.56	2:19.56

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 13, Misto, 4 x 200m Livres, Intantis A

Lugar	Clube	Tempo Final				TReac
6.	Academico Viseu Inf A	Academico Viseu				9:52.87
	Beatriz Santos, CORREIA	04	33.64	1:12.42	1:51.43	2:29.11
	Beatriz Nunes, CARDEAL	04	32.83	1:10.64	1:49.31	2:27.65
	Joao Pedro, FERREIRA	03	35.48	1:16.43	1:57.27	2:37.69
	Goncalo Seixas, FERREIRA	03	31.73	1:06.98	1:42.99	2:18.42
7.	O Crasto Inf A	O Crasto				10:05.54
	Joao Salvador, COELHO	03	32.63	1:08.40	1:48.01	2:24.15
	Carla Sandrina, FERREIRA	04	36.20	1:17.62	2:00.95	2:42.04
	Diogo Dio, NORBERTO	03	32.04	1:09.32	1:47.33	2:23.81
	Marta Monteiro, PEREIRA	04	34.22	1:14.19	1:56.30	2:35.54
8.	Fundacao Beatriz Santos Inf A	Fundacao Beatriz Santos				10:20.16
	Ines Dias, CRUZ	04	35.26	1:14.64	1:56.78	2:38.06
	Goncalo Pires, LOURENCO	03	35.81	1:14.81	1:54.10	2:32.99
	Ana Catarina, SILVA	04	35.37	1:14.40	1:54.13	2:31.75
	Ricardo Martins, CARVALHO	03	36.09	1:16.26	1:57.39	2:37.36
9.	Campinho Inf A	Campinho				11:12.79
	Guilherme Tomas, SILVA	03		1:18.44	2:01.63	2:43.33
	Miguel Pires, SANTIAGO	03	38.31	1:25.05		3:08.03
	Daniela Filipa, ABREU	04	37.18	1:19.60	2:01.95	2:42.56
	Beatriz Borges, LOURA	04	36.88	1:17.60	1:59.23	2:38.87

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

4 - 2ª Jornada - Sessão da tarde

02-07-2017 - 16:00

Prova 23		Masc., 400m Estilos				Infantil B MASC
02-07-2017 - 16:00						Resultados
Rec. Nacional Absoluto	4:15.84	Alexis Manacas, SANTOS	POR	Rio de Janeiro (BRA)	06-08-2016	
Rec. Nacional INF B	4:54.87	Andre Vilas, RUIVO	DNMG	S. Joao da Madeira	12-07-2013	
TAC INF B MASC : 6:36.20						

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Diogo Matos, RIBEIRO	04	Nautico /Urgicentro-Sanfil	5:10.59	
	50m: 31.07 31.07	150m: 1:47.55 40.42	250m: 3:14.78 46.52	350m: 4:35.74 36.11	
	100m: 1:07.13 36.06	200m: 2:28.26 40.71	300m: 3:59.63 44.85	400m: 5:10.59 34.85	
2.	Joao Afonso, ANTUNES	04	Galitos / Bresimar	5:24.15	
	50m: 32.81 32.81	150m: 1:55.16 43.45	250m: 3:24.06 46.82	350m: 4:48.99 37.36	
	100m: 1:11.71 38.90	200m: 2:37.24 42.08	300m: 4:11.63 47.57	400m: 5:24.15 35.16	
3.	Goncalo Brites, MOITA	04	Nautico /Urgicentro-Sanfil	5:24.61	
	50m: 34.97 34.97	150m: 1:59.18 42.85	250m: 3:28.20 46.19	350m: 4:50.28 36.38	
	100m: 1:16.33 41.36	200m: 2:42.01 42.83	300m: 4:13.90 45.70	400m: 5:24.61 34.33	
4.	Daniel, TSYKAL	04	Alcobaca	5:40.94	
	50m: 38.13 38.13	150m: 2:08.40 44.31	250m: 3:36.46 46.11	350m: 5:03.45 39.27	
	100m: 1:24.09 45.96	200m: 2:50.35 41.95	300m: 4:24.18 47.72	400m: 5:40.94 37.49	
5.	Francisco Almeida, SANTOS	04	Nautico /Urgicentro-Sanfil	5:47.67	
	50m: 37.25 37.25	150m: 2:06.56 42.25	250m: 3:39.64 49.71	350m: 5:09.31 38.58	
	100m: 1:24.31 47.06	200m: 2:49.93 43.37	300m: 4:30.73 51.09	400m: 5:47.67 38.36	
6.	Joao Gabriel, ANICETO	04	Bairro dos Anjos/Bomcar	5:47.87	
	50m: 39.18 39.18	150m: 2:12.55 46.76	250m: 3:43.62 46.54	350m: 5:11.31 40.11	
	100m: 1:25.79 46.61	200m: 2:57.08 44.53	300m: 4:31.20 47.58	400m: 5:47.87 36.56	
7.	Tiberius Sebastian, NEAGU	04	Academico Viseu	5:48.53	
	50m: 36.26 36.26	150m: 2:07.64 47.77	250m: 3:42.19 49.63	350m: 5:12.24 39.03	
	100m: 1:19.87 43.61	200m: 2:52.56 44.92	300m: 4:33.21 51.02	400m: 5:48.53 36.29	
8.	Pedro Duarte, JESUS	04	Galitos / Bresimar	5:52.49	
	50m: 37.06 37.06	150m: 2:04.44 45.16	250m: 3:42.41 53.99	350m: 5:14.64 38.98	
	100m: 1:19.28 42.22	200m: 2:48.42 43.98	300m: 4:35.66 53.25	400m: 5:52.49 37.85	
9.	Guilherme Silva, CASTANHEIRA	04	Bairro dos Anjos/Bomcar	5:55.34	
	50m: 38.83 38.83	200m: 2:51.44 1:26.08	300m: 4:37.16 53.26	400m: 5:55.34 38.15	
	100m: 1:25.36 46.53	250m: 3:43.90 52.46	350m: 5:17.19 40.03		
10.	Tiago Diniz, LIMA	04	Estarreja	6:08.10	
	50m: 40.65 40.65	150m: 2:16.26 47.55	250m: 3:53.91 53.65	350m: 5:28.11 40.96	
	100m: 1:28.71 48.06	200m: 3:00.26 44.00	300m: 4:47.15 53.24	400m: 6:08.10 39.99	

Prova 23		Masc., 400m Estilos				Infantil A MASC
02-07-2017 - 16:00						Resultados
Rec. Nacional Absoluto	4:15.84	Alexis Manacas, SANTOS	POR	Rio de Janeiro (BRA)	06-08-2016	
Rec. Nacional INF A	4:46.20	Tomas Miguel, FREITAS	CDN	Póvoa Varzim	23-07-2004	
TAC INF A MASC : 6:16.40						

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Manuel Cruz, FARDILHA	03	Galitos / Bresimar	5:15.68	
	50m: 32.19 32.19	150m: 1:53.06 42.42	250m: 3:20.65 45.23	350m: 4:42.71 36.14	
	100m: 1:10.64 38.45	200m: 2:35.42 42.36	300m: 4:06.57 45.92	400m: 5:15.68 32.97	
2.	Martim Miranda, MACHADO	03	Nautico /Urgicentro-Sanfil	5:21.66	
	50m: 34.35 34.35	150m: 1:55.48 41.96	250m: 3:25.45 49.19	350m: 4:48.58 34.19	
	100m: 1:13.52 39.17	200m: 2:36.26 40.78	300m: 4:14.39 48.94	400m: 5:21.66 33.08	
3.	Vitor Teixeira, OLIVEIRA	03	Columbofila Cantanhedense	5:22.55	
	50m: 34.31 34.31	150m: 1:56.99 43.06	250m: 3:25.98 47.54	350m: 4:49.13 35.45	
	100m: 1:13.93 39.62	200m: 2:38.44 41.45	300m: 4:13.68 47.70	400m: 5:22.55 33.42	

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 23, Masc., 400m Estilos, Infantil A MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac
4.	Renato Miguel, CARVALHO	03	Galitos / Bresimar	5:23.89	
	50m: 33.95 33.95 150m: 1:57.92 45.07 250m: 3:26.51 44.55 350m: 4:48.51 36.33				
	100m: 1:12.85 38.90 200m: 2:41.96 44.04 300m: 4:12.18 45.67 400m: 5:23.89 35.38				
5.	Tomas Soares, FERREIRA	03	Estarreja	5:25.89	
	50m: 32.54 32.54 150m: 1:53.66 42.51 250m: 3:24.68 49.39 350m: 4:50.09 36.20				
	100m: 1:11.15 38.61 200m: 2:35.29 41.63 300m: 4:13.89 49.21 400m: 5:25.89 35.80				
6.	Rafael Pinto, SANTOS	03	Feirense	5:26.44	
	50m: 33.91 33.91 150m: 1:54.33 41.34 250m: 3:22.90 48.64 350m: 4:50.30 38.76				
	100m: 1:12.99 39.08 200m: 2:34.26 39.93 300m: 4:11.54 48.64 400m: 5:26.44 36.14				
7.	Afonso Filipe, COSTA	03	Naval da Nazare	5:26.55	
	50m: 32.53 32.53 150m: 1:53.63 41.88 250m: 3:25.32 49.97 400m: 5:26.55 1:11.12				
	100m: 1:11.75 39.22 200m: 2:35.35 41.72 300m: 4:15.43 50.11				
8.	Joao Francisco, CARDOSO	03	Galitos / Bresimar	5:27.71	
	50m: 33.38 33.38 150m: 1:55.96 42.43 250m: 3:24.09 47.24 350m: 4:49.99 38.77				
	100m: 1:13.53 40.15 200m: 2:36.85 40.89 300m: 4:11.22 47.13 400m: 5:27.71 37.72				
9.	Goncalo Seixas, FERREIRA	03	Academico Viseu	5:28.70	
	50m: 33.19 33.19 150m: 1:56.36 44.00 250m: 3:27.38 47.32 350m: 4:53.09 37.33				
	100m: 1:12.36 39.17 200m: 2:40.06 43.70 300m: 4:15.76 48.38 400m: 5:28.70 35.61				
10.	David Valdagua, COUTINHO	03	Columbofila Cantanhedense	5:46.43	
	50m: 37.10 37.10 150m: 2:07.03 42.69 250m: 3:39.27 51.63 350m: 5:09.92 39.09				
	100m: 1:24.34 47.24 200m: 2:47.64 40.61 300m: 4:30.83 51.56 400m: 5:46.43 36.51				
11.	Guilherme Tomas, SILVA	03	Campinho	6:01.44	
	50m: 39.84 39.84 150m: 2:11.89 46.48 250m: 3:48.00 50.99 350m: 5:20.64 43.47				
	100m: 1:25.41 45.57 200m: 2:57.01 45.12 300m: 4:37.17 49.17 400m: 6:01.44 40.80				
DNS	Valentino Garvasyuk, PLESHKAN	03	Nautico Marinha Grande		

Prova 24
02-07-2017 - 16:20

Femin., 400m Estilos

Infantil B FEM
Resultados

Rec. Nacional Absoluto	4:40.11	Victoria, KAMINSKAYA	POR	Pontevedra (ESP)	09-04-2017
Rec. Nacional INF B	5:14.05	Filipa Vilas, RUIVO	DNMG	S. João da Madeira	24-07-2009
TAC INF B FEM : 6:57.31					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Carolina Miranda, FERNANDES	05	Galitos / Bresimar	5:26.65	
	50m: 32.29 32.29 150m: 1:53.25 43.03 250m: 3:24.36 48.76 350m: 4:50.55 37.10				
	100m: 1:10.22 37.93 200m: 2:35.60 42.35 300m: 4:13.45 49.09 400m: 5:26.65 36.10				
2.	Carlota Macedo, LAGOA	05	Bairro dos Anjos/Bomcar	5:45.89	+0,87
	50m: 39.82 39.82 150m: 2:08.08 44.80 250m: 3:39.54 47.57 350m: 5:08.03 39.58				
	100m: 1:23.28 43.46 200m: 2:51.97 43.89 300m: 4:28.45 48.91 400m: 5:45.89 37.86				
3.	Marisa Isabel, NOBRE	05	Columbofila Cantanhedense	5:52.26	+0,80
	50m: 38.27 38.27 150m: 2:10.88 44.69 250m: 3:45.19 52.12 350m: 5:15.71 38.17				
	100m: 1:26.19 47.92 200m: 2:53.07 42.19 300m: 4:37.54 52.35 400m: 5:52.26 36.55				
4.	Manuela Paccola, JUNQUEIRA	05	Columbofila Cantanhedense	5:52.33	+0,97
	50m: 39.19 39.19 150m: 2:12.59 44.78 250m: 3:47.09 49.80 350m: 5:16.61 38.74				
	100m: 1:27.81 48.62 200m: 2:57.29 44.70 300m: 4:37.87 50.78 400m: 5:52.33 35.72				
5.	Maria Carolina, ALMEIDA	05	Galitos / Bresimar	5:55.50	
	50m: 38.32 38.32 150m: 2:09.01 48.48 250m: 3:45.35 50.18 350m: 5:17.43 41.58				
	100m: 1:20.53 42.21 200m: 2:55.17 46.16 300m: 4:35.85 50.50 400m: 5:55.50 38.07				
6.	Beatriz Ferreira, LOISAS	05	Columbofila Cantanhedense	5:56.97	+0,76
	50m: 36.54 36.54 150m: 2:07.90 47.87 250m: 3:46.32 53.10 350m: 5:18.84 38.91				
	100m: 1:20.03 43.49 200m: 2:53.22 45.32 300m: 4:39.93 53.61 400m: 5:56.97 38.13				

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 24, Femin., 400m Estilos, Infantil B FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac		
7.	Beatriz Pereira, MARQUES	05	Columbofila Cantanhedense	6:17.48	+0,92		
	50m: 41.38 41.38	150m: 2:21.33	51.50	250m: 4:03.03	52.21	350m: 5:37.60	41.58
	100m: 1:29.83 48.45	200m: 3:10.82	49.49	300m: 4:56.02	52.99	400m: 6:17.48	39.88

Prova 24 Femin., 400m Estilos Infantil A FEM
02-07-2017 - 16:20 Resultados

Rec. Nacional Absoluto	4:40.11	Victoria, KAMINSKAYA	POR	Pontevedra (ESP)	09-04-2017
Rec. Nacional INF A	5:11.29	Diana Ramos, ROCHA	EDV	Faro	20-07-2007
TAC INF A FEM : 6:42.67					

Lugar	Nome	Ano	Clube	Tempo Final	TReac		
1.	Beatriz Nunes, CARDEAL	04	Academico Viseu	5:39.23	+0,83		
	50m: 35.79 35.79	150m: 2:04.18	45.88	250m: 3:36.27	48.46	350m: 5:03.04	39.56
	100m: 1:18.30 42.51	200m: 2:47.81	43.63	300m: 4:23.48	47.21	400m: 5:39.23	36.19
2.	Ana Correia, SOUSA	04	Pimpoes/Cimai	5:41.56	+0,93		
	50m: 36.22 36.22	150m: 2:04.39	43.67	250m: 3:34.84	48.87	350m: 5:02.78	39.63
	100m: 1:20.72 44.50	200m: 2:45.97	41.58	300m: 4:23.15	48.31	400m: 5:41.56	38.78
3.	Ana Carolina, MONTEIRO	04	Nautico /Urgicentro-Sanfil	5:43.27			
	50m: 36.53 36.53	150m: 2:05.04	45.70	250m: 3:38.51	48.52	350m: 5:06.21	37.86
	100m: 1:19.34 42.81	200m: 2:49.99	44.95	300m: 4:28.35	49.84	400m: 5:43.27	37.06
4.	Leonor Horta, COSTA	04	Nautico /Urgicentro-Sanfil	5:46.83	+0,89		
	50m: 37.63 37.63	150m: 2:05.96	44.68	250m: 3:38.84	50.12	350m: 5:08.45	39.38
	100m: 1:21.28 43.65	200m: 2:48.72	42.76	300m: 4:29.07	50.23	400m: 5:46.83	38.38
5.	Alexandra Cordeiro, SILVA	04	Alcobaca	5:47.19			
	50m: 37.56 37.56	200m: 2:52.01	1:28.11	400m: 5:47.19	1:16.42		
	100m: 1:23.90 46.34	300m: 4:30.77	1:38.76				
6.	Ana Catarina, SILVA	04	Fundacao Beatriz Santos	5:48.82	+0,96		
	50m: 40.25 40.25	150m: 2:09.35	46.25	250m: 3:45.17	50.93	350m: 5:11.83	38.44
	100m: 1:23.10 42.85	200m: 2:54.24	44.89	300m: 4:33.39	48.22	400m: 5:48.82	36.99
7.	Maria Ines, SILVA	04	Alcobaca	5:51.37	+1,01		
	50m: 36.57 36.57	150m: 2:05.48	45.17	250m: 3:40.58	49.42	350m: 5:12.64	39.70
	100m: 1:20.31 43.74	200m: 2:51.16	45.68	300m: 4:32.94	52.36	400m: 5:51.37	38.73
8.	Beatriz Santos, CORREIA	04	Academico Viseu	5:52.07			
	50m: 38.75 38.75	150m: 2:13.45	47.29	250m: 3:46.49	48.58	350m: 5:15.07	38.08
	100m: 1:26.16 47.41	200m: 2:57.91	44.46	300m: 4:36.99	50.50	400m: 5:52.07	37.00
9.	Joana Francisca, RODRIGUES	04	Nautico /Urgicentro-Sanfil	5:52.34	+0,83		
	50m: 36.23 36.23	150m: 2:07.19	46.50	250m: 3:44.23	51.21	350m: 5:15.09	38.45
	100m: 1:20.69 44.46	200m: 2:53.02	45.83	300m: 4:36.64	52.41	400m: 5:52.34	37.25
10.	Rita Mendes, SIMOES	04	Bairro dos Anjos/Bomcar	5:53.26	+0,91		
	50m: 37.50 37.50	150m: 2:07.63	45.59	250m: 3:42.38	49.73	350m: 5:14.03	41.10
	100m: 1:22.04 44.54	200m: 2:52.65	45.02	300m: 4:32.93	50.55	400m: 5:53.26	39.23
11.	Sofia Morais, FARIA	04	Bairro dos Anjos/Bomcar	5:55.29			
	50m: 36.09 36.09	150m: 2:07.37	47.12	250m: 3:45.47	52.65	350m: 5:17.81	39.83
	100m: 1:20.25 44.16	200m: 2:52.82	45.45	300m: 4:37.98	52.51	400m: 5:55.29	37.48
12.	Marta Domingues, GAMEIRO	04	Nautico /Urgicentro-Sanfil	5:55.89			
	50m: 37.67 37.67	150m: 2:10.77	47.51	250m: 3:45.35	49.12	350m: 5:15.67	41.08
	100m: 1:23.26 45.59	200m: 2:56.23	45.46	300m: 4:34.59	49.24	400m: 5:55.89	40.22
13.	Margarida Violante, VIANA	04	Bairro dos Anjos/Bomcar	5:56.88	+0,89		
	50m: 39.27 39.27	150m: 2:11.63	46.14	250m: 3:48.70	52.93	350m: 5:20.80	39.13
	100m: 1:25.49 46.22	200m: 2:55.77	44.14	300m: 4:41.67	52.97	400m: 5:56.88	36.08
14.	Daniela Portela, MENDES	04	Condeixa Clube	5:56.90	+0,58		
	50m: 38.98 38.98	150m: 2:10.45	46.97	250m: 3:44.98	48.74	350m: 5:16.42	42.71
	100m: 1:23.48 44.50	200m: 2:56.24	45.79	300m: 4:33.71	48.73	400m: 5:56.90	40.48

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 24, Femin., 400m Estilos, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
15.	Carolina Carreira, DIAS	04	Columbofila Cantanhedense	6:00.95	
	50m: 37.72 37.72	150m: 2:10.64 45.06	250m: 3:47.74 53.99	350m: 5:22.87 40.06	
	100m: 1:25.58 47.86	200m: 2:53.75 43.11	300m: 4:42.81 55.07	400m: 6:00.95 38.08	
16.	Mafalda Vestia, FIDALGO	04	Nautico /Urgicentro-Sanfil	6:09.06	+0,73
	50m: 37.20 37.20	150m: 2:11.62 50.57	250m: 3:53.89 54.70	350m: 5:28.24 40.21	
	100m: 1:21.05 43.85	200m: 2:59.19 47.57	300m: 4:48.03 54.14	400m: 6:09.06 40.82	
DNS	Beatriz Borges, LOURA	04	Campinho		

Prova 25

Masc., 200m Estilos

Infantil B MASC

02-07-2017 - 16:45

Resultados

Rec. Nacional Absoluto	1:58.88	Alexis Manacas, SANTOS	SCP	Coimbra	01-04-2017
Rec. Nacional INF B	2:22.36	Andre Vilas, RUIVO	DNMG	Coimbra	23-06-2013
TAC INF B MASC : 3:15.50					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Jose Diogo, DIAS	04	Fundacao Beatriz Santos	2:29.28	+0,54
	50m: 32.27 32.27	100m: 1:09.44 37.17	150m: 1:55.83 46.39	200m: 2:29.28 33.45	
2.	Ricardo Morais, FARIA	04	Bairro dos Anjos/Bomcar	2:30.91	
	50m: 31.25 31.25	100m: 1:10.48 39.23	150m: 1:55.80 45.32	200m: 2:30.91 35.11	
3.	Rodrigo Miguel, REIS	04	Bairro dos Anjos/Bomcar	2:33.23	+0,81
	50m: 32.02 32.02	100m: 1:11.49 39.47	150m: 2:00.39 48.90	200m: 2:33.23 32.84	
4.	Dinis Miranda, DIOGO	04	Condeixa Clube	2:34.71	+0,78
	50m: 34.66 34.66	100m: 1:14.11 39.45	150m: 1:59.70 45.59	200m: 2:34.71 35.01	
5.	Nuno Marques, SILVA	04	Bairro dos Anjos/Bomcar	2:36.47	+0,88
	50m: 35.16 35.16	100m: 1:15.49 40.33	150m: 2:01.92 46.43	200m: 2:36.47 34.55	
6.	Gustavo Pires, MARQUES	04	Fundacao Beatriz Santos	2:38.72	
	50m: 36.16 36.16	100m: 1:16.22 40.06	150m: 2:04.34 48.12	200m: 2:38.72 34.38	
7.	Vitor Belo, CLARA	04	Bairro dos Anjos/Bomcar	2:38.83	+0,90
	50m: 35.09 35.09	100m: 1:15.78 40.69	150m: 2:04.26 48.48	200m: 2:38.83 34.57	
8.	Luis Pedro, PINTO	04	Sporting de Aveiro	2:40.99	
	50m: 33.89 33.89	100m: 1:16.97 43.08	150m: 2:05.83 48.86	200m: 2:40.99 35.16	
9.	Rafael Alves, CAMPOS	04	S. Pedro Alva	2:41.37	+0,78
	50m: 34.29 34.29	100m: 1:17.39 43.10	150m: 2:02.36 44.97	200m: 2:41.37 39.01	
10.	Tiago Maia, PEREIRA	04	Sporting de Aveiro	2:42.36	+0,78
	50m: 35.74 35.74	100m: 1:18.66 42.92	150m: 2:06.27 47.61	200m: 2:42.36 36.09	
11.	Alexandre Piteira, GAIOLAS	04	Nautico Marinha Grande	2:47.56	+0,42
	50m: 35.80 35.80	100m: 1:18.58 42.78	150m: 2:08.85 50.27	200m: 2:47.56 38.71	
12.	Joao Tomas, MADRUGO	04	Pimpoes/Cimai	2:47.58	+0,63
	50m: 37.08 37.08	100m: 1:20.11 43.03	150m: 2:11.89 51.78	200m: 2:47.58 35.69	
13.	Rui Tomas, CABRAL	04	Academico Viseu	2:47.73	+0,75
	50m: 35.60 35.60	100m: 1:21.64 46.04	150m: 2:10.21 48.57	200m: 2:47.73 37.52	
14.	Francisco Ferreira, ALMEIDA	04	Sporting de Espinho	2:48.12	+0,91
	50m: 35.74 35.74	100m: 1:21.44 45.70	150m: 2:10.80 49.36	200m: 2:48.12 37.32	
15.	Tiago Andre, POIARES	04	Fundacao Beatriz Santos	2:49.28	+0,86
	50m: 38.60 38.60	100m: 1:23.14 44.54	150m: 2:11.42 48.28	200m: 2:49.28 37.86	
16.	Duarte Gil, SALVADOR	04	Nautico Marinha Grande	2:49.45	+0,44
	50m: 39.24 39.24	100m: 1:21.19 41.95	150m: 2:11.79 50.60	200m: 2:49.45 37.66	
17.	Vasco Silva, SOUSA	04	Bairro dos Anjos/Bomcar	2:49.69	+0,89
	50m: 36.47 36.47	100m: 1:19.60 43.13	150m: 2:12.49 52.89	200m: 2:49.69 37.20	

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 25, Masc., 200m Estilos, Infantil B MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac
18.	Bernardo Rodrigues, TAVARES 50m: 36.36 36.36 100m: 1:19.14 42.78 150m: 2:11.16 52.02 200m: 2:51.01 39.85	04	Galitos / Bresimar	2:51.01	+0,86
19.	Filipe Santos, CARDOSO 50m: 36.26 36.26 100m: 1:20.72 44.46 150m: 2:15.16 54.44 200m: 2:51.26 36.10	04	Gafanha da Encarnacao	2:51.26	+0,73
20.	Guilherme Pinho, DOMINGOS 50m: 36.96 36.96 100m: 1:21.32 44.36 150m: 2:13.79 52.47 200m: 2:51.41 37.62	04	Louzan Natacao	2:51.41	
21.	Alexandre Viegas, MARTINS 50m: 32.95 32.95 100m: 1:17.50 44.55 150m: 2:13.49 55.99 200m: 2:52.13 38.64	04	Nautico /Urgicentro-Sanfil	2:52.13	+0,83
22.	Lucas Pipiraite, CARDOSO 50m: 38.64 38.64 100m: 1:21.98 43.34 150m: 2:15.12 53.14 200m: 2:52.55 37.43	04	Naval da Nazare	2:52.55	+0,84
23.	Jorge, GRABOVSKI 50m: 38.11 38.11 100m: 1:24.88 46.77 150m: 2:16.56 51.68 200m: 2:53.21 36.65	04	Nautico Marinha Grande	2:53.21	+0,46
24.	Diogo Alves, ARCANJO 50m: 36.17 36.17 100m: 1:19.93 43.76 150m: 2:15.93 56.00 200m: 2:56.32 40.39	04	Nautico /Urgicentro-Sanfil	2:56.32	+0,70
25.	Daniel Jose, FERNANDES 50m: 39.31 39.31 100m: 1:24.01 44.70 150m: 2:18.52 54.51 200m: 2:59.21 40.69	04	Alcobaca	2:59.21	+0,72
26.	Tiago Oliveira, MARQUES 50m: 39.75 39.75 100m: 1:27.42 47.67 150m: 2:19.35 51.93 200m: 3:00.45 41.10	04	Feirense	3:00.45	+0,78
27.	Jose Pedro, CAROLA 50m: 41.78 41.78 100m: 1:31.64 49.86 150m: 2:24.07 52.43 200m: 3:02.67 38.60	04	Gafanha da Encarnacao	3:02.67	+0,84
28.	Goncalo Daniel, OLIVEIRA 50m: 42.31 42.31 100m: 1:29.72 47.41 150m: 2:24.19 54.47 200m: 3:03.49 39.30	04	Fundacao Beatriz Santos	3:03.49	
29.	Rui Mamede, SANTOS 50m: 40.98 40.98 100m: 1:28.50 47.52 150m: 2:22.41 53.91 200m: 3:04.25 41.84	04	CASP AE	3:04.25	+1,13
30.	Ricardo Pedrosa, SOARES 50m: 42.19 42.19 100m: 1:26.84 44.65 150m: 2:23.82 56.98 200m: 3:05.15 41.33	04	Vieirense	3:05.15	+0,75
31.	Antonio Pedro, NIFO 50m: 42.94 42.94 100m: 1:27.52 44.58 150m: 2:22.53 55.01 200m: 3:06.11 43.58	04	Sporting de Aveiro	3:06.11	+0,87
32.	Ricardo Gabriel, OLIVEIRA 50m: 41.47 41.47 100m: 1:29.96 48.49 150m: 2:28.35 58.39 200m: 3:09.32 40.97	04	Estarreja	3:09.32	
33.	Joao Filipe, ROCHA 50m: 42.55 42.55 100m: 1:29.28 46.73 150m: 2:30.84 1:01.56 200m: 3:11.33 40.49	04	Sporting de Espinho	3:11.33	+0,71
34.	Nuno Bernardo, PIMENTEL 50m: 42.18 42.18 100m: 1:34.62 52.44 150m: 2:29.87 55.25 200m: 3:12.25 42.38	04	Vigor da Mocidade	3:12.25	
DSQ	Vicente Cruzeiro, MARQUES <i>o atleta perdeu a posição de costas, antes do toque na parede aos 100 m</i> 50m: 38.95 38.95 100m: 1:31.01 52.06	04	Sporting de Aveiro		+0,73
DSQ	Afonso Corte-Real, GRILO <i>iniciou o percurso subaquatico de costas na posição ventral</i>	04	Condeixa Clube		+0,70
DSQ	Pedro Miguel, FLORIDO <i>tocou alternadamente com as mãos na viragem aos 150 m</i> 50m: 35.55 35.55 100m: 1:23.10 47.55	04	Fundacao Beatriz Santos		+0,85

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 25, Masc., 200m Estilos

Prova 25 Masc., 200m Estilos Infantil A MASC
02-07-2017 - 16:45 Resultados

Rec. Nacional Absoluto	1:58.88	Alexis Manacas, SANTOS	SCP	Coimbra	01-04-2017
Rec. Nacional INF A	2:16.63	Alexandre Lages, RIBAS	EDV	Lisboa	24-07-2011
TAC INF A MASC : 3:05.72					

Lugar	Nome	Ano	Clube	Tempo Final	TReac	
1.	Ricardo Lopes, SILVA	03	Nautico Marinha Grande	2:22.51	+0,80	
	50m: 31.25 31.25	100m: 1:06.14	34.89	150m: 1:50.21	44.07 200m: 2:22.51	32.30
2.	Ricardo Ferreira, MENDES	03	Estamos Juntos	2:23.67		
	50m: 30.91 30.91	100m: 1:07.98	37.07	150m: 1:50.20	42.22 200m: 2:23.67	33.47
3.	David, MARTYN	03	Benedita	2:25.76	+0,78	
	50m: 30.23 30.23	100m: 1:08.16	37.93	150m: 1:52.34	44.18 200m: 2:25.76	33.42
4.	David Ferreira, RELVAS	03	Nautico Marinha Grande	2:30.34	+0,72	
	50m: 31.69 31.69	100m: 1:10.32	38.63	150m: 1:55.33	45.01 200m: 2:30.34	35.01
5.	Manuel Baptista, SIMOES	03	Nautico /Urgicentro-Sanfil	2:31.33	+0,57	
	50m: 29.62 29.62	100m: 1:09.29	39.67	150m: 1:55.87	46.58 200m: 2:31.33	35.46
6.	Joao Jose, SILVA	03	Bairro dos Anjos/Bomcar	2:32.10	+0,88	
	50m: 30.97 30.97	100m: 1:11.46	40.49	150m: 1:57.24	45.78 200m: 2:32.10	34.86
7.	Roberto Pinho, SANTOS	03	Estamos Juntos	2:32.52	+0,87	
	50m: 34.16 34.16	100m: 1:13.38	39.22	150m: 1:58.59	45.21 200m: 2:32.52	33.93
8.	Paulo Sergio, FERREIRA	03	Naval da Nazare	2:33.01	+0,82	
	50m: 33.05 33.05	100m: 1:12.11	39.06	150m: 1:58.87	46.76 200m: 2:33.01	34.14
9.	Guilherme Mendes, SOUSA	03	Nautico Marinha Grande	2:33.15	+0,85	
	50m: 32.66 32.66	100m: 1:12.18	39.52	150m: 1:58.74	46.56 200m: 2:33.15	34.41
10.	Joao Antonio, OLIVEIRA	03	Estarreja	2:35.32	+0,66	
	50m: 33.30 33.30	100m: 1:15.25	41.95	150m: 2:00.66	45.41 200m: 2:35.32	34.66
11.	Silvio Miguel, BULHOSA	03	Estamos Juntos	2:35.55	+1,00	
	50m: 34.55 34.55	100m: 1:14.88	40.33	150m: 1:59.91	45.03 200m: 2:35.55	35.64
12.	David Emanuel, TOME	03	Hoquei Mealhada/ CA	2:37.12		
	50m: 31.44 31.44	100m: 1:09.47	38.03	150m: 2:03.03	53.56 200m: 2:37.12	34.09
13.	Alexandre Miguel, BRAS	03	S. Pedro Alva	2:37.15	+0,84	
	50m: 32.30 32.30	100m: 1:15.71	43.41	150m: 2:01.27	45.56 200m: 2:37.15	35.88
14.	Gabriel Alexandre, PINHO	03	Feirense	2:37.83	+0,66	
	50m: 33.98 33.98	100m: 1:16.30	42.32	150m: 2:00.12	43.82 200m: 2:37.83	37.71
15.	Artur, YURCHUK	03	Hoquei Mealhada/ CA	2:38.13	+0,78	
	50m: 33.43 33.43	100m: 1:15.31	41.88	150m: 2:03.34	48.03 200m: 2:38.13	34.79
16.	Goncalo Andre, GOMES	03	Condeixa Clube	2:38.32		
	50m: 33.92 33.92	100m: 1:14.45	40.53	150m: 2:03.25	48.80 200m: 2:38.32	35.07
17.	Rui Miguel, FREIRE	03	Nucleo Ansiao	2:39.67		
	50m: 32.32 32.32	100m: 1:17.28	44.96	150m: 2:03.16	45.88 200m: 2:39.67	36.51
18.	Joao Octavio, TEIXEIRA	03	Galitos / Bresimar	2:39.82	+0,74	
	50m: 36.37 36.37	100m: 1:19.09	42.72	150m: 2:03.64	44.55 200m: 2:39.82	36.18
19.	Gustavo Oliveira, MARQUES	03	Sporting de Espinho	2:42.00		
	50m: 32.16 32.16	100m: 1:13.09	40.93	150m: 2:04.71	51.62 200m: 2:42.00	37.29
20.	Rui Soares, PINHO	03	Feirense	2:42.06	+1,00	
	50m: 33.35 33.35	100m: 1:17.99	44.64	150m: 2:05.81	47.82 200m: 2:42.06	36.25
21.	Filipe Apostolo, GASPAS	03	Freguesia de Paiao	2:42.34	+0,63	
	50m: 34.48 34.48	100m: 1:17.70	43.22	150m: 2:07.45	49.75 200m: 2:42.34	34.89
22.	Joao Tiago, JESUS	03	Estarreja	2:42.91	+0,87	
	50m: 34.09 34.09	100m: 1:15.33	41.24	150m: 2:05.56	50.23 200m: 2:42.91	37.35

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 25, Masc., 200m Estilos, Infantil A MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac
23.	Jorge Miguel, GONCALVES 50m: 34.67 34.67	03	Sporting de Aveiro	2:43.43 48.13 200m: 2:43.43	+0,70 36.80
24.	Jose Antonio, PARADELA 50m: 35.90 35.90	03	Bairro dos Anjos/Bomcar	2:43.51 47.37 200m: 2:43.51	+0,83 37.40
25.	Rafael Domingues, SA 50m: 36.60 36.60	03	Natacao de Vagos	2:44.22 46.34 200m: 2:44.22	+0,63 36.60
26.	Micael Kovalchuk, SOLODYUK 50m: 36.85 36.85	03	Natacao de Vagos	2:48.09 50.70 200m: 2:48.09	 36.64
27.	Joao Pedro, VIDAL 50m: 38.60 38.60	03	Vieirense	2:48.21 52.27 200m: 2:48.21	+0,79 35.19
28.	Hugo Neves, SUCENA 50m: 35.32 35.32	03	Alges e Agueda XXI	2:48.30 50.36 200m: 2:48.30	+0,76 38.56
29.	Goncalo Pires, LOURENCO 50m: 36.95 36.95	03	Fundacao Beatriz Santos	2:48.47 48.46 200m: 2:48.47	+0,76 38.46
30.	Henrique Rocha, RODRIGUES 50m: 36.30 36.30	03	Sporting de Aveiro	2:48.84 46.94 200m: 2:48.84	 38.43
31.	Diogo Dio, NORBERTO 50m: 33.40 33.40	03	O Crasto	2:49.12 54.40 200m: 2:49.12	 34.18
32.	David Almeida, GAMEIRO 50m: 36.83 36.83	03	Nucleo de Pombal	2:49.98 51.24 200m: 2:49.98	+0,76 37.99
33.	Joao Salvador, COELHO 50m: 34.44 34.44	03	O Crasto	2:51.08 56.56 200m: 2:51.08	+0,73 36.09
34.	Daniel, REZNICHENKO 50m: 34.33 34.33	03	Nautico Marinha Grande	2:52.30 50.57 200m: 2:52.30	 39.18
35.	Andre Ferreira, PAIVA 50m: 37.40 37.40	03	Feirense	2:53.29 49.20 200m: 2:53.29	+0,85 40.61
36.	Bernardo Jorge, VENTURA 50m: 37.06 37.06	03	Infante de Montemor	2:53.35 54.55 200m: 2:53.35	 37.93
37.	Bruno Francisco, GONCALVES 50m: 37.95 37.95	03	Nautico Marinha Grande	2:55.39 54.08 200m: 2:55.39	+0,83 38.40
38.	Joao Pedro, FERREIRA 50m: 39.59 39.59	03	Academico Viseu	3:01.94 57.21 200m: 3:01.94	+0,93 39.39
DSQ	Ricardo Martins, CARVALHO <i>tocou alternadamente com as mãos na viragem aos 50 m</i>	03	Fundacao Beatriz Santos		+0,83
DNS	Eduardo Dias, AMADO	03	Academica de Coimbra		
EXH	Diogo Matos, RIBEIRO 50m: 30.65 30.65	04	Nautico /Urgicentro-Sanfil	2:27.28 44.60 200m: 2:27.28	+0,75 32.92
EXH	Goncalo Brites, MOITA 50m: 32.13 32.13	04	Nautico /Urgicentro-Sanfil	2:33.45 44.87 200m: 2:33.45	+0,70 32.75

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 26 Femin., 200m Estilos Infantil B FEM
02-07-2017 - 17:15 Resultados

Rec. Nacional Absoluto 2:13.87 Victoria, KAMINSKAYA POR Pontevedra (ESP) 10-04-2017
Rec. Nacional INF B 2:33.06 Ines Camacho, FERNANDES SCP S. João da Madeira 25-07-2009

TAC INF B FEM : 3:25.34

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Ana Matos, CABRAL 50m: 35.26 35.26	05	Nautico /Urgicentro-Sanfil	2:51.01	+0,77
2.	Mariana Carmo, ROSA 50m: 38.57 38.57	05	Louzan Natacao	2:51.03	+0,81
3.	Lara Rodrigues, VASCONCELOS 50m: 38.26 38.26	05	Galitos / Bresimar	2:51.41	
4.	Carolina Rei, PEREIRA 50m: 37.83 37.83	05	Natacao de Vagos	2:51.87	
5.	Rosa Branca, LOPES 50m: 36.17 36.17	05	Pimpoes/Cimai	2:52.62	
6.	Iara Filipa, DIAS 50m: 37.39 37.39	05	Naval de Peniche	2:53.62	+0,84
7.	Maria Beatriz, DIAS 50m: 39.56 39.56	05	Sporting de Aveiro	2:53.89	
8.	Ana Luisa, CARDOSO 50m: 36.86 36.86	05	Estarreja	2:57.15	+0,86
9.	Beatriz Leal, ASCENSAO 50m: 39.99 39.99	05	Infante de Montemor	2:57.75	+0,90
10.	Ines Silva, DIAS 50m: 38.80 38.80	05	Estarreja	2:58.87	+1,00
11.	Carlota Wartburg, CASTRO 50m: 37.05 37.05	05	Academico Viseu	2:59.72	
12.	Joana Rosa, FERREIRA 50m: 40.91 40.91	05	Naval de Peniche	3:00.50	
13.	Marta Carolina, FERREIRA 50m: 43.39 43.39	05	Academico Viseu	3:00.83	+0,89
14.	Maria Lucas, SANTOS 50m: 39.38 39.38	05	Condeixa Clube	3:01.43	+0,76
15.	Juliana Branco, REIS 50m: 40.66 40.66	05	Alcobaca	3:02.40	+1,06
16.	Leonor Ferreira, SEQUEIRA 50m: 39.86 39.86	05	Galitos / Bresimar	3:02.52	
17.	Maria Ines, MARQUES 50m: 42.24 42.24	05	Alcobaca	3:02.63	+0,77
18.	Sara Calisto, PIMENTEL 50m: 40.41 40.41	05	Galitos / Bresimar	3:03.81	+0,86
19.	Lara Vicente, RIBEIRO 50m: 39.88 39.88	05	Louzan Natacao	3:05.05	+0,69
20.	Maria Ines, PINTO 50m: 42.09 42.09	05	Academico Viseu	3:05.20	
21.	Soraia Carvalho, FERREIRA 100m: 1:32.99 1:32.99	05	Nautico Marinha Grande	3:06.29	
22.	Camila Cavaleiro, SILVA 50m: 43.61 43.61	05	Columbofila Cantanhedense	3:07.09	+0,85

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 26, Femin., 200m Estilos, Infantil B FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
23.	Beatriz Sa, GAMA 50m: 42.29 42.29	05	Nautico /Urgicentro-Sanfil	3:07.22	+0,77
	100m: 1:29.48 47.19		150m: 2:27.30 57.82	200m: 3:07.22 39.92	
24.	Rita Lima, PIRES 50m: 44.46 44.46	05	Nautico /Urgicentro-Sanfil	3:08.35	
	100m: 1:32.10 47.64		150m: 2:24.34 52.24	200m: 3:08.35 44.01	
25.	Diana Carvalho, PINEU 50m: 43.95 43.95	05	Bairro dos Anjos/Bomcar	3:12.70	+1,00
	100m: 1:33.44 49.49		150m: 2:33.44 1:00.00	200m: 3:12.70 39.26	
26.	Anita Barreto, DUQUE 100m: 1:32.22 1:32.22	05	Columbofila Cantanhedense	3:12.77	
	150m: 2:30.64 58.42		200m: 3:12.77 42.13		
27.	Sara Andreia, SERRAO 50m: 45.16 45.16	05	Naval de Peniche	3:13.62	+0,86
	100m: 1:33.73 48.57		150m: 2:32.47 58.74	200m: 3:13.62 41.15	
28.	Helena Carolina, DINIS 50m: 42.56 42.56	05	Academica de Coimbra	3:13.86	+0,94
	100m: 1:35.82 53.26		150m: 2:32.66 56.84	200m: 3:13.86 41.20	
29.	Ana Roque, FIGUEIREDO 50m: 42.34 42.34	05	Columbofila Cantanhedense	3:14.75	
	100m: 1:32.63 50.29		150m: 2:31.09 58.46	200m: 3:14.75 43.66	
30.	Catarina Carmo, BELEM 50m: 43.26 43.26	05	Naval de Peniche	3:14.97	+1,04
	100m: 1:32.85 49.59		150m: 2:33.45 1:00.60	200m: 3:14.97 41.52	
31.	Catarina Cruz, STELMASHCHUK 50m: 43.89 43.89	05	Natacao de Vagos	3:15.45	+0,78
	100m: 1:35.61 51.72		150m: 2:33.42 57.81	200m: 3:15.45 42.03	
32.	Maria Joao, RIBEIRO 50m: 43.17 43.17	05	Feirense	3:15.92	+0,48
	100m: 1:35.55 52.38		150m: 2:31.45 55.90	200m: 3:15.92 44.47	
33.	Matilde Santos, CARDOSO 50m: 46.19 46.19	05	Fundacao Beatriz Santos	3:18.23	+0,92
	100m: 1:38.70 52.51		150m: 2:36.22 57.52	200m: 3:18.23 42.01	
34.	Maria Vieira, MALHEIRO 100m: 1:34.62 1:34.62	05	Campinho	3:20.23	
	150m: 2:33.10 58.48		200m: 3:20.23 47.13		
35.	Rita Margarida, RODRIGUES 50m: 44.60 44.60	05	Alcobaca	3:21.10	
	100m: 1:37.46 52.86		150m: 2:37.56 1:00.10	200m: 3:21.10 43.54	
36.	Tatiana Antunes, JESUS 50m: 47.00 47.00	05	Nucleo Ansiao	3:22.29	
	100m: 1:40.05 53.05		150m: 2:37.92 57.87	200m: 3:22.29 44.37	
37.	Joana Maria, MACAS 50m: 45.01 45.01	05	Academica de Coimbra	3:23.08	+0,74
	100m: 1:38.19 53.18		150m: 2:38.44 1:00.25	200m: 3:23.08 44.64	
38.	Gabriela Silva, ANTUNES <i>FTL</i>	05	CASPAE	3:25.99	
	50m: 48.65 48.65		100m: 1:40.80 52.15	150m: 2:42.60 1:01.80	200m: 3:25.99 43.39
DSQ	Maria Fernandes, LOBO <i>a atleta não realizou movimento simultaneo de braços, aos 105 m</i>	05	Nautico /Urgicentro-Sanfil		+0,59
	50m: 45.27 45.27		100m: 1:35.58 50.31		
DSQ	Maria Silva, CARVALHO <i>toque alternado de mãos aos 150 m</i>	05	Pimpoes/Cimai		
	50m: 42.04 42.04		100m: 1:32.73 50.69		

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 26, Femin., 200m Estilos

Prova 26 Femin., 200m Estilos Infantil A FEM
02-07-2017 - 17:15 Resultados

Rec. Nacional Absoluto	2:13.87	Victoria, KAMINSKAYA	POR	Pontevedra (ESP)	10-04-2017
Rec. Nacional INF A	2:28.56	Susana Patricia, MIGUEL	POR	Paris (FRA)	29-07-2003
TAC INF A FEM : 3:18.14					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Maria Lopes, AMADO	04	Bairro dos Anjos/Bomcar	2:34.79	+0,80
	50m: 32.37 32.37	100m: 1:11.56 39.19	150m: 1:58.43	46.87	200m: 2:34.79 36.36
2.	Maria Vieira, MARQUES	04	Natacao de Vagos	2:35.90	
	50m: 32.52 32.52	100m: 1:13.96 41.44	150m: 1:59.81	45.85	200m: 2:35.90 36.09
3.	Sofia Viola, ABREU	04	Naval de Peniche	2:40.74	+0,97
	50m: 33.65 33.65	100m: 1:14.90 41.25	150m: 2:03.59	48.69	200m: 2:40.74 37.15
4.	Joana Santos, COSTA	04	Galitos / Bresimar	2:41.76	+0,73
	50m: 33.16 33.16	100m: 1:15.71 42.55	150m: 2:03.98	48.27	200m: 2:41.76 37.78
5.	Constanca Alexandra, SILVA	04	Pimpoes/Cimai	2:42.26	+0,83
	50m: 33.98 33.98	100m: 1:14.71 40.73	150m: 2:04.93	50.22	200m: 2:42.26 37.33
6.	Bruna Silva, MOITEIRO	04	Nautico Marinha Grande	2:44.55	+0,54
	50m: 36.37 36.37	100m: 1:18.45 42.08	150m: 2:08.26	49.81	200m: 2:44.55 36.29
7.	Maria Francisca, ALVES	04	Bairro dos Anjos/Bomcar	2:46.20	
	50m: 37.85 37.85	100m: 1:22.11 44.26	150m: 2:08.83	46.72	200m: 2:46.20 37.37
8.	Laura Macedo, LAGOA	04	Bairro dos Anjos/Bomcar	2:47.35	+0,89
	50m: 37.82 37.82	100m: 1:20.90 43.08	150m: 2:09.50	48.60	200m: 2:47.35 37.85
9.	Juliana Tavares, MAIA	04	Alges e Agueda XXI	2:47.47	
	50m: 34.61 34.61	100m: 1:18.91 44.30	150m: 2:11.86	52.95	200m: 2:47.47 35.61
10.	Jacinta Martins, VIANA	04	Natacao de Vagos	2:47.71	
	50m: 36.82 36.82	100m: 1:20.50 43.68	150m: 2:10.42	49.92	200m: 2:47.71 37.29
11.	Maria Martim, COUTINHO	04	Bairro dos Anjos/Bomcar	2:48.93	+0,84
	50m: 37.11 37.11	100m: 1:18.95 41.84	150m: 2:11.63	52.68	200m: 2:48.93 37.30
12.	Mariana Silva, TAVARES	04	Estarreja	2:49.20	
	50m: 37.31 37.31	100m: 1:21.74 44.43	150m: 2:12.75	51.01	200m: 2:49.20 36.45
13.	Leonor Correia, PAIVA	04	Louzan Natacao	2:50.07	+0,70
	50m: 36.68 36.68	100m: 1:17.95 41.27	150m: 2:10.08	52.13	200m: 2:50.07 39.99
14.	Margarida Santos, LOPES	04	Estarreja	2:51.02	+0,64
	50m: 37.59 37.59	100m: 1:23.22 45.63	150m: 2:11.96	48.74	200m: 2:51.02 39.06
15.	Maria Joao, REIS	04	Nautico Marinha Grande	2:51.10	+0,72
	50m: 36.66 36.66	100m: 1:18.15 41.49	150m: 2:12.48	54.33	200m: 2:51.10 38.62
16.	Maria Joao, CASTRO	04	Sporting de Aveiro	2:51.52	+0,93
	50m: 41.58 41.58	100m: 1:25.09 43.51	150m: 2:14.04	48.95	200m: 2:51.52 37.48
17.	Maria Eduarda, TRINDADE	04	Estamos Juntos	2:51.71	+0,99
	50m: 35.63 35.63	100m: 1:19.41 43.78	150m: 2:13.28	53.87	200m: 2:51.71 38.43
18.	Eva Pinho, RESENDE	04	Estarreja	2:52.36	+0,81
	50m: 38.96 38.96	100m: 1:20.51 41.55	150m: 2:15.36	54.85	200m: 2:52.36 37.00
19.	Ines Dias, CRUZ	04	Fundacao Beatriz Santos	2:53.05	+0,74
	50m: 35.52 35.52	100m: 1:20.95 45.43	150m: 2:14.46	53.51	200m: 2:53.05 38.59
20.	Renata Bandeira, SIMAO	04	Estarreja	2:53.20	
	50m: 40.24 40.24	100m: 1:24.77 44.53	150m: 2:15.65	50.88	200m: 2:53.20 37.55
21.	Leonor Correia, CUNHA	04	Condeixa Clube	2:53.37	+0,81
	50m: 38.87 38.87	100m: 1:22.77 43.90	150m: 2:12.78	50.01	200m: 2:53.37 40.59
22.	Francisca Bonifacio, ALVES	04	Bairro dos Anjos/Bomcar	2:53.76	+0,92
	50m: 36.76 36.76	100m: 1:22.76 46.00	150m: 2:14.43	51.67	200m: 2:53.76 39.33

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 26, Femin., 200m Estilos, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
23.	Rita Santos, MACHADO 50m: 38.83 38.83	04	Estamos Juntos	2:55.34	+0,87
	100m: 1:27.94 49.11 150m: 2:15.96			48.02 200m: 2:55.34	39.38
24.	Ines Beatriz, NEVES 50m: 35.35 35.35	04	Nucleo de Pombal	2:56.15	+0,75
	100m: 1:21.33 45.98 150m: 2:16.58			55.25 200m: 2:56.15	39.57
25.	Ines Duarte, PAREDES 50m: 40.20 40.20	04	Clube de Vouzela	2:56.55	
	100m: 1:23.48 43.28 150m: 2:17.95			54.47 200m: 2:56.55	38.60
26.	Cintia Silva, VIEIRA 50m: 38.40 38.40	04	Freguesia de Paiao	2:57.44	
	100m: 1:27.34 48.94 150m: 2:19.64			52.30 200m: 2:57.44	37.80
27.	Carla Sandrina, FERREIRA 50m: 38.11 38.11	04	O Crasto	2:57.63	+1,14
	100m: 1:24.49 46.38 150m: 2:20.14			55.65 200m: 2:57.63	37.49
28.	Daniela Filipa, ABREU 50m: 37.43 37.43	04	Campinho	2:58.10	+0,97
	100m: 1:29.77 52.34 150m: 2:17.99			48.22 200m: 2:58.10	40.11
29.	Ines Silva, FELIX 50m: 41.57 41.57	04	Sporting de Aveiro	2:58.61	+0,62
	100m: 1:26.94 45.37 150m: 2:19.34			52.40 200m: 2:58.61	39.27
30.	Marta Monteiro, PEREIRA 50m: 40.09 40.09	04	O Crasto	2:58.68	+0,70
	100m: 1:26.93 46.84 150m: 2:21.94			55.01 200m: 2:58.68	36.74
31.	Andreia Clara, GOMES 50m: 38.91 38.91	04	Bairro dos Anjos/Bomcar	2:58.69	+0,88
	100m: 1:27.30 48.39 150m: 2:18.58			51.28 200m: 2:58.69	40.11
32.	Bruna Alexandra, GOMES 50m: 39.15 39.15	04	Bairro dos Anjos/Bomcar	2:59.20	+0,98
	100m: 1:27.04 47.89 150m: 2:18.17			51.13 200m: 2:59.20	41.03
33.	Diana Sofia, ABREU 50m: 38.08 38.08	04	Campinho	2:59.73	+0,86
	100m: 1:25.39 47.31 150m: 2:19.26			53.87 200m: 2:59.73	40.47
34.	Beatriz Nogueira, PEREIRA 50m: 40.41 40.41	04	Infante de Montemor	2:59.89	
	100m: 1:25.91 45.50 150m: 2:20.47			54.56 200m: 2:59.89	39.42
35.	Ana Filipa, SILVA 50m: 39.07 39.07	04	Infante de Montemor	3:00.95	+0,79
	100m: 1:23.55 44.48 150m: 2:22.37			58.82 200m: 3:00.95	38.58
36.	Ines Miguel, SILVA 50m: 39.29 39.29	04	Nautico Marinha Grande	3:01.01	
	100m: 1:26.02 46.73 150m: 2:20.48			54.46 200m: 3:01.01	40.53
37.	Catarina Rodrigues, SILVA 50m: 38.56 38.56	04	Naval de Peniche	3:01.96	
	100m: 1:25.60 47.04 150m: 2:21.04			55.44 200m: 3:01.96	40.92
38.	Ines Silva, MONTEIRO 50m: 38.50 38.50	04	Nautico Marinha Grande	3:02.38	+0,82
	100m: 1:27.83 49.33 150m: 2:21.17			53.34 200m: 3:02.38	41.21
39.	Ana Rita, TOMAS 50m: 37.43 37.43	04	Nucleo Ansiao	3:03.88	+0,83
	100m: 1:26.45 49.02 150m: 2:22.16			55.71 200m: 3:03.88	41.72
40.	Petra Lopes, COELHO 50m: 41.52 41.52	04	Academica de Coimbra	3:05.35	
	100m: 1:31.94 50.42 150m: 2:22.58			50.64 200m: 3:05.35	42.77
41.	Maria Francisca, GASPAS 50m: 41.02 41.02	04	Freguesia de Paiao	3:06.73	+0,84
	100m: 1:33.16 52.14 150m: 2:24.73			51.57 200m: 3:06.73	42.00
42.	Mariana Goncalves, FONSECA 50m: 38.62 38.62	04	Nautico Marinha Grande	3:06.77	+0,96
	100m: 1:26.74 48.12 150m: 2:25.14			58.40 200m: 3:06.77	41.63
43.	Safira Santos, DUARTE 50m: 42.06 42.06	04	Naval da Nazare	3:07.02	
	100m: 1:34.41 52.35 150m: 2:24.51			50.10 200m: 3:07.02	42.51
44.	Beatriz Sofia, AMARO 50m: 46.46 46.46	04	Nautico Marinha Grande	3:07.37	+0,87
	100m: 1:32.18 45.72 150m: 2:26.46			54.28 200m: 3:07.37	40.91
45.	Marta Cecilia, SANTOS 50m: 44.68 44.68	04	Estarreja	3:09.70	+0,98
	100m: 1:32.30 47.62 150m: 2:28.69			56.39 200m: 3:09.70	41.01
46.	Mariana Soares, DUARTE 50m: 44.97 44.97	04	Bairro dos Anjos/Bomcar	3:10.14	
	100m: 1:33.13 48.16 150m: 2:28.00			54.87 200m: 3:10.14	42.14

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 26, Femin., 200m Estilos, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
47.	Joana Carla, MARQUES	04	Fundacao Beatriz Santos	3:12.10	+0,80
	50m: 42.65 42.65 100m: 1:32.15 49.50 150m: 2:28.84 56.69 200m: 3:12.10 43.26				
48.	Joana Beatriz, RODRIGUES	04	CASPAE	3:13.34	+0,93
	50m: 42.66 42.66 100m: 1:32.28 49.62 150m: 2:31.44 59.16 200m: 3:13.34 41.90				
49.	Laura Rodrigues, MARGATO	04	CASPAE	3:15.06	+0,90
	50m: 45.58 45.58 100m: 1:33.21 47.63 150m: 2:33.69 1:00.48 200m: 3:15.06 41.37				
DSQ	Sofia Neto, OLIVEIRA	04	Galitos / Bresimar		+0,81
	<i>toque alternado de mãos na viragem aos 50 m</i>				
DSQ	Beatriz Ferreira, GASPAR	04	Individual ANCNP		
	<i>a atleta perdeu a posição de costas, antes do toque na parede na viragem aos 100 m</i>				
DNS	Matilde Alves, FLORENCIO	04	Fundacao Beatriz Santos		
DNS	Joana Farto, PEDRO	04	Vieirense		
EXH	Filipa Moniz, PISSARRO	05	Academica de Coimbra	3:18.57	
	50m: 50.37 50.37 100m: 1:42.29 51.92 150m: 2:35.13 52.84 200m: 3:18.57 43.44				
EXH	Catarina Iourtaeva, MESQUITA	05	Natacao de Vagos	3:19.25	+0,81
	50m: 44.32 44.32 100m: 1:36.22 51.90 150m: 2:36.10 59.88 200m: 3:19.25 43.15				
EXH	Matilde Abreu, SILVA	05	Natacao de Vagos	3:19.43	
	50m: 48.27 48.27 100m: 1:41.80 53.53 150m: 2:37.40 55.60 200m: 3:19.43 42.03				

Prova 27
02-07-2017 - 18:15

Misto, 4 x 100m Livres

Infantis B
Resultados

Lugar	Clube	Tempo Final	TReac
1.	BA/ Bomcar INF B	4:34.36	
	Vitor Belo, CLARA 04 31.23 1:04.18 Carlota Macedo, LAGOA 05 33.49 1:09.01 Diana Carvalho, PINEU 05 37.34 1:20.04 Rodrigo Miguel, REIS 04 29.28 1:01.13		
2.	Nautico /Urgicentro-Sanfil Inf B	4:43.67	
	Alexandre Viegas, MARTINS 04 31.88 1:07.88 Ana Matos, CABRAL 05 34.39 1:11.82 Francisco Almeida, SANTOS 04 33.11 1:08.92 Beatriz Sa, GAMA 05 35.38 1:15.05		
3.	Galitos / Bresimar Inf B	4:47.19	
	Bernardo Rodrigues, TAVARES 04 32.94 1:10.47 Rodrigo Figueiredo, BRANCO 04 34.15 1:11.73 Leonor Ferreira, SEQUEIRA 05 35.17 1:13.15 Maria Carolina, ALMEIDA 05 34.00 1:11.84		
4.	Academico Viseu Inf B	4:47.65	
	Maria Ines, PINTO 05 36.60 1:16.31 Marta Carolina, FERREIRA 05 33.11 1:15.53 Rui Tomas, CABRAL 04 37.73 1:07.31 Tiberius Sebastian, NEAGU 04 33.11 1:08.50		
5.	Estarreja Inf B	5:03.77	
	Ana Luisa, CARDOSO 05 36.90 1:16.82 Ines Silva, DIAS 05 35.63 1:14.24 Ricardo Gabriel, OLIVEIRA 04 37.73 1:18.81 Tiago Diniz, LIMA 04 35.71 1:13.90		

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 27, Misto, 4 x 100m Livres

Prova 27
02-07-2017 - 18:15

Misto, 4 x 100m Livres

Intantis A
Resultados

Lugar	Clube	Tempo Final	TReac
1. Nautico /Urgicentro-Sanfil Inf A	Nautico /Urgicentro-Sanfil	4:19.71	
Manuel Baptista, SIMOES 03 30.47	1:04.57 Joana Francisca, RODRIGUES 04 32.28		1:06.66
Ana Carolina, MONTEIRO 04 32.07	1:07.17 Martim Miranda, MACHADO 03 29.38		1:01.31
2. Galitos / Bresimar Inf A	Galitos / Bresimar	4:28.13	
Renato Miguel, CARVALHO 03 30.40	1:02.88 Joao Octavio, TEIXEIRA 03 32.09		1:06.06
Catarina Nunes, ALMEIDA 04 33.03	1:08.86 Sofia Neto, OLIVEIRA 04 33.28		1:10.33
3. Natacao de Vagos Inf A	Natacao de Vagos	4:29.00	
Maria Vieira, MARQUES 04 31.44	1:04.20 Jacinta Martins, VIANA 04 33.15		1:08.25
Rafael Domingues, SA 03 33.90	1:09.10 Micael Kovalchuk, SOLODYUK 03 32.17		1:07.45
4. Estarreja Inf A	Estarreja	4:29.54	
Marta Cecilia, SANTOS 04 34.93	1:13.14 Margarida Santos, LOPES 04 33.18		1:10.08
Tomas Soares, FERREIRA 03 30.27	1:03.83 Joao Antonio, OLIVEIRA 03 29.81		1:02.49
5. Academico Viseu Inf A	Academico Viseu	4:35.91	
Beatriz Santos, CORREIA 04 32.93	1:09.19 Joao Pedro, FERREIRA 03 35.20		1:13.48
Beatriz Nunes, CARDEAL 04 32.56	1:08.28 Goncalo Seixas, FERREIRA 03 31.85		1:04.96
6. O Crasto Inf A	O Crasto	4:39.54	
Joao Salvador, COELHO 03 32.60	1:08.41 Marta Monteiro, PEREIRA 04 33.82		1:10.94
Diogo Dio, NORBERTO 03 31.86	1:06.03 Carla Sandrina, FERREIRA 04 35.30		1:14.16
7. Sporting de Aveiro Inf A	Sporting de Aveiro	4:42.14	
Ines Silva, FELIX 04 34.11	1:11.01 Maria Joao, CASTRO 04 33.62		1:11.08
Henrique Rocha, RODRIGUES 03 34.52	1:13.27 Sergio Miguel, LIMOES 03 32.02		1:06.78
8. BA/ Bomcar INF A	Bairro dos Anjos/Bomcar	4:42.17	
Joao Jose, SILVA 03 29.11	1:00.34 Mariana Soares, DUARTE 04 37.90		1:20.39
Francisca Bonifacio, ALVES 04 34.46	1:12.24 Jose Antonio, PARADELA 03 32.91		1:09.20
9. Fundacao Beatriz Santos Inf A	Fundacao Beatriz Santos	4:55.20	
Ricardo Martins, CARVALHO 03 35.83	1:14.09 Goncalo Pires, LOURENCO 03 35.77		1:14.73
Ana Catarina, SILVA 04 35.27	1:12.37 Ines Dias, CRUZ 04 35.77		1:14.01
10. Campinho Inf A	Campinho	5:06.27	
Diana Sofia, ABREU 04 34.85	1:13.95 Daniela Filipa, ABREU 04 36.84		1:17.96
Joao Pedro, FONTOURA 03 36.18	1:18.49 Guilherme Tomas, SILVA 03 36.84		1:15.87

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

3 - 2ª Jornada - Sessão da Manhã

02-07-2017 - 9:30

Prova 14		Femin., 200m Mariposa				Infantil B FEM
02-07-2017 - 9:30						Resultados
Rec. Nacional Absoluto	2:10.14	Sara Freitas, OLIVEIRA	POR	Beijing (CHN)	12-08-2008	
Rec. Nacional INF B	2:30.76	Susana Patricia, MIGUEL	SFUAP	Restelo	20-07-2002	
TAC INF B FEM : 3:32.71						

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Rosa Branca, LOPES	05	Pimpoes/Cimai	3:02.33	
	50m: 39.09 39.09	100m: 1:24.82 45.73	150m: 2:15.87 51.05	200m: 3:02.33	46.46
2.	Sara Calisto, PIMENTEL	05	Galitos / Bresimar	3:11.46	
	50m: 41.82 41.82	100m: 1:31.30 49.48	150m: 2:24.59 53.29	200m: 3:11.46	46.87

Prova 14		Femin., 200m Mariposa				Infantil A FEM
02-07-2017 - 9:30						Resultados
Rec. Nacional Absoluto	2:10.14	Sara Freitas, OLIVEIRA	POR	Beijing (CHN)	12-08-2008	
Rec. Nacional INF A	2:25.32	Susana Patricia, MIGUEL	SFUAP	Restelo	05-07-2003	
TAC INF A FEM : 3:21.08						

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Maria Ines, SILVA	04	Alcobaca	2:50.42	
	50m: 37.73 37.73	100m: 1:20.21 42.48	150m: 2:06.80 46.59	200m: 2:50.42	43.62
2.	Rita Mendes, SIMOES	04	Bairro dos Anjos/Bomcar	2:50.55	
	50m: 37.75 37.75	100m: 1:21.28 43.53	150m: 2:07.97 46.69	200m: 2:50.55	42.58
3.	Ines Silva, MONTEIRO	04	Nautico Marinha Grande	2:59.24	
	50m: 39.84 39.84	100m: 1:24.52 44.68	150m: 2:11.88 47.36	200m: 2:59.24	47.36
4.	Jacinta Martins, VIANA	04	Natacao de Vagos	3:01.10	
	50m: 38.33 38.33	100m: 1:24.46 46.13	150m: 2:13.34 48.88	200m: 3:01.10	47.76
5.	Mariana Silva, TAVARES	04	Estarreja	3:03.13	
	50m: 38.94 38.94	100m: 1:25.43 46.49	150m: 2:15.16 49.73	200m: 3:03.13	47.97
6.	Eva Pinho, RESENDE	04	Estarreja	3:04.92	
	50m: 38.88 38.88	100m: 1:26.90 48.02	150m: 2:18.73 51.83	200m: 3:04.92	46.19
7.	Mafalda Vestia, FIDALGO	04	Nautico /Urgicentro-Sanfil	3:08.33	
	50m: 38.44 38.44	100m: 1:23.48 45.04	150m: 2:15.68 52.20	200m: 3:08.33	52.65
8.	Alexandra Cordeiro, SILVA	04	Alcobaca	3:16.57	
	50m: 40.08 40.08	100m: 1:30.95 50.87	150m: 2:24.80 53.85	200m: 3:16.57	51.77
DNS	Beatriz Borges, LOURA	04	Campinho		

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 15 Masc., 100m Mariposa Infantil B MASC
02-07-2017 - 9:40 Resultados

Rec. Nacional Absoluto	52.42	Diogo Filipe, CARVALHO	CGA	Lisboa	29-03-2009
Rec. Nacional INF B	1:03.64	Fabio Parrilha da, SILVA	CNAL	S. João da Madeira	22-07-2000

TAC INF B MASC : 1:28.01

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Ricardo Morais, FARIA 50m: 30.10 30.10	04	Bairro dos Anjos/Bomcar	1:05.66	
2.	Diogo Matos, RIBEIRO 50m: 30.61 30.61	04	Nautico /Urgicentro-Sanfil	1:05.85	
3.	Rodrigo Miguel, REIS 50m: 32.47 32.47	04	Bairro dos Anjos/Bomcar	1:10.35	
4.	Joao Afonso, ANTUNES 50m: 33.15 33.15	04	Galitos / Bresimar	1:11.13	
5.	Alexandre Piteira, GAIOLAS 50m: 35.55 35.55	04	Nautico Marinha Grande	1:16.94	
6.	Tiago Maia, PEREIRA 50m: 36.44 36.44	04	Sporting de Aveiro	1:18.73	
7.	Filipe Santos, CARDOSO 50m: 36.12 36.12	04	Gafanha da Encarnacao	1:18.89	
8.	Diogo Alves, ARCANJO 50m: 36.76 36.76	04	Nautico /Urgicentro-Sanfil	1:19.72	
9.	Guilherme Pinho, DOMINGOS 50m: 36.24 36.24	04	Louzan Natacao	1:19.98	
10.	Daniel, TSYKAL 50m: 38.83 38.83	04	Alcobaca	1:22.22	
11.	Duarte Gil, SALVADOR 50m: 39.65 39.65	04	Nautico Marinha Grande	1:24.54	
12.	Daniel Jose, FERNANDES 50m: 39.98 39.98	04	Alcobaca	1:27.47	
13.	Ricardo Gabriel, OLIVEIRA FTL 50m: 42.34 42.34	04	Estarreja	1:29.93	

Prova 15 Masc., 100m Mariposa Infantil A MASC
02-07-2017 - 9:40 Resultados

Rec. Nacional Absoluto	52.42	Diogo Filipe, CARVALHO	CGA	Lisboa	29-03-2009
Rec. Nacional INF A	1:00.27	Fabio Parrilha da, SILVA	CNAL	Campanhã	28-07-2001

TAC INF A MASC : 1:22.34

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Manuel Baptista, SIMOES 50m: 29.35 29.35	03	Nautico /Urgicentro-Sanfil	1:05.83	
2.	Joao Jose, SILVA 50m: 31.46 31.46	03	Bairro dos Anjos/Bomcar	1:06.10	
3.	Rafael Pinto, SANTOS 50m: 32.39 32.39	03	Feirense	1:07.66	
4.	Manuel Cruz, FARDILHA 50m: 30.98 30.98	03	Galitos / Bresimar	1:08.24	
5.	Martim Miranda, MACHADO 50m: 32.39 32.39	03	Nautico /Urgicentro-Sanfil	1:09.99	

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 15, Masc., 100m Mariposa, Infantil A MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac
6.	Vitor Teixeira, OLIVEIRA 50m: 33.54 33.54 100m:	03	Columbofila Cantanhedense	1:11.49 1:11.49 37.95	
7.	Guilherme Mendes, SOUSA 50m: 32.47 32.47 100m:	03	Nautico Marinha Grande	1:11.82 1:11.82 39.35	
8.	Gustavo Oliveira, MARQUES 50m: 32.70 32.70 100m:	03	Sporting de Espinho	1:12.08 1:12.08 39.38	
9.	Filipe Apostolo, GASPAR 50m: 34.70 34.70 100m:	03	Freguesia de Paiao	1:15.15 1:15.15 40.45	
10.	Bruno Francisco, GONCALVES 50m: 34.37 34.37 100m:	03	Nautico Marinha Grande	1:15.34 1:15.34 40.97	
11.	Goncalo Pires, LOURENCO 50m: 36.52 36.52 100m:	03	Fundacao Beatriz Santos	1:18.02 1:18.02 41.50	
12.	Joao Tiago, JESUS 50m: 34.98 34.98 100m:	03	Estarreja	1:19.32 1:19.32 44.34	
13.	Joao Pedro, FERREIRA <i>FTL</i> 50m: 38.59 38.59 100m:	03	Academico Viseu	1:27.80 1:27.80 49.21	
EXH	Ricardo Lopes, SILVA 50m: 31.20 31.20 100m:	03	Nautico Marinha Grande	1:07.70 1:07.70 36.50	
EXH	Joao Reis, COELHO 50m: 31.51 31.51 100m:	03	Desporto de Tondela	1:09.38 1:09.38 37.87	

Prova 16

Femin., 200m Costas

Infantil B FEM

02-07-2017 - 9:45

Resultados

Rec. Nacional Absoluto	2:15.27	Francisca Gomes, AZEVEDO	SAD	Coimbra	20-06-2015
Rec. Nacional INF B	2:33.03	Keissy Joselin, SOUSA	FCP	Famalicão	27-07-1997

TAC INF B FEM : 3:24.66

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Iara Filipa, DIAS 50m: 42.10 42.10 100m:	05	Naval de Peniche	2:54.43 1:27.47 45.37 150m: 2:12.76 45.29 200m: 2:54.43 41.67	
2.	Mariana Carmo, ROSA 50m: 41.66 41.66 100m:	05	Louzan Natacao	2:56.06 1:26.62 44.96 150m: 2:12.19 45.57 200m: 2:56.06 43.87	
3.	Marta Carolina, FERREIRA 50m: 43.20 43.20 100m:	05	Academico Viseu	2:57.00 1:28.14 44.94 150m: 2:14.02 45.88 200m: 2:57.00 42.98	
4.	Beatriz Sa, GAMA 50m: 40.77 40.77 100m:	05	Nautico /Urgicentro-Sanfil	2:59.35 1:26.85 46.08 150m: 2:14.29 47.44 200m: 2:59.35 45.06	
5.	Maria Ines, MARQUES 50m: 44.68 44.68 100m:	05	Alcobaca	3:04.20 1:31.13 46.45 150m: 2:18.98 47.85 200m: 3:04.20 45.22	
6.	Ana Roque, FIGUEIREDO 50m: 45.53 45.53 100m:	05	Columbofila Cantanhedense	3:06.66 1:32.57 47.04 150m: 2:21.64 49.07 200m: 3:06.66 45.02	
7.	Vanessa Sofia, OLIVEIRA 100m: 1:30.58 1:30.58 150m:	05	Galitos / Bresimar	3:06.67 2:19.14 48.56 200m: 3:06.67 47.53	
8.	Anita Barreto, DUQUE 50m: 44.73 44.73 100m:	05	Columbofila Cantanhedense	3:09.30 1:32.51 47.78 150m: 2:21.73 49.22 200m: 3:09.30 47.57	
9.	Catarina Cruz, STELMASHCHUK 50m: 45.69 45.69 100m:	05	Natacao de Vagos	3:17.23 1:35.31 49.62 150m: 2:27.40 52.09 200m: 3:17.23 49.83	

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Prova 16, Femin., 200m Costas, Infantil B FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
10.	Soraia Carvalho, FERREIRA	05	Nautico Marinha Grande	3:18.58	
	50m: 47.36 47.36	100m: 1:37.96 50.60	150m: 2:29.22	51.26	200m: 3:18.58 49.36
11.	Sara Joao, ASSIS	05	Campinho	3:20.34	
	50m: 47.83 47.83	100m: 1:40.20 52.37	150m: 2:31.49	51.29	200m: 3:20.34 48.85
12.	Matilde Santos, CARDOSO	05	Fundacao Beatriz Santos	3:22.70	
	50m: 47.48 47.48	100m: 1:39.16 51.68	150m: 2:31.81	52.65	200m: 3:22.70 50.89

Prova 16 Femin., 200m Costas Infantil A FEM
02-07-2017 - 9:45 Resultados

Rec. Nacional Absoluto	2:15.27	Francisca Gomes, AZEVEDO	SAD	Coimbra	20-06-2015
Rec. Nacional INF A	2:23.57	Rafaela Gomes, AZEVEDO	POR	Genova (ITA)	20-06-2015
TAC INF A FEM :	3:17.47				

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Carolina Carreira, DIAS	04	Columbofila Cantanhedense	2:36.71	
	50m: 37.40 37.40	100m: 1:16.61 39.21	150m: 1:57.49	40.88	200m: 2:36.71 39.22
2.	Maria Joao, REIS	04	Nautico Marinha Grande	2:39.10	
	50m: 37.48 37.48	100m: 1:17.78 40.30	150m: 2:00.10	42.32	200m: 2:39.10 39.00
3.	Ana Correia, SOUSA	04	Pimpoes/Cimai	2:44.20	
	50m: 39.42 39.42	100m: 1:20.82 41.40	150m: 2:03.77	42.95	200m: 2:44.20 40.43
4.	Beatriz Nunes, CARDEAL	04	Academico Viseu	2:44.83	
	50m: 39.47 39.47	100m: 1:21.20 41.73	150m: 2:04.05	42.85	200m: 2:44.83 40.78
5.	Ines Duarte, PAREDES	04	Clube de Vouzela	2:45.22	
	50m: 36.66 36.66	100m: 1:19.11 42.45	200m: 2:45.22	1:26.11	
6.	Maria Eduarda, TRINDADE	04	Estamos Juntos	2:46.38	
	50m: 38.84 38.84	100m: 1:20.39 41.55	150m: 2:04.40	44.01	200m: 2:46.38 41.98
7.	Bruna Silva, MOITEIRO	04	Nautico Marinha Grande	2:46.40	
	50m: 38.85 38.85	100m: 1:21.51 42.66	150m: 2:05.16	43.65	200m: 2:46.40 41.24
8.	Leonor Horta, COSTA	04	Nautico /Urgicentro-Sanfil	2:46.52	
	50m: 38.03 38.03	100m: 1:20.61 42.58	150m: 2:04.44	43.83	200m: 2:46.52 42.08
9.	Leonor Correia, CUNHA	04	Condeixa Clube	2:51.60	
	50m: 40.32 40.32	100m: 1:23.24 42.92	150m: 2:08.22	44.98	200m: 2:51.60 43.38
10.	Ines Beatriz, NEVES	04	Nucleo de Pombal	2:52.54	
	50m: 40.21 40.21	100m: 1:24.35 44.14	150m: 2:09.31	44.96	200m: 2:52.54 43.23
11.	Ana Catarina, SILVA	04	Fundacao Beatriz Santos	2:53.32	
	50m: 42.65 42.65	100m: 1:26.23 43.58	150m: 2:10.71	44.48	200m: 2:53.32 42.61
12.	Catarina Rodrigues, SILVA	04	Naval de Peniche	2:54.19	
	50m: 40.96 40.96	100m: 1:26.03 45.07	150m: 2:11.85	45.82	200m: 2:54.19 42.34
13.	Beatriz Gomes, MIGUEL	04	Pimpoes/Cimai	2:56.14	
	50m: 42.07 42.07	100m: 1:25.48 43.41	150m: 2:12.36	46.88	200m: 2:56.14 43.78
14.	Ines Miguel, SILVA	04	Nautico Marinha Grande	3:00.09	
	50m: 42.98 42.98	100m: 1:28.96 45.98	150m: 2:14.71	45.75	200m: 3:00.09 45.38
15.	Mariana Goncalves, FONSECA	04	Nautico Marinha Grande	3:02.55	
	50m: 42.21 42.21	100m: 1:29.10 46.89	150m: 2:16.24	47.14	200m: 3:02.55 46.31
16.	Marta Cecilia, SANTOS	04	Estarreja	3:03.57	
	50m: 44.01 44.01	100m: 1:30.39 46.38	150m: 2:18.34	47.95	200m: 3:03.57 45.23
17.	Carla Sandrina, FERREIRA	04	O Crasto	3:04.24	
	50m: 44.03 44.03	100m: 1:31.72 47.69	150m: 2:20.00	48.28	200m: 3:04.24 44.24
18.	Ana Rita, TOMAS	04	Nucleo Ansiao	3:05.52	
	100m: 1:31.27 1:31.27	200m: 3:05.52 1:34.25			

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 16, Femin., 200m Costas, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
19.	Laura Rodrigues, MARGATO	04	CASPAAE	3:12.14	
	50m: 45.60 45.60	100m: 1:35.02 49.42	150m: 2:24.98 49.96	200m: 3:12.14 47.16	
20.	Joana Carla, MARQUES	04	Fundacao Beatriz Santos	3:14.51	
	50m: 45.59 45.59	100m: 1:35.38 49.79	150m: 2:24.54 49.16	200m: 3:14.51 49.97	
EXH	Constanca Alexandra, SILVA	04	Pimpoes/Cimai	2:40.65	
	50m: 36.93 36.93	100m: 1:16.96 40.03	150m: 1:59.49 42.53	200m: 2:40.65 41.16	
EXH	Diana Sofia, ABREU	04	Campinho	3:07.90	
	50m: 43.37 43.37	100m: 1:31.46 48.09	150m: 2:19.69 48.23	200m: 3:07.90 48.21	
EXH	Maria Silva, CARVALHO	05	Pimpoes/Cimai	3:17.67	
	50m: 46.70 46.70	100m: 1:35.89 49.19	150m: 2:28.34 52.45	200m: 3:17.67 49.33	

Prova 17
02-07-2017 - 10:05

Masc., 100m Costas

Infantil B MASC
Resultados

Rec. Nacional Absoluto	55.01	Gabriel Jose, LOPES	ALN	Coimbra	31-03-2017
Rec. Nacional INF B	1:05.61	Goncalo Henriques, WANZELLER	CFB	Famalicão	16-07-2016
TAC INF B MASC : 1:28.76					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Nuno Marques, SILVA	04	Bairro dos Anjos/Bomcar	1:13.33	
	50m: 35.98 35.98	100m: 1:13.33 37.35			
2.	Pedro Duarte, JESUS	04	Galitos / Bresimar	1:14.11	
	50m: 35.82 35.82	100m: 1:14.11 38.29			
3.	Gustavo Pires, MARQUES	04	Fundacao Beatriz Santos	1:14.68	
	50m: 36.85 36.85	100m: 1:14.68 37.83			
4.	Vitor Belo, CLARA	04	Bairro dos Anjos/Bomcar	1:15.49	
	50m: 36.27 36.27	100m: 1:15.49 39.22			
5.	Guilherme Silva, CASTANHEIRA	04	Bairro dos Anjos/Bomcar	1:16.47	
	50m: 37.46 37.46	100m: 1:16.47 39.01			
6.	Alexandre Viegas, MARTINS	04	Nautico /Urgicentro-Sanfil	1:16.87	
	50m: 36.49 36.49	100m: 1:16.87 40.38			
7.	Lucas Pipiraite, CARDOSO	04	Naval da Nazare	1:17.89	
	50m: 37.49 37.49	100m: 1:17.89 40.40			
8.	Vasco Silva, SOUSA	04	Bairro dos Anjos/Bomcar	1:18.98	
	50m: 38.41 38.41	100m: 1:18.98 40.57			
9.	Joao Filipe, ROCHA	04	Sporting de Espinho	1:21.11	
	50m: 38.88 38.88	100m: 1:21.11 42.23			
10.	Tiago Diniz, LIMA	04	Estarreja	1:22.59	
	50m: 41.29 41.29	100m: 1:22.59 41.30			
11.	Antonio Pedro, NIFO	04	Sporting de Aveiro	1:23.72	
	50m: 40.91 40.91	100m: 1:23.72 42.81			
12.	Timur Antonovich, MORITS	04	Nautico Marinha Grande	1:26.93	
	50m: 40.82 40.82	100m: 1:26.93 46.11			

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 17, Masc., 100m Costas

Prova 17 Masc., 100m Costas Infantil A MASC
02-07-2017 - 10:05 Resultados

Rec. Nacional Absoluto	55.01	Gabriel Jose, LOPES	ALN	Coimbra	31-03-2017
Rec. Nacional INF A	1:01.39	Alexandre Lages, RIBAS	EDV	Lisboa	22-07-2011
TAC INF A MASC : 1:24.34					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	David, MARTYN 50m: 32.57 32.57 100m: 1:07.15 34.58	03	Benedita	1:07.15	
2.	David Emanuel, TOME 50m: 33.19 33.19 100m: 1:08.78 35.59	03	Hoquei Mealhada/ CA	1:08.78	
3.	Tomas Soares, FERREIRA 50m: 33.91 33.91 100m: 1:09.22 35.31	03	Estarreja	1:09.22	
4.	Joao Francisco, CARDOSO 50m: 33.83 33.83 100m: 1:10.08 36.25	03	Galitos / Bresimar	1:10.08	
5.	Joao Brandao, ALVES 50m: 34.44 34.44 100m: 1:11.95 37.51	03	Salesiano de Arouca	1:11.95	
6.	Joao Salvador, COELHO 50m: 35.46 35.46 100m: 1:14.07 38.61	03	O Crasto	1:14.07	
7.	Afonso Filipe, COSTA 50m: 36.11 36.11 100m: 1:14.15 38.04	03	Naval da Nazare	1:14.15	
8.	Silvio Miguel, BULHOSA 50m: 36.77 36.77 100m: 1:14.94 38.17	03	Estamos Juntos	1:14.94	
9.	Artur, YURCHUK 50m: 36.58 36.58 100m: 1:16.46 39.88	03	Hoquei Mealhada/ CA	1:16.46	
10.	Jorge Miguel, GONCALVES 50m: 37.47 37.47 100m: 1:16.55 39.08	03	Sporting de Aveiro	1:16.55	
11.	Hugo Neves, SUCENA 50m: 38.21 38.21 100m: 1:19.07 40.86	03	Alges e Agueda XXI	1:19.07	
12.	Eduardo Dias, AMADO	03	Academica de Coimbra	1:21.11	
13.	Bernardo Jorge, VENTURA 50m: 39.27 39.27 100m: 1:21.43 42.16	03	Infante de Montemor	1:21.43	
14.	Guilherme Tomas, SILVA 50m: 40.18 40.18 100m: 1:22.91 42.73	03	Campinho	1:22.91	
15.	Luis Vicente, VAZ <i>FTL</i> 50m: 42.58 42.58 100m: 1:28.92 46.34	03	Sporting de Espinho	1:28.92	
DNS	Valentino Garvasyuk, PLESHKAN	03	Nautico Marinha Grande		
EXH	Daniel Valente, OLIVEIRA 50m: 37.81 37.81 100m: 1:17.99 40.18	03	Sporting de Aveiro	1:17.99	
EXH	Diogo Alves, ARCANJO	04	Nautico /Urgicentro-Sanfil	1:22.50	
EXH	Ricardo Pedrosa, SOARES 50m: 38.97 38.97 100m: 1:22.72 43.75	04	Vieirense	1:22.72	
EXH	Jorge, GRABOVSKI 50m: 40.22 40.22 100m: 1:22.78 42.56	04	Nautico Marinha Grande	1:22.78	
EXH	Bruno Ferreira, GOMES <i>FTL</i> 50m: 40.00 40.00 100m: 1:26.94 46.94	03	Feirense	1:26.94	

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 18 Femin., 200m Bruços Infantil B FEM
02-07-2017 - 10:15 Resultados

Rec. Nacional Absoluto	2:27.70	Victoria, KAMINSKAYA	POR	Pontevedra (ESP)	11-04-2017
Rec. Nacional INF B	2:49.82	Clara Gomes, PEREIRA	SAD	Loulé	19-07-2014

TAC INF B FEM : 3:55.42

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Carlota Macedo, LAGOA 50m: 43.09 43.09	05	Bairro dos Anjos/Bomcar	3:03.20 46.78 200m: 3:03.20	47.67
2.	Ana Luisa, CARDOSO 50m: 44.86 44.86	05	Estarreja	3:18.09 53.28 200m: 3:18.09	48.98
3.	Joana Rosa, FERREIRA 50m: 46.45 46.45	05	Naval de Peniche	3:19.07 51.40 200m: 3:19.07	50.50
4.	Maria Ines, ALVES 50m: 44.99 44.99	05	Infante de Montemor	3:20.61 52.59 200m: 3:20.61	52.65
5.	Beatriz Leal, ASCENSAO 50m: 45.52 45.52	05	Infante de Montemor	3:20.88 52.47 200m: 3:20.88	51.45
6.	Beatriz Pereira, MARQUES 50m: 47.04 47.04	05	Columbofila Cantanhedense	3:23.83 52.57 200m: 3:23.83	52.43
7.	Rita Lima, PIRES 50m: 46.61 46.61	05	Nautico /Urgicentro-Sanfil	3:24.64 54.97 200m: 3:24.64	52.04
8.	Maria Lucas, SANTOS 50m: 47.81 47.81	05	Condeixa Clube	3:25.76 51.59 200m: 3:25.76	53.21
9.	Lara Vicente, RIBEIRO 50m: 47.48 47.48	05	Louzan Natacao	3:30.71 53.67 200m: 3:30.71	54.49
10.	Matilde Abreu, SILVA 50m: 49.17 49.17	05	Natacao de Vagos	3:38.08 57.01 200m: 3:38.08	55.98
11.	Eva Sa, FERREIRA 50m: 51.87 51.87	05	Estarreja	3:46.18 59.82 200m: 3:46.18	58.20
12.	Maria Vieira, MALHEIRO 50m: 51.12 51.12	05	Campinho	3:47.73 1:01.99 200m: 3:47.73	57.21
DSQ	Filipa Moniz, PISSARRO <i>Falsa partida</i>	05	Academica de Coimbra		

Prova 18 Femin., 200m Bruços Infantil A FEM
02-07-2017 - 10:15 Resultados

Rec. Nacional Absoluto	2:27.70	Victoria, KAMINSKAYA	POR	Pontevedra (ESP)	11-04-2017
Rec. Nacional INF A	2:42.69	Clara Gomes, PEREIRA	SAD	Oeiras	18-07-2015

TAC INF A FEM : 3:45.28

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Margarida Santos, LOPES 50m: 39.52 39.52	04	Estarreja	2:59.94 47.23 200m: 2:59.94	48.04
2.	Rita Santos, MACHADO 50m: 42.43 42.43	04	Estamos Juntos	3:08.27 49.32 200m: 3:08.27	49.29
3.	Beatriz Santos, CORREIA 50m: 44.04 44.04	04	Academico Viseu	3:08.80 51.10 200m: 3:08.80	46.38
4.	Daniela Portela, MENDES 50m: 43.79 43.79	04	Condeixa Clube	3:10.85 50.51 200m: 3:10.85	49.12
5.	Sofia Viola, ABREU 50m: 42.05 42.05	04	Naval de Peniche	3:11.53 50.90 200m: 3:11.53	49.93

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 18, Femin., 200m Bruços, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
6.	Renata Bandeira, SIMAO 50m: 43.63 43.63	04	Estarreja	3:13.36	3:13.36 49.83
7.	Laura Macedo, LAGOA 50m: 44.40 44.40	04	Bairro dos Anjos/Bomcar	3:14.71	3:14.71 50.28
8.	Daniela Filipa, ABREU 50m: 43.44 43.44	04	Campinho	3:15.16	3:15.16 50.89
9.	Maria Joao, CASTRO 50m: 43.63 43.63	04	Sporting de Aveiro	3:16.47	3:16.47 51.30
10.	Marta Domingues, GAMEIRO 50m: 43.54 43.54	04	Nautico /Urgicentro-Sanfil	3:17.43	3:17.43 51.56
11.	Francisca Bonifacio, ALVES 50m: 44.18 44.18	04	Bairro dos Anjos/Bomcar	3:17.67	3:17.67 50.80
12.	Margarida Violante, VIANA 50m: 45.88 45.88	04	Bairro dos Anjos/Bomcar	3:20.77	3:20.77 51.34
13.	Bruna Alexandra, GOMES 50m: 44.85 44.85	04	Bairro dos Anjos/Bomcar	3:20.79	3:20.79 52.73
14.	Petra Lopes, COELHO 50m: 46.02 46.02	04	Academica de Coimbra	3:22.51	3:22.51 50.16
15.	Beatriz Sofia, AMARO 50m: 49.00 49.00	04	Nautico Marinha Grande	3:39.60	3:39.60 57.52
DNS	Joana Farto, PEDRO	04	Vieirense		
EXH	Ana Correia, SOUSA 50m: 42.11 42.11	04	Pimpoes/Cimai	3:06.24	3:06.24 47.76
EXH	Carolina Magalhaes, FERREIRA 50m: 42.94 42.94	04	Salesiano de Arouca	3:07.28	3:07.28 47.66
EXH	Safira Santos, DUARTE 50m: 43.35 43.35	04	Naval da Nazare	3:17.57	3:17.57 51.68
EXH	Rosa Branca, LOPES 50m: 46.40 46.40	05	Pimpoes/Cimai	3:28.38	3:28.38 52.96
EXH	Maria Ines, PINTO 50m: 45.96 45.96	05	Academico Viseu	3:28.59	3:28.59 54.23
EXH	Soraia Carvalho, FERREIRA 50m: 48.93 48.93	05	Nautico Marinha Grande	3:31.95	3:31.95 52.28
EXH	Ines Silva, MONTEIRO 50m: 49.61 49.61	04	Nautico Marinha Grande	3:32.40	3:32.40 53.76
EXH	Beatriz Beja, AFONSO 50m: 50.98 50.98	04	CASP AE	3:35.00	3:35.00 52.77

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 19 Masc., 100m Bruços Infantil B MASC
02-07-2017 - 10:30 Resultados

Rec. Nacional Absoluto 1:01.01 Carlos Esteves, ALMEIDA POR Barcelona (ESP) 28-07-2013
Rec. Nacional INF B 1:11.95 Andre Goncalo, SANTOS LSC Porto 24-07-2010

TAC INF B MASC : 1:40.76

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Rafael Alves, CAMPOS 50m: 35.90 35.90	04	S. Pedro Alva	1:18.13	
2.	Joao Gabriel, ANICETO 50m: 39.81 39.81	04	Bairro dos Anjos/Bomcar	1:25.84	
3.	Rui Tomas, CABRAL 50m: 41.43 41.43	04	Academico Viseu	1:28.08	
4.	Tiberius Sebastian, NEAGU 50m: 42.70 42.70	04	Academico Viseu	1:30.23	
5.	Joao Tomas, MADRUGO 50m: 41.69 41.69	04	Pimpoes/Cimai	1:30.84	
6.	Tiago Oliveira, MARQUES 50m: 43.69 43.69	04	Feirense	1:33.24	
7.	Jose Pedro, CAROLA 50m: 43.92 43.92	04	Gafanha da Encarnacao	1:34.48	
8.	Rui Mamede, SANTOS 50m: 45.74 45.74	04	CASP AE	1:36.28	
9.	Afonso Corte-Real, GRILO FTL 50m: 49.54 49.54	04	Condeixa Clube	1:45.62	

Prova 19 Masc., 100m Bruços Infantil A MASC
02-07-2017 - 10:30 Resultados

Rec. Nacional Absoluto 1:01.01 Carlos Esteves, ALMEIDA POR Barcelona (ESP) 28-07-2013
Rec. Nacional INF A 1:09.82 Ricardo Samuel, PEREIRA CCDPCMS Vila Franca de Xira 20-05-2017

TAC INF A MASC : 1:33.98

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Renato Miguel, CARVALHO 50m: 35.03 35.03	03	Galitos / Bresimar	1:14.90	
2.	Rui Miguel, FREIRE 50m: 38.66 38.66	03	Nucleo Ansiao	1:20.57	
3.	Ricardo Lopes, SILVA 50m: 38.41 38.41	03	Nautico Marinha Grande	1:21.09	
4.	David Ferreira, RELVAS 50m: 38.46 38.46	03	Nautico Marinha Grande	1:22.00	
5.	Paulo Sergio, FERREIRA 50m: 40.21 40.21	03	Naval da Nazare	1:23.53	
6.	Joao Antonio, OLIVEIRA 50m: 38.82 38.82	03	Estarreja	1:23.68	
7.	Rafael Domingues, SA 50m: 40.33 40.33	03	Natacao de Vagos	1:25.72	
8.	Rui Soares, PINHO 50m: 41.00 41.00	03	Feirense	1:25.92	
9.	Rodrigo Estima, RIBEIRO 50m: 41.11 41.11	03	Alges e Agueda XXI	1:28.99	

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 19, Masc., 100m Bruços, Infantil A MASC

Lugar	Nome	Ano	Clube	Tempo Final	TReac
10.	Daniel, REZNICHENKO 50m: 42.47 42.47	03	Nautico Marinha Grande	1:31.02 100m: 1:31.02 48.55	
11.	Joao Tiago, COSTA <i>FTL</i> 50m: 44.43 44.43	03	Desporto de Tondela	1:36.50 100m: 1:36.50 52.07	
12.	Miguel Alexandre, SIMAOZINHO <i>FTL</i> 50m: 45.16 45.16	03	Gafanha da Encarnacao	1:37.57 100m: 1:37.57 52.41	
EXH	Duarte Gil, SALVADOR 50m: 41.97 41.97	04	Nautico Marinha Grande	1:28.60 100m: 1:28.60 46.63	
EXH	Guilherme Mendes, SOUSA 50m: 41.67 41.67	03	Nautico Marinha Grande	1:30.00 100m: 1:30.00 48.33	
EXH	Bruno Francisco, GONCALVES <i>FTL</i> 50m: 48.03 48.03	03	Nautico Marinha Grande	1:41.93 100m: 1:41.93 53.90	

Prova 20
02-07-2017 - 10:40

Femin., 200m Livres

Infantil B FEM
Resultados

Rec. Nacional Absoluto	2:01.78	Diana Margarida, DURAES	SLB	Lisboa	18-02-2017
Rec. Nacional INF B	2:12.20	Filipa Vilas, RUIVO	DNMG	S. João da Madeira	24-07-2009
TAC INF B FEM : 3:02.18					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Carolina Miranda, FERNANDES 50m: 30.77 30.77	05	Galitos / Bresimar	2:17.63 100m: 1:05.50 34.73 150m: 1:41.63 36.13	2:17.63 36.00
2.	Marisa Isabel, NOBRE 50m: 33.88 33.88	05	Columbofila Cantanhedense	2:25.19 100m: 1:11.51 37.63 150m: 1:49.49 37.98	2:25.19 35.70
3.	Beatriz Ferreira, LOISAS 50m: 34.06 34.06	05	Columbofila Cantanhedense	2:26.97 100m: 1:12.33 38.27 150m: 1:50.24 37.91	2:26.97 36.73
4.	Ana Matos, CABRAL 50m: 33.71 33.71	05	Nautico /Urgicentro-Sanfil	2:27.00 100m: 1:11.38 37.67 150m: 1:49.72 38.34	2:27.00 37.28
5.	Manuela Paccola, JUNQUEIRA 50m: 34.29 34.29	05	Columbofila Cantanhedense	2:27.48 100m: 1:12.06 37.77 150m: 1:50.48 38.42	2:27.48 37.00
6.	Lara Rodrigues, VASCONCELOS 50m: 33.70 33.70	05	Galitos / Bresimar	2:29.21 100m: 1:12.11 38.41 150m: 1:51.67 39.56	2:29.21 37.54
7.	Carolina Rei, PEREIRA 50m: 33.80 33.80	05	Natacao de Vagos	2:30.41 100m: 1:11.59 37.79 150m: 1:51.16 39.57	2:30.41 39.25
8.	Maria Carolina, ALMEIDA 50m: 35.55 35.55	05	Galitos / Bresimar	2:34.49 100m: 1:14.96 39.41 150m: 1:55.29 40.33	2:34.49 39.20
9.	Ines Silva, DIAS 50m: 35.90 35.90	05	Estarreja	2:36.52 100m: 1:15.51 39.61 150m: 1:56.91 41.40	2:36.52 39.61
10.	Carlota Wartburg, CASTRO 50m: 34.74 34.74	05	Academico Viseu	2:36.59 100m: 1:13.40 38.66 150m: 1:54.95 41.55	2:36.59 41.64
11.	Leonor Ferreira, SEQUEIRA 50m: 35.34 35.34	05	Galitos / Bresimar	2:36.72 100m: 1:15.94 40.60 150m: 1:56.70 40.76	2:36.72 40.02
12.	Maria Beatriz, DIAS 100m: 1:16.74 1:16.74	05	Sporting de Aveiro	2:39.02 200m: 2:39.02 1:22.28	

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 20, Femin., 200m Livres, Infantil B FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
13.	Juliana Branco, REIS 50m: 37.44 37.44	05	Alcobaca	2:41.01	
	100m: 1:18.75 41.31			150m: 2:01.16 42.41	200m: 2:41.01 39.85
14.	Maria Ines, PINTO 50m: 37.52 37.52	05	Academico Viseu	2:41.96	
	100m: 1:18.34 40.82			150m: 2:00.68 42.34	200m: 2:41.96 41.28
15.	Diana Carvalho, PINEU 50m: 37.46 37.46	05	Bairro dos Anjos/Bomcar	2:44.45	
	100m: 1:19.22 41.76			150m: 2:03.58 44.36	200m: 2:44.45 40.87
16.	Joana Ferreira, COSTA 50m: 37.48 37.48	05	Feirense	2:46.05	
	100m: 1:20.38 42.90			150m: 2:04.81 44.43	200m: 2:46.05 41.24
17.	Maria Fernandes, LOBO 50m: 37.63 37.63	05	Nautico /Urgicentro-Sanfil	2:47.70	
	100m: 1:21.57 43.94			150m: 2:05.96 44.39	200m: 2:47.70 41.74
18.	Maria Silva, CARVALHO 50m: 38.44 38.44	05	Pimpoes/Cimai	2:50.60	
	100m: 1:22.62 44.18			150m: 2:07.86 45.24	200m: 2:50.60 42.74
19.	Sara Andreia, SERRAO 50m: 38.72 38.72	05	Naval de Peniche	2:50.70	
	100m: 1:23.28 44.56			150m: 2:09.11 45.83	200m: 2:50.70 41.59
20.	Helena Carolina, DINIS 50m: 40.24 40.24	05	Academica de Coimbra	2:52.06	
	100m: 1:25.19 44.95			150m: 2:10.18 44.99	200m: 2:52.06 41.88
21.	Camila Cavaleiro, SILVA 50m: 39.08 39.08	05	Columbofila Cantanhedense	2:52.83	
	100m: 1:22.12 43.04			150m: 2:09.31 47.19	200m: 2:52.83 43.52
22.	Catarina Carmo, BELEM 50m: 38.41 38.41	05	Naval de Peniche	2:52.91	
	100m: 1:22.95 44.54			150m: 2:09.02 46.07	200m: 2:52.91 43.89
23.	Maria Joao, RIBEIRO 50m: 38.87 38.87	05	Feirense	2:54.05	
	100m: 1:23.40 44.53			150m: 2:10.98 47.58	200m: 2:54.05 43.07
24.	Gabriela Silva, ANTUNES 50m: 39.08 39.08	05	CASPAE	2:54.80	
	100m: 1:25.49 46.41			150m: 2:13.52 48.03	200m: 2:54.80 41.28
25.	Ana Catarina, FERNANDES 50m: 39.03 39.03	05	Campinho	2:56.27	
	100m: 1:23.84 44.81			150m: 2:10.59 46.75	200m: 2:56.27 45.68
26.	Catarina lourtaeva, MESQUITA 50m: 37.66 37.66	05	Natacao de Vagos	2:57.25	
	100m: 1:22.89 45.23			150m: 2:11.65 48.76	200m: 2:57.25 45.60
27.	Rita Margarida, RODRIGUES 50m: 39.75 39.75	05	Alcobaca	2:59.64	
	100m: 1:26.06 46.31			150m: 2:14.29 48.23	200m: 2:59.64 45.35

Prova 20	Femin., 200m Livres				Infantil A FEM
02-07-2017 - 10:40					Resultados
Rec. Nacional Absoluto	2:01.78	Diana Margarida, DURAES	SLB	Lisboa	18-02-2017
Rec. Nacional INF A	2:10.86	Alexandra Couto, FRAZAO	CNA	Oeiras	11-04-2015
TAC INF A FEM : 2:55.79					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Maria Lopes, AMADO 50m: 30.96 30.96	04	Bairro dos Anjos/Bomcar	2:13.78	
	100m: 1:04.76 33.80			150m: 1:39.14 34.38	200m: 2:13.78 34.64
2.	Beatriz Ferreira, GASPAR 50m: 32.02 32.02	04	Individual ANCNP	2:16.54	
	100m: 1:06.61 34.59			150m: 1:41.96 35.35	200m: 2:16.54 34.58
3.	Maria Vieira, MARQUES 50m: 31.56 31.56	04	Natacao de Vagos	2:16.67	
	100m: 1:05.82 34.26			150m: 1:41.35 35.53	200m: 2:16.67 35.32
4.	Juliana Tavares, MAIA 50m: 32.87 32.87	04	Alges e Agueda XXI	2:23.25	
	100m: 1:09.19 36.32			150m: 1:47.23 38.04	200m: 2:23.25 36.02
5.	Ana Carolina, MONTEIRO 50m: 32.86 32.86	04	Nautico /Urgicentro-Sanfil	2:23.75	
	100m: 1:08.69 35.83			150m: 1:46.88 38.19	200m: 2:23.75 36.87
6.	Maria Francisca, ALVES 50m: 32.81 32.81	04	Bairro dos Anjos/Bomcar	2:24.97	
	100m: 1:09.56 36.75			150m: 1:47.58 38.02	200m: 2:24.97 37.39

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 20, Femin., 200m Livres, Infantil A FEM

Lugar	Nome	Ano	Clube	Tempo Final	TReac
7.	Constanca Alexandra, SILVA	04	Pimpoes/Cimai	2:25.19	
	50m: 33.14 33.14 100m: 1:10.20 37.06 150m: 1:48.15 37.95 200m: 2:25.19 37.04				
8.	Joana Francisca, RODRIGUES	04	Nautico /Urgicentro-Sanfil	2:26.01	
	50m: 32.67 32.67 100m: 1:10.34 37.67 150m: 1:48.34 38.00 200m: 2:26.01 37.67				
9.	Sofia Morais, FARIA	04	Bairro dos Anjos/Bomcar	2:26.84	
	50m: 33.65 33.65 100m: 1:10.95 37.30 150m: 1:49.86 38.91 200m: 2:26.84 36.98				
10.	Catarina Nunes, ALMEIDA	04	Galitos / Bresimar	2:26.92	
	50m: 34.48 34.48 100m: 1:12.04 37.56 150m: 1:49.98 37.94 200m: 2:26.92 36.94				
11.	Maria Martim, COUTINHO	04	Bairro dos Anjos/Bomcar	2:27.88	
	50m: 34.27 34.27 100m: 1:11.73 37.46 150m: 1:51.06 39.33 200m: 2:27.88 36.82				
12.	Joana Santos, COSTA	04	Galitos / Bresimar	2:28.31	
	50m: 34.21 34.21 100m: 1:11.98 37.77 150m: 1:51.24 39.26 200m: 2:28.31 37.07				
13.	Sofia Neto, OLIVEIRA	04	Galitos / Bresimar	2:30.26	
	50m: 34.73 34.73 100m: 1:13.15 38.42 150m: 1:52.05 38.90 200m: 2:30.26 38.21				
14.	Beatriz Nogueira, PEREIRA	04	Infante de Montemor	2:34.15	
	50m: 34.49 34.49 100m: 1:13.10 38.61 150m: 1:54.01 40.91 200m: 2:34.15 40.14				
15.	Marta Monteiro, PEREIRA	04	O Crasto	2:34.60	
	50m: 34.18 34.18 100m: 1:13.58 39.40 150m: 1:54.78 41.20 200m: 2:34.60 39.82				
16.	Ana Filipa, SILVA	04	Infante de Montemor	2:35.70	
	50m: 36.50 36.50 100m: 1:15.75 39.25 150m: 1:56.54 40.79 200m: 2:35.70 39.16				
17.	Cintia Silva, VIEIRA	04	Freguesia de Paiao	2:37.14	
	50m: 36.34 36.34 100m: 1:17.14 40.80 150m: 1:58.79 41.65 200m: 2:37.14 38.35				
18.	Ines Dias, CRUZ	04	Fundacao Beatriz Santos	2:37.79	
	50m: 36.22 36.22 100m: 1:15.75 39.53 150m: 1:56.99 41.24 200m: 2:37.79 40.80				
19.	Andreia Clara, GOMES	04	Bairro dos Anjos/Bomcar	2:40.06	
	50m: 36.88 36.88 100m: 1:18.35 41.47 150m: 1:59.51 41.16 200m: 2:40.06 40.55				
20.	Ines Silva, FELIX	04	Sporting de Aveiro	2:42.55	
	50m: 36.92 36.92 100m: 1:19.03 42.11 150m: 2:02.63 43.60 200m: 2:42.55 39.92				
21.	Beatriz Borges, LOURA	04	Campinho	2:47.48	
	50m: 37.81 37.81 100m: 1:21.47 43.66 150m: 2:05.78 44.31 200m: 2:47.48 41.70				
22.	Diana Sofia, ABREU	04	Campinho	2:47.85	
	50m: 37.41 37.41 100m: 1:19.49 42.08 150m: 2:04.15 44.66 200m: 2:47.85 43.70				
23.	Maria Francisca, GASPAS	04	Freguesia de Paiao	2:48.76	
	50m: 38.87 38.87 100m: 1:22.21 43.34 200m: 2:48.76 1:26.55				
24.	Raquel Soares, MOREIRA	04	O Crasto	2:50.92	
	50m: 38.53 38.53 100m: 1:22.68 44.15 150m: 2:07.53 44.85 200m: 2:50.92 43.39				
25.	Mariana Soares, DUARTE	04	Bairro dos Anjos/Bomcar	2:51.42	
	50m: 37.83 37.83 100m: 1:22.40 44.57 150m: 2:06.68 44.28 200m: 2:51.42 44.74				
26.	Safira Santos, DUARTE	04	Naval da Nazare	2:52.73	
	50m: 38.47 38.47 100m: 1:23.25 44.78 150m: 2:08.36 45.11 200m: 2:52.73 44.37				
27.	Filipa Victor, VIEIRA FTL	04	Academica de Coimbra	3:01.48	
	50m: 40.78 40.78 100m: 1:28.90 48.12 150m: 2:18.25 49.35 200m: 3:01.48 43.23				
DNS	Matilde Alves, FLORENCIO	04	Fundacao Beatriz Santos		
EXH	Bruna Silva, MOITEIRO	04	Nautico Marinha Grande	2:29.03	
	50m: 34.18 34.18 100m: 1:12.05 37.87 150m: 1:51.09 39.04 200m: 2:29.03 37.94				
EXH	Beatriz Sofia, AMARO	04	Nautico Marinha Grande	2:51.93	
	50m: 39.14 39.14 100m: 1:23.01 43.87 150m: 2:08.65 45.64 200m: 2:51.93 43.28				

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 20, Femin., 200m Livres

Lugar	Nome	Ano	Clube	Tempo Final	TReac
EXH	Matilde Santos, CARDOSO	05	Fundacao Beatriz Santos	2:54.04	
	50m: 38.80 38.80	100m: 1:24.53 45.73	150m: 2:11.19 46.66	200m: 2:54.04 42.85	
EXH	Maria Ines, ALVES FTL	05	Infante de Montemor	3:11.68	
	100m: 1:31.95 1:31.95	150m: 2:22.85 50.90	200m: 3:11.68 48.83		

Prova 21

Masc., 100m Livres

Infantil B MASC

02-07-2017 - 11:05

Resultados

Rec. Nacional Absoluto	49.50	Alexandre Escudier, AGOSTINHO	POR	Roma (ITA)	29-07-2009
Rec. Nacional INF B	58.47	Joao Magalhaes, NUNES	CNA	Rio Maior	22-07-2012
TAC INF B MASC : 1:17.87					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Jose Diogo, DIAS	04	Fundacao Beatriz Santos	1:00.62	
	50m: 29.29 29.29	100m: 1:00.62 31.33			
2.	Goncalo Brites, MOITA	04	Nautico /Urgicentro-Sanfil	1:01.92	
	50m: 30.06 30.06	100m: 1:01.92 31.86			
3.	Luis Pedro, PINTO	04	Sporting de Aveiro	1:02.66	
	50m: 30.45 30.45	100m: 1:02.66 32.21			
4.	Dinis Miranda, DIOGO	04	Condeixa Clube	1:04.25	
	50m: 31.37 31.37	100m: 1:04.25 32.88			
5.	Francisco Almeida, SANTOS	04	Nautico /Urgicentro-Sanfil	1:07.36	
	50m: 32.23 32.23	100m: 1:07.36 35.13			
6.	Pedro Miguel, FLORIDO	04	Fundacao Beatriz Santos	1:08.72	
	50m: 33.26 33.26	100m: 1:08.72 35.46			
7.	Goncalo Daniel, OLIVEIRA	04	Fundacao Beatriz Santos	1:09.56	
	50m: 32.99 32.99	100m: 1:09.56 36.57			
8.	Francisco Ferreira, ALMEIDA	04	Sporting de Espinho	1:09.57	
	50m: 33.88 33.88	100m: 1:09.57 35.69			
9.	Tiago Andre, POIARES	04	Fundacao Beatriz Santos	1:09.69	
10.	Bernardo Rodrigues, TAVARES	04	Galitos / Bresimar	1:10.30	
	50m: 32.54 32.54	100m: 1:10.30 37.76			
11.	Jorge, GRABOVSKI	04	Nautico Marinha Grande	1:10.69	
	50m: 33.87 33.87	100m: 1:10.69 36.82			
12.	Rodrigo Figueiredo, BRANCO	04	Galitos / Bresimar	1:10.89	
	50m: 33.55 33.55	100m: 1:10.89 37.34			
13.	Vicente Cruzeiro, MARQUES	04	Sporting de Aveiro	1:13.12	
	50m: 34.19 34.19	100m: 1:13.12 38.93			
14.	Ricardo Pedrosa, SOARES	04	Vieirense	1:17.21	
	50m: 37.00 37.00	100m: 1:17.21 40.21			

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 21, Masc., 100m Livres

Prova 21 Masc., 100m Livres Infantil A MASC
02-07-2017 - 11:05 Resultados

Rec. Nacional Absoluto	49.50	Alexandre Escudier, AGOSTINHO	POR	Roma (ITA)	29-07-2009
Rec. Nacional INF A	55.53	David Miguel, FERRO	SFUAP	Campanhã	26-07-1998
TAC INF A MASC : 1:13.98					

Lugar	Nome	Ano	Clube	Tempo Final	TReac
1.	Ricardo Ferreira, MENDES 50m: 28.91 28.91 100m: 59.27 30.36	03	Estamos Juntos	59.27	
2.	Alexandre Miguel, BRAS 50m: 29.48 29.48 100m: 1:02.45 32.97	03	S. Pedro Alva	1:02.45	
3.	Gabriel Alexandre, PINHO 50m: 29.57 29.57 100m: 1:02.56 32.99	03	Feirense	1:02.56	
4.	Joao Pedro, VIDAL 50m: 30.82 30.82 100m: 1:02.91 32.09	03	Vieirense	1:02.91	
5.	Joao Reis, COELHO 50m: 30.81 30.81 100m: 1:03.96 33.15	03	Desporto de Tondela	1:03.96	
6.	Roberto Pinho, SANTOS 50m: 31.70 31.70 100m: 1:04.62 32.92	03	Estamos Juntos	1:04.62	
7.	Goncalo Seixas, FERREIRA 50m: 31.72 31.72 100m: 1:04.73 33.01	03	Academico Viseu	1:04.73	
8.	Goncalo Andre, GOMES 50m: 30.70 30.70 100m: 1:04.87 34.17	03	Condeixa Clube	1:04.87	
9.	Diogo Dio, NORBERTO 50m: 31.43 31.43 100m: 1:05.87 34.44	03	O Crasto	1:05.87	
10.	Micael Kovalchuk, SOLODYUK 50m: 32.30 32.30 100m: 1:06.49 34.19	03	Natacao de Vagos	1:06.49	
11.	David Almeida, GAMEIRO 50m: 32.47 32.47 100m: 1:06.95 34.48	03	Nucleo de Pombal	1:06.95	
12.	Joao Octavio, TEIXEIRA 50m: 32.09 32.09 100m: 1:07.09 35.00	03	Galitos / Bresimar	1:07.09	
13.	Daniel Valente, OLIVEIRA 50m: 32.78 32.78 100m: 1:07.94 35.16	03	Sporting de Aveiro	1:07.94	
14.	Jose Antonio, PARADELA 50m: 32.73 32.73 100m: 1:08.50 35.77	03	Bairro dos Anjos/Bomcar	1:08.50	
15.	Andre Ferreira, PAIVA 50m: 32.42 32.42 100m: 1:08.55 36.13	03	Feirense	1:08.55	
16.	David Valdagua, COUTINHO 50m: 32.72 32.72 100m: 1:08.60 35.88	03	Columbofila Cantanhedense	1:08.60	
17.	Henrique Rocha, RODRIGUES 50m: 32.82 32.82 100m: 1:08.64 35.82	03	Sporting de Aveiro	1:08.64	
18.	Eduardo Dias, AMADO 50m: 34.28 34.28 100m: 1:12.65 38.37	03	Academica de Coimbra	1:12.65	
EXH	Daniel, REZNICHENKO 50m: 33.06 33.06 100m: 1:08.55 35.49	03	Nautico Marinha Grande	1:08.55	
EXH	Alexandre Piteira, GAIOLAS 50m: 33.57 33.57 100m: 1:09.19 35.62	04	Nautico Marinha Grande	1:09.19	
EXH	Timur Antonovich, MORITS 50m: 35.50 35.50 100m: 1:11.82 36.32	04	Nautico Marinha Grande	1:11.82	

Campeonato Interdistrital de Infantis de Piscina Longa
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Prova 21, Masc., 100m Livres

Lugar	Nome	Ano	Clube	Tempo Final	TReac
EXH	Joao Tiago, COSTA FTL	03	Desporto de Tondela	1:15.02	
	50m: 35.47 35.47	100m:	1:15.02 39.55		
EXH	Bruno Ferreira, GOMES FTL	03	Feirense	1:18.52	
	50m: 35.04 35.04	100m:	1:18.52 43.48		

Prova 22
02-07-2017 - 11:30

Misto, 4 x 100m Estilos

Infantis B
Resultados

Lugar	Clube	Tempo Final	TReac
1. Galitos / Bresimar Inf B	Galitos / Bresimar	4:53.66	
Pedro Duarte, JESUS 04 36.64	1:15.41	Carolina Miranda, FERNANDES 05 31.98	1:07.91
Joao Afonso, ANTUNES 04 38.67	1:23.10	Lara Rodrigues, VASCONCELOS 05 31.81	1:07.24
2. Nautico /Urgicentro-Sanfil Inf B	Nautico /Urgicentro-Sanfil	4:58.40	
Beatriz Sa, GAMA 05 40.50	1:24.49	Ana Matos, CABRAL 05 36.23	1:15.93
Goncalo Brites, MOITA 04 37.36	1:18.64	Diogo Matos, RIBEIRO 04 28.46	59.34
3. BA/ Bomcar INF B	Bairro dos Anjos/Bomcar	5:02.71	
Carlota Macedo, LAGOA 05 37.33	1:18.33	Ricardo Morais, FARIA 04 30.27	1:05.96
Nuno Marques, SILVA 04 39.41	1:22.31	Diana Carvalho, PINEU 05 35.23	1:16.11
4. Academico Viseu Inf B	Academico Viseu	5:25.08	
Marta Carolina, FERREIRA 05 41.30	1:24.47	Tiberius Sebastian, NEAGU 04 35.21	1:16.86
Carlota Wartburg, CASTRO 05 45.41	1:38.15	Rui Tomas, CABRAL 04 30.75	1:05.60
5. Alcobaca INF B	Alcobaca	5:38.70	
Daniel Jose, FERNANDES 04 40.60	1:23.22	Daniel, TSYKAL 04 38.59	1:23.80
Maria Ines, MARQUES 05 45.52	1:36.41	Juliana Branco, REIS 05 36.53	1:15.27
6. Estarreja Inf B	Estarreja	5:38.78	
Tiago Diniz, LIMA 04 41.66	1:23.24	Ines Silva, DIAS 05 38.24	1:25.59
Ana Luisa, CARDOSO 05 43.41	1:33.30	Ricardo Gabriel, OLIVEIRA 04 36.57	1:16.65

Prova 22
02-07-2017 - 11:30

Misto, 4 x 100m Estilos

Infantis A
Resultados

Lugar	Clube	Tempo Final	TReac
1. Galitos / Bresimar Inf A	Galitos / Bresimar	4:45.61	
Joana Santos, COSTA 04 35.82	1:11.60	Manuel Cruz, FARDILHA 03 31.04	1:07.48
Renato Miguel, CARVALHO 03 34.98	1:16.49	Sofia Neto, OLIVEIRA 04 33.58	1:10.04
2. Nautico /Urgicentro-Sanfil Inf A	Nautico /Urgicentro-Sanfil	4:50.22	
Martim Miranda, MACHADO 03 34.55	1:11.44	Manuel Baptista, SIMOES 03 30.19	1:05.50
Ana Carolina, MONTEIRO 04 40.50	1:26.60	Joana Francisca, RODRIGUES 04 32.13	1:06.68
3. Estarreja Inf A	Estarreja	4:56.02	
Eva Pinho, RESENDE 04 39.70	1:20.72	Tomas Soares, FERREIRA 03 29.95	1:06.25
Margarida Santos, LOPES 04 39.47	1:27.60	Joao Antonio, OLIVEIRA 03 29.41	1:01.45
4. Natacao de Vagos Inf A	Natacao de Vagos	5:07.48	
Maria Vieira, MARQUES 04 36.17	1:13.72	Jacinta Martins, VIANA 04 36.63	1:19.81
Rafael Domingues, SA 03 41.39	1:27.61	Micael Kovalchuk, SOLODYUK 03 31.64	1:06.34
5. BA/ Bomcar INF A	Bairro dos Anjos/Bomcar	5:08.02	
Joao Jose, SILVA 03 35.79	1:14.39	Rita Mendes, SIMOES 04 35.23	1:17.96
Jose Antonio, PARADELA 03 41.80	1:27.90	Maria Francisca, ALVES 04 31.70	1:07.77
6. Academico Viseu Inf A	Academico Viseu	5:17.07	
Beatriz Santos, CORREIA 04 40.56	1:22.83	Beatriz Nunes, CARDEAL 04 35.50	1:15.88
Goncalo Seixas, FERREIRA 03 41.65	1:26.39	Joao Pedro, FERREIRA 03 34.79	1:11.97

Campeonato Interdistrital de Infantis de Piscina Longa
Coimbra, 1 e 2-07-2017

Prova 22, Misto, 4 x 100m Estilos, Intantis A

Lugar			Clube		Tempo Final	TReac		
7.	Sporting de Aveiro Inf A		Sporting de Aveiro		5:19.26			
	Ines Silva, FELIX	04	38.42	1:21.01	Daniel Valente, OLIVEIRA	03	36.59	1:18.66
	Maria Joao, CASTRO	04	43.71	1:33.37	Jorge Miguel, GONCALVES	03	31.24	1:06.22
8.	Alges e Agueda XXI Inf A		Alges e Agueda XXI		5:22.06			
	Hugo Neves, SUCENA	03	37.73	1:19.27	Juliana Tavares, MAIA	04	36.98	1:18.23
	Rodrigo Estima, RIBEIRO	03	41.36	1:30.86	Ana Isabel, COSTA	04	34.41	1:13.70
9.	O Crasto Inf A		O Crasto		5:26.35			
	Joao Salvador, COELHO	03	35.89	1:14.83	Diogo Dio, NORBERTO	03	33.95	
	Marta Monteiro, PEREIRA	04	48.46	1:42.32	Carla Sandrina, FERREIRA	04		
10.	Fundacao Beatriz Santos Inf A		Fundacao Beatriz Santos		5:30.72			
	Ines Dias, CRUZ	04	40.92	1:25.36	Goncalo Pires, LOURENCO	03	35.74	1:19.25
	Ana Catarina, SILVA	04	43.06	1:32.80	Ricardo Martins, CARVALHO	03	34.94	1:13.31
11.	Campinho Inf A		Campinho		5:47.61			
	Guilherme Tomas, SILVA	03	41.77	1:23.88	Beatriz Borges, LOURA	04	39.33	1:32.16
	Daniela Filipa, ABREU	04	43.66	1:35.55	Joao Pedro, FONTOURA	03		1:16.02